

JESHUA DISCUSSION GROUP

2015-01-17

Beloved and holy, one of the extensions of the great creative Principle. I will give you my usual greeting, but I want you to pay attention to the words. Beloved and holy Child of the one Source, Child of Light, divine, Child of Love, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means.

Be able to feel it. Be able to know it. Be able to accept it. Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. You know what that means.

I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy. That is where you live. Sometimes you allow the world to come in and to put a damper upon the joy. Sometimes you analyze and wonder what is happening. Even when there are the bubbles of joy coming up within you, you wonder; you say, "Can I really be truly happy? Can I really deserve the joy of heaven upon Earth," and yes, you can.

Allow yourself to feel that Christ Light. Allow yourself to feel the holy essence which is you. Sometimes I change my greeting in order to awaken you, because all of you have heard my greeting so often, you would be able to run through it yourselves without knowing any meaning at all, without questioning any of it, because you've heard it so many times.

So I give it to you in different words, in different cadence, so that you will perhaps focus upon the meaning of the words and take them deep within yourself to contemplate in the moment and later on in time, to be able to play with the meaning and then to take it even further. Because the meaning of the words at first, what you garner from those words will change as you change, as you allow, as you open yourself and you say, "I want to know more. I want to know my holy essence. I want to know w-h-o-l-e essence and h-o-l-y essence, for they are one and the same. I want to know who I am."

That is why you are here. That is why you come back time after time to be with each other, to be in family, as you are, but also to awaken even deeper to what you have been asking many centuries to know. Those of you here in this room, you share the hugs with each other, you share the food with each other, you share the smiles, you share the tears.

Those within the sound of my voice, you are also included in this grouping. You are indeed of the heart. That is why I have called you the Heart Family. You are ones who allow the heart to dictate and then the mind to serve the heart.

You are very busy right now asking of the heart, "What is the vision that we want to hold? What is the vision?" And then when the heart feels and acknowledges what can be and allows itself to expand, then the mind comes in to allow you to search, to find, to put together that which the heart has dictated.

You are working on a project right now that is spirit-ordained. It is going to be bigger than any of you. You recognize that, and that is why you do not have to worry about how it is going to out-picture. It is going to take all of you and more, other brothers and sisters you haven't met yet or laid the physical eyes upon to see them. They are going to come and join in this work which truly is not going to be a heavy work, but more of a manifestation of the spirit brought forth upon this reality.

The heart truly knows. The heart truly feels the magnitude of what you are embarking upon, because you are going to have doors open, not closed. It is not going to be a closed community. It is going to be very much open, very much what you call now organic, a living and growing thing as all of you put your energy into it.

I have termed it for a beginning, The Healing Garden, where ones can grow in healing and wholeness. But it is going to be much more than just healing, although the underlying principle is going to be one of wholing—w-h-o-l-i-n-g—healing. It is going to be awakening. You will probably want to have at some point in your legal terms a name for it. You will meditate and think upon it as to what expresses the essence of the awakening, of the awakening Christ.

Now, you probably won't use that terminology, because then others would think that it is already specified in a box. They would say Christ equals such and such, at least in their thinking. So you will use something that is much more open and generic that does not already point backwards, but will point forward. You will have fun with it.

There will ideas, as there have been already, coming to you. As you are spearheading this, you will have much help from other ones as well, and it will be a process of awakening to all that you are, all that you can do, all that you can make manifest in this reality, and more, because it is going to be, as I have said, organic, and it is going to grow.

Just when you think, "Aha! now we have it all together," there is going to come a new idea and a new vision for an extra outlet for the Christ energy. So you are going to

2015

have fun with it, and it will be from time to time perhaps a bit frustrating, because you are going to want to see it complete.

Well, I share with you, you are never going to see it complete, because it is always going to be open-ended, and you are always going to be adding to it, expanding it. Because one of the attributes of the Christ in manifestation is extension, and so it is going to expand, and you are going to expand with it to the place where you are going to come awake as to who you are and what you are, and who and what is doing the work.

That is truly why you want to be involved in this, because you want to know who and what is doing this. "Who am I?" you are going to ask. "Who am I?" you have already asked. You want to know all of yourSelf—capital "S".

And so you take on a project such as this and you grow with it, and you never stop growing. This is one thing two thousand years ago that I was very much aware of. As the small one, I knew Oneness with my Father. That never left me in all of that lifetime and beyond. That has never left me, but it has opened up even further.

Two thousand years ago you had a question about that. Yes, we did run together. We did play together. We did jump together. We did hug together. There was much of love in that lifetime, as there is in this lifetime. And yes, I studied the same, and you studied the same texts, learning, in expansion. And you also knew from whence you have come.

All of you know that, at a very deep level, you are playing a game. You are playing the game that says, "I do not see who I am," and yet you do know. And you have said, "Well, I'm not going to run ahead of my brothers and sisters. I am going to walk with them," and so you do in a human lifetime.

I found for myself that I did this for a while, and then I found that there were questions. There were things that I had to know, things that I did know, and I tried to explain them. That whole lifetime two thousand year ago was a lifetime of trying, trying to explain to the brothers and sisters that which we are, the wholeness of the spirit of our Father.

