

## **THE POWER OF THE INTERDIMENSIONAL SELF**

**2015-01-03**

Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. Child of the one Source, forever radiant, going out from the Source and yet not separate from the Source.

I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy of reunion every time we meet in this way. Great joy of coming up to a higher consciousness, a higher awareness of who and what you are, and taking hold of that and keeping it with you every day, knowing that truly that is your source of energy. That is your source of being, the source of Light, the source of peace, the source that goes forward always in health, radiant in health, as you know yourself to be.

You are whole, each and every one of you, even though the mind may speak to you that you need healing or that you need something more in your life, some change of some sort. But in truth, you do not, because you are already that which you have always been. You are the divine holy Child having an experience of being human and having an experience of knowing that you are One with everything.

That gets a bit overwhelming sometimes, but it is fun with the imagination to play with it. Always and forever you will never lose yourself; you cannot. There have been ones who have asked of me, "If I allow myself to know my divinity, if I allow myself to know the greatness that I am, the expansiveness that I am, how will I ever find my way back to my humanhood?"

Well, in truth, you will never lose it. It is what you are creating moment by moment, and even if you allow it to be in the background and you go forward into the divinity of yourself, you do not lose everything you have created or will create. It is always within you, within the consciousness, and you can bring it forth at any time.

Now, having said that, you can also allow it to be in the background at any time and to claim your divinity and your power of love, your power of Light, and to allow it to shine forth as truly it does. I have often said to you that you are the ones who put the sunshades upon the eyes known as the sunglasses or the hand over the eyes and you say, "I have no light; I cannot see the light. Jeshua Speaks to me of light, but I don't see it.

That is because you have put the hand or the sunshades over the eyes. Every one of your friends sees how radiant you are. Every one of your friends feels your energy as you come into a room. You felt that in this evening when ones arrived a little past the time of the gathering, and you felt a change in the energy, an upliftment, if you will, an additional energy that walked into the room and uplifted it.

This is what you do every time you go somewhere. You change the energy of the collective grouping. You change the energy in the room as you walk into it and as you leave it; it changes.

Allow yourself to be the Beholder, to feel, just to take a moment and to feel the radiance that you are, to be able to connect with the divinity; not as an abstract idea, but the whole divinity of you that walks around and expresses in human form.

The human form is divine as well, because you are creating it moment by moment. It cannot be anything but divine, because it comes from the energy of the one Source that you are bringing together in the molecules of energy every moment to put together every part of the body and how it functions.

So if you ever wonder, "What am I doing here? Why am I here? Would I be missed if I left?" Yes, there would be a hole in the energy. As you will stay and you will express the radiance that you are, everything becomes holy—h-o-l-y. I spell this out so that ones can understand, because your language...have you ever thought about your language, how wonderful it is, but how different it is from every other language that is being spoken on holy Mother Earth at this time?

You know this well as you have moved through this geographical collective society and you have a language that you have known from childhood, and then you have come to another geo-political grouping and you have taken on an understanding of a language that sounds different.

It is most wonderful what you create. And yet I will say unto you, it is not the sounds that carry the meaning. It is the energy of love that goes forth. You could say the same thing, and you do in different terminology, different sounds, and it goes forth as love from the heart. That is what people pick up on.

You may be speaking—and you can; you can do a research paper on this if you want to as to the different sounds of language and how they are portrayed, and yet what is picked up and accepted by other ones is not so much the sound as the energy that goes with it, or the energy of judgment that may go with it. That is what they feel. They may

hear a sound, but what they resonate with, what comes to them is the energy with which you have sent it out.

So allow yourself, as the lovebirds that you are, to enjoy being in love, to enjoy always knowing that you are surrounded by love. You are, every one of you in this room and within the sound of my voice, you are the love of the one Creator, created from before time began, because you have created time. You are walking, expressing, living love energy that goes forth.

