

Jeshua Speaks of Maldek

2001-07-17

Whistler Advance

Beloved and holy and only child of our heavenly Father, child of the one Source, child of Light divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. I am the one known as Jeshua ben Joseph – Jesus you have called me – and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Always I come when you invite me. Always I am your servant. Always I am your friend, your companion, the Elder Brother you have called me. The Elder Brother who will always be there for you and with you.

In great joy even though sometimes you do not know the joy for you are caught up in the way of the world and that is okay because you have chosen and you have agreed that you will be a bridge, that you will know human life, human experience and all of the challenges thereof. And that you will be the bridge to the remembrance of the love of the Father, the innocence of the Holy Child and you have said that you will be here to be a bridge of light, a bridge of love. To celebrate everything be it the way of the world and all of the trials and tribulations and yet remembering at a very deep level how loved you are. I love that which you are for I know that which you are.

Now, the greeting. Now we get down to the meat. Last evening we spoke of what you have agreed to do. We spoke of the expansiveness, this new age that you are moving into and how you have agreed to be way-showers, how you have agreed to be the Christ, the presence of Christ even in a reality that does not believe that there could be such a thing as the Christ to walk this our Holy Mother, the Earth at this time.

To believe in a concept that there could be a Christ who lived a long time ago and a Christ who was the Very Son of God who perhaps came to this earth and walked for awhile. Or perhaps did not.

But your reality, the brothers and sisters, the collective consciousness that this day and time does not believe for the most part, that it is possible that the Christ could be amongst you and in your midst even now. Right now as we speak. And yet that is the truth of your Being.

For you see you have a bit of the work ahead of you. A bit of the challenge as the world will see, the perspective of the world, and yet it is not a work that is with effort. It is a work that truly comes effortlessly. It comes from that place of innocence within you. It comes from that place of surrender. That place that says, "I of myself do not know. But the greater Self of me does and I will follow that guidance."

That is why you are here so gathered in this room in this time for you have heard a calling deep within you. A voice, a calling sometimes forgotten and yet cannot be put away. A voice which calls to you and says, "Remember. Remember who you are. Come Home once again. Live in love. Know how loved you are. Come Home to Me." And you long for that Home. You long to know the love once again of the Father, of the Mother, of the All of you, the Isness. And so you have said, "I will do whatever it takes to remember. I will serve that voice, that calling no matter where it has to lead me. Through all of the shadows, all of the resistances, all of the issues. I will do whatever it takes to come Home to that place of Love. For I know that is where I have had my beginning, the ending, the Allness of Me. I know that is where I truly abide and I desire to know now and to remember it in fullness."

Eons of time ago as you measure the time within this dimension, you brought forth universes, constellations, light which you see yet in the heavens. Light which truly had its birth eons of time ago and is now reaching the place where you behold it. And eons of time ago you thought to create. You wanted to know, "What can I bring forth?" And in a certain dimension you brought forth physicality. Physical dimensions. Physical reality. In a time even before our holy Mother the Earth was birthed. Even before what you know now to be your reality here before that was birthed. You brought forth universes which to your way of thinking now are far, far away in a galaxy far, far away.

Why is you have now stories that call to you what is called your science fiction? Stories of galaxies far, far away in a time long ago or a time yet to be. Those stories are memories of truth of what you have lived. And as you see time as a truly not linear but as a circle, you will come to know what those remembrances, those memories, those realities once again and you will walk into them once again in what you see to be a future and yet it is a past. All at the same time. Play with that for a moment.

But in a time long before the birthing of our holy Mother the Earth, long before the birthing of this galaxy that you call home and even this galaxy being as vast as you understand it to be, the universes where you have played were your playground, they were your places of creation and you played with realities of light and of darkness even before what you know now to be history here.

And you brought forth the most wonderful beautiful creative playgrounds, planets, stars, star systems and you knew as the consciousness which you are, you knew yourself to be the consciousness that held it all together and you were as a light that flowed, an intelligence perhaps is a better way to put it, that flowed in amongst all of your creations. And there came to be a certain sensing of power. First of all true power or the power of holy creation and the power of knowing that everything came from that holy creative Isness. But there developed a feeling of power that was competitive. "I can fashion a universe more beautiful, more complex, more intricate than you." And there became groupings of ones who banded together because of like interests to play in the galaxies. And out of that came certain histories, birthings if you will, of cultures. Space brothers and you know them now to be and you were there and you played.