I used that word Father, Abba, to explain to ones how the energy of the spirit that you are is loving, is caring, is always supporting you, the same as a very loving father would do; not a stern father that always points out everything that would lacking, but a father who takes care of, that is very much part of the flow of the love energy.

So there were ones who caught my message and ones who went out to try to spread the word, as you are doing in this lifetime; not using old terminology, but using new terms, new ways of explaining the spirit that activates everything.

You have been very busy on this day, beginning a process that truly has begun already and will continue for some time as you put together what is necessary in this reality on this plane. And those of you who are in this grouping in this evening, you will be adding your energy to it as well. For truly, this one has said that he will spearhead—all of you, truly—will spearhead an effort that is based upon the shared energy of you in this room and those within the sound of my voice.

There are many who are called to do this—I will call it a project—called to do this project, and you will be meeting with them as time unfolds. They will be ones that you will recognize as having worked with you in other times. They may be ones you will recognize as ones who were perhaps the ones who would test, have to test everything, the ones that maybe you didn't have patience with in other lifetimes, and they will come back to say, "How do you feel about me now?" And you will say, "I have more patience in this lifetime," or maybe not.

It will be fun. Whenever you are gathered together in the heart with ones, it is fun. You can laugh at all of the questions that come up, and you can laugh at all of the answers that perhaps come forward, and you say, "Well, that's not really how I see it." And then there's going to be room for the heart to open and room for this discussion, the same as you have been feeling just recently. It is going to grow, and it will be exciting.

Now, on this evening we will go back to what we spoke of two weeks ago, the time before. Have you done your homework? Have you brought your homework with you? Are you ready to turn it in? Okay. First of all, we will discuss the process that you went through in order to get to a place where you would write something down to hand in. And yes, I will be collecting your papers, so therefore, it is good that you have written out something.

But before we do that, we are going to have a discussion. This is what you call the Discussion meeting, so we will have a discussion of it. And I will have you explain the process that you went through and what you found as you went through this process and what conclusions you came to with the process. We will start with you, please. What did you pick as a topic or something that you wanted to focus upon to begin the process?

(35 MINUTES OF INDIVIDUAL INSIGHTS NOT TRANSCRIBED)

When you are on the cloud, up above the cloud, and you are no longer fixated upon a certain dimension; in other words, when you are living your usual human life, you are very much seeing what has to be done and how you have to interact and how you have been taught that you have to interact.

But when you go above the cloud and you are no longer identifying with a certain dimension and all of its reality, then you get a new perspective, as you all have experienced. And it all comes back to love, as you have found, as you were finding, sometimes to your surprise, sometimes not a surprise, because already the real being of you knew that you were going to find love, and you did.

You found courage and you found encouragement and you found excitement and adventure, and you also found the human feelings of being a little bit anxious and wondering, "Where is this going to go? How is it going to play out?" Remember that word: play. How is it going to play out? You do this in the human reality, because when you feel excited about something, when even you are in a place of fear, even when you are in a place of anger perhaps, you get all the energies within the body flowing, because you have to, as you have been taught by generational teaching. You have to defend yourself. You have to come up with whatever is going to keep you safe, to keep the body safe.

But then when you're up on the cloud and above, you don't really have the body focused, so that you can be much more open to understanding what is really truly going on here. And you find the healing that you are looking for. You find the healing of love and non-separation.

But ones have been taught throughout many lifetimes that you have to defend. What are you defending? You're defending the body. Well, you can make a new one anytime you want to. You will be coming to that. We are going to be addressing that in some months from now. You can make a new body, so you don't have to defend the body.

Personality? That is old thinking. You don't have to defend the personality. You defend it on this day, and then tomorrow you find that you change your personality and you become someone else or with different attributes, and you change that as well. And so you don't have to defend in one day the body, the personality, the human that you think yourself to be, because you are far more than that. And so you come to a new perspective.

That is why this exercise, although it seems quite simple, and it is, gives you a handle on seeing with new eyes, seeing with new perspective, being able to see what is truly eternal and beyond even the measure of time. You've all done very well with this. Thank you for sharing. Thank you for opening the hearts and having the courage to put it right out there in the middle of the floor, not worrying, "How is anybody going to see this? Are they going to judge me on this?"

2015

All of you, because you were coming from that new perspective of knowing love, you shared, and I thank you for the courage. Now is a good time for a break, and then we will come back and do some more fun things. So be it.

Judi: He is so pleased with you guys. He says he has done this exercise with many groups to varying degrees, and people were very hesitant to open their mouth. And you just let it all come out.

NOW, WE CONTINUE. I would collect from you your homework papers. Thank you all for taking part in this, and as you have recognized, you are truly the beneficiaries of being willing to do it and to receive. So sometimes you actually get a gift in doing what is called the work. Yes, your papers will be returned to you, perhaps with comments, perhaps with a grade, or perhaps, and always, with love.

Now we will entertain the questions, because I know some of you have come with questions in this evening. Beloved brother, you have the talking stick. Do you have a comment, question, or remark to make?