Now, having said my preamble, I will come to a certain place of saying to you that you have graduated. You have been listening to my words, reading my words not only in this lifetime, but other lifetimes as well, and you know everything that I have said to you. It is deep within you in a collective place that sometimes you can access. In truth, you can always access it, but sometimes it seems a bit more distant than other times.

Now I desire to move into what you will call another stage of sharing with you, another stage of allowing you, enabling you to move into another level of understanding, another level of expression, because you are ready for it. You have asked of me, "Please, can we have a bit more meat to chew on?" So yes, we will move into a place of having the...you've already had the appetizer. You've already had the salad. You are now coming into the main course and having a bit of meat with it; not because we are going to slaughter the fatted calf, but because we are going to get into what you have truly asked and wanted to know.

So in this evening we are going to do an exercise that is going to take you to a new level of feeling, a new level of visioning, a new level of knowing who you are and the energy of the empowerment of that new understanding. You all have visions of what you want to do, to be, to accomplish, and you are asking, "How do I get to that place? How can I move from right here that I understand and that I feel comfortable with to a place where it will be more expansive and more into manifestation of the visioning that I have had?"

So we are going to do a meditation in a moment or so that is going to open up doors and windows for you; not that I am doing it, but because you have asked that you want to know more of your true Self. And so we are going to play with it—I will not say work, because it is going to be play, and it is going to be something that you are going to be able to really get into and feel and to know.

So I would suggest that you allow the bodies to be comfortable, however they want to be, and I would suggest that you close the eyes to keep out the vibration of the room. Then allow yourself the easy breath. Feel with every inhale that you are going

deeper. Feel with every exhale you are getting rid of the external abstractions. Allow yourself to feel at peace.

Visualize, if you will, a hill, a grassy knoll, and feel yourself to be on top of that hill looking down at your surroundings, whatever may be around. Are there trees, flowers? Is there water? Are there birds? Are there other animals? Bunny rabbits? Just observe and watch. See what comes to you.

You are standing on top of the grassy knoll looking down, down the hill, past the trees, out to the water. Look to the sky. What color is it? Is there a cloud or two? What form is the cloud? Is it moving? What do you see in the mind's eye that is peaceful? The summer breeze perhaps? The trees swaying in the wind, the grass moving? Perhaps it is tall grass; perhaps it is short grass. Visualize. How does it feel?

Then take yourself from the top of the grassy knoll up to the sky to that cloud that is up there. Don't worry about anything that is down below. Feel yourself to be on the cloud, floating easily, again looking down at the grassy knoll, but feeling yourself untethered. Feel yourself to be free, to feel, to soar, to be; just to be.

And then as you feel comfortable being in the cloud, feel yourself to rise above the cloud even farther so that you are looking down at the cloud. Know yourself to be the cloud, and yet you are above it looking down at it, and know that truly it has supported you as you sat upon it, but know that truly you are now above it looking down at it.

And in that space, allow yourself to feel courageous. Feel yourself to be in the heart. Feel yourself to be All That Is, all that you can see and behold and even more. Moving from that space, know that you as the human being will always be taken care of. The human being of you, the physical body of you rises up even higher to that place where there is just a knowing of the being that you are, a place that is above any dimension, any reality.

You can see realities of past lives, realities of future lives. Play with that for a moment. Who have you been? Where have you been? How has it been? How will it be? Allow yourself to envision how you will be in what you call the next lifetime. Will you be the human, or will you be a bird? Will you be a fish swimming in the vast ocean, knowing yourself to be free, supported by the water, supported always by the divinity of you?

Will you be the great panther? Will you perhaps entertain the thought of being the ostrich or perhaps the monkey? A giraffe? Anything you can imagine. You can be human and you can be any other form that you want to be.

You are between dimensions, not having to be in a location of one dimension or one reality, but you are observing, you are watching any dimension that you want to watch. Know that truly your energy is in any dimension that you want to create, any form that you want to create, any being. Because you are the creative extension of the one Creator, and right now you are having an experience of not being tied to any dimension, any reality.

