

Joseph at Whistler

2000-07-20

Beloved friends, peace be with you.

I am the one known as Joseph, earthly father to the one you have known as Jeshua, and I desire to have this time to speak with you. My beloved friend and teacher often will allow me to speak with you once a year. It is a bit like being the genie in the bottle and tonight I am allowed to pop the cork and come out and speak with you and it is my honor and my great pleasure to abide with you once again this way.

All of you as you have been remembering deep within the heart, you have been remembering the community that we shared together, the community known as the Essenes. You have been drawn, many of you have been drawn to study, to read of the Essenes. We have heard that word, there has been a certain resonance within you and you have wondered, "What is that all about? Strange ones, I'm sure," and you have begun to read some of the beliefs, the traditions and you have said, "This resonates with me."

Most wonderful to be allowed the privilege to speak with you this way. There is coming to be known within the hearts of all of you the relation that we have had.

Set aside linear information, what little bit of it you may have or what lot of it you may think you have. Set it aside for a moment and hear me well in love that all of you have been my children. Not necessarily in the lifetime that is written about in your holy scriptures. I was creative in that lifetime but not this creative.

{Laughter}

But all of you have known me as father and I love you greatly and it pleases my heart to come and to speak with you once again.

There has been a knowing deep within you, a growing desire to know what relationship, who have I been? Not because you want to trace a certain ancestry that is most illustrious, but because there is a knowing deep within you that there is a familiarity, a family if you will, and all of you are family.

Now as I have said that I am father to all of you in one way or another in the adventures that we have had together. Biological father to many of you. Father as priest, authority, whatever in certain circles where that terminology was used with great

reverence and respect, you also have been to me father, brother, companion as we have walked the journey of life experience over and over. To come to the place where you find yourself this evening, the place of the experience that turns into knowing of expression, the expression of the whole. To come to that place of knowing true holiness through the medium of healing.

Now in the day and time which is quite so famous and written about in your holy scriptures, I was known as a carpenter, yes. It was my great love to be creative with wood and I celebrate even in this day and time the vibration of wood. And I take great interest in the new woods that you bring about for you see creativity will not be stifled. It is ongoing and you bring about new woods, new form of density and you make most wonderful creations as I did in that time. I enjoy the vibration of life as it is found in wood.

And I have spoken in other times with you about knowing oneness. The importance of knowing oneness with any creation. Most easy to feel vibration of life in what is wood. What has been alive in form as the tree and to speak with it and it with you. To receive from the wood the tree which still has life even after you have cut it. To speak with it and to ask of it, "What new form would you like to be?" To bring out new form as in any of the creations such as this one, most practical creation. Someone has put a lot of thought into this. Made a pattern for it, designed how it will fit together to be most sturdy. Ah ha, it has the designer's stamp, "Made in Malaysia." Very good. There has been a design, someone has sat and asked of infinite wisdom, "What design? How this would fit together?" You take it very much for granted beloved friend, sits upon it, knows that it will hold the weight. But someone had to design, to see this first in the mind as to how it would all go together.

Any creation, you ask of it first, "How would you be?" And it will show you. Very easy to do with wood because it is alive. You would see this to be inanimate. It is not. Very much of vibration. Very much still alive. Very much the consciousness of life.

See you the grain of the wood? The most beautiful pattern. It is a signature of the life of this tree. Each one different. Most wonderful to trace. But I digress. I enjoy the vibration of life.

I was known as a carpenter yes, it was a love that allowed my creativity to come forth. And I earned the golden coins doing carpentry. But I was known by my friends for another ability and it was a healing ability. And many ones when they would have the small problems of the body and the large ones, would come and they would sit with me and they would ask, "What is wrong?" And more to the point, "What do I do now to heal?"

