

Other Dimensional Life Forms

1996-03-08

Beloved and holy and only Child of our Heavenly Father, Child of the one Source, Child of Light divine, I am the one known as Jeshua ben Joseph -- Jesus you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen to call me forth. Great joy, always.

Great joy is your true nature as you have found and as you are remembering now in bringing to this point of focus. Great joy is your true nature and whenever you would find yourself outside of the feeling of joy, allow yourself to pause for a moment and to remember that you are loved of the Father from before time began. You are perfect, you are whole, you are beautiful, you are radiant and your true nature is holiness, wholeness and from that comes your joy.

Now, the world would tell you otherwise. It would tell you that there are many things that you must do. Always goals to be attained, always a bit more of the perfection that you must seek, the classes you must take, the workshops that you must hold, the studies, the successes, all of the endeavors.

But you are coming to the place of knowing that there can be joy even in the accomplishment of what the world would be asking you to be doing for you will remember that you are in the world, yes, for you have chosen, you have agreed that you will be in the world for a time. But you are not of the world so you will do the worldly activities as they need to be done. Extending the love of the Father and you will remember that your true nature is joy, to bring the happiness, wholeness, the Love of the Father into expression right here and right now so that others of the brothers and sisters can behold your joy and know that they also can drink from that cup.

For indeed if there is no one among you who would be outrageous enough and I see she has just arrived, there would not be one among you who would be outrageous enough to claim the joy of the holy Child, then the brothers and sisters have not a clue. But as you allow yourself to smile even through all of the upheavals they will look upon you and they will say, "Well, there is one who is a bit outrageous. A bit strange perhaps, but what does she know? Obviously she knows something that I don't know. I think this is a heavy place to be. And yet she can go through all of her challenges, her questionings, her decisions and still hold a place of Light within her heart. What does she know?"

And they will come and they will ask of you for they know your history. They know that you have had your challenges, you have had relationship, you have had the changes of employment, and they know that you are seeking and they will come and they will say to you, "Hey, tell me. What is it really? What do you know?" And you will say, "I am beginning to claim my true nature. There is a part deep within me, deep within my heart that knows that this is not all that there is. There is a part of me that would express and would allow the others to know the Love of the Father. And maybe I cannot put it into what the textbooks would write about. Perhaps I cannot even prove it,

but I know it. It is called living with faith." For you know deep within you that life is worthwhile, that there is something worth living for and even if the challenges would come you still keep looking to the next day for the bright spark, do you not?

You know that it is in there somewhere and if you look far enough, you will find it. True nature of the holy Child is the smile upon the face. It is the joy that says, "Perhaps I don't have all my ducks in order according to the world, but my Father loves me. I am Loved and I am Love, and I know that I am Home. Somewhere deep within me I am Home."

All of you have felt a deep homesickness, all of you in this lifetime have searched and you have felt a bit out of place from time to time and you have felt, "I want to go Home again. I want to know the love of Home again." And you have asked yourself, "Is it the home that I knew when I was growing up? Is it the home that my parents provided for me? No. It is the home that I even provided for my young ones? No. Is it a home that I knew perhaps in some geographical location that meant a lot to me because I put a lot of myself into it? No, it's not even that although that has brought me joy, but I have found that I could release it and move on and recreate it, the beauty and the joy again."

You have tried recreating Home many different ways, many different times, and yet you have not felt quite at Home, not quite fulfilled and you have asked of the Father, you have asked of me, you have asked of the brothers and sisters, "Please show me the way Home. Where is Home?" And then in a moment of enlightenment you have looked into another one's eyes and you have beheld the Love in those eyes and you have said, "That is Home. I am Home."

And you have smiled and you have shared with another one the words of encouragement, the hug, the laughter, the upliftment. And you have known Home.

Now this point of focus, this lifetime, this awareness called consciousness right here that you identify with, is this Home? It is part of Home but it is not all of Home, for indeed you bring your remembrance of home to this place and you allow it to be made manifest every time you choose for peace, every time you choose for love. But is this the only point of focus where you are finding Home? Is this the only point of focus where you are seeking to know Home? No, it is not.

For in this evening we have chosen to speak of Other Dimensional Life Forms. Quite appropriate in your month that would celebrate and honor the life-forms known as the leprechauns, the elves, the little people. And by that I do not mean just the ones who are short in stature, but the little people who are very much alive and well and in expression even now. And there are some of you and some of the brothers and sisters who can behold the leprechauns, the little people, who can behold the fairies and the elves. They know very well that those life-forms are as real as what you choose to call reality.

If you will receive it, in another time as you see time to be, you have known expression as one of the little people and you know now their company for indeed whenever there is invitation and welcome they come to make their presence known. They

come to share joy with you. They come to share the expandedness of the Father's love in expression whenever there is invitation and welcome.

Why would you call forth into a remembrance life-forms such as leprechauns and elves if it were not true? In other words, where does that idea come from? It comes from what you would see as a past history, a past knowing when you have danced as a fairy. and you know well that feeling for it dances inside of you, even now you allow it to come forth.

The size of form is relative, is it not? Even in this day and time the bodies that you recognize, they come in all different sizes, shapes. Even yours has changed. All of you. And you have known the small expression and you have known the tall expression.

You have known also, the creatures that would be called out of your mythical stories, the unicorns, the pegasus. Are these real? Yes. If you will receive it, they are as real as what you feel reality now to be. You have known life-forms, many variations of life-forms. Your mythology is full of realities that you have brought forth -- realities with a small "r" -- within the drama and the adventure of the holy Child.

And all of those life-forms are with you now, although just perhaps beyond the fingertips of what you call reality. Will you see them again? Beloved brother, you tell me?

Yes.

Yes, if it is your desire you will see them again in form. In form that you will be able to reach out and touch. Already now, you can converse with those ones and they are waiting just awhile for your belief in process, your belief in time, they are waiting just awhile until you will see them again right here with you. For indeed they are with you even now as we speak. They are with you in the mind as we speak of unicorns. They are with you in the heart as you have the feeling of the unicorns, for unicorns are most playful and they desire to remind you again of your playful nature.

And the pegasus, you have expressed as the winged one that would fly even though the form would seem to be too heavy. You know flight. Even now you have the miracle of what you would call your metallic bird that is too heavy to fly. And yet, you know it for a truth that it goes up in the air and flies great distances.

And yet ones out of another time would look upon that metallic bird and say, "No way would that bird get up in the air." But you know, because of your belief, you know that it will taxi down the runway as it is called, and pretty soon it is up in the air.

Why? Because you believe that it will be up in the air.

I hope so.

I pray that it is up in the air.

Indeed, if you find yourself according to your belief sitting inside of it, and yet I would ask of you, even in the moment when you find yourself in belief sitting inside of it, where is it? It is within you, otherwise it would not exist.

You will see the ones that you have called to be in the past, you will see them coming to be with you in expression and experience again. You will come to know other life-forms upon this plane, this dimension as well. Forms that you would behold now and say to be miraculous. Radiant forms, quite tall. Tall as your tallest buildings. They will appear in your backyard. They will come to be with you.

You will see ones of the space brothers, yes, coming to be with you. Will they have form that you recognize? Some of them. Some will come and give you opportunity to question as to what form is and what life is, and whether you can look upon a different form in love or from the habitual place of fear.

For you have taught yourself that if there is something different, appearing strange, in this place of duality perhaps you'd better run first to save the form. We have spoken often of how there has been by design, the identification with the body, with the form. And because you have desired to know intimately physicality and the form that you now identify with, there has been a temporary forgetting of the Spirit that activates the body. So the body calls out to you quite intensely and says to, "Save me." And you know fear from the body.

The Spirit does not fear, but the body will speak in very loud tones and clarity, "Let's get out of here. Save me." So there is the habitual reaction if something seems a bit strange, to abide in fear at least until you can analyze it. Let's be logical about this.

Sounds fun.