And you found that all of the complexities that you could create and you found also a sense of the competition which led to and came from the sense of separation. "That I am somehow individualized, separate from you and I can create my creations separate from your creations." And you went through evolutions of taking that as far as you wanted to descend into that density.

And you played with those galaxies and even now you are seeing some of the results, the lights of what you have played with in other time. It is reaching you now to be beheld in your heavens.

And growing tired of just what seemed to be that sandbox, that reality, you moved to see what else can I bring forth? You brought forth other galaxies, new star systems, new evolution of energy being birthed, being turned back on itself inward and then rebirthing. What you know now to be the dying of certain star systems and rebirthing of certain star systems. And you brought forth this universe, this galaxy, solar system and the most wonderful star which you call your sun.

And you dwelt within the energy of your sun. You knew yourself to be one with the energy of the sun which you know now to be your day star. And you dwelt within, around the sun and you brought forth to surround the day star other density of matter coalesced into form which you now call the planets. And you came and you surrounded the planets with your consciousness and you fashioned each one someone differently than the others. Different physical properties and you loved each one of the planets. And you looked upon everything you had brought forth in this area of this dimension and you called it good. You called it beautiful. And you came again as the great consciousness, the intelligence and you dwelt upon and within the coalescence of light into form and you have even now intelligence which lives upon all of your planets that revolve around your

day sun, the day star. You have intelligence that lives as experience and expression on all of the planets.

For you have fashioned different form of expression of intelligence according to the different planets and the different attributes of those planets. And you played with the knowing, the consciousness of our holy Mother the Earth and you knew yourself to be one with Her. And you danced upon the firmament as the light that you are and you delved deeply into her inner core to the inner sun within our holy Mother the earth and you dwell there now. An aspect as you would call it of yourself, the greater Self of you, living within our holy Mother the earth by the light of an inner sun within. An intelligence, alive, the same as you. Expressing and experiencing the creative Godhood.

Before you came into what you see as the history of this planet, you lived upon and within other planets of this solar system. And in truth, aspects of you, intelligence of you still are alive, well, expressing, experiencing on those planets. And you played with the most beautiful planet within the solar system and the creation of what you brought forth upon it and within it and there was great joy, pride but not a false pride. A true pride of creation. A celebration if you will, of creation. And it was a paradise. You played as the innocent child once again. Remembering and yet not remembering the other galaxies and the other evolutions of descent into density and all of the adventures with the other galaxies. Remembering and not remembering.

And so you played upon this most beautiful planet and you experimented again with divine creativity. "What can I create? What can I bring forth? What do I find joy in?" And you found joy in the most simple innocent beauty. And you found joy in the most complicated and complex competitions which evolved again into separateness. Which evolved once again into power. Not divine creative power, but temporal power. A power from the place of separation.

And you played with adventures of how I could bring under my control, brothers and sisters? And you brought forth most wonderful means of use of energy which would expand the density of form in what you call now an explosion. And your most beautiful planet, your home known as Maldek was expanded and you as the adventurers found yourselves once again homeless. Still consciousness because life is. Still alive as consciousness. Still alive as intelligence. But with a feeling deep within that you had lost something dear to you once again.

For it was a pattern that you had known in other galaxies and there was a remembrance deep within the soul group, you as the soul group, of being homeless once again. And all of this stood for and was as a reminder of your search for Home, the true

Home, the Home which in truth you never left. But there was such a feeling of loss. A feeling of abandonment. A feeling that you could be somehow scattered once again.

There was a sadness within the soul group, the vast soul group. A sadness which you carry with you even to this day within your soul. And you came and you said, "I will make upon this planet, our Holy Mother, the Earth, a paradise and never again will I play with the destructive side," as you understood it then to be, "of the creative power. I will use it only for creating harmony, love, heaven."

And you made a paradise once again upon our holy Mother, the Earth. And you came and you dwelt upon and within this body, this planet. And again there was a knowing, a celebration of creation. A dancing, as I have said, on the firmament and within. A celebration of joy of what you could bring forth and a feeling once again of almost Home. A place where you felt you could belong, where you could bring forth that which was most important to you and in a certain evolution of time as you measure time, you brought forth most wonderful civilizations. Civilizations which grew in certain specificity according to interests. According to ones of like mind, like interest, like priority. And for the purpose of this summary, there was in general terms, a divergence. Ones who used the creative power for what you would call now the beauty of nature and knowing oneness with nature. The most wonderful, that you still have now, examples of the trees, the mountains, the flowers, the flowing streams and the feeling of knowing that you were one with those creations for they were and are extension of you.

