

## Your Belief in Duality

1998-03-13

Beloved and holy and only Child of our Heavenly Father, Child of the one source, Child of light divine. That is who you are. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy of being with you once again.

How is the heart feeling? Light, yes. In love, right? Happy to be here? Yes, happy to be alive. Right. Happy to be remembering who you are? Yes, and living as the light and love that you are.

For we have spoken that this is the year of opportunities and you are finding already many opportunities to either be in fear or judgments or to be in love. Opportunities everyday to serve the Father or to serve the world.

And you know the feeling, the difference that comes as you will serve the world you feel a constriction even within the body. And the body cries out to be aloud to be whole, to be holy.

As you have served the Father as you will allow yourself to be, to be peace, you feel and know all the energy within you to expand. To be most healing for yourself and for others.

For as there is no separation and I assure you that there is not, when you allow yourself to abide in peace you allow all of the brothers and sisters the opportunity to share in that peace as well. So what you do is of no small import. What you do affects all of the brothers and sisters upon this plane in this day and time, as you see time to be, and others who are within the unseen realm, as you call it, for those feel your energy. They feel your peace and they feel your love. And they also would have you know their love.

So when the world will speak unto you that there are activities, schedules, shoulds that have to be done, allow yourself to breathe and take in the peace of the Father. And allow the mind, the awareness to extend even to the place where you would invite unseen ones to be with you and to share their love with you for they would do so gladly.

Call upon me. Call upon me for my love which is always yours. Call upon me for my strength which is always yours. Call upon me for the wisdom that you would seek and always it is yours. For nothing will be held back from the holy Child. All it takes is your willingness to ask and to accept.

It all starts with that deep breath inviting the peace to be in your awareness. There does that not feel better? After all of the rushing about, all of the activities, the peace now descends. The holy peace which is you.

It has been called grace. It has been called the gift of God. It is freely given, the peace of the Father. So freely given that all you have to do is to breathe and it is yours. And if you find that you breathe once and there is the peace and then the activity of the world comes knocking at your door insisting that you be caught up in it. Breathe again. And again. And again. Unto the place where perhaps you will feel you are ventilating and you feel a bit light headed. That is okay. Feel light headed. It is a good place to be.

Most of you deal all day with so many of the concerns of the world that you forget to breathe. Many of you deal so much with the activities and decisions of the world that you forget momentarily how it feels to be in peace. And yet it is a gift freely given. Yours for the acceptance, just to breathe.

And when you breathe and you accept the peace of the Father, then the wisdom that you seek has a chance to be heard. The still small voice always speaks to you. But when the clamor of the world will be too loud, you do not attend to the still small voice. As you will allow yourself to abide in peace, even for the smallest amount of time, the inner wisdom will speak to you, will guide and you will find that you desire it most.

Now, this is a wonderful year in your timing. A year of gifts. Some of which upon first sight, well it is like your Christmas time. It is like your celebrations of the birthdays sometimes where you will receive a gift from someone and you look at it and you will say, "Oh my goodness. How could they choose that? I don't want that. What were they thinking of?" Sometimes you will say that. Most often you say it just to yourself. But then as you put the gift aside and you come back to it after awhile, breathe.

You look at it with new eyes and you say, "Well, perhaps there was a reason for this. Perhaps there is value that I didn't see at first. Perhaps it was given in love. Perhaps it was given because of great forethought. What they wanted me to receive from it." And you begin to look at it with new eyes.

That is how this year has been already for you and will continue for sometime. You will be gifting to yourself in this year many opportunities to look at what is transpiring and to say, "Oh, I don't want that gift Jeshua. Take that away. That is not what I asked for."

Verily I say unto you that what you receive is what you have asked for. But sometimes the small ego with its limited understanding does not see the whole picture, does not see the holy vision. And does not understand why, why has this been put before me? And the small ego will rant and rave, carry on. Great drama sometimes until finally it gets a bit tired and you remember to breathe once again.

This will be a year of upheavals. All for divine purpose. All for good. Although some of those upheavals will not seem to be so good at first. Already in the first few weeks of this year as you measure your time, you have seen many upheavals in your weather patterns.