Let's have some input of data here, and if you cannot give the body the data quickly enough, let's run first and then we will reconsider.

You will see beautiful life-forms of brothers and sisters coming to be with you. Radiant ones. And I will share with you beloved ones, that what you behold is not foreign to you. It is you in expression as well. For if, and it is not an if, because you can, you will take a deep breath and ask of that form that stands before you, "Who are you? What part of me are you?" There will be a beautiful answer that will come.

We have spoken that this year is the year of miracles. You will begin to see other life-forms that you have perhaps only considered in what you would call the imagination. You will begin to see other life-forms in reality upon this plane. You will begin to see, already some of you have begun to sense the life-forms around you. You have known communications. You will bring that forward so that it will be visible, because you desire now to know all parts as you would call them as parts, all parts of the one Self that you are.

Already you are being most busy in calling in information from what you would see as the Pleiades, from Andromeda, other constellations and universes, information from space brothers. Sometimes you receive this information in a welcoming way, and you say, "Oh, this is exciting. This is really great. This is expanding." And it is. Other times you call in messages that have first of all, the opportunity for abiding in fear, allowing you to sit with that message and to say, "How can I see this in a new light? Already I know how to judge it in fear. I know that one well. Already I have been up to

here, over the head in fear," and you have. You know fear very well intimately. Now you are saying, "I desire to know what is beyond the fear? Can there possibly be something that is uplifting? Can there possibly be something of holiness?"

So you are bringing in messages through various means, mediums, channels, brothers and sisters, even through your own writing and communications that allow you to know that this is not all there is. That you are very much the one Self expressing as the many.

If you will receive it, there is nothing to fear even from what you would see as other life-forms. For indeed if one were to manifest before you right now, with four heads, and you had your eyes closed, and that one were to speak to you in mellow tones how would you receive that one? In mellowness, in gentleness. If you were to open the eyes and to behold four heads, there would be a bit of judgment.

What I am saying here is to go beyond appearance, to allow yourself the deep breath, the one deep breath that allows you to come to your center again, that allows you choice of simplicity of one deep breath, and then to ask, "How can I see this anew? Perhaps the appearance is only that."

For I will share with you that in your days to come and they are not afar off, you will behold other life-forms that are a bit different than what you have known recently. And if you will allow yourself to go beyond appearance, initial judgment and to listen with the heart, you will know that that one is the child of the Father for indeed that one is your Self.

Now there is much of information that you are calling forth. Many books. Every month in your timing, every week in your timing there is a new book that comes out with new information and there are times that you call to me, to the other masters as you seem masters to be and yet I behold a master right here. And you call out wanting to know, "What is the truth? How can I sort all of this out because this information does not exactly agree with this information? Is one the work of the devil, the evil one?" I hear that question often. Jeshua, Jesus do not allow the evil one to tempt me. Well beloved one, there is no evil one outside of yourself who is going to tempt you. You are allowing yourself opportunity to contemplate possibilities, and the other does not judge any of your choices. He knows that you as the holy Child are playing.

Much as you see the small ones who will play in their sandbox and they try out different roles, they try out different drama, they try out making different structures in the sand and sometimes the structures stand and sometimes they fall down. The Father does not judge any of your choices and there is not an evil one that has come to lead you astray.

You are allowing yourself a treasure store of infinite possibilities to play with. More and more seemingly as everyday goes by, because you want to know how unlimited you are. So you bring forth writings that are exciting, that allow the mind to expand. You bring forth writings and messages that you judge initially perhaps to be a bit fearsome because you desire to know accelerated energy.

You want to know your energy. You want to know that there is something beyond just the energy that activates what you identify with right now. And you know that in moments of joy, in exhilaration, exultation. You also know it when you are in a place of fear. You know accelerated energy. Therefore, you bring forth times of fear in order to connect with the accelerated energy that you are.

Now in this plane where there is belief in duality, it can be known in joy or as you would receive it initially, it can be known in fear. But the energy beloved ones, is the same. It allows you to touch a speeded up experience of your own energy.

Are the messages that come through now true? Yes, they are all true -- with a small "t". They are all part of your adventure and they serve you well for every message that you read in a book or that you hear at a workshop, you have called forth into your consciousness and accepted it for that moment in order to bring you to a place of remembrance of the wholeness that you are.

Even when you will wrestle with various messages and wonder what they are all about, and say, "This cannot be true." There is a message in that that allows you to come to clarity about who you remember yourself to be. For if there are messages that would suggest to you that you are the victim that you are weak, that there could be forces outside of you that would come and take over you, you have those messages coming. You can read them in your books.

It allows you to sit and to ponder and to come to the place of clarity and to say, "Is this my truth or is this someone else's truth? Do I feel that I am powerless? Do I feel that there could be an invasion of space brothers who will come and establish their order because they are more wise? Is that my truth?" And you get to sit with it and to abide with it until you come to the place of saying, "That does not fit in alignment with who I know myself to be. I know that I am my Father's holy Child and I know that I bring forth all of the reality that I experience, and I know that if I bring forth the space brothers, they are my brothers and I will know them in holiness."

If you will receive it, there are many of the space brothers, yourself in other life-form awaiting your invitation and you welcome to come and to be known in this dimension upon this plane. To work in concert for the remembrance of Home. The atonement, the at-one-ment.

Now, where are they now?

Here.

Right here just beyond what you would accept as reality in this moment. Now, will you all experience the space brothers? Will you all experience other life-forms coming to be with you in this dimension? No, it is not necessary. Some will because you want to know your expanded self and your expanded expression of the life of the Father, but others, that is not their point of focus. That is not what they are calling forth to remember in that way and so you may see a space brother, a space sister. You may see the beautiful radiant being and you will go to share that with someone and they will say, "It does not compute. I don't know what you are talking about." You've already

experienced that, of having a revelation, an expansion of understanding and trying to share it with someone else and they said, "Hmm, does not fit into my reality. Come back some other time." So you have said, "Okay." Just as I have said to you, Okay, for indeed there is not time. Time is part of the drama, the adventure. Time is part of this aspect and it does not even exist in other dimensions.

So therefore, if a brother or a sister says to you, "It does not make sense to me," you may shake the dust of your sandals and walk on to someone else who is interested in knowing that. Not in judgment, but just in saying, "Oh, okay. I will find someone else who wants to play with me in the same sandbox." That is what it is.

For if you will receive it, and I know that you will, you are all the holy Child of the Father and you are playing. That is what this is all about. Even when you play with your drama that is what you are doing, you are playing with it and in it.

So when you get to that place you can take the deep breath and you can stand back a bit and you can watch the self that you have thought yourself to be in the midst of whatever drama is going on. You say, "Wow, he's playing that part really well. Hmm." And it restores the lightness, the humor once again to your consciousness.

For all of you have found yourselves very much embroiled from time to time in decisions, in questions, relationships where you have come nose to nose with that situation. You have found yourself right in it that close. So close that you couldn't see anything unless the eyes were crossed, right? That's what happens when you get nose to nose with something. You get the crossed eyes that doesn't give the true vision.

But as you would allow yourself to stand back a bit and to behold it gives a new perspective, a holier perspective because you perceive more of the wholeness, right? And you don't feel yourself quite so enmeshed in what is going on. You can even play with the idea that perhaps you are right in this moment, expressing with another life-form beyond what you know here.

Wow!

Wow! For as I speak to you in this manner I am not limited in any of my speaking. I am not limited to any time, any method of expression. You yet with the identification with time and linear time, would see it as a bit of a miracle, to be able to be in expression and in conversation with many all at the same time. And yet that is what I am doing even as you see this time to be and if you will receive it, it is what you are doing at the same "time" as you know a slice of time to be.