And it was known, truly known, not just a belief, not just a hope, not just something that sounds good, but it was known to be true. That the trees and the flowers, the mountains, the hills, all of the streams are you. They are an extension of your intelligence, your consciousness.

And the divergence of the other grouping was to bring forth what you would now term to be scientific and technological, to bring forth how the creative power could be used first of all to understand nature. That was how it began.

But it went then farther, to the place again of separation where I can bring forth the most wonderful technology that will tell me what is happening and how to control it and I am separate from it in that I can wield power over it. I am not one with it so it doesn't matter what happens to it. I am its master.

And so there was a divergence again. As I say, this is a broad generalization, and you had a culture, a civilization known as Lemuria. And all of you in this room have roots, ties to Lemuria. It calls to your heart. It is why you enjoy being in nature. Why you find

your solace in nature. Your support, your comfort, your peace when you sit with the tree. When you sit and you look at the most majestic mountain. And there is a sensing all of a sudden that you are not here and it is there but you are connected one with it and no longer is there a distancing, but there is a oneness.

You have your roots with Lemuria. But you also have, because you are not separate from the generalization, the divergence that we spoke of, you are not separate from the brothers and sisters, the intelligence that wanted to see what could be created, to be controlled, also have roots, understanding with the Atlantean culture. And there is that feeling that comes up within you every once in a while that you can control, you must control and if you are not in control there is a sense of insecurity. So you know both sides and you have roots, or perhaps the two feet, one on one side and one on the other.

And the cultures, evolution, the consciousness came to a place where again power, creative power was used for expansion. An expansion even as you understand explosion where we spoke of the planet Maldek being exploded is not said in judgment. There was truly an expansion and it was truly an expansion of consciousness. Although the interpretation as the soul felt it did not feel expanded. It felt very much constricted, brought in. And so with Atlantis and Lemuria once again there was an expansion and a change upon the face of our Holy Mother, the Earth and this change upon what you would see the surface to be was felt, reverberated even within the core, the inner sun and the intelligence of you which dwells within our Holy Mother, the Earth.

Much the same as you could have earthquake in a various neighboring geographical area and you will feel the shatterings of it. This was felt within even the core. And as there is no separation, there was an understanding of the feeling once again of a home being lost. Being homeless once again.

And you have repeated the pattern on broad scale and small scale throughout lifetimes. You have known the lifetimes where you have been homeless as far as a dwelling place. You have faced the possibility of the dwindling of the golden coins to the place where you could be homeless and the fear that came up with that.

You have lived lifetimes where you have known freedom of being homeless and have come through certain challenge, we will call it, of first of all being homeless and realizing the freedom of not having to be responsible for the dwelling place.

You have lived lifetime, some of you many lifetimes as the gypsy that did not have to have the dwelling place just in one geographical location but knew your home to be everywhere and anywhere and felt most free.

So again you have a knowing deep within you of homelessness and also a knowing of the freedom of homelessness and the innocence of the holy child who is always taken care of no matter where she or he may be, or it as the case might be. For some of your lifetimes, some of your experiences and expressions have been as what you would term now, it. For male and female that is what you call forth here as form of expression. But it is not the only and truthfully it is a small percentage of what you have chosen as an expression. Most of your expressions have been not gender but I digress a bit there.

Anyway, there has been as you understand history, a feeling repeated over and over and stored in the soul memory of possible loss, of being homeless, of being somewhere almost lost forever. And the possibility of being almost lost forever and out of that great sorrow has come anger, fear yes, and then anger. For fear will turn itself to action known as anger.

So the fear of homelessness repeated many times, stored in the soul memory is very much with you in this lifetime even in this day being felt as anger. You are seeing much of it, anger, in many ways now. Much of violence where ones are up to here in what they feel they can tolerate and there is just a small bit of the push of a button and they are into rage.

You have recently a new term, the road rage where ones will do something that in a cooler moment they would not do and they cannot understand how they did it. And yet in the moment of the rage there was such anger, such intensity of anger that it came forth in action that later they do not even understand. They say, "That was not me."

