

Christos Intensive Level I

1996-10-18

Pittsburg, PA

Beloved and holy and only Child of our Heavenly Father, Child of the One Source, Child of Light divine, that is who you are and beautiful you are. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen to call me forth. For indeed beloved ones, always I come in great joy for that is the true nature of the holy Child. It is to laugh. It is to dance. It is to chatter away amongst yourselves in great humor. It is to play and to know the love of the Father that is freely given and poured forth in every moment upon you. For you are His beloved only Child in whom He is well pleased.

Much of this lifetime you have seen challenge, you have seen questions, you have seen all kinds of problems that would come up right in front of the face to be addressed, to be dealt with. And you have dealt with all of them oftentimes in the way of the world saying, "Oh my, what will I do now? How heavy this is. How serious it looks." And then when you came through all of the chaos and chatter of the mind and stopped for a moment to breathe, you have connected with that place of peace where the still small voice has reminded you that there is something more than what the appearances would suggest.

In that moment you connected with your true essence, that place of peace, unbounded peace where you knew that no matter what was facing you there was a power greater than what you saw in the world. You did not know how you knew that because appearances were not telling you that. Brothers and sisters perhaps were not telling you that, but there was a deep abiding faith within you that said, "There is more to life than this. I will trust. I will go forward. Even though I do not see all of the way to go. I will take the next step in trust and in faith."

And with your willingness, and it only takes a little bit of willingness, you come unto the receiving of the greatest gift of all. The gift of true joy, knowing that always you are taken care of. Always you have been taken care of. Throughout all of what you would see as lifetimes. Even the most horrific lifetimes that you can imagine, the greatest most tragic adventures and where are you now? Right here, alive. Are you alive? Yes, very much so. Expressing and experiencing once again even as you have seen the challenges of this lifetime and some of them have seemed to be mountainous, confusing, sorrowful, conflicting. Even as you have come through those, where are you now? Right now? Safe, secure, relatively comfortable on the chairs. Well taken care of and always you will be for you are the one child created perfect before time began and after the purpose of time has been fulfilled, you will remain what you have always been, the one holy Child beloved of the Father.

Now in this evening you have felt great joy. You have felt great family reunion. Yes. I thank you for bringing the vehicles of the body to this place where you can greet one another with the hug, the embraces, the love-light in the eyes, the joy upon the face of meeting family once again. For even the ones that you would call stranger, are family to you. As you will sit with them or stand or look into the eyes, there is a familiarity even with ones that you have to read the tags with the names and you say, "Have we met yet?" Yes, indeed you have met, yet. Already you are family and it is a grand family reunion that is happening.

You have collected yourselves again for a grand purpose. Part of that purpose we will speak of later, but one of the aspects of that purpose was to come together in great joy, to make trek across thousands of what you call the miles, to come again into the presence of loved ones, family even though perhaps you would say, "In this lifetime I have not set the physical eyes upon them yet," but when you did their was a friendliness, an openness, a welcoming and you said, "I am at home once again with my family.

Many of you made trek in this evening across many of the geographical miles to know family reunion once again. Many of you traveled through the cleansing waters.

{Laughter}

The downpour of the waters of heaven which indeed purify our Holy Mother, the Earth and the air, the very air that you breathe, purifies the spirit's remembrance and allows you to feel more energetic and more alive. Even though perhaps the vehicle yes, was struggling a bit.

{Laughter}

You were driving. You ought to know.

{Laughter}

Indeed, and it was a grand pleasure.

{Laughter}

For many of you have called upon me.

{Laughter continues.}

Many of you have come through the narrow spots and there have been others who have said to you, "How did you manage to do that?" And yet the way was made smooth before you. Open. And even in what the appearances would be that you had squeaked through, there was plenty of room for the holy Child.

{Laughter continues.}

You enjoy adventure. You enjoy the drama of the adventure. You enjoy the close calls. Know you why?

Why?

It allows you to connect with more of the energy that you are. As you have felt the upliftment of laughter just now, remembering how it feels to be in a close call, there is an acceleration of energy. When you get into a place where you say, "Ah. Oh my goodness, I got through that. That's great." In that moment the energy, the totality of the energy that you are you have connected with more in that moment.

That is why you enjoy the amusement parks with the roller coaster. And you, "Ah," the stomach comes up into the mouth and you say, "Ah, it is so good to be alive." That is why you bring forth many of the challenging events, the conflicts even. The ones that feel like you are chugging very slowly up this very, very steep hill and, "Will I ever get up? It is all an uphill climb."

And when you get to the very top, how beautiful it is and you look about and you say, "I must be greater than what I have thought myself to be, for look what I have come up over." You are wonderful, radiant beings. Coming again to the place of remembrance of the wholeness of all of the energy that you are.

The time that you live in now, it is a grand time. In what you see as the next three years of your timing, you are going to be calling forth many miracles for you have decreed that it is time now to get through all of what would be the limiting belief, all the hindrances, all the blockages, all of the past garbage and to come again unto the place of great joy.

You have decreed that the time interval that remains now until the turning of the age, is an appropriate time to begin and to carry out and to accomplish ministry unto Self. That will include ministry to what you see as individual self. That will include nurturing the individual self for it begins there. Then you will see it expand to ministry to brothers and sisters and to the one Self that truly they are.

The next three years you will see many miracles. You will see many changes and there will be opportunity for brothers and sisters to look upon those changes and to judge them as tragic, traumatic perhaps, or the most wonderful blessings for indeed you have all desired and decreed that you will have change. That what you have experienced has had its good moments and its not so good moments and you have said, "Now, I am ready to experience heaven. Right here, right now upon this plane. Not have to wait to lay down the body and hope to ascend unto a grander place. But to have it right here and right now." Therefore, there will be change and every time you see a change happening or you feel a change within give great thanks, rejoice for it means that you are allowing the old belief in duality to be set aside.

The belief in duality has served you well. You have brought it about because you have desired to make the marriage of Spirit with form, with physicality. It has been by grand design. You as the Spirit have created everything that you behold. Everything that you see formed, you have brought forth and wonderful creations you have brought forth and even more so you will see.

But there was a temporary forgetting. There was an immersion into the identification with the form to the point where there has been temporary forgetting that you are the Spirit that brought it forth in the first place and with that temporary forget-

ting has come the belief in duality, good and evil, better then, less than and all of the value judgments in between. It has been by grand design.

But now you have decreed that you will remember that you are the activating force that has brought forth everything that you behold and that you are one with your creations. You are one with the vibration of what you would see solid matter to be.

Solid matter. What you are sitting upon is in vibratory rate. It is energy. it is one with you and you have brought it about by grand miracle in a variance of the vibratory rate that allows you to put a body upon it and not fall through. Wonderful creators that you are.

In the next three years you will see much of issues coming up to be looked at and to be seen in a new way. To be seen in love. To be seen through the eyes of the Father who loves you. There will be opportunity, many of them to look with the eyes of the Father and to encourage the brothers and sisters to behold the grander vision as you have done already.

You will see much of technology coming forth with miracles. Already you are beholding that. What you have now with your technology called the computers and the weaving of the net. Instantly you can be in communication with brothers, sisters that are miles away. Ones that you did not even know existed until you saw their name, their symbol, labels, yes, their screen name, exactly, as an actor, an actress. Their screen name and you thought, "Well that one has similar interests to me. I will call that one up and we will chat a bit." Grand it is what you are doing.

You have often had the saying for sometime now, that the world as you have known it is growing smaller and smaller and indeed it is for you are becoming one in the claiming now, in awareness. You are claiming oneness with all. No longer seeing great distance that separates you. No longer seeming appearances to separate you. The way of the ego has been for a long time to speak of differences and separation and when you behold ones, at first there can be the differences that will appear and then you look into the eyes of that one and you behold your Self.

Always you behold yourself. And as you come to the place of loving Self more and more, what do you behold in the other one? More love.

Many of you have had vision to bring together into a certain collective point, members of the family in community. Ones of like mind and like heart to live in proximity. Not to have to travel the whole long trek that you have in this evening, but to live in proximity, to share, to rejoice, to remember and to be in service to other brothers and sisters who will be called unto that community. There will be many such communities because you as the holy Child have decreed that it is time now to know common union, oneness and to live together as you have done many, many lifetimes in harmony and in love as one family.

Not all of you within this room will feel a calling to pack up the belongings and to move unto certain different geographical locations. Some of you will. Some of you will find yourselves traveling amongst many of the communities. And I will share with you

that in this evening there is a most sacred community gathered in this room and when this evening is concluded, when your gathering you decree is concluded and you get back into your vehicles and travel to where you see the dwelling places now to be, the community that is so established in this evening will still exist.

For the community of the heart does not have visible boundaries. Beautiful miracle. The community of the heart already you know and you are a member of. And there will be more and more of the brothers and sisters that you will come together with, recognize in time and you will know them to be your family. You will know them to be part of the community of One.