Everything that you see seemingly outside of yourself is mirroring for you what is going on in the inner. Everything that you see going on with your weather patterns mirrors for you the great changes that are occurring within you. The cleansing, the shift in perceptions all to the glory of God, the God that you ..?.. You are seeing within your weather patterns much of releasing.

For you are willing now to release old images of self and of others. Old understandings, limited understandings of who you are, who others are and what the world is for. What you see in your weather patterns although it is reported by your news media always to be of tragedy, in truth is divine gifting. Even immediately you can see the good that comes out of the challenges where ones will say, "Well I have the family intact." They have lost all of the belongs. Everything has been ruined. We will have to start over. But I am alive and that's what counts. My family is alive. That is what counts. My neighbors are helping. I didn't know I had so many friends.

It is great opportunity for the extension of love. Great opportunity for the guidance, the inner guidance of ones who come to the comfort and aid of others.

Therefore, when you listen to your news media reports and everything seems to be of great calamity, praise God that so much is happening. Praise the God that you are for it signals a change in the collective consciousness, a releasing and a shifting and great opportunity for looking upon everything with new eyes.

You are seeing much of conflict, brother to brother, sister to sister, brother and sister against brother and sister. A lot of polarity and this is good for it is coming now to the awareness. No longer being swept under the carpet. It is becoming now quite apparent that there is much of polarity, much of belief in polarity and separation that has been handed down generation to generation to generation for long enough.

Many of you have had opportunity to look at your leaders and to either be in judgment of them, for your news media loves to hold them up in front of you and to say, here, how do you judge this one? And you have had opportunity to be in judgment or to say, "That is my brother. He is doing the best that he knows how to do. She is doing the best she knows how to do. She is, he as human as I am and desires the same out of life as I do."

You have seen a shift, subtle though it is, even in your news media coming to the place where they are beginning to be a bit more compassionate. Not much yet. Not much, but a slight shift. And you as you individually will choose for compassion, for extended understanding. You influence and affect the collective whole.

Allow yourself to hold to the good, to believe in the good for that is where it starts. It starts with you. For if you do not do it, who will? Allow yourself to be compassionate. For others yes, and for yourself. You are your own worst judge, jury. Very quickly you rush to a verdict about yourself.

The ego says, "Well look at what you did. You could have said better. You could have done better. Why didn't you do x, y, and z? You read in a book somewhere how to handle such and such. You knew better." Ego loves to say that.

And you rush then to a certain verdict about yourself. Allow yourself to be compassionate for yourself. To choose compassion over judgement.

That brings me to the topic I wish to address in this evening. You have all kinds of belief. Wonderful beliefs in this day and time. You have a belief about this day which is known as Friday the 13th. There are some of your brothers and sisters who will not get out of bed on a Friday which is called the 13th. They will say, "I am sorry. I am going to sleep. Stay in my bed from midnight until the next dawning of the next day after that. I tried it once, getting out of bed and it was a bad day. Call me later."

Any of you say, "Well I don't know. I'll cross the fingers. I'll burn an old sock on top of the mountain. I will do some superstitious ritual and that will protect me. I'll call on Jeshua. He will do some magic and I will see me through what could be a bad day."

Others of your brothers and sisters they look upon the 13th as a most magical day. They say, "This is a wonderful day. It is my birthday. Once in a while it falls on a Friday. It is a special day for me." Know you anyone who has a birthday on the 13th? Every once in a while it will fall on a Friday. And they do not hide in their beds all day. They get up that day and say, "It is my birthday. I am going to celebrate it. It is a magic day." And they claim as a special day.

Every day is a special day for you as you will claim it and know it to be holy. Why is it holy? Because you have created it. You, the holy one of the Father. You have created and do create every day. Therefore, allow yourself to claim the holiness of every day. Claim the 13th as your birthday. Know that it is a special day, a day of magic. Claim it.

Your day of Friday the 13th and all of the beliefs about it, bring an awareness, a questioning of who is in charge? In other words, is there a power outside of you that will decree that a certain day is going to be not so good for you? Or are you the one who is in charge?

Your superstitions, as they are called, your belief about the Fridays the 13th, point out with great clarity your belief in duality, belief .....

