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JESHUA Q&A

2015-01-03

Now, we continue. Again I compliment you on the love and joy that has been exhibited during your break, and of course the goodies; very delicious goodies that everybody brings. How do you feel about your assignment? Eeeww! (Laughter) You will have fun with. It seems at first that it will be a bit of an effort, but it won't be. It does not have to be long. Choose your topic. You have a lot of topics. And you can find that perhaps this week—you only need to do one this time—but you will see how powerful it is and how it is a technique that you can use in order to get a new perspective on whatever you focus upon, because it will allow you another perspective. So you will play with it. Do not feel that it is a heavy. You don't have to write a lot. Write down your topic. Write your name at the top of the page, yes, just like homework, and then your topic. And then write just a sentence or so as to what you felt, or a couple of sentences if it takes more than one. But you don't have to be into Shakespeare or something like that about it. (Mateen: The passing score?) The passing score, from 1 to 100, has to be 89 ½ (Laughter) We put it up high.

Beloved one, how are you this evening?

Mateen: Fantastic (Fantastic; I believe that) And yes, my foot is completely healed (And it is a miracle) It was healed actually a long time ago.

Jeshua: I know, very soon after, because you accepted your healing. There were many healing miracles that are recorded in your holy Scriptures, but they do not write about the ones where the ones who had a problem and did not accept their healing went away. They only write about the successful ones. But truly, there were ones who came and did not believe that it could be. But you believed from even before I started working on it. You knew that it would be healed, that it was not going to keep you back (Yes)

So you want to be a healer, yes? (Yes) Know you that you are already a healer? (Don't know) Don't know, okay. You may claim it (Rose: I know that. Your friends know that) You are a healer in many ways. You will continue on to become the healer that you want to be, and healing ones who will believe and will heal themselves as fast as you did. And it will not matter whether the affliction seems to be quite big or small. You are going to remind them of their divinity and that they can do it. And because you have already shown this to yourself and to the world, you have the courage of your convictions. Others will accept it as well. You are already doing healing on other levels with people who come to you and want to have a certain boost in their self-esteem or in what they

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are doing, and you say to them, "Yes, you can do it. I know you can do it. I believe in you." And that heals what seemed to be unhealed. Do you have a question for this evening?

Mateen: Yes, a couple questions and maybe a comment. I'm finding since I met you that I am touching people, changing something inside (Yes) Not everybody opens to change, but there are some who are. I can see immediately that something happened, something changed for them. Thank you so much for being in my life. I started to feel you more closely lately. Before Christmas you started to show me the difference...I already knew the difference between soul, spirit, and body, but you are showing me some glimpses. I'm not able to fully live the spirit except for very brief moments. I started to feel I am living from the spirit (Good) and able to observe my body and started to have this as an experience. I am not totally obsessed as a human (Good, moving beyond that) And I'd like to ask you, how can I speed up that process, or how can I refine that process so that I can live from the spirit all the time, because that's the time when I'm able to heal other people (Right)

Jeshua: It is simple, and yet sometimes it seems difficult, but it is practice, my boy, practice. The more you live in that space of believing and knowing, the easier it becomes and the longer you feel that inspiration. It is just, as I said, simple, and yet difficult sometimes in the world, because the world will call to you, "Pay attention to this, pay attention to that. You have to do this. You have to do that." But as you take that deep breath and you allow yourself to come once again to that holy place within, then you feel the spirit. So it will keep happening for you more often.

Mateen: Okay. By the way, I met your and my friend Aaron [channeled by Barbara Brodsky] (Right, my playmate; and your playmate, because you were my playmate as well. We sort of, what they say nowadays, we ran around together, and we did literally) And he told me about some of the stuff that we did (Exactly; we were boys) Yes, and you were the role model for both of us (Well, thank you, but...) I asked Aaron a question. I said, "Aaron, you know, we were all born at the same time. I can understand Jeshua's enlightenment, but why is there so much difference between you and me? Why am I at the bottom and you are all evolved?" (And he said) Well, he didn't see there was a difference (There is not a difference) But basically he encouraged me.