But there will be yes, the physical location where ones who are still seeking, hoping, hoping against hope that perhaps there could be a place where brothers and sisters would welcome them in, would love them unconditionally. Would not care what the appearance was, what the color of the skin, what the raiment would look like, what the hair style was, what the lifestyle would be. What the sexual preference would be. What the food substance preference would be, vegetarian or otherwise. What all of the past history of family would be. They are looking for a place where they will be welcome as the holy Child of the Father. And where in time they can be of service to others, to feel a belongingness, an involvement, an ownership of sorts where they can then be of service as well.

So there will be physical community, yes, but the community so established in this evening it is a sacred community and it does not end when you leave this room.

Ones that you meet in this evening you are drawn to them and find yourself in conversation, allow yourselves to go one step further than what the usual society would tell you you could do, ask them for the address, their telephone number. Say, "I want to keep in touch with you." Do not stand a bit back in distance and say, "Well I really like you and I enjoyed talking with you this evening and I hope we meet again." No, go right up to them and say, "How can I be in touch with you? Give me your address by either the snail mail or the E-mail, the telephone number. I want to follow up on this for I have felt a bonding of the heart. I have felt acceptance. I have felt a welcome." Yes.

And grand it is, is it not? That is the Love of the Father in expression, come alive right into manifestation. That is what heaven is all about. And that is what this evening is all about.

I have desired to speak with you now in a more intensive fashion. Always I am willing and ready to speak with you about the heart's desire and you have asked to have an acceleration, an intensification now of what it means to be the Child of the Father, to be the Christ. That is what the Christos Intensives are about. It is about remembering the Christ.

All of you so gathered in this room have desired and have made decision to come Home. It is not an accident that you are here in this evening. It is not that you just did not have anywhere else to go and you thought you would come here. You had many choices and it would have been much easier to sit at home and to put the feet up. But you made choice to be here because there was an inner calling, an invitation that you

responded to even though the trek was long and there were many obstacles seeming, that had to be set in right order and miraculously they fell into order.

Others of the brothers and sisters had intention. Thought it might be nice to be here. But you are the ones who have called forth yourselves to be here in this evening. Always I issue the invitation, but it is necessary for you to want it enough to do whatever it takes to be here.

And for all of you in this room it took a bit of doing to be here, and I thank you for that and you may thank yourselves for it. For it is a sacred evening. Sacred because the holy Child is present in this room. And I do not speak just of myself. I speak of the One that we are.

You have experienced knowing oneness, miraculous as it is. You have experienced having a thought and someone else, a friend will start to speak about that very thought. They will finish a sentence for you. It will be the one mind that you are. Other times you have gone about heavy burdened by the weight of the world and you thought that perhaps no one cared and no one could understand and you had come to the place of not even wanting to speak of it because there could not be anyone who would understand and then someone has come along and they started sharing with you their story and you found it was your story. It was your journey and you looked at them and you said, silently or with words, "Where did you come from? Are you for real?"

{Laughter}

And you saw yourself in that one and you knew that you were no longer alone. That is what it means to recognize the Christ, to know oneness with a brother or a sister. To know what they are thinking, what they are feeling even before it is said. To meet them in that place of the heart that reaches out and supports, encourages love no matter what the appearances could be. That is the grandest gift of all, that love that is freely unconditionally given.

And in the giving you receive the greatest gift for you come Home again in that moment to the place where you have always been, held in the everlasting arms of Love, the Father's Love. For a moment or longer you experience what it means to be the presence of Love. And as the other one will thank you for being there for them, you have recognized within your own heart thankfulness that they allowed you to be there for them. For in that moment communion was known.

This evening we will speak of what has been labeled as level I of the Christos intensives. Now level I does not mean it is the beginning level, for indeed all of you have made beginning. All of you have decreed at a very deep level that you will know who you are. If you will receive it, that decision was made even before this lifetime. There was a turning point in a lifetime now forgotten, but it could be remembered, where you experienced going as deeply into matter and the identification with the heaviness, density of matter where you said, "I will now arise up and return unto my Father." And with that decision, you set into process the awakening, the atonement.

Level I this evening is about the commitment of discipleship. All of you so gathered in this room have made that commitment. You have done whatever it took to be here in this evening. You have made the commitment to be disciples of the Christ. Now when I say that, I do not mean that you have made the commitment to be my disciple as an individuality. You have made the decision and commitment to be disciple to the Christ that you are. To take upon yourself the discipline to come again unto the awareness of the Christ that emanates so beautifully from your eyes.

Many of you, nay, all of you, have known discipleship in other lifetimes. You have sat at the feet of the masters, the ones that you acknowledged in that lifetime to be greater somehow than you. You have sat at their feet and you have said, "Share with me. I will follow you anywhere. I want to be like you. Teach me."

Many of you have been my disciples as I speak of individuality of Jeshua. You have known that. You have connected with a remembrance that says, "Somehow I know I have been with Him and I have walked with Him. I cannot prove it if a brother or a sister asks of me, but I know it and I would swear on my very last breathe in this lifetime that I have walked with him." And of course you have.

But you have all known discipleship with other ones that you would call masters. And I will share with you that you have also experienced being the masters that other ones came and sat at your feet to learn of the revelations that you knew. Now in this time you are acknowledging that you will be disciple once again and take upon yourself the discipline to come unto the remembrance of what it means to be Christ, to bring the Christos into this manifestation and expression.

The discipline is simple. Easy? No. For it will take choice over and over and over again, moment by moment. For the voice of ego that has been the constant companion throughout all of the adventure upon this plane will offer you choice and it will mean being vigilant, being aware. First of all that there is choice because so many times choices are made out of habit without awareness there could even be choice. But you will begin to live with a discernment that in every moment there is choice, "Where am I abiding? Am I abiding in love? Or in the place of fear, criticism, judgment, of others or especially of self."

You have known so much of lifetimes of judgment of self that it is going to be a turn around, a shift because it is so habitual to find something missing in self. "I could have done that better. If only I knew. If only I had said. If only I had paused for a moment. If only..."

Begin the discipline with the pause that refreshes. You have many good sayings in your world. You see how well you speak to yourself. Begin the discipline in every moment with the pause of a deep breathe. Even before you would carry on the chatter in the mind allow the deep breathe and return again unto the place of peace that allows you to see that there is choice. And if you choose in the next moment to be in grand drama then go for it.

{Laughter}

Complete it. For if you do not complete, if you do not feel complete with something it is going to be as it would be tagging along at your hem, following, waiting for the next moment of opportunity to come right in front of you and say, "But what about me?" So if there is issue that you have with yourself or a brother, put that at peace first. Come unto resolution with that first.

The disciple is easy. As you will allow yourself to pause and return unto the place of the heart, the place of peace. It becomes simpler and simpler to discern and easier and easier to choose.

Already you have begun because you are sincere of heart. You would not be here in this evening if you were not. There is a deep desire to know again the perfection and the holiness that you are. You know it deep within you.

That is why you rail against any judgment that finds you lacking, because deep down you know that you are whole. In the next moment you may buy whatever the judgment is and say, "Oh my goodness. I'll have to make up for that somehow."

But you know, you remember that you are your Father's holy Child. Deep down you know the Truth of your being. And when others have said to you, "You are wrong. You are bad. You've done something stupid." You have said, "Well maybe I have done something stupid but I am not bad. I am perfect. I am my Father's Child and He still loves me even if you don't." Have you ever felt that way?

Yes. Amen.

Of course you felt that way. And thank goodness you have felt that way. Thank God for you have connected with the Truth of your being that your Father loves you always and you are perfect and you are whole even if others, even if yourself judges yourself to be not quite perfect.

Begin the discipline with the pause. Be aware of the choice in every moment. But do not judge self harshly if you find that you have slipped into an old pattern. Do not heap guilt upon the shoulders if you have quickly judged yourself or others. For what does that do for you when you are heaping the guilt upon yourself? It keeps you that much longer in a place of constriction, a place of guilt.

Say, "Oh well, there I go again. Ego, constant companion, I have heard you and now I choose anew." And then let it be done and finished. Do not carry the guilt with you and say, "Well, I'll see what I can do about that later." Let it be done and finished. As each moment is past. Each moment in itself is perfect. It has brought you to this moment. Each moment in itself is perfect for it has served you in the awakening. You do not need to judge past. You do not even have to say, "I will be better."

For I will share with you that your past is perfect. Everything that you have brought forth in what you call your past has been by divine design. It has brought you to this moment. It has brought you a greater awareness of your creativity. Being the Child of the Creator it is your nature to be creative. And how creative you have been. And that is all that it is about. It is no mere thing but that is all that it is about, creativity.

And every choice you have made in the past has served you well for it has brought you to a place of completion where you have said, either in awareness or at a deeper level, "I know that chocolate pudding very well. I know how it tastes. I know how it feels. I know how it smells. I know the texture of it. I know it from the inside out. Now, I want to try something else. Bring on the butterscotch." Or whatever.

Your past has been perfect. But what we speak of now in this evening is the recognition of the Christ that you are and the joy that comes in living as the Christ. No longer living the adventure with the possibility of guilt and of sorrow and of wrong choices. For as we have just said, there are no wrong choices.

