

Temple of Remembrance

1999-07-09

Beloved and holy and only child of our heavenly Father, child of the once source, child of light divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy. The divine gift to the holy Child.

For indeed joy is your birthright and if you do not find yourself living in joy you are living a life of limitation. Indeed life was meant to be originally as the holy Child fashioned it, to be spontaneous, to be a flow of energy, a flow of life. This is how you have known the experience and expression of the holy Child to be eons of time ago even within this dimension.

Now you are coming to a place where the still small voice within is calling to you once again and reminding you that life does not have to be a struggle. It does not have to be heavy, does not have to be dense. That indeed life is an ongoing experience of the Christ Child which you are and as such can be experienced lightly. I greet you in great joy. A lightheartedness. A healing heart if you will for when you will abide in light you allow all of the cells of the body, yes, to be in light, to know healing and wholeness and holiness. As you will breathe in the light that you are there is an allowance that you give to the body to do that which it is designed to do, to be a conduit for the energy of the Christ, an expression of the Christ manifest upon this plane. That is what the body is. It is manifest Christ upon this plane.

Now we have been speaking in the times previous when we have been meeting in this way, we have been speaking about the adventure of the holy Child and how the holy Child, the one creation of our Father being the child of the Creator is creative by nature. And how the holy child has said to herself/himself/itself, "What can I create?" Has posed the question of the thought, an idea and instantly with that idea has come forth many, many expressions, many, many adventures. Some of which are within manifest experience and expression such as this reality. Other experiences are within other dimensions, a multitudinous amount of other dimensions as you will understand that concept. Many of which do not translate into the understanding within this point of focus in this time, this reality as you call it.

But within this reality there is manifest experience and expression and you have brought forth most wonderful creations. A creation of energy as you know it. It is an expression of the Allness of the creative Holy Child. You know energy. It is a concept within this dimension. You understand yourself as energy, an energy of being. And within this dimension there is manifest energy that you bring into a coalescence of form. One form being the body of course. Many other forms being the furniture, the surroundings that you see. Many tangible forms of energy manifest.

And we have spoken that the true Self of you is the interdimensional Self. The Self that is not focused upon a dimension or a dimensional experience such as you call this reality a dimension. The true Self of you is the interdimensional Self, the between dimensions. It is as the ocean of you out of which you take a focus as one a drop of water and you say for a time interval, "I am this drop of water." Forgetting temporarily within this dimension that you are the vast ocean of being which is allowing you to focus upon the drop of water that you say you are.

And we have spoken that the Reality of you, the interdimensional Self of you is where you truly live and move and have your being and that now as you are coming to a place of wanting to understand "Who am I? Why am I here? What is this experience all about?" You are finding it most beneficial to move into the place of the beholder, into the place of the interdimensional Self, into the place of peace, a place of detachment, if you will, where you can stand back a degree or so and watch the wonderful dance that is going on.

We have spoken with you in previous times how beneficial it is whenever you are in relationship with another one and there comes a place of confusion, a place of perhaps challenge or conflict. How beneficial it is to take the deep breath and to remove yourself not physically, but mentally, emotionally a degree. To breathe the peace of the Christ and to behold what is happening as a dance of energy. Not to get caught into personalities, not to get caught into image of who the other one thinks he/she is or into the image that you think you are or into the image of what you think your relationship has been, should be, will be and is. But a place of the beholder where you watch a dance, an interplay of energy and from that perspective comes great wisdom, great freedom where you find that you are no longer at the end of the puppet string being pulled this way and then that way. But you are indeed above and you see that you are the one who is orchestrating what your next choice will be. It gives you a great freedom and space for indeed your world has taught you, especially in this point of focus, this day and time and society that you have to be very quick to respond to another one or your will lose your power.

When you are speaking with another one many of you, I watch you, many of you are rehearsing even before the other one is finished speaking you are rehearsing what you are going to say to them and immediately as they stop for a breath and you hope that they will soon, you interject what you have been rehearsing.

It is part of the society, the value of society that has taught you that you must respond quickly or else you will lose your place. Others will go rushing on without you and you will be seen as not knowing very much because you didn't have an instant response.