Jeshua: Yes, to accept all the power that you are, and to remember all the joy of being the boy and playing, running around.

Mateen: Yes, I feel this more often now (Good) By the way, I'm going to meet John of God, and I asked you for your advice, and you did. You said it will be a good feeling experience, a good loving experience, so I'm going there. The other comment is we have

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put our house on the market, so when it is sold, we are moving here (Very good, yes. And you have made it beautiful, therefore it will be attractive and it will sell easily)

One last thing. I need favor. I brought my crystal, and I want you to please energize that for me

Jeshua: Oh, I will be happy to. Most wonderful. It has much, much energy. My goodness, yes. [Pause] So be it. Very, very powerful.

Mateen: You are bringing me back. You don't know that. It's so much a liberation. I am free finally (Yes, it is good to be free; so be it)

Jeshua: Beloved beautiful one, how are you in this evening?

Rose: I'm very happy (Yes, you are. You are radiant) Thank you. First of all, I am thankful for all the changes you've brought into my husband's life. I'm seeing tremendous changes in him and of course in myself too. As he said, I just want you to pray for us, especially as we put our house on the market. We want to sell it as early as possible, because we are having a family.

Jeshua: It will be in its own divine timing. Now, I know ones do not like to hear that, because they think, "Well, maybe there's going to be a delay." But there will not be. It will be easy.

Rose: I'm pretty positive that it will be quick. Thank you so much, and I'm blessed. I'm very happy. I have no other questions. I'm pretty satisfied (You are definitely blessed) Thank you.

Jeshua: Do you see? Do you see the aura of this one? Now, question. What color do you see around this beautiful one? Don't all speak at once. A pale orange, yes, and gold definitely, tinged with pink. Very good, beloved one. Orange and gold. Orange for intelligence, yes; you are very wise. Gold for royalty and knowing your way in the world, but not being caught in the world. And pink for love (Rose: Thank you so much) You are welcome.

Beloved lovely one, how are you in this evening?

Eleena: I'm very well. And you? (Excellent, thank you for asking. Do you have something you would speak of?) Yes. I used to channel just like you (Yes, I know) like three or four years ago when I was little. I used to heal trees and I used to channel you and other prophets, including God (Right) And somehow now, like a year later...I don't know, somehow I couldn't channel for some reason, and I don't know what caused that. I

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don't know what happened. I know we're all connected, but I can't channel for some reason. Do you know what caused that or why that is happening?

Jeshua: It is temporary, and it is because you have chosen as a necessity to get to know the world better, to find your place in the world; not to have the world take you over or overcome you, but to be able to be knowledgeable in the world. But the channeling, as you call it, will come back. That openness and awareness of all of life, no matter what form, is going to always be with you, and it will come back into the open where you know it, feel it, express it—later. Meantime, you are going through a process of what they call maturing—I don't know why they call it that. But you are coming into a process of being at ease in the world, understanding the world, and this is necessary as you have chosen human form. But you will not be caught in it, and the channeling, the flow of energy from all life will come back to you. It is not lost.

Eleena: Thank you. I had this question stuck in my head for a really long time, and you answered it. Thank you so much.

Jeshua: Thank yourself, as I do. Thank you.

Beloved beautiful one who now has the shorter hairdo that is in style, how are you this evening?

Pat: I'm wonderful. Thank you for this evening. I have no questions (No, because you have the answers) Thank you (And I you)

Jeshua: Beloved playful master, how are you in this evening?

Charles: I'm quite well this evening. I really don't have questions of the form that I normally have asked, because you've already answered this evening most of the questions that I came with. I've been working this last week on improving my ability to manifest things. I think your comments this evening were right along the lines that I've already been working on, so I appreciate that (Very good. We are in sync, as they call it) We are in sync. I think that would be it for this evening. Thank you.

Jeshua: Beloved one, I am pleased to see you. What would you speak of in this evening?