Living in the awareness of the Christ that you are allows freedom to claim the joy. The simple joy of the child. Can you remember being a child? A small one?

Uh huh.

Where there was nothing that you were responsible for when you awoke in the morning except to bound out of bed and see what the day was going to give you.

That is what we speak of now. Is claiming that simple joy of the child, remembering that you are the Christ that is loved always and forever and always and forever taken care of. In Truth you do not have heavy responsibility. For in Truth you are not responsible for anyone else. Everyone else that you would see as brother and sister walking this plane are the great master the same as you.

They are perfectly capable of making their own choices which they will do. They are perfectly capable of coming unto that place of awakening which they will do. Your responsibility is only to your Self, the one Self -- with a capital "S". And to respond with the ability that you do have to remember the Christ. That is a simple, easy responsibility. To become again as a little child. To trust. To laugh. To have the faith. To know.

For I will share with you, I will ask of you. I will put a bit of homework to you. To spend one day not having it all planned out. To allow one day... now I know you are going to have to schedule this in.

{Loud laughter}

You are going to say, "Well it doesn't fit in my appointment book until perhaps, May of 1997. But okay, I'll schedule it in."

Plan the unplanned.

Yes, plan the unplanned day. Allow yourself, as a gift, not as a should, but as a gift, one day where there is nothing planned. Clear out all of the appointments, all of the whatevers and do not even think the night before what you will do. What time you will get up. What you will have for breakfast. What you will wear. Who you will see. What you will do. Just allow the day to be completely as a free gift of the Father to you.

{Various comments by the group.}

And throughout the day keep the discipline of the Christ that remembers to breathe and remembers to be in joy. Take each moment as it comes. For in Truth that is what is meant by remembering the Christ that you are. Not having to plan. Not having to accept heavy responsibility. Going with the guidance of the moment.

For yes, in that day you will do activity. You will do everything that needs to be done in that day, but it will be such a miracle because you didn't have to do it. It was a free day. Gift unto yourself a free day and I will guarantee that you will enjoy it so much that you will put a free day into every week and soon it will be a habit to treat everyday as a free day.

For if you will receive it, this is a free lifetime. You do not have to be activating the body. If you would choose now to ascend as the Light that you are leave the dust of the particles of the body, you could do that. There would be no judgment. No one to say, "But you did not complete. You remember those forms, those reports?"

{Laughter}

Too bad.

{Laughter}

This is a free lifetime. You have already completed everything that was necessary to complete for in Truth, there was nothing that you ever had to complete. You have chosen to have great adventure. But even that is complete. You have done everything that you can imagine. You have been the great master. You have been the disciple. You have been the king, the queen, the servant. You have lived upon this planet, our Holy Mother, the Earth and you have lived on other planets and universes. You have done it all.

This is a free lifetime. Free to do what you want to do. Ah yes, but how do I pay the bills?

{Laughter}

As you have always. By manifesting in Truth the energy that you are that then becomes either in the form of the golden coins, the piece of paper, the plastic, whatever, that is but a symbol of your energy. For what you do in truth is you go to one and you say, "I will exchange with you my energy for what I see you can supply for me." It is all about energy. And you are all energy. No one has any more or any less. Appearances of the world and the voice of ego would suggest otherwise and there are many and you have yourselves, who would accept the appearances and say, "Ah, but some are richer. They have more of the golden coins. They have larger houses. More vehicles." They have more to take care of. You have noticed that the more objects you have in your dwelling place, the more there is to dust? The more of the equipment you have the more there is to service and to fix. Go with a simplicity. For always you will have what you need and a little more.

You are the richest now. As rich now as ever you will be or ever have been. And I will share with you that you have been the queen with all of the golden coins from

the far kingdoms come to you to pay homage and tribute to you. You are as rich now as you were then. Richer now in awareness. Yes.

For in those times, all of you have had those lifetimes when you had so many golden coins that you did not know how to count them all and you had to have servants counting them for you day and night. But in those lifetimes there was still something missing. There was a piece, an unfulfillment. There was still a question of who am I? Surely, when I come to the place of laying down the body, will they recognize me as king in the next dimension?

{Laughter}

Oh, oh. It was a great worryment. I have made it in this world but what about the next? So in some lifetimes you had many of the golden coins and treasures and jewels buried with you. With the body, not with you. But you found that you did not need them.

And then you said for the adventure of it, I will recycle. I want to do it again with slightly different nuance. This lifetime I want to remember I am the Christ. I want to commit to discipleship to the Christ that I am.

Allow yourself as many moments as you can of peace knowing that there is choice. That every moment you face opportunity for choice. And then choose to be the Christ. How would the Christ look upon this? How would the Christ act? How would the Christ feel about herself? Himself? How would the Christ see what is happening? How would it feel to be Christ? To come to that place of great power? Not the power of the world. You have all tried that. You have tried that in this lifetime and you have found that it slips through the fingers. In a moment those who looked up to you and said you had power, have shifted and they have said, "Ah, now this is the one with the power. This is the one with the power." And off they went.

But how would it feel to be one with the power of beingness? The power of the Christ? The power of the holy Child who knows that she is forever, forever loved? How would it feel to reach out to, to extend the Christ light to another one? How would it feel to be the presence of peace? How would it feel to stand in the middle of conflict of brothers and sisters with all of the warfare and the technology of warfare and to be the presence of the Christ and know that no worldly power would assail you? To be the presence, the holy presence of Christ in that moment, in that instant?

I will share with you that there have been ones, some of you have experienced, in battle when the bullets, as they are called, were flying by, the explosives were going off all around. The spears, arrows were flying to the left and to the right. And in a moment you knew yourself to be Christ and you saw the whole battlefield in light. And you saw it for the drama that it is. And you beheld yourself as the holy Christ even in the midst of the world's activities. And there was nothing, no power of the world that could come nigh your dwelling place because you knew yourself to be the peace of Christ. Powerful place to be. Connect with that place.

Not because you will use that power to manipulate others. Not because you will use that power to say, "I am greater than the sleeping brothers and sisters." That is a judgment. A false judgment. For how do you know that the one you would judge to be sleeping, that may be the greatest master of all who is playing the part of sleeping to give you opportunity not to judge?

Ahhhh.

Be not quick to judge. As disciples of the Christ, begin to play a role, a conscious role. That is what it will feel like, as an actor, as an actress. How would it feel? How does it feel to walk in the sandals of the Christ? How does it feel to be Christ? And when will approach you and speak to you, allow yourself to see them from the vantage point of the Christ. Not from the vantage point of who you have thought yourself to be as individuality. That you know well. You have done that role over and over and over. But allow yourself to play the roll of Christ. To love. To support. Sometimes to stand in complete silence and just to love. For that is the greatest gift of all is it not?

It is the one gift that you can give that only you can give. All other gifts, brothers and sisters can go to the store. They can buy the same gift. They can handcraft the same gift. But only you give the gift of your love, of the Christ love. Play the role of the Christ.

In the next few months of your timing, as you are now sincere about being intensive and awakening, allow yourself to be the disciple to yourself, to the Christ Self of you. Choose in every moment as the Christ does choose. Give yourself moments, many of them, of peace, of tranquility, free time. Schedule in free time everyday. Even if it need be at the end of the day, at the beginning of the day, before all of the demands of the daily activities come along. Set aside time for the Christ. Set aside time, as you do, to speak with me, with other masters who are not apart or separate from you. Speak with your Higher Self as you would call it. Speak with the God Self that you are. Commune.

If it be possible, and it is, take yourself out of doors and sit with a blade of grass. Commune with a blade of grass, with a flower, with a tree, with a bird that sings in the tree. Know yourself to be one. Nurture the Christ Child within you.

In everyday give unto yourself a gift. "What, give myself a gift? Well, I wouldn't know where to start. You mean spend money on myself?"

Yes, I am talking about spending money on yourself. Give yourself first of all a free gift, communion with nature. Yes, we have spoken of that. But then give yourself a gift in everyday that you have to spend money on yourself.

Now it need not be a whole great lot. Or it can be if you want to. In everyday I set you this, this task which is not a very heavy task. Well, for some of you it will be. It will be a very strange thing and I mean this most sincerely, give yourself a gift in everyday that you have had to spend money on yourself. Something that you will give to the Child of you. It does not have to be complex. It does not have to be even as the world would judge it to be something wonderful. But something that the Child of you enjoys.

Give yourself a gift until you feel easy with giving yourself a gift. You would do it for others.

Easily you would go and purchase something to give to another. For their birthday, a special day, to cheer them up, a get well gift, whatever. You would do it for another. Do it for yourself, for the Child, the Christ Child. Be one of the wise men who brings the gift to the Christ Child. In everyday. "Ah, I don't know about that, Jeshua. Maybe I could do it once a week."

{Laughter & comments}

I could read. Some of you will go out and you will buy seven for the whole week.

{Laughter}

Well, that is okay. It counts as well. It counts. It is okay. Some of you say, "Well I am very efficient. I am not going to go out everyday. What? He wants me to go out everyday? No way, no. I will shop once in the week." Whatever. Accept it as my gift to you.

