

The Christ Light

1998-12-11

Beloved and holy and only child of our Heavenly Father, child of the one Source, child of light divine. That is who you are. Take that truth deeply within your consciousness and meditate upon it. Take it deeply within your consciousness and ask of it, what does it have to reveal to you? Child of light divine from before time began. Child of the one Source which I have called Father. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy and love which is your divine nature. It is good to behold you once again in this manner. I salute you one and all. A time of celebration is this not?

There is a feeling of anticipation. A feeling that you have known well as the child, as the small one growing up. A feeling of wonderment. A feeling of specialness at this time of year. It is your divine nature, it is the still small voice within you asking to be heard, coming and knocking upon the threshold of the door of your consciousness once again wanting you to come up higher. To feel the vibration of lightness. To feel once again in true remembrance, what it means to be Christ and to celebrate Christmas.

For indeed this time of celebration it is a time of celebrating the Christ-mas but it is not just to celebrate the birth of one Jesus, one Yeshua born a long time ago who lived a life and then has gone somewhere far away from you to sit at the right hand of God the Father. It is to celebrate this Christmas the birth of the Christ of you in your remembrance and in your awareness in this time in this world right here and now.

And the anticipation that you feel, it is your divine nature asking to be remembered and realized, made real within your awareness at this time.

A most wondrous time of living for indeed you have asked and decreed that you will know the birth of the Christ, that you will know again the Christ incarnate. Which is not, as I have said, one who lived a long time ago and who has departed from you, but the Christ incarnate as you as you activate the body in this day and time.

I guarantee to you that this Christmas it will be a different experience for you than the Christmases you have known heretofore. There is a newness upon this plane, a completion of the old and a birthing of the new because you have decreed it, because you have asked for it and because you are coming to a place of claiming your worthiness and saying, "Yes, now. I have removed the hindrances, the old beliefs enough that I can lay hold of at least a small tiny bit of the truth of my being."

"Yes," you are saying. "Yes, Jesus. Yes, Jeshua, I want to know. Gift it to me," and indeed always I stand ready to gift to you that which you are.

Now, in these evenings that we have been spending together, this time the last several months I have been speaking to you of a teaching that I received from my mas-

ter teachers in my day and time. A teaching which I shared, I questioned. There was dialogue back and forth with my teachers. A teaching pointed to the remembrance of all that the Christ is even as that Christ walks the face of Holy Mother, the Earth. We have been speaking of the interdimensional you and what this means to your experience in this day and time.

Before time began we as the one holy Child knew our Isness. We knew perfection. We knew the being of oneness and of divinity as you call it now. And being the one child, the one holy Child of the Creator there was a thought, instantaneous before time began, a wonderment of what more can be created? What can be expressed and experienced? And with that thought came forth new creations of experience. The adventure, the journey. And in the beginning even before the creation of time we knew ourselves to be creative. We knew ourselves to be divine being. Much as you see the waves of an ocean moving in concert, restless, creative, energetic. And the thought moved within the mind of ones, "What shall we create?" And having thought we brought forth creation, realities -- with a small "r" out of the one Mind, the one Reality -- with a capital "R" -- we brought forth multitudinous realities -- with a small "r".

And we played in the realities knowing that we were the Reality -- with a capital "R" -- which had brought forth the expression of the reality of creation. And as the thought evolved, progressed we expanded upon what could be experienced, what could be created? And from that has come a multitude of dimensions, a multitude of realities. And we have played within all of the dimensions.

Some of the experiences within some of the dimensions we have known ourselves to be multidimensional. We did not limit the awareness to a specific dimension. But we knew ourselves to be quite fluid as Mind. We knew ourselves to move within dimension and another dimension and another dimension and to be quite unhindered by our creation.

In this reality which you have brought forth and which I share with you, there is a collective agreement that there will be specific focus upon this reality. Specific focus to the exclusion of other realities, other dimensions where you have said, "This is all there is. This is my reality." This is the dimensional self, the dimensional focus and you have created so well with such a miracle of creation, a specific focus that for aeons of time you have said that there is nothing more beyond this dimension. Although you have always hoped that there could be something more and you have had teachings that once the body was released then you would know something more.

So always there has been the still small voice of hope within you even as you said that this is all of me. It is not perhaps the most perfect life or the most perfect world, but it is my reality and then you have hoped that perhaps you would know another reality called heaven once you had deceased the body.

And all the while the interdimensional you that one Mind, the oneness, the divine Being of you has been aware, allowing, beholding. You, as you have brought specific focus upon this dimension.