And where does that rage come from? It comes from unresolved fear, unresolved wounds, old baggage carried for more lifetimes than you can count. Lifetimes where you brought forth the most beautiful and then saw it changed, lost to you as you have perceived it. And the planet Maldek was not the first planet to be expanded. You have done that in other galaxies.

You have your stories now of the space ships, the star ships that go and blow up the certain density of form. Where do you think that ideas has come from? Again, a memory of what you have experienced, you have brought forth.

There lies within the soul of you. Now the soul of you is not the spirit of you. The soul of you is the repository of all of the experiences that you as an individualized entity as you understand yourself to be individualized consciousness, have had all of those experiences here in this reality, other realities, other dimensions within time and outside of time. And the soul is as you would see a great book. You have a term "Akashic

Records," where ones can go back through the Akashic records and say to you, "You have been great pharaoh. You have been great master on the starship known as...", and they give you a name. And it is true. This is a history of you.

And the soul of you is the repository of what you see your individualized history to be. And you carry within your soul as you understand individualized soul, and you carry it within you within the vast soul grouping because you belong to a group, soul group. All of the fears, all of the misperceptions, all of the possible loss, examples of abandonment over and over and you carry that at a deep level in this experience, this lifetime, this now, right now. And it will explain for you the unexplainable.

Sometimes when you burst forth with something and you say, "I don't know where all of this energy came from. I'm not usually like that." And you aren't usually like that, but there is as a volcano within you that goes very deep, of fear, of rage, of sorrow. Times when you are overcome with a sadness and you say, "Well it is because he said such and such to me. It is because she did something or did not do something. It is because of experiences in early childhood of this lifetime."

Those experiences whether immediate or perhaps some years ago, they are not in truth the reason for the sadness. They are not in truth the reason for the anger and the rage. They are one more prickle of the nettle. One more time when that old wound is being opened up again.

But the feeling of rage, the feeling of abandonment, the feeling of overwhelming sorrow goes back much further than this lifetime and goes back to what you would see to be eons of time ago in a galaxy far, far away and in this galaxy somewhat far away in time. Repeated, reinforced over and over.

Some say, "Well Jeshua if all that is within my soul and within the soul group what hope is there for me? How do I deal with this? Do I have to go back and examine every experience of this lifetime? Do I have to go back to the regressive hypnosis and go back through other lifetimes and pull all of that into my awareness now? Do I have to go back to the galaxies far, far away?"

No. In truth you don't. You can if you want to. And you do from time to time to play with the ideas as why you have your stories. But in truth as you go back and even in this lifetime, we will take just this lifetime as example, if you want to go back and relive all of those experiences that are as old wounds, that is well and good. But where does that keep you in the meantime? It keeps you there with those experiences. And that is okay because it brings up a certain clarity.

But then what you want to do is to reach the place of the acknowledgment now. Where am I now? Who am I now? Not who as I think I am by definition of soul history, but who am I truly? Who allowed, created, fashioned all of those experiences in the first place? You did, the Christ of you. And if the Christ of me brought all of that forth then the Christ of me can define a now that is not dependent on or defined by the past.

Now it can be if you want it to be. That is what you have habitually done over and over. You have defined the now by the past. But you don't have to. You now have a new understanding that it was the Christ of me. It had to be the divine creative Isness of me that brought forth all of those experiences in the first place. Is that agreed? Okay, good. That is the foundation for it.

So if it is the divine creative Isness of me that brought forth all of those experiences in the first place, then I can bring forth now a new "now" that is not predicated and defined by the past. I am free. How does it feel to be free? "I don't know Jeshua, I have never been free", you say and that is how separated ego feels. "I'm not sure I want to be free. I don't know what that means. What would I do? I need to have some definition, some limitation, some guidelines somewhere. How can I be totally free? What would it feel like? I don't think I would like it." Separated ego says.

So you start with a small step the same as you did when as the small one learning to stand upright and take steps. You took small steps. They are called baby steps and that is what you do with fashioning the new now.

You move into the next moment with just an imagining of, "How would it feel just to imagine for one moment, if I am totally okay. Now. Right now I am totally okay. Well yeah, I think I'm totally okay now. I had something to eat and I feel pretty good. Okay in this moment." And you move into the next moment. "How am I now? Well I'm the same in this moment, too." And you begin to put moment upon moment upon moment as you would string a string of pearls. And you find that after awhile the small moment extends longer and you are living in an okay now. "I am loved in this moment. I know I am loved in this moment because I can breathe. I feel that the body is being taken care of. For the moment I don't have to worry about anything. I'll worry about that some other time. Right now in this moment I am okay. I am loved." And you are.

