

The Separated Ego

1997-06-13

Beloved and holy and only Child of our Heavenly Father, Child of the one Source, Child of light divine. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and other very intimate beloved names -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again, to call me forth. Always beloved ones, great joy.

For that is the truth of your being. That place of expanded joy, expanded love yes, as it has been called, but more than what you would call and know as human love, the place of unlimited being. Which is joy, is it not? If there is freedom unbounded, what comes from that acknowledgment of freedom, unbounded? It is joy of being. And in this plane you may manifest it as joy of expression. To be in joy.

To know yourself not limited by any of the words of the world. None of the images of the world. Nothing that a brother or a sister will say to define you. You cannot be defined. Not in human concepts. Not in human terms. You are beyond all definition. You are I am that I am. Beyond anything that you will define, that you will even imagine.

And yet, the imagination is a grand tool for it allows you to go beyond what you see as the separate personality. It allows you to go beyond what you see as the body. To say, "Well there is this. This is me." And yet you are more than that and when you allow yourself to use the tool of imagination you throw off all of the constraints of limited self-image. And you play with, "How does it feel to be even beyond infinite? How does it feel to be loved, so loved that nothing that I have ever done has been judged, has been wrong."

Beloved ones, nothing that you have ever done, chosen to do, has been wrong or a mistake, sinful. Never. It has been a free choice for the experience of it and you are wealthy in experience.

Sometimes the experiences that you have manifested for yourself you have judged to be not so happy. But in truth, they are as divine as the choices that you make that then are judged to be wonderful, happy choices. Every experience that you bring forth you may bless and honor as your creative gift to yourself.

Not to get caught up in the judgment of the world that says, "Well this is a good experience, or this is a bad experience." And to allow yourself to say, "Look how creative I am. Wondrous being that I am. Look what I have brought forth." And perhaps using the tool of imagination and going beyond what has been just described and proscribed for you. Perhaps this has a gift in it.

For indeed everything that you experience has a gift in it. Otherwise you would not have brought it forth in order to experience it and to know it. And everything that you experience is wondrous.

But you will look upon it with the eyes of the newborn, the eyes of innocence. The eyes that do not judge with old habitual judgment. But the eyes such as the new-

born who looks there and look around at the wonderful world that it is creating, manifesting and says, "What is this all about? What wondrous gift have I been given?"

Everyday is that for you. It is a wondrous gift and all of the experiences in that day, if you will receive it, are wondrous gifts.

Now I would speak with you in this evening about something that you have brought forth in the adventure of the holy Child, that gives rise to the judgment that would say that this is good and this is not good. I would speak with you in this evening about the separated ego.

For when you chose to have an adventure, to bring forth expression upon this plane and other planes as well, in this reality ego knew itself to be one with the Father. Ego was not separated. Ego knew connection with the Father.

Now I will use the term "Ego" here with a capital "E". Not the small "e", but the Ego of the I am. Now ego with the small "e" has been talked about aplenty and has been given much of judgment, much of the embattlement, much of the advice as to how to handle ego, how to fight it, how to deny it.

And we have spoken often of the purpose of ego -- with a small "e". The separated ego. The separated ego you have brought forth in order to give you a message. It is a messenger. It is your servant. It speaks to you of what you are believing in that moment. As you will look upon a circumstance or experience, and there will be the voice of ego that speaks to you in judgment of yourself and of others. Ego is your messenger. It is speaking to you of your belief and the image that you hold of yourself and others in that moment.

That is its purpose. That is its role. It does not have energy to trip you up. It does not have energy to send you into the depths of hell. It does not have energy to send you to the farthest place of the void where you would never find your way back. You may choose that according to what you believe the message of the ego to be. And you may find yourself temporarily in a place you will call hell. Or in a place that you will call the void of nothingness.

But in truth, the creative Child, the holy Child can never be lost in the void forever. Can be lost temporarily in the belief that it is lost and then will find its way to the acknowledgment that it is already Home and already always has been Home.

Separated ego is what brings you to the place of the constriction, brings you to the place of sorrow, the place where you feel guilt. Where perhaps, "I have chosen wrongly." Separated ego will speak to you that you are far from the Father's Kingdom and that you have been abandoned. That you have sinned originally, a great great sin and have been cast out by the Father. So far cast out to the void that you will never find your way back. And separated ego speaks to you that you are lost and must be saved.

But beloved ones, you are the ones who have brought forth the idea of the separated ego in the first place. You are the ones that play with separated ego. You are the ones now who are choosing to say, "Separated ego has served me in my journey. Now I

am exchanging it to know the true Ego of my Self. That I am that is from before time." And that beloved brother, brings forth great joy does it not to the heart?