Ellen: I have a question (I have an answer) For five years I felt drawn to this part of the world so strong I couldn't resist. Through challenges that I thought I left behind, I managed to get myself here, and I still feel that this is where I was meant to be for some purpose, but the challenges have just come back almost two-fold.

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Jeshua: Right; that is okay. You are stronger than you ever have been. You are stronger because you have created challenges for yourself. Now, I know the human ego says, "What? I didn't want these challenges." Of course, not. But the goodness of it, the purpose truly of it is to know the power that you are, to create seeming challenges and then to come up over them as you have done in the past, and you will do again, now, in what you would have then said was the future.

Yes, you are called to this area. It is where you have lived other lifetimes, where you have been in what you call the Lemurian energy, where you knew yourself to be One with all of nature, and you knew that you were creating all of nature. So therefore it was part of you. It was not separate from you as ones now seem to think.

Even when they talk about the climate change, they talk about it as it would be something that is being forced upon them. But it is not, because it is something that everyone on a certain level of understanding is bringing forth in order to make changes, in order to come to that place of awareness.

So you are going to be leading some of this awareness in sharing with other ones. When you get to a certain place, and you will, you are going to be, I will call it teaching, and you will be sharing with other ones that, yes, I have been what I thought was knocked down, and I have brought myself back up, and then it happened again, and I brought myself back up. And then I said, "Okay, I'm all done with that," and then you created it again and you have brought yourself up and over it, as you will do. You are not being controlled by the body (I know that) Yes, you do know that. You are doing very well with asserting your domination over the body, your dominion over the body.

You are doing very well with this, and you are going to be the example, the teacher. What you have here—all of you in this room and many of you within the sound of my voice—you have the healers. You have the healing center that, yes, you want to make manifest in the physical, but you are already the healers, you are already the ones who carry forth the torch of knowing your wholeness. So how would you be in teaching other ones if you did not know what they are experiencing?

That is why I chose human life. I needed to know how it feels to be human in order to relate to brothers and sisters. I could not come as just the Christ, the Light, and say, "Okay, this is what you are," if I did not have experience of knowing the human pathway. So it is what you are doing, giving yourself the certain credibility in the eyes of other ones. You will be teaching (Thank you) You are doing well with it, and I thank you (I thank you for your encouragement) Good; very good.

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Beloved Don Juan (Laughter)(Yes, it surprised me; I'm not really dull) Not really. It just appears that way. How are you this evening?

Don: I'm fairly fine (Yes, you are) On the same note about creating for ourselves something that we have to overcome, it seems that the only way that there's any overcoming is when I am in a total space of peace, no thought, just being. And yet I do not find the area that afflicts me diminishing or going away. It's still there (Yes, that is okay) It's okay? (It is okay) It's okay.

Jeshua: You don't sound convinced.

Don: Well, I'm going to work with it (Yes, that is good) Well, I think it is alright. Sometimes it's not even there, and sometimes it is.

Jeshua: Exactly, yes. If you choose it to be your topic for the homework, you will get a new perspective on it. That is guaranteed (Yes, I've chosen it already) I know.

Don: Okay, the other big question is my dear friend, the firecracker; how is she doing?

Jeshua: She is doing very well; however, it is a bit of a challenge for her, because she is not used to sitting back or standing back or lying down. It is a different space for her, and she has created it so that others can serve her as opposed to her feeling of needing to serve them (Oh, okay) She is coming through this. She is healing. She will be back to what she feels to be normal in some months. It is going to take a while, because there is a corresponding adjustment within her thinking and her perspective that is going to be taking place, and usually on the human level this does not happen immediately; in other words, there is usually a time of healing. And so she will see it as a time of healing.

Don: I have a perspective along that line that I am noting. It feels like what you're saying, and it's going to be interesting to watch (She is not happy about it) No, I don't think so.

Jeshua: And when you get a chance to speak with her, although she will not accept it, so I don't supposed you should waste the breath...I was going to say that you can suggest to her that it is all in its divine order of healing, but she knows that already (I really can't preach) No, she would not accept it, and it doesn't need to be said (What she has to learn is on her own) Yes, and it's not so much that she has to learn it, but she is desirous of knowing a fullness of being.