When I go into your department stores, your shopping malls, grand places they are, much of energy. All kinds of energy and much of the material goods. Do you know what a country of wealth and abundance you have brought forth? Much of material goods that you surround yourselves with. Beautiful objects. Beautiful raiment.

When I go into your shopping malls and I would purchase for you a gift, they do not understand my form of exchange of money. Therefore, I commission you to buy the gift for yourself. Yes, it will work a bit better meantime that way.

Allow yourself to choose what is uplifting, what is expansive. Read the books that are inspirational as you call them. Read the work that allows the mind to connect with something more, something exciting. Listen to the teachers who share with you new ideas that allow the mind to go beyond just what has been known.

You have much of choice in this day and time of where you will spend your time. Now you may have noticed that time seems to be getting shorter and shorter.

Ah. Yes.

Indeed, you are. You are collapsing time and you feel pressure in everyday to do what you want to do, to go where you want to go. You bring this about for divine purpose.

First of all, your bring it about so that you know priority. You have to set priorities now and to choose where you will abide. Not to judge self if you choose for an hour, a day, a week, whatever to abide with what would be a bit of a downer. Not to judge self but to know that it is a free choice to change in any moment and to say, "Oh, the heck with that. I've done that long enough." It is a free choice.

You know the difference between sorrow and joy. You know it well. Choose to abide in joy for that is what allows the ascension. Now is it necessary to ascend? In

time yes, it will happen. That is foreordained. Not by me, but by all of us as the one having the grand adventure. It is foreordained that in time you will ascend. But is it necessary in this lifetime to choose it? No. Is it perhaps a joyful thing to do, to choose ascension? Yes, why not? I would recommend it.

{Laughter}

For I will share with you that once you have claimed ascension and experienced it in awareness, in conscious awareness, you know yourself no longer to be limited to just one manifestation and expression of the being that you are. As I speak with you here, I am speaking with other groups at what you would see as the same slice of time all over the face of our Holy Mother, the Earth.

There are gatherings that are of what you would call religious nature where there are many prayers and incantations calling upon me and I am very much there is communion. There are brothers and sisters in great sorrow and conflict at this very moment who call out to me for help, for love and I am with them. Consciously aware and with them.

There are gatherings in other galaxies where I participate even in what you see this time frame to be and I am aware of what is going on there and I am making contribution, input you would call it, at those meetings even as we speak. Miraculous isn't it?

Yes.

Hmm, most wonderful and it is. Now I will share with you that you are doing the same thing. It could not be otherwise. But according to the belief system yet held, there is specific focus that says, "I am only here with my awareness. I am completing whatever it is, this lifetime is. I am right here."

And I will share with you that that belief system is undergoing a radical change even as we speak. For when I said to you, you are doing the same, having experience and expression in multi-dimensions, you responded yes? You know. You feel it and you trust it.

You are coming to the place where you will know awareness of expression in other dimensions consciously as you choose. It will be much the same as what you do now with your technology where you switch a channel and you will tune in. Do you see how descriptive your language is? You will tune in to experience where you are expressing in another galaxy even as what you would call now, your science fiction of future time. Not too hard to imagine.

You will come to a time where you will know that the body that serves you so well is right here but you will know that you are participating with other gatherings of brothers and sisters, other dimensions and you will come to know that you are the other brothers and sisters. That you are the one experiencing all of the rooms of my Father's mansion. This is but one, one room.

And you will come to know what it means to be Christ. All knowing, all present, all being. The light that activates all of creation. The light that has been from before time. The light that is forever ongoing and expressing. Experienced a love.

Now in Truth, to speak of light is to use a metaphor that comes from physicality, physical dimension. For in Truth you are more than light. But it serves the metaphor to speak of you as light. You are the Isness that has no beginning nor end.

What does it mean to be disciple of Christ? It means to be vigilant in every moment as to choice. Where am I abiding in this moment? Being aware that there is choice and choosing to live as Christ. Taking upon yourself the raiment of the role of Christ. How does it feel to be Christ? I don't mean to be crucified. You have all done that. But how do it feel to be Christ walking this plane? Loving? Fearing not for there is nothing to fear? Try on the role. Walk as the Christ. Look at the Christ. Love as the Christ. Speak at the Christ. Acknowledge your Self as the Christ for I do. I behold the Christ of you.

A very mellow, easy Christ. Non-judgmental for there is nothing to judge. Most loving radiant being. Beautiful beyond words. Loved forever because you are that love. And now abiding in that space of love, that place of peace allow yourself a moment of communion with the Christ that you are.

Take a deep breath and do deep inside beyond all the appearance of worldly activity, of worldly form and speak to the Christ of you. Ask the Christ to be way-shower, to walk with you as you every step of the way. To look out of your eyes. No longer as individuality, but as the Christ of one.

Ask the Christ of you to come fully alive in expression. Say to the Christ of you, "I am willing. What would you have me know? What would you say to me?" And allow the Christ of you to speak to you.

{Silence}

Feel yourself enveloped by the Christ, embraced by the arms of the Christ Love. Supported always. Guided always. Supplied with infinite wisdom for that is who you are.

If there be any question that you have brought with you in this evening, ask of the Christ Self, "How do I, as the Christ, see this? What is truly happening with this question? How can I be the Christ in this situation? I am willing to be the Christ. To live as the Christ. To love as the Christ. I am willing to be guided by my Christ Self and to come again to the place of Home, the place of Love."

{Silence}

And now taking a deep breath allow yourself to come fully present again here as you see here to be. Have you felt the peace? Have you felt the love in this room? It is your love. It is the Christ love.

I would suggest unto you that in the time that you set aside each day as disciple of the Christ, that you speak in this manner to the Christ of you and ask, "What is the

next step? What would you have me know?" For you have now committed to being the disciple of the Christ. "Teach me. Guide me. Allow me to know you as the Christ. Allow me to know my Self as the Christ."

Spend some time in each day communing with the Christ who is not an individual, individuality, it is not apart from you. It is not separate from you. It is what gives you the activation even of the body and allows you to live the life that you see yourself living.

Most powerful radiant beings that you are. I thank you for being willing to be disciple of the Christ. To commit to knowing the Christ for from this place and this knowing stems all of the rest of what you will see as the process of awakening. And speedy it will be.

Now would be a good time to take a break. To stretch the bodies. To come fully present into the bodies. To look with the eyes of Christ upon the brothers and sisters, to hug, to reach out and touch. And then we will reconvene.

So be it.

{Break time}

Beloved Child of the Father, do you know who you are?

Beloved of God?

Yes. Beloved of God, the Christ. When I speak in this evening of your commitment to discipleship it is simple yes, but it will take vigilance. It will take commitment. Do not be deceived by the words of the ego that says, "Well, that was easy. That sounded good. Sure I can do that. I'll get around to it next week."

{Laughter}

Next lifetime, perhaps, for that is what you have said, many lifetimes. One more adventure. Father, just one more adventure. I will remember you. I will return Home, but one more adventure. And there is no judgment in that choice for the Father does not judge.

But as I have shared with you in this evening, you have decreed that you will arise up now, in this lifetime and return Home. You will come again to the conscious awareness of the Christ that you are.

What we have spoken of in this evening is the conscious foundation for the ascension, for the awakening. What we have spoken of in this evening lays firm the foundation upon which all of the rest of the process, as you see process to be, of awakening is built.

In every moment be aware of where you are abiding. In every moment choose for peace, for mellowness, for non-judgment of self, especially of self and others. Remember the directives I have given to you, suggestions, to spend some part of each day in peace and solitude, in communion with all that is good, beautiful and holy, simple,

restorative. In nature and what you find to read, what you find to watch in your videos, your television. All of the dramas that you desire to watch and be part of for you are part of them as you watch them. You are calling them forth. Allow yourself a gift in every day. Something that you give to the Christ Child of you.

{To a sister in the group}

Now would be a good time to share with others what you have brought as the gift from one Christ child to the other. Would you please.

{Janet Shaw passes out bubble blowing kits to each member in the group.}

This is only holy Child seen as separate expression perhaps, who has heard what would be gift to the Christ child. The simplicity of the bubbles.

Beloved ones, may I?

{Jeshua blows some bubbles.}

To the gift, to the Christ child of you. No longer is it necessary to share.

{Group shares in the excitement of blowing bubbles.}

I salute the Christ child in his/her joy. Do you see the simplicity of the gift?

Yes.

{Group continues playing with bubbles.}

Do you see the symbolism of the beauty of the Christ child, whole, whole, perfect, yes? An expression of radiance in the colors? You bring forth such symbolism to serve you in your remembrance. Upon your morrow allow yourself to blow many of these bubble to celebrate the birth of the Christ. To be the disciple yes, to the Christ that you are. To ask in simplicity and humbleness. To remember once again the Christ. Not the individuality that is recorded in your scriptures, but the oneness of the whole Christ as you saw that bubble. The whole Christ. For that bubble contains all of who you are. Beautiful it is.