For in truth you have never been lost. You have played at being lost. You have played at being separated from brothers and sisters, even now you play with the appearance of separation for you activate bodies that have certain definition in your belief system, and suggest to you that there is separation between this body and this body and this one. And yet, if you will receive it, you are energy. You are in each other's energy fields all the time. And you are the energy that activate the seemingly separate bodies.

You are the energy that brings forth the chair upon which you put the seemingly separated bodies. And you say that the chair is separate from you. And yet it is your energy that allows the chair to be in your reality and you are not separate from it either.

You are not separate from anything of your creation. You are not separate from any of the brothers and sisters with whom you interact during the day. You have had glimpses, intuitive feelings of what was going on with a brother or a sister and you have tuned in and known what they were feeling, what they were about to say even before they said it.

How could you do that? As you are not separate. It has been already said in this evening that there is one Mind. And there is and you are all tuned into it as the energy fields that you are that interact one with another to the place of the acceptance of the Reality of you -- with a capital "R" -- where there is no separation even into what you would call separate energy fields.

Now you have yet at this point of reality in the belief system, you will come with me as far as to say, "Yes, I am an energy field around the body, that activates the body. But there must be a diminishing of the energy field somewhere Jeshua. Out there far enough, it must diminish. And another one's energy field will diminish and I can see how ones who are close to me, how we would be in each other's energy field. That I can understand. I feel that sometimes with a brother or a sister as I sit next to them or I stand next to them. But surely Jeshua, this diminishes in space."

In truth, it does not diminish at all. It is within your belief system yet in this reality, that there would be a diminishment. But in truth, the energy that you are extends as far as the farthest universes and beyond. For you are the ones who have brought into the reality that you accept. You are the ones who have brought in that reality the idea of the universes. And you are much more than the universes.

Separated ego gives rise to the feeling of loss and sorrow when a loved one lays down the body. It does not take the energy field away, but lays down the body. The energy field is still where it has always been. With you. Around you. In you. You are in it. Inner penetrating as the one energy field.

That is why loved ones are still accessible to you even when they have released the body and you can feel their presence. You can feel their love. You can feel their en-

ergy. You can even feel the messages of communication as you trust it and as you ask for the message of communication. It grows.

In the next few years of your timing you are going to see more and more belief in the communication with ones who have laid down the body and you do not see yet with the physical eyes. There is going to be more and more acceptance and trust that those ones are ever present with you, as they are, and that those ones are very much with you on the journey as you call it, to the place of the acknowledgment that separated ego is but a concept brought forth into the part of the adventure.

The Ego of you, the I am Ego is who, what you have always been and will always be even beyond time. The Ego of you -- with a capital "E" -- is not separated. It knows itself to be one with the Father. It knows itself to be. Full stop. Period. To be.

The separated ego is what gives rise to the belief in victimhood, in a power outside of you. The separated ego is what gives rise to the belief in disease where there would be something that the body will bring forth to attack you with. Separated ego says that you are not one with all of your creations. And separated ego then gives rise to great fear.

For if you are not one with all of your creations, that they have a separate energy of their own, that energy might possibly be more powerful than what you see yourself to be. And separated ego says, "Oh, oh. You'd better watch out. You'd better defend. You'd better take all of the vitamin, the herbs. All of the good food. You'd better seek out all of the experts for the body. You'd better save the golden coins. You'd better invest them wisely. You'd better make the wise choices as to where to live. Not too close to the energy fields of the great mountains that are about to spew forth the energy within them. Do not live too close to a fault in the crust of our Holy Mother, the Earth."

Quite a choice of words, not too close to a fault. There is nothing wrong with the surface of our Holy Mother, the Earth. It is all in perfect order and even the movement thereof is divinely ordered for it is not a fault.

Separated ego says you must watch out. Do not read the wrong books. Do not speak with the wrong people. Do not put yourself in an unsafe place. Do not think unsafe thoughts. "Oh, oh. I have a thought that says, 'Perhaps something bad will happen.' I'd better do a great ritual of turning around three times. Much of the sacred words and a bit of the holy water perhaps. Something to cancel out that thought."

That thought, you have brought forth in order to play with it. But it does not have power over you in Truth. The only power it has over you is the power that you give to it in that moment of thinking that perhaps it would have power over you.

But you as the Ego, the true I am Ego, do not have to worry. You do not have to worry. If you would know healing of the body, allow yourself to claim once again the I am Ego and to know yourself one with your creation, the body. To bless it. To thank it for what it is allowing you to do and even the nuisances of it for you bring that into play in order to see how creative you are.