Mateen: I have about three questions (I'm sorry, we only have time for two...I jest with you) Last week after eighteen years of service, hard work, I got a layoff notice from Boeing. So they're laying me off in May. I was a little bit surprised, because it was very unexpected. But I felt there was a reason for that. I was probably asking for it. Personally, I feel that the timing is perfect; that's the time I probably will be coming to Sequim (Right) Instead of a question, this is my comment. I feel that this is in divine order (Yes) Although they want me to find another job within the company, I'm not feeling too enthusiastic about it, because I know what is my journey, where I need to go. I really want to focus on that right now. So that was the comment.

The question I have...I'm such an ordinary person. I don't see any accomplishment in my life which makes me any more special than anybody else. But Jeshua, by your calling me in this group and even asking me to take over the project, I feel like the luckiest person in the world (Very good, because you are, but that is true for all of you) I don't know what I did that you reward me with this.

Jeshua: Ask me that question in about four to six months when perhaps you are not feeling that it is so much a reward (Laughter)

2015

Mateen: That question was coming from my spirit. My body is already saying, "What?!"

Jeshua: It is a work that you are going to be doing, but not all by yourself, because you are going to have plenty of input, some of which you may not want at times, but you are going to have much cooperation and input from other ones as well. Yes, you are the spearhead of it. You are the one who is going to carry it forth, but not of just yourself as you would see yourself to be one tiny little thing.

You are a very large consciousness, which is shared by many, so you will find yourself not alone in this. Yes, it will be a question of, "Is it a reward, or is it something else?" Your thinking about it is going to change from time to time. On one day, one hour you may feel it is a reward. Another hour, another day you may find that these challenges of thinking and people to meet with and other worldly things that have to be done...can't they see we want to just put this through easily? Etc.

It is worth it. And truly, I did not choose you. You chose yourself. You have volunteered for it, because you want to and know, at the soul level, to be healer, to know that you are whole, and to spread that as a contagion upon and with all of the rest of the brothers and sisters so that they will know that there is truly only One of us (Very good) Very good, and I thank you for this.

Mateen: The third question is, we saw four houses today, you know (Oh, yes, I was there) and none of them actually clicked (Right) So we're going to keep looking for the property, and I have a feeling one is coming (It is, yes) that we really need. So I'm hoping that when we see this—because I want to have my personal feeling out of it, because this is not just for me. I want to make sure that when that property comes, my personal human like/dislike does not create a distraction for me. I see this purely from spirit's perspective and the people who are going to be coming there and healed; not something that I like. I'm just a little bit concerned that my personal or my wife's or even other people's personal feelings might distract us from the perfect property that we need for that purpose.

Jeshua: There will be no distraction, and there will be an agreement that ones will have. It will be, yes, into discussion, but there will not be too much to discuss about it. Ones are going to be discerning the same thing and having the feeling. What you saw today, the fourth property that you looked at, has an advantage to it at this point, but it is a small advantage, in that it is pretty much ready to begin the work. But as you have already discerned, it doesn't have room for the future growth, and that is one of the things that you are taking into account. The property, as it stands now, would be ready

when the owners move out for you to move in. You could get started there, but that's all it would be, a start, because then you are going to find that you need a little more of the elbow room, and you want to build and expand upon it. And as the business friend was pointing out to you, there would need to be some alterations made to the existing property in order to do that.

So you are wise to keep in mind the growth and expansion of the vision. But when you find it and you walk into it, even as you drive up to it, as you felt today when you drove up to the fourth property and you saw the pond that has already been made—no water in it, but you saw the formation of it and you talked about the other kind of bridge that you would put across, the little wooden bridge, and how you saw the landscaping already put there, that was appealing, and you will find that when you find the rest of all the ingredients that go together.

So it will not be a problem with individual likes and dislikes getting in the way of spirit. Spirit works through you (Thank you so much; and I love you so much) And I you. It is good to find you once again.

Beautiful one, how are you in this evening?

Rose: I'm very happy. Thank you so much (You don't need to thank me. Truly, you are doing it yourself, and that is good) I don't have so many questions. I just want you to pray for my brother. He is going through some physical problems. So I have some water for you to bless. I will take it to him. He is too busy in his life to come over here. And I will ask you to pray for the house we put on the market—to sell it at a good price and we can move here and fulfill everybody's dream (Exactly, and it is already in the works) Okay, thank you so much for always being there, and bless us with your love (Always) Thank you

Jeshua: As you have found out earlier in this evening, All There Is is Love.

Beautiful one, how are you in this evening?

Eleena: I'm good, and how are you? (Excellent, thank you for asking. What would you speak of?) Do you remember how the first time I came and the first question, you said that people don't understand me in my school because I speak love and they don't speak it, and they won't be my friend because they are like cool and stuff and I am not; like opposite; I'm way into nature and stuff?

Jeshua: Truly, you are quite cool (Yes, but in a different sense) I do understand.

2015

Eleena: I was thinking if one day I might find a friend who is just like me and who is into nature.