We have spoken in other evenings of techniques of releasing specific focus upon this dimension or any other dimension that would be constraining. To be able to move into interdimensional consciousness. Not to have to debase the body in order to know the truth of your being, but to be able to have awareness of an expanded Self, an expanded Ego, if you will, that allows for and celebrates the one Self, the one Mind that is always Being.

You have asked, those of you so gathered in this room and those of you within the sound of my voice, you have asked to be freed from the narrowness, the constriction of this lifetime and its beliefs. You have cried out to me and to the Father to allow you to know peace. To allow you to know answers to the challenges of day to day living. Allow you to know answers to relationships that seem to be most challenging.

We have spoken that relationships are your greatest teachers. Every relationship no matter how brief or how long term it is, brings with it a gift. A gift of bringing to you the awareness of any limited belief you may yet be holding about yourself or about others.

Every relationship is a gift that you give to yourself. It is a great teacher. And you have railed against relationships and you have wanted to be free of the constriction, the sorrow, the confusion of some relationships. And then others you have wanted to be so closely possessive of that when the relationship would change its form there was great loss and sorrow experienced. When perhaps the loved one deceased the body and moved into the interdimensional awareness you have felt a loss and you have asked, "Where is the gifting in this Jeshua? It does not feel like a gifting at all."

And then you have moved into the place of the greater understanding of true communion with the loved one and you have known that the body does not contain the loved one. That that loved one's spirit and energy is eternal and forever and the communication and communion is ongoing and then you have praised God and you have said, "Thank you. Now, I see the gifting."

Other times relationships, ones have said that they were complete with whatever that relationship was and they moved on to another relationship and you said, "But I am not complete with it yet, and you felt sorrow and confusion and again you cried out to know releasement from the pain and again you cried to me and to the Father wanting to know where is the silver lining? I see the cloud. Where is the silver lining?"

And then you have found yourself moving into a most wonderful place where you have realized that in truth you have not lost any of that relationship. For what is important to you is the love and the love that you give to others and no one can hold you back from giving love and then you have known a great freedom and you have seen that you can love that one no matter where they have gone, no matter what other relationship they have taken up, no matter even if they would say that they would not accept your love. They cannot keep you from loving and you have gone with a light step and a light heart knowing the extension, the extended Self which is love and you have gained and been wiser for it.

In our last meeting such as this, we spoke of the importance of being the beholder. We spoke of the importance of knowing the reality, yes, that you experienced, the small "r" reality. Not to be in denial of what you see the activities of the world to be. Not to be in denial of what it feels like to be in any of the relationships. Not to be in denial of any of the questions and the confusion and the challenges of life, human life. Any of the challenges of the body and mind and even soul.

To recognize yes, what is happening, to identify it, to take stock of it and then to breathe. And to breathe light around any situation and to breathe peace. To allow yourself space, to step back and to be the divine beholder. To know that yes, you have agreed that you will be active in the expression of specific focus. In other words, this lifetime. This reality, but that you will also allow yourself now with the tools which you are remembering, you will allow yourself the space and the peace to be the beholder and to watch from the place of the divine Mind, what is going on energetically with yourself and with all others with whom you are doing the divine dance.

And we have spoke to you how this will transform your thinking and your feeling about everything that you experience and how this will lead you in time, with practice, it will lead you in time with practice to the place of ascension.

For you have cried out to know ascension. You have wanted to know ascension most intensely, freedom from emotional bondage, from mental constraint. Freedom from the baggage of the soul, the old wounds that have been carried from lifetime to lifetime to lifetime and some of you have asked and desired to know physical ascension. To know what it feels like once again to ascend the body. To allow it to be the light which it is and the frequency of light.

Know you that you have experienced that? Even in this lifetime. You have known ascension even with the physical body. A small bit you will say, but a bit when you have felt exhilarated, uplifted, happy beyond the happiness that the world knows. Where you have felt so okay about yourself and about others that for an instant or so you felt perhaps that the feet did not touch the ground.

You have felt so blessed, yes, and so happy that you knew that yes, you were a child, a human child but also the child of the Father walking in the shoes of this world and yet knowing your holiness.

But most of all what you cried out to know is the ascension, the freedom from the emotional bondage and the old wounds of the soul and the mental constriction, the confusion. And I share with you what my teachers shared with me.

Now there are questions and you say, "But Jeshua, certainly you as the son of the one Father, you knew yourself to be divine. You knew yourself to be messiah. You knew all of the prophecies. You were told how you were a holy infant, a holy Child, surely you did not have to be with teachers to be reminded of that."

