

## The Coming Changes

### September 2008

Beloved one, let us speak about the changes which are well under way and the changes which will be coming in your next six months, twelve months. These changes are going to be big ones. They are going to be upheavals, as you view them from Third Dimension. In your autumn, there will be more and more storms of Mother Nature cleansing, and they will be of great magnitude, some of them. You are going to be seeing more of the volcanic eruptions, an opening of energy. You are sitting upon a powder keg of energy known as planet Earth.

I do not speak of doom and gloom. I speak of change and I speak of newness and I speak of divine strength of knowing who and What you are. The message that I give to you is to allow you to know that as you have wanted change in order to know Heaven upon Earth, you are seeing changes happening. Most often, at first the changes appear not to be Heaven-related, but I say unto you that everything serves the Atonement, the At-one-ment, and the realization of the divine Self.

Your economy is changing, most saying that it is changing for the worse. There are changes afoot, and it is freeing. When one is released from old employment, there is a feeling of the possibility of failure, of responsibility that was not met. However, many of you have been wanting to be creative, and you have felt that the employment was stifling and keeping you in a certain place which did not allow you time to do what you wanted to do. You were so busy keeping up with the hours that the employment said you had to put in, and the travel time, that you could not really have a day to yourself.

Now if you are changing your employment, you have the freedom to be creative, to breathe, to write a poem, to sing, to walk in the grass, to even take a nap in the afternoon. Now you are totally free to structure the hours of the day and night as you want to, and to be open to the creative Voice within.

The economy is going to be leveling out. That means that some ones who have been quite attached to their golden coins are going to be in a place of great sadness. Some of the ones who have not had the benefit of golden coins are going to receive some. There is going to be a leveling out because you are the ones who are seeing the need for it, and envisioning equality and respect for all. However, it is not going to come without some voicing and without some pressure, the same as we spoke of the volcanoes which are going to be allowing some pressure to be released. The

grass roots consciousness is going to be releasing some pressure as well, and it is not always going to look pretty. But underneath, it is going to be good.

So if you know ones who are very much attached to their golden coins and they are very much attached to making choices as to what will keep their golden coins safe, speak to them of the greater good. Speak to them to take a deep breath and to ask of themselves, "When I leave this body, when I leave this plane, what do I want my legacy to be? Do I want it to be measured in golden coins, or do I want it to be measured in the good that my golden coins have done?"

Speak to them directly with those words. Pull them up short so that they at least have the opportunity to consider. Now, they may choose out of habit or out of fear to feel that they have to keep all of their golden coins in what are called the safe investments. Ask them the question that I just asked. "What do you want your legacy to be when you leave this plane? Do you want it to be that you left fifty million dollars, or do you want it to be that you have helped ones in countries where they needed some aid and some help, or even right around your own neighborhood?" Ask of them.

They are not going to ask of you your body: off with the head as it was in some other lifetimes when, if you spoke against the usual authorities, it was immediately off with the head or into the dungeon. That is not going to happen in this lifetime. They might not like you a bit. They may think you are a bit of an upstart, perhaps, but that does not hurt. So what?

Speak your mind. Speak your heart. Speak to the greater good. Allow everyone to know that the changes are happening. They are going to happen anyway, sooner or later, hopefully sooner and with a little more ease as more and more of the grass roots pressure comes forward to the front and speaks for equality and speaks for honor and respect and raises up the ones who seem to be in the lowliest positions.

Your economy is the most wonderful motivator. It is going to be undergoing great change, because everything is connected and there is a domino effect. You have already begun to see this. As the economy feels that it is getting squeezed, the prices for your foodstuffs, for your dwelling places, for the energy which runs your vehicles, all of that rises as there seems to be a juggernaut around it.

It is forcing ones to come to a place of choosing priorities; a place where you also can ask, "What is important in life? Right now, what is my legacy? What am I leaving right now? If I were to exit this plane right now, what would my legacy be? How would ones remember me? Would they remember me because I had a lot of the golden coins in the bank and I put maybe a dollar into the donation box? Or would

they remember my smile? Would they remember that I gave them a hug at a time when they needed a hug? Would they remember that perhaps there was an evening when they needed an ear and needed someone to talk to, and I was there for them? What is my legacy? What is my intent?"

In the next six to twelve months you are going to be seeing changes that truly you have called for, that you have asked for, that you have wanted. Separated ego is going to look at these changes. And the first habitual reaction can be one of fear, judgment, loss, abandonment, or it can be one of, "Oh, thank goodness, it's about time. It is about time. I have wanted a change."

Allow yourself to speak. Two thousand years ago when I walked the face of our holy Mother, the Earth, I spoke from my heart. I spoke what I knew to be true, and not everyone wanted to hear it. In fact, many did not want to hear it. They felt that what I was saying was dangerous, and that I would bring a sword into families and separate brother from brother and sister from sister according to belief, as to ones who would believe what I had to tell them and others who did not want to hear it.