Now I will share with you that in days and times previous the great master was one who did not speak. The great master was one who if he was asked a question would breathe and contemplate and breathe and contemplate and allow the student, the disciple, the one asking the question to go deep within themselves to find the revelation, the answer and what was valued was silence. What was valued was the inner wisdom.

So as you will find yourself in relationship with another one and there comes a time when there is confusion or too much energy happening, challenge perhaps, allow yourself to shift to the place of beholder. Take a deep breathe, know that you do not have to respond immediately and wait until there is divine guidance and wisdom to speak.

Much of your society in this day and time is rushing about through the life experience wondering why they are constrained, constricted, uptight, why there is never enough time to do what they want to do. Wondering why they reach a certain garnering of years called old age and they wonder where the life has gone. What happened to all of those years when I was so busy I didn't notice the small ones growing up? I didn't notice the parents as they were taking leave. I didn't notice my friends as they were going through situations. What happened to all of those years?

It is very beneficial to breathe and to stop to become again the beholder and to watch the dance of energy and to contemplate the creations. Everything that you create is a gift from your Self -- capital "S" -- to yourself -- small "s". Everything that you create has divine gifting in it.

If you are rushing through life oftentimes you will access by the first appearance and oftentimes that first appearance does not tell you the whole story. But as you will allow yourself space to truly contemplate the creation you will come to a place of divine appreciation where you will see how wonderful you are as the creative one who has brought it forth and in that moment there will be great laughter for that which has been seen to be of small or lesser value will be seen to be a most wonderful gifting to have given to yourself. It is in truth, the key that transforms your world. For as you will stand in appreciation of the creativity of you, you will find new value and new meaning in everything and it will truly transform your world and how you experience it.

We have spoken in previous times how it is beneficial to know creation and to know oneness with your creation, to appreciate it, yes, and then to move into a space of oneness, of owning it and knowing that it is not separate from you. We have spoken that it is not for you to deny any experience, any creation. It is not to deny all of the physical that you have brought forth. It is not to deny the body. It is not to deny the beauty, the wealth, anything that you find as having been created in your world. It is not to deny, but to know true oneness with it. To appreciate it first of all, which allows you then to move into the ownership and then to know oneness with it.

We have spoken with you in previous times to use the physicality as a way of moving beyond physical. We have spoken how you may use the light of a candle by focusing upon the light to the place where there is nothing else within the awareness except with the candle flame to the place where you meld your consciousness, your awareness right into the candle flame and know yourself to be one with the flame itself. Not to see separation but to see oneness.

We have spoken how you may use a tone such as a chime, a bell perhaps, to use a tone, a note perhaps played on one of your instruments and to hear the vibration first physically yes, and then to internalize that to hear it with the inner ear to the place where you resonate with it even after the physical vibration may have ended you can

still hear it within. And again to find the resonance of oneness with it. To allow the physical to be an avenue that takes you past separation into the place of oneness, into the place of the interdimensional Self, the ocean of Being.

We have spoken that you may use aroma, fragrance the same way, to have something that you smell with the olfactory sense and then to take that deeply within to the place where you are transported into oneness with it even after the fragrance may be removed but still to hold that with the consciousness within and to allow yourself then to be transported into the expanded state of the beholder.

Everything you have created even the body, especially the body, serves you in your awakening. It serves you in allowing you to know once again non-separation. Even though the body speaks of separation because there is this body here, this body here, this body here, there seems to be separation and yet as you will be in tune with the energy of the body you know that it does not stop here. The energy expands. It is beyond. In truth the energy of the Christ which activates the body is not limited at all and it is certainly not limited just to the body and as you have an expanded feeling, a sensitivity to it, an understanding, you will know that your vibration, the energy of you is felt by the other ones around.

That is why we have spoke of this in previous times as well, but when you walk into a room there is a certain energy within that room. The ones who are meeting in that room you can feel if there is an upliftment of energy or you can feel if there is a certain energy of constriction, of worry or a certain energy of sadness and futility and loss. You can feel the different energies as you will come into a room even before one word is spoken.