Jeshua: Yes, you will. Already this person is coming towards you. Be patient. Know that it will happen. You are calling this person forth, and they will be in body. It is not that they will have to come in invisible form. You will see them. You will be able to reach out and hug them. They will be very happy, because they also have had the experience of being somewhat different than the other ones and not being able to be "cool" as you call it. Truly, you are very cool. Yes, this one is already coming (Thank you) Thank you. You have much to share, and there are ones who want to share. Right now you are at a certain time when ones are afraid. This is what keeps them back. They are afraid to put themselves out there and to say, "Yes, I understand what you're talking about, about nature and the beauty of nature and the vibration of nature." They think that, "If I agree and I say that, then all of the other crowd of people, friends, they're going to think that I'm strange, and then I won't be accepted, so I better not say that." They do understand you. They are just afraid. As the years go by, they will find courage. As the years go by, things change. For you it's a bit of a waiting game, but it is coming. You will be very happy with this. It is coming.

Beloved one, how are you in this evening?

Pat: I'm great. I have a few questions from friends. Asher, who came to visit us this summer and met you, gave Jeshua's first book to a friend of his, Liz. She wanted to know if she could ask you a couple questions (She can always ask) She is saying, "Can it be Jesus-like to break up with someone to end a relationship, and how do you do that in a loving way?"

Jeshua: You see this one as yourself, and you see this one in love, as she has already discerned. You also see journeys and pathways on the journey. Sometimes, as we have just been speaking, ones will come together and share the pathway for a while, and then there is a knowing, not always a conscious knowing on both parts. Usually one gets it before the other one does, and that's what seemingly makes for a problem, where the pathways will diverge. And you can do this by saying, "I love you. I still care about you, but I see that there are things you want to experience—whether you know it or not—and there are things that I want to experience, and I don't know what all of those are. I just know that I need to go on my own pathway, my own journey. It does not mean that I don't care about you. I'm always going to be checking in on you, either directly or indirectly." There will be other words that come, but basically one never cuts off a relationship. Always there is the love and the caring that extends, whether it is expressed or not.

2015

Pat: Thank you. Then her second question is—I don't really know what the question means, but I know you will—"How do you stop living your life on a timeline when you have a child, when you still care for a child?"

Jeshua: Most interesting. Always one is living a life, whether the child is there or not, as you have discerned. When they get old enough to leave the nest and they go off, you still have the tie with them; you're still interested in what they are doing and where they are and how they see life. It does not stop whether the physical body is right there or if you have to take care of them.

If she is speaking as to stopping your own interest in life because you have to care for a child, that does not happen either, because you see yourself in the child and you gain more understanding about yourself as you are caring for the child, raising up the child, listening to the child speak where he/she is coming from. You find your life to be more expansive than it was before the child came into your life. So truly your life does not stop as timeline.

Pat: And a question from Asher: What is your opinion concerning open romantic relationships?

Jeshua: I'm all for them (Laughter) Sometimes it might make a problem as other ones do not see it quite so openly, but love is the bottom line.

What say you, beloved teacher?

Charles: I really don't have any questions this evening. I'm so focused each day doing the exercises going up into the cloud. I'm just totally thrilled by the experience. I don't have any other questions right at this time (Very good. You are perhaps sharing what beloved Ave has said, that it feels so good to be in the cloud that you practice it every day) Mm hmm (Very good)

Jeshua: Don Juan, how are you in this evening?

Don: I'm beautiful (Yes, you are) I guess the thing that occupies my mind most is my friend down in Florida (The firecracker) She's out of rehab now. I'm thinking everything is going along all right (Yes, it is) Did my daughter get with her today, or didn't that happen?

Jeshua: You will wait for news. As it is seen now, no, they did not physically meet, but yes, they did exchange on a higher level some of the interaction. That is why you are feeling both sides of it.

2015

Don: I guess everything's cool (Everything's cool; everything in its own timing)
Thank you.

Jeshua: Beloved Ave, how are you in this evening?

Eva: Very honored to be here in your presence (I am very glad that you are here and doing your work in the world as it is, taking love to places that truly are calling for it) Thank you. I've been told again this week I have to stop being so nice (Yes, what is wrong with you? You are just not playing the way the other ones are playing) Which gives me a hint that maybe it's time to move out from the place where they don't appreciate it.

Jeshua: But you have been, as you understand it, the teacher for them, showing them how it can be, how it could be if they choose to go that way. But they are yet doing their playground squabbles, their power plays.

Eva: I found out just an hour or two before I came here about a friend who used to be part of my in-law family, that she had passed away. I know she's okay (Yes) but I have a feeling of incompleteness about it. Is there anything you can tell me about her last year or so? I spoke to her just a couple months before she passed away, but I didn't realize she was ill or anything. Do you have any message for me or any way that I can feel complete about that relationship?

Jeshua: Yes. Know that truly the timing of it was all in divine order. She did not want ones to know. Truly, she did not want to go there herself to give it any energy. Therefore, she was not broadcasting anything about it. So it was not that you failed to ask the right questions. Truly, you did as she wanted you to do and to see her whole and happy, which truly she is now. She has made the transition quite easily, and she is quite happy in the releasement of the molecules of the body which can be quite challenging, as you understand.

You have seen your parents, you have seen other ones who kept on with the body, even though it was not comfortable, was not easy. Your mother especially, it was very difficult for her to release, and you saw the travail that she was in and that she tried to share with others. It was difficult.