I had been taught a most wonderful legacy as it has been spoken of in this evening, I had been taught to know oneness with all life, to feel vibration and to know harmony with vibration of life. And I knew that when you get so focused upon other activities you can momentarily shut off the flow of that knowingness and be out of harmony with the flow of life. And to come back into what you call healing, a state of balance, a state of harmony. It is necessary to abide in peace, stillness, if you will.

And so ones would come and they would speak with me and they would ask, "What do I do now?" And we would abide together in peace. To take as my son has said to you so often, to take that deep breath for you know what happens when you take a deep breath. It allows everything within you to quiet. It allows the harmony to be reestablished and then to abide in stillness and to ask, "What is the next step?" And to abide in that stillness until there is an answer.

Now in this day and time it is very much as it was in those days that ones want the fast answer, instant and to sit with certain discipline in stillness, breathing, trusting, abiding. It takes a bit of discipline, willingness and yet it is most rich in the benefit. And there might come guidance to find certain substance that would be healing to place upon or within the body. Other times it would be healing just to be in that space of peace and silence. No matter whether it be certain with the body or if it be certain to do with emotional issues. There is great wisdom that comes forth out of peace.

So I would take the ones hand and I would say, "Let us be together in this. Let us breathe together." Great power in breathing together. And there would come over us the quietness, a going within, a feeling of vibration, a feeling of healing and in truth, spread to any part of the body that was asking for balance, for harmony, for life and light again.

It has become known in this day and time you do this even now with what you call the laying on of hands. This is what is happening. It is not necessary although there is a teaching that says you must place the hands in certain places. But it is not necessary to follow certain procedure. As you will be sincere of heart knowing the vibration of wholeness. That vibration of peace, wholeness spreads to any part of the body, any part of the emotions that is asking for balance and harmony. Very powerful place to be. Very quieting, very healing. Energizing as well, thank you. Yes.

We will do a bit of that in a few moments so that you may experience the vibration of life that you feel of another one and then when there is the releasing of that contact you can still feel the vibration, do you not? Very much so. Very much alive.

It was a love of my life to abide in that space of healing. For in truth I did abide in that space of healing when I was doing my carving, my carpentry. It was a space that the world did not, could not intrude upon and if any of you are asking for healing, anything in the body, anything in the emotions, the affairs, the relationships I suggest to you first of all that you allow yourself to come to that place of peace and to abide in silence, in stillness, in oneness and to stay in that space until there is guidance to come out of it if there is guidance to do something.

Do not worry about the voice of the world that says you have appointments and schedules to keep. There were appointments and schedules in the world that we shared and there was a time when I thought it most important to acquiesce to the voice of the world and there were times when I felt the inharmony of the body.

So you see what I shared with others was something I knew for myself because I had come through it. It is the same with you. You share with others what you have come through, what you have knowledge of and how you have come through it. Not stayed there but come through. It was the same for me. It was also the same with Jeshua. He knew human emotions. He knew the body and how it would speak to one. He knew the voice of the world for how else would he relate to human experience if he did not go through it himself?

He had a favorite friend to play with. It was his cousin John known as the Baptist, and he idolized this cousin. Great friendship. Also great competition which you saw. John being somewhat older, only by months older than Jeshua, but being a bit sturdier of body although Jeshua was quite sturdy of body, but John was even more so. Jeshua compared himself to John and found himself to be lacking in certain areas, physical areas. Couldn't run quite as fast, wasn't quite as strong a swimmer at a certain age. Compared himself and found himself lacking and developed what you have experienced many times as a congestion of emotion which manifested in the body. And as a small one, he came to me, as you have done to your fathers, uncles and brothers, elder ones and he said, "What is going on? I feel congested." And he was.

I told him as I will say to you, to go and to sit in silence, to abide with self in quietness. I suggested to him to sit by flowing water and to know himself to be one with the flow of water and to feel the power of oneness with that flow of life.

