

Rx for Changing Times

2003

Beloved one, the time in which you live now is a time of great change. With the turning of your millennium, there was an anticipation of change, and it was met by the most wonderful prophecies coming from the place of duality. There were the prophecies of doom and gloom; everything was going to come crashing down – including all of the computers – and everything was going to stop or revert to the Dark Ages. And, balancing those messages, there were the prophecies that the new millennium was going to be the heralding of a golden age, a new age, a new time.

What you are looking at now, as the collective, is a time of even greater transformation. You have seen, in the past 12 months of your measuring, great conflict where there is an undeclared war at this point. It is a war of culture against culture, not of one country against another country as such, but a cultural one, born from the soil of separation: The belief that there can be “us” and “them,” and there can be, in that belief system, a threat, a vulnerability and a need for defense (or offense).

You are moving toward a place of a great melting pot, worldwide. Now, that is what your geopolitical grouping has been called, and it has, over the last two centuries and more of your time, been a great melting pot for cultures, belief systems, religious faiths, differing traditions. Your country has become the most wonderful place where there has been a pushing out of old boundaries, which has meant conflict many times on the individual level, and there has been some price to pay for it, but it has been well worth the price you and others have volunteered to pay.

In what you see as some years yet of your future, there will be more of the melting pot factor in the collective consciousness, where it will be seen that it no longer serves either side to be in opposition one to another and where there will be a coming together and acknowledgment that Life IS , and the form of life and the belief structures are Truly incidental.

A time of sandpapering

But before you get to that place, there will be a time of... you can call it sandpapering – I like that one – sandpapering all the rough edges off.

Many of you and many of the other Light workers – there are many on the face of our holy Mother, the Earth, at this time – are feeling vibrational density. Many are asking of themselves, “What is wrong with me? Why do I feel so sad, so heavy, so

hopeless? I used to be a happy person. I used to have all of the answers. But now everything is gray and I do not know how to choose." And there is sometimes a feeling of grayness which overcomes the individuality, a feeling of heaviness, a feeling of frustration, and a feeling that, "Because I am feeling these issues, they must be mine, personally." And there are many who are feeling guilt because there are issues to be looked at and because there is frustration, confusion, sometimes even hopelessness. Many are saying, "But I have the tools. I have read the books. I know the right rituals. I know all of the good workshops to go to. Why don't I feel as I used to feel?"

Many of you are Sensitives. You are ones who have come in this time for a specific purpose. Yes, it was to have your own lifetime and to deal with your own individual issues, your own individual desires and your own individual completion. But more than that, you volunteered to be here at this time to transmute the collective energy. To feel it and then to release it to the Light and not to claim it as personal, but to be able to look with holy vision at the larger picture of what is happening.

Before an incarnation there is planning that is done; there is discussion with aspects of the greater Self of you, with what you can liken unto a steering committee of what I have referred to at other times as the soul group. You are the point of the soul group which agreed to come into this incarnation as the point of the whole group. And before an incarnation there is an agreement as to what you are volunteering to do. The specifics are always open to improv, but the general plan is agreed upon and also the timing of the general plan.

There is, around our holy Mother, the Earth, a grid of Light, all of you being points of Light. And there is a grid of Light above, encircling this planet to help in this time of the transformation and transmutation of vibrational energy. As you would see yourself to be individualized energy, a point of Light, allow yourself to feel, first of all, grounded with the feet on our holy Mother, the Earth, and know that your light goes forth as a beacon and joins with a point of light of the grid of Light masters who are around this planet helping at the same time.

You are connected, and you are very much assisted in this time. But you because you have chosen — as volunteers — the human experience, you have also agreed to some of the parameters of the collective consciousness, and those parameters, as you have found and experienced, are very confining. And you, with your adventuresome spirit, have tried to get some elbow room, to push out the boundaries because you do not like boundaries. You know boundaries not to be true.