So you begin with a new now. And if in another now there slips in some of the old past, the old nows, that is okay too. You say, "Oh, okay. I understand that. I've been there a lot. I know what that feels like. Now I'm going to breathe and for a moment I am going to be in a new now and I am going to allow this new now to know itself to be holy. Okay. Whole, not needing anything in this moment."

Separated ego may say, "But when you leave this place and you have to go back and you have to face the coworker or face the mate, etc.", you say, "That is not now. Right now I am okay. I am loved. I am innocent. I am holy," and you are. And the most wonderful thing about that is when you reach what seems to be another now, all of the things you have worried about usually aren't there. And the reason they are not there is because you are taking your new now into it and that transforms it. It is as a magic. A truthful magic not a sleight of hand but the truth of you.

I speak of this in sincerity and with a certain amount of directness because you are being asked to live the presence of the Christ. You have wanted to, you have desired it, you have called out to remember who you are. To remember the Christ of you and I have heard you. And the greater Self of you stands ready, willing and able always to give you that which is your heart's desire. It cannot help but give you your heart's desire for there is no separation between you and your heart's desire. Only what seems to be the thinnest of veils. And even in this evening we are pushing those veils away.

So I speak of this with sincerity and a certain directness because you have agreed that you will be the presence of Christ on this plane. That you will know, remember, realize, bringing into this reality the Christ Itself. And there is no way that you are going to do that carrying the baggage of the past.

Therefore, it is imperative that you begin to understand that the past does not control you. It is imperative that you understand that the past has been just that, past. Experience this, yes. The most wonderful adventures, yes. Know in truth, no judgment. No value judgment about all of the expandedness that you have ever did of any of the planets, any of the bodies. Bodies whether they be the physical bodies of brothers and sisters, whether they be the bodies, the heavenly bodies that you call the stars and the planets, the constellations and your universes. No judgment. No value judgment of any of that expansion, expandedness.

Adventures, yes. Most wonderful great adventures. But the misperceptions that you brought from all of those adventures, those misperceptions are as baggage. They are as the film, the cloudiness over the looking glass or the mirror or the glass you would look through. And you to be the true presence of Christ to know your own true holiness must need be moved beyond the misperceptions carried for so long. But not by going back and reliving them. That is not necessary. But freeing yourself right now in the new now knowing that the past has no power over you.

The past even of an hour ago has no power over you except as you will bring it into this now and say that it has power over you. And yet the most wonderful joke is on

you because you are the one with the power who says you will bring it in and allow it to have power. It would not have power unless you had the power to say it had power. Got that? So it is a bit of a smile on you.

This evening is the beginning of your new now. The past and all of the adventures of the past no longer hold you. They do not need to. As you have feelings that come, it is okay to have those feelings and it is okay to acknowledge, "I have a sorrow." And all of you do. And to acknowledge that this has come in truth from a whole lineage of misperceptions.

Even in this lifetime, when I say misperceptions, again, it is not a value judgment. It is a statement of fact that you have misperceived what went on and the message that you have confronted has been a message in limitation. Not the holy message. Not the whole message but it has been a limited understanding, limited perception.

Even in this lifetime where there have been experiences that have been hurtful to you, first of all acknowledge, "I took hurt from that. I felt wounded. I allowed it to shape my self image." And you have all had experiences that have battered you to the place where you have taken certain self image and you have said, "I must try harder. I must be in such and such a way. I am not quite good enough. I am as," you have a car rental company that is called Avis. I think they are number two so they try harder. And a lot of you have taken that as your life motto. You have said, "Well I am not quite the best so I have to try harder." You try this way or that way to prove I am okay. "I am going to live up to the mother, the father how I understood what their message was to me. What they thought I should be." And all parents have given to you the opportunity to take false message. Because all parents no matter how sincere and how loving and how much they meant well, have given you the message that perhaps you could try just a little bit harder. You can do a little bit better. You got a "B" in school. If you tried a little bit harder you could have made an "A". You have all heard that.