But I say to you that my journey of that lifetime had to be by divine design very much as yours is. For you know yourself deep within to be divine. There is a knowing deep within you that rises up when the world will say that you are worthless, that you

will have no value, that you are wrong, always wrong. There is a feeling within you that has always risen up and has said, "But, I know there has to be something good about me."

It is that small, still small voice within you, the voice of truth that speaks from a time so far away as you see time to be, that it seems to be very vague, very quiet, very still and subtle and yet it is persistent. It will not leave you alone and I will not leave you alone. Never will I leave you alone.

I knew human life. As an infant the same as you, I knew it was a grand adventure. I was in communion with my Father the same as you have been as the infant. And there was agreement the same as you have made that I would allow some of that divine remembrance to go into the background, to decrease so that I would know human experience, so that I can understand when you call to me, when you are in sorrow, when you are in confusion, when you are in a place of wanting, great desire of wanting to know who am I? Why am I here? I can understand.

What good would it be if I came as great savior, divine holy child, walked the earth with a certain armor around me, an aura of holy light and I never knew what it meant to be human? To have human experiences and human emotions? When I would speak to you to teach you, to remind you, to cheer you on what point of relatedness would there be?

I have walked the face of our Holy Mother, the Earth as a human, as a man, a divine human being, the same as you. And it was part of my agreement that I would share as you are doing in this day and time, revelations and remembrances with those who were seen to be at that point in time a bit farther along in the journey of remembrance. In other words, the teachers, the masters with whom I studied.

Now in truth, you are the great Christ. You have all wisdom within yourself. There is nothing that I can impart to you that you do not already know. It is within you as the divine one Mind, the interdimensional Self which we are. It is available to you at any time, any moment, anywhere. It was the same with my studies with my teachers, the masters.

There was not a truth that they could impart to me that I did not already know. But they could remind me to go searching for it in a certain way which is my function with you in this time, to remind you of certain ways that are beneficial to the remembrance of the divine Self, the interdimensional Self that is beyond the specific focus of this one reality.

Now, I would invite you to take a deep breathe and to allow the eyes to close easily if it feels comfortable for you. And to go to that place of oneness within yourself. To go to that very quiet center place of your being.

And to breathe again, easily and deeply. And in that space of perfect peace, allow yourself to call to the mind's eye a remembrance of an event, a circumstance, an inter-relationship that you witnessed, either today or recently. A circumstance, a situation

perhaps that was a bit confusing. And to allow that to play out in the mind's eye as to who said what. What was going on?

Pick a situation, an event, an interrelationship, a dialogue if you will. A dialogue that you were witness to and perhaps not part of or a dialogue where you were a part of.

And now take another deep breath and play that scenario again. This time not seeing the bodies or the faces as such, but seeing the energy of the person number one. What the energy looked like as they were speaking, whatever they said. Behold their energy. Was it peaceful? Was it dynamic? Was it aggressive? Was it forceful? What color was it?

And then behold the energy of person number two. As they played their part in this interrelationship. What did their energy look like? What did they say and how did they say it and what was the thrust of the energy as they said it?

And allow yourself as the beholder who was watching all of this, allow yourself now to take another deep breath and to see the same scenario but this time infused with light. Wash it with light as you would with a paint brush, as you would with a flashlight perhaps. Wash it with light and feel how that energy now feels.

If there is a revelation, if there is wisdom, if there is an answer to a question you have been asking allow it to come to you in that light.

Breathe your light into that situation. Become the one Mind that is the beholder.

Take that light and feel it centered in your heart. Feel yourself to be in that light and to be that light itself. Feel yourself to be as radiant golden white light that heals all that which would be perceived as unholy, unhealed.

Know yourself to be beyond specific focus. Know yourself to be peace. Know yourself to be divine wisdom. Breathe your wisdom into that situation.

From the vantage point of the beholder feel the freedom that is in that light. From the vantage point of the beholder allow yourself to feel in the future one hundred years from now, one thousand years from now. Allow yourself to look back on the situation from the vantage point of the Isness of eternity and breathe freedom into any situation that may be troubling you.

Feel the peace that has descended. And now when it feels comfortable for you, allow the eyes to open. Do you feel the peace of the beholder? Do you feel any different about the situation?

It is a powerful place to be, in that place of the beholder. That place that releases all of the chains of specific focus, that place of great peace.

For when you abide in that place of great peace as the beholder, all wisdom is available and accessible to you and you begin to see what could have been and was perceived as a knotty problem you see it unraveling, untying itself revealing to you the blessing.

