

## A Time of Releasing

1997-10-10

Beloved and holy and only Child of our Heavenly Father, Child of the one Source, Child of light divine, that is who you are. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. It is a great honor to be able to converse with you in this way, to be able to come to that place of oneness of the heart and to commune as the one Self, the one holy Child of the Father that we are.

Does it not uplift the heart, beloved one? It does. There is joy in the heart, is there not?

**Yes.**

Even though the ego would speak of all kinds of question marks and all kinds of constrictions of the world, the heart knows the eternality that is even beyond time. The eternality of the divine Spirit of you that is free of the world. And though the world will call to you quite insistently, and will put all manner of hindrances in front of you, but the heart knows the joy of true freedom in the Father.

That is what you have been seeking for all of this lifetime, all of the other lifetimes. You have been seeking to know the freedom and the joy with that freedom of the Love of the Father that I am okay for indeed you are okay. You are more than okay. You are most wonderful, you are the miracle that is walking upon this plane. You are the Father's love come incarnate once again even though you would doubt it. Even though you would make for yourself all kinds of evidence that you are otherwise other than perfect, other than wonderful. And yet you are the Father's only creation, a holy creation and full of wonder.

As is every time when we meet in this way. It is a wonderful occasion. For it asks of you to come beyond the limitation of world belief of what is possible. It asks of you to set aside, at least temporarily, all of the constriction of the world saying, all of the saying of the friends and the peers and society that say, "Such a thing is not possible. That the one known as Jesus Christ has ascended unto the right hand of the Father and is afar of, and you cannot speak with one on one as you would speak with another that you see in body.

They would say to you that I am so far away that you must pray and pray and pray until the knees are raw with being upon the stone, until the voice is raw with crying and even then, perhaps they will not hear you. That is not true. You have tested it have you not? You have tested it in the darkest night.

**And you were there.**

And I was there with you, as you, as the holy Child of the Father. And when all of the testing was done, when all of the sorrowing was done, when all of the torment

was done, you stopped for a moment for a breath. Love rushed in and held you in its arms. Yes.

That is your divine birthright; the love. You can hold it at a distance. You can close the eyes. You can go with the blinders on and say it does not exist. And yet always the love is your divine birthright and it is awaiting only your willingness to claim it. To trust and to claim it.

To say, "Yes, Father, I want to be loved once again. I want to know Your Love." And then to pause for that moment of inspiration, that moment of the deep breath where there is the infilling of peace that passes the understanding of the world.

Do all of the problems of the world go away then?

Pretty much.

Not necessarily, but they are seen in a new light. They diminish as to what you have thought their power to be. For when you struggle with the problems of the world they seem to be the giants, the ogres, they seem to be so huge and you feel yourself to be a tiny little mite in front of them and you wonder how you can deal with this problem.

But as you will pause for the moment and ask for inspiration, and take the deep breath, there is the opportunity to be infilled with the wisdom of the Father and the Love that will see you to any solution you need. You may trust it. You know that. You have trusted it. You have tried it and it has come true for you.

Now in this evening we will speak of a time of releasing. I always enjoy giving Beloved Elder the title for the evening. You have that, yes. You have that. A time of releasing.

For as you have been watching your seasons change you have been releasing what you have known the summertime to be, the time in this northern hemisphere of great daylight and warm temperatures. The time of the fields being full of the growing crops. Now you are into a time of harvest, a time of gathering in all of the fruits of the field and putting them aside for the winter.

In the southern hemisphere of our Holy Mother, the Earth again it is a time of change, a new season coming forth. A new season of birth releasing the womb of the winter and coming forth in new life. You see it upon every hand, the change and the necessary releasing of the old in order to know the new.

You feel in your everyday a stirring within that corresponds to the change of the seasons. There is a feeling now within those of you in the northern hemisphere, a time of coming into hibernation, I will call it. A time of quiet. A time of integration. A time of digestion of what you have brought forth to look upon in the season of your summer and this season now of the harvest.