I did bring division between friends sometimes and families many times. But I knew, as you know, that if one is going to move up in consciousness, one has to effect change. If one is going to evolve, if the One of us, as the creative energy in form as It is in this reality, is going to evolve to a place of the awakening, the Atonement, that One then is going to have to change something, because you surely are not there now.

This is what I spoke two thousand years ago to the ones who would hear me. I spoke of change. I spoke of love. But I did not speak of being a doormat. I did not speak that if anyone did not like what I was saying, then I would stop speaking, or if they turned away from me, I would have my feelings hurt. There were many who did not like what I had to say, and there were many who did turn away from me.

But I went on. I shook the dust off of my sandals and I walked to the next place where there would be friends, and I spoke to them of the power of the Isness. I called it the Father's love, but it is the power of the energy of Isness, creative Isness. I said to them, "The Father loves you so much that you can change everything and anything in your life, because you are that love. You are that energy."

Now, I do not want you to go out and say, "I heard this channeled being say...such and such." I want you to say, "I know...." Do not quote a channeled being. Quote yourself. Speak from your heart what you know. Go deep within yourself and say what you know. It is the same as if you walked around with a book under your

arm, and every time someone said something to you, you said, "Oh, wait a second while I find it here on page 332...." They are going to say, "Well, that's great, but what do you say?" Okay, I ask of you, what do you say? Do not quote me as a channeled being. Who cares? What do you say? That is what counts.

Now, the changes are going to be, as it is seen now - I do not predict; I have spoken to you many, many times that I do not predict, because you are all great masters; otherwise you would not be here creating the lives that you are creating. You are all very good at improv; everything is open to improv.

But as it is seen now, there are going to be some great changes happening in the next six to twelve months. Allow yourself to sit with them and to ask, "Where am I needed? What is my place in this?" And quite often you will hear the Voice within yourself; it will direct you. Sometimes it will be just to continue being the most loving person that you are. Other times there will be a direct guidance to travel somewhere and to meet with other friends and to speak with them from your heart. Always the voice will be of love. That is your touchstone.

Whenever you receive a message from "spirit", allow yourself to sit with that message for a moment or so; take it deep within yourself and say, "Does this message come from love or does it come from fear?" If it comes from a place of, "I'd better take care of myself, my money, my relationship, my work, etc.," then know that it is coming from a place of fear.

But if it comes from a place of peace within you, if it allows you to see everything in love, then know that it is truly coming from the Higher Self of you, otherwise known as what you call "spirit". It is coming from the Higher Self of you.

Now, I ask of you one last thing, one most wonderful thing that is going to change your whole life. It is a small bit of homework. It is a very small bit, but it is powerful, and I ask of you to please remember to do this. In every morning when you get up, along with the coffee, tea, water, doughnut that you have for breakfast, take an optimism pill. If you need something tangible, take something that is of an herbal substance, a vitamin if you want, whatever you feel good with. Or if you do not need something tangible, every morning when you have that first bit of wakeup, pop in that pill of optimism.

Make sure it goes down, all the way down. If it does not go down the first time, swallow it again, because there are some days when you feel like it gets stuck right in the throat. "I can't be optimistic today. I know I have to meet with so and so, and it's going to be a really hard day." Swallow again the optimism pill. It is important. It is going to change your life.

Hear me well. Optimism, a pill that you take every morning, and make sure it goes all the way down to the heart. You will find that as you do this every morning - and if you forget first thing, take it at lunchtime; it works better if you take it first thing in the morning, but if you forget, take it at lunchtime - you will find that life begins to look different.

If you wake up on a day and you are feeling not that great about yourself, take two optimism pills. You cannot overdose. Even three. If you need another one at lunchtime, take another one at lunchtime, and again make sure it goes all the way down.

There are going to be many changes in the next six to twelve months, some of them seeming to be, at first, possibly devastating. Breathe. Remember you took your optimism pill, and take stock of where you are and what you have in your life, and I am not speaking just exclusively about the material things. Add them in, too. It will allow you to see how creative in manifesting you are. Take stock of the material, and then go beyond that. Look at what brings you happiness. Write that down on your list, your mental list or you can make it a physical list. Take stock. When someone comes to you and they say, "Look at how bad the world is; look at how bad the economy is; everything is going to wrack and ruin" - and it is going to look a bit like that at times - you can whip out your mental list or your physical list and you can say, "I know that I am rich, because I have..." and you list all of the things that you have in your consciousness, all the things that come to you, all the ways you are being taken care of. You are very, very rich.

And you will say to the other person, "You know, you're really rich too. I know that you have friends. I'm one of them."

You make a difference in their life, because you know Who you are. And if you are that, they are that also. They may not be awake to it yet. But you, because you will speak from your heart that which you know - not quoting any channeled source; just channel yourself - you will speak to them the truth of their being, because you know Who they are.

There is only one creative Source going forth from before time began to experience and to express the creative Isness. The changes will happen and temporarily disrupt the seeming harmony of the usual. But You are forever. Forever loved and divinely optimistic.

So be it.