That is why you have found yourself doing an activity and you have had part of the mind as you would call it, focusing enough on that activity that you could do whatever it was and the other part of the mind is somewhere else. You are contemplating where you are going to go, who you are going to speak with, what you are going to do in the next day, how to get there, who you should call, what you should put on your shopping list, whatever. And in the midst of that all of a sudden there comes an idea even a message from someone else, they pop into your mind, as you call it, and they say something to you and you think, "Where did that come from? I haven't thought of

them in a long time. Hmm, I wonder what they are doing?" There you are. You are doing an activity that doesn't take a whole lot of your attention as you see it. Perhaps you are washing the dishes and you are contemplating what you are going to be doing on your computer later, and this idea all of a sudden comes and runs through the mind of, "Oh, so and so is thinking of coming to meet me. I get a feeling that this one is going through something. I get a message from this one who says, "Will you please call me?" And you call that one and they say, "I was just thinking of you. How did you know that?"

You know that because there is....

No separation.

No separation. Exactly. Very good of you to turn up this evening you see, it would not have been complete without you.

Thank you.

Because there is no separation, there is one Self. Now what we have just spoken of you can extend to what you would see as other dimensions, other times within this dimension, other life-forms. You know this well, you can speak to the leprechauns and you receive that from them, communication do you not? They tell you how they are feeling. They suggest to you ideas that you have wondered, "Where did that idea come from? I wasn't thinking that idea," you say. "Well we were," and you have a conversation.

Some of the other brothers and sisters who are more focused on what they would call reality, would say, "This one is a bit expanded." Well maybe that's not the word they would use.

Other dimensional life-forms very much exist. An infinite variety because you are calling them forth. You are the creative holy Child in expression, the one child of the Father, and you have desired to know expression, to know how it feels to create and how it feels to be activating that creation. And then you have said, "No longer do I want to know just part of who I am, but I want to have dialogue, communication with my other parts."

You have done this in what you would call other lifetimes as you know lifetimes to be where you have been the mystic and the seer, where you have been the shaman, where you have sat and allowed your reality to expand and you have communed with the spirit and you have brought in wisdom beyond what the brothers and sisters have focused upon. You are doing it again in this day and time, you are saying, "I will be a portal, I will be a door. Will be an open door to allow information to come in to share with the brothers and sisters so that they may know that there is more to the holy Child than just 1996 and what seems to be going on right in front of them.

Other dimensional life-forms, that is you. You are allowing yourself to come alive and to experience the communication with all of your Self. When you see the pictures now that your scientists bring forth for you, of the light of other galaxies, other star systems, that you would yet believe to be far from you, in the moment that you contem-

plate that light, you are one with that light for you bring it into your awareness and you may claim it as your own, beauty of the holy Child in expression not only with this life-form, but with the life-form known as the star. That is your Light brought in to manifestation, expression as Light. The Light of the star, the energy that could be measured. That is who you are. And now you are allowing yourself to play with the possibility of communication and dialogue with all other parts of the one Self and to allow those other parts as you see them yet to be somewhat separate, distinct, to share with you their knowledge, their wisdom, their peace of the whole. Their piece of the jigsaw puzzle.

If you would think for a moment of one of the largest animals that you have seen upon this plane. Take for instance what you have known in a history known as the dinosaur, large ponderous being. And within that life-form there are millions upon millions and millions of cells sustaining that form. And each cell has intelligence. Each cell is activated by Light. Each cell that makes up the form of the dinosaur sees itself in individuality as one point of light. And yet, every cell is in communication in functioning as the whole. You as you see yourself to be an individual, activating a single cell. You feel yourself to be a point of light. You identify with that cell and yet, you are a part of the whole that is larger and more expansive than the form of a dinosaur.

What you are doing now is allowing yourself as you see yourself to be a single point, to communicate with all of the other cells of the whole and to say, if for instance you identified yourself as a cell within the leg of the dinosaur, to say to the back of the dinosaur, "How does it feel up there? Do you feel the warmth of the sun? What is the perspective from your place as cell upon the back of the dinosaur, what does it look like to you?" And that is much the same as the information that comes in from what you term the space brothers and other beings. There is another perspective.

Now, is the perspective and truth of the cell of the leg more true than the perspective and truth of the cell on the back of the dinosaur? No. Different visions, exactly. So when you have the messages coming from the space brothers or from the ones who live within the form of our Holy Mother, the Earth, or from any other dimension and there is a message that seemed different from what you have known, allow yourself to play with it. Try it on for size. See how that perspective feels, but do not judge your knowing or your vision to be inadequate or wrong. Know that you are seeing from a point of perspective that is in a different place than what they are experiencing and expressing.

And you are now coming to the place where you can put aside the fear, fear born of many lifetimes of identification with physicality, and you can put aside the fear long enough to allow yourself the perspective of the brothers and sisters who are activating other life-forms, even what you would see as other dimensional life-forms.

For you have said now, "I am courageous enough," and the ego says, "Who are you kidding?" You know that one?

Yes.

But in truth you are courageous enough now that you are wanting to play with the possibility of knowing other cells of the whole. You are willing now to play with the possibility that perhaps you are very much akin to the other cells of the whole even though they may have another perspective and another vision.

In truth you are courageous enough because if you did not have the courage it would not even occur to you to even contemplate and to play with. But the ego, your companion of many, many lifetimes serves you well. It is the one that will come and will ask of you, "Where are you abiding now? What is your truth now? How do you feel about this? Are you sure?" That is its whole function. It is not a separate energy, not a separate entity that has come to trip you up. You do not have to do battle with it. It has come because you have asked it to be part of your drama upon the stage this time, to be a messenger so that you may have clarity about where you are abiding in that moment. Not with any judgment, but just to say, "Look what image you are holding of yourself right now, and what image you are holding of the brothers or sisters or of a new idea, a new concept, a new possibility.

So the ego serves you well. You have asked it to be your companion. You have said, "Hey, I am royalty." Which you are. "But I want you to be my servant and I want you to follow around with me and whenever something comes up, I want you to be the voice that says, 'Are you sure? How do you know that?' So that I can stop and I can be vigilant and I can see where I am abiding in that moment and whether it is the truth of my being. And if it is not the truth of my being I may choose anew." Until the next moment when the ego speaks again.

After awhile you will find yourself abiding in the heart of love. Love of self, love of brothers and sisters, the Love of the Father to the place where you will no longer need or call forth the questions of the ego, and you will not even notice that it is not with you any longer. It serves you well.

Other dimensional life-forms, how creative you are. How creative I am. For indeed I know myself to be unlimited life. I know myself to be one with the Father. I am His life in expression. Not only here in what you see this point of consciousness to be, for yes, I did take upon myself the form of man many times, more than once. More than what your histories and your scriptures have recorded for I have enjoyed expression upon our Holy Mother, the Earth.

But I also know myself to be unlimited life that can take form in other dimensions at will, the same as you know when you allow yourself the times of imagination, the times of meditation, the times of "what if? Well, perhaps." And you play with those ideas.

You know somewhere deep within you what it feels like to express as the thought in water that is not water. In an energy field that would be akin to what you know as water and yet it is not water and you know yourself to be a thought that instantly activates that water. You know how that feels.

You know how it feels to be the brightest star and to shine with the radiance beyond ten-thousand of what you know the sun to be. You can imagine that.

No, I can't.

Well you may work on it.

It's a little much right now.

In your moments of unlimitedness, when you have asked, "Who can I be? Who am I? What would it feel like to fly as the eagle? To land on the very top of the tree and to be the cell on the back of the dinosaur to see the vision from that perspective?" You know even now as we speak of the view from the top of the tree. For an instant you can see yourself there and how the grass would look from a distance, the buildings, the ones walking about. You could say, "But Jeshua, it's because I've been up in one of what is called the skyscraper that gives me a perspective of looking from a great distance. So I can remember what that looks like. I know how it feels to look down on the ones of my brothers and sisters who seem to be as the tiny ants because there is such a distance."

And you have brought that forth in your experience even the skyscraper. Aptly named. You have brought that forth out of your belief in what you can create. Now beloved one, even what you would see as a skyscraper is energy in form is it not?

