

## A Time of Harvest

1995-11-10

Beloved and holy and only Child of our Heavenly Father, Child of the one Source, Child of Light divine, I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen to call me forth.

Beloved Elder, I see we are once again the beloved pet. Back on the leash. Well, so be it.

### The great joy of technology.

Great joy of technology for I have heard your conversations, what is coming, what is transpiring, the technology that is accelerating and bringing everything right within. You are accelerating all of the pieces of what you know as the computer, to be online with everyone else instantly. Even in what you would see as a great geographical distance and you do a few keys on the whatever and there you are seeing their message on your screen right in front of you, which is actually right within you and you are connected, you are one.

Do you see what you are doing with your technology? You are allowing it to prove to you the oneness that you are. You are even asking it to come and accelerate the process of remembrance for you.

A special evening of remembrance. I have invited you to be with me this evening for a special purpose. A purpose of celebration. For indeed as you came with your -- I believe the word is know as munchies. You are already picking up what I desire to do in this evening. I desire to celebrate, to have a party to celebrate the harvest. And we will get around to that in time.

I thank you for coming out in what you would see as an evening of the inclement weather and yet it is a great cleansing, a great freedom. For as you would stand and allow the gentle rain or the more powerful rain to touch the embodiment it is most energizing, most freeing.

For indeed this is what you do in your morning is it not? Well, perhaps for some in the afternoon. You stand in your shower and you allow the water to come and to cleanse, to renew, revitalize and re-energize the energy that you are. So why would it be strange when ones want to go about with a covering to protect themselves from what is called the rain?

Are you protecting the body or are you protecting the raiment? and if you protect the raiment well what does it matter, it dries anyway does it not? If you want to protect the raiment perhaps you should take it off. Yes, I know, society would have a few words to say about that.

But an evening of celebration, an evening of great joy. For indeed it is a time of harvest. It is a time when you see the fields ripening, what has been planted in what you know as your springtime has come forth, has grown, blossomed and ripened into the fruit and now is a time of harvest. For indeed you have seen even what you call the pumpkins, the orange pumpkins in the field and they have been harvested. The wheat,

the corn, the apples, the grapes have been harvested. It is a great time of harvest. And it is a time of harvest beyond what you would see as the physical. This is an age, a time of harvest.

It is a time of enlightenment, yes. It is a new age, as it has been called, but it is more than that, a time of harvest. A time when you are reaping -- all of you -- reaping what you have sown. The brothers and sisters who are still with the focus upon the worldly affairs are reaping the effects of that focus.

They are doing what we have talked of earlier of completion, completion of focus. What they have desired to know in fullness and to say, "Now I am done with that aspect of experience. I know it intimately from the inside out and the outside in." And they are reaping the harvest of completion.

Those of you who have been on a path of knowing the expanded Self, the one Self, and knowing beyond just the point of focus that has said, "I am identified with a body and a personality and with the affairs that have to be done in each day." Those of you are reaping also the harvest of what you have sown and what you have attended, what you have nurtured, what you have watered and allowed the warmth of the sun of your consciousness to beam forth and to grow and to ripen.

This is a time of harvest for you are calling in now, in your consciousness the fruits of what you have been focusing upon. If there are aspects within the storage place where you are now gathering all of the fruits, the harvest and if there are aspects of that harvest that do not seem quite satisfying there is still time to focus and to grow a new crop. For indeed, what is time? In an instant you can grow a new crop and you can harvest what you desire to see in your experience.

Much of what you are now bringing into your conscious awareness of the harvest comes forth out of what you would call a process of many lifetimes. For you have been the ones with a mystical bent. You are ones that have been interested in the heavens. You have been interested in the parts; how the stars, how the heavenly bodies fit together and the order thereof in order to know the whole.

You are ones who have studied the heavens. You have studied the planets in their journeys, and you have looked at all of the seeming pieces and their relationship to each other in order to know the whole, the oneness of the whole to bring you to the place of acknowledging the wholeness of the holy Child.

You have often been the ones who were the seers, the ones who would bring forth the prophecy that there is something beyond just what is seen right now. You have often been the ones who have been called upon by the royal courts to interpret the dreams of royalty, of the leaders, and you have come some times in fear and trepidation and you have said, "I hope this is good enough because if it does not please, perhaps there will be motivation for laying down the body."

Welcome, good to see you in this form again.