{Changing microphones}

Yes, electronics and the marvels that you bring forth and the opportunities to know your creativity. But we were speaking about your Fridays the 13th and we were speaking about how it points out in clarity for you the belief in duality. A belief in two powers, good which you believe yourself to be and is true, and evil. And all of the powers and gradations between that. For sometimes you will judge yourself to be mostly good with a few gray areas around the edges perhaps or sometimes there is belief in the original sin and you say, "Well I try to be good but deep within me there is a small little raisin of original sin. A small dark bit within me. I've been told that it is within me. I don't know what it is but it's original sin. But I've been told that somehow I, my brothers and sisters, someone sinned a long time ago. I wish they hadn't. I don't even know what it is."

Do you know what original sin is? It was the moment in time that the creative holy Child decreed time and decreed that there would be the adventure into forgetfulness. That is what original sin is. That moment when the creative holy Child said, "I will go adventuring, I will create and I will create a vast array of experiences." So many and so vast that after a time you have forgotten the Father and the Father's kingdom and you felt yourself to be far, far away from the Father's kingdom and the Father's love. That is what original sin is. That moment in time when you forgot who you are.

Now how do you atone for original sin? Any moment when you know the at-onement. Any moment when you claim the peace that we spoke of earlier. Any moment when you choose the love, when you choose to abide in love and know that you are one with the Father in that love. That atones for original sin. For no longer are you in a place of sin, that place of forgetfulness.

There has come down through what you would call the ages an evolution of belief that there is a power, the power of the Father, the power of love and that there is another power set against it. And you have this promulgated over and over throughout your generations, throughout your history, in your religious philosophical organizations, your teachings, that there is God the Father, all wise, all loving and that there is a power set against Him known as the Devil, known as evil, known as Satan. Whatever you will call it. And there has come to be a very deeply held collective belief that you can be victim of this other power.

And from that deeply held belief has come all of your superstitions, all of your rituals that would set aside the possibility that there could be something that would threaten the holy Child. So when you come to a day such as this, your Friday the 13th there are many who in this morning would do a certain magic ritual, and there are many of them, to ward off any potential problems in this day. To appease the gods, as it would be. To ask for favor. To ask for protection throughout this day.

And the belief has been that you could be victim. That there could be something very subtle perhaps that you do not know even what it is, but there could be something lurking around the next corner that would trip you up, do you in. Either be harmful to the body or what is worse, be harmful to the soul.

For do you know the greatest fear that is upon this plane? It is not that the body will be deceased. The greatest fear is that you will be forever forgotten, abandoned, sent somewhere into the darkest hole of outer space and beyond and forgotten. Out into the void lost forever and forever. That is the greatest fear. That is the fear that ones look at as they come to the point of releasing the body.

Many of the brothers and sisters ask, "What is beyond this?" And they fear releasing the body because they do not know what is beyond this and there is the very deep-seated belief that perhaps I will go into nothingness and be forgotten forever. Never found.

That is a belief that has come down through the belief in separation. It has been regenerated over and over and over throughout time. It has been reinforced by your religious philosophical organization which desire to know control over you. You as the

common people. The ones who would call themselves the authorities, the wise ones, would say to you that you had to follow their belief. Follow it strictly as they would tell you it had to be. Otherwise you would be cast into hell forever and ever, lost.

And you have bought dearly that belief. You have bought it and you have paid dearly.

But now you have come into this lifetime where you are questioning, you are saying, "There must be more. There must be more to life. There must be more beyond just this reality. If I have a Father, and I have been told that I have, a Father Who is loving, Who has created me, Who has given me life, has given me intelligence. Surely that is not for naught. Surely there has to be a purpose and a plan. Surely my number is registered somewhere in the great computer and will not be lost forever." And that is true.

For if your Father looks after the birds of the field. If your Father knows every hair that is upon your head, if your Father knows and values the lilies of the field that bloom in one day and the next day are finished, surely He loves and values you. And that which He has created, He will not see lost.

But the belief in duality, it is a very deeply held belief upon this plane. In every moment, in every day you have opportunity to see how that belief is at work. For you will have the voice of the ego, the voice of what if, that will come to you and say, "Well, if I choose to go out of the doors of my house, I don't know what is going to happen. If I am going to drive my vehicle, I pray to God that I will go safely. I pray to my guardian angels. I pray to Jeshua, please go with me." And you have your saints who are designated to go with you, to help you travel safely.

