

# THE INNOCENT MIND

1/20/02 Unity

Beloved and holy and only child of our Heavenly Father, child of the one Source, child of light divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this afternoon in your timing, as you have chosen to call me forth. Great joy because that is your divine nature. Great joy of reunion for you are family, children, extension of the One Source. Brother, sister unto me and I love you dearly.

I have invited you to be here this afternoon for a most special time of healing, a time of reunion, a time of love, a time truly of joy. A time of releasement. We are releasing all of burdens that you have carried for many, many lifetimes and to come again to that place of great love where the Father holds you always. And I thank you for accepting my invitation. I thank you for coming and being with me in this way for truly always I am with you. I hear you when you speak to me. I know your innermost desires. I know how you struggle, how you question, how you choose and then re-choose and analyze and re-analyze back and forth over every decision that you make and wondering, "Is it the right one?" And perhaps sometimes saying, "I could have chosen better. I should have." You play that game very often with yourself, should, "I should have known better. I should have chosen differently."

And I say unto you, no, you should not. I will use that word "should." For every choice you make is a divine choice. Every choice you make brings you on the most wonderful journey of adventure and even when you make no choice, you are still making a choice to make no choice and to wait and to abide and to see what is going to be the next guidance.

Most wonderful ones. Each and every one of you is a divine light of the Father brought here specially guided to be here in this geographical location, yes, in this plane of reality, yes, to be the light that brothers and sisters can relate to. To be here in this reality that yet believes that there could be other than light. To be the light even in the presence of seeming darkness, confusion, chaos, events that could be looked upon as tragic.

To say, "I will live the life of Christ," which you are deep within your soul, "I will live the life of Christ in a way, in a reality that others can understand and I will be the

shining light in circumstances that others may choose to look upon and draw their own perception from." And I will say to you beloved sister, I love that which you are. It is most wonderful what you do. It is most wonderful what you do. I would give to you the hugs of love.

[Thank you.

Most brilliant light.

Each and every one of you is a light. You have come here to serve the Father once again. To be the master once again. To be the teacher once again. Know you that many times you have been the master who has taught from the revelations of the heart? You have had the ones sitting around you who wanted to know, "What have you discovered in a lifetime?" And you have shared with them your trials, your journey, your revelations, you have inspired many. Know you that? Now you do. I have told. It is public now.

In truth all of you have come to this plane of reality as volunteers. To take upon yourselves momentarily the cloak of forgetfulness, to speak a language the brothers and sisters will understand. In other words, to take upon yourself the body, the humanhood, the human experiences, the challenges of the years and the process of time as time is understood in this reality.

So that you can be for others the doorway to light. So that you can suffer certain pain of body and others can say, "Yes, I know that pain. I understand that. I have read about it in a textbook. I see it up on the screen of light. I understand what I have been told about that and what it has to be because I've been told what it has to be." And you, you open your mouth and you say, "Yes, but perhaps it is something else. Perhaps there is a possibility, even a probability that it can be something else, a gifting."

And so each and every one of you have chosen a pathway of challenges. You can look back no matter what age you call yourself at this point in this lifetime, you can look back upon the challenges and choices you have made and you can see how in the darkest place you felt that perhaps you had reached the bottom. But the wonderful thing of the bottom is once you are there the only other way to go is up. Which is exactly what all of you do. You go through the dark night of the soul. Emphasis on that word, "through," and you come to that place of realization of great light, of hope, even in the darkest of times. There is a hope, a knowing within you that I am life. I am light. I am. No matter what the body may go through and it does, I am that which I have been from before time began. I am my Father's child. I am the essence of divinity. I will survive and you will.

You have lived many lifetimes and here you are. You have lived other lifetimes where you have been great warriors, gone through many battles. You have been ones who wielded the sword, the laser beam, whatever kind of weapon was in culture at that time, and you have released the body in the most torturous ways many lifetimes. More than you can even imagine and you thought in those lifetimes that would be the end of you, that you would be lost forever.