And do not fear the releasement of the body. Do not fear that it is going to be thrust upon you before you make choice to allow it to be released. It will not do you in. It cannot. It is your creation. You are one with that creation. You are the power, the energy that has brought it forth. And it will serve you until you decide to leave it behind as an old plaything and go on to something else.

It will not do you in as you would be a victim. That is separated ego that speaks and says, "Oh, oh, the body has a certain number of years on it. It is wearing out. I'd better watch out. I've had a pain. Do you think that's something I should worry about?" The separated ego says, "Yes, you had better worry about that."

And so you begin to worry about it and you have seen what happens. It grows as the snowball grows, larger and larger and larger as you put the focus of your attention upon it. And what was temporarily a small glitch in the nervous system becomes then a focus of worrying. The same with any of the appearance of what happens with the body.

Now there is a collective belief that the body will go through changes according to the number of years that you have used it. And most of the brothers and sisters adhere to this collective belief. You have accepted this collective belief in many, many, many lifetimes. Not all. Not all lifetimes. Hear that well. There have been lifetimes when you have lived a multitudinous amount of the years in joy, in creativity until what you would know as your six hundred, nine hundred years in the timing of that lifetime, because you were so happy and so busy. You didn't have time to think of the body's aging. You didn't worry about it.

The focus of attention was upon the expression and the experience in that life and you did not even think that perhaps the body would be aging and would not serve you. It wasn't within your consciousness or your ken, you didn't know it. So you have known lifetimes when the body did not age.

This lifetime many of you are "youthing" as you would call it, instead of aging. You are getting younger because you are shifting the focus and you are saying, "I enjoy life. I want to go roller blading. I want to get out there with the freedom of the holy Child and express as the child." And when you do that with a true feeling of connecting, with the child within, that holy Child, the body responds. It says, "Oh, she/he sees herself/himself as a child again." Young. Young at heart and the body responds.

Separated ego then comes in around the edges and when you feel a bit tired having exercised a bit, separated ego will say, "I told you so. Now you are tired. You have a few years on this body."

If you were to see the energy that activates the body, when you are in joy, when you are expressing as the holy Child, when you are roller blading for example, the radiance that activates the body is quite free and expansive.

If you were to have one of your specialized photographs taken at that time, you would see what is termed the aura around the body. Quite brilliant. Quite active. When you come home from that exercise and there is a muscle or two that speaks to you and

you feel a bit tired and the separated ego says, "Ah ha, I told you so." If you had the specialized photograph taken at that time, the radiance, you would notice a change in it.

But when you are in a place of great joy there is no thought for the constriction of the body. In truth, many times there is no thought for the body at all. You are beyond the body. You are in great unlimited joy. The expression of happiness. And the radiance then is free to express.

So if you would know healing of the body, call in the I am Ego that you are. Claim once again your power of the true ego and know that you have brought forth everything that you experience, not as judgment. Not even as nuisance, but to have brought it forth for the sheer play of it and the creativity of it, and do not fear what you may choose later as the releasement of the body.

A great percentage of the brothers and sisters go through lifetime fearing death, fearing the releasement of the body. And everyday is colored by the subtle belief that they are going to be asked at some point in time to release the body. And they ask, "What is it all about? Why am I here? If I am just here for a certain number of years is it to be successful in my profession? Is it to earn a great heap of the golden coins? Is it to have certificates upon my wall and worldly acclaim? Is it to bring forth the children to nurture them? Is it to eat, drink and be merry? Is it to have material possessions?"

And they have answered all of those questions, "No, that is not all that there is." And there is a great hunger, a homesickness, a longing within each and every brother and sister. A deep longing to know the true Ego. Not the separated ego, but to come beyond the separated ego to the place of oneness. That is what that longing is all about.

And if you will receive it, that is why you have brought forth this lifetime. It is to experience and truly know that I am Ego that allows you this lifetime. It is to come past the illusion of the separated ego. And not to be in judgment of self because you have played with the concept of separated ego. For if you are in judgment of self you are still listening to the voice of separated ego.

Beloved ones, I would share with you that this lifetime is a time when you will be tested. You will be asked what do you believe? You will be asked by the brothers and sisters yes, but more importantly the I am Ego of you is going to be asking what do you believe now? Who do you believe that you are? And you will be tested because it will take certain courage, certain trust to come to that place where you claim knowing, knowing of who I am. Now I do not speak here of one Jeshua, but knowing who I am as the I am Ego that you are. The eternal Ego that is even beyond time.

