

## The Power of Silence

Friday Kauai

1998-02-20

Beloved and holy and only child of our Heavenly Father, Child of the one source, Child of light divine. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you once again as you have chosen to call me forth.

How goes it beloved ones?

**Very good. Great.**

Yes, it is a wonder is it not to walk this plane of reality and to feel as the Christ? It is wondrous. And everyday opens new adventures, new experiences, new opportunities to go as the Christ that you are. For indeed, as you will listen with your heart, you will know the voice of the Christ.

How did you find the silence?

{Comments}

Yes. Did the voice of ego struggle with you? Tell the truth now.

{Laughter}

**Some of us were cranky.**

Yes. There was resistance for the voice of the small ego wants to be very busy with the chatter of the world and yet when you allow yourself to listen with the heart there is great treasure and great peace, and a whole new world, not the world activity, not the world of constrictions, a whole new world of the Christ opens before you.

As you will remember to come apart from the world, to seek first the peace of the heart you will find that all of your activities, all of the worldly activities transform. All of the worldly activities will take on new meaning for you will see them in a new light. You will see them as miracles opening up before you.

That is what this week has been about, it has been about coming apart into that place of silence, into that place where you listen with the heart to know a new power and a new being. The power of the Christ which you are.

When you return to your dwelling places and you return to your places of employment, they will still be there but you will find them changed. Subtly perhaps, or immensely in some cases. And is it that they have changed because you have been away or is it that you have changed because you have allowed yourself a new perspective. You have allowed yourself breathing space. Literally and figuratively. You have come

apart for awhile into the mountaintop, to that place where you can remember once again how it feels to be Christ, how it feels to be holy.

Not in the sense that your religious organizations will tell you holy is, but in a place where you remember the holiness of life itself and how every part of life seeks to serve your holiness.

You have had a week of celebration, a week of adventure, a week of new sights and sounds, a week of rediscovering who it is that journeys upon this plane.

And when some of you find that this week is concluded and you move on to other activities you will take each and every one of the brothers and sisters with you in your heart. You will keep in contact through your technological means and more and more of the communication is becoming facile for you, easy. More and more rapid to keep in contact one with another.

I would suggest to you that you keep up the Email, the snail mail, the telephone calls and that you speak in everyday, remember one, at least one of the heart family after you return to your dwelling places and your places of employment. To choose one everyday to hold in your heart and to communicate with is appropriate.

For as you have come here and found acceptance, as you have come here and you have found a family that loves you, you do not want to leave that feeling and will not. You will take it with you.

But I suggest to you that you nurture it in manifest ways for there is yet upon this plane a belief in awareness that as you will keep in contact, the aware contact of the different forms of communication, that you prove to yourself that there is no separation.

Allow yourself when you leave to have the addresses of various ones. Beloved Elder will send out a listing as he usually does, yes? Yes, so that you will have everyone's address and you can keep in contact. And on the other evening when you circulated the piece of paper noting the different birthdays in this lifetime. Beloved Elder you will send that as well, yes? Yes. So that you may remember each one's birthday as it is appropriate in this lifetime.

This has been a very special week that you have gifted to yourself. It has been a week of magic. It has been a week that has gone beyond the imagining of how good it could be. You hoped, you had certain dreams, certain goals of what you thought this week might bring. And all of those hopes and dreams and goals have been met and more. And I will share with you that it will not end with this evening.

For what you have allowed yourself to experience has been as an outer proof of a certain corner that you have turned, a certain new chapter, if you will, that you are now writing. A chapter that says, "I deserve, I deserve all that is best and good and true. I do not have to struggle for it. I do not have to wait more lifetimes for it. I do not have to prove to anyone that I am worthy of it. All I have to do is claim it."

And by your very being here in this week, you have shown to yourself and others as your witnesses, that you deserve to claim all that the Father has and to live as the Christ that knows no limits.

For too long you have lived within the constriction of the box that has said, "I only deserve a small amount of happiness. If I study the right books, if I go to the right workshops, if I am sprinkled with the right holy water perhaps then I will deserve to have a bit of sunshine in my life." And you have meted out a small bit of the goodness of life to yourself. You have said, in philosophy you have said, "If I suffer here in this lifetime, then I lay up treasures in heaven for myself." You have known that philosophy throughout many lifetimes.

And so you have struggled, you have had diseasements, you have watched others as they have been diseased, and you have said, "You will have your reward when you go to meet the Father."

But now you are saying, "I do not have to wait, and so I release the body for the Father awaits me here and now. I and the Father are one." When I spoke those words it was not just for one Jeshua, it was the truth of your being. You and the Father are one, otherwise you would not be.