This friend did not go through all of that (Oh, good) and she is very happy. She has, as you have it in your world, "earned her reward", and she is quite happy. She was happy and is still happy for your friendship, and she is not away from you. So this evening when you lay the head upon the pillow, speak to her. Speak out loud if you wish,

2015

if it would be accepted by anyone else who would hear you, or speak in the mind to her. She will hear you. She will be with you and see the smile on the face.

Eva: Thank you so very much. Her name has been popping up in my head ever since the Christmas card came back, and there was no reason for it to come back, because I thought I had the right address (And you did, but not exactly) It's amazing what you can find on the internet though. I found her obituary on the internet. She must have been nudging me to look for it.

Jeshua: Yes, she wanted you to know that she is with you all the time now. You don't have to send the e-mail or pick up the phone, do something as a card even. You can speak joyously. And if you listen, she will tell you something.

Eva: I did love her as a sister immediately (For truly, you have been sisters in other lifetimes, as you recognized. You have been quite close as sisters; not the kind that would fight with each other and one has to be more dominant than the other. You were equals) Wonderful.

My other question has just been my life-long fascination with water and all of the information you always give us about, "Go sit by flowing water." And then for Christmas I got myself the new book by Dr. Emoto which has the incredible crystal pictures. I understand that water has consciousness (Right) How does it speak to us, and how can we convince people to honor water and to bless it and truly appreciate it. There seems to be so little regard for it, unless it's not there.

Jeshua: Exactly. And as ones in different parts of your country are finding in the drought times, they are understanding the value of water and understand that the body that you bring together has a great proportion of water in it and that you need the water every day to keep it going. You can speak about it. That is how you get others to understand. You speak about it, and you say how grateful you are for it and for the clean, fresh water, and say how important it is.

The same as with the climate change that is happening, you speak about it and you take it to be a fact. You don't just say, I kind of read this, and maybe somebody else knows more about it than I know. You do know. If an article comes to you and it resonates with you, you know, and you can speak from that place of knowing. So broadcast it. Talk about it. Even share with them some of what you have been reading. Because you know, when something gets into print like this, it carries more weight. You can say to them, "I found this wonderful book." Just as you said, "I bought it for myself as a Christmas present, because, you know, I had heard a story about pure water and

about the crystalline energy of it. And you know, this book has really beautiful pictures in it of all of the crystals.”

I know you have seen it. You have already looked at it. Speak about it. Do not be hesitant. If there is something—and I speak here in a general way—if there is something that you are really excited about, really believe in, do not hold back. Even with the ones who don't seem to be right with you, you can still talk your truth and say what is important. And there are more than the ones who are ready to admit it who understand what you are talking about, but it is out of fear that they put the armoring on themselves and they say, “I can't understand what's she's talking about, because it isn't cool.” Give them a few years and it's going to be very cool, or hot, as the case may be, depending on the climate.

Eva: Well, climate change...I have been working on getting a workshop about it into my work conferences for the last five or six years. I really am pushing for it for this springtime, because it feels like that's probably going to be my last conference working there (Yes) Will you help me behind the scenes to convince these people to listen?

Jeshua: Do you think I have the power to do that? (Yes, I do) I am already working on it, yes. Where do you think the idea came from? From the one Self that we are. So yes, it is important, and it is important to speak your truth, not to hold back. Absolutely nobody is going to judge you or require of you in this lifetime that you give them the head. Other lifetimes you have spoken your truth, and it has been off with the head. Not this lifetime; that is not going to happen. So feel not only free to do it, but a bit obligated to speak your truth. And others, whether they come out and say that they agree with you and they understand or not, they will at a deeper level take your message.

Eva: Thank you so much. I love you so much. And thank you for the name and for calling me by that name. I feel very honored (Right. It has been your name in other lifetimes. It is time that it be your name in this lifetime)

Jeshua: Beloved brother, how are you in this evening?

Mark: I'm well, thank you (You are doing very well. There is such a twinkle in your eyes. What would you speak of in this evening?) Well, I'd like to say that the assignment I found to be very growthful—is that a word? (Yes, we will make up words) It was a big help in clarifying things for me.

Jeshua: It is a technique that you can use now with any subject any time that you want to see things perhaps a little differently. And even if it isn't something that you are

2015

thinking is a “problem”, you can do it just because it feels good. And speak to the partner that you live with. Where is her homework this evening?

Mark: She sends her regrets (Laughter)

Jeshua: Tell her that I cannot take those regrets to the bank (Alright) I am jesting.

Mark: My question has to do with this tremor that I have (Oh, yes, the vibration) It's uncomfortable, and I'd like it to go away, and I wonder if you have some suggestion as to how I can direct my energy towards mediating it in some way.

Jeshua: It will not go away, beloved brother, until it has blessed you. In other words, until you come to the place of accepting it as a gift. Then you will no longer see it as you do (Accept it as a gift and bless it) Yes. It will not leave you until it has blessed you. So be open to the blessing (Alright) And I know the human self is saying, “There is a blessing in this? I can't even hold my cup of tea.” But the beauty of it is, there are times when hardly anything is going on with it. So you be happy with this when it is going at its worst, and you be happy with this when it is through.