It is because you are not separate one from another. Even as the body will speak to you that it is separate it is not. For indeed if you will receive it, the body ends with the edge of the skin. You know that isn't true because you know a certain energy around it. Those of you who have had your pictures taken in the aura pictures, you see the light that is around you. You see how that light changes from one photograph to another sometimes as you will hold certain thoughts, different thoughts within your mind.

You may use the message of the body. If there is a part of the body that is in pain you may use the pain the same as you would use the candle flame to go within the pain. Focus upon the pain. Do not deny it, but focus upon the pain. Go within the pain. Know that it is not separate from you nor you from it. Move within the pain itself and know oneness with it to the place where you feel it as a flow of energy or perhaps it is a constricted energy and allow yourself to be within the pain to the place where you begin to expand the light within the pain.

Denial and resistance sets up separation. But allow yourself to be one with the pain, to go within it allows you then to flow with it and it with you. Try that next time. Instead of being all worried and constricted about it, say to the pain, "Okay, I feel you." And within the mind's eye put yourself within the pain wherever it may be in the body and go within it. And as the light which you are, begin to expand the boundaries of the pain to the place of nothingness.

Now this evening I would speak to you a request. A most wonderful request. I have spoken to you in other evenings that I teach you as I was taught by my teachers and masters and this was a technique that was taught to me. I have a request of you this evening for you to begin to establish a temple of remembrance. A most wonderful temple of remembrance of the holy Child. To visualize a temple whatever your concept of temple is, to visualize a temple most expansive, immense and within that temple to place a room of love. A place where one can go and feel the vibration of love within that space and know that they are loved of the Father from before time began. A place where the energy itself will speak to you of love. And place within that room all that which will aid the remembrance of love.

And within the temple make another room. It will be a room of healing. So that if ones feel that there is something unholy, unhealed within the body or within the life experience or even within the soul, it can go into that room, that space and expect to remember holiness. And place within that room all that which will aid in the remembrance of healing.

Set aside another room that has all of the beauty that you can imagine, the gemstones, the golden coins, all of the beauty of nature, everything that you term beautiful. Establish a room within that temple that is a place of beauty.

Establish another room that is a room of peace. A place that because of its very nature allows one, allows one to know the peace of the Father. Allows them to remember who they are and the power that they are.

Within the temple that you make you will put in rooms of various kinds as there will be inspiration to do that. It will be a room perhaps that is a room of wisdom that will contain all of the wisdom as you know it from the ages. And another room perhaps of wisdom that will contain all of the wisdom of what you see to be the future. A place which in truth you are approaching already with your technology. A room where all of information and more than that, wisdom is accessible to you. Add to the rooms as it will occur to you that, "Oh yes, I want a room that is dedicated to such and such," and you will find that your temple will evolve, will grow. It will in truth speak to you as to what will be contained therein. What form it will take, what it will look like and how you will experience it.

Now will you bring this forth in manifest form? Perhaps. Some may feel guided to want to establish this in manifest form somewhere. In other words to build a dwelling place, a temple, a physical edifice where ones can experience such a thing.

I would suggest to all of you that you set a part of your dwelling place aside. It does not have to be large, but a space within the dwelling place and make a temple of remembrance for yourself. To begin there already with manifest form. Some of you already have a sacred place within your dwelling, a place where you go to mediate, a place that you have surrounded yourself with beauty, physical beauty, vibrational beauty, music and artwork, color, etc., whatever allows the spirit to be uplifted.

Many of you have a sacred place within your dwelling that you have set aside for that. Perhaps what you call an altar where you have sacred objects that are as cata-

lysts for remembrance. A candle perhaps, a crystal, a plant, a growing plant or perhaps a flower that has been dried and saved because it is most beautiful. Objects that remind you of how wonderful creative form is.

I would suggest that you set aside within the dwelling somewhere a temple of remembrance. If you already have one started then you can add to it. Put into it physical objects because as we have said, you do not need to deny the physical in order to be spiritual, please. Remember that you are spiritual, that you are spirit imbuing all of the physical with life and there is nothing physical that is not spiritual because you as spirit have brought it forth. So do not deny rather turn it around and see the oneness, see the spirit I everything.

So put some physical objects within this temple that you are going to do. Either establish or add unto objects that because of how you see them will immediately remind you of your creativity and your divinity.