Visualize the grid of light

I would encourage you to begin to visualize that which is true. Visualize the grid of Light which surrounds this planet, our holy Mother, the Earth. Visualize it as incarnate because you are points of light here, and visualize it as the discarnate masters of Light which surround the Earth.

There are certain points on the grid of Light which are more active at this time. There is much light that is being called to what you have acknowledged as your Middle East, although I am not sure it is in the middle and I am not sure that it is east, either. It depends on where you are standing, does it not? (Smile)

You have seen in your own geopolitical grouping a time of economic challenge, where there has been much of reorganization, and much which was valued highly has undergone a shift. You have responded with hope even in the darkest times and you have looked for the good in whatever happened, and sometimes you have surprised yourself because you have seen the good.

It has been a time of challenge, individually and also collectively, but it is a time which would not be denied. In other words, the holy Child will not be denied Its awakening. So take heart in that, even though when you listen to the most disastrous, as it appears to be, news. For every day you are brought information of fresh disasters. You have "breaking news." Almost every moment something is broken — which is good. Praise the holy Child that there are many old wine casks holding old wine being broken, so that the new wineskins can be in their place.

Practical perspective

Those of you — and there are many — who feel these times heavily, I would suggest certain perspective. Practical. I speak to you of practical things because I know human life. I lived as a man many times; one lifetime was recorded, but there were others. I know humanhood, I know human life, and I know that there are times when all of the spiritual platitudes and all of the ancient writings do not satisfy. So I speak to you from a place of practical measure.

Begin with the breath. Begin with allowing the deep breath to bring you peace. It is as simple as that to change the course of what has been seen and felt up to that point. Begin with the deep breath and the willingness to see things differently.

And how do you go about seeing things differently? It is to breathe again and then to stand for a moment, just a moment, in a place of holiness, a place of detachment, caring nothing for anything that you see before you or that you think in the mind. Just

for a moment to be the beholder. Caring for nothing as to outcome. Just allowing and watching. Standing in the place of the interdimensional Self, not attached to specific incarnation and specific desires.

Just for a moment. It does not have to be any longer than that. Just a moment. And in that moment all of creation rearranges itself because of your willingness and your desire to allow it to be That Which already is: holy. You will see miracles. You will see coincidences which are not just coincidences. You will see things coming together which you did not think could happen, and you will feel for yourself a great healing, a lightness if you will, a feeling that in Truth the Father is at work — by whatever name you want to call it. Always the divine Self of you is in charge, creating, guiding, allowing the divine plan to unfold.

So, in practical terms, take the deep breath. Remove yourself, in imagination, to a place of beholding just for a moment, to look upon all of what is going on as a most wonderful exquisite dance, and allow yourself detachment, for a moment. No judgement of what is right or wrong or how it should unfold or how you should make decisions as to your part in it. Just for a moment. Stand back with no attachment, no vested interest, and watch, as the Father does, that which is unfolding.

In the place of nonattachment there will be guidance as to any action that you need to take — or nonaction. In the space of nonattachment, only for a moment, you connect once again with the true nature of you.

It is a place of all possibilities, and yet not with attachment as to how it has to be. It will be as you look upon a field of the most beautiful flowers. All possibilities. Not attached to the yellow ones or the red ones or the ones with certain patterns of color, the tall ones, the short ones. But just beholding the whole vision.

Practice nonattachment. Practice beholding. Just for a moment. Separated ego will get in there as quick as it can and say, "Yes, but this really matters. You have to decide. You have to. You have to." But you take the deep breath and you feel the peace and the healing which truly is yours, just for the asking. Even if you do not see your way out of any situation, being in the place of peace is the way out in itself. It is as simple as that.

That which you have agreed to do is to be the Light of the Father and to anchor it on this plane. Now, the specifics of how you do this are open to improv. But your purpose, and what you have agreed to do for as many years as the lifetime extends to, is to be a point of Light, a point of consciousness, a point of infinite Intelligence anchored upon this plane and to know yourself, finally, connected as a grid upon this our holy

Mother, the Earth, and connected to the grid which, as you would conceptualize it, is above and around the planet.