Is it another life-form? Yes, it is. For even what you would see as your mountains are alive. There is energy. There is movement. It may seem a bit slower than what you feel that you are able to do as you would climb the mountain, but that mountain is very much the energy of the Father and you have brought it into manifestation as the creative child that you are and that mountain, your great beautiful mountain that you have out here that is capped in beauty, is alive as energy. It is a life-form and you see it in this dimension. You behold it as a certain form in this dimension.

And if you will receive it, there are others of the brothers and sisters who perceive it in another dimension. For there is much of life that is within the form of the mountain. You have gone within that mountain. Not in what the brothers and sisters in this point of focus would call this dimension, you have gone within it in what would be labeled another dimension. Have you truly been there? Yes, you have. You are other dimensional life-form as you have gone within that mountain.

Yes, you are truly the unlimited one Self and it excites the heart, does it not? Yes, for no longer are you held to just this expression, to this life as you know this personality, this body, this time to be, and great that is for you are coming Home in your willingness to play with the communication with all of the other cells of the whole. You may welcome all of your other parts. Invite, out of your courageousness, invite other selves of the one Self to come and be within your awareness. Welcome yourself Home again. But you say, "Jeshua, should I not do a certain ritual of putting the light around myself? Should I not burn at least one candle? Perhaps a dozen? A dozen would be better, and maybe I should have at least one white one and a couple of purple, and maybe a green one? A green one for balance. A bit of incense. Incense is good. I must need that." No, beloved ones, there is nothing to fear.

Allow yourself to claim the holiness that you are. Allow yourself to come from the place of the heart, of wholeness. Allow yourself the breath that brings the awareness of the center of your being, the heart, and then invite communication with the other selves of the one Self. And when it happens, don't say, "Oh, my goodness, my God," and all of a sudden it disappears. You have all done that. You have played with the idea of the out of body and you have begun to release the identification, the very strong identification with body and you found yourself floating just above the body perhaps looking down it, "Oh, my God," and you were back in it again. "This can't be true." And in that moment you are back with the identification.

But I will share with you that if once you have felt a releasement from the very close identification with the body, if you have once felt it you can do it again and again and again. Now does that make you any more spiritual? No. But it is fun to play with and it allows you to go beyond what you have felt the boundaries of self to be.

Other dimensional life-forms, yes, you are and now you are playing with expression as the unicorns, as the leprechaun, as the space brothers, as the space sisters, as the light that activates all of the universes and allows you to remember Home. That is what it is all about.

So when you bring forth the messages through the various servants of the Father and you read the books and you attend the workshops and they bring you information from beyond this point of focus, first of all congratulate yourself. Say, "Wow! Look at what I am playing with. How unlimited I'm beginning to see myself."

Play with the messages to see where you are abiding with them, whether the fear comes up or the excitement comes up that says, "Yes, I want to know more. I want to travel in consciousness to those place, to have communication with those ones. I know it to be a truth."

So you may take all of the information that comes to you and you may call it good. You do not have to fear that there is going to be something that will trip you up. All of it you call forth because you desire to know who you are and you want to know all of who you are.

You are the beautiful radiance of the holy Child, the one Child of the Father. I and the Father are one, you have heard me say that many times. You and the Father are one or you would not be expressing the life that you are. Therefore, know in great joy that you are all that you would behold, all that you call forth, and as the Father looks upon His Child and loves His Child, you may look upon all of your creations and love them. Other dimensional and this dimension.

Now would be a good time to take a break, to walk the bodies around a bit, to refresh them then we will meet again in what you call ten, fifteen minutes of your time.

So be it.

{Break}

Indeed.

Can we turn the heat down a bit?

Beloved one, what you are feeling is your own heat, believe it or not.

I can believe that.

You have brought all of the vibration of energy into this room and if you are feeling an elevation of heat, it is because there has been an elevation of the heart, the vibration of love. What you would know even as the relaxation has occurred, for you have allowed yourselves when you first came in, there was a bit of constriction, a bit of strangeness, a bit of the world that you carried in with you. Very much so from time to time. Yes. But as you allowed yourself to sit for the past hour and a half, be comfortable, to laugh, to entertain ideas, to think about being expanded into other dimensional life-forms, you allowed the energy that activates the body, known as the aura and the energy field around you, you allowed it to extend. When you came in, if you will receive it, there was a certain delineation that was chosen because of the focus of awareness.

But as you allowed yourself the relaxation, the comfortableness, you allowed also your energy to expand and the heat in the room that you are feeling now is what you have put in the room. It was not what you would see as any of the manufactured heat of the building. It was not necessary. You brought it yourself.

Beloved one, how are you in this evening?

Good.

You are indeed good.

I am always good when I am here.

If anyone ever asks you if you are good, you may say, "Yes, you are very good." Always. Would you have a question for this evening?

Yes. I thought I'd be the last. You usually start that way.

And the last shall be first. You have heard that somewhere.

I thought that possibly you would also touch tonight on other channeled beings, and it's perfectly okay that you didn't but there's two things I want, there is one comment I want to make.

Ask permission.

This one is my script writer.

Well I didn't want you to think that I was disappointed in you or anything.

I'm glad to hear that. What would you ask?

Jeshua knows where I am coming from.

Yes, indeed, and where you abide always.

I have been reading a book about Dr. Peebles, another channeled being and I got it on sale for \$3 at the bookstore here.

As they say, what a bargain.

What a bargain. Talk about mind expanding, I love what he says about loving allowance and how I thought I was a loving allower before I read the information, and yet he has expanded it. His information has expanded it so much for me and I wanted to share that one of his primary, if not his primary message is that the seeming differences amongst us are just demonstrations of the unlimited variety of life and love expressing whether it is in different races, different nationalities, different religious thought, all of these things are just part of this vast manifestation of different appearances of love expressing.

Yes.

And of course I'm paraphrasing and not saying exactly what he said but there is so many things that he teaches that are expansive and I know the Father loves it when we expand our understanding.

The Father loves.

The Father loves, period. Okay, that's right, He does. But I guess what I want to ask about channels in general is when we hear any specific channel it's like the answer is coming to me as I ask the question here.

Strange how that happens.

Yeah. As we listen to any specific channel I was going to say how do we know that they are genuine and the answer that started coming as I was forming the question was to go to the heart.

Yes.

To know.

Yes. For indeed beloved one, you call forth all of the ideas that you read in a book. You are the one who has put the ideas there. You are calling them forth for your remembrance and even though you would see them to be the words of someone else, they are your own words speaking to you for you have now at that moment said that you are ready to entertain those ideas.

Therefore, they come to serve you. They come at your bidding. So whatever comes you may abide in the heart with it and see what the message is for yourself. See how you feel about what is being said, any of the channeled messages that come, and allow yourself to look for the deeper meaning.

For if there is a feeling with any of the channeled messages that it does not set right with you, allow yourself to sit with it in the heart. Not in judgment, not in judgment of self or the one who has brought forth that message, and to sit with it and to

ask, "What is the deeper meaning?" For indeed you will find that you bring forth all of the information that comes to hand, that comes to mind, because you are ready to play with those ideas and you are ready to see beyond appearances.

Then let me ask you this, I'm considering, I got my little catalogue on all the different speakers that are going to be at the mind/body expo later this month.

Yes, a great gathering.

And there is so much that I'm interested in hearing but I know I can only take in so much, but I notice that I have read part of Barbara Marciniak's book, "Bringers of the Dawn," and she is going to be a speaker there and she is going to speak about information on the Pleadians bringing through and I'm not positive but there is a connection between her and talking about the "Grays" and these other entities that are not necessarily around us for your benefit.

They are always around for your benefit. It may not be perceived as that.

Well it seems kind of scary. In talking to us about them the first instinct I have is to feel fear, and a feeling that there is separation because there are forces in the universe who are not looking out for our best interests. So I have already got a separation thing going. And supposedly there are being from some other place in this universe or another, that scattered part of our DNA in sometime in history that has created a limitation in us, whether it's of understanding or love or whatever.