And where are you now? Right here. Alive. Conscious. Living, breathing, not only the physical breath but the spiritual breath. You are eternal and you are eternal light and life. And always you have been and always you will be.

Okay, now having said that as you live within a point of reality that believes in duality. In other words, good and evil and everything in between, the most perfect to the most imperfect and every bit of gradation in between, you judge everything momentarily. You judge everything as to what it looks like, what it feels like, what you are going to be doing in the next moment. What you did in the last moment. What the last breath was like. What the next breath is going to be. What am I going to do when I leave here? Et cetera. You judge subtly everything from the point of the collective paradigm that believe in duality.

So having said that you are eternal life and light, what are you going to do about it? How are you going to live that life? How are you going to feel about it?

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And what I would speak to you in this afternoon about is the innocent mind.

Now mind is a most wonderful tool that you give to yourself. The mind truly is the servant of the heart. And yet it has often been turned around where you feel that the mind has to control everything. You have to know what is around the next corner. What is the medical facilitator going to say to me next time I see him? What is going to be in the next few months with my business, et cetera?

But in truth, the mind is the servant of the heart and you live from the heart. As you will cultivate the innocent mind, you will find yourself living more and more in the place of joy, the simplicity of joy.

Know you the small ones who were here in this morning? (Sunday school children) There was an innocent with them which is why they are always asking why? They want to know your perception. They don't always accept it and that is good. That is why they come back with another question of why? They want to know for themselves what is the

truth -- small "t" -- of this reality. And they want to know and remind you of the Truth of your being -- with a capital "T" -- and so they keep on with the questions of why? And they live in a place especially in the beginning, of innocence.

Innocence, your word means not knowing. The root of it means not knowing. Not knowing separation from the Father. For when you live in innocence you do not know what anything is for and you do not know separation from the Father.

The innocent mind is open. It is ready to be used and guided by the heart. As you will live in the simplicity of the heart, of love, of the now moment -- where are you now? We will ask. All of the imaginings that you have of what has to be done when you leave here or all of the imaginings of what you have to do on the morrow. Where are those imaginings? Are they here right now? The imaginings are yes, but the doing of those things? If you have fear of a certain thing, where is it now? It is only in the mind, in the imaginings. Right now you are safe. Right now you are loved. Right now you are comfortable, you are fed, you are dressed. You have the most wonderful roof over the head although the out-of-doors is most wonderful with its sky as the overhead.

Most wonderful temple you have built here but it is not the building that is the temple. It is the love and the consciousness of love. And as you have been feeling that is coming more and more alive as you allow more and more innocence of the mind, and as you allow the heart to guide the mind. To be as the small ones.

You have a writing in your scriptures, your holy scriptures where I said, "Suffer the little ones to come unto me." Allow the children to come unto me for they are the ones who know the kingdom of the Father. They are the ones who have not been already shaped and molded by the perceptions of the ones who are a bit taller. They are the ones who do ask the questions. Allow the little children to come unto me and I say that to you now no matter how many years you feel you have garnered to yourself, no matter how old you feel, how the body feels. Allow the child to come unto me. Your child, you. The inner child of you. Allow that child to come unto me, the Christ. I do not mean one Jeshua, but I mean the Christ. Allow the child of you to come unto me and to be loved, embraced, held in love.

For now matter what you have done in the past, no matter where you have been, no matter how you judge your journey the little child of you is always loved and welcomed by me. Allow the little child to come unto me. Be as the innocent one. Allow the mind to not know separation from the Father. Allow yourself to live the life of simplicity that lives from the heart.

You have a most wonderful saying and I have seen it in your shopping malls, the grocery stores, on the arm bands, on the certain necklace I suppose you call it because it goes on the neck. And it says WWJD. Most wonderful, "What Would Jesus Do?"