**It's great. I'm great.**

We are speaking of the harvest and the time of harvest for indeed that is the season now, of harvest. But more than that, it is a time of harvest, of bringing forth in the realization now, conscious awareness, of what you have sown, what you have nur-

tured, what you have grown to a full ripen stage and are now bringing in into the barn, into your barn of consciousness to take stock of, "What have I been growing? What do I now find to harvest?" And we have been speaking of how this has been a process in this lifetime yes, but also has begun in many, many other lifetimes as you measure lifetimes to be, ancient times. Where you have been the philosophers, who have been the seers, the ones who have been able to tune in, to ask, to dream, to see beyond just the small point of reality.

You have often been the ones who taught in song, in jest, for there is much that you can teach as the jester, as the clown. Much between the lines that when ones are not being so serious and taking themselves so heavily they can allow themselves to connect with the Light that they are. There is much of wisdom that comes forth in a moment of lightness, a moment of humor.

I would ask of you in this evening to take stock, to think, what in your consciousness now have you been harvesting? In this day? When you think back over the hours of this day what have you been harvesting? Have there been times of much activity? Some conflict? Some constriction? Sometime of not the heavy worry but the concern of how you will do everything in the time allotted?

Mañana. Have there been times in this day that you have connected with the peace of the heart? That you have gifted yourself a moment of the deep breath and the peace of the heart? When you have said to yourself, "Okay, that will take care of itself. I will breathe. I will know for a moment the deep peace of my soul." Have there been times in this day that you have connected with joy? With a bit of the humor that has allowed you to go forth with a lightness and to say, "Yes, life is worth living." And if you have not felt that yet in this day, there is still time.

I would ask of you to be very vigilant right now and to think. Not only of this day of what you have harvested in this day, but what you are harvesting in this lifetime. So far, as you see a lifetime to be. To be quite honest with yourself, not in judgment, but just honest as you would write it down and take stock as a researcher would say, "Well this is what I have been harvesting so far," and do not judge it.

For then I would ask you to look upon what you have written down as the harvest and to look upon even what you would put as being perhaps on the heavy side of the ledger and to look with new eyes upon what that harvest has brought you. For even in times of chaos, even in times of the doubt and the sorrow, even in times of, "What am I going to do? How am I going to see this relationship through? Why did he say that to me? Why did she say that to me? What did they mean by that?"

You have brought for yourself a great harvest for you can then look and see what image you have been holding of yourself in that moment and what image you have been holding of that other one or of the world. It is as a report card. That is all it is and it is not in judgment. It is as a progress report. You have those from time to time in your places of employment where you do the, you have the evaluation forms, progress. Interesting term. What are you progressing towards? It is what you have always been, the remembrance of that I suppose, yes. The perfection.

The harvest as you would look on it first without the judgment, is quite neutral. It is there as information for you. Then to take it and to look at what it has given to you in the wisdom that you now have as conscious realization. And you will see that

many of the times that you felt were the harvest times, have been times of great growth and great opportunity and much has come out of those times.

It has been very much as the cork that is all of a sudden exploded out of the bottle because the pressure has built up. You in your grand wisdom, have been shaking the bottle until finally the cork goes "pow". And you have been the one who has been doing the shake up although you would first point out there. Someone else is shaking, doing the shake up. But you are the ones in your grand wisdom who have said, "I will have change. I will know who I am and I will shake up everything. I will move, over and over and over, I will move because I am on a progress march, a progression."

We have spoken often of the belief in process and the belief in progress that sees motion and measures the unfoldment of the remembrance of the holy Child in a linear fashion. It is a belief that is held in this point of focus. It is not a belief that is held in all dimensions or even by all cultures, societies that are occupying the space of our Holy Mother, the Earth even in what you call the now time. But it is a belief that is agreed upon in this point of focus, that there will be linear understanding and it will be called process. It will be called time. It will be called progress, or unfoldment.

And yet the awakening requires no process, no progress. It happens in every moment when you allow yourself to feel at peace and at one with the joy that you are. And for many of you, you are experiencing more and more of that moment and the expansion of that moment in every day.

That is the celebration of the harvest. When you can allow yourself to abide in silence, for a moment or so, allow the mind quiet and to abide in the place of the heart, in that place of peace that passes the understanding of the world. That allows you to connect once again with the Allness that you are that goes beyond anything that the world would dictate.

You experience those times in your meditations, yes, and you experience those times more and more even in the midst of the daily activities, for you know that space. It is Home and you return Home, from time to time you check in. And then you go out to complete. No judgment. You go out to complete whatever needs to be completed and then you check in again.