You are allowing yourself to float, to be free, to play in the imagination with whoever and whatever you want to be. Visions will come to you and pass by. You do not have to linger on one, or you may if you want to. Allow them to come. Know what you have been. Know what you will be. Just watch. See how it all passes before and within you, because truly every reality that you create comes from within.

Know that you can create any reality that you want to when you access the place of the interdimensional Self and you are not with a focus upon any dimension, not being tied into a certain box of a dimension, but you are floating, you are free, it is easy, and you are entertaining different ideas of forms, of ways of being.

You are even farther out than the outer space that you have talked about, and yet you are the inner space that is creating and beholding. Allow yourself to envision the different forms of being, and know that truly none of those forms encompasses all of you, because you are much more than any form. But just watch the forms as they come and pass by.

Some of the forms will appeal to you more than others, and you may linger with the forms that are attractive to you. Perhaps, as we have said, it would be the giant bird, the eagle that you know. Perhaps it would be the tiny wren, a cardinal, the bright male cardinal. Perhaps, again, you will be the great whale. Perhaps you will be the lion or the lioness. Perhaps you will be the king or the queen, or perhaps the kitchen maid. It truly doesn't matter, because each and every being is divine.

So you sit between dimensions and you look at what your world has been, and you see pockets of joy. You see families that are happy with each other. You see families that have celebrated and are celebrating the holy days, and they are happy to be together. You see other families where there is sorrow, where ones are not agreeing with each other, where ones do not want to be in each other's company. You know that feeling, but you also know the joy of love and of being happy to be accepted.

You are accepted in this family. It may not be the biological family, but this is your family, and you know the feeling of being loved and accepted. You look upon your world and you see the areas where brother is speaking against brother, perhaps even taking up

arms to do away with the form. The energy of being can never be taken away, but the form can be asked of one to release the form. And sometimes that is happening.

Your news media will tell you what is happening. Sometimes there are areas of sickness where the body is dis-eased, not at ease, not knowing its wholeness. You have had that in your news as well. Allow yourself to see those areas that perhaps are not at peace and to send your knowing of peace to an area on holy Mother Earth or any other celestial body where there is life, and that takes in every form of body.

Know that you are powerful. You are the Christ. You are the Light of divinity. You are the power of wholeness. You are the power of Oneness, and you are One with everything that you see. That is why, when you envision certain areas, you feel the energy of that area and what is going on there.

You know that you are creative, and you are creating every reality, every dimension that you behold. You send your energy of peace into every dimension, because you desire to know wholeness and you desire to know Oneness in wholeness. You are very powerful. You have yet to understand your power, and yet as you are between dimensions, between realities—lower case “r”—you can look upon every happening, every energy form, and you can bless it with the energy of peace.

Know that truly every time you focus upon energy in form and outside of form, you are sending the divinity, the divine energy of you to it. That is how powerful your focus is. As you will feel yourself and know yourself to be One with whatever you are beholding, it has to change as your idea and your acceptance changes. It has to change, for you are the energy that reaches out and touches it.

Allow yourself now to come back to the cloud, sitting upon the cloud and looking down at the grassy knoll. Now there are birds, now there is a squirrel, now there is a fox, forms that have come out of the woods to feel your energy. And now you are on the grassy knoll watching the butterfly that has landed on your hand. You let it go, knowing that truly your energy goes with it.

You walk down through the tall grass, feeling it waving and brushing against your legs and your feet until you come to the bottom of the grassy knoll and you open your eyes, feeling yourself back in this room. [Pause]

When you are ready, you can open your eyes and focus upon this reality for a moment or so. I will not ask anything difficult of you. I would only say to you how loved you are and how I desire always to be in touch with you, to look upon the radiance and

the love-light in your eyes, to know truly who and what you are, the holy Child come once again into a dimension that doesn't always understand and accept its holiness.

You have said that you will serve one more time in a place that believes in duality, in a place that says there can be light and dark. But truly the Light that you are expels all darkness. When you walk into a room, you light it up, because you are in love. Know you that feeling when a loved one walks into the room and your heart opens?