Well I would change that just a bit and I would make it WWCD. "What Would Christ Do?" Because it does not need to be one personality as one Jesus, on Jeshua. But it is most wonderful what is happening in your world. There is an awareness that is spreading of asking, "What would Jesus and all that Jesus stands for, Jeshua, Yeshua." Many have equated me even as the personality with Christ and I will accept that as I will accept the Christhood of you.

What would Christ do? You, the Christ of you. Come back to that question. Whenever there is a moment that you are trying to decide something what would Christ do or think or feel? Come back to the innocent, the innocent mind, the Mind of Christ, the simplicity and the beauty.

Know you how beautiful you are? Most lovely. There is a purity of soul. You adorn yourself very well, the raiment, the hair, what you do it is most beautiful. The eye make up is perfect. But what shines through most is the purity of soul.

And what I say to one I want all of you to hear for it is true of all of you as well. Purity of souls, innocence of mind. Suffer the little children to come unto me. Allow, not suffer in the way that they have to struggle. That is not the interpretation as that has come down through your writings it has taken on a meaning that it was never meant to have. But allow the little ones, the inner child of you to come unto me and to be with me in joy, to abide with the Father in the dwelling place of love.

For truly that is where you dwell all of the time, the Truth of your being, although there is much of the attention of focus that is put on to the world. You say well this has to be done. The pot roast has to go in at a certain time of day. I have eight people coming over for dinner. My boss wants this report done. I must consult my computer to see what emails I have it. I have to check with the director or marketing. I have to check with the director of the church to see what I have to do in the next Sunday. I have to check with all of the volunteers who are working with me, etc. Much of focus on worldly events to the place that sometimes the body will speak to you and it will say, "Huh," and you find a bit of the tightening. Here, sometimes even here. Sometimes in the back of the neck. Sometimes back of back. Different places for the body will way to you, "Allow me to be loose again. Allow me the freedom of the small child, the innocence of the small child." The body is your perfect messenger. It speaks to you. It tells you what you are feeling

about yourself, what you are feeling about others and how you perceive other's perception of you.

Now, having said that. It is not said in judgment. It is said as a piece of information. For many of you serve the Father in ways that give opportunity for others to see past appearances. Many of you have taken upon yourself appearance that then gives others opportunity to either judge or to be in love in oneness with you. And those who often are in the clarity, intensity of seeming disability. I will say to you they are the grandest of masters because they have chosen to allow others the opportunity to serve them and to see past appearances to the Christ of them.

All of you have volunteered to do the will of the Father. Now the will of the Father has been interpreted many, many different ways down through the ages. Usually with a connotation of suffering. I will do the will of my Father even though it means I have to give up chocolate. Poor Beloved Elder, that would be a difficulty. I will do the will of my Father in spite of what I want to do. But the will of the Father is not for you to suffer.

The will of the Father is not for you to have to live a life of struggle so that at some point you can release the body and then be free to live as you divinely are destined to live. The will of the Father is for you to be that which you are. And to live it in innocence. To live it in joy and to be the shining light for the other ones. And they can relate to you. They see you activating the human body. They see you with certain pain of body, stiffness perhaps of shoulder, stiffness of whatever and they know that you come through your trials, your tribulations. Your great speakers, your leaders speak of the darkest night of their time of their soul and what they have come through and you say, "Yes, I can relate to that." And then your great teachers speak to you of how they have come through that dark time and where they have come to the acknowledgment and realization of the joy of light once again.

You have volunteered to live the human life, to do all of the things that adventurers do. To dabble inside and outside of the law to see how it feels. When I speak of law I mean there was the lowercase "l" and also the uppercase capital "L" -- to try to live outside the "L/law" and creative ones which you are, for awhile there is an illusion that you can live outside of the "L/law."

But in truth you are always living the Christed life. Not always in awareness, but always living the Christed life because you are the Christ. Otherwise you would not have the energy of life itself and you would not be. Your true Being that allows you all of your illusions is the Christ. Seek ye the innocent Mind and allow that mind to be the servant

of the heart. Live from the innocence of the heart as well. Play as the child that you are. Come unto me all ye who feel heavily burdened. Come unto me. Come unto me as one Jeshua, please, do that as well. That is why I came to serve you and that is why I continue to come. You have invited me to come to speak to you in a way that yet there is appearance of body, although this is not my body. It is a borrowed body. Not a bad one but not the one that I enjoyed.