You go out to take stock of the harvest, and then you bring it back to Home and you call it good for indeed, it is good. Not even in the polarity of good and not good, but it is good because it is. Not because it has an opposite, but because it is. Is, is good.

Language is of duality. Language is of the mind. When the mind gets very busy you will see duality. You will see much of the options, alternatives, and the mind will say, "Choose. You must choose. There is pressure." But the heart knows peace. The heart knows the celebration of harvest for it knows that no matter how the mind would look upon what is being harvested, it is good. That is why it is a celebration.

Look upon everything that you harvest and call it good. It will bring you quickly to the place of the heart, quickly to the place of remembrance, quickly to the place of enlightenment and the atonement, the at-one-ment, for you will know yourself to be one with the Isness of you that goes beyond all of time, all of the adventure, all of the world.

Whenever the questions come, identify them, yes, and ask, "What voice is speaking with this question?" Do not judge the question of, "Oh my goodness, here I go again." Do not judge yourself for having questions. They are as a great jewel. Take the questions to the place of the heart, to the place of peace and abide with it for however long it takes until you know peace with it. Until you can breathe your peace into it.

There is no pressure of the world that can take from you your peace. And if there is a decision that must be made, even if it seems to have a deadline with it. Well chosen term. Even if it seems to have a deadline you are the master who has brought forth the circumstance. You are the master who contains within you the All, because you are All. You are the All that contains the answer to whatever needs to be discerned and you are the master who is decreeing what time is.

Therefore, you can stand in the midst of all chaos, all activity, on one of your busy street corners if need be, and abide in the heart for as long as it takes until you come to that place of peace that allows you the wisdom and then to come from that place in the guidance of the One that you are.

What happens so often for you is that you do not pause in the moment, the first moment when the question is posed to you or the experience comes knocking. You do not pause in the first moment to know that it is a choice, that you have choice. Because of the very close identification with form, with the body, there has come a belief that there is a necessity for instant reaction.

You have proved to yourself throughout what you would see as many lifetimes, that the safety and preservation of the body depended on your quick reaction to escape a threat. And you have come to value an instantaneous reaction.

Out of that has come a habit that says that every question must be perceived as a threat, must be dealt with quickly. But that belief as you can now see, is being questioned. Allow yourself to pause even before you speak, to another one, to breathe in the inspiration of the wisdom that you are before you would speak to another one.

Allow yourself to breathe in the inspiration of wisdom that you are even before you speak to yourself. Know you the mind chatter that goes on? There is much of that that goes on. If you will pause in between the sentences of the mind chatter and ask of yourself, "Where is this voice coming from? Is it coming from the world and the belief of the world? Or is it coming from my Father and from eternity that is beyond time? Is it coming from the place of Love?"

If you will allow yourself a moment to ask, "Where does that voice that is so busy within the mind, where does it come from?" You will allow yourself that moment of inspiration to ascertain the harvest. Not to judge, but to ascertain and then to give yourself the place of peace, to choose whether you will continue the conversation and there is nothing wrong with the conversation, or whether you will choose for peace for a moment or so.

You have done this with your technologies, with what is called the wireless.

### **The radio?**

The radio, and with your square box known as the far vision. There are times when you have it on as great companionship and it speaks and it speaks and it speaks to

you, and there comes a moment when you say, "Peace, be still," and you do the remote clicking and you turn it off for awhile. Because you desire to have peace. You desire to have a connection with the oneness that it allows in that moment of peace. It allows you to take stock of the harvest of what has just gone before.

You are in a season now, as we have spoken of the harvest, and grand it is as you see the fruits of the field of our Holy Mother, the Earth. Beautiful and bountiful because you are bountiful. There is no scarcity of what the field provide for you, and there is no scarcity of what you harvest in the fruits of the field and in the fruits of what you have within the consciousness.

But this is also a season of changing light, season it is called. It is a time when your seasons change, and again, this comes to you with levels of meaning. It is a time when you see less of the angel of sun, as far as the hours of the daylight. It is a time when you must focus and bring forth more of your own inner light. Either what you would see as the technology of the lighting, various kinds of lamps that you are. Various kinds of the miracles of lighting through the technology. But it is also a time when you have opportunity to call forth into your awareness the Light within, your own Light.