You feel within yourself a longing to sit in quiet, to meditate, to garner all of the fruits of the thoughts. All of the seeds that you have been sowing and you have watched them as you have been growing in the last few months of your timing. All of

what you have been reading. The ideas that come to you through the reading. The sharing that is done with friends. And you have a feeling within yourself to be quiet, to sit, to ponder, to contemplate.

And you release certain of the energy of activity that you have known in the previous season of the summer. For your friends, the brothers and sisters in the southern hemisphere, they are also undergoing a feeling of responsiveness to the change of seasons. Coming out of what has been a contemplative period. Coming now to use the revelations and the new ideas that have come together in a time of quiet. To use them in activity and in active manifestation.

Always everyday it is a time of releasing, a time of change. Whether you would that it be or not. Sometimes there is great resistance to change. But whether you resist it or not, it carries you along with the flow.

For at another level sometimes past what you see as the conscious level, you have decreed that there will be change. There will be, as you call it, growth. There will be, as I call it, remembrance and you will awaken. Yes, and you are.

That is what this evening is all about. It is about speaking of releasing, speaking of change and speaking of the hope for what you see as your future. Not only the future of this lifetime, but the future of the holy Child in her awakening and all that that means.

As you were a child, a small one upon this plane, you have had certain times of having to release what was comfortable, the comfort zone, as you grew. The small child at first knows only to be held in the arms of the mother or the father, or the grandmother or the grandfather, a loved one, and then there is a stirring within this small one to move. And you try, how does it feel to move?

You do not sit and contemplate. It is a thought that is not verbalized, but it is a thought nonetheless, that then comes into activity and you see the small one moving about on the floor. How does it feel to move? How does it feel to push up with the legs and with the arms? And after a bit you see the small one crawling, making the motion forward. And then there is a stirring within the small one of how does it feel to stand? Again not verbalized, but a thought nonetheless. And there is movement towards standing and there is movement towards falling down.

All of you have done this. You have done it quite literally and you have done it over and over figuratively. And the small one has to release a certain security of comfort known as being only held and to move into the space of trying the movement on its own, of trying the movement of the standing up and walking and falling down. Sitting down sometimes quite "plop" and then getting up again.

And then the thought comes with perhaps a gifting from an older brother, sister, from a parent of the apparatus on wheels known as the bicycle. Well perhaps you will start out with a tricycle first. How does it feel to make that go? A bit faster than walking. A bit faster than even the running. Then comes the two-wheeler and you move from the comfort zone of the tree-wheeler to the two-wheeler. You release again the secu-

rity that has been known with the three-wheeler and off you go on the two-wheeler learning a certain balance.

And throughout all of the life you do the same with your growing, your remembering. You release the old as you move into the new. Everyday, as we have spoken, every moment is a time of releasing.

It is the holy Child's decree that he will progress, evolve, remember. To that place of awakening, true realization that I and the Father are one. I am my Father expressing upon this plane in holiness, in power, in love. And there is nothing or no one who can hold me back.

Now everyday is that in manifestation. Everyday you release something of the old that has felt comfortable and you have moved even it be as the thinness of the onion-skin, you have moved into a new space.

Sometimes it will be like, with a leap and a bound and you go through several of those onionskins all at once, for there is an ah-ha that happens. And the penny drops and you say, "Now I get it. That is what was going on. Now I see," and wonderful that feels does it not? "Now I see."

But in every moment there is a releasing of the old and moving into the new. In every moment there is a drawing upon what has been the fruit of past experience using the harvest of that fruit to sustain you in the new. You release as you see the body growing in stature. You release old beliefs about yourself and about others. For it is as the shoe. Sometimes those old beliefs they are a certain size and you have seen as you have been growing in the stature that the foot it will grow and you need a new shoe to accommodate it. Otherwise what happens is it is all turned under and quite squeezed. And sometimes you try to walk in a shoe that is a size 3 and the foot itself is a size 10 and it is not very comfortable.