Take another deep breath and allow yourself again to feel peaceful in the heart. Allow the eyes to close if it feels comfortable.

And picture your body as you have seen it in a mirror. Behold your body. Scan it from the top, from the crown chakra down to the toes.

Behold it as the appearance of the body first. See the boundary of the skin. See the features of the face. See the hair. See the outline of the body, the shape of the body.

And then allow yourself to scan the body once again as light. See the lights that activates the body, the aura it is termed. See the aura around the body from the crown, around the head and neck, the shoulders, the arms, the hands and fingers. The torso. The legs down to the feet and the toes. Behold yourself as a light being.

As you are scanning the body if there is a part of the body that appears to you to be less bright, less radiant perhaps dark. Allow yourself to focus upon that part of the body and to ask of it, what it is carrying for you? For indeed the body is your perfect servant and it serves you as you will ask it to. It will carry for you the baggage of other lifetimes. The baggage of old belief, the hurts, the wounds, the limited belief about who you are and the value of who you are.

If there is a part of the body that seems to be in constriction, a part of the body that would send a message of diseasement, not being at ease, not being in harmony with the light which you are. Allow yourself to be in communion with it, conversation. Speak with it.

Thank it for its great effort for its service of what it has done for you and what it continues to do. And then speak to that part of the body. Nurturance. Speak to it that now that you understand the light which you are, you will relieve it of some of its burden and replace that burden with light.

Allow the hands, your light hands to be placed upon that part of the body and to infuse that part of the body with light. See that part of the body glowing, gaining in radiance. Gaining in wholeness once again.

And now when it is comfortable allow the eyes to open once again.

Anytime you feel constriction within the body, anytime there is a part of the body that calls out to you, in truth it is calling for love. In truth it is calling for nurturance. In truth it is calling to be able to be that which it truly is. To be light and to be in harmony.

Whenever you would desire to heal, as it is known, to heal a part of the body go back into the sacred place of peace, the interdimensional you. Release through the breath the specific focus of being so caught up in what is going on right here, right in front of the nose. And in that sacred place of peace envision the body. Envision any circumstance, any relationship, any event. See it as the appearance first of all and then allow the mind's eye, the visualization it is called, to release specific focus. To diffuse that

focus into light. And then take your light into whatever troubling challenge you are experiencing.

Go often. As often as you can remember into that space of the interdimensional you. Release specific focus that keeps you so constrained to this world.

Breathe, how simple and yet how powerful the breath. For with that breath you allow the releasement of all of the constraints you have carried up to that previous moment. You allow yourself the opportunity to go into the sacred place of interdimensional consciousness.

Now, one more time. Take another deep breath. Do not worry you will not hyperventilate. Go into that sacred place of silence within. That place called the heart. And in that place of peace, that place of great love call into the mind's eye a loved one. One who may be sharing this lifetime with you in physicality or one who has released the body.

Remember their body if they have released it. Remember the body as you knew it to be. See it first of all as an appearance. Visualize that one as you have known them so well. Visualize the hair, the facial features, the body. Every part of the body. What does it look like? What does it feel like? When you have held them what does it feel like to hold them? Be very physical in your remembrance. Study the appearance. Bring it into the mind's eye with clarity.

And now take another deep breath and keeping that appearance in the mind's eye, allow the appearance to be diffused in light. See the light around the body. See the aura. See the light that shines through the eyes. See the dynamic quality of the light of their being. See that body awash with light.

Now place yourself in that picture. Yourself as you truly are as a light being. Place yourself in that picture. At first as a separate light begin but as you have seen you do not stay separate very long with the blending. It is as you have reached out the arms to hug that one and found yourself enveloped in their light, in their love. They are enveloped in your light and your love. And you do not know where the one begins and the other ends for there is no beginning or ending. You are of one being, one Mind.

And in that space of one being and one Mind, speak a thought. What you would say to this one. And behold what happens as you speak this. How the energy feels. Know the space of true communion, common union of one.

Feel yourself immersed in the light and in the energy. And know that truly never have you been separate from that one and never will you be separate from that one. And that from now on there will be an awareness of oneness, of communion, of companionship that goes beyond the understanding of the world.

Feel the divinity of Allness. Know that you recognize, yes, a specific focus of individuality and yet you can and must remember the divinity of oneness. Feel the healing that is in that space.

And now when it is comfortable, allow your eyes to open once again. And sitting in perfect peace with the eyes open call to the mind's eye the light of that one. See that one in the mind's eye even though the eyes are open. Can you still see that one at light?

It is there. It is within the mind's eye. Always it will be with you.