You can look upon it as a child and love it. Because it is truly—if you will hear this in truth—it is truly a manifestation that you are bringing about. It is something that you are creating; not as punishment, not because you have done something wrong, not because you are holding some charge against the body. You are creating it because you have the power to create it, and there is a blessing in that. It is showing you the power that you have to manifest anything in the body.

This is true for whatever you have going on with the body. You are creating it moment by moment, and not as a punishment, but as a blessing, as a gift, to say, “Wow, I have great energy, and that hand is showing me the great energy that I have. It would not be doing its shaking and vibration if I did not have extra energy that I'm sending to it.” So you see, it is not a minus, but it's a plus. So you give yourself the pat on the shoulder, the back, and you see just how creative, how powerful you are. As I have said, it will not leave you until it has blessed you.

Mark: That's very useful. Thank you.

Jeshua: Good. And, of course, as you have discerned, you can do your above the cloud looking at the situation and see what wise things come to you. Have fun with it.

Lawana: I do have several questions, and I'm trying right now which ones I should ask. I heard what I thought was one of the most beautiful Christmas programs I've ever

2015

heard that came from Norway, the St. Olaf choir and two children's choirs in a church in Norway. But the first song was, "In the beginning was the Word, and the Word was with God, and God was the Word." The song went on, and that's all the words there were, and it ends "The Word Was God". Now, that came from the book of John, and people have taken that to mean you and that you created the world and you did all these things. In the beginning was the Word. Is that right?

Jeshua: That is God saying those, yes. That is how the saying goes (Is that God, or was that you?) In the beginning was the Logos. The Word in that particular sense was L-o-g-o-s. You have in this day and time a clue. The word is a logo. All of your companies, all of your organizations, they have a logo which stands for them. It is a symbol. You don't even have to have words to it, but you see that logo and you know what company it is or what organization it is. In the beginning was the symbol that stood for all of God, the Logos. Then it got translated into "was the Word".

Lawana: Now I get that; it's personal. For a good portion of my life I have had fear (Of course) And I even was diagnosed as acute anxiety. I had a treatment with three different psychiatrists. I decided after the third one, "Phooey on you people. If I'm going to get rid of this, I'm going to have to do it myself." (Very good) Being a soloist at a Christian Scientist church, I came across this solo that says, "Be not afraid, fear not nor be dismayed, because God did not give you the spirit of fear but of power and of love and of a sound mind."

I knew about love and sound mind, but what was power? Now I found a poem that I would like to read. You speak of power all the time and how powerful you are. "This life is yours. Take the power to choose what you want to do, and do it well. Take the power to love what you want in life, and love it honestly. Take the power to walk in the forest and be a part of nature. Take the power to control your own life. No one else can do it for you. Take the power to make your life happy" (Amen; that's how it is) That's power (Yes) The book is called, It is always Easy, and I find life is not always easy.

We're taking the daily message from you. The Thursday message talks about Light, and it ends with, "How do you know that God is Light?" Can I answer that (You can) I first thought about God as Light, another solo. "God is my Light and my salvation. Whom then shall I fear?" The other one is, "This little Light of mine, I'm going to let it shine." And then I heard another one, "Don't let your Light go out. Let it shine through your love and your [inaudible] Don't let your Light go out. It's lasted for so many years. Don't let your Light go out. Let it shine through your love and your tears." (Good) The other one a prayer, "The Light of God surrounds us, the love of God enfolds us, the power of God protects us, the presence of God watches over us. Wherever we are, God is, for in him we

live and move and have our being." That was my answer to your question, and I love those daily messages.

Jeshua: Beloved brother, how are you in this evening?

Don I: I'm fine (Yes, I can see) I guess the question, and I think you answered it partially when you were talking to Mark, is that the readings that have been coming out from you and when we have them here is that we are whole, we are perfect, we are all this, yet when we get older, we have all kinds of creaks and clangs and things that don't work, and we can't do what we did. Is there a reason for this?

Jeshua: Yes, there is a reason, and it is generational teaching. You have listened to the parents, the grandparents, the ancestors. It has been given to you, and you have taken it to understand that the body changes, that as you get a certain number of years, you feel that the body is getting creaky, it's getting stiff, certain parts of it don't work as well as they used to.

But as has been said, you are creating the body. You are creating exactly as it is understanding your message to it. Your message has been, "I know that when ones have a certain number of years, this is how it feels. This is what happens with it." You go to your experts, your medical facilitators, and they say, "Oh, well, you have certain number of years that you have garnered to yourself in this lifetime. This is to be expected."

So you say, "Well, okay, it's to be expected. I guess I have to bear it." You don't have to bear it. You don't have to grin and bear it. You don't have to take it at all. There are ones who even in this day and time live over one hundred years and are healthy, happy, and wise, and they are creating that.

Now, don't take the other side of the coin and say, "Well, if I am feeling a bit of the stiffness in the back, and the knees don't work quite right, and I don't have the strength in my arms that I used to have," don't take guilt upon yourself and say, "Oh, I'm doing something wrong." Just recognize that you have bought the usual message that this is how you have to be.