And the same thing happens with beliefs. You outgrow old beliefs that are constricting and as long as you try to on to them it feels painful. As long as you hold yourself in a place of self-judgment, a place of guilt, a place that says, "I never do anything right. Why can I not know what I should know in that moment. Why does it come to me later? To late to have perhaps said the right thing." And as you will beat yourself up, figuratively, there is pain.

In truth, you are outgrowing that beating up of self. You have a new belief that is waiting, that wants to be claimed as the new shoe that wants to be tried on for size to give you comfort and to allow you ease of going forward. And you must, in time, release old constricting beliefs which do not serve you any longer.

You are in a time now of great acceleration of having new ideas, new beliefs come to you. You are in a time that says, "I want to know what it is all about. And I will have the books that will come to me. I will have the workshops that come to me. I will have the teachers who come to me. I will have the friends come and speak a certain wisdom to me. Will suggest something that perhaps at first I think is completely off the wall, outrageous," and yet you will sit with that idea and after awhile you begin to see it in a new way and you say, "Well, perhaps there is something in this." And you

play with it and the penny drops and you say, "Ah ah, this allows me to look upon myself and others in a new way. Perhaps this life is not as constricted as I thought it was. Perhaps this life has some value to it. Perhaps I don't have to suffer through this life in order to gain my reward in a fuzzy hereafter that has been promised to me, but how do I know that they know what they are promising. Have they been there and come back? It seems to me they are right here with me. How do they know?"

And you have questioned. You have said, "How can they tell me about the hereafter except they go there and come back? And if they go there and come back, how can I even believe when they say that?" And you have questioned. You have doubted.

And so you have come to a place where you have realized that this life has value. That you do not have to wait until the body is released in order to gain your reward. For I say unto you, right now is your reward. As you will allow yourself to know that you are loved of the Father. Then in Truth, you have never sinned. You have made choices and you have reaped the harvest of those choices.

But you have never sinned in the way that your philosophical religious organizations would define sin. The Father does not see you as sinful. The Father knows you only as His holy Child who is adventuring, who is creating. For being the Child of the Creator you are creative. That is your nature to be creative.

So you create all manner of adventures for the fun of it. And sometimes those adventures feel like fun and sometimes they don't. But in truth, you have never sinned. You have only made choices and you have played and you have grown in wisdom as you have made those choices for you have seen what the harvest is. You have said that is sometimes a bitter harvest and other times you have said, "That harvest is plentiful and it feels good."

In every moment you have opportunity to claim the newness of the new belief, the change. Now there has been habitually upon this plane, fear of change. You have often chosen to stay in a place of discomfort because of fear of change. You have said, "This situation that I am in, it is not comfortable. But at least it is familiar. It is something that I know and I will stay in it at least one more day." And the next day you make the same choice and you stay in a situation that is not comfortable because you fear change. Why?

Because you have "proved" to yourself throughout many lifetimes that change could bring with it the possibility of loss, or what would appear to be loss. You have said to ones, the loved one, "Don't change. Stay the way you are. I don't want to lose you." And the loved one in their growth and understanding has changed. And perhaps they have been called in another direction either along the lines of the philosophical understanding or on the lines of activity where the loved one say their role to be the great warrior who had to go out and defend the tribe and they left you and they never came back. Or they saw that it was their duty to speak up in the face of great criticism of the group, of the society and they spoke their truth and they were done away with. Off with the head or cast into the dungeon and they were lost to you.

And you said to them, "I told you not to open your mouth. I told you please don't change." And yet the other one, and when I speak of the other one, it is you as well for you have played this role too. But the other one could not help but change for in every moment there is a releasing of the old and moving into the new.

You have said to the loved one, "Do not change. I don't want you to change anything about you. I want you to love me just the way you do in this moment." And the loved one said, "Of course I will not change. I will always and forever love you as I do now." But in the outworking of the remembrance of the holy Child, there has been change. Always and forever, change.

And what I come to say to you in this evening is that change brings the holy Child Home. You said to the loved one, "Do not release the body. Do not leave me. What will I do without you? Please," and the loved one did not want to leave and yet the loved one had to leave.