What we have spoken of in this evening because of certain time constraints, not mine, but yours because of living in the world with certain schedules and certain things that need to be done. We have begun the level one of what it means to be disciple and the commitment to discipleship.

In other gatherings other times when we meet again in this way, we will continue the remembrance of what it means to be disciple which will take us to the place of remembrance of mastery.

For indeed even as you agree to be disciple to the Christ that you are, you are acknowledging that you are also the master. It is the Christ that you are. It is the Christ that you are that will guide you, that will speak to you, that will be most present with you looking out through your eyes.

When you walk out of this dwelling place in this evening, when you behold another one in the entrance way of the building, stop for a moment and say, "That is the Christ who walks there. That is the Christ that serves me." And then know that what you behold in another is yourself. For in Truth, you cannot behold anything in another if you are not that already. It would not compute in your computer. It would not be a related language. You know that one well. Yes.

Now beloved ones, I know that some of you have come with questions that you would ask and because of the size of the gathering I will not come around and greet each one of you in person as we have done in other times, but this does not mean that I am not with you and it does not mean that I have overlooked you. For always we speak and you are trusting now my voice.

You have said, "But it doesn't sound much different than my own voice." Well of course not. I am you. I live your life as you live it. There is just a shift of focus that happens.

As you allow yourself now in the days you call your future, with a commitment to discipleship, as you allow yourself to look out with the eyes of the Christ, know that yes, those are my eyes and they are also your eyes coming very much into one focus. It has been for awhile sort of what you would call the double exposure where you have two pictures not quite in synch. One overlaid with the other but not quite in alignment. Now with your commitment to know the Christ that you are, every time you can remember -- and I assure you it is very often -- look with the eyes of the Christ and know those eyes to be mine and yours and it will come into very clear focus.

No longer a bit hazy, dulled, confusing, but into very sharp clarity. Not a clarity with tension, but a clarity that shows the Love of the Father. Shows the holy vision and looks beyond the appearances.

Now, which of you would have a question? Yes.

Could you talk about the problem of evil or wrong or whatever you want to call it. Most who are doing things that aren't necessarily real wonderful to one another, usually are doing it because they think they are right in doing it, but there is a lot of disease and injustice that is occurring in the world and I'm really grappling with this because the way I have always dealt with it is always choose peace which means lay down and let the steamroller run over you and forgive the person who was driving the steamroller.

Allow yourself to be crucified again and just offer it up or something. And I'm really grappling with how to handle issues. Usually the person is mean to you and thinks they are right. They just have a clouded vision or something.

Yes.

And even though I know I'm absolutely right should I just allow the steamroller to run over me or should I not do it this time?

Beautifully spoken beloved one, every time that I know I am absolutely right and they are absolutely right in their thinking, brings about again, reinforcement one more time of the belief in separation.

Now the peace that you have spoken of, it is not a doormat peace. It is not the kind that lies down and allows the steamroller to roll over you so that you become the martyr once again. You have done that. In this lifetime many times. Other lifetimes as well. You have even been sainted.

I'm good at martyrdom.

Yes. The peace comes from the holy vision of knowing that there is much more that is going on than what appears to be. Yes that one believes that they are right. They are acting from a place where they feel they must come from in order to awaken. That is the bottom line of what is happening here with all choices. It is coming from a deep intense desire to awaken and each one chooses what they feel will serve them in the awakening.

Now they may not call it by those words. They may go on choosing pain, criticism, judgment, anger over and over again until they come to the place of saying, "Perhaps there is another way," and they will pause for a half a moment, long enough that the still small voice can whisper and be heard.

For you, allow yourself the peace of the Father yes. Allow yourself to ask how you can see the whole vision of what is going on? To behold it as the atonement, the awakening, for that is truly what is happening. And then to ask, "What is my part in this?" As we have experienced in this evening, go to the place of communion with the Christ of you. Pause and breath. Return again unto the place of the heart. Ask in humbleness, not pre-judgment, "What is my part in this?" And then listen. You may see that what they do in Truth, touches you not. Seems to, but it is as the water that runs off the duck's back. That duck can take the water in and say, "Well, I'm full of water under my feathers." Or the duck can let the water run off the back. Or you may see that they are calling for you to say words that will be as catalyst for a shift in perception for them. Listen. You will be guided.

There are times when there will be righteous anger. Not the emotion of judgment, but righteous energy where you will speak and perhaps do, actions that will be confrontative, can force others to have to stop and reassess what they are doing as I did when I overturned the tables of the moneychangers. I was not a doormat peace-maker. Many times I saw sorrow and conflict in the world. It was all around me as it is around you now. Many times there were judgments hurled at me. Harsh criticism of, "How do you think you are? Why do you say that? Why do you teach that? If you are so wonderful come down from the cross and save yourself." Harsh words. And I asked of the Father, I asked of the Christ Self of me which is the Father, "What is my part in this?" And there were times that I stood mute. I did not speak. Did not say because the Truth was self-evident. And I allowed the words to fall off the back as the drops of water off the duck's back. It did not touch me. Me as the essence of who I am. I did not need to become embroiled in what they were offering me as opportunity.

Other times it was given to me to speak certain words that were as a catalyst for ones to have to stop for a moment and reassess what they were doing, where they were coming from, how they felt about situations.

In those moments again, I did not find myself embroiled in the emotion. I did not come from a place of judgment or human anger. That is why I have called it righteous anger and yet the word anger carries with it implication that is not true here. For I did not have my small self and especially not the large Self invested in the circumstance and the outcome. I followed the guidance.

You will do the same. You have done the same. There have been times when you would have kept the mouth shut and not said anything and there was such an impetus to speak words or to do something even though you "knew" that perhaps the resultant effect was not exactly what you wanted but you could not stop yourself.

I will share with you beloved one, that in moments such as those, what you were called upon to share was being called forth by the other one. For nothing is done in isolation. Go first unto the place of the Christ. Rid yourself in that pause that restores you, rid yourself of limited judgment. The judgment of the world. The habitual judgment. The judgment that cares what the outcome will be. Rid yourself of vested interest in it and then ask and listen.

If you are to do something you will know it. If you are to say something. Say it with all your might, with sincerity of heart and then walk from it. If nothing is given to you to say or do, stand and be the presence of Love and peace. Loving especially yourself for the courage to stand and be that presence. For it does take courage.

The world does not teach you that you can stand and be quiet. The world says, "defend." But the holy Child does not need to defend for the holy Child is holy already and in the eyes of the one who truly matters, you are never judged. Does that answer your question?

Yes.

May I share a beautiful experience?

Yes.

The last couple of evenings reading Jeshua: The Personal Christ as I was reading the book, it was so beautiful, I heard Judith's voice saying the words to me. It was awesome and I was telling Holly about this yesterday morning and she's had the same experience. It was most unusual and beautiful.

There is as we have said, the one mind. You are tuning in. You are allowing all of the boundaries, the self-imposed boundaries of illusion to dissolve into the no thing that they are. Even the voice that you hear this way, it is your voice.

For know you that everyone of you as you have ears, you hear the sounds of this voice. Each one differently. Not one single one of you hears the same tone, the same vi-

bration or interprets the same meaning. It is truly your voice that you hear. You think it is sound. That is but the effect. That is not the cause. The cause is within you. The cause is calling forth the very tones that you then take as catalysts for remembrance.

It is the same with the books that you read. In Truth, the books are nothing more than paper and colored marks. But they are as catalyst for your remembrance and you are the one who has brought forth the book, created the language, the words that are there for the very process of remembering how wonderful you are.

It is your voice that you hear, but it is the voice that you associate with this experience.

It was a beautiful experience.

Yes. You and all of you are moving into the space of no longer knowing who you are as small self. You have had experience where you have asked, "Who said that? What happened? Where did that idea come from?" You are moving beyond the self-imposed boundaries of who you have felt yourself to be. You are moving into the remembrance of the beautiful Christ that you are.

Yes.

I've had some one who is very dear to me suggest that I need to lighten up. How do I do that?

Beloved one, you are light itself. In truth you cannot lighten up anymore than you already are as the essence of you. And you are not doing anything wrong. But for your own enjoyment you will want to return to that place of the child as you did just a few moments ago and play.

For you, you are one who makes a study of things. Make a study of child's play. In other words, be the researcher as to, "How can I put into my schedule, the play?" Approach it from the intellectual first, because that is well known to you and then as you do the activity lost yourself in the activity and do more and more of it and encourage the mate and allow the mate to encourage you. In other words play as you have done as children.

But there is nothing that is wrong with you. You are light itself and so is the mate. Beautiful choice. You serve each other well. It is not by accident that you have come together and that you have walked the path together. There is much of divine design that you are rediscovering, remembering. In the years ahead as you see time, you will rediscover the initial feeling that attracted you together and you will build upon that as the children that you are and there will be great joy in that that will be as a gifting to the brothers and sisters who yet walk in darkness and do not feel that there could be anything good about life.