The grid which you can imagine – and which is true – around the planet our holy Mother, the Earth, extends out into what you see space to be. And it connects with a grid of Intelligence and Light around the other planets of this solar system, and it extends out into what you call outer space to connect with grids of Intelligence of other star systems. Many of you have felt a knowing that you have not lived all of your lifetimes on our holy Mother, the Earth, and you have recognized in some of the information which has come to you a connection of the heart and of mind with other places of Intelligence, other constellations.

So, when you begin to feel a bit hopeless, confused, depressed, down about whatever, take the deep breath. Allow yourself to move for a moment into a place of nonattachment and look upon our holy Mother, the Earth and all that is happening upon it from the perspective of another solar system, and know that truly your Intelligence is there looking back at what you see as your Intelligence here to be. And that which you were worrying about a moment or so ago becomes a bit smaller in relative terms, something to be dealt with – not to be denied or ignored – but it becomes a part of the fuller picture. In other words, it takes its place within the jigsaw puzzle made of many pieces.

There were times in my lifetime when I had to make choices. There were times, many times – and it is recorded in your holy Scriptures – when I took myself apart from the multitudes to commune with the Father. Take yourself apart from the multitudes of people or thoughts – to the garden within. Even if you are surrounded by a grouping of people, you can go to the place of peace within and allow the nonattachment, nonjudgment of even the grouping around you and see the most exquisite weaving of energy and intelligence, and value your part of it.

Breathe. Allow yourself to be in the place of nonattachment, just for a moment. Not to care. To say, “I of myself do not know what is best.” For when I was in the garden of Gethsemane and I was facing a time of decision, I prayed to Abba and I asked, “If it be Thy will, how about if we move out of this garden and do it another way?”

And I took a deep breath and I waited, and there was only silence. So I knew that, that which was going to be, was that which would serve the highest. And I was not attached to the outcome of what was going to be in the next few hours and days.

The place of nonattachment, the place of nonjudgment is your divine nature, and in Truth you know it well. But you have practiced many lifetimes of specific focus upon

human experience to the place where the human experience seems to be the reality and the nonattachment seems to be an illusion, imaginary, not real.

But with a willingness and practice you can know the Truth of nonattachment. That is why I say to you, imagine it for a moment. That is all it takes to begin with. Just a moment. Just to be willing to stand back and say that, "There must be divine order and divine plan working in all this even if I do not see it." Just to stand back.

And then there comes a most wonderful miracle. After you have done this for a moment or so, there comes over you, as a blanket would be, a feeling of great freedom, where it is no longer your responsibility to have to know, to judge, and you go free as the innocent child.

Now, yes, separated ego is going to come running up at your side and say, "But, master, what about this? But, master, what about that?" Notice that it calls you, "Master." And you say, "Wait a moment. I feel very good in this place of nonattachment. I want to stay here one more moment." And you allow yourself the place where you are not attached to the "how's" and the "why's" and the "wherefore's." And the miracle comes over you as a blanket of lightness and a feeling that all is well.

That is all you have to do. It is simplicity itself, and yet the world will teach you otherwise. But in Truth you are already the Light of the Father, the Love of Abba. Right here, right now enfolded in His love, Her love, Its love — enfolded in that Love because you are the extension of that Love.

Breathe. Step back. Behold, and allow the heaviness to be lifted from you. Give it to the grid of Light, acknowledging that, "We are all working together. That which I have agreed to do in conference with you, I am doing. And, you know, it is beginning to suggest itself to me that part of what I agreed to do as to recognize that I am not alone. For I had forgotten the fine print in the contract. Now I see it and I behold all things new."

Go now in peace. Go now in joy, true joy. For you do not have to know the answers to everything. You have to only be That Which you already are and to celebrate all of the changes, and there will be many.

Know that you are part of the great grid of Light energy upon this plane and that you are connected to the grid of Light which surrounds, envelopes and loves our holy Mother, the Earth and the consciousness of the collective, which is emerging from a deep, dense sleep. So be it.

So be it.