So you have already been tested. You have known tested in this lifetime. You have known questions. You have known doubts. You have known opportunities for judgment of self and judgment of what you have brought forth as experience. And you have known testing of what, what can I truly believe? What is eternal? And that gives rise to the mistrust.

But the feeling of, I do not want to be misled. What voice is that? The separated ego, yes. That says that you could be misled. Separated ego will speak to you most sub-

tly and sometimes most intensely. Separated ego will allow you opportunity to be in a space of great confusion. Not knowing which way to turn or what to choose. For separated ego will say, "Well if you choose a, perhaps b is the right choice. And if you choose b, perhaps a was the right choice."

You have played that game. You know that feeling. You feel as the ball of the ping pong game. You are going back and forth and the paddle is the separated ego playing with itself back and forth. And you get battered around a bit until finally you say, "Hey, this is my game." And you take control once again.

Separated ego has come with a belief in the identity, specific identity of what you see as your creation. And what you see as being separate from yourself.

When first we sought to bring forth this reality and to bring forth in concert with the energy that is most alive now in this day and time of our Holy Mother, the Earth. We knew the I am presence. We knew the I am Ego. We knew the energy fields as we saw ourselves to be the light Beings. The light that danced upon the firmament. We knew the consciousness that was created and we knew that we were here as great gods bringing forth this reality and we knew that we were also present in other realities, being creative in those realities as well.

But through certain choice to be in specific identification with density there has come a narrowing of the focus of who the holy Child has thought itself to be and what it has thought itself to be. To the place where you now have as collective belief that this is who I am. I activate this body. I have certain personality. I have certain credentials, certain experience and when ones will ask you who you are you start with certain names and then you will say, "I live in a certain place. I work at a certain place. I have a family that is," and you start to define yourself by the box, the labeling that you have accepted so far in this lifetime.

And yet there is a still small voice that even as you are defining yourself that keeps suggesting to you, "I am this and more. And if I claim the 'and more', if I say to the brothers and sisters, 'I am all of this and I am more.' Separated ego says, 'What will they think of me? They will think I am arrogant. If I say I am my Father's holy child and I am creative, that I am love personified, they will say, 'Well, she certainly has an inflated understanding picture of herself/himself. Who does she think she is, he is?' They will think that I am a bit strange." That is separated ego that is speaking.

It is time now beloved ones, to claim the I am Ego. It is time to claim I am William of Shelton. I have certain credentials. I have experience in this lifetime. I have a wealth of experience in this lifetime. I have family. I have extended family, and I am all of this and more. I am my Father's holy child in whom He is well pleased. I am loved personified. I walk this earth because I choose to walk this earth and I walk it in joy because everyday is a grand gift that I give to myself.

It is time to claim the I am Ego. And it is time to speak it to the brothers and sisters. You may start with a smaller version of that if you wish. A bit like putting the toe in the water. But do not stop with the toe. Say I am all of this and more, and so are you. We are here for a purpose.

Now brothers and sisters know that they are here for a purpose. They may not know what the purpose is. Along with the very deep longing that is within all of the brothers and sisters, the longing to come beyond separated ego, there is a feeling that I am here for a purpose. And most times the purpose will be defined by the career, the employment that they seek. Most times by the avenue of service that they choose or see thrust upon them. For many of them will say, "Well I didn't have a choice. In my family we have always been x, y, and z, and I was expected to be x, y, and z."

Or, "I went through a certain number of the grades in the school and I was trained to be, and when I came from that school there was one job offer and I took it and I've been there until now. They are giving me my gold watch. Was I happy in that job? Not especially but it was the only thing I knew to do."

All of the brothers and sisters have a longing. All of the brothers and sisters feel there is purpose, some reason and many of the brothers and sisters will release the body in a feeling of disappointment. In a feeling of not knowing what the purpose was. A feeling of unfulfillment. All of you have lived the lifetimes where you have released the body and said, "I know that there is yet a small piece of something that I didn't find in this lifetime." And so you have said, "Okay. One more time with feeling. I will try this one more time with certain changes. And I will find that elusive peace that I didn't find." And so you have some and played again. You have played the script. You have exchanged the scripts upon the stage and you said, "Perhaps if I play this script I'll find that peace that will fill in the emptiness inside."

Separated ego is the voice that speaks to you that there could be emptiness. True Ego is already fulfilled. It is already all that there is and will ever be. And that beloved ones, is the purpose of why you have come once again even into this lifetime to experience and to express. It is to come past the belief in separated ego to the claiming and knowing once again that I and my Father are one. I am that I am. I am all.