Anyway, that who concept has to do with fear and I'm okay with, it feels right to me that I can be discerning about what I take in and what I don't take in. But I wonder what's the motivation for anyone to speak about or write books about beings that are not of this world, would seemingly be a threat to human beings.

Yes. It is what we have spoken of earlier, that you are bringing forth many messages. You are bringing them forth. If you will accept and receive my words, even what you see coming through another person you have called forth into your consciousness for a purpose.

You may hear the messages in fear, in separation and we have spoken as to how that is the habitual reaction known well, borne many lifetimes. But you are bringing forth those messages in order to re-examine the underlying belief. So you will have many, many different scenarios and scripts of the drama. You will have ones who will come and give forth great complexities of drama, of warfare in the heavens, of ones who will come and take over our Holy Mother, the Earth, and will do away with what you have known to be life in this manner. Who will inflict upon you their will because they have superior intelligence, et cetera, et cetera, et cetera.

You are the ones who are calling forth those messages because of your great courage. Because you are saying, "I am ready now to play with ideas that in the past that were so fearsome that I could not even contemplate, would not even think of it. I would hide in a hole, a cave somewhere and I would do all of my rituals and pray to a God somewhere afar off, and I would let the rest of the world go by because I could

not handle it. Now I am asking for all these messages to come to me so that I can discern, first of all, where I am abiding in my belief about myself and about what life expression is all about. And secondly, having discerned what my belief is, then to ask of myself is that the Truth of my Father? And if it is not the Truth of my Father, then I have the opportunity to choose anew. I can either stay," and there is no judgment in it, "I can either stay in the place of fear and play with that drama." For sometimes you want to play with the drama. You want to be in a place where you could say, "There is going to be something really threatening that's going to happen. OH, my goodness. I'd better prepare. I'd better do X,Y and Z, or I better even start with the A, B, C of it. I'd better be prepared."

Or, you may say, "I've had enough of the drama. I've had enough to handle with all of the daily activities of certain things and I'm going to give over all of that drama to the Father and say, `Okay, Father, that may be a drama for some and if it's a drama that if I'm participating in, I know that only good will come out of it. Therefore, you handle it.'"

There were times in my lifetime that I spoke to my Father and I said, I of myself, I cannot handle this. But I give it over to you, to the expanded one Self that I am as you. I and the Father are one. And I knew that of my small self, the self that was in a specific limited point of focus known as individuality, I knew that I could not handle it. I didn't know. Even on the last evening because the crucifixion, as I spoke to my Father in prayer my feelings of the small self coming from the place of identification with the body, with expression upon this plane, my feelings were one of fear and inadequacy and I asked of the Father, if there could be another way let this cup pass from me. But I added because I knew that I did not know all of the whole vision. Nevertheless, not my will -- the small will -- but Thy will be done.

So if there are times when you feel that you cannot handle all of the drama but you see others of the brothers and sisters getting very much embroiled and they are having a great time in fear, in panic, in preparation, then say, "Okay, I allow. But for my part I give it to the Father. I give it to the Spirit of wholeness, of holiness for I of myself, can do nothing but the Father within me He knows and can handle everything."

So why do ones bring forth messages like that? Because you have asked them to. That is the bottom line truth, because you have asked them to. You, specifically and all of the collective brothers and sisters for indeed there is more than just one who is reading the book and more than one attending the workshop.

But you have called it forth into your consciousness because you want to know where you are abiding, what is your belief now? You want to have clarity about it. It is what we have been speaking of this whole evening. You bring forth many channeled entities. You bring forth many messages, each one with their own slant, perspective of what they will give you to play with. It is because you in your creativity, are calling forth other ways to look upon things, other ways to experience, to try it on to see how it fits.

This is a grand time for expanded information as you would call it. A grand time where you are receiving messages not only from the one who sits next to you who says, "You know, I've got an idea. I think this is probably what's happening here." But you also call it forth from the beings that you do not even see activating a form. You call it forth through a method that many of the brothers and sisters would not even believe that another intelligence that you would identify as separate from yourself can speak through a body that you see standing in front of you. You call it forth in many, many ways because you are now wanting and desirous to know all of who you are and to know the great Love of the Father that welcomes you Home. That is truly what the journey is all about.

But on that journey you will have many adventures. You will travel seemingly, into many dimensions and you will speak with many of the selves that the one Self expresses as. Many of the selves that you are. So when you receive information and it seems to be not of benefit or not of nurturing, you may ask, "Where am I abiding in the moment when I have called that forth? For I am playing with the idea that there could be something other than my Father. Something other than unconditional, unlimited love." And that is exactly what you are doing. You are playing with it.

In other words, it is not then to sit in great judgment of self and say, "Oh, what a sinner I have been." Just say, "Oh. Okay, that is where I am with it. Ah Ha, the light dawns. Well, if my Father is all Love, all wisdom, all power -- not the power of the world -- but all power of beingness and if I am His holy Child," -- and you are -- "Then do I have to worry about other forces outside of me?"

No, there is nothing that is outside of you. Even the messages that come through that depict a great drama and scenario of possibility of war. It is not outside of you. You have brought it in your consciousness right then, so that you can look upon what you are playing with. Much the same as your small one would play with a toy and would want to know, "Is this engine red or is it green? Does it have four wheels or does it have six?" Or whatever. You play with it and it is not in judgment.

So you may rejoice with every message that comes to you and if there is a message of great drama, of impending doom, you may say, "How creative I am in this moment for bringing forth that idea. And if that is part of the drama upon my stage, it's really neat I can't wait to turn the page and see what else is going to be with it."

As you allow yourself to abide in the heart and to look upon everything with allowance and with love, transforms even what you have seen to be fearsome. And you find yourself in a new script. You find yourself coming from a new place and the ones who are participating in the drama with you, the ones who are reading the script, they have to adjust. They have to do what you call the improv all of a sudden for they will say to you, "What page are you on?" And they will have to flip forward somewhere to see where you are.

So allow yourself to abide with all of the messages in peace. For indeed no longer do you have to scurry about to protect and to preserve the body. Many bodies,

many forms, many different kinds of forms you have raised up including a hair in the mouth.

{Judith has a hair in the mouth}

A miracle of manifestation.

So, I have already chosen that I don't need a big drama?

Indeed, you have enough drama in your daily life, do you not?

It makes sense to me not to try to include that into a busy life?

No.

I'm too busy.

Indeed. You are. You must get on with extending the Father's Love. That is your purpose. You may leave the other ones who desire to be in drama, you may allow them their play and say, "Okay, that's great." The same as you would read a story, a novel and say, "Well, neat ideas in there. Okay, it passes the time but I have other things to do with my time," so off you go.

Beloved brother I'm so pleased to see you. Thank you for making decision to come. Many lifetimes we have spoken and it is in great joy that I greet you in this manner. Would you have a question this evening? It is not necessary but if you do, this is the opportunity.

I don't.

Very good. We will speak in the heart as we have done often.

Beloved one, holy Child of our Father in more ways than one, how are you?

In joy.

You are indeed in joy. Most beautiful in this evening. There is a radiance of joy about you. Even though you would feel some of the worldly activities are a bit in flux.

That's for sure.

What would you ask in this evening?

I'm not sure I have a question.

Very good. Now that is not said in judgment.

I'm in joy. I'm enjoying the eagles coming back.

Yes, you have called them.

Yeah, and many, many. They are beautiful and I'm looking forward to being able to hear and receive the messages clearly from the mothership which now comes in as a screech in my ear.

Yes, indeed. Yes, but as you would desire to tone that down a bit, know that you can. Within the mind of consciousness see yourself turning the dial of the volume down a bit and mellowing it out. You can do that. For indeed you have asked for it to be here as a signal but it does not mean that you must blast the self.

Right.

You may play with it.

I will.

Beautiful one, I am pleased to see you again. How is the heart beloved one? And I do not speak here of the physical heart.