Many of the brothers and sisters go through this life at this time focused upon the what if's. Focused upon all of the things that can go wrong. All of the things of the body that can go wrong. All of the things of relationship that can go wrong. All of the things of the employment that can go wrong. All of the things of Mother Nature that may give a bit of threat. In other words on every hand, everywhere they will look they will see possible threat. Things that must be guarded against.

One of the best antidotes to that is to begin focusing on that which is good and true and positive and beautiful and to keep the mind stayed on the good and true, positive and beautiful, that which uplifts, that which reminds you that I am all of this and more.

As you will work from the place of the physical and we speak of that first because this is a dimension of manifest reality. This is a dimension where you have brought forth creative form manifest so we begin with what you can see, what you can touch, what you can smell, what you can taste perhaps, what you can hear. Start with that first because that has been known to you to be reality. Allow that reality -- with a small "r" -- to be the avenue to Reality -- with a capital "R" -- to be the avenue that transports you into the place of beholder, into the place of the interdimensional true Self. That place where you breathe the peace of the holy Child and you say how wonderful it is to be.

Then as you have moved, and already I can see within the countenance of you I can see already as we have been speaking, there has been a move to the next step. It says, "But truly the temple of remembrance is within me. It is within my consciousness," and this is true. The true temple is within and always it is with you. There is no place that you can go that it will not be because the true temple of remembrance is within you in your consciousness.

What remains yet for many is the discipline of choice of dwelling in the temple rather than dwelling in the garbage heap, Gehenna, a place known as hell.

In your consciousness I am asking you to do a bit of work which is not effortful. It will be easy. In fact you will enjoy doing it. Go within your consciousness begin to es-

Establish an awareness of the temple within. Establish within your consciousness a room of love. A place where you can go when you feel perhaps unloved or you are witnessing what you see in the world to be not coming from a place of love. A space within you, a room I will call it, but a space within the inner temple where you can go and feel loved once again by the Father and by me and by your holy Self.

Set aside within the consciousness in the temple of remembrance a room of beauty, a playroom if you will where you run amongst all of the diamonds, the rubies, the amethysts, all of the gemstones, the emeralds, sapphires that you can imagine. How does it feel within the mind to pick them up and have them fall through the fingers? To gaze upon them with the inner eye to see the brilliance of the colors. A room of wealth and treasure.

For again within this point of focus this day and time, so many of the brothers and sisters feel impoverished or feel a sense of lack or limitation. Perhaps I have enough money to buy the necessary but I don't have enough money to buy a luxury. I don't have enough of the golden coins to buy a ruby, a diamond, a sapphire, an emerald. Oh I would love to just think about how beautiful that would be. Well you do have enough creative power in the temple of remembrance within you to establish a room where you can walk through all of the gemstones that you want and experience how it feels to be most wealthy. All of the golden coins that you can imagine. How does it feel to be king Midas?

And allow yourself to know that truly I am rich. I am not limited. I am not impoverished and that is a truth of your being. And go within that room within the inner temple anytime when you are feeling constricted as far as the flow of money, of abundance and play in that playroom.

Establish another room, a room of healing, a space of healing within the inner temple. A place where if there is something that is suggesting that it might be a worry, a place where you can go and take that worry and you can hold it in the light of that room and see it transformed into wholeness. If you have a pain in the back of the neck, a pain in the solar plexus, a pain in the toe take that pain into the room within. Take that part, in the mind's eye, take it into that room in the inner temple and hold it in the light of healing and breathe. You will see and experience miracles.

Establish within your awareness in the inner temple a room, a space where you can go and know communication, true communion with anyone. You will be able to commune with them instantly in oneness.

Allow yourself the discipline of practice for you are the one who is establishing now the awareness of the temple within and all that which you want to put into your awareness within this temple. It will take a bit of discipline and practice to turn to that temple but as we have said in previous times, once you make choice to look for the good, the true, the beautiful the next time the choice comes much easier and the next time after that much more easy, etc.

