

The Healing Consciousness

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Beloved one, you are standing now on the threshold of a time of great healing, for your world is calling out for transformation. The brothers and sisters are calling out for hope, for comfort, for something to believe in beyond the seeming random acts and chaos which they see in their world.

You, beloved one, can speak of hope. You have felt the joy within, which the world does not understand, and you can say that even though appearances are most tragic, "I know Who holds me -and the future." And it is not so much a Who as a What: the ongoingness of the Christ, the Love of Christ, and the divine order of the outworking of the Christ Love.

Now, in the day and time which you shared with me, that which is recorded in your holy scriptures, a good percentage of my ministry dealt with healing, and much of my ministry had to do with teaching. In Truth, all of my ministry had to do with teaching/healing, for you cannot separate the one from the other. For as there would be teaching, and as it will be received and understood to the place of catalyst for remembrance, then comes forth healing.

How did I facilitate healing?

First of all, we will start with the most obvious factor: there had been numerous events – examples of healing and miracles of healing – so that there was a certain reputation which had been built up, which gave credence to ones believing that I had special powers. So when they came into my presence there was already the belief that they could find a healing magic.

There was also within my presence a knowing, for I knew that these ones were already perfect, already healed, and that they could manifest the healing. So there was a reputation that went before me, and there was also the magnetic energy field around me because I knew that there was holy energy within me and within the others. And I knew that all that was required for the healing to manifest was a certain connection. The same as you have in this day and time with your electricity. There is a possibility of electricity in the wire. There is the possibility of electricity in the outlet. And you put them together and what happens? Great energy. But you have to put them together. It is the same with the magnetic healing energy, which you are. There is magnetic healing energy around you. It is the Life force. It is the Christ. It is the Isness which activates the body.

As you will desire to facilitate for others their remembrance of healing, you will do within yourself a certain amplification of Truth, of healing energy. It is a vibration of knowing. An Isness of knowing.

Draw your focus away from the appearance

First of all, you must draw your awareness, your point of focus, away from what seems to be the appearance of a problem. Now, this pertains to healing of the body, and also for circumstances. You will draw your focus away from the appearance, and you will take yourself into the place of the beholder and look through the eyes of the Father. Take a deep breath. Remove the specific point of focus. You can still be looking at whatever concerns you, but within your consciousness raise up the consciousness to the place of expanded awareness of the energy of that one who is activating the body. Move your consciousness into the inter-dimensional Self, the Matrix of you, the holy Self of you.

In other words, you are going to forget your small self because, if you stay in the consciousness of your small self, that small self is going to say, "I can't do this." Well, that little "i" is not going to do it. But allow yourself to move into the place of the beholder, the interdimensional Self, to look through the eyes of the Father, if you will, to the energy, the Christ energy and also to the physical energy, of the one or circumstance which would be healed.

The energy of healing

Imagine the physical energy, first of all. If you don't see the energy with the physical eyes, imagine it within on the inner plane of your consciousness. You will see the person not as the physical body, but as the energy of vibration. You will see it swirling around the body, and you may see it in certain patterns. This is how you read the chakras. This is what you have done in other lifetimes when you have facilitated healing: you have read the chakras, the energy vortices of all of the body, and you have seen where there may be a certain vortex which has slowed down to the place where it is not allowing the light of the vibration of energy to circulate freely.

And then from the place of beholder you have consciously directed the energy of the Christ Self through you to certain vortices to activate them — still from the place of beholder, because your part in this is to know their holiness. It is not to heal them. It is their choice whether they will plug into it or not.

There were ones who came to me who did not plug into the remembrance and were not healed.

Was I a failure? No. Were they a failure? No. It was just a, "No, not yet" decision. And you allow them the experience.

So you offer them, from the place of the beholder, the Christ energy and then you breathe and you smile, and whatever happens is okay, and you walk on to the next one. I was always available—either in person and always in spirit—for ones who desired healing. For there were ones who came to me and wanted to be healed in their awareness as self, individualized self. They wanted to be healed, and yet at another level there was meaning and purpose for the "no, not yet answer.

But there came a later time when they called out to me and I was not there in physical presence, but they called out to me and said, "Ah ha, now I get it." And in that moment of the revelation there was healing.

So it does not have to happen in the very time when you, perhaps, want to see the results. It does not have to happen in your presence. Your job is only to be the willing Servant, to come from the place of the inter-dimensional Self, the Christ Self, the beholder, and, with sincere desire, to bring of the Father all the Love which the other one already is for the purpose of knowing holiness, for the purpose of healing.

Wars and rumors of war

The principle of healing is true when you are dealing with the body, and it is also true for circumstances, relationships and events. When you will hear of wars and rumors of war, allow yourself first of all the deep breath.

Go into the place of the interdimensional Self, the Christ Self. Allow your consciousness to rise up; you may still be aware of events which are taking place on the world plane, but you are also taking your consciousness into the uplifted state of the Christ consciousness. Then, look at the most wonderful dance — for that is what it is which is being done. Watch the energy of vibration in the dance. Watch how it swirls. Look through the eyes of the Father and know that all serves the Atonement.

Each one is a healer

Each and every one of you has come once again into this lifetime to be a healer. Many of you have chosen, either as a direct profession or as an avocation, to be a facilitator of healing. Those of you who have not felt called in a direct way to be a healer are healers because of what you are living. As you are living from the space of optimism, of hope, the place of believing in the good, the place of loving, the place of friendship, the place that says, "Yes, you may fall down many times but I will be here to lift you up," you are healers.

You are a healer, and this is a time of healing. It is a time when all of the issues which come from a place, a belief, unlike Love are going to come up to be looked at once again and to be transformed, to be seen in holiness and healed.

The human ego is calling out for healing. The human ego for so long has lived in separation, that it calls out now to be lifted up into the Ego – with a capital “E”—the I Am Ego. The human ego is going to give you all kinds of questions, all of the “what ifs” and the “buts,” but in Truth the human ego is calling out now to be healed.

This is a time of healing and you are a healer.

—Jeshua ben Joseph (Jesus) in expression through Judith

The above article is a very small excerpt from an hour’s healing message given by Jeshua on Sunday, May 2, 1999.