Now, how do you do this? You practice. You recognize the voice of separated ego when it speaks to you. You have an awareness of what the separated ego sounds like. And when it speaks to you, you do not judge. You do not hold yourself in a place of guilt and you do not go through all of the contortions that you know so well in trying to get out from underneath the possible guilt.

in truth, separated ego doesn't care whether you feel guilt or not. You are the ones who then take it a step farther and say, "Oh, I must feel guilty for this. And now I must get that guilt off my back because it doesn't feel good." And you are the ones then that go through all kinds of contortions to get out from underneath imagined guilt.

Separated ego stands ready to give you the next message. In truth, does not care what you do with the message but stands ready to give you the next message and even the message of the guilt is showing you where you stand in that moment with your belief about who you are.

You recognize the voice of separated ego and you do not judge, you love even the voice of separated ego and say, "It has served me in the adventure. It has served me because I asked it to be upon my stage. Now, I will play an improv. I will play a new

script. I will play with how does it feel to go beyond separated ego and to say, why I see now I have brought forth. Not for the purpose of judging myself. Not for the purpose of heaping guilt upon my shoulders or anyone else's shoulders, but I have brought it forth in order to show myself how created, how powerful I am."

When you have the willingness to move beyond the habitual response to separated ego, you begin to claim your true power. You begin to move into the space of knowing who you have always been and who you will always be.

Recognize the voice of separated ego. Thank it and then play with how does it feel to be one with whatever I am contemplating in the moment? Allow yourself time in every day, five minutes and longer if it feels good, but five minutes to become one with whatever you see in front of you.

If you hold the cup in your hand allow yourself communion with that cup. Contemplate it. Look upon it. See first of all the shape of it. See the texture of it. See the color. See the form. Acknowledge that it has density of form.

And then allow yourself the eyes, the physical eyes that softens. But become a bit unfocused, relaxed, expanded if you will, at ease, and look upon the object with the eyes that are soft. You will behold it slightly differently. Then allow yourself to know the energy field that is around that cup.

For the cup is not an inanimate object. The cup is energy brought into density of form to serve you. Brought into density of form by you and it is energy the same as you. Allow yourself to see the energy of that cup. Allow yourself to feel, if you are holding it, to feel the energy. To feel the energy of the body as it will hold the cup. To feel the energy of the cup itself.

If you allow yourself the space of peace and you are willing to claim oneness with whatever you behold, you will feel the energy of that object to the place where you will not know the ending of the hand that holds it. You are the beginning of the object.

You will feel yourself immersed in the pulsating energy that a moment or so ago seemed to be separate from you. Practice. Play with it. Allow yourself to know oneness with any object. To hold it if that is appropriate. If not, to look upon it to the place where the self of you dissolves into the object.

If you will choose something that is a bit too large to hold such as the instrument of music, the organ there, now you are not going to pick that up, most of you and hold it in your hands. There are some I suppose who would do that, but you don't need to.

But allow yourself in the contemplation of it to know oneness with the energy of that musical instrument. Feel yourself to blend into it to the place where you lose, momentarily, the sense of separateness. Allow yourself to know oneness.

If there is a part of the body that you would know wholeness with, allow yourself to know oneness with it. Know, visualize, feel the energy of that part of the body,

or parts of the body. Allow yourself to be immersed in the energy of that area of the body. No separation.

That is where healing comes from. It is knowing the wholeness of one. And the ones who were healed by me in my ministry and healed by the disciples, had great faith. They knew that the healing could happen, and they claimed oneness, they claimed wholeness. They had great faith. They saw me and they saw the disciples as great miracle workers and they knew beyond the shadow of a doubt that I could heal them. This is what they believed. And if they could get close enough to touch the hem of my robe, that would be enough to feel oneness with my energy and there would be healing.

Now in truth, beloved ones, if you will receive it, I healed no one. They claimed their wholeness because of their faith, because they knew they would be healed. And in that moment there was no thought of separation, no thought of disease, no thought of even separation from the wholeness of the body. In that moment of instant healing they claimed their oneness with their holiness and with their wholeness, and instantly it was done unto them as they believed. They went beyond separated ego.

Now, if you find yourself working with a condition of the body and you still hear the voice of separated ego, do not judge self. Say, "Well, this is one more time again, I will practice, I will know oneness. I will ask, what is the holy vision?" In other words, the whole picture of this. Because every condition of the body that you bring forth, you have brought it forth for a reason, for a purpose, for a gift. And you may look upon small understandings, small vision and you may say, "How stupid I must be. How lacking I am. I would be a healer. I would be healer to myself as I have been to others. Why can I not know healing immediately?" And separated ego most happy to be your servant comes and says, "Well, you thought you were so wonderful. Hmm. How come it hasn't happened already?"