Come unto me as one Jeshua and I will welcome you as brother, as sister. And more than that, when you come unto me as you can see me as a personage, you will find yourself coming unto the Christ and finding Home, refuge in my arms, in the arms of the Father.

All of you have plans and hopes and dreams. All of you have questions as to whether these things that you hope and plan and dream, were they really happening?

And I will say to you, yes, in some reality they will happen for creative ones that you are you live not only in this point of reality but you are living as you would understand multiple lifetimes, multiple realities even as we speak. That is why sometimes you run into yourself or someone who seems very much to be like you or as you. Even in this reality you pass someone or you speak with someone and there is a resonance. You feel, "I know that one." Or you pass by an energy and you feel, "What was that energy?" And you will turn and you will look and there is no one there. Not quite in this dimension. But you, nonetheless, multifaceted beings, of course.

You are as the most wonderful gemstone. Know you the gemstone of the diamond and the facets of the diamond, how it is cut to reflect the light? You are as the whole gemstone and you have many facets of it, many aspects perhaps -- A good word to use -- that reflect the inner light of you.

Now the gemstone reflects the outer light. Most beautiful as it does that. But you, you are the gemstone reflecting the inner light of you and you have many facets, many outpicturings of the Being of you and yet all whole. I say this to you so that you may know how wonderful you are for I see many of you struggle with image of self-worth. And I see many of you doing very well with the image of self-worth and changing what you have thought your image to be of yourself and what the parents and the peers thought of you. At least in your perception.

Now that may not be what they thought of you at all, but your perception was a certain molding and I have seen you working with that wanting to know your true worth. It is why you are here in this afternoon. It is why you go to classes. It is why you read

the books. It is why you listen to your teachers, your leaders who speak to you words of truth. You are seeking to know the Truth of your being and to come to that place of the innocence where you know once again and realize once again the divinity of the holy Child.

And what happens then? A great burden is lifted from the shoulders and there is a smile that spreads from ear to ear and all of the angels sing. You have felt that. Some of you have felt that where all of the angels sing.

You are never alone. You cannot be. You see yourself to be individuated energy and that is a most wonderful miracle which you do. You see yourself to be individuated personality, abilities, talents, interests. There is great fisherman here, he has ability, he has talent, he has interest in fishing. It is one that he follows. Has done so for some years. He knows how to call the fish to him.

You all have abilities and talents and you use them as individuated, seeming individuated energy and yet you are all One as the most perfect gemstone. This that I show you is small but you can imagine, imagine the most huge gemstone. Multifaceted, allowing the light from within to shine out through all of the facets of your Self. And as big as you can imagine it to be, it is bigger yet than that.

And you do the most wonderful miracle because you say, "I am one facet of that gemstone and I'm separate from the other facets somehow and I would like to be joined to them. I don't want to be alone." And yet the truth even as you are feeling alone. If you take that word, your language is most wonderful and indicative of the truth of your being. Alone, if you break that down it is "Al-one." Alone, all one.

In your times of feeling most alone it is a time that it is knocking on the door of your mind, your heart, your soul. You come to that place of knowing that you are all one. Never alone. Return quickly when you feel alone to that place of the innocence. Come unto me as the innocent holy Child which you are.

I speak to you in this afternoon the message that you have asked me to speak to you. But there are other questions that you hold deep within that you would like to ask. If we were to sit one on one and we had opportunity to speak. What would you ask of me? I tell you what, we will do what you call the small break. I see that many of you are allowing the digestive system to do its work and the mind and head is getting a bit on the heavy side. Take a break. We will say about 10, 12 minute break. Energize the body. Get up. Walk around a bit and when we come back we will entertain the questions.

So be it.