You have your saints that are designated to watch over you no matter what activity you are doing. And this is well and good in that it allows you to know that you are never alone. But in truth you do not need anyone beyond yourself. For in truth, there is no one beyond yourself. When you allow the awareness, the consciousness to expand into that place of peace, into that place of love, you know yourself not to be separate from infinite wisdom and from infinite love.

All of the guidance that you would ever ask for is yours. All of the protection is yours. You are the one who is creating the experience that would be looked upon as possibly threatening. You are creating that experience. Therefore, you are also creating how you are going to get through it. So you do not need outside protection. First of all, there is nothing outside of you. Secondly, you don't need the protection.

But in a time like that, what is most powerful? Breathe, again. As you breathe you take in the power. You can feel it. You feel a bit energized even as you will breathe one breath. You feel a bit more powerful as you take that deep breath. Never go into battle with the world without the deep breath.

Never go into any battle. This was one that was a belief. It was a very good teaching that was taught to all of the warriors of old. Why do you think they had the rallying cry before they would rush into battle? It was to breathe. It was to allow the

energy of the breath, the cry of the vibration to strengthen the awareness of the power for which you are. Remember to breathe.

The belief in duality has been part of the divine plan. It is an integral part of this reality in this day and time, this point of focus, now. And it is part of the divine plan. For you decreed that you would know so intimately your creations, that you would know a certain sense of forgetfulness and a certain sense of separation.

For in the beginning when we created, we knew ourselves to be the creative light which danced upon the firmament. We knew ourselves to be the creative energy. And we became so enamored of our creations. First of all, the physical creations upon this plane. I will speak of this plane, although you create and have created and will continue to create upon many other planes as well. But I will speak of this plane.

When first you thought to create upon this plane, this plane of physicality, you brought forth creations of light. Light coalesced into form. Different shapes. Different colors as the physical receptors, the eyes you call them now, different vibrations of energy which gave colors to the receptors, were known as colors. And the forms were much more cloud-like than what you know form now to be.

You could walk through one form through another form. You can do that even now as you know energy, as you understand energy to be. But for the most part that has been forgotten yet. And as we became more and more enamored with our creations, more and more fascinated, "What more can I create? How can I coalesce more of the light energy? How can I compact it? What will happen if I put an intensity of desire of manifestation into it?" Well, you have found out. You have brought forth very dense form.

You have the remnants of the very dense form around you now known as your physical objects which do not seem to be light coalesced. They do not seem to be energy coalesced, yet your scientists have told you that all is energy and all is in motion.

What you experience now in this reality is not the densest you have ever known. You have known greater density. You have known greater heaviness. For you desired to know just how far you could go with it. You took the density to the farthest place where you knew the energy to be ready to explode, which it did, and you found yourself to be light again.

And you said, "Okay, let us take it up to the next tiniest bit fraction, not quite that dense and see what it feels like." And so you are now in a process of lightening up. Have you heard that expression? Yes, you are now in a process of releasing density. This goes for the creations that you know to be of physical nature. It also goes for the creations known as experiences. Also for the creations known as emotions.

You remember how it feels to be at ease, lighter, to release the heaviness which you have known so well. You have said, I have heard you. You have said, "I have been there. Done that. I am complete with it. I don't need to do that or feel that again." Sometimes in this lifetime you have recreated some of the density of emotions and of experiences for a short time just to touch in with it to the place where you say,

"Oh yes. I know that one. I've been there. I know this one very well." And then you have immediately started to climb the ladder up out of the pits. And I commend you for that.

So this reality that you are now experiencing, it is not the densest that you have ever created. If you will receive it, you are well on your way to knowing and remember the light being that you are. You know it well within you. You feel it in the heart. That is what the still small voice speaks to you of, of hope, of light, of love, of joy, of claiming once again your true value.

And the still small voice is not lost in density. It is being heard more and more clearly in this day and time and you are creating the very experiences which motivate you to seek the inner wisdom. For you come right up against the wall of density, right up against the wall of experience and then you say, "Where do I go now? Where do I turn? What do I do?" And you remember to breathe. And then the wall which has seemed to be heavy, so dense, becomes a bit lighter and you see a way through it.

You will be approaching a time, you are approaching a time when you will know yourself to be light, and you will know your creations to be light and you will be able to see through them. Literally and more important at this point, figuratively you will be able to see through them. In other words, the heaviest of experiences. All of a sudden you will see through it and you will say, "So that is what is going on. Ha, well that's not so bad. Now I can see a way out of it." And you will see through it.