And there was sorrow and there was torment and there was dark night. And out of that dark night came a flicker such as the light of the candle and then a greater light and a greater light to the place of the remembrance that I can never be separate from that love, that loved one is with me always the same as with the Father. And a greater love now has come in, in the place of the human love that knew only a certain way of expression of love based upon the physical. Now a great love has come in and has transformed the understanding of what love is.

There is great fear of change and yet the holy Child has decreed that everything must change in order for the holy Child to awaken. For I say to you, that if you remain as you find yourself right in this moment to be, how can the awakening happen? How can that realization, that knowing that I am the holy Child of the Father. I am that which I am and have been from before time. The realization that brings the great joy that the world does not know. How can that realization happen if there is not change?

So you have decreed in your wisdom that there will be change and yet the ego cries out and says, "I don't want change. Please, this may not be too comfortable, but don't shake anything up." And I say to you, that after all of the shaking and all of the settling, what you find is a joy that passes the understanding of the world. It is the treasure that is beyond price.

It is in truth, what you are seeking for. It is in truth, what motivates you in the releasing every moment. It is that still small voice within that keeps prompting you even against sticking the heels in. You know that feeling of sticking the heels in and saying, "I'm not going to move. I'm not going to change. I am not going to," and yet you find yourself going forward and changing.

It is the Spirit of you that calls you to come up higher. To come into the remembrance of the holy Self of you. And yes, that has to have change. That has to call for change. And even the worst happening of what seems to be most traumatic loss is seen in the realization to be a blessing.

There is great fear upon this plane of releasing the body, death you have called it. Great fear of dying. For the ego has much invested in this experience, this physical experience, and the ego will scream not to change anything, not to even allow you to see that death itself is but a passage into life.

For this is not the only room in my Father's mansion. This is but one small playroom and it is good because you have many toys to play with and there is much of holy joy that can be found in this playroom. But it is not the only room in the mansion and it is not by far the largest room or the most opulent.

When you release your specific focus of attention upon the body and you allow yourself to expand into the light that you are, there is a feeling of release, a feeling of relief, a feeling of joy, a feeling of lightness, a feeling of aliveness. Not a feeling of nothingness, but a feeling of aliveness. A consciousness of awareness that is still alive. You have spoken with ones who have what is called a near-death experience.

Now in truth, it has been a death experience. Very near, very true and they have watched the body from a certain distance. They have seen their body. Watched others attending it and doing certain things to the body and were most aware of what was going on. There was a certain feeling of non-responsibility, a certain feeling of detachment, a certain feeling of the holding, a certain feeling of freedom, of watching as you do so often with what are called your movies, your television where you watch others in their actions.

Those of the brothers and sisters who are with you now who have experienced the near death and beyond experience and have come back to tell you about it. They tell you of a certain peace that was found. And a certain intelligence that does not cease with the releasing of the body.

So you do not have to worry that when you release the body you will be gone into a great void never to be found again, that you will be lost for all time and no one can find you. That will not happen.

Now in some of your lifetimes you have desired beyond all measure that that would be what could be for you. In other words, you wanted to opt out and you have said, "Let me out of this experience. Let me sleep. I want to know no more. This experience is so horrendous," you have said of that life experience, "I want out of it. I want to know nothing more."

And so in some lifetimes you have done the certain action that allowed the immediate release of the body. You have taken implement to yourself such as sword. You have thrown yourself off of the cliff, have jumped into the raging torrent of the river and you have taken a substance that allowed the slowing down of the bodily function to the place where you released the body.

All manner of releasing the body. You have tried. And you found in some experiences that you rested for awhile, but you found a great peace. You did not find hell, only momentarily as it was your belief and you carried that with you in that moment of releasing. That is the length of hell, as you release the body. It is shorter than what you would see as the hair's breadth. The moment of hell is a belief that is held only in

the instant of the releasing of the body. It is not what you would see as forever torment. And beyond that belief in hell that was experienced in the instant of releasing, beyond that you have known a great peace and will know a great peace.