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Don: Some of the ways of expression have to become lessened, so to speak? (Yes) Okay. I know her better than she knows herself.

Jeshua: This is true. This is often true for most of you, that your friends, the ones who love you, can see you more clearly than you can see yourself, because you have had generational teaching that has clouded your self-image, and you think that you have to be a certain way. It is relatively true of everyone who chooses the human incarnation.

Don: What I'm seeing is that her wisdom will expand immensely through this (Of course) Okay. It shattered me (Well, it did shatter her a bit too) Oh, yes, it did. I'm glad to hear that she will be normal, but it takes a while (As normal as she ever has been) (Laughter) I don't know (I jest with you; she is doing well. She is a very courageous one) Yes, I know that. Thank you very much.

Jeshua: Beloved brother, how are you in this evening?

Mark: I'm happy and well.

Jeshua: You are doing very well; you, with the most wonderful goatee. Now, why do they call it a goatee? Do goats have that? (Yes) Ah. May I reach out and touch it? (Yes) I will be gentle. Ah, thank you.

Mark: I guess Teia is busy looking because it's not perfect (Looks perfect to me) Good. I'm going to go with that (Good. What would you speak of?) I need a review on the assignment. I'm a little vague. Pick a topic (Yes)

Jeshua: A sheet of paper, name at the top, pick a topic—anything that is happening in the world, anything that is happening within the body, anything you have read, anything that you want to focus on—and then go to your grassy knoll, climb to the top of it, go to the cloud, looking down on the grassy knoll, and then go above the clouds into the interdimensional space that is between realities—lower case “r”—between dimensions, way as far up as you can imagine, first thing (Another galaxy) Yes, you can do that far; far away, and then look back at what your topic is.

Send your feeling of love, of wholeness to it. Watch how it opens. It will be as a flower that will open before you, revealing whatever needs to be. If it does not open... “What do I do if it doesn't open?” You breathe, and you watch it some more, and it will open. And then you just write a few notes down after you come back to the grassy knoll and so forth; then you write a few notes about what you have felt, what you have seen, how it has unfolded, whatever (In my best poetic verse)(Laughter) Oh, definitely. Yes, you are going to be graded on your best poetic verse. Not really (Okay, I've got it) By George, I think he's got it! (Thank you)

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Beloved beautiful one, how are you in this evening?

Teresa: I am very happy (Good, you show it; it is good) Thank you (What would you speak of?) I am extremely intrigued about many of the questions that have been asked as we go around—about healing, and then how you've answered them. When you talk about, when you keep saying, and others are like, "Oh, I really don't like this, what he's saying, that it's okay that it is still here," meaning the dis-ease or whatever we want to call this physical part; it's still there. Then might I say that what you're saying is that it's the perspective (Yes) That is the difference, that it makes no difference what is there on the physicality. It's what's there on the feeling (Right) I don't want to say mental mind, but the feeling mind (Yes) if we want to call it a mind. Is it okay to call it a mind? (It is okay; it is very good) But the feeling (Yes, the feeling mind) Or the heart mind (Okay, that is good) Whatever those two could be (Right)

Jeshua: Because, as you have discerned, what is going on in the body is truly neutral. What determines how you feel about it is your own perspective of it. You know very well that there are conditions that might feel painful, such as lifetimes—there were several—where you placed yourself on a bed of nails, because you wanted to know what that felt like on the body; not only on the back, but also as you were lying face-down on this bed of nails. Those nails are neutral. The body is neutral. And at first, it hurt; it was not comfortable. After a while—because you did this for some years in several lifetimes—you felt like you were sitting on the sofa. There was not a problem with it (Did I really do that?) Yes, you did really do that (Oh, I don't remember it) That is good. You stored it way back there somewhere. So as you have discerned, everything within the body is truly neutral, but because of generational teaching and habit, oftentimes one will worry and get caught up in what seems to be happening with the body.