Or, "Maybe if you'd practiced a bit longer you could have been the concert pianist, or whatever. If you tried a little harder." Or even a small thing such as penmanship. You have tried your best and you came home from your schooling and you showed it to the parent and they said, "That's very good," if you had a loving parent. "That's very good, but you could have made your 'O's' a little more round." And your message that you took from that was, "Oh, not quite good enough. Darn, I tried my best. Okay, next time I make the 'O's' a little more round."

But the message that you internalized was, "Not quite good enough." Now the parent, teacher may not have meant that at all. They may have meant you did a really

nice paper. But you didn't hear that. You heard, Ahh, could have made the 'O's' a little more round. Could have tried," and so you tried harder. And you have spend a lifetime trying harder. Trying to please some nebulous entity. Perhaps a parent, perhaps a teacher, perhaps a whole conglomerate and they probably didn't mean any of that message at all or only a fraction of it. But it what you internalized. It is what you heard. So you have responded to that.

And if you multiply that over and over, lifetime by lifetime, you see what it does for the certain understanding of self, the self image. You get to the place where you say, "I'm not quite good enough but I will try harder."

Some of you have endured emotional abuse as you have perceived it. Where there has been a very direct energy, intensity of energy that said to you in so many words, "You are not good enough. I don't know why you were ever born. I don't know why you came. I didn't want you. I don't want you now. Get out of my sight." Some of you have heard that. You have lived with that. If not this lifetime, other lifetimes. And you have wondered, "What did I ever do? I was only born. What did I ever do?" And you have gone through the lifetime trying to overcome what you have perceived the message from another one.

Some of you have endured physical abuse that came as well. Where ones did not value you and your physical body and would use it because of again, divergence of understanding of power. And this power that comes from the belief in separation. That I can do to you, as a small one, whatever. And you have no recourse. You are not as big as I am. And so you have been knocked about. And they have been as wounds. Very deep wounds and oftentimes a repeat of wounds that you have felt other lifetimes. And the reason that you have experienced them once again in this lifetime is because you a re now ready to look at whatever has happened and to acknowledge, "I am the creative One. I am the divine creative Power that brought even that experience to my consciousness no matter how I judge it, how tragic, how bad, negative, abusive. I, the Divine Self of me, take responsibility for that and say that I must have agreed to be part of that." And you did. And why you did it is because you are strong enough, courageous enough to bring that in such a direct form right in front of the face to look at it, no longer to stuff it in the knapsack on the back and to say, "I will carry it and carry it and carry it. But I won't look at it." This lifetime you have said, "I am going to have it right up in front of me. I am going to look at that. I am going to feel that and I am going to heal it. Enough already of carrying it in the knapsack. I am courageous Christ." And that is why you have brought those experiences right into this life in order to come through them, up and over them to understand them as part of the holy script, the adventure of the creative Child. Not in judgment but to see it as part of the creative holy script and the use of creative power

even in a way which has been perceived to be hurtful and yet in truth, now in truth from a place of the beholder, the divine beholder having no more judgment in it than what you would see as the Broadway play on the stage.

Yes, it was hurtful when you were in it. Yes, as you understand individualized ego. You felt intensity of energy directed at you and also intensity of energy that wanted to be expressed and it didn't seem safe as the small one to express some of those things.

But in truth, from the Christ perspective, vantage point, it was all part of the most wonderful play for the sheer joy of creativity and to play the various parts and you all have played your parts beautifully.

Now I know that is hard to take. Separated ego, "Oh, he's not going to lay that on me. I didn't ask for all that abuse. I am an innocent beautiful child of the Father and I didn't deserve all of that." But yes, you did but not in a way of the value judgment. You see that is where there is the hang up. When you get into the value judgment. When you begin to see that you are holy Christ you are all powerful and there is nothing, no thing and no one, no power that can threaten the holy Child.

When you begin to understand your true being then you can accept responsibility easily and say, "Okay, you know if I brought all of this into my experience it must say something about me, and it does. And it doesn't give me the message that I have understood so long from the world that I am not quite good enough or not good at all." The truth, the truth of your being is always diametrically opposed to the voice of the word, what the voice of the world will tell you.

So you begin to look beyond. Right around, if the voice of the world is here you go around on the other side and say, "Okay, what is the truth of my being? If I have brought these experiences into my lifetime, in my life experience it must be because I am very courageous and strong." And that is the truth of your being. You are resilient.

