

# The Love of the Heart

## February 2006

Beloved one, I am come to allow you to know how very much you are loved. That is my message. That is my reason for being. That is my reason to be with you: to allow you once again to know at least a small bit of how very beautiful you are and how greatly loved you are. Greatly, greatly loved. Each and every one of you.

You need not carry any longer the baggage of the world. You need not search any longer. That which you would have is already yours. If you would know the nurturing of the divine Father/Mother, it is yours already. Gifted unto you freely. All you have to do is to have the small grain of the mustard seed - that much of a willingness to believe and accept, and it will grow.

### Be of Good Cheer

Be of good cheer. Already you have the small grain of the mustard seed in your desire to know once again the love of the Father. It is within your heart, and every time you will look upon another one and you love that one, you are twice blessed for you give forth the Father's love to that one and you know it for yourself in the giving.

If you would know the Father's love for you, give love to others. Nurture the love within yourself. Nurture the love in your relationship. Nurture the love as you see a brother, a sister, however brief the encounter may be; perhaps it is just in passing. Nurture the remembrance of the love. Say to that one how beautiful they are and how greatly loved they are and how pleased the Father is. For you are the one in whom He is well pleased. Know you that. Each and every one of you.

I am come to remind you of that which you already know: the love of the heart. The love that your world, and your brothers and sisters are calling out to know - the little ones and the ones that are a bit taller, who are still the small child within. Each and every one of the brothers and sisters, what do they want most? They want to be loved. They want to be acknowledged. They want to have you look them right in the eye and to see their worth. Even when perhaps they do not know their own worth, they are asking, they are asking you to "Please love me and see my worth and mirror it back to me."

In this past year of your timing all of you have been on the roller coaster of life. You have had issues, challenges, great hopes, dreams and some sorrows and

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disappointments, changes. All of you have experienced changes in this past year of your timing. And you have wondered, "What is it all about?" You have asked, you have said, "But Jeshua, Jesus, I know that I've already come through certain challenges like this. I thought I had it all mastered. Why has it come around again? I thought I knew this one. I have passed the test." And indeed, yes, you passed the test - when it came first and when it came around for review.

You have passed the test very well. All of you have had what you would call major challenges. I will call them great gifts and blessings, motivational occurrences. For indeed you stand now much closer to the awakening, your own awakening, than you did a year ago. For you have come through disappointments. You have come through challenges, constrictions of time, of golden coins, of love given and perhaps not received. You have come through many challenges and there has been anguish and there has been confusion and there has been questioning. And after all of the turmoil of the world you have remembered the great secret which is not hidden from you, the great secret of the deep breath. Simplicity itself, the deep breath.

And after you have finished with all of the calling out, all of the intense description of what was going on, you have paused for a moment or so, long enough to breathe. And you have mellowed, mellowed to the place where you have said, "Father, speak to me. I will hear."

And your Father who loves you, who is Love from before time began can never hold back from you that which you ask for. You cannot keep from yourself that which you ask for even though the small ego will say to you that you have made many mistakes and that surely the journey is long. You cannot keep from yourself that which you truly desire: the remembrance of Who you are, the awakening.

That which you would ask for is yours already. And in this time I will remind you how greatly loved you are. Know you the feeling for the small ones? What a delight they are? When you look upon them and you feel great joy, that is but a reminder of how the Father knows you. Great expansiveness. The heart opens and you look upon the miracle of life, and new life coming to be, and it is a miracle.

Your scientists can tell you how certain events come together but can they explain to you the moment of life? Only you can explain the moment of life, the divinity of you. The heart of you knows the moment of life - which indeed is every moment.

**Claim That Which You Desire**

Claim that which you desire. Be bold enough to claim it. You have had moments of enlightenment, you have had moments of bliss. Small perhaps, fleeting. You wanted

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to hold them. You wanted to put them in a box perhaps and put it upon the shelf always to worship. But indeed, once you have known - and all of you have known a moment of bliss, a moment of enlightenment, a moment of prayer answered - once you have known that great, great feeling, always it is there for you to return unto: the remembrance of the feeling that has transported you for a moment or so beyond the world and its concerns. And once you have felt it, it is yours and you can always recapture it.

Now the small ego will say, "No, that is not possible. Look at everything that is wrong in my life. Every time I try to do something, it goes wrong."

Find something in each day to laugh about. If you can laugh at self you will find something in everyday to laugh about, and I do not say that as a put down. I say that as a great truth because if you will take yourself lightly, you will find much to laugh about. You will be able to stand back to look at what is happening in your life and to say, "Yes, it matters, but I will stand back a bit from it and I will view it as a great drama that is happening and I will admire how I play the part." And you play - each and every one of you - you play your role very well. You may give yourself the gold star.

Claim the love which is yours. Claim it for yourself and then give it freely. For as you give it to others, it grows and you find yourself living in that space of love all of the time. You know that very well, beloved one. You have opened your heart. You have opened the doors. You give it to others and you watch them come alive in the love that you are willing to share with them.

Allow yourself to be the holy Child once again. To feel the freedom of the holy Child. To know that truly you are honored, you are blessed even to be in this experience that you call human life. For it is not a great punishment. It is not something which must be endured, but it is truly to be enjoyed. To know that always the path you tread is divinely inspired by you, even though the ego may speak that you do not know where you are going.

You may not know the answers to all of the questions. Even though the ego may bring to you all kinds of challenges, there is great joy of being. That is why you are here: to express the Father's love, the Father's joy, to bring your light and to anchor it upon this plane. Give unto others the encouragement; give unto others your truth, your light, your support, your encouragement. Go lightly in the world and smile. Know that you are blessed. Truly you are guided and truly, always, you are the joy of the Father.

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Know you how loved you are? Sometimes. Sometimes you touch that place of knowing, of truly knowing that you are loved. Not only by your brothers and sisters, not only by Me, but knowing truly that you are loved by the Father. Once in a while you touch that space and it feels so peaceful, does it not?

For in that space of knowing that you are loved, there is no need to prove yourself worthy, to prove yourself to be the wise one, to prove yourself to be anything beyond that which you already are. For in that space you know that you are loved of the Father for Who you are right now. No embellishment needed. No further training needed. No further degrees. But loved of the Father for Who you are as His perfect Child in whom He is well pleased.

I am come to remind you of how greatly you are loved. That is my mission and it is yours as well: to remember and to remind others how greatly they are loved.

So be it.