See how powerful you are when you allow yourself to move into the space of the beholder. See how all barriers dissolve and how you begin to move in to a remembrance and a reclaiming of the holy Self of you. The whole Self. The one Mind. The interdimensional You.

Choose someone, someone near you to look at. You don't have to be difficult about this. Just another person. And see first of all the appearance of the body. It can be anyone.

See first of all the appearance of the body. Notice how their hair looks. How the facial features are. Take stock of what the appearance looks like.

And now take a deep breath and remembering that place of sacred peace within, look at that person again and allow your eyes to soften, to gentle. Allow the eyes to just become a bit unfocused and see the light. The light that is around them. The light that surrounds the body as a most wonderful bubble of light.

And then see how that light is not contained within just a bubble around them but it expands. You feel it even in the space between the two of you. You can feel the energy of light pulsating.

Behold the light of love. Allow the eyes to be gentle. Allow the eyes to go out of what you call focus. Stare at the other one and beyond them. Stare as you would be looking beyond them and feel a certain oneness of energy that is between you.

And then when it is comfortable allow yourself to resume your position on the chair to be comfortable once again.

I will share with you that this is an exercise that my master teachers had me do over and over and over again. Until in truth I would walk into a room. I would meet another person and I would have to remind myself to focus upon the body, to focus upon the appearance for in truth the first thing I would see was the energy even before they walked into the room. A feeling of energy, a feeling of presence even before the physical appearance came.

It will happen the same for you if you desire it and you practice it. You don't have to do it but it allows you to release specific focus and it is fun to do.

Now in the last time that we so met together I asked you to gift to me this evening with bringing a candle and that we would play with the candle and the light, the light of a candle. And I said to you that it did not matter what size or shape or color or kind of candle that you brought. And it is most wondrous to behold all of the different shapes and colors of candles that are here.

Later when you have your social hour you may commune with each other and discover all of the different shapes of different candles.

Many of you have played with the experiment of the light of a candle in a dark room and you have noticed how bright the candle, a small flame, can light a whole room.

Beloved one, light your candle from this one.

{Lighting the candles around the room.} And now you light yours from hers.

Be aware of the symbolism of what is happening for this in truth is what happens in the human life as one will catch the fire, the remembrance and the radiance of being and come truly alive in that radiance, another will catch it from you and from you and you will be lighting each other's remembrance.

As you will remember who you are, as you will be seeking and asking, as you study, as you question, as you talk and discuss with others and come unto revelations there is a contagion that happens. Your light quite literally expands. There is an expansion upon this plane of light. There is an awareness, a growing awareness born of many, many lifetimes of seeking, of asking, of searching. For indeed as you will ask it will be given unto you. It cannot be held from you for everything that you would ask to know is within you as the interdimensional Self. That Self that does not know constriction of specific focus.

So everything that you would ask to know is available to you within. That is what is mean as within. When you go to that sacred place of peace brought to you with the simplicity of a breath, one deep breath you go to that place of peace within and you release for a moment and sometimes longer, the specific focus and become the beholder and you ask, what is truly going on here? What is the answer? And you stand as the beholder and all wisdom, all light will be revealed unto you.

Do you see the light that is within this room? Do you see how bright it is? As each one have come into remembrance once again of the light which you are. Behold the symbol of that which you are, the Christ, the Christ light.

Anytime that you feel the world is too much with you, anytime that you feel the darkness, the confusion is overpowering or threatens to be overwhelming, do something tangible, physical in this physical world. Light a candle. That is why you have remembered and written into your rituals down through the centuries the lighting of candles.

Make it no longer a vain ritual of just something that has to be done but allow yourself to know the deeper meaning of the candle, the light which it symbolizes, the Christ light which you are. For indeed the light of a candle would not be without you. The light of this candle is within you and your consciousness, your awareness. Without you it would not be. Without you the light in this room would not be.

Whenever the world is too much with you, whenever it feels that the darkness the confusion of the world would have possibility of overwhelming you, light a candle and breathe. And look at the light which symbolizes the Christ which you are. The light

in physical form of energy upon this plane. A collective consciousness that has agreed to physicality.

And be aware of the power of one flame. That is how powerful you are. Remember the symbolism in this evening how one in her remembrance allowed another in his remembrance to allow another in his remembrance to remember and share with another the remembrance of the Christ light and on and on it goes until your world is transformed. That is what Christmas is all about. That is what the birthing of the Christ is all about. Not just a historical even of long ago, but a happening now and a remembrance now, the light, the Christ light. {Holding up the candle} To you and to the light which we are now and forevermore.

So be it.