Think upon it. If you have come through all of the destruction as you understand that expansion of universes and galaxies to be, if you have come through losing your home planet over and over. If you have come through all of the times when there has been perceived devastation and you are right here. Back again. There must be a power and a resiliency about you. Right? Otherwise you would poof into nothingness sometime ago and we wouldn't be having this conversation. That is how strong you are. How powerful in true power you are. So the Christ is to be celebrated and all adventures to be celebrated.

So when the sorrow comes upon you and it will. When the rage begins to be felt within you, acknowledge it and say, "Yes, I understand. I've been there. You have been companion with me many lifetimes. But now I think I am complete with you." You don't have to be. If you want to stay with it for another day, another month, another year. Again there is no cosmic referee that says any shoulds. You can stay with it. But if you want to be complete with it, again there is no cosmic referee that says, "Okay you've got another two lifetimes to live with this." There is no cosmic referee. And so you can say, "Okay. You know this week I think I'm complete with it. Okay. I'll try it out and see how it feels to have a new now. If I don't like it I can go back to the old now. I know that one well." So you play with them.

(Break time)

Now, we continue.

As beloved Songbird has spoken so well, your prayer this week is to the Father to hold you, to love you and for you to hold the Father. To hold the Father in your heart, your consciousness and to come to that place of healing. That place of holiness.

This week is a week of healing whether you knew it ahead of time or not. And you did know. It is a week of healing. There will be healing on the physical because there are those of you who come with physical challenges. Small ones and large ones as they are perceived to be. And there will be one arriving in your midst on the morrow who will be receiving from you a consciousness of healing and it is for all of you a healing not only of the physical but of the soul. What we have spoken of just a few moment prior. The soul that has carried so long wounds of the misperceptions, the batteredness that has been perceived. The feeling of not quite good enough. I must have to prove oneself good enough to be loved of the Father. Good enough to be welcomed Home. For long, very, very long you have striven to be in what you understood your truth to be, to be good enough that the Father would love you and that you could be welcomed Home once more.

This week, these days we spend together will be healing, healing time for you have asked, you have prayed, you have beseeched, you have gone within and that which you have prayed for, what you have asked for it is yours. Truly you are born anew.

You have brothers and sisters who use that terminology, to be born anew, and you have seen ones who have been born anew in vitality because they believe that the past has been forgiven them and they have believed that someone else has the power to forgive them.

But I say unto you that this evening you are born anew. This now moment is new and will always be new as you acknowledge it. You are truly born anew and this week, this time that we spend together will be healing at a depth that you have long sought to know. A depth that truly you have put almost out of the awareness. A depth that has said, "Well I would really like to be healed at that depth but I don't think it's possible. I think that has to be another lifetime or perhaps it needs bigger magic than I know to do." But in truth, these days that we spend together they are going to be healing at a depth, a soul depth that you have long to be touched, to be healed at.

You are not alone. We have spoke of this in last evening. You are not alone in the journey that you make. This journey that is without distance. This journey to the realization of Home. You have much help. Much companionship. You have it already. You can see it in the grouping here. You have already felt a support of friends. Last evening when you talked with ones who seem to be as unfamiliar, stranger to you. One that you said, "Well I don't really know you. Let's get to know each other," and you felt a certain sense of support and you know already after one day's time that you could call upon any of the ones in this group for support. Prayer support, encouragement, for support that they would listen, be the true friend. Any of the ones in this group already are there for you as companion. True friend.

It is, in truth, one of the reasons that you make trek to come to a grouping such as this. It is reconnect with friends of the heart, the family of the heart. It is in truth, the reason that you come to seek yourSelf and to find yourSelf in the eyes of another and to know that truly whatever you are going through there are ones to be there for you and that is true. Already you have connected with the family. It goes beyond the biological family. Already you have made the acknowledgement of family.

And beyond what you see as the ones gathered in this room there are the masters who have accompanied you on many, many journeys. The masters are now ascended as in truth you have been.

Now we have spoken of this in other times. The concept of ascension. As you will think upon ascension there is a knowing within you of how it would feel to ascend the body. How would it feel? Just for a moment. Take a moment and to imagine, how would it feel to ascend?

A certain feeling of expansiveness, lightness, not being held any longer by the physical laws of gravity. An expansion of light. Something along those lines. And you can kind of feel how that would just be. And in truth you have done this.