Every time you will choose to dwell in the temple of remembrance it makes it that much easier for the next time of choice for the next instant of remembrance. It is

a matter of focus. Not the focus out here somewhere that says, that is wrong, that is wrong, that is a possible wrong. Oh, oh I have to be on guard for etc. It is a matter of focus. Bringing the focus within. Bringing the focus to the temple within where you remember that I am in the world but I am not of the world. The world is of me and it has no power over me except as I give it temporary power.

You come to that place of realization in the temple that I am, I am most wondrous being. I am one with my Father. I am one with the ocean of being. I am the drop of water, yes, as I experience myself as individuality but I am more than the drop of water. I am the ocean. I and the Father are one. In that temple of remembrance I stand in oneness with the Father and all that He has I have and I am and I call it forth from that place of remembrance.

The temple of remembrance within is a most sacred place, a most powerful place for indeed as you will choose to abide in the temple, that sacred place, you will transform everything that you see and experience because you will be bringing your Christ consciousness to it.

Now in my lifetime there were many challenges. As I studied with the masters and the teachers they taught me this technique that I have just shared with you, the establishment within the awareness, the consciousness of the inner temple and the discipline of choosing very quickly to go within to the temple whenever anything would come to the doorstep of my consciousness. To go immediately within to the temple of remembrance and remember who I am as child of the Father. Remember who I am and I speak for you, as the sea of beingness, the creative holy one and then to look from that perspective upon whatever has been presented to me.

And after my teachers had shared with me the technique I have spoken to you in this evening, and I was allowed some time to practice it, and there were times I forgot. There were times when got caught up into the what if, the appearance but I found as I have shared with you just this evening, that each time I chose to breathe and to come within it made it much easier to remember in the next time to come within more quickly.

Then there were certain tests set for me to see how I would remember, how fast I would remember and how I would remember who I am and the power of the Christ and what I would bring forth from that place of the temple of remembrance.

Now will I set for you certain tests? Contemplate that. I have shared with you the technique. I have exhorted you to practice it, to use discipline to choose. Will I set for you some tests to see how well you are doing? Now in truth I will not. I don't have to. You are going to set the test for yourself. It is called life and life experiences. You will have opportunity to remember the words that have been spoken in this evening. You will have opportunity to go within to that sacred place of the temple and if you do not choose right away to do it, life and the experiences thereof will keep knocking and clamoring at you until a certain place where you stop long enough to breathe and the still small voice says, "Remember. Remember the temple of remembrance." And you will then see how you are doing.

Do not be discouraged if you find that there are times when you get caught up into appearances or into the thinking of the world. For indeed it has been with you for many, many lifetimes. It has been a choice, a divine choice which you have made in many lifetimes to focus so completely upon the physical that there was a temporary forgetting of the Allness, the divinity. But you have moved past that point of exclusivity. You are moving now to the place where you know I am in the world. I know the world. I understand the voice of the world. I hear it. But that is not all of me. There is more and I am beginning to discover day by day the more of me and the wonder of that more of me. And becoming quite excited about it, because you have revelations, and inspiration that seem to come from out of nowhere, from the heavens perhaps and all of a sudden a problem that you had been chewing upon there is revelation and light shown upon it and you say, "Oh, I didn't see that before. That is why he did such and such. She did such and such. That is why this happened or this is perhaps an avenue I should follow," and all of a sudden you know where the previous moment there was yet a question mark.

You are moving now into a most wonderful space, a space of true remembrance, a space of remembering that you have agreed, most wonderful being that you are, to come into this dimension of reality once again for the divine purpose of anchoring your light within a plane of reality that yet believes in darkness. That is what you have agreed to do. You have said, "Out of the courage of the one true heart, which I am, I will choose once again to come into this reality and to bring light to a place that thinks it is in darkness. And I will allow my light to shine to the place where I begin to see it." Most wonderful of miracles when you begin to see your own light, when you begin to see it with the inner eye first and you feel a radiance within and then you may look even in your looking glass and the visage will be changed. There is something different. I don't know what it is exactly. Others will look upon you and they will say, "You look different. Are you doing your hair differently? Have you gone somewhere and something has changed about you?" It is because you are beginning to realize, bring it into reality, realize, to make real, your light and your divinity. You are beginning to remember why you are here. Not to struggle. Not to have to learn. Not to have to pay back karma. You are here because you agreed to bring your light and to live light heartedly as the holy Child. It is as simple as that. And when you live in that space you transform and heal everything within and around and you allow others to catch a glimpse of hope.