The teaching of hell has been a teaching that you have given forth over and over and over in lifetimes to keep ones focused upon this life here, and upon what was said to be the morality of this lifetime as it was known, as culture dictated morality. But the experience of hell, you experience that more upon this plane in your torment of the self-judgment, guilt, the condemnation, the indecisiveness, which way I should go. That hell is much longer in duration, much more intense than the hell that has been prophesied that you might experience when you release the body.

What I say to you in this evening is that the releasing of the body, first of all it cannot be done before there is your agreement. The releasing of the body is not something that is forced upon you. It comes by your choice and not only what you would see as the conscious choice, but the choice when all of the pieces of what you have agreed that you will do in that lifetime fall into alignment and have been completed and not before.

There are times you will look upon a brother or sister's life and you will say they left before they completed. But that is not true. You would judge it from certain limited appearance not knowing what they have agreed that they would experience and would know fulfillment with that experience.

They and you, cannot release the body until all of what you have agreed you will complete, has been done and is in alignment with that completion.

There are many who wait, who are either with body that is not comfortable, body that is diseased, body that knows hindrance of mobility or mental capacity that seems to be not functioning with ease upon this plane and they will ask to release the body. But if what they have agreed they will do has not been completed, if all of what you call the parts of the self, and I speak here of the focus upon individual self, also the higher Self and the Self that is beyond the higher Self. In all of the levels that you call the soul group, if all of that is not in alignment with the completion the release-ment of the body will not happen. And when it is, the releasement happens easily and peacefully.

Even in what you see as conflict known as war, known as violence and seemingly one is taken very suddenly, transported from one plane to another, there has been in that moment the alignment of completion and there is peace that is known past the instant of the releasing.

Now we have spoken at the instant of releasing there can be whatever the belief about death is. There can be experience to that belief in that instant. But that is how long it lasts. And then what is known is an expansion of light and of peace called love. Where ones will see a loved one welcoming them, calling to them. Where ones will see me with my arms outstretched welcoming you as the light that we are into a great place of peacefulness. A place of expansiveness, awareness, not a nothingness. Yes aware. Aware of who you have been as you saw the individuation of energy known as

personality. Aware of loved ones if you wish. Aware of what they are experiencing, what they are doing.

And as you are moving now into a place of willingness to understand true communion, there is more and more communication that is possible with loved ones who have released the body. For where would they go? There is no where they can go away from you. I and the Father are one. You and I are one. For you are one in the Father as well, you are light. You are energy. You are Spirit. You are an Isness that defines itself in a certain way in this point of focus, this day and time.

But you are one with me, with the Father, with the brothers and sisters who are one with me and with the Father. It is a vast ocean of Oneness. And there is no place that they can go that you are not, and that you do not have access to.

So as you have released the body and you have come into knowing yourself as expanded being and you see the loved ones and you want to be in communion with the loved ones, already you are setting the movement in place, wonderful being that you are, you are setting the movement into place that they will understand the presence of you even though they do not see the body.

Already you have set those seeds, you have planted those seeds, you have nurtured those seeds, you are nurturing those seeds by your own willingness to try the communion with loved ones who have released the body and "gone on". Gone on to where? Right here in the expanded state of being, an expanded state of knowing.

Everyone you have ever loved is with you in that great sea of beingness and is not separate from you. And when you release the body you will know that you are not separate from them and great miracle worker, as we have just spoken, that you are, you have already planted the seeds, are nurturing the seeds so they will know that when you knock upon the door of their mind and heart, they will know that there is someone knocking and they will answer.

So the releasing of the body, it comes when everything is in the alignment of completion and not before. It is something that needs not be feared. That is the voice of habitual ego that has said and re-manifested over and over that there could be possibility of loss. And when the releasing of the body occurs there will be great rejoicing, so it is not something that you need fear.

But I would say unto you that until you have made choice and alignment to release the body, that you enjoy this playroom and find what joy there is here. For there is much of joy. There is much of beauty. You have put much of beauty into this reality. All around you, you are surrounded by objects of beauty. Some of them living, growing as the flowers, changing, releasing. Some of them more in the tangible seeming set energy. Seemingly set for this object known as the glass, the table, it is energy in motion and in change as well.