What we speak of that seems now to be the concept, you have already experienced. It is a memory. For all time, we have talked of this at other times, it is not linear. Time is not linear. It is in truth the circle, it is the sphere and all time is contained within the sphere. And one point of happening within the sphere and another point of happening within the sphere are connected by what you would see to be the linear connection and you say, "Yes, Okay. Time is linear." But in truth time is within the sphere, and a circle if you will. Therefore what you have experienced at another point as you see time to be, another point within the sphere you can connect with and remember.

And at some point, in truth, many points because you have ascended more than once. Put that into your mind and chew on it for awhile. You have ascended more than once. Those points are within what you now understand to be your memory. A distant memory perhaps. But as you have made journey you have been accompanied in the galaxies far, far away and in this galaxy, this most wonderful beautiful home that you now have, our holy Mother, the Earth, you have been accompanied by other masters who are in this point of time and reality referred to as ascended masters.

Now, let me throw in a most wonderful point to consider here and it is a truth. As you will honor and revere the ascended masters that you acknowledge from this point of reality, this point of time right now, know you that there are other times and realities where you are revered as the ascended master. For they are at that point in this sphere of time back here. We will say this is your point where you ascended. There are ones in that point of reality even now who honor and revere you as the ascended master. Now put that into your consciousness and chew on it.

Okay. This week is a week of healing. This week is a week of wholeing. That is truly what the word healing means. Coming into the place of recognizing the wholeness, lacking nothing, complete, perfect, whole. And as you do this, this healing and this recognition of wholeness of you, there will be and is already an expansion of consciousness where you know that you do not walk your journey alone. And you will be doing contemplation in this next few days that we spend together. Meditation. Time of communion with other masters whom you revere from this point of the reality as the ascended masters.

And to help you with this we have made a certain tangible way to remind you. So I would ask each one of you.... we will stir these up a bit. We are doing the divine stirring. There. And then you choose one. And that will be one with whom you will have communion.

(Passing around the bowl with slips of paper listing masters<D>)

Now the name that you draw out of the bowl it is by divine appointment, by divine agreement that you will work with this one in the next days to come. Written on the slip of paper is the name of that one as they are known to you in this point of time. Most often the ascended masters name that you know is taken from the last lifetime, the incarnation and the lifetime in which the ascension was made. There will be perhaps on your slip of paper certain incarnations noted. Other incarnations where they lived, made their mark upon your soul history so that you get a sensing of where you have known them before.

Each and every one of these that you will be choosing has special meaning for you and you have journeyed with that one. If you draw one, a name that is not familiar to you, well and good. Allow yourself to communicate with that one to ask, "What is your story? What do you have to share with me?"

Given also as a certain teaching aid, remembrance aid I suppose we will call it, is a color that has been associated with that one. For those of you who are visual in your meditation and want to visualize color you will call that one's essence to mind and then you may meditate upon that color, upon the name and upon the aspect that they have been known for.

This evening before you lay the head upon the pillow, allow yourself a moment of communication. Ask of this one to be with you which in truth they are and to speak with you either in words or in feeling or in knowing.

Now all of you are receptors, divine receptors and you receive information from the greater Self of you in different ways. Some of you will hear words, a voice. Some of you will hear perhaps a bit of music. Some of you will be visual and you will see colors or you will see a face. Some of you will just have a knowing, a sensing a presence, of love, of peace. Whatever it is know that that is the communication and the communion and that that one has connected with you as you have allowed your awareness to connect with them.

Meditate this evening as you lay the head upon the pillow. And when I use that word it is not that you have to do a heavy effort to meditate. But just think upon that one. Hold that on in your heart. Allow yourself to breathe into that one and that one into you. It is as easy as that.

Meditation truly is as easy as breathing. There are techniques, yes, but the techniques are just avenues that help you get there. Meditation itself is as easy as

breathing. So allow your breath to be the meditation as you lay the head upon the pillow and receive the message that is already in your heart. Receive.

Go now in peace. Go now in love. Go now in joy. Go now in the holiness which is your divine nature and true nature. Contemplate what has been said this evening for in truth, much has been said. Much has been given that will be as a stimulation for understanding, for releasement. Some of you will have the tears this evening. Some of you will heal old feelings that you have buried. That is okay. Give the tears. The sorrow. The frustration. The anger. Give it over to the ascended master who is your companion and your friend. For they will know how to transmute it and then give to yourself great love for that is what I give you.

So be it.