

Enjoy The Journey

February 2007

Beloved one, you have made many journeys in your lifetime - as did I in mine - but the most important journey is the one that you make inward. The journey that I made with the masters in Tibet was a journey inward. And that is truly what you are doing now. You are making the journey inward to know Who you are, how beautiful you are, how divine you are, and how much potential you have to manifest that which your heart truly desires. As we have spoken some time ago, you are going to see many changes in the next couple of years of your time. And you are going to see these changes because you have called them forth. You have decreed, "It is time already, way past time, that we have some changes so that we can live in harmony and respect one another."

Inner Visioning: What You Would Desire To See

How do these changes come about? First of all, they come about by your inner visioning, by what you would desire to see. And then you live from that place in every discourse you have with another person, a friend, a co-worker, a mate, etc. You become that which you have envisioned. You live from the place of the vision of knowing harmony with another one, knowing the divinity of the other one, knowing the potential - even if they can't see it - of their divinity. And within the next couple of years you are going to see the out-picturing of the visioning you have been doing for change, wanting respect for everyone, wanting to understand and allow everyone to have their path.

Information and Perspective

In all of the physical journeys I made, I collected information about different cultures and perspectives. I did not judge. **I did not judge.** I collected information and perspective so that I could understand the whole picture, the holy vision of my brothers. And it was only from that place could I then teach. I shared that which I knew to be true with ones who wanted to hear it. And there were ones who were hungry and thirsting to know more than what the world was showing them, more than what your world now is showing you. And so they listened and they took it to heart. There were others who heard and said, "That man is a fool. What he is speaking of can not come to pass; it cannot be true. Look at what the Romans are doing. Look at the way the world is going." And so they walked off and continued the perspective that they had always held.

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Some of them are still holding that perspective. But in time - the most wonderful gift you have given yourself in this reality, time - in time, they will come to the place of understanding that there is much more than old perspective, and they will be questioning, "Can there not be a better way to live the human life?" Because human life can be most beautiful.

When you are in love with another one, with friends, you are uplifted to a space that the world does not understand. But when you live with the focus upon the body, it can be a very painful place. You step on a piece of cactus, and what happens? You feel it. You get your finger caught in the door; you feel it. When you live with your focus upon emotions, it can be a very painful place, because not all emotions are happy ones. Some can be anger; some can be feelings of loss; some can be ones of sadness.

Place of Inner Journey

But when you live from the place of the inner journey, that place that says, "I know everything is in its divine order and exquisite timing, I know that everything leads to the Atonement - which it does. So, in time every single aspect of the divine whole that is manifesting the human life will come to the place of the realization of At-one-ment. But you don't have to wait. That is the good news; you don't have to wait for everyone else. You can live from your place of the inner journey of knowing peace and harmony, and you can shake the dust off your sandals and walk on from others who are not yet wanting to know.

The journey that you are making now is most wonderful. It is called human life. This life, as you have manifested a body, a career, a dwelling place, a mate, co-workers, experiences of workshops and places of gathering, this experience of life is most wonderful, because you have created it. You are creating it moment by moment.

Enjoy the journey. This lifetime you will never live again. Other lifetimes, yes, you may choose to live again. Other lifetimes you can choose to have the perspective that you have lived other lifetimes. In truth, you live in the Now moment always, and it does not really matter whether reincarnation is a truth or not. I believe that it is a truth - lower case "t" - that helps explain certain tendencies that happen in this lifetime. I believe that it gives clues. But you don't have to believe in reincarnation, and you don't have to choose to ever embody the spirit again.

You Will Never Live This Lifetime Again

This lifetime you will never live again, so make the most of it. Enjoy the journey of this lifetime. Allow yourself to come completely truly alive in this lifetime, to be

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able to speak to other ones from the heart, not fearing that you are going to lose the head or have some other tragedy befall you.

So if you are not going to live this lifetime again - and I assure you, you are not; another lifetime, yes, you might do, because you choose to do it - make the most of this lifetime. Enjoy it. It is your gift to yourself. Read the books. Question. Ask the friends, the co-workers. Discuss. Ask, "What do you truly believe...?" about whatever you are pondering at that moment. It does not mean you have to buy their package. But you can find out what they are thinking, and you can add it to your toolkit of information that you carry around with you. And there may come a time when you say, "Oh, yes, I remember; so and so spoke about that at one point." And then you look through the toolkit and you say, "Aha, there's that piece of information. Hmm. Now it fits, like the jigsaw puzzle piece."