Teresa: I know it's neutral. Now let's get to the belief that it's neutral (Yes) And what you spoke about with change earlier, and how did you speak about that? Because you said change has to happen. You said definitely, change...it isn't just possible; you said it has to happen.

Jeshua: Yes. As you change your perspective of something, as you change how you discern, then it does change; anything that you're looking at, anything that you're experiencing.

Teresa: So once we get to that neutrality, that point of neutrality, then when we really don't care about the physicality, then it has to change (It has to change) So that's the key (That's the key) The problem is, we care too much.

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Jeshua: Yes, as you have discerned, you get caught up in it (That's the true problem, correct?) Yes, that is the problem. And you listen to others outside of you who set themselves up as the experts and say, "Watch out for..." Or you are in a certain class of people who often get this condition or whatever, and then you begin looking for it. Well, whatever you look for, you're going to find (Well, that was a kind of quotation marks...) Yes, I understand. But it is true.

Teresa: But we need to stay in neutrality (As much as you can) I am so grateful to stay in the Oneness here, of the energy of the Oneness, because that energy and that neutrality of energy—it it's a neutrality, whatever we want to call it—is a healing energy (Yes, it is) And I know it's a healing energy. So to get there is a miracle in itself (Yes, it is) And if there were nothing else but that, I would be here (Exactly) Thank you (And thank you. Thank you for the discernment and putting it into words)

Jeshua: Beloved one, beloved wise one, how are you in this evening?

Clara: Well, I'm okay (Yes, you are; more than okay, but proceed) Okay, I have two questions. One of them is, if you can just send your Light with my son (Yes) He's going to the Philippines next week (Okay, so be it) And the other one, Ellen said that she knew that she had to come here to live. I have no idea. Why am I here? I have one little idea, but I don't know. What is the reason?

Jeshua: Truly, there was a calling that you felt. Ages ago, as you measure linear time, you were here and you played here. You were happy here. And there has been a yearning in the soul to come back here and experience the joy of just being here—the surrounding mountains, the trees, the waterfalls, all that is here in abundance. You have created and you have put it here as you would see to be many lifetimes ago. And yet you were there, here, and you were creating, and now you have come back to enjoy it. It is as simple as that (Okay, thank you) And peace to you, beloved one.

Beloved one, how are you in this evening?

ZuVuYah: Much better than when I arrived (Yes, you are) Oh, my goddess. Firstly, I will not be here in two weeks, because I will be taking my sister to Portland, Oregon, to celebrate her birthday. I will send my homework in though. I will do my homework (Very good. That is what I want to hear) Secondly, I do have a question about something that's been coming up for me in the last three or four weeks. I'm really noticing how fearful I am being. And I grew up being very fearful. I was just steeped in fear in my culture and family of origin, etc. Yet I've worked very hard for years to not buy into that. And lately, all of a sudden, these things come up, and I find myself being fearful of the stupidest stuff, like, oh, Sonja has the flu. I haven't worried about the flu for thirty years. And now

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I'm just like, oh, don't breathe on me, and what if I get it and I'll be sick. It's just so bizarre. And I'm wondering, is it because I'm moving toward being complete with fear, so the last vestiges or sort of like the little last schmook from the bottom of the barrel or...

Jeshua: Yes, you are allowing them now to come up so that you can look at them. Before, you didn't allow them. They had to stay down somewhere. Now you're saying, "Okay, I am strong enough to look at this. Oh, my God." OMG (Yes, I've been saying that a lot) Yes, I have heard you. But it is because of your courage. You see, that is the other side of the coin. You look at one side and you say, "Oh, the fear." But the other side of it is the courage to look at it.

ZuVuYah: Oh, I've never seen it that way. Okay, that's very helpful (Good; you can give yourself a gold star for the courage) I love those stars. I've rarely had them in my life. Too busy walking people's worlds. Oh, cool; very helpful. So I'm not going to get disturbed about it. I thought, oh, for God's sake, I'm backsliding now? (I'm retrogressing; oh, no. Are you Mercury? You're doing well) Thank you very much. It's always a huge gift to see you and be in your presence (And yours; thank you)

Jeshua: Beloved Ave, how are you in this evening?