The heart is alive and well and desires of being of service and wondering where the opportunity is going to be? Well it is not afar off. Already you have set the ground-work in process. There are ones who are calling out for you and there will be the connection that will be made. It will not be long. You are beautiful.

Thank you for willing to be of service in extending the love in this way, for there are many who desire what you have to give. They are calling out now in distress, in anguish and you will be connected with them. You may find yourself doing what is called the, well it is not immediate payment, I suppose you call it the volunteer where you go and visit and you sit with ones because your heart is overflowing with love.

Later on there will be the golden coins. Thank you.

Joyful one, who knows no separation. How are you in this evening?

Hanging in there.

Yes, and perhaps doing more than just hanging in there. There is a bit of dance in your soul whether or not you would actually see that in activity in the world, the soul is dancing. Would you have a question for this evening?

No.

It is not necessary. You are the radiance of the Father and more and more the brothers and sisters are beholding it. For again you are one that they have known to have come through challenges to have had the questions, to have done the searching and yet you are one who has had the steadfast faith that has said, "I know that there is more to this than what meets the physical eye."

Yes. I'm hanging in there.

Indeed. It is a beautiful gift that you give to yourself and to others. Know that always I am with you and if there be times that you feel that your strength is no quite what you would like it to be, call upon mine for always it is yours.

There is no separation.

There is no separation. This one has learned well.

Beloved angel, how are you this evening?

Thank you.

You are beautiful. Would you have a question?

I have two.

Ah, an abundance, yes.

A simple question. I want to know if one of your previous incarnations was the righteous teacher at Qumran that wrote those beautiful songs?

Yes, it was not truly an incarnation as you would see taking on the body, but the inspiration yes, was a shared inspiration. Yes.

The second question I have is about this beautiful experience I had with the globes of light. The one large one I had assumed was Bub, but I don't know who the other four or five were. Could you clarify?

Yes, this will be revealed to you in your own knowing in time. But you discerned well.

But I don't want to....

Now. It's this belief in process. The beloved mate, one who has been mate to you many, many times yes, has appeared to you and is always with you. The other ones are also ones that you have shared much joy of many lifetimes. Ones who have been within the family as you know a biological family, but more than that, they are ones of the family of the heart.

You would call them even now guides and masters and yet they are not above you. They are very much in love with you and they come to greet you and to remind you of the Light that you are. You will see them often.

Beautiful one, I am pleased to see you in this evening. Look at the beauty this one exhibits. Radiance upon the fingertips and the eyes. How are you in this evening?

Fine.

You are indeed fine. You have had expanded vision in this day have you not?

Yes.

Yes, has made for an adjustment in perception from time to time.

Yeah.

It has felt like you were walking in a new world for not everything appeared the same as it had a few hours previous. You brought that so that you could have a new perspective for a moment or so, a temporary one. Would you have a question in this evening?

It's hard to put them out there, but I have lots of questions. Most of them have to do with the expansion of consciousness. It reminds me of what you've talked about.

Strange how that happens.

But it's there.

Very much so.

I was just wondering what it is all leading up to?

It is leading up to what we spoke of this evening, the remembrance of the one Self that you are, the holy Child in expression not only in this dimension, but in what you would know and define as other dimensions. For indeed you are beautiful.

And then what?

And then what? Then you remember the Isness that does not need definition and does not even need expression. But for the time it is fun to play with expression. It is fun to play with manifesting different forms. It is fun to play with communication with other expressions of Self, and beyond that, there is the Isness that is beyond time and beyond form and beyond even what you would call expression. The Love of the Father. So be it.

Beautiful one, how are you in this evening?

Fine.

You are indeed fine.

Enjoying the whole thing.

And that is how you have decreed to be, yes. More and more now you are saying, "I am done with all of the questions and done with all of the conflicts. If others want their drama, so be it."

Well I don't want any conflict or drama.

You've had that.

Bag that.

Indeed, we will bag it and put it away, far away.

I do have a question. You talk about space brothers and so forth, and obviously they've spent so much time here, I don't know how to say it, in the past there are the cave drawings and things like that, well how come they went away and now they are coming back? Or did they?

You have answered your own question.

Yeah. Well, why me? You are telling then that some people could see them aeons ago and draw pictures of them, they've been here all the time and mankind as a whole the cells, didn't see them?

Yes.

Now, the cells are able to see them? Is that what you are saying?

Yes, there has been by design a very specific focusing upon aspects of experience and expression that excluded the space brothers, that excluded the awareness. It does not mean that they weren't here for indeed always they are here with you as you.

Never left.

Never left. It is very much the same as you would look upon the hand and you would see one finger and you would really focus upon this finger and this fingernail and you would really want to know not only the nail but you would want to know this little half-moon part of nail. Does that mean that all the other fingers do not exist? No, they are still there but you have done what you would see as a very specific focus. And so they just wait. It is the same with the space brothers.

Well now, like some people. Well I for fifty years, I couldn't see a space ship, now I don't believe I miss a one.

Indeed, this is true. It has come back within your awareness because you have asked for it to be there. You have finished with the very specific focus of who you have thought yourself to be and you are now the child, very much the child who would sit in the sandbox and would play with whatever is right here in front. Very much attentive to that and now you are looking around and you are saying, "What else is there in the sandbox that I can play with? And what is beyond the sandbox?" And you have lifted up your vision and you say, "There is the play-set of the swing set. There is a tree I can climb. There is a squirrel that I can watch, that I can run after and follow." And you are allowing the awareness now of what has always been around you.

You are allowing the expanded awareness. For you are the holy Child in expression. You are very much the Child in expression and now you are saying, "I want to know what is beyond just what is right here in front of me and just what is in what I thought the boundaries of what was possible."

I've seen things in my house.

Yes.

Whoa. This is quite an admission. It's there and then it isn't. I don't really get a good look at it but boy there is a bunch of them popping around.

Yes.

Yeah?

Yes. This is true.

I thought so. It sure makes me jump.

There energy of light forms very much in your presence, very much in your company, in your home in every room.

Well how do I get them to stand still just long enough so I can really get a look at them?

You will allow yourself to abide in the peace of the heart. Take the deep breath....

I'm usually peaceful.

Yes, but it may require a bit of depth of peace that is extended then in welcome for indeed the energy that you are, right now there is a certain invitation of curiosity. Much as you would ask for a specimen, a butterfly or something to come and you would want to examine it. Now that one known as the butterfly is not quite sure whether you are going to examine it....

What I want to do with it, maybe I'll pin it up.

Exactly, or you would want to examine the wing in such a way that perhaps it would no longer be functional after you got done with it.

I don't feel I do that though. I feel really pleased when I see it.

Then how does the butterfly feel?

There is still a welcome, there is a degree of love, a degree of peace. There is still a certain level of the curiosity of the novelty, perhaps that is a better word.

Yeah, I hear that.

That is there. As you allow yourself and this is not in a judgment, something that has to be done in a certain time table, but just as you abide with the idea of, "Yes, boy I'm glad you are there," you will extend the peace of your being to a place where it permeates all of the room.

There is much of peace that you are right now, but there will be another level of all knowing peace. Also the invitation of the welcome, and it will happen.

Thank you much.

You will have fun with it.

Beloved one, I am pleased to see you again.

Thank you.

There is such a peace about you. You would find many of the activities very energizing, taking a lot of energy and yet there is a deep peace that abides within you as you. You know this. Sometimes you touch it in meditation. Even though there are the activities that must be attended to and all of the questions, you find that there is the abiding peace of the Father that you have known. What would you ask in this evening?

I would just ask for more blessings.

They are yours. So be it. For indeed you will behold more and more blessings even in the confusion and questions of the world. Already you have begun to see that and that itself is a blessing.

The brothers and sisters behold the peace that you are. It is a great gift that you give them and I honor you for that.

Beloved one, it is a pleasure to see you in this form and speak with you this way. What would you ask in this evening?