And he did and he came to understand in that quietness that each one has certain talents and abilities in each lifetime that vary slightly from another one. No talent, no ability greater but just different. And that in many ways he had talents and abilities that John did not know and he came to understand equality through differences such as you

have been in the collective consciousness, beginning to understand and celebrate diversity. He understood that.

And as he breathed the peace of that revelation and saw himself not to be lacking, the congestion within the body dissolved. He knew emotions, human emotions the same as you. He knew the feeling of frustration, times when he called out to the living God, the one Source, the Father. Wanting to be able to teach, to share with others what he had found to be true and others were not understanding and he thought again there was something wrong with him. That if he knew better the key, there must be something missing within him. If he knew then surely the ones he would serve would understand the most wonderful message and he cried to the Father, "What is wrong with me?" Until he realized that there is the most exquisite timing and the most exquisite choice everyone equal. Nothing lacking in him only a choice of the other ones.

He knew emotion of frustration, of anger, jealousy of cousin, worked through that. He knew sorrow as humans do. He knew human love and greater love. He wept because he could see a greater vision. And in a certain moment did not see how it would come to be manifest. So he knew the human emotions and he also knew healing and many were the miracles as you looked upon them that he facilitated because he knew the truth of everyone's being and loved them.

All of you have come as we have said on the previous evening, with certain issues that you would yet see healed. Some issues of body where the body speaks to you and is not happy. Some of you with issues of emotion wanting to know peace with self, wanting to release all of the constriction of fear, wanting to move into that place of unlimited love and expression of love for self and for others.

You have come with questions of why did certain things happen? And if I had known better perhaps I could have done differently. And you have asked to know true healing of everything you experience and everything you behold. And the desire to know healing it is the beginning of true wisdom. It is most blessed even when the body will call out to you. It is a blessed event that it brings your attention to something that you have not been loving enough.

Most wonderful form you bring forth. Most wonderful.

There is voice of world that says there is certain form that is most attractive. That is the voice of the world and it changes. You have seen even in your small bit of a study of history and of cultures and societies, that what is deemed attractive changes with

time, with society and culture. Some of you are manifesting the most beautiful form in what you would call another culture.

{Laughter}

And it is beautiful as I see it. Beautiful. Each and every one of you. As you will look upon certain of your flowers. We will use that as example, the growing plants that have flower. Some have great large vibrant colored flowers, petals. Some of the flowers are very tiny and you really have to look at them to see the beauty. Others of the flowers that have the bloom, they also have certain contrast to them known as the thorns. And if you would want to get too close in your unawareness and you find that you better be aware....

[Or you will be.

Or you will be, exactly. It will bring your awareness right quickly to that point -- no pun intended. {Laughter}

All of you are as the beautiful flowers. All of you in different stages of wisdom and of expression. Some of you are a bit on the one side of the cycle of what you see youth to be. Some of you have passed the midpoint as society has told you it is in midpoint and yet I will share with you, that you haven't even reached your midpoint yet. Keep on going. Most wonderful.

Healing, when there is desire for healing it is a most blessed message that is coming, knocking at your door. It is the beginning of having to surrender old beliefs. It is the beginning of having to surrender into a place that says, "Perhaps there is something else that I can look at here, a new way of looking at. Perhaps even that which I judge to be not so perfect is perfect." And that is true.

All of you have things you would change and yet I say to you, things you would look at to change they hold a blessing for you. Receive first, the blessing. Then if you still want to change it, you may but do not try to change it before you have received the blessing. In truth you cannot change it before you have received the blessing, but it is easier if you will surrender and ask for the blessing first.

As you have come into the human experience, the incarnation within physical form, there is a balance of vibration that you are in tune with when you are in balance and this balance is what you desire to know. It is truly a vibration which can be measured. It is truly energy in physical form and it can be measured. You can feel it. You have known practice in other lifetimes of sensing with another one certain of the energy places,

chakras they are called. By sensing as you would do the hand as a receptor. All of you have most wonderful receptors within the palms of your hands. Also at the wrist point. Also on the soles of the feet although usually you support your weight with the feet. But it can be done. You see with certain sensitivity.