And if you are, then I assure you that you are, you are, are you not? There is a beingness about you, a consciousness, an Isness? You and the Father are one. You are life expressing. You are divine energy creating and recreating, and this has been a week of recreating, known as recreation. Recreating the remembrance of who you are.

You have come to a most beautiful island surrounded by the purest of waters, nurtured within the island by the purest of waterfalls. You have come to a beautiful island to touch one again your purity. To remember your beauty. To revel in the very vibration of color.

Many of you remember lifetimes where you knew the value of colors and the vibration, the healing vibration. Many of you in your meditations, even in this week, have been immersed in color. Have found yourself being lost, as it were, taken into a healing color.

All of you have made purchases of the most wonderful aloha shirts, yes? The most wonderful colors symbolic of this island which is so healing. And you will take them back to your other climates that are a bit more drab in different seasons of the year. Do not put them away in the back of your storage units. Keep them out. Look at the colors. Revel in the vibration of vibrancy. Recreate the feeling of aliveness that you have had on this island, to look upon the beautiful colors that you take home with you.

And if you have not yet purchased something of color, do it before you leave this island. Again claim all that the Father has. Do not say, "Well I've already run up my credit card past its limits." I hear you as you stand and you think, "Well, is there a limit to this card? How far can I push it?" You are unlimited.

Purchase for yourself something of beauty to take home with you that will remind you of the vibrancy of this island, that will remind you of the vibrancy of the

Christ you remembered upon this island. And do not hide it away until perhaps the next time you will make trek to the island. But keep it out in full view. Celebrate. For the holy Child deserves all that the Father has.

Many of you -- we spoke of this the other evening -- made magic to come to this place. Many of you in the short time before coming saw many miracles fall into place and you wondered how it could be. It took your breath away. The small ego was quiet for a time. And then the small ego came in and said a few words of judgment as to, "Well, what am I going to do? I really deserve this. What am I going to do with all the things I'm responsible for at home? Can I really take this time even though it seems gifted to me. Can I really take this time? I have so many responsibilities." But the wonderful thing is those responsibilities, they will wait. They will be there for you if you would want to pick them up when you go home.

But I will guarantee to you, that the responsibilities that felt so heavy before you left home, they will feel much lighter when you approach them in the next week or so. You will have a new viewpoint, a new vantage point. You will know how to breathe. You will know how to be in silence. You will know how to touch that place of inner wisdom and to bring forth the poem that expresses the heart.

All of you have a song, a poem within you. All of you are living your poem. Many of them epic, great adventurers that you are. And when you return home allow yourself to write one sentence perhaps that will sum up the most symbolic remembrance of this week of being together.

Allow yourself right now to take a deep breath. Take a deep breath and allow the body to relax.

And think back over this week, what has been the number one memory of this week? Now I know there are many that will come flooding in, but pick one. What has been the most wonderful memory of this week?

Reflect on it. And ask of it, why, why is this the most wonderful thing of this week? The most wonderful memory of this week? Why?

And you know where you hold that memory, it is within your heart. Always it will be your treasure. It goes home with you. It is alive. It will stay with you throughout all of the challenges of whatever these next few months may hold.

This has been a week of reality. Reality with a small "r" as you have played, as you have exercised, as you have experienced. But it has also been a week of Reality with a capital "R" for you have gone beyond just the existence of knowing life upon this plane. You have touched that place of inner silence, that place of the Christ. That place where the world cannot intrude. You can come from that place of inner silence into the world and change the world. But the world itself cannot intrude upon the silence and the inner wisdom.

That is what you have been doing in this week, you have been strengthening your remembrance of how it feels to be Christ, how it feels to touch that place of inner peace. And you say, "But Jeshua, I didn't even work at it." Of course not. It is your very

nature and you do not have to work on it. "But Jeshua, I thought this week was child's play." And it has been. You have played as the holy Child. You have recreated, you have healed.

For all of you brought with you certain issues that were not healed. All of you came with certain baggage and I speak here not of the physical baggage, although you brought plenty of that. But all of you brought wounds, old wounds and some not so old. Some most painful and in this week you have allowed healing to happen. You have spoken with brothers and sisters who have loved you, who have given you insights, who have given you support, who have looked deep within your eyes and said, "I know who you are and I'm so happy to see you once again." And with that, old wounds were healed instantly without even having to struggle, without even having to get it out and examine it and analyze it. And the old wounds were healed with love. It has been a week of healing.