Eva: Very blessed, thank you (It is very good to see your radiance) I feel so incredible in your presence, empowered (Very good) And thank you for starting us on the graduate school level here (Yes, it is time; you have graduated) It feels like we're going on another deeper level (Or higher) When Teresa spoke about being neutral, for me that seems like it's also the same thing as being in love, in the energy of love (Yes) But no matter what, we look at it in love.

Jeshua: Right, and that does neutralize anything that has come up that might be fearful, might be judged not to be right. But yes, to be in that place of love with it (To just step to the side of whatever the situation or the fear or the challenge or whatever, and just off into the flow of love) Yes, that is good. Well put. You are definitely the writer again in this lifetime; good with words; ideas into words, yes.

Eva: Thank you for being there with me on Sunday (My pleasure. It was fun, wasn't it, working together) Yes, it was (It was warm, wasn't it?) Oh, yes. All of a sudden it was just like whoosh, a lot of heat (Exactly, opening to the flow) That sometimes happens to me in the middle of the night. Is that part of the reason too?

Jeshua: As you have now progressed in the years, yes. You are not putting it as a certain bodily chemical change. But yes, it is being open to the flow of the energy of you.

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Eva: So is that when I opened up to the changes in the vibration of the body? (Right) And healing (Right) Good. Then that makes me not get anxious about it.

Jeshua: No, no, no, no. You are not creating it in order to be anxious about something. It is truly what you call putting the finger into the light socket, getting charged (That's what it feels like sometimes) You are going to be feeling—all of you—you are going to be feeling that more and more, that you are getting the charge, the amplification of energy, because you have asked that you want to move into a place of feeling, knowing, really evidencing the divine energy that you are; not just the human energy, but the energy of spirit. And when that comes upon you, there is going to be a feeling of warmth. There's going to be a feeling of the electrical charge—that's the best way of describing it, I suppose—yes, and you are going to feel that.

Eva: It's hard to get back to sleep after that.

Jeshua: Right, but that is truly the only time that you are open, because usually during the day your mind—this is true for all of you—your mind is on outer things, things that have to be done, deadlines, whatever, that have to be adhered to. But at night when you are putting the body to rest, yes, that is when spirit can allow the charge to happen. And getting back to sleep is not quite as important as the world has made it out to be. There is a certain belief that is collectively held that you need to have certain number of hours of sleep in the night. But in truth, you do not need more than an hour (That would be something) The counterbalance to that is that they spend much time in meditation so that the body does get its time of rest. It is not that you are wearing out the body all of the time, and then only an hour to recoup.

Eva: Only one request is if you would give me an update on the year-end review for my workplace or the next year, coming year, anything I should know or be aware of?

Jeshua: You are already aware of feeling and energy that is changing. You are already making plans. You are already into what you would call the future, knowing that there are going to be changes, and you have already set a certain timetable for things. You may not be exactly in a place of conscious acceptance, or saying, "Okay, this is when it is going to happen," but you have a feeling about when it is going to happen, and you are making your plans, your preparations for it. Proceed in peace. It is all in divine timing that you have put into motion a long, long time ago when you first started that work. So truly, be at peace with it. You are going to have fun with it. And when it actually does happen, you're going to look at it and say, "I knew it. I knew it," and you do. It will be easy. It will flow. Yes, there's going to be a few rocks in the road, and you will be

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tempted to pick up those rocks and throw them at certain ones that you know, but you will not. You will move on, and you will be happy.

Eva: I want to just bless the situation and see it in the most love that I possible can so that I can leave in grace (Exactly; that is a very wonderful healing of looking at it; healing for yourself and healing for others. Thank you) Thank you. Is there anything you would share with us for the meeting that we will be having tomorrow?