You are as the teachers, by the example of what relationship can be, how joyous it can be, and the discovery of revelations that come because there is shared experience. Share with this one your heart as you have done in times past.

Allow this one to share of his mind that is full of wealth with you as well. There is much of balance you bring to each other. There is much to honor in each one. That is why you have felt attracted to each other on a level that is not even a conscious level.

What you have done in coming together has been by grand design. It serves the purpose of atonement. You are great co-workers. You have often been together in what you would see as earthly projects that have brought the light and the love of the Father to this plane. It is the same in this lifetime. There is much that you will do together. And in that doing and sharing, you will find great joy. He might even become a bit light in the heart.

Yes?

First of all I've been waiting so long to thank you for helping me find what to do with myself and be happy.

Yes.

And there has been some plan on my mind for a couple of days. I need to know go ahead with my plans?

Yes, go ahead with your plans and it is not in vain for again it serves the purpose of the atonement. You have been releasing, allowing a lot of old baggage that has been carried many, many lifetimes to be sloughed off, released. You no longer need it. You are a new person. You have a saying in your world and it is a very good saying although you have some judgment about it, "But to become a new person in Christ." That is what this evening is all about. That is what your commitment to discipleship is all about, to become a new person in Christ.

You have been going through a very intense period of shifting, of releasing, of allowing changes to happen. There has been resistance in many areas and yet the resistance has not held you back. It cannot hold you back. Even when you would dig in the heels and say, "I am not going to do that." The heels are in the sand and the gravel and you find yourself going forward anyway.

No, everything that you have been experiencing is divinely blessed. It brings you that much closer to the place where you say, "I am the Christ. Dog gone it. I am wonderful. I am free. I am loved. I am all that I ever hoped I could be." And you are. So go forward with the plans. Yes. Know that you have much support and guidance and love in this. For in Truth you never do anything alone.

Yes.

Last weekend I experienced sacred intimacy with Jon Mark and I feel a little bit of not sure about all of this because on one hand I'm getting that we should be experiencing the peace, the joy and yet on that hand it was experiencing the pain that was never felt and the anger and I'm wondering how these two...?

Well, there are all kinds of languages, approaches, avenues that you call forth to serve you in the awakening. For some it is necessary to sit with the pain, the anger, to feel it, to be aware of it and to say, "I am really into this." And then there is the feeling, "I can release it."

For others, they say, "Okay. I can skip that grade and go from first grade to third grade, to high school, to graduate school. I've done all of that." And in truth you have, you have suffered. Greatly, greatly suffered. You have spent lifetimes when you felt that our Father sent you tribulation, temptation, all kinds of sorrow and took away from you everything that you held dear. And you suffered in great pain and great anger.

You have known the pits. In this lifetime you have recreated some of those experiences as a refresher course. To say, "Okay. I know this. I know this well. I've been here before. Do you know what? I don't like it."

For some the avenue of sitting with pain and examining it serves the grand process of releasing it. For others they say, "Okay. I know that. Now I leave it behind. I am ready for the good stuff. Bring on the good stuff." It is a matter of choice.

In Truth, it does not matter at all. But in time as you are living it, it matters. Choose you where you desire to abide. Let no one say to you, although they will give you opportunity, that their avenue is of more value than another. All avenues have the same value for they lead to the remembrance of Home. Whether you go on 69th street and you turn left on state route 809 or whatever. That is your choice. What matters is you arrive Home. Does that answer you question?

Yes.

Could I ask you about the beings I see in the sky all the time? Since Vail, and I couldn't see it then, but now I see them everywhere and it gives me great joy.

Yes, you can ask me.

It has to give me great joy?

Is that not enough.

It's a great thing.

Yes. That is what it is about, yes. To show you that you are not alone in this universe. That what you have hoped for, what you have envisioned within can be manifest

even in "proof" in tangible, visible form. It is to show you, yes, that the ones that you call masters, friends, guides, teachers, angels, beings of light, are very much alive and well and present with you and great joy there is in that.

But it goes beyond even what we have spoken of. It takes you to the place of knowing oneness with all of your creation. For indeed you are the one who has created even those clouds, the sun, the light of the sun to shine through to beam through the clouds. You are one with all of your creations and you are one with the guides, teachers, masters, angels for they speak to you in remembrance and they say, "Here we are. Yes, we are true. We are true as you are." Do you feel yourself to be true?

Absolutely.

Yes, and they are also and there is great joy in that. It does not have to be heavy meaning does it?

No. No, it's great.

No, it is the meaning that you saw with the bubbles. The symbolism and the truth that is conveyed in the beauty of that circle, that sphere of the bubble. Delicate, flexible, radiant, whole. Great strength and not heavy at all. You did not have to sit with those bubbles and say, "Oh, what is the meaning of this bubble?" You just enjoyed.

{Laughter}

As the beautiful child that you are. Know you there have been many lifetimes when you did sit with great seriousness, "What is the meaning of this bubble?" Well the meaning is whatever you give to it.

Yes.

I have been having trouble with my family, my parents and there is miscommunication.

Oh yes, for there is a sincere desire on your part to have communication with them. To have them know what you feel, what you believe in, who you are and to also have the communication of understanding who they think they are and where they are coming from. To have that bond.

Sometimes words get in the way. Sometimes appearances get in the way. There is a pre-judgment because of appearance, because of past behavior as it has been perceived. Not rightly, but as it has been perceived.

What you will find beneficial at this point is to speak to them from your heart in what is called the meditation. Then because that is not always quite so satisfying, to write. To write to them. Not a letter that is going to be sent in the post for it is perhaps a bit too soon for that. But to write to them what you would share from the heart with them. What you wish them to know. Pour it all out onto paper and write it. And then fold that up as a sacred communication and offer it to their angel, their higher

Self, the Christ Self of them. Not the self of them that abides here in the world in judgment and would judge because of certain choices and appearances. But to the Christ Self of them.

You do not have to do anything with it tangibly as far as mailing it. Offer it to their Christ Self and the next day when there is something more that you would write to them, take out another piece of paper and write and write and write until finally you feel that it is all gotten out and you feel at peace with it and you know that their Christ Self has received it.

For indeed their Christ Self does not have barrier as is seen in interpersonal relationships of individuals. The Christ Self is open, receptive, loving, unconditional, does not say you have to be a certain way, to make certain choices, to speak with the right words, to do even what they say you should do. But the Christ Self accepts and loves you.

So write to their Christ. Write from your Christ to their Christ. In time it will be possible to have the communication in the way that you desire, you know, face to face. But there is yet some chaos, some energy that is jangling that needs to be put to rest, to peace.

So meantime while this is happening, write to them, to their Christ. Thank you for that question. That will help many people.

Yes.

I'm thinking that we are in other universes at this time as well as being here. Are we also in other time frames as well? Being in the past and future?

Yes. Yes, you know that well. There is what you would see as a future self of you, many of them in fact, and past selves of you as you see linear time to be. Now in Truth time is not linear, but that is the belief that is held in this point of focus. So yes, you are expressing even in what you see as this slice of time this evening, in what you would call past and in what you will call future as well as other dimensions, other galaxies, other physical realms of expression and realms of non-physical expression.

You can connect with these others selves in your meditation. Sometimes you will get quite seemingly unbidden, but you will get a vision of yourself doing something somewhere else. perhaps a different costume, different raiment and you will look down and the feet will have upon them the sandals perhaps, or something that is different from what you usually walk about in.

That is you. You are connecting with more of the totality of you, the experience of you.

Yes.

My question is I've been dealing with human right with Amnesty International, and for the last eight months I've sort of laid back and left it, but now they called me back again. They want me to go to a conference, but I'm torn since now I've committed myself to discipleship and doing amnesty work is more, there is a lot of pain in that. I'm trying lose that pain. You know what I'm talking about.

Yes.

So can I do both or should I just resign from them...?

Already beloved one, you know the answer to your question. You are not limited. You are not limited in anything that you would do. Of course you can do both.

Being committed to discipleship does not mean that you are going to live a life of pious withdrawal from the world.

No, I've done that.

Yes, you have done that.

But because of my experiences with Amnesty and what my family has gone through and with the help of Amnesty we have been able to deal with the pain we had to go through talk about this to bring the injustices to the world. But if I'm doing it then I feel like I'm devoting more to the negative stuff or the pain over what the government....

May I ask of you, what are you going to take into the situation? Are you going to take negative into the situation or are you going to take the Christ into the situation?

I'm going to try to take the Christ into the situation.

Yes. Now you don't have to do this. There is no referee, Father in Heaven, that says, "Florence, you will not ascend unless you do x, y and z." You don't have to do this. What I would advise for you to do is to go to the place of peace within yourself. Ask of the Christ, "What is my part in this?" And if the message comes to be involved with it yet for awhile, then to take the Christ of you into whatever interchange you are engaged in.

If the answer of the Christ of you is that you have already done what needed to be done, then accept that with peace. Not with guilt. Not with a questioning, "Well, I'll go back and ask again tomorrow to make sure this is really true." Accept the answer and go with peace.