For there is a receptor in the sole of the foot. It feels very good you know. You have a certain technique of healing even in this day and time known as your reflexology that works with the sole of the feet to bring about again the harmony and balance. It is most effective. It feels very good.

But, I digress again, thank you. You have been able to sense the energy of the chakras and to sense as they will be flowing in a certain pattern or if they are a bit sluggish or if they have come to a certain blockage and you have known in other lifetimes how to energize the chakras that would be slowing down, sluggish and you have worked with energy. Many times you have done this. You are a healer. You have been healer many times. You may claim it again it is okay.

But many times you have healed with physical healing. Now you do it in this lifetime with the soul and heart healing. It is truthfully all the same.

You have worked with knowing energy of bodies even when you did not need to be with the hands close to the bodies. When you would stand with one and sense because of a knowing, a quiet knowing within yourself, what was going on. This one has certain chakras that are slowing down because of what you have expended in this day. Most pleasurable but the chakras are speaking to you that there is time, a need for time to replenish energy and to rest. And so you are doing that and it is no offense or disrespect to speaker. I understand this is how the bodies work. It is necessary and sometimes you will put yourself in a place of imbalance because you "should" be alert and you force yourself to be where the body does not want to be. Better you should fall asleep on the chair and get your refreshment and allow the chakras to come alive once again.

You have known how to read bodies, front and back. You have known how to read bodies at a distance. You do that in this day and time. You do not have to be present with that one in order to have a sensing within you of what is slowing down, what chakras, what energy areas are not functioning at peak performance. Very good, the water. It is your first line of refreshment.

For the body as you know is made up, good percentage of water in the body, most necessary and when you feel the chakras getting de-energized, one of the best things to do is to drink the water.

So you see as we speak of certain things you are saying, "Well I knew that." Of course you do. You have been the healers. You are the healers in this day and time. You heal, some of you, with the physical. You have the focus upon the physical of what it needs, the body. Others of you, you facilitate healing of the emotions, the self-image. You support, you love other ones as they are going through certain conflicts and you suggest to them certain ways to look upon something different. A bit of conflict resolution. You say, "Have you thought of perhaps there is another way to look at this." And usually so often brothers and sisters at that point are very much caught up in their drama and they don't even want to hear you. But, you plant seeds. Sometimes that resolution comes about speedily. Sometimes it takes a bit longer.

But you are healers, facilitators. You stand by and you encourage others as they come to that place of reawakening for themselves. You see the catalyst, the most terrible as the world would judge catalyst to be, of debilitating illness, disease where ones come to the point of thinking there is no other way except to release the body and then in a certain miraculous turn of events they see that they are the spirit, not the body, but the spirit and there is a revelation and the peace that comes.

And you stand by and you watch, you encourage, you give comfort to the body as you know all of these other processes are going on and you know their highest good is being experienced and expressed. It is wonderful what all of you do. All of you work with healing, different ways but all of you work with healing.

I would do with you now what is called the short time of silence, a meditation I believe it is called. So allow yourselves to get quiet, to take a deep breath. Most wonderful gift you give to yourselves to be able to breathe.

And in that space of quiet allow the mind to be as an empty screen and see what goes across the screen. Just to watch it. Thoughts, feelings, emotions, memories.

Allow the body to speak to you. If any part of the body has been carrying message for you. Allow it to speak to you. See it on that screen of the mind. See the part of the body that would speak to you. See what color it is. See if there is a flow of energy. See how it flows.

And then in that space seeing it upon your screen, allow yourself to energize it with love. Give to it that which it is asking for. Hold it as you would hold the newborn infant, the loved one, the beloved pet. Hold that part of the body. Nurture it.

Feel the love allowing all of the cells to expand, to feel at home once again in a place of peace, in a place of balance.