I would ask of you to do a small research project in what you would see as the next two evenings of your timing. To allow yourself when it has gotten dark outside, to take yourself into a darkened room and to sit in the room alone or with another one if you desire companionship, and to focus upon the light of the heart. To allow the eyes first in that room to be closed and to focus within on the Light that is within. And to know it to radiate out from you as you for indeed always, this is what you are doing. It is the Light that you are that activates the form, the body. But there has been much focus upon the body to the temporary forgetting of the Spirit of Light that activates the form.

So allow yourself to sit in the darkened room with the eyes closed at first and to focus inward on the Light that you are until it feels so light even behind what you would see as the eyelids, that you feel a compulsion to open the eyelids and to look around with the physical eyes.

Allow yourself to abide in great peace as you do this. Remembering to breathe a steady breath, a connected breath. The circular breath that is not forced, but as you inhale and exhale and inhale and exhale as you would see the circle in your own rhythm. Not one that is forced. Not one that has to be concentrated upon except as you would see it in the beginning for you would give a conscious directive to it. But after that it will function on its own.

To breathe easily and to abide in the peace that you are and to look around the room. You will behold light in the room. A light that will surprise you. It is your own Light. You beloved one, can light a room with the Light that you are. There is a remembrance deep within you that remembers the monasteries where you lit up the corridors and the room with no means as you do now with the technology, but you lit it with your own Light, the consciousness of your Light. You can remember that. It is a great Truth.

It has been temporarily submerged. Not forgotten completely, because it is still there. But temporarily submerged because you were desiring to know experiences, other aspects and to know completion with other experiences. But it is not forgotten and it is a time now, when you can play with the holiness of that light and experience the Light that you are.

You will come forth from that room in a remembrance that the world cannot take from you. You will come forth from that room with a shift in the perception of the power of the holy Child. No longer will you fear the darkness.

{Comment not clear}

There is not. There is no darkness.

**But ... the perception of technology, means that our experiences outside of us rather than within us?**

The technology has been a great plaything. You have desired to know creativity and so you have created more and more of the technology. But in your grand wisdom of creativity, what you are bringing forth is allowing you to come full circle with it back to where you see that you are the maker, the creator of even what you would behold as being outside of yourself.

**Right.**

Even what you see as now the technology of light in this room, would not be here without your consciousness, without your belief of saying, "Yes, there is power in the technology." You are the ones who are bringing this forth right now.

It symbolizes for you the Light that you have temporarily forgotten and yet, because of the creativity that you believe in, well you say, "Somebody is most creative because they thought of a way to bring light." Because of that symbolism you are now coming full circle to the place where you know that you have created even what you see as being separate from you. But you will enjoy coming back Home again in the peace of the Light that you are and playing with the power of the Light.

In this season where you feel change, indeed there are many changes happening, it is a time of going within. It is an opportunity to go within. You see many of your four footed companions, the ones known as the ones living in the wild. More so than the ones you have invited into your experience in the home. But you see them going into a time of hibernation, it is called, a time of slowing down, a time of going within. Indeed, this is what they do. They put the body in what you would call as pilot light and they go within.

They experience, if you will receive it, other realms of expression. Yes. The huge mammoth bear that you would see in the cave who has gone into the hibernation is allowing the body to be in hibernation, to be slowed down in vibration. Kept alive, and that one is experiencing romping in fields in another dimension. It is not lost time. It is not what you would call dead time. There is not. There is not dead time and yet time if you are caught up into it, can mean the deadlines and the dead time.

You, yourselves have known how to allow the body to be on pilot light. You have put it into a safe place somewhere and you have gone to experience in other realms and you have come back in what would be linear passage of time as your brothers and sisters would measure time, and you have reactivated the body, re-energized it, and brought it out of the cave once again and gone on with the expression and experiences within this dimension. There is a remembrance within you of having done that.

**Is that what we do when we sleep every night?**

Yes, it is. You allow the body to be in repose. You allow it to slow down in its vibration and you travel, it has been called. It is not much of a journey but you do go to other dimensions, other experiences and expressions.

Sometimes you will remember where you have been. You will come back with a dream and you will say, "It was so real." Well yes. The dream, the nighttime dream is as real as the daytime dream. Were you really there? Yes, you were really there.

Other times you will travel to another dimension and experience and express and you will awaken and you will say, "I don't remember having been anywhere or done anything." Well you have, but there is no point of relevancy in this expression. In other words, it would not make sense to you in this belief focus. And so you do not bring it back except for sometimes a vague feeling of having been very busy, having been somewhere doing something, "But I can't remember what." And that is okay.