Nothing. I'm a listener tonight. We talk.

We do. Often, yes we do. There is much that you are having courage to complete in what you see this lifetime to be. There have been many what you would call challenges that the other brothers and sisters would identify as challenges. You are doing very well with them. Allow the love of the Father to be showered upon yourself.

Yeah. It's welcome.

Yes, indeed. It is who you are and you deserve every drop of that shower.

Thank you.

So be it.

I think I have no questions this evening.

Beloved one, I will extend my love to you.

Very well. Thank you very much.

Thank you.

Beloved one, how are you in this evening?

Great.

You are indeed great. What would you ask?

To be of service...???

Yes, for indeed that is the sincere desire of your heart. You have asked to be of service to the Father, to be an instrument of His peace and to extend His love and His wisdom even in this dimension. You have asked to know that peace and that wisdom and indeed as you extend it, you do know it. It is a blessing that you give to yourself and to the brothers and sisters.

Know that in the days to come you will find more and more clarity of guidance, for indeed the heart is pure and the love that you desire to share with others will increase and grow freely. Thank you.

Beloved brother, again I greet you. How are you in this evening?

Good.

You are indeed perfect.

Yes.

What would you ask in this evening?

I find many ways for my rituals that allow me to accept things that are hard for me to understand. I also find that when I do things, that there is parts of my body that tend to get afraid, even my head and my heart aren't there. Do you have a way that I can go ahead and release that?

Yes. First of all, honor yourself for the courage. We spoke of this earlier. That is why we spoke of this earlier, to honor yourself for the courage of knowing now the fear for there have been lifetimes when you carried that as a heavy weight upon the back and would not even look at it, would not even contemplate that it could be. When a feeling of fear comes up in any part of the body, honor that fear and give it thanks for allowing you to know the message in that moment.

Then breathe. Breathe all of the Father's Love into that part of the body that is calling out in constriction and in fear. Breathe until you literally, not only figuratively, literally see the Light for indeed that will happen. Extend to any part of the body that is giving you the message of fear, your great love for indeed you are beyond the body. You are more than any part of the body, you are more than the body as a whole. You are the love that gives the body life.

Therefore, extend to that part of the body that would be calling out to you, extend the love, overwhelming love to that part of the body. See it as you would see a small child and cradle it in your arms. If it is possible to put the arms around that part,

do it and hold it as you would the small child and extend love. Croon to it. Speak words of love, tones of love and breathe most of all, love into that part. Keep breathing until the fear is released, the light is seen.

Beloved daughter, how are you in this evening?

I'm joyful.

You are joyful. You are the radiance more than you know. There is a radiance about the eyes, there is a radiance about the face, there is a radiance known as the halo and yet you are more than that. What would you ask in this evening?

I don't have a question tonight.

It is not necessary.

I have questions but it is not one for tonight.

There are questions that you already know to answers to and in time they will all come up and be revealed. Therefore, you may sit in great peace and say, "I do not need to know it now. Okay."

Great.

Beloved brother, the joy of my heart, how are you in this evening?

Joyful.

Yes, it is the keyword of this evening is it not?

Yes it is.

What would you ask in this evening?

Well as you know I'm going to Mount Shasta soon to become an emissary.

Yes, already you are this.

Yes, I'm learning that. I've already been and I'm remembering. So there are dramas that I am releasing and my only question is if you can add any other form of enlightenment to any constriction or any thing that will help me to continue to open myself?

It is the same as we expressed to the beloved brother, to remember the breath, the holiness of the breath. For indeed it is the breath that sustains the physical body, but it is more than that for it allows the energy of who you are to be consciously known.

You are doing very well in releasing what you would see as old baggage. Much of the old baggage and feeling much more enlightened yourself. It is something that you

will know more and more in the days to come for you have said, "I am no longer limited to an image that I've known myself to be, to a location where I thought my home to be, even a work that I have felt myself identified with. I am not limited to any of those definitions. I am free to go to be in service anywhere my Spirit sends me." Thank you.

Beloved Songbird, is there a song in your heart this evening? How is the heart? Very good. It is feeling more at ease? And I speak here of the physical. And the heart that you are that does things, you are connecting with that more and more? What would you ask in this evening?

I guess I don't really have a question. I was running around and going through a lot of stuff lately. I had questions during the week and as soon as I get here....

And they fly out the window.

Yes, and in a couple of days again, I'm wondering why I didn't ask this or that? Right now I don't have anything.

Yes, for you touch the place of peace that is your true nature. You have already discerned that the answers will come as you need them. You have already discerned that there is much of activity in the world that allows the body to feel constriction and to send you message that will say, "Hey, attend to what you are doing with me." For indeed, there has been constriction and it is form. The body would be in balance.

Therefore it will cry out to you from time to time, "Hey, remember me? We're a partnership here." And then you have stopped and you have allowed the breath and you have returned again to the place of the peace of the heart.

Now is the time to allow your ministry to come into full bloom. You are already asking how. For there are many ideas that you have, ways of service. But I would suggest unto you that you pick one or two of them that allow the heart to feel joy, openness, expansion, and to know that there will be other avocations for indeed you are one who has often been the renaissance person who has many interests, many talents, many abilities. So it will not be that you will just focus on one or two. You will have many avocations.

But there is a vocation that is calling to you and it is time to bring that into clarity and to allow your ministry to be begun.

Okay.

Know that you have chosen this even before you would see the identification with this body. It is something you have agreed that you want to do. Not that you have to do it, for indeed you have done everything, but you have chosen to allow the heart to expand in joy, in the simplicity of joy and to know oneness in that manner. And therefore, as you allow yourself to do that you offer all of the brothers and sisters all of cre-

ation, all of the life-forms that we have spoken of this evening, opportunity to know and to claim that for themselves, for indeed nothing is ever done in isolation.

Contemplate deeply what allows your heart to open and set aside all impediments of the world that would speak to you as being impediments. For indeed, you are young of body. You are young of mind. You have everything that you need as far as tools to work with. Set about now allowing the desire of your heart to be made manifest in a path of service that serves you as well as all of mankind.

Then the constriction of the heart will no longer be known. You will be so expanded in love, in the simplicity of love which is your true nature, that you will feel yourself at one with all of creation. The heart's desire is it not?

Uh huh.

Yes. It is time.

Beloved gentle one, who brings peace and joy wherever she goes, how are you this evening?

I'm happy you said that, thank you.

You are most welcome.

Okay. I would like to presume to say hello to you from my friend Garth.

Yes, speak unto my beloved brother that he has set for himself a grand drama has he not? And yet he has brought for his own clarification the events of the past few days so that he can know the wholeness of his own power. He is desiring to know all of who he is. He is one who pushes out the boundaries of what others have said reality is.

He is one even now who plays with pushing out the boundaries of what time, of process has to be and proving to himself and to others that time is most relative and that you are the maker of time, that you are the maker of the process even of healing as it is known.

Speak to this one that I love him greatly. If I were to acknowledge a human emotion, I would say that I am proud of him.

That's wonderful.

And what would you ask for yourself beloved one?

I have a handicap that I would like to outgrow. I get my feelings hurt and I go into overload and I can't help myself or anybody else.

You have discerned well, but indeed it is a constriction that keeps the love of the Father from being extended to yourself and to others. It puts you in a place of a holding place, does it not? A place of judgment.

Indeed when the feelings are hurt, it comes from a place of judgment. It comes from the place of expectations which are based upon judgment. Judgment of what you have thought the other one would do, should do, and a place of judgment of what you have hoped would be extended to you.

Allow yourself to know that this is old baggage that you are already releasing by the desire and the verbalization of that desire. For indeed even by the verbalization of that desire you have set the releasement in process.

The next time something comes up that the ego would say, "Oh, how do you feel about that?" And there would be the feeling of hurt, allow yourself to sit and to ask, "How would the Father, how does the Father see this? Does He see me any the less for whatever I perceive the other one to have done or said or thought about me? Does He see the other one any less because of what I discern, that there is a lack of what they have done or said or thought?" No.