For you do not have to do this. You have already served in this capacity and there is much of peace and of love that you have brought into this plane because you have been willing to serve in that way. So nothing more is asked of you. But go to your own Christ Self and ask.

Yes.

This has to do with clarification and interpretation. In the Scripture we read "Lord, Jesus Christ." And in another version we will read, "Jesus Christ." And then in other we will read, "Christ Jesus." I've read, I don't recall, sometime ago that the name or the word Jesus meant law. Could the latter be interpreted in accordance with the law of the Christ?

Of course. You can interpret it any way you want. For some it would be, it would be the catalyst that would allow them to come unto the awareness of their own Christ Self. There are many who will follow the avenue of the intellect to come to the place of the heart that already knows.

They will play with certain interpretations, certain wording, certain order of wording, and yet what is important is to remember that yes, I as Jeshua, am Lord, as you are. I am Christ, as you are, and that Christ was not my surname. My surname was Jeshua ben Joseph, of Joseph. And the appellation of Christ was given to me by ones who recognized that I knew my oneness with the Father. It could be the same, said the same for you, Roger, the Christ. Ruby, the Christ. For indeed you are.

When you come to that place of claiming, "I am the Christ that walks this plane." You may take for yourself the appellation of Christ. Beautiful Christ that you are. Going through a human experience yes, but you are the Christ walking this plane.

So in truth, it does not matter the order of the words, although it is fun to play with, is there meaning, is there symbolism in this? What's the interpretation? Well, the interpretation depends on you.

Yes.

Let me talk a little bit of what I would call therapeutic color. I'm not sure where this question is going to go. I recall an instant in my life, I don't know how long ago this has been. It was in a swimming pool and I had been under the water and why it came to me then I don't know.... I don't want this to ever go away. Well, I still feel the water. I have this sensation. Is the next side of life going to be as good as this is? And that's one part of the question. You can jump in anywhere you should or you want to.

It's nice of you to give me permission.

Let's stay with the swimming pool analogy. There is another thing that goes with the swimming pool because I like water. I was standing on the diving board, being the child on the board and I see myself as both child on the board and father in the water. And the child wants so badly to jump and says, "You are almost there. Go. Claim the power. Outstretch your hand, take it and go." And you are so afraid. You are already out there. You've gotten up on the board. You see the water. You want to do it and it's the father below, you are saying, "Come on. It's all right. You are going to like this. You are going to be fine."

And it comes to do with that final nudging of, "Let's take the step and go." And I had many experiences like this as you know, or have come close to claiming the power and fear yanks me back in. It says, "This doesn't belong to you. You are in an area where you shouldn't be. You'd better get out of here because you are going to get yourself in trouble."

Yes.

And all kinds of meanings. I mean....

Yes. Yes, born of many lifetimes where you have reinforced the belief that there could be something that would be threatening to you. Seen as threat, first of all, to the body and the bodily existence. That is where that fear comes from for the body cries out and says, "Save me. There is a possible threat. There might be cessation of this activation of body. And where will I be then?"

Will you as the holy Child, will be where you have always been. The body, you will remanifest it, but the particular body in that instance calls out in fear. Life yes, is worth living. It is great. It is a joy to live.

That is truly why you have re-manifested the physical form. It is to come and be in joy of living, in joy of expressing. Not to be heavy. Not to go through sorrow and pain. You have already done that. That is why you recognize it as soon as it comes, "Whoops." You don't have to sit with it for awhile and say, "Is this good? Does this feel bad?" You will know it immediately. "This doesn't feel good. This is the pits. I don't like it." You know it. You've been there.

Yes, the next room in the Father's mansion will be as joyous and more as you are willing to perceive it that way. For you and all of you in this room, the next room in the mansion will be even more joyous than what you have known this expression to be. You have already decreed it. You have already said, "I want to get on with the good stuff. I want to know it here and now and from now on."

So yes, in the next room in my Father's mansion there will be joy of living and expressing.

A corollary to that is if you claim the power and you take it, which is, I am at the stage where I can say, "This is mine." And I own it and it's my birthright. It's who I am. And as I look at stories of your life in the particular lifetime we are most familiar with, of standing at the grave of Lazarus and you know how much that story means to me, to say, "Come forth." What the ego begins to say is, "Well life is going to be totally unpredictable. If the dead don't stay dead and the living living, if some miraculous thing occurs." I'm all, everything is out of whack. I've gone insane all a sudden.

Praise the holy Child, yes. Who says the wording you have just used? That is the ego that says that. Watch out. Oh, oh, I'm not going to know what to expect. You are going to change all of the script on me. What page are you on by the way?

{Laughter}

And the ego gets terribly worried, for in time the ego is going to be out of work. Not only in the wings waiting to come back on stage sometime. That is what you do with the ego now. From time to time you send him off to the wings. You live and abide in heaven and then you call him back in again.

But in time, the ego is going to be completely out of work, completely out of belief, gone. No longer remembered and so of course, that is the part that cries out now and says, "I want this structure that I am familiar with. I want security. I want to be able to know what is going to happen in this relationship. What is going to be down the road a bit for me? Is there going to be a love relationship for me? Is there going to be employment, a career that I really love to do? X, Y and Z, all of those questions. That is the ego.

The holy Child trusts and says, "Yes Father, I will jump into your arms. Of course. I know that always I am, have been, always will be. I am. I am your Child. I trust. I come to you."

The problem always seems to be if the Christ Self wakes up more and more, the ego gets to be more of a bully. "I've got to try harder here because you are slipping away from me."

Yes.

And I'm going to yank you back. And I have noticed that geometrically.

In truth what happens is that the ego does not become any stronger, but that you are more aware of when the ego speaks. Your awareness is growing. The sensitivity to it is being honed. What we have spoken of earlier in this evening as being aware in each moment of the choice. That is becoming clear in every moment, more clear as to where you are abiding and when the voice of ego speaks you recognize it.

Other times in this lifetime up to this point, other years as you call them, other lifetimes the ego has been very much in the forefront of the script. But you didn't pay any attention to judging or discerning. You just said, "Oh well. That's how it is. That's how it has to be. I'd better listen to that. I know what's going to happen."

Now you have said, "I can discern between the voice of the Father, the voice of heaven, the voice of holiness and I can also discern when the voice of separation and ego comes forth." So it seems to be intensified, it seems to have greater power as you claim more of your power. In truth, it is diminishing.

Yeah, and it feels like the righteous energy that you talked about is saying, "Will you please shut up?"

Yes, there are many times you will have to say that.

So you think that's a good approach?

Would I judge?

{Loud laughter}

Be your own judge. Yes.

I really feel like I'm in a crossroad in my life and ... I feel myself being called toward looking at a lot of negative things like abortion, the homeless and things like that. And I know that's why I'm being directed.... how as one individual can we change it? Or can it be changed? Abortion and all of these things. These negative things are there for us to see, to learn from? Do we change them? ... It's driving me nuts.

It has given you a great issue to look upon. Change can only come through you. Even as you see yourself to be individual. That is how change comes about. You cannot say that this one has to change, this one had to change, this one has to change and then perhaps things will be better. But change comes from you, from within.

You are bringing up all of the issues. All of the opportunities for pain, sorrow, conflict for man's inhumanity to man or woman because you want to know holy vision. You want to know, "How does it look from the vantage point of the Christ? What is my part in this? How does the Father see this? And what should I be doing in this?" When I use the word "should" it is not because you have to choose anything of greater or lessor value. But what is my part in this?

Allow yourself first of all, to be at peace with all of the drama. If you keep yourself stirred up you will add to all of the energy that is already anxious, stirred up, whatever. Allow yourself to be at peace with it, first of all, and to see, which is true, to say, "This is the avenue they have chosen to bring them to the place of awakening." Even ones who are in great conflict in the abortion area where there is seen to be one who is facilitating the demise of a newborn birth and one comes in and says from righteous judgment, "I will do away with you as facilitator. I will kill you because I believe in life."

They have chosen that in order to bring them right up in front of what their judgment has been. As catalyst for them to see that what they have judged is what they have then done. There is much of clarity that is coming out of all of these issues.

For yourself, allow yourself to be at peace. First of all, as the Father is. Do not judge from the place of human judgement. That only keeps you in perpetuating the cycle of judgment. Go to the place of the Christ and ask, "What is my part in this?" Not because I have to do anything. For in Truth, you do not have to do everything. Everything in Truth is in its own divine order and will bring the holy Child to that place of awakening in time.

So you will ask, "What is my part in this?" And as there is guidance then you will do or you will see. Ask of the Father, ask of the Christ, "How do you see this?" And the Christ is not always the one who stands by quietly and says, "Oh, it's okay. Poor children." Sometimes the Christ is led to do things that seem most outrageous. Does that answer your question?

I do not answer it in specificity because each issues, you will want to take to the Christ of you and then you will know your answer.

I'm really trying to see my part right now. the human side of me says, "Hey, when?"