But yes, you allow the body to slow down its frequency of vibration, not quite to the place that would be measured in hibernation, but it is a slowing down. It cools off a bit which is why you put the coverlets upon the body. You allow the temperature to go down, and you experience other dimensions. You do this when you go into a deep meditation, of what you call meditation. You allow the body to slow down, to come to a place of being forgotten momentarily, and you go to experience a great beautiful pasture, a field, a field of dreams, a field of the flowers, a field of peace. You allow yourself to wander as the holy Child that you are within another aspect, another dimension of the Father's Kingdom.

**So what is the ... that we go to in our dreams that are full of conflict? What does that mean?**

It is the harvest, as we have spoken earlier, to allow yourself as you bring back into this point of relevancy a remembrance of the dream that is of conflict, to sit with it and ask of it and yourself, "What is the message that is in this?" Not in a place of judgment, but in a place of the adventure of it. And to give yourself what you would call the gold star for having escaped and come back to this reality.

**It maybe, I have considered that the more often that I am peaceful in this level of experience. When I sleep I seem to get more dreams of conflict and I'm sensing that when they are so vivid that I bring them back and then very, very real to me in the morning that is an opportunity to look at past experiences or imagined experiences, and see them for what they are.**

Yes.

**And to release the fear that is a part of them.**

When you are in the place of the peace in what you would see as this point of focus, then you are saying, "Okay, I can handle it. Allow me to experience something that has been stuffed within the consciousness, within the carpetbag, the satchel, the knapsack that is on the back, that you have carried with you but have not wanted to look at. And you are saying, "Yes, now I will look at it and I will look at it in a certain way that sees it not to be right here where I am in the midst of it and I have to react quickly to it. But I can see it at a bit of a distance as a beholder. Yes, I feel the emotion in the dream. Yes, when I awaken into this reality I still feel the emotions of the fear. But I am not right in the midst of it where I have to instantly do something about it. I

can allow myself to sit in peace and look at the harvest of that dream, to erase the fear, the attendant fear and to look at it for what it is."

It is an adventure, a great scene within the play of the adventure and to know that you have been the one, the actor, actress playing all of the parts in that drama, for indeed it comes out of you, and to be able to appreciate every nuance of that dream. For you have been the playwright of that dream as you are the playwright of this drama that is going on now.

So you gift yourself a great treasure in the dreams that you do acknowledge because you can work through, as it is called, much that you would not be able to work through or see as the beholder, if you felt it was in this point of focus right here, right now. You would say, "Well I have to deal with this immediately." There would be quite a motivation for some of the experience. There would be quite a motivation to deal with it quickly. And indeed you do. You deal with it quickly because you go pop and you are back here to this point of focus.

You are most powerful even in what you would see as this dream, this point of focus. You have the power to pop out of it instantly as you remember that you have the power to take the one deep breath and come again to the place of the heart and allow yourself a moment of peace before choice. That is what pops you out of the nightmare of this reality -- with a small "r".

**So there is some wisdom in not remembering all of your dreams? Is that what I am hearing?**

Yes, it is not necessary that you remember all of your dreams.

**It is because of a filter that's happening?**

Many of the dreams do not have a computer program that would be understood in this point of focus. There is not a language that translates. Not a point of relevancy that you can bring back into this belief system right now.

There will be in time, for you are expanding the image of who you know yourself to be, who you believe yourself to be, and you will come to the place where you will know that you are the one who is dreaming all of the dreams and you will have instant contact as you choose, with any of the dreams, any of the portions of the dreams. Much as you do now for yourself with the technology, the wonderful gift of technology, of switching channels on your square box.

You can do that. You can follow as Beloved Elder does, several programs at a time. You switch one, you say, "Oh yes, that's doing that," and you switch to the football game. You see that. You switch to the whatever and you see what that is doing. And you follow three or four things or more at the same time. You will do that as well with the dreams. You will check in on yourself as you play all of the different parts in all of the dreams. Much as what you have now as a concept of what is called an oversoul. A higher aspect of you that would have an expanded vision of what you are doing in this point of focus.

The oversoul that you are is not separate from you, but it is an expanded aspect of you moving to in your understanding here, moving to the remembrance of all that you are. So yes, you will be very much like the oversoul, the concept of the oversoul that

you have right now. You will be checking in on what Kim is doing right now in this lifetime and where is she in another dimension, and what is she doing in a past lifetime and what spaceship is she on in the future lifetime, as she sees a future thing to be, et cetera. We will fast forward you and see where you are next week.