Enjoy the journey. It is your gift to yourself. Be spontaneous, as you are learning to do. So hop on the big bird and go. Do not worry - hear me well - do not worry about the how's: "How am I going to do such and such for the golden coins?" Do not worry about that. Be a free spirit.

No one owns you, except you. You are free; free from the moment that the one Mind had an idea to create; to create all realities, all dramas, all plays; to play. Hear that well: to play. Not to suffer, but to play. The journey of a lifetime; you are in the midst of it.

Some of you feel that you have so many years behind you that perhaps you are getting ready for another journey in another lifetime. That is OK too. Some of you have a most wonderful challenge that you are going through and then you do a bit of improv with it - because all of a sudden you have a new idea - and you decide to relocate, and you do, because you are free.

This Is Your Life

This is your life, your journey; make the most of it. Enjoy life. Enjoy the journey. Because I will say unto you, the most wonderful gift is not in the destination, but in the journey itself. You have already found that to be true. Some of you have gone on journeys where you had a certain destination in mind that you were going to travel to, and you knew when you got there you were going to be seeing all of the sights, the most wonderful sights that you had read about. And you got to the most famous city or landscape, and you looked upon all of it, and then you said, "But so what? I can find that at home."

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Of course, you find that at home, because you take home with you everywhere you go. And it is from home that you manifest all of the places that you say could be destinations that you haven't seen before, but in truth, you have, on the inner.

Every manifestation is a gift you give unto yourself in this journey called life. As I have said, you may choose to have another lifetime, but you will never have this one again. So that which you have been hoping for, planning for, and saying, "In the future, in the days to come, I'll do..." get on with it, and do that which you have been nudged to do.

All Yourself Time

Allow yourself now to do that which you want to do. No one, except yourself, can deny you. And you can only deny yourself for a certain period of time; perhaps lifetimes, but only a certain period of time. And then there is an overcoming sense of having to choose to do that which you've been dreaming about, so why not? As your bumper stickers says, "Just Do It." Just Do It.

Enjoy the journey. I say this unto you because it is important for you to expand. It is important for you to move into that which you know to be possible. Many lifetimes you have lived in very compact thinking; even the bodies were more compact. You have been doing an evolution of allowing the body to become more expansive. Now, I do not speak of the abdominal area, but yes, that is one of the areas that does expand. But you have noticed, perhaps, that your younger ones are oftentimes taller, broader than the parents. And you have asked, "Does it come from the water? Perhaps it comes from the vitamins that I've been giving the children. How come they are growing so tall?"

It is because evolutionary-wise you have agreed to expand the light that you are and to grow into the potential of the light that blends with everyone else's light, to the place where you know harmony and you know Oneness. Allow the bodies to do what they are going to do; in other words, if they are going to expand in the abdominal region, all right. Those of you of the female gender who want more of the upper part, that can happen, too, or less; whatever. Form can change.

But what matters is the inner journey of allowing yourself to expand into that which you have thought to be only possible in the future. You have said that "When I reach a certain age, when I have so many years in my employment, then I will retire. When I have enough golden coins...". How about now? Just do it, now.

Three Beautiful Things

I will set you a piece of homework. Every evening before you lay the head upon the pillow, take your piece of notebook paper, a small notebook, it does not need to

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be big, and write down three beautiful things that you have seen or experienced in that day; three things: 1, 2, 3. Easy to do.

You can list the most wonderful rain, the raindrops, the nourishing of the rain onto the dry soil; the sunshine, the angel of sun that warms you; the smile of a friend; the sound of the grass growing; the most beautiful flowers in the garden; the color of the tree leaves; the change of seasons; whatever. Three things.

You will see more and more enjoyment in your journey. Many of you have been through challenges and you have felt that the journey was a struggle. And because you looked at it as a struggle, it has agreed, "OK, we'll struggle. I'll struggle with this thing until...I don't know until when." Well, I give you permission, now, as of right now, whatever time it is, to let go of the struggle. You have permission. I give you divine permission (Laughter) Need you anything more, higher than that? You are free.

Take the freedom; enjoy the journey. Do it. In My name. Now, in My name - I will put a footnote here, because we have almost closed, and it would be a most wonderful closing statement, but we will put a footnote to it - "In My name" means "in the Christ nature," in the nature of the divine Christ that knows its freedom. Enjoy the journey in my name - which is also your name.

So be it.