When you come from the place of the vision of the Father you will see that it is just all part of the ballet, the dance.

I don't know how to find that place when my feelings get hurt.

Initially when you have those feelings of hurt, it is the small child, not the holy Child for that child does not know her wholeness, it is the small child that is hurting and is calling out from limited perception. Take that child in your arms, literally put the arms around self, and in the mind hold that child, that beautiful child that you are in the cradle of your arms and love that child as you would one who had fallen and scrapped the knee and say, "Here, whatever can make it better." Put the cosmic bandaid on the hurt. Kiss it and make it better. Give it the love for indeed when there are the hurt feelings it is love that is being called out for.

So love yourself. Love that child of yourself that does not in that moment know all of the holiness that she is. Love that child into holiness.

And that's my job, not the other person's job?

Right, for as you have discerned, the other person goes blithely on their way not knowing that they have done anything that you perceive to be hurtful. It is not their job to make it aright for you. It is your responsibility to extend love to yourself, that child of you until she knows that she is holy and loved of the Father.

You will find that this process, at first it will seem a bit difficult, rapidly it will change and easy to do.

Okay. Thank you.

I will join you in that.

Beloved one who is the traveler upon the plane, how are you in this evening?

Good.

You are indeed good. There is much of the activity of the world. There is a bit of tiredness of the body. There is the tiredness about the mind and the soul cries out for peace and rest does it not?

Yep.

Honor the soul. In other words, all the rest of it can wait until tomorrow. Allow the peace of the soul. You are my beloved companion. What would you ask in this evening?

Well, my life is very full right now.

Yes, full to overflowing.

Yes. And I guess my home life is interesting. My professional life is interesting. I feel, but I don't know if this my ego speaking or what, but I just feel right now that I don't fit in much of what is available for professional work right now. I really don't want to do much of what is available to the point where I don't even want to do my profession if I have to do what's available.

Yes.

And there is a lot of sadness about that.

Yes, but that as you have discerned is a limited perception is it not?

Uh huh.

Yes. You are one who has often been a trailblazer, you have one who has been as the shooting star, the one who has gone ahead of all of the brothers and sisters for you have had a vision. It is true in this lifetime as well. You are a trailblazer, you are putting together a new profession, a new calling for indeed you feel that deep within your heart, a calling to serve the brothers and sisters in a way that allows them to remember their wholeness, not only healing of the body for indeed that follows, but the wholeness of the soul.

Therefore the rigidity of method as the profession has been established, goes against the grain of you and of the vision. But what you have done in the past are as the tools in the tool kit. They are not for naught. They serve you and the brothers and sisters well. But you are looking for a new way of integrating all of the tools that you know and using them from the one great Mind and the one Heart. Not just the small mind that says, "This is what I have learned out of the textbook, and this is the way it has to be. But I will integrate and use everything that I know even if I can't identify where I know it from. I will bring all of it into play for the service of the one that I am with."

You will be establishing your own profession. You will be establishing your own way of healing. It will be under the umbrella, because the umbrella serves you well, but what you do it will be under the umbrella of the profession that you have studied with. But what you do is going to be a new integration. Already you have begun this. Already you have seen, what they call, the proof of the pudding. Already you have seen

the healings because you have allowed yourself to come from the place of holiness and to trust that holiness and to say to the other one both in words and in action, "I know the holiness of you. I know that you do not have to live in sorrow, in pain, in disease," therefore, you have offered to them new vision.

You will be establishing your own profession, your own office, your own location that you will do some work there and you will work out of that location. In time you will teach others. Down the road, we have spoken of this before. You will teach others for they will be ready to hear.

As to the home life beloved one, you have surrounded yourself with much of chaos because you have said, "I am strong and I can bear it." And indeed you can. "I can bear this because I am a presence of peace amidst all of the confusion," and that you are. However it does not mean that you have to abide there forever. If you desire peace for yourself, find a place that is peaceful for yourself for you deserve it. And I will share with you that it will be necessary for the work that you will be doing.

Set about nurturing the soul. You have proven to yourself and to others that you can go with the flow, that you can ride the rapids. You know you can do that. Now, find yourself a quiet pool and contemplate the depth of peace.

What we are talking about is getting a bigger place? Is that what you are talking about or completely different?

A place of peace for you, of your own. A sanctuary. It does not mean that you have to have a large number of rooms, but a space that is a haven, a heaven, a sanctuary for you where you are surrounded by the peace that you are. It is necessary.

Yeah, I'm finding that out.

Yes. You are very strong. You have proved that. Now it is time to listen to the soul and to find the peace in the outward expressions. In other words, the peace that you feel around you and the peace that is within the soul. It is time.

You have done what you would see as the tests. You have passed them.

Jeshua, could I ask you one more question?

Yes.

It has nothing to do with, I don't think it has anything to do with what we've talked about tonight, but I have a young cat who is about eight months old.

Oh, yes, a delight.

A delight, but also very exasperating. Can you visualize him for me?

Yes.

Now, why does he scratch me and why does he bite me?

It's a kitty hickey.

Yes, and that is the answer. It is his way of being in communication with you. It is his language. Now it is not a language that you appreciate.

It hurts.

Yes, it hurts and it leaves marks on you. But he does not understand that. It is his way, his language as he knows of the growing up as a kitten, to play that way with ones that he would love. In other words, if he were in a family of the litter as it is known, he would be playing with his litter mates in a way that would be rough and tumble, bite and scratch.

Right.

And he does not know that you, do not have quite the same amount of fur, but he does not know that you are not a litter mate and he is expressing to you his love.

Now what you will need to communicate with this one is that it is not a language that you desire to speak.

But I don't want to hit him.

No.

And a lot of people tell me I should be smacking him every time he does it.

No. You will speak to this one with a visualization of the mind. When it happens you will allow that one to know that you do not appreciate it. You will see in your mind's eye, you know where you have a sign where something is prohibited and you have a line through it? You will hold a visualization to him of his food dish and it will disappear. That will speak to him of, "Oh, oh."

Now I look at him and I visualize that?

As it is happening, for you can do several channels at the same time in the mind. As it is happening you hold the visualization of his food dish in your mind and all of a sudden you make it disappear. And you say to this one, "I don't like this." You will also speak to this one in a tone of voice, a vibration which is a tone he can hear, "No!" and you will say it with force more than what I have just said so that he understands, "Whoops, I better pay attention. There is vibration of energy here."

He does get that sometimes.

Yes. This one wants to please you. This one wants to play. This one is extending to you his love, but it is not in a way that you wish to receive it. Therefore, speak with this one in your mind to him and also with the tone of vibration. Now he will not understand the words that you speak, but he will get the drift of the energy.

Right.

And he will know that he needs to pay attention, and when you send the message to him that the food bowl is gone, that will get his attention.

I was beginning to wonder if our vibrations just weren't meshing, but this is just part of his....

It is a communication.

Okay. Thank you so much.

That vibration of love is very much there. It is the way that it is being expressed that needs to be altered a bit.

Thank you.

A delight.

It has been my grand joy to come and converse with you in this manner. To be able to behold with the physical eyes, your radiance. To see the smile of the eyes, the smile on the face, to behold the beauty of the hair, the gentleness.

If ever you wonder about your own gentleness all you have to do is feel the hair. It speaks to you of the softness of the gentleness of the miracle of life in expression. All of you do it in different ways. Most beautiful, everyone.

Some of the strands of hair are very fine. Some of the strands of hair are more of substance. Each one unique. Each one beautiful. Each one with a halo of his own making.

It has been my grand joy to converse about the topic of the evening which has pervaded even the questions in this part of the evening. Your expression of life-form in this dimension and all other dimensions, for indeed you are not limited. Whatever you decree manifests and as you decree for peace and order and harmony and holiness, it will come forth. Beautiful you are.

So be it.