So as we become more of our oversoul, our conscious awareness becomes more and more of that capacity then our access to our dreams and our travels would change and become bigger as we have more of a capacity to understand what we are doing elsewhere and there is more relevance to that?

Yes, exactly. Because as you have the willingness to expand the boundaries you will find more and more relevancy, more and more experience that you remember that will provide relevancy and you will see yourself experiencing and expressing in other dimensions even as you feel yourself to be sitting here right now.

For indeed, you are expressing on other dimensions as you call dimensions to be, even as you find the point of focus to be within the now of this reality. You have felt that for a moment or so when there has been a feeling of knowing that the body is sitting somewhere and yet, you have felt tuned in somewhere else. Either in what seemed to be another time that did not quite fit in with this time, or even a vision, just an instant vision of seeing a field somewhere else, a city somewhere else, a friend who you "know", "know" to be miles away and yet for an instant you felt them to be right with you.

You have done this sometimes in your awakening from either the nighttime repose or a catnap, again a beautiful expression, a catnap. And for an instant there has been a feeling of, "Where am I? What day is this? Where am I?" And then you have said, "Oh yes, this is Friday and I am on planet earth and the year is," et cetera. But there has been for a moment a disorientation. In other words, an expansion of the boundary of who you thought yourself to be to the place where you didn't have the specificity of the focus for an instant. And then you have brought it into the specific focus again.

That is why I have said to you so many times, that it is a beautiful miracle that you do in everyday of your timing when you awaken in the morning of that day in the same bed, the same bedroom, the same house, unless of course you are sleeping over somewhere. And you find yourself to be in what is the same reality, a continuum of what you have known to be reality.

It is a miracle that you do that. You have honed that to a very specific focus. You have practiced. There have been experiences known as lifetimes when you were unfocused to the place where the brothers and sisters had to take care of you. You were put into a place known as a house, a dwelling where others would care for you because you did not have the focus that related to what others agreed to what was reality. You see that now with some of the brothers and sisters. There are ones who do not have the focus of what you have agreed upon as reality. And yet they are experiencing their own reality and it as real as the reality that is agreed upon.

It is a reality -- with a small "r". It is not the Reality of you -- with a capital "R" -- which is beyond time and beyond all of the adventures. But it is a reality -- with a small "r". And for them, that is what they are choosing to know. You have all done it. You have all asked of brothers and sisters to take care of you throughout a lifetime while you did experience that was multidimensional.

The next time that you encounter ones who are being taken care of because they are not quite in the same focus, allow yourself to speak to them from the Christ of you to the Christ of their being and say to that one, "God speed. Enjoy. I send you the peace that we are, the oneness that we are. Be in joy with the experience. I judge you not. You are not lacking." For indeed, those ones are not lacking. They are experiencing more in some ways than others who have a specific focus on a nine to five job and think they have a goal of being the grand executive of some corporation. Yet there is the judgment of the world.

Jeshua, how do you, when you go through parts of the mind where you are working with your energy and the focus is changing and you are experiencing altered realities? How do you like, focus on your driving? If you do this on yourself. I've experience that recently and it's like there something, some practices that I'm not going to engage in until I realize that I can do what I need to do here and do this other practice. It doesn't work to me.

Yes, indeed. You have agreed, all of you in this room and all of the ones within the sound of my voice, have agreed that you will bridge, consciously bridge Spirit and matter. And there are times that it takes a fine tuning of balance.

You are asking to know the oneness, you are asking to know the Allness, you are asking to remember and integrate aspects that you have known in what you would identify and call in this belief system right now, other lifetimes. You will have moments of going beyond the boundary of this specific focus where there will be the disorientation.

In time you learn how to do the fine tuning of the balance and you are wise to allow yourself the feeling of balance, to know that well. Indeed you do know that well, and to bring yourself back to it. In time you will find that your balance expands in what you can feel at balance with. In other much as you would see the, you have a seesaw, one that the child like to play upon, and there are times that you are on the end of that seesaw that you have much of motion. But as you come closer to the balance called the fulcrum, there is less of the seeming distance that goes on. But you have experienced, and this is what you are doing now, of allowing yourself the foot, the balance is right here in the point of focus, right there. But you are now allowing yourself to put the feet we will call them, farther and farther apart and know the balance to the place where you will have the balance of the board, as it would be. This is the symbol. You will have a foot on this end and a foot on this end and you will know perfect balance and there will be a great range in between.