Take another deep breath and allow that love, that nurturance to flow throughout the whole body from the top of the head down to the toes of the feet. Feel every cell of the body to be refreshed, healed, nurtured. See it all in holiness. See it in light.

You have a belief that says there are authorities who study and who know more than you do about the body. And you go to the authorities and you ask of them, "What is happening? What should I do?" Now in this moment of peace, this moment of holiness allow that authority to come and to be with you and to say to you, "It is healed."

For that authority knows everything about you, knows everything about the body. How you carry the body, how you have used the body, what has been lacking, what has been over abundantly given to it and that authority now says to you, "You are healed. I look upon you. I examine and I see that you are healed."

How does that feel? Take that deeply within your knowing that the authority who knows more about you than you think you do, says to you that you are now healed. Anything you have been troubled about, it is healed.

Expand into the greater Self. Know the authority to be true.

And now upon the screen of your mind, place any issue of relationship, of emotions. Anything that has been troubling you. Place that upon your screen. Anyone with whom you have had question. Place that upon your screen. See that one or ones before you and ask of them what they would say? What is the deep desire of their heart that they would communicate with you? What is true going on?

Again see them in light. See yourself in light, not separate. See yourself as part of the agreement of the dance that you would do together. Behold it as the most divine dance. Even if you don't understand all of the steps of the dance know that in truth you have agreed that you will move together for the greater understanding of the whole.

And again the authority comes to you and the authority says that which you have been troubled about now you see in holiness, now you see where before there was confusion and doubt, self-

judgment and judgment of others, now you see that in truth it was divinely orchestrated by agreement and that what comes out of it will be greater revelation, greater healing. The authority that knows the larger picture speaks to you and says, "It is healed. Trouble yourself no longer."

Breathe once again and seal the healing for it is done. Breathe and know peace. It is done. Trouble yourself no longer.

Now beloved friends, for the remainder of what time you allow in this evening choose you a partner. Someone sitting next to you it doesn't have to be any great complexity about it. Choose you a partner and join hands and we did in the beginning, the sharing of hands. Just join hands with a partner. Anyone you would choose.

Already there is a sense of love. Allow yourselves to be comfortable and join the hands together and feel at this point, feel a oneness. Allow yourself to flow as there would be a cycle of energy, a circle of energy. Feel the energy going down through the right arm. Being received by the left arm of the other one across the shoulders given again through the right arm. Received through the left arm and across the shoulders and feel it as an unbroken circle of energy.

Visualize it. Feel it. Giving the energy with the right arm, the right hand, receiving with the left hand. Feel it to be an unbroken circle of vibration. Feel yourself to be joined with this one in love because truly you are. Know that you sincerely desire for this one healing because you do.

Anything that has been troubling the other one, you desire for them to know healing. Any small thing, any large thing you desire for them to know how holy they are, how divine what has been happening. It is. For never do you make a mistake. Always you serve the Christ of you in your awakening.

Feel the energy given with the right hand, received with the left hand. A cycle across the shoulders. Feel yourself in love, in sincerity of heart for you care for this other one. You care deeply.

And allow yourself to place yourself within the other one. Just in your imagination feel yourself to be sitting on the other chair looking out towards you although the eyes are closed. Feel yourself placed within the other one. Keeping up that flow of energy giving with the right hand and receiving with the left, a cycle, a circle of love. A circle of energy.

How does it feel to be within the heart of the other one? No separation only love. Only wishing the best. Knowing that in truth only the best can happen.

Now take a deep breath again and release the hands. Feel the hands. How do they feel? Do they feel warm? Do they feel alive? Can you feel a tingling? Most wonderful vibration of life. Most wonderful vibration of love. Lovers, all of you as I love you.

Go forth now in love. Go forth remembering that you are life. Go forth knowing that in truth that which you would see healed is already healed. It is done.

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Jeshua Teachings
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So be it.