You have heard that voice many times. There is often reason for the time interval. For ones with whom you will have contact, interaction, that you would not have met if you had not made reason to go and see them. Had not made reason to be in their presence and you in their presence for a word, for an idea, for an extension of love just to be together even if you do not know consciously in that moment what it is all about. It does not matter. There is a reason that you have come into each other's presence.

If the time interval seems to be extended longer than what you would choose, be patient. Claim the all knowingness that goes beyond time and say, "What the heck. I know there is a reason for all of this. It will serve me well and it will serve the brothers and sisters well," and that is true. For often times you will experience certain dis-easements of the body not only for what you are experiencing but also as a gift to others in what you call your future.

For you will share with ones who are in the throes of "Oh my God how I suffer and how bad I am. What have I done to bring this upon myself? And what am I going to do about this condition?" And you, because you have been there, you will say unto them, "Peace be still. My peace I give unto you. Not as the world gives, but my peace because I have been where you are now and I know the peace that transcends all of the world's worries. I know the peace that sustains. That peace I give to you."

And in truth, beloved ones, that peace is the greatest gift that you can accept, that you can give, but more than that, accept in this lifetime. For that peace is Home. That peace is from the I am Ego. That peace is why you are here living this life. That peace is what you desire. It is beyond any price of the world.

And you will bring about, you and the brothers and sisters, all manner of adventure and experience so that you can come once again to the place of claiming the peace of the I am. That is what it is all about.

So when you bring forth what seems to be trials and tribulation, give great thanks for what you have brought forth. Now separated ego will not speak in great thanks. But the I am Ego does.

When you bring forth all manner of tribulation, challenge, give great thanks for it is that very motivating factor that will propel you into claiming the peace that goes beyond the understanding of the world.

In that place of peace does the separated ego still come? Yes, as you allow it to. In other words, it will come to the threshold and it will say, "Will you invite me in?" And if you desire to play with it, and it will come in, but the I am peace is your true nature and it goes beyond any of the tribulations, any of the messages of the separated ego and it is the gift that you give yourself even in this lifetime.

Then from that place of knowing the peace of the I am Ego, what more is there left to do? What else do you have to satisfy in order to be good enough to know yourself already at Home? Nothing. Nothing remains. When you are in that place of the I am peace, nothing more need be done. And then what does the holy Child do? She goes about with a light foot and a light heart and he gives forth the joy that is his true nature as the bubbles of the champagne. Because you cannot help but be joyful. You are Home free.

Know you that is why? Your language is so wonderful. You have that saying about being home free. Always you are home free as you will claim it. It is separated ego that would speak to you that you have a price to pay. That there is yet something that you must do in order to be worthy. That there is some original sin that must be atoned for.

Well as we have spoken previously, there is an original sin and it must be atoned for. But it is only the sin of the belief that you would somehow play in separation and it is atoned for in the moment of knowing and claiming I am one already with my Father. I am at one. That is the atonement. Not to be done in great remorse. Not to have to pay back awful karma. Karma is cancelled out in an instant as you claim the atonement that says, "I and the Father are one. I would not be if I were not already one with my Father."

This is the truth of your being. You would not be if you were not one already with the Father. You would not be. Therefore, the ordinal sin was the first thought that perhaps you could be separate. And the atonement happened in an instant when you say, "Father I will arise up now and claim what I have always been. I will claim my oneness with You." And the I am Ego knows itself then to be what it has always been, holy, true and perfect.

And the separated ego, it will be your plaything yet for a brief period of time in this reality. But you will look upon it with new eyes for you will look upon it as a play thing. Not as a power over you. Not even as a power that could trip you up, that would be lurking somewhere in a corner. But as a play thing. And the power that you have attributed to it, will diminish until it becomes as the small teddy bear.

Not as the great ogre that would be threatening, but as the small teddy bear. And you may play with it or you may leave it in the playroom and go on to other things.

And when I say that I do not mean the releasement of the body unless you choose to releasement of the body. When I say to leave it in the playroom and go on to other things, I do not mean that you would necessarily choose to release the body. But you will choose to play with other playthings that reflect to you and to the brothers and sisters the truth of your being. The truth of the joy of the holy Child at play.

You will still activate the body as long as you want to. There is nothing wrong with the body and nothing sinful with the body. But you will be in great joy activating the body if you so choose to still activate it. And there will be playthings and playmates to play with. Ones who are awakening to their holiness and to their power as the creative ones who want to walk this path even in this reality in joy.