Everything including yourself is energy and it is in motion and it is releasing and it is changing. Every cell in your body we have been speaking has been releasing and changing. Making new cells. Releasing old ones. Doing the function that each cell is designed to do. And you do not think anything of it. You do not have to. You have set it into

motion. You have set it into automatic mechanism and it works. Most of the time unless you get yourself in the way of it, it works very well.

A time of releasing. A time of releasing the old beliefs that do not serve you well. A time of releasing old friends. That is a difficult one sometimes. Releasing old friends as you see your interests changing, as you see your direction going down another avenue and perhaps they are still standing at the crossroads or they have chosen another avenue. Releasing old friends to their own path of awakening and going your way sometimes seemingly alone and yet never alone.

Releasing, changing, remembering for the holy Child has decreed that he will change to the place of remembrance. That she will change and release all of the old that does not serve her any longer. To come to that place of the realization, "I am Home free. I have paid a great price for it, and yet, I am Home free. I am the Love that I have sought. I have had it all along." And a great freedom, a great joy wells up inside of her, inside of him. As you are willing to release that which does not serve you any longer. That which is constricting.

As your seasons change in the outer, they reflect to you the changes on the inner. You go through the cycles never in the same place as each harvesting comes you are in a new place of understanding the harvest. As each winter comes to you, you are in a new place of understanding what the winter is all about. Allowing yourself that time of the hibernation to allow integration, digestion, understanding, new revelation to come forth gently, easily.

And in the time of your spring, to allow the new birth that proceeds quite naturally out of the winter, out of the digestion and the inspiration that has happened during the winter.

And in the time of summer, seeing the full bloom of what you have allowed to be birthed in the springtime and again, the harvesting and the understanding, the change, the releasing, the remembering.

The releasing is one of the greatest gifts that you give yourself. It is one of the greatest gifts that you can give to another; to release them to their pathway of remembrance and to release the old beliefs that no longer serve you well and to stand as example.

For the brothers and sisters watch you. Some of them watch you quite directly to see what you will be doing. But the brothers and sisters they watch you either directly or indirectly and each time you choose for releasing the old and you choose from the courage of your heart to walk into what seems to be new territory, you allow them the example that they too can choose to be courageous.

For if all of you will stand upon the bank of the river and no one will be courageous enough to put the foot into the water, what happens to the group of you?

**You don't get wet.**

You don't get wet, no. You stand there until someone does say, "Let's make movement forward." And the still small voice that is always calling to you, it will not allow you to stand on the edge of the river bank forever. After awhile you find yourself being compelled by that inner voice to step into the river and go with the flow of it. And you find that it brings you Home.

Yes, there will be some tossing about in the river. There will be some rocks of your own making that you put there. Yes, you may feel that you are bumped and bruised, but in the end it brings you Home.

I would speak with you now about another releasing that is more final than the releasing of the body. The ego has spoken that the most final releasing and the most feared releasing is that of allowing the body to be laid down, the ending of a lifetime that the ego would call it. And yet how can you say there is an ending of a lifetime when it is ongoing? It is as a thread that is woven and keeps on weaving itself.

But the releasing that is more final than that, is the releasing of the dream. The releasing of all of the illusions that have said, "I am one who must keep on adventuring. I am one that must keep on repeating lifetime after lifetime. I am one who must come back and keep doing it over and over and over again until I get it right."

In every lifetime you have gotten that lifetime right as you have outlined the script and said what that lifetime is going to be. You have gotten it right each time.

But the final releasing is the releasing of all of the illusion that the holy Child has said that it will experience in the adventure that is seemingly far from the Father's kingdom. That is the threshold in that final releasing. That is the threshold upon which you stand now. Of saying, "I am Home Father. Never have I left you. Never have you left me. I could not be without you. I have never left you. You have never left me. I will arise up even in this life experience and know myself to be free of the illusions of the world. I will release all of the old habitual teachings and reactions that I have thought to be real. And I will come once again into the whole realization of who I am." That is the final releasing.