Most wonderful commodity, hope. Did you know that it is contagious? It is contagious the way a smile is contagious. Have you ever walked into a room where ones are feeling quite hopeless and as you may have a remembrance within yourself that yes, this is happening, but there is more than just what appears to be happening and you smile at those ones. There is instantaneous upliftment of vibrational level that can be measured even in physical terms, that happens.

Have you been with one who was so caught up in laughter, positively the belly laugh and they were so laughing and you didn't even know what the joke was but they were laughing and laughing and you just caught yourself laughing with them and you didn't know why. You hadn't been there for the beginning of whatever the story was, but they were laughing and perhaps the friends around were laughing so much you found

yourself laughing and giggling to the place where the tears rolled down the cheeks even and finally you would catch your breath and you would say, "But what are we laughing about?" It really doesn't matter.

That place, that place of great laughter it is a divine place. It is a place of healing. It is a place that allows freedom of energy, divine energy to flow once again. There is a heightened vibration in laughter. A heightened vibration even that the body responds to when you are in laughter. Your scientists, your medical personnel are coming to that place now of recognizing the healing properties of laughter. When ones at least for a moment or so do not take themselves so seriously, so heavily and they allow themselves to come alive in laughter to become a bit lighter. And the body rejoices because then it can get on with the flow of energy a little bit easier.

Establish for yourselves a physical temple of remembrance. It need not be grandiose, it need not take a lot of the golden coins. There will be some of the brothers and sisters who will catch the vision and want to make a physical temple of remembrance and in time it will happen. But what is being suggested in this moment is for you to make a physical temple of remembrance within the dwelling somewhere so that when you see with the physical eyes certain objects there will be a reminder to go within.

To spend some time each day in that place of remembrance that temple to celebrate all that is good and true and holy. And then to know because you have practiced with the physical, then to know that even as I stand on the busy street corner amidst all of the worldly activities, even though I hear on the one hand all of the woes of the world and I feel on the other hand all of the density of world belief, I will abide in the dwelling place of the most High. I do abide in the temple within.

You will know that you carry that temple with you always wherever you go and nothing can harm or come nigh that place, that sacred place of the temple within. I tell you this true because I have tested it. The tests that my teachers and masters gave to me were physical tests first of all where it was most needful to go beyond the physical sensations of the body to become the beholder. It is the space in which I was abiding at the time of the crucifixion.

My teachers and masters gave me tests, emotional, of possible fear where it was needful for me to go within to the temple and remember the power of the Christ and not to give in to the appearance and the fear that would be suggested, the emotional chaos, the devastation.

For indeed there dwells within humankind a fear, a core fear that there would be energy of some sort that could devastate the being. There dwell within the core belief of humankind a fear that you could be lost forever and all time. Devastated, annihilated, forgotten, totally and completely extinguished.

There have been times in your histories. There have been times in this lifetime when you have had to face the dark night and all of the fears that come with the dark night. And times when you have had to speak quite strongly to the self of you not to give in to the fear that would well up within. Times like that in truth, you have come to the temple within to draw your strength.

So there were tests that were set for me. A physical tests, emotional tests. Those were the biggies, and yet what I have done you also have done. You also know the strength that you draw from the temple within. You also know the power of the Christ incarnate for you have been tested.

You do not have to worry as the voice of separated ego that says to you even in this day and time, "Oh my goodness. I don't remember all of that testing. If my testing is yet to be," that is the separated ego that is bringing up to you the possibility of fear. I speak to you true that you already have come through the testing that has suggested that you could be annihilated, devastated, lost forever.

You know that space when I speak of it. There is a relatedness deep within that resides right here, a fear, right within the solar plexus that grips. Maybe not too much in the daylight. Maybe not too much when everything seems to be going along okay, but you have been tested and you do know the inner strength.

Remember and practice and be of good cheer for indeed the Christ is awakening. The Christ is remembering and I welcome the Christ of you.

So be it.