And then each morning when you wake up, say to yourself, "This is a new day. I don't have to be the way I was before," and find that you can do a little bit more in that day. If you go for a walk, walk a little bit farther. If you aren't into doing a walk, you walk to the mailbox, right? Okay, maybe you can walk to the neighbor's mailbox. Extend it a little farther and a little farther. Look upon your wins, the things that you have won, that you can do much more and add to it each day.

After a while, you're not going to care how old you are. I know that every time the year runs through and you come to your special day, then you say, "Oh, I'm another number." But the secret in that is, it is just a number. You don't have to buy the paragraph that ones have said go with that number. So don't pay attention. Your number, it is just a number.

What you can do...you used to have a comedian who would always subtract numbers, and he was always thirty-nine. You can do the same thing. Who cares? Only you care. Only the message that you give to the body cares. The rest of the people, they don't care. So you don't have to live a certain image of, "Well, now I have so many years, you know. This is what I should be looking like. This is how I should feel when I try to get out of bed in the morning," etc. Don't try to get out of the bed. Just jump out. Fall out if you have to (Thank you very much) It was a very good question. I'm glad that you brought voice to it.

Holy scribe, do you have anything to add, or subtract?

Ted: Real quick. "It will not leave you until it has blessed you." (Right) Is that true for all diseases or all serious diseases? (Everything) All diseases.

Jeshua: Right. Yes, all diseases, everything. In truth, there is no gradation of seriousness. The human puts value onto certain ones. Like if you have a hangnail. Okay, you know that you can take care of that. If you have a broken leg, oh, that's much more serious. If you have some organ in the body that doesn't seem to be working quite right, that's even more serious. You are the one who is putting a value onto it. But anything in the body, anything physical will not leave you until it has blessed you.

Ted: We'd better start blessing (Yes; that is the secret. You take and put the value on everything. Some things have big value, some things have little value according to your valuation) But some things seem to go away on their own.

Jeshua: Yes, they do, because you have said, "I'm not going to pay attention to you any longer," and then after a few days or a few weeks you say, "Oh, I haven't felt that for a while. I don't think...oh, it's just gone; not there anymore."

Ted: Okay. One confirmation thing on what happened in Moscow, Idaho, this week. A 27-year-old shot his mother, then went to the office of his landlord, shot him, also shot the person who was there talking to the landlord, then went to Arby's, asked for the manager, and when she came out, shot her. So I send love to the community, because I know they all think it's a tragedy, but really, it was not a random thing, so it must be past life balancing (Yes) so all is in order.

2015

Jeshua: Yes, it is, but that is very hard for ones to understand. Again, it is the same, that it will not leave you until it has blessed you; in other words, until you are able to see it in love and to see, as you have done, that it is a balancing. This one who has acted out is acting from a place where he believes—not consciously—but he believes that he has been wronged, that he has even in this lifetime suffered some of the putdown and does not feel good about himself. So he is acting out of that place of seeing himself not as good.

Ted: He has Asian background, adopted by the white mother. Does that have something to do with it?

Jeshua: Yes, but not to the place of placing guilt on the mother. She acted out of love, but he, because he has been different, and his biological parents, the ones who gave him the necessary genes and DNA and so forth, he has felt subconsciously that he was not good enough; otherwise, they would have raised him.

Ted: So most people are going to want to lock him up forever. If he were not locked up at all, would he actually do anything else? He's balanced these things; or is there more for him to work on that will take another lifetime then?

Jeshua: There is more for him to work on, and it has to do with the self-image. He has been, as everyone does, creating his own reality. And from that perceived reality, he is acting out. So yes, that part has not been balanced, so he will need some balancing. It can be done by putting him away somewhere. It is difficult to say in this time, because you have such limited means of dealing with things that are very, very deep.

This one could benefit by treatment that is coming in your future that will be as an evolvment out of what you know now as hypnosis, where there can be an understanding of going back to a root cause and dealing with that. Your techniques in this time are not evolved yet, but they will be in the future, where there can be the meeting in love and the treatment that allows the root cause to be brought forward and looked at and then balanced so that there will not be the behavior stemming from that.

Ted: That's what I wanted to do with my nephew who is in jail for twenty years at least (Right) Do you still see him getting out before the twenty years, because his appeals are almost at the end unless he is granted a new trial.

Jeshua: Right. I do see him getting out before the twenty years. He will go through the process or processes as it is set now, but there is coming—as it is seen now, it is going to be a while—a change in consciousness (Of whom?) of the ones who are seemingly the guards of society, the ones who are looking out to save other people from

the trouble that these ones might cause. But it is still a while off. But yes, I do see him getting out before the twenty years (Okay, thank you)

So if you speak with him—I don't know if you do, but if you do—give him hope. Also, when he approaches the time of releasement, work with him in something concrete that he can hold onto—a job, a reason, a purpose for being out, as it is called, because he will need something.

Ted: Yes, I would give him my whole place (What would he do with it?) Good question. He probably wouldn't want it.

Jeshua: Right. You will have to give him something that has structure, because that is what he has known for many years—structure—and purpose, where he sees himself to be valued, a valued member of society. But that comes in time (Thank you) Thank you for asking.