Jeshua: No, I think you have it in hand very well. .You will just have fun with it. It is going to be more of just bringing things up to date (Thank you)

Well, beloved one [Teia], you have much energy this evening, yes? It is hard to sit still? Yes. Well, would you like to be up here in the middle...you want to lie on the floor? Alright, the floor is yours. Here you come. Come, lie on the floor. Very good. That is great. You look very good there. Do you need a pillow for your knees (No; like a little kid; it's comfortable) It is comfortable, and for you who stand on your feet...(And I get everybody's energy too) Yes, you are getting it. It is coming towards you. You are feeling that energy, yes.

Teia: Well, I feel loved. That's what I feel (Yes, you are love, and you are love itself; good place to be. Well, next time we have this type of gathering, you will take your place, and I will do my best to walk around you and not to step on you)

I've been wanting to lay here, not the whole time, but pretty close (I saw you wiggling about there, moving the energy, and it is good, because you are on your feet most of the day and you are leaning forward most of the day doing work that is in front of you, and the body wants to be moving. It wants to be fluid, even if it is fluid on the floor, like a puddle) It supports the back (It does, and that is important)

Jeshua: This, beloved ones, is healing. This is one who has asked for and received what she wanted. She did not hold back, because she would have been and was not in judgment of, "What are they going to think of me if I go and lie on the floor?" She came right out and asked for what she wanted, and she is allowing the body to regenerate. This is what all of you are doing as you walk through life. You are putting it out there: "This is who I am. This is what I have to offer. This is what I want from life." And as you will be clear about what you want, it will be given to you. It cannot be held back from you, because there is no separation. You are creating moment by moment according to your belief. And what you are creating, beloved ones, is beautiful.

Now, beloved holy scribe, do you have a question or a comment?

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Ted: Yes, after what you said earlier: "The body will serve as long as it is needed" (Yes) I've heard you say that before, and I think I may believe it too strongly, because I don't pay any attention to the body unless it really screams. When I discovered the spots on my back that I thought might be melanoma, you suggested I do treat it, so I treated ten spots with black salve, and eventually they went away, all except one, and that's been several months ago that I haven't paid attention. Now it looks worse than ever, but it doesn't itch or anything like it used to. So if you can tell me, all I would like to know is if it is melanoma, has it gone into the body where the black salve won't affect it, and I'll have to go to a different treatment.

Jeshua: Beloved one, it depends on your belief. Now, there is a bit of collective belief and fear attendant upon it just because you have heard that any black spots on the body could be deleterious, injurious to your health. You have a bit of that collective belief because you have heard it. It is not a very ingrained belief (People bug me about it) People bug you about it?

Ted: Yes. Better do something. You don't have much time left.

Jeshua: You have all the time you need (Okay) and more; I'd better add that.

Ted: The other thing is high blood pressure (Right) It's always been higher than it should be, but the last time I went to the clinic when they had to sew up my finger, they tested it and it was over 200. So I went out and bought a blood pressure monitor. That was three years ago, and it's still in the box (Laughter) (Right; very good; of course) I figure why look if you're not ready to treat it (He's been thinking) Now, I do have some stuff to work on it, but I don't feel like it.

Jeshua: And you don't have to. Truly, you will speak with the one who is here by the name of Charles who knows of certain medicinal herbs that will help the high blood pressure. It is not a pharmaceutical. It is...you call it a leaf? (Charles: It's an Indian herb) An Indian herb, okay. So yes, you will take that, and there is generalized collective belief that it works, and it will work. Now, as to the spot on your back, you will not be satisfied until you have some outward treatment of it; in other words, it is going to keep coming up in your consciousness asking, "Well, maybe I should find out. Maybe I should do something about it, because others are going to be...I don't know. Are you going around with your shirt up?"

Ted: No, and I don't see it back there, so I don't pay any attention.

Jeshua: Exactly, so why are others bugging you about it, unless you're going around...(Well, they are afraid) Exactly, that is my bottom line question. Are you going

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around with your shirt lifted up (Laughter) I'm sorry; it just seems to be a comical visualization here.