In time you will also see through the physical creations. You will be able to see the energy that is moving even in what seems to be the solid objects. Already you have begun to play with some of this in seeing the aura, the light energy around ones, the brothers and sisters. Already you have begun to play with this idea of energy as you have look around the flowering plants, around the beloved pets, around the trees and you have seen a bit of light around them. And you begin to feel a vibration. Subtle, but you have begun to feel the energy.

This growing awareness will continue to grow for you have set it in motion, you have asked for it. You have said, "Father, I want to come Home. I have had enough of feeling out in left field alone, abandoned, lost. I want to come Home. Show me where home plate is and I will run for it." So you have set in motion now a process which is going to bring you to that place where no longer there will be the belief in duality. A process which will bring you to the realization that I am the creator of all that I experience, all that I see. And you will take it no longer as a great judgment upon self, that you have created a certain experience. But you will take it as a great call for celebration.

Every experience comes to you so that you may know the Christ that you are. Every experience. And others will be in your experience with you to show you the Christ. To allow you that moment of inspiration, that moment of revelation where you do not see them as they would personality. But all of a sudden you see them as the creation of the Father and they are transformed. You do not see them as the individual personality with all of the foibles and eccentricities, all of the judgments of behavior



and whatever. But there is an instant when you see them as the light energy that they are.

You do not have to love the individuality, the personality. You do not have to love the behavior choices, but you will love the Christ that they are because that is who you are and you will love that Christ because that Christ is love. And in the love you join. In the love you find your Self, your true Self once again.

So do not heap great guilt upon the shoulders if you do not like certain of the brothers and sisters and you do not like certain of the behavior choices, certain of the words that they will speak. But you do have to love the Christ of them for that is what brings you Home. You don't have to worry about whether they at that moment are seeking Home or whether they are connecting with Home. But as you love the Christ of them, that spark, that divine spark of light which activates the whole body, that brings you Home.

For all of a sudden all of the heaviness of the world is released, let go, no longer exists. And in that moment of true love you come Home and know yourself healed. In that moment of true love no longer is there any place for the belief in duality. There is only love. There is only the power of love and that heals. How does it heal? It heals by the remembrance that you are already whole. Created perfect from before time began. Created perfect from before you decided to have an experiment, an experiment in physicality, an experiment in density of energy.

For you have all been as the research scientists. All of you, you deserve the awards, the plaque that would hang upon the wall that says, "This is one who has experimented, researched, pushed out the bounds of what was thought to be possible. Has created and created and created." All of you, great creative children of the one Creator. That is your divine nature, to create and so you have been following your divine nature and you have created and experienced.

So on a day such as this which is your Friday the 13th, which is attendant by all kinds of beliefs and superstitions. I will ask of you, how many of you did a certain ritual in this morning? How many? Let me see the hands, how many of you? Yes. My beloved friend and teacher, she did as well. She did the salt over the left shoulder. Yes.

Even if it was just for you the acknowledgement, Oh, this is Friday the 13th. I know that for some people this is a belief and you took a deep breath and said, "Oh, well. Hopefully tomorrow will be the 14th. We will be through it." Any of you do that ritual in the morning? Many of your brothers and sisters did, with a big hope that they would get through it.

Now I will explain to you that my beloved friend and teacher, the one known as Judith spilled the salt first, what she thought accidentally and as it was there upon the counter, accidentally she thought, well why not throw it over the left shoulder. Can't hurt. Unless of course someone was standing behind her. I jest.

Your belief in duality, it is one you have held for many, many, many lifetimes. More lifetimes than we can count. It is a belief that has come from your very close identifica-

tion with your creations. It is your divine nature to create, yes. And you will be always creating. This is part of the beingness of the holy Child to create. And as you created and found yourself fascinated by the creations, the question arose how would it feel to be amongst my creations? How would it feel to walk amongst the flowers, the grasses, the trees? How would it feel to swim in the essence known as water?

And with that thought immediately you were into the experience. And at first you know that you were the light experiencing itself in various forms. But the more and more as the focus was placed upon the creations, more and more you forgot who was doing the creating. To the place where you became very jealous of your creations. In other words, very protective. And it was the most important thing to you to protect that which you created.