When you are guided to do it, yes. Keep on with the art. It is not as we spoke to this one, you are not limited in choice. You can do all things as the Christ that you are. So it is not a question of either or. It is as you have discerned already in your visioning, that they are coming together. They are not separate. They are not even what you would see as parallel, never coming together. But in Truth they are going to come into that cross where it is going to be resolved, integrated.

Then there is another aspect ... vision that I've had for two years now. How does that figure in? ... where I'm supposed to focus. In going all these different directions I'm not really focusing. Then the human side of me would fear

And as you have discerned, that is the voice of ego that would judge and would say, "I'm not quite good enough. I am supposed to be doing something else but I don't even really know what it is. Oh, poor me. How stupid I am. I don't even know what it is."

That is the voice of ego that would judge. The holy Self of you says, "Everything that I do is done in divine order for the atonement." That is the truth. When you have the feelings of being unfocused, allow yourself to go first to the place of the Christ, the place where you breathe, you pause, you remember the peace of the Christ and you ask and then you listen.

That will bring clarity of focus. Then you may be directed to do ten thousand things and that is okay. For in the remembrance and awareness of the Christ, you remember that it is not I, the small self that does it. You can give over the heavy burden of responsibility to that Christ that you have just contacted and remembered. It is not I who doeth the work. It is the Father, the Christ Self who works through me.

Then if you are asked to do ten thousand things, say, "Okay, Christ Self you ordered it. I will walk the steps. I will say the words. I will do it. Guide me. Direct me. Live through me." Then all of the heavy burden is allowed to fall off of the shoulders.

Believe it or not I do that.

That is very true, you have done that. And not you alone, but all of the brothers and sisters. You say, "Here Jeshua. Here take. Have it please. Solve this problem." And I say, "Okay, there is no problem."

You say, "That's not the answer I was looking for."

{Loud laughter}

We will take two more questions and then we will need to be adjourning. Yes.

The other night it was about 2 or 3 in the morning. I went down and lay down on the couch and I wasn't quite sleeping but kind of in the twilight phase, and this has

never happened to be before, but I felt intense pressure like in here and then in the third eye. And they I could feel like sucking. I was being pulled out through the crown. And then I got scared.

Of course.

And as soon as I, myself became a little frightened then I was sucked back in as quickly. Now I think I know what was going on, but I wanted you to give me....

Indeed you do, yes. It is the ego self of you that called you back in and said, "Oh, oh. She is playing with dangerous ideas. She is playing with being more than what she has thought herself to be, so far." And in truth, this is what you are doing now. You are allowing the boundary even of what you feel the physical body to be, the energy body that is around the physical body that you see with boundaries, you are allowing even that to be expanded and experienced.

You know very well from previous lifetimes how it feels to go out of the body leaving a bit of a pilot light on that keeps the body alive, and to go out of the body and to travel wherever you were called to be. You do that even now. After you have released the very close identification of conscious wakefulness here in sleep. You do that in sleep. You allow the feeling, well it is not the feeling, you allow the energy itself to go, to travel, to experience all the other dimensions that we have spoken of. To be in awareness in those dimensions, helping others, teaching others, traveling, whatever. You are having great experiences.

And then just before the moment of conscious awakening into physical body, you bring it all back together again. We usually. Sometimes you don't and you wonder, "Where am I? What's happening? What down is this?" You bring it all back into the proper order that the ego accepts and you say, Oh yes. I am me. I know. I wake up. This is daylight. This is Tuesday. This is my bedroom at home, or someone else's bedroom."

Never loses his sense of humor.

Allow yourself now what you have begun to experience. Do not judge the calling back. That is very normal in this place where you feel yourself to be, this process of feeling free to go, to know, to experience your own energy. So do not judge when you go a bit and then you come back again. But play with it as it comes to mind, as you want to feel it. It is not something that you have to do that makes you more holy. It is not something that makes you more spiritual or elevates you above others of the brothers and sisters who have not had this experience. But it is something that is fun to play with.

After I did that I was really disappointed that I

Yes, the judgment.

Yes.

Well why couldn't I stay out there?

Yes, that's exactly what was going through. Where would I have gone?

And in truth beloved one, when you allowed the sleep to come you went where you would have gone. So it is not incomplete.

The difference with this is that I was awake and so I was aware of what was happening....

Yes, that was it. And as I have said, it is not something that you have to do. It is not going to..., but do not judge self if you find that you go a bit and then you come back. That is part of the process as you were the small child and you learned how to walk. You lifted one foot and you thought, "I'll take a step and you found yourself sat down again. Okay." But that didn't keep you sitting down. The next thing you knew you were pulling yourself up again and you were putting the foot out there and before you knew it you began to feel at home with the walking. It is the same with this experience.

Thank you.

Most welcome. Thank yourself beloved one.

Yes, there was question here.

My mother has Alzheimer's and she gets more restricted. She has become very angry and frustrated and it's hard to communicate. Her mind doesn't understand when you tell her this is for your greatest good, for your protection. She doesn't understand. How can I communicate with her Higher Self?

Yes. It is as we spoke with the other one earlier. Speak to her higher Self, to her Christ Self. At that place she knows your love. She can feel your love. At the place where there is the specific focus of interaction, daily life, there is much of frustration, there is much of fear. For she knows, there have been messages bubbling up from deep within her that she is approaching the time to release the body and to go to another room in the Father's mansion.

But she does not know how to release the body so she will do it gradually and she does not know what awaits her in another room. First of all, she doesn't know if there is another room and she doesn't know what will be there for her and she does not want to leave the loved ones, the life that she has known.

So there is much of fear which then is seen as frustration and anger for she feels she is being forced into the choice to release the body. In truth she is not being forced. In truth she does to a more beautiful room to experience what has been known, written about as heaven. Why do you have the writings about the description of heaven? How wonderful it is? It is because the next room in the Father's mansion is more expansive. It does not have to be. It depends on your belief. There are some who

feel that the next room is going to be hell. For them for a time period, that is what they experience.

But the next room in this mansion as it is believed to be heaven, is wonderful and beautiful. But she feels that she is being force into that. She feels and looks out to others and says, "You are forcing me. You forcing me. The body is forcing me. The mind, it is not what it was. I remember when I was younger I could do all of these things and now there is a vacancy and I don't know where it has gone. Where has it gone?"

Well in truth, it has preceded her and she will catch up with it. Most in a gradual process, most of her is already making the transition. The body yes, is still functioning. It will gradually cease to function as she feels at a place of trust, of releasing it.

But a good part of her has already gone. The angry part stays. So yes, speak with the Christ Self of her. Love her. Tell her how much you admire her for what she is doing. For in truth, she serves her own awakening yes, but she also serves all of the ones who serve her now. She gives them opportunity to love her, to be there for her even the ones who will attend the body. She gives them opportunity to open their heart and to be of service that they could not do if she were not willing to go through this experience which is not something that she would have consciously chosen. On another level, she has chosen because of great love of the brothers and sisters. Thank her for what she is doing. She is being servant of the Father even in what is seen as tragedy.

Thank her for being the teacher, yes. For she teaches many in allowing them to open their heart and to come again to that place of recognition of love. That is what service brings, is the opportunity to connect again with love.

So what she does is not an easy row to hoe. It has taken great courage. It takes every day, great courage. Speak to the Christ Self of her, how much you admire her. This one is a grand servant of the Father.

Now beloved ones, it has been my great joy to converse with you in this manner. To be able to reach out and to touch, to tweak the nose, the beautiful nose, to look into the eyes and behold the Christ. Everyone of you, the Christ. Wonderful future, as you call time to be, you have together.

All of you, wonderful future as you call it. For the next three years in your timing you are going to see many miracles. You are going to see many changes, many upheavals and the brothers and sisters many of them will judge them to be tragedy. And they will rail and rant and call out to the Father and say, "How could you inflict this upon me?" And yet they have called forth that very blessing in order to know their grand strength, their courage and the life that they are, the life that is eternal.

Everything that happens, gives thanks unto the Father for it. For indeed it brings the sleeping child that much closer to wakefulness. Some of you, those of you in this room, those of you within the sound of my voice, are ones who have chosen to awake in gentleness as you do in the morning. You awaken gradually. Others have chosen to be in

deep slumber and it will take a bit of the shaking before they come awake. No judgment in any of that.

What is important is the awakening. But in the next three years of your timing, choices for you are going to be pivotal. Because you have decreed that you want to know the joy of the Christ. If you had not decreed that it would not matter how much sorrow and suffering, drama, et cetera you were going through. But you have decreed that you want to awaken. You want to know what it means to be Christ. You have committed yourselves to discipleship unto your own Christ Self. Follow the guidance of that Christ. It will not fail you.

That Christ is not me, as you see individuality to be, and yet that Christ is me, as you see oneness that we are. For lo I am with you always. It cannot be otherwise. We are the one holy Child expressing as the many. Having many different adventures in many different dimensions and time frames, and yet it is the one holy Child coming Home, awakening, claiming the Christhood.

It is in great joy that I greet you once again. I look forward to the next time that we will be so gathered in this manner and until that time, I bid you remember the Christ that you are and how loved you are.

So be it.