And that is the threshold upon which you stand. That is why you have invited me to come and to be with you in this manner. That is why you have invited other entities that you still see to be somewhat separate from you, to come and teach you, to share with you, to commune with you. You have a growing number of energies, entities whom you are welcoming into your life experience now who will share with you their perspective of what Truth is. And this is wonderful.

For each one will gift to you a new perspective of the Truth of your being. Each one will gift you the opportunity to see life in a new way. Will give you new ideas, new catalyst for remembrance, new trellis to build upon, to grow upon in your own remembrance, and you have willingness now to expand beyond what you have seen individual self to be.

It is a releasing of old image of who you have thought yourself to be and what reality could be. And it moves you into a place of new understanding.

You have moving into a place where there will be releasing of individual consciousness to the place of understanding group consciousness, oneness with a group of like-minded brothers and sisters. That is where you are willing now to be. Later you will see that there is oneness with others who may not be of like mind as you have defined like mind to be in the limited understanding of what mind is all about.

In other words, there will be a knowing that the group of like mind, it is not just a small group, but there is a group that is expanding and the like mind, it is all around you. But that will be coming in its own process of time. I speak here of next step beyond the step, okay. To give you sort of a picture of where you are going.

Where you stand now is most exciting because you in your process of releasing what you have thought individual consciousness to be, you are willing to move into a consciousness of group oneness. You have begun playing with that already in what is called your E.S.P., your extra-sensory perception where you have known somehow what another one was thinking before they said it.

You are with one and both of you start talking at the same moment about the same subject and you say, "How did you know I was thinking about...?" Of course you knew. You are moving into that space of group consciousness where individual consciousness is not lost but released temporarily, for the understanding of oneness that goes beyond individuation as one would see the individual to be.

It is moving into that place that you know well of feeling within the heart what another one is feeling. Being able to see even in the mind's eye what that one is doing and you are not in the same room with that one. But there is a feeling that you are swimming as the fish in the sea, quite in harmony, quite as energy that knows itself to be one and to be in harmony. You are doing this more and more with brothers and sisters finding a harmony, finding an alignment. And if you do not find it right away there is a desire to find it and that desire will propel you to the place of knowing the group consciousness that goes beyond individual consciousness.

Now the individual consciousness will not be lost. It will be released temporarily, at first, for the expanded knowing of the group consciousness, of the shared consciousness. Perhaps that is a good way to put it, of the oneness.

Later there will be such a releasing of the individual consciousness that you will not even know that it has been released and you will not even desire it to come back. But it will be there if you want to claim it the same as the intelligence of a drop of water in the ocean can know itself to be individuated energy or can be the ocean.

That is where what you are moving into, the releasing of the limited image of who you have thought yourself to be and what you have thought reality had to be. That is in the process of the final releasing. That is in the process, it takes you to that place of the final releasing where you see you have always been one. Where you have released even the need for the illusion that you could be separate.

This is a time of releasing and great is my joy as I speak that to you. For I know where you are moving and I know what you are moving towards and I welcome the day, which is not far off, when you will awaken and you will know, "I am one with my

brother. I know what he is thinking. I know what he is feeling. I know what his dreams are. They are my dreams, my hopes, my aspirations. I am one and I feel such a love in that oneness that I know that all things are possible to us as the one that we are."

And in that day of awakening I will welcome you to my heart, I will welcome you in the love that has always been yours and has always been you. I will rejoice in the miracle as you will call it, that miracle of the awakening. That miracle of love that has been incarnate and has been willing to serve in whatever shape and form others have asked him or her to serve in.

There is a great miracle that is afoot upon your plane. The miracle of releasing. The final releasing of the illusion that says, "I could be other than what my Father created me to be." A great releasing. And with that, a great rejoicing.

Now, I have had my say. I hope that it has been inspirational. I would suggest that we take a small break. etc.

So be it.