From that evolvment came all of the belief that there could be something that would threaten you. For you became so identified with the creations, so protective of the creations that you thought the creations were you and you forgot that you are the one who created them. And then all of your energy has gone into saving the creations. That is what you see now especially with the body for ones will feel that when the body is released they lose their identity.

There is a great fear that someone would ask of them the body. Would try to do bodily harm in some way and that if bodily harm is done, then perhaps I will cease to be. If the body dies what happens to me? And so great, great energy is put into and has been for many, many lifetimes into protecting the body, prolonging the life of the body.

Now you are coming to the place of playing with the idea that I am not the body. You have heard that said. You have read that. You have heard it said. You have contemplated it and you know for yourself that you are more than the body.

You have even played with your experiments of seeing what you can do with the body. Mind over the body, you have called it. You have various techniques, schools of thought that will facilitate the remembrance and the "proof" that you are more than the body and that you have power over the body and that you can heal the body.

You are coming now to the place where you are beginning to remember that you are the creator of the body and all that you experience. And you are coming to the place of claiming the remembrance of spirit, the true essence of you, the true energy of you. And then you come to the place where you claim non-judgment of self. Where you know that you are creating what is going on with the body and all other experiences as well, but we will speak of the body here. And you do not heap guilt upon the shoulders and the head for what is going on with the body as if it would be a mistake. I have done something wrong. No, you have not done anything wrong.

Everything that you bring forth is for divine purpose. Everything you bring forth even the body and its disease as it speaks to you sometimes, is for divine purpose and you are not doing anything wrong.

So you will come to the place of understanding that you are spirit. You are much more than the body. You are the spirit which activates the body. You are the spirit

which creates everything that the eye beholds, everything which the heart experiences and you will call it good.

In other words, you will look for the deeper meaning rather than judge self. That is the step that takes you into the realization of Christhood once again. That step of non-judgment. That step that says, "There is a divine reason for all of this. I am not sinning. I am not stupid. I am not wrong. I am creating this, yes, for divine purpose. And if I don't see it right away I will breathe and I will ask for the revelation of spirit to show me and then I will be patient." Know you that word patient. You hate it upon this plane. And yet you are the ones who have created the idea of time.

You create the idea of time, the idea of process and then you beat yourself up because you get impatient. Do you see how the ego works? Yes. Most creative you are. Most wonderful being.

When you feel something going on with your creations allow yourself to sit with it in peace, to breathe, to be at ease with whatever it is and to ask for the revelation of holy vision. In other words, what's the whole picture here? That is what holy vision means. It is not something religious, not something that is beyond you. Holy vision is when you ask to see the whole picture. What's really going on here? That's holy vision.

And then, to be in that place of non-judgment. That place that claims the Christ. That place that says, I am the Christ which is bringing this forth. How wonderful I am because that is how your Father sees you. He does not judge you for any of your experiences. He has never judged you. Even when you were in your most dense experiences, when you brought forth the densest of worlds and the densest of physicality. When you cried out in great sorrow, great conflict. Your Father did not judge you and say, "Well you stupid being. You brought it upon yourself." Your Father loved you and celebrated you even then as He does now. Most wondrous being. That is who and what you are. Most wondrous being.

And there will come a time when you will behold yourself that way, most wondrous being. And there will be great laughter even upon this plane. You will laugh. You will celebrate. You will applaud all of the drama that you have brought forth. Great wondrous being.

In the meantime what do you do with this belief in duality? First of all, you recognize it every-time it comes up. Be aware of the subtlety and the body will tell you when you are in a place of the belief of duality. Even more subtly you will feel it within the stomach. A tensing of the body, the muscles, a certain armoring that I have to protect. A feeling. That I must be ready for I don't know what, but I have to be ready to protect.

Everyday you have many instances where you have the evidence of a belief in duality. Where you have the evidence of the belief that says there could be a power outside of you that could threaten you.

When that feeling comes, no matter how subtle it is, tune yourself, the sensitivity to recognize it. You will know it even if it is subtle and then breathe. Then say yes, this

is the belief in duality, the belief that there could be a power outside of me which could be threatening to the holy Child. There is no such power. As I breathe I know that I am the one who is creating this. I claim my power as creator. I ask for the inner wisdom to show me the holy vision, to show me how this fits in to the big picture, and I claim the celebration of the Christ, the non-judgment of self and of others that will see me home to the realization of Christ.