A good friend comes and visits you for the holy days and your heart expands because you are so in love with them. Not the romantic type of love, although that is good too, but the true love that you are, the love that is accepting and allows you to expand, to open the heart and know that you are safe, because you are; the love that says, "I am from before time began, and I am the love of the Father/Mother/God/All That Is and all that will ever be.

Take that to heart. Those are not just mere words. It is the truth of your being. You are the love that makes the world go round. I think you have a melody or song something like that. You are the love that keeps it going around until the place sometimes where you get dizzy, but that is okay.

You have played the children's game where you would go around and around and around and around until finally the whole room seemed to be going around and you found yourself sitting on the ground or the floor, because everything was spinning around you. Now, truly, was everything spinning, or was it you? It was you that was spinning in the mind, and you allow the physicality to get into that space. That is how great you are.

If you ever need to know an example of how you create your world, allow yourself to play as the child. Go around and around and around until you get the energy really moving. You have from the ancient times a ritual. You have ones who have been very good at this, the whirling dervishes, where they whirl around and they get the energy really stirred up, and what happens with that? You have to take a deep breath, right? Yes, and that deep breath is healing.

So if you ever feel that you are stuck in energy—and I know that sometimes you feel really stuck; not too often, but once in a while—allow yourself to be the child again. Allow yourself to go around and around and around until finally you say, "Oh, hey, that feels great." You have stirred up all the cells in the body, awakened them. It is very healing and is so simple that a child can do it—the holy Child of you.

Now, I have a bit of homework to give to you—"Oh, no; homework. Oh, dear, I have enough of that anyway."—a piece of homework. When you get back to your dwelling place,

on the morrow—I'm not going to ask of you to do it tonight unless you want to—but on the morrow, take out a piece of paper, any size, any color, lined or not lined. I always get these questions. "Well, Jeshua, what size should the paper be? What color should it be? What kind of pen should I write with? Does it need lines?" No. Anything you choose to write on.

I want you to pick a topic of something that you know is happening in the world. Your news media will tell you. There are areas where there is conflict going on. There are areas where there is disease going on. Even closer to home, there are things that you can feel. I want you to focus upon what seems not to be holy from the vantage point of the interdimensional Self that is up the grassy knoll, onto the cloud, and into the space between dimensions, and to look at what is happening.

Get yourself right into that space of seeing what is happening. Then remember where you are, looking at it. In other words, you are not right down in it. Get into it at first so that you know what you're working with, and then take yourself up as high as you can go outside of this dimension, looking down at the world or at the family or at the coworkers or anything that you choose that you want to put your energy onto, the energy of wholeness. And I want you to bless whatever you have chosen as your certain topic.

And if it is yourself—and this is okay; you can choose yourself to be the object of the focus—allow yourself the new visioning from a different space, a different perspective, and get yourself into that space of meditation, yes, but into that power space; not into a space that says, "Well, I can't do anything. You know, Jeshua, this problem is too big. I can't do anything with it."

Yes, you can. This is what I want you to experience. I want you to get at least a glimmer of a new perspective and how you can bless any situation that you choose. And as I have said, you can choose yourself, you can choose something that seems to be miles and miles away on the other side of holy Mother Earth, any type of conflict that is going on, and send your holy vibration, new perspective.

Because I will share with you a secret which is not a secret. As you will be looking at whatever seems to be wrong and needing help, you may get an insight, an inner sight that says, "Something is being completed here. Something is in divine order that I hadn't seen and the news media has not seen. There may be something happening here that is bigger than what it appears to be. It may be holier than what it appears to be."

Even if you choose yourself and you have something going on in the body that you're not comfortable with, and maybe the experts have said to you, "Ah, well, you need

to work with that blood pressure.” You get yourself into a new perspective and you say, “But it’s serving me perfectly well. It’s only numbers—which it is—it’s only numbers.”