And you will find as you are beginning to find, that life does not have to be a struggle. That has been a collective belief that you have bought throughout many lifetimes and have paid dearly for it. But life does not have to be a struggle. Life can be happy, joyful and joyous. And you can do in the daily activity what brings you joy. What feels like heaven, and what feels easy.

And when you choose for that, then you have chosen to know the true Ego of you. Everyday you have power to choose. Every moment you have power to choose. Choose you well for you are the one who then lives in the next moment with your choice.

In truth, it matters not beyond the adventure. But within the adventure it matters a whole lot to you. Choose to live in peace. Choose to live in the I am. Choose to live in oneness with all that you behold. With everyone whom you behold and to speak in the inner dialogue with the ones who have released the body, with the ones that you would call the angels and the saints. For their energy is not gone from you. Cannot be gone from you. Claim it. Know it. Speak and receive and trust.

If you have faith and trust even the size of the small mustard seed, what you will know and what you will ask for will instantly manifest even before the physical eyes. If you have but the faith as small as a grain of the mustard seed, and you know in your heart who you are, the I am Ego.

If you will ask of your great mountain that it be at peace with itself it will be at peace with itself. There is much of talk that I have heard, much of some concern and worriment as to what will happen with your great mountains. A lot of conjecture that has come from separated ego and the fear. A lot of conjecture that does not know the power of the I am presence.

If you have but the faith, small as the tiniest seed and you know that you are one with all of your creations and you speak to the great mountain to be at peace and you are at peace yourself, there will reign peace.

If you are in a place of listening to separated ego, in a place of great agitation and fear, and you focus upon the fear and the what if and the what if and the what if, and you speak those words to your mountain, in time the mountain will respond in kind and there will be brothers and sisters who will bring forth for themselves the reality that they have feared because they have lived in that energy and they have spoken those words to the mountain.

Now will that be in your reality? No. It need not be. As you are in your place of peace and you speak peace to the mountain, what you will see will be peace. It will be all in the divine order and you need not worry.

So when ones speak to you that there could be a possibility that any of your great mountains will bring forth devastation you may say to them, "That is a possibility within certain belief, certain reality. But within my belief I know, I know that there reigns peace. That there is peace. I am the presence of peace and where I go, there is peace."

And when you speak words such as that, you allow the brothers and sisters to have a glimpse, an opportunity to glimpse the I am Ego that is above and beyond the separated ego of the world. You give them opportunity. All of you know that you are teachers. All of you are teachers as you walk the face of our Holy Mother, the Earth.

What you claim for yourself and have courage to claim, speaks loudly to the brothers and sisters. Speak to them from the place of true Ego. Give them the gift of that opportunity to know true Ego, and great will be the joy that reigns upon this plane.

Now, would be a good time to have a bit of the exercise of the body, a break as it is called. To refresh the body and then in what you see as ten minutes, twelve minutes of your timing, we will extend it at least until twelve. We will reconvene and we will play with the questions.

So be it.

{Break}

...

First of all you have heard the voice of separated ego. Separated ego is very much present in this room as you are having your break and also there were the choices for the true Ego. There were times when you allowed all of the boundaries of the small self to be dissolved, for an instant, as you looked into the eyes of another one and you knew you could trust them. In truth, you knew you could trust yourself. And in that moment you claimed the I am presence. You are to be commended.

{End added here}

The separated ego is in its last ditch battle because you have ordained that you will come to the place of claiming the true Ego, the I am Ego, but you have also ordained that the path is going to be one of the two steps forward and one step back. And that the separated ego is going to be your companion for yet awhile, and that is okay.

What is important is to recognize the voice of the separated ego and to be at peace with it. Not to be doing the battle with it for that only keeps it, prolongs it. But if you desire to be in battlement with it, then go for it.

[Love it to death.

Exactly. Which in truth is what you are doing. You are loving the separated ego to the place of its nonexistence. In other words, to the place where you will say, "Oh, it's been part of the journey, part of what I asked to be companion on this journey. But you know it has no reality in my true Reality." And you will have loved it to its nonexistence which is where it is in truth anyway.

But meantime, be okay with it. And the place, the time when you get the mental and spiritual indigestion because you have been doing all of the shoulds of the very holy one, take a break. Go out. Eat the pizza. Oh my God, a pizza?

{Comments}

Now beloved ones, we will entertain the questions.

{Questions from each member of the group}

Grace Phillips:

This is something different from what I usually ask. Well I really am interested in the answer.

Well I should hope so.