Every-time the belief in duality, the belief in a power that could be threatening to you comes up, choose to know the opposite of duality. Choose for oneness. Choose for peace. Choose to breathe. Choose to love yourself and to see love where the world would suggest that there could not be any.

Over and over choose for the highest and best. Do not deny that there is a belief in duality upon this plane. Recognize it. Acknowledge it, and then go one step further, to claim your oneness with the Father, your oneness with the power of the Being, the true Being which you are.

My greatest message unto you in the time that you have recorded it in your holy scriptures, my greatest message was, I and the Father are one. And the corollary of that is true, you and the Father are one. You would not be if you were not one with the Father, with the power of being, with the Isness of Being. You would not have awareness, consciousness. You would not activate the body. You would not be.

But I assure you, as you will assure me, that you are. I'm here, right? You say that, "I'm here. Jeshua, I'm here. Yes, I am aware. I have consciousness. I have breathe. I have life. I am. I am one with the Father."

So every time the belief in duality comes up and you would feel that there could be something that might threaten you, that might be not so good in a certain day. Like a day you have to watch out for. Ask for yourself, what is that belief? When it first comes up. Why do I feel that way? And every time that feeling will come up that you have to watch out for something, it comes from the belief in duality, that belief that there could be a power set against you.

Then breathe and claim your oneness. Claim the love which is yours from before time began. And know that what you have created it has been by divine design. Even the original sin was part of your divine design. For you wanted to know your creations so intimately that you would momentarily -- which can mean many lifetimes -- momentarily, you would forget who you are. You wanted to set aside that remembrance momentarily so that you could know the creations so intimately that you identified yourself as the creations.

But you also left a wake up call at the front desk. You said after a certain point in knowing density both physically and emotionally, I want to have a call to call me back Home. And you have heard that call. That is what you are responding to in this day and time, this lifetime, this evening, this very time when you hear my words you are responding to the call to awaken, to remember and to claim the power of the Christ.

Not just the power of one Jeshua, one Jesus. It is all right to call upon me to claim my power, yes, for it is yours freely. I give it to you freely. Anytime you want to call upon me to claim my power it is yours. But it is not separate from your power. You are the Christ as well.

And I will say to you in this time that I commend you most highly because you are the ones who have agreed once again to come into density, come into a collective belief in duality and to set aside momentarily, the remembrance of the All that you are. No weaklings would choose that. Only the courageous ones. Only the ones who know truly in their heart who they are would dare to come once again to serve.

So when you begin to feel that perhaps you are of no small value, no big value? No small value? Well, whichever, when you begin to feel that you are not of great value, allow yourself to remember these words, that it has taken great courage to come once again into this plane. For you knew what you were doing before you choose to activate a body once again and you agreed, "Okay Father, one more time I will go and serve the light." That is what you have agreed to do. I will go one more time and I will anchor my light in a plane which believes itself to be of darkness. There is a glimmer of light, yes, Father, but it believes mainly it is of darkness and I will go one more time and anchor the light of our true beingness.

That is what you have agreed to do. It is no small thing. So your bring forth the wonderful days of superstition to allow yourself to be in awareness of where that superstition would come from, what belief it is rooted in. And then you allow yourself the great opportunity to choose once again for the truth of your being, the oneness of the Christ.

To breathe and to say, "Father, I am one with you and I celebrate this day, and everyday." And as you will allow yourself to abide in the joy of the heart, the joy of the celebration of everyday, guess what happens? You uplift all of creation and the awakening happens that much faster.

If you take nothing else away from this evening's sharing, take with you the knowing of the love of the Father for you, the oneness. We spoke earlier of the belief in duality and how a day such as this will bring for you an opportunity to look upon whether you believe in superstition and in other powers outside of yourself. And we spoke how important it is to remember the love of the Father, the one truth of your being.

Take that love into every experience and it will transform that experience. You will uplift all of creation and yourself as well and you will hasten the atonement.

I love you greatly. I know who you are. I know your mission, it is a grand divine mission. I love that which you are and believe in you. Believe yourself in yourself and love.

So be it.