Ted: Here's another visualization I get from my Army buddy. If I don't treat this high blood pressure, I'm going to have a stroke and spend the rest of my life drooling in a care center (Laughter)

Jeshua: I think you will get with your friend Charles and you will tell this other friend, who may not be such a friend, that you are treating it.

Ted: Okay, the other thing is, yes, I believe this herb will work, but is that like a temporary thing? Like if arteries are clogged, then I need something to unclog the arteries, and will the herb do that, or is it just a temporary fix like their drugs? (You will research it) Too much trouble. I believe you, that the body will serve as long as it needs to.

Jeshua: And it will, it will. The so-called high blood pressure...you will take the herb, and it will cure it. It will take care of it; no problem. The spot on your back...you will go see a professional who deals in such things, and you won't believe what they have to say, and it will cure itself.

Ted: That's why I'm not going to them.

Jeshua: Exactly. But to satisfy the ones who are "bugging you" (I don't care about them) Oh, well, then why ask the question? You've already found your answer.

Ted: Now, will the herb actually cure it, or will I have to keep taking that forever? (Forever) Really? (Forever; into the next lifetime) (Laughter) (Now, if you believe that, I'll tell you another one, another story) (Laughter) I should have stopped in the beginning when I believed you (Laughter)

Jeshua: Yes, believe the bottom line, that the body is going to serve you as long as it needs to, as long as you ask of it to serve you. And as long as you are good to it and lie on the floor and rest it from time to time (Okay)

Yes, beloved one, you have a follow-up question?

Clara: It's the same problem (Oh, yes) with the high blood pressure. I was telling Ted that I had the perfect one, so to speak, 120/80, and I had a very bad car accident. I had an operation on my neck because of a bunch of vertebrae, you know. And when I had the accident, my blood pressure went up and never came down. So I was kind of aggravated, very aggravated, because I never take any pills. I don't like to take pills. So I wound up taking five pills a day. What happened was, after a while I tried this, I tried it

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with nothing which could work. So finally somebody told me, "Why don't you just stop taking it and see?" Well, it wasn't a good idea, because it went up like 220 or 230, and I guess I freaked out. That's the truth. So here I am. So what can I do?

Jeshua: You can speak to your friend Charles (Laughter) You see, you [Charles] are going to have a certain collection of people at your feet asking for information.

Clara: I guess maybe my belief is that the accident caused some kind of...my vein got squashed. I talked to one chiropractor, and she said it's a very big possibility (Yes, it is) So that can be changed.

Jeshua: Right, but you can change your belief about it in that the blood pressure is just a number. And if you are in the place we talked about of neutrality about the body, the blood pressure is just a number. And what may be normal for you now that you have had a certain traumatic experience may register on the expert's scale as being too high, but for you, it's okay. Same for you.

Clara: So I don't have to get a stroke either, right?

Jeshua: No. And you have to know at a very deep level within yourself that you are perfect, that you are whole, that you are working with the energy of divinity all the time and that the body will serve you as long as you have asked it to (Thank you) In truth, all of you, you do not have an expiration date. You can extend it.

Clara: So Ted, we're going to work together. Yeah!

Teresa: I just want to tell you I forgot to say that I am very grateful for my fifty-mile ride home with a broken strut, a broken spring, and a broken axle for my ride here last time, and the car ran perfectly.

Jeshua: Again, it comes back to belief. You knew that you were okay. You knew that the car was going to serve you. You know that the body is going to serve you as long as you ask it to. So you were okay. Later on, the "experts" said to you, "Your car is falling apart." And you said, "Well, it works."

Teresa: And I said, "How can it be? It drives perfectly, except for a little squeak. (Exactly. That was all that you experienced, was a little squeak)

Jeshua: Well, beloved ones, I have experienced a most wonderful evening with you. Thank you for being willing to come here and to spend your precious time with me, because I know how you value your time and your energy to get here and then to get back to your dwelling places. I enjoy being in your presence, because truly we are One.

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We are the divine holy Spirit going forth in a human experience. Thank you. Blessed be. So be it.

Judi: I agree.He said, "It doesn't get any better than this."