I digress for half a minute here, and I will say unto you that the body is going to serve you as long as the soul has determined that you want to be and have said you will be here to serve. So you don’t have to worry that the body is going to all of a sudden exit. You are the one who is in charge of it. Therefore, do not give too much heavy credence to the experts. They are trying to help.

Now, as I have said, when you get a different perspective from above the clouds into the interdimensional space, you are perhaps going to see that they have answered a call to help you have the most ease with the body. They’re not really trying to hurt you. They’re not really trying to paint you into a corner where you say, “Oh, well, the body is going to give up on me, etc.” They are truly coming from a place they have chosen, whatever the profession is, because they want to help. Yes, they have, even if you think they haven’t.

There has been at the soul level the choice to try to serve in a certain professions, different ones. Sometimes they are a bit more easy to play with—because that’s what you are doing; you’re playing—but truly behind all of the façade of their being authorities, there is a desire on their part to help. That is why they have pursued what they have done. They may think that, “Well, I’m of a certain class of people, and my parents thought that I should do such and such and I should be the doctor, lawyer, Indian chief, whatever,” and they have followed that. But they would not follow that if it were not for the heart saying that that is how they wanted to serve.

So pick a topic. Get your pen and paper first. Write at the top of it—I’m going to ask for these back, by the way.... “Oh, my goodness. She’s going to want them back? Oh, no.” Yes, I do. In two weeks’ time, we are going to meet for the Discussion evening, and it is going to be a great discussion, because you are going to report back what you chose as a topic—and don’t be self-conscious if you choose yourself; you are very important to me. And if you are very important to me, please be important to yourself. So if you choose yourself, don’t be afraid to write that at the top of the page.

Write out whatever you think is going on, because that’s where you’re starting. Then allow yourself the deep breath and the time of quietness, and take yourself to the grassy knoll. Take yourself to the top of the grassy knoll. Take yourself to the cloud. Take yourself above the cloud. Take yourself out of the dimension and behold your subject and sit with it for at least five minutes of the clock; maybe longer.

It might take you longer, because you're going to be seeing a different perspective. You're going to see something different. I am teaching you—not really—I am calling forth from you what you already know. I am doing that because you are going to go out and you are going to talk to other ones, because they are going to come to you.

You are going to be—after you have done this, and this is not the only time we're going to do this. Like, "Oh, my goodness, I can't go back to that," but you can, because we're going to vary it a bit. It's not going to be the same old same old. But you're going to come to a place that you can perhaps not even imagine on this evening, where others are going to feel a change in your energy. They are going to come to you, and they are going to say, "What's going on? How come when I say to you that you're not doing something right, you can smile at me? What's going on with her? Has she found a secret that I don't know?" Yes.

Your knowing, your change in energy is going to be felt by other ones, and they are going to come to you after a while; maybe not at first. They may be a little hesitant, but they will come to you and they will say, "What have you found out that I don't know?"

So what I am doing, you are going to be doing as well. You want to be healer, yes? You are going to be healing more than just the body. You are going to deal with the body—and this is for all of you, because you are all healers. That is why you have been attracted to come to this grouping. And those of you within the sound of my voice, this is why you listen, because there is a calling deep within the soul that says, "I want to be a healer. I want to heal that which has seemed to be unholy. I want to help everyone rise up. I want to for myself know my holiness.

But I also want to take each and every one of you with me to that place of divine recognition, divine recognition of who and what you are, and to look deep within the soul of you and to say thank you for choosing to live a life of holiness, to be that example, to be that smiling example, the love that is so evident, so wonderful.

Yes, beautiful hair (Eleena: Thank you) Beautiful smile. Each and every one of you is radiant. Look at that smile. It's a wonderful smile. It's a peaceful smile. It's a smile that is unselfconscious, that is not judging of what I am doing. You are smiling because it feels good, because you are feeling good, because you are knowing that truly you are well. You are the Father's beloved Child, always and forever. Be at peace. Do not worry. I know who takes care of you, and he/she is very powerful. Okay, it is time for a break. So be it.