A few years ago when I was in the company of Zanzoona, crystal skulls was part of the teaching and I didn't get very much because I left about then. And the crystal skulls that come into mind... on television and I want to know what are they? Are they real? Were they from Atlantis? ... outer space? And was there a limited number? And so on.

Are they real? Yes. With a small "r". They are part of reality. Have they come from Atlantis? Yes, they were known then. Have they come from outer space? Yes, for you have materialized them in your belief from outer space through Atlantis, through other time periods as well.

They are the product of a belief?

Yes. Are they limited? Hmm, in truth, no.

In numbers?

In number, no. It is not what you would see as a finite number and there are only fifty of them and if you have found forty-nine, well there's one more missing. It is not that at all.

Well they keep talking about thirteen of them.

In truth, you are not limited. In truth, you and the brothers and sisters who are interested in this focus of attention will bring forth what serves the remembrance.

Well you know when they came up with Zanzooona the subject just kind of left me cold. I couldn't get very interested.

Yes, it has been....

It comes up on television every once and a while. And maybe I should have paid a little more attention.

And that is separated ego that says, "I should have, x, y, and z." If it were part of something you felt deemed necessary for your remembrance then it would have been as the neon sign that would have flashed so brightly you could not have missed it.

For you it is something of passing interest. For others it is what they are bringing forth as created symbol that will bring them to the remembrance of their creativity. For you there is much more power in looking into the eyes of the newborn young child.

I know that.

Yes. For others they look upon something as the crystal skull and they say, "Wonderful," and they get very excited and it allows them to connect with the power of the creativity that they are.

Oh, I see.

Now what will happen to their belief system when the fourteenth is found?

Well I don't know. There are two people that think there is thirteen. I mean everybody comes, Zanzooona he was selling them around the circle for \$500.00 a piece. There had to be more than thirteen.

Exactly. The creative holy Child is most creative. So it is for you something of passing interest but not something that the separated ego is going to hook you with.

Oh no, it isn't. I guess that's all the interest I have with it.

Yes. A passing interest. It has passed. It may come up again from time to time. There are other passing interests that all of you have that allow you to contemplate, ruminate for a moment or so and then you go on to something else that grabs the attention.

One at least came from Atlantis?

Oh yes. And other time periods as well.

I have a hard time letting loose of Atlantis. I think for sure I believe that.

Yes.

Why don't you tell us where it was?

Why don't you tell me where it was?

Because I don't know.

You do know. In the far reaches of your consciousness you do know. Otherwise it would not be coming up as a topic of conversation even in this evening. It is within your consciousness and within your belief that such a place has existed and will rise again.

In other words, we have spoken many times of time and how you see time to be linear and you say, "Well if there was such a land mass known as Atlantis and such a culture known as Atlantean, that was in the past. And perhaps the prophets who have said that it will rise again, perhaps it will come up in the future." And you see it all to be linear.

Now in truth, you have experienced lifetimes in the geographical location of land mass known as Atlantis and you have known culture of what is termed Atlantean. And you have already lived what you would call the future where it will rise again. In truth, it is rising again right now in your consciousness because you are playing with the remembrance of what you see the linear history to be. It is rising again.

Now is it only going to rise in my consciousness, Jeshua? No, if it is your choice, it will rise in the physicality as well. Not all will be captivated with it, as we have just spoken about the crystal skulls, so not all will see the physical land mass rising again. But some of you will for you have already experienced it in its "againness."

The thought just crossed my mind if you told Tom and Judith where Atlantis is, they could become extremely wealthy, could buy property and build a village and university building and all of the things they've dreamed of for years because obviously the scientists, the government, whoever would be very thrilled to know about this.

In truth, beloved one, in this point of time and reality they would not be at all excited and they would not believe. It would be conjecture, it would be nothing that they would be captivated with at this point in what you see reality to be.

Now if you were wanting to establish the habitation on the land mass that will be rising, and you wish to do it in this time frame, I would suggest unto you that you get very familiar with what is known as the deep sea diving and the underwater living.

That never attracted me in this life's memory.

Yes. For very good reason because you knew the experience of the land mass going down. You carry with you in your cellular memory how it felt not only when the land mass known as Atlantis submerged itself, but other times when you have submerged the body most drastically. You did not like the experience. So it is not something that you feel comfortable with.

Others who are connecting in this lifetime with their remembrance of how it feels to be joyful in the water, how it feels to be the dolphin, yes, they feel a bit more comfortable with it.

In truth, now you have known lifetimes and experience as the water mammal. But it is not something that you are connecting so intensely with in this lifetime. It's like it's an okay. It's all right. You allow it, but it is not something that you have to have. For others they have to have this. It is almost like breathing. They have to have it.