Don: Regarding the good friend we have who just had a mitral valve repaired and she had to go back to the hospital, how do you see her progressing?

Jeshua: I see her progressing very well. Truly, the tests that she has had done and the medical facilitators are telling her that they are working with the problems, the conditions that have been there. She is going to return home probably on your second day of the week, Monday. She is probably going to return home very soon, and she will...it will not be very gradual. It's going to be quite remarkable, because she is one who does not have patience for a long recuperation. That has been part of the problem, is trying to keep her down, and she doesn't want to be down. She will do very well. And as you get into the springtime, she is going to be back out into her garden (Thank you) Thank you for asking. Yes, she is doing well.

Now, beloved ones, before I leave you in this evening, I want to share with you one more piece of homework. "Oh, my goodness. Ahh, we had homework. I thought I did okay. I thought I got rid of that. I did it." Well, I got news for you. Got another piece of homework for you. I will wait until ones return. It is important to get in from the beginning, so we will wait.

Lawana: We had another shooting in Don's family. His cousin on Halloween night went to the door. A man just stood there and shot him five times. Didn't know the man. He's still alive, but they can't take the bullets out. He's going to have to keep those five bullets in his life. Now, we couldn't figure who, why this would have happened. Anyway, he has to be fed through his stomach, at least for now. But the question would be, why

2015

would someone do that to a stranger? Is that because of how they feel about themselves?

Jeshua: Yes. They were not taking their power, as in the poem that you read. They were not taking their power to understand happiness in their life. They were taking their power in order to, in their eyes, bring the other one down to their level. They do not have a high self-esteem; therefore, they wanted to bring someone else down to the place where they feel themselves to be. They didn't have the courage to turn the five bullets onto themselves, but they would bring someone else, seemingly, down to their level. But as they have seen, the other one has not been brought down (No, he's still quite lively, but he's got five bullets) Right, and he will carry them.

Lawana: We're from the area of Moscow, and one of the people shot was our friend. Why? And then every time I would see the gunman, he looked so without love. His mother had a Polish name, and he took back a Chinese name.

Jeshua: As you have seen, by that very action he would not accept the love that the mother was giving him and had given him by adopting him. But all he could feel, all he could see was that his biological ones who brought him into life seemingly didn't want him. He has said No to the love that was given to him, and he does not feel good about himself; therefore, no one else should feel good.

Your world is yet showing you how unlike love it can be. You are sending love to all of those places. As much as you can, you do, and that is good. At the same time, you are learning to love yourself and to be examples to other ones. Now, I know there are times when you feel unloving, even yet when you know the value of love. And as I have said earlier in this evening, do not heap guilt upon yourself. In those times, what you are calling out for is to love self, to love yourself. So laugh. Laughter is the best medicine. Laughter will heal everything. You cannot be angry and laugh at the same time. You cannot be unloving and laugh. You cannot be in a place of suffering and laugh. So laugh a lot. Laugh deeply and loudly. Enjoy.

So now we will have another piece of homework, which in two weeks when you come, I will collect your homework and talk about, the same as we have done this evening.

Okay, allow yourselves to be comfortable, but not too comfortable. And if you are holding something, you can put it down so you are free, not to have to think about other things. Okay. Take the deep breath. Let it energize the body in a peaceful way, allowing

2015

the eyes to go closed so that you cut out any extra vibration. Feel yourself very peaceful, very receptive, listening to my words, and yet having your own experience.

Visualize for yourself that you are sitting upon a train in a train station ready for the train to take off on a journey. Look around the train station; what do you see? Look in the car of the train where you are sitting, and what do you see? Are there other people? Are there people on the platform? Are there people in the car where you are sitting? What is the seat like? Is it hard? Is it soft? Is it upholstered in certain color? Are there windows?

Look around the car that you are sitting in. Is it a passenger car where there are just seats, or is it the restaurant car, or is it the baggage car and you are surrounded by baggage. See what you are surrounded by. If there are other ones in the car with you, what do they look like?

And then the train begins to slowly move forward and you feel yourself being taken along as the car of the train moves forward. Feel it gaining some speed. Watch the passing scene. What does it look like? Where are you going? Can you know the destination? How long will it take you to get there if it keeps to its schedule? What do you expect to find when you get to your destination? Why are you taking this journey?

Allow yourself to look out the window and see what is out the window. Look at the town that you are going through. Look at the fields. Are there crops growing there, or is it a field where there are deer, cows, sheep, or is it just a field of growing grass, or the cornfield? What do you see?

Know that you have chosen to make this journey. Know that there are energies that are around you, maybe in the form of other passengers or maybe angels in the car with you. Why are you taking this journey? What do you expect to find? Are you sharing the journey with someone, or are you traveling seemingly alone on your own?

Watch the passing scenery. Visualize, feel it, know it. Feel yourself being taken, and yet at the same time feel yourself to know where you are going. You have a destination in mind. Allow yourself to feel the journey, every part of it; as the train wheels, feel the vibration on the train track. Feel every mile that you go.

Feel the accomplishment of the journey. But feel also everything that you are questioning, as to why am I on this journey, where am I going, who is going with me, when will we get there, what will be the outcome of this journey? Question; any question that comes up is a good question.