Many of you came hoping that there would be insights that would help you cope with what you "know" you will have to deal with when you return home. And you have received insights, you have received much of power. Not from me because I am all powerful, but from you because you are all powerful. You have touched that place of your own strength. You have touched that place of love that can deal with whatever comes up and needs to be decided. You have touched that place of the Christ. You have touched that place that allows you to know holiness and to look with holy vision.

That which has seemed to be lost has been filled. There has been a beginning, a filling that will continue. It is a promise. It is a guarantee. All of you have felt loss. Loss of loved ones, loss of self-image, loss of innocence perhaps, and you have found a new way of looking upon that seeming loss. And you have found with the inner wisdom that there is no separation. You are not separate from that which you desire. You are not separate from loved ones. You are not separate from your innocence.

The small ego will speak that yes, the world can rob you of your innocence. And as you will focus upon the world and all of its confusions, all of its chaos, there is a sense of losing your innocence. But in truth you cannot lose your divine innocence. Always you are the holy Child of the Father. And the innocence we speak of, in truth, is the not knowing of separation. That is what innocence means. Not knowing separation.

So what you have claimed and found in this week of revelations, this week of the sunrises and the sunsets, this week of hearing the birds and the communion with the birds. What you have found in this week has been the touching, the communion with the Christ once again. The coming Home to the innocence of the Christ. Even though you go in the world, the innocence of the Christ is who you are.

Remember what power there is in silence. If you will take one message from me, from this week it will be this: remember the power of silence and whenever there is choice, and always there is, keep your silence. Whenever there is opportunity to be in silence choose for silence and for peace.

Be not conformed to the world that runs about and has to be always speaking. But allow the world to be conformed to your silence and your power. So whenever there

is opportunity to stand in silence, choose for silence. Smile and look deeply into the eyes of one you are with. Greet the Christ of that one and stand in silence.

And I will share with you that it will confound the world because they will wonder what you are up to. If you stand and smile and you do not speak it will give others pause for thought and they will wonder what is going on with her? What is going on with him? He must be really deep. And you are.

Sing your song as the birds do. Sing your song that is most natural by being the power of the Christ. Allow the radiance of the beautiful holy Child that you are to speak so loudly that no words are needed.

Even when you go into your place of employment and there will be occasions when you have to speak of course, but you will find many occasions that you had not thought of previously where you may keep your silence. Allow others to do their chattering. Allow others to do their judgments. Allow others to do their winding up of all of the energy of the world and keep your silence and know the power of that silence.

You will find that there will be much of expression that you will do. Various ways. In the writings you will do. In the communication of eye to eyes, smile to smiles. Breathing in harmony with another one. Just being. There will be much of expression that you will do. You will not go as a lump of jelly. You will be most vibrant, most alive. You will sing. But in between the singing you will know the power of silence. You will know the power of keeping your own counsel.

Be not conformed to the world that rushes in and has to chatter. Remember the peace of this week. Remember the peace of the beach and the power of the waves. Remember the communion of the heart and the miracles that happen.

This has been a most wondrous week. It is a time that you have gifted to yourself. A reward you would call it, and yet I will say it is but a beginning. It is the beginning of the time of miracles. An end of an age? Yes. That is what all of you now are saying this time is about, an end of an age. It is the end of an age of the forgetfulness and the beginning of a time of miracles. A time when the length of years that you have spent upon this plane matters not. You go with a vibrancy and a light step because you know the youth of the heart. And everyday is a miracle.

For you have recreated yourself. You have recreated the remembrance of the Christ and you know now there is no separation either upon this plane or any other plane and you are Home.

Whenever you would want to know healing of the body, of the soul, of the mind, the emotions, allow yourself the deep breath and come to that place of the temple within. That temple that you saw last evening that you made for yourself, the temple within.

Whenever you would want to know healing of a situation, of a relationship, whenever you will want to know a decision allow yourself the deep breath and return again to the place of silence. That sacred place within and then ask and it will be given unto you.

Nothing can be withheld from the holy Child. It cannot be. As the creative one that you are, if you make the question you have to make the answer. And if there isn't an answer then there isn't a question. So what is the fuss about?

Whenever you would want to know healing of anything that you look upon, return quickly to the place of the heart, the place of silence, the place of peace. That place of power of the Christ.

And I make you a great promise, there you will find me. That is where I await you, in the place of silence, in the place of the heart.

Beloved of the Father, take with you from this week the remembrance of how much you are loved. Share. For in sharing you experience it yourself. Beloved of the Father, remember that which has given you life and live life to its fullest. It is a great gift. Use it well. Celebrate it, honor it, and share it.

Beloved of the Father, remember your holiness. Remember the Christ which you are.

So be it.