So are you saying I can go further and further out if I can keep my focus in the middle?

Yes, exactly. Keep the focus upon the heart. That is why we have spoken this evening of the harvest, the harvest of peace and the harvest of the heart. Keep the focus upon the peace of the heart, to pause before any choice needs to be made, and it only takes an instant to take the deep breath and to pause.

You will notice this with your most powerful public speakers who are asked a question by your media who can be most like the hound dogs, and before the public speaker speaks, they pause. They breathe. It gives them a moment to come from the centered place of the heart.

The ones that are the most powerful, not in terms of the world perhaps, but the most powerful in terms of integrity, integration of the whole, are the ones that allow themselves that pause before responding. You are all powerful beings. Allow yourself that pause that refreshes, before you need speak.

But yes, keep the focus upon the center. Then you will find it possible to experience more and more expansion from that center without losing the center.

This time of the change of season, you gift to yourself as an opportunity to go within. You find that the activities are more focus within a building. Not so much of the outdoor activities although there are those, but not so much of the calling of the outdoors as there as the calling is in what you call your summertime, when there is more of the light out there. But more of a time of coming within. It is an invitation to remember the source of your own Light. A time of connecting within.

That is why you bring about the different seasons. This time do not fight against it. You have all tried this. You have all said, "Well, I'm going to be out and about. I'm going to no matter what this season is, I'm going to be out with it." And perhaps the body has said, "It might be nice to have a certain quietness, to abide in peace. To take a few moments, a few hours perhaps, in peace." And you have said, "No, I must be here. I must be there. There is that activity that calls to me," and so you have gone and you have done and you have run and run. Until finally the body says, "I will be heard." And you find yourself spending a day or so in bed with symptoms of whatever.

Allow yourself to be gentle in this season. Allow yourself time to nurture the within child. When it gets a bit darker outside, focus upon the inner Light that you are. Spend time focusing upon the inner Light.

Then yes, you will take your inner Light out wherever the guidance sends you. It doesn't mean you are going to become a hermit for all of what you know as your winter. No. You will be out on the ski slopes for a time. You will be out with the snowboarding, and you will be out building the snowman/woman as you desire.

You will find that you take your Light into every activity. That is the secret of knowing the balance of the activity, is taking the Light quite consciously, the Light that you are into the activity. But allow yourself in this time of seasonal change, which you as the creator have brought forth for yourself, allow yourself a time of gentleness, a time of going within, a time of connecting with the Light that you are. And if you desire to dwell in that space of inner peace, dwelling even within the abode, the dwelling place, the house, for all of that season, well and good.

If you find yourself energized by the Light that you are and you want to be out with the activities of the season, then go for it. Remembering that you are the one that is the Light that activates all of those activities in the first place and when the body starts to call out to you that it would be nice to have the gentleness again, hear it. Answer it. Allow it to have the time, not quite of hibernation but the time of peace. Be gentle with yourself.

There is much that you have on your schedules at this season known as your holy days, feast times, celebration times, when you will find much of activity that in past times you thought you had to do. Much of the celebrations of gatherings with the brothers and sisters. Much of the time of the shopping in your great malls to give the gifts unto others.

But allow yourself to connect first with the Light that is within, to be gentle with yourself first and to ask, "How can I extend the peace that I am throughout all of the activities of this season?" Again, the activities of this season you bring forth as a great gift, a great opportunity for yourself. Not to run ragged, but to come first to the place of peace and then to go from that place in great wisdom and in simplicity.

For indeed, it does not matter in what you would see as another one hundred years of your time, whether you gave the perfect gift to Aunt Matilda or not. If you give the gift of love, the gift of the joy, the gift of the smile and the twinkling of the eye to that one, that is more valuable than what you would see as any gift in your great malls.

Many times the brothers and sisters are asking for the greatest gift that you can give them. Not something that you would purchase at your mall, but the gift of yourself as you would spend time with them. As you would look them directly in the eye and acknowledge their being. And to say to them, "I love you. I appreciate you in my life. I am so glad we are here together. Let's play."

That is the most important gift that you can gift anyone. It is the most important gift that you can give the holy Child of you, is to say, "I will spend the time to be gentle, to come again unto the place of the heart, to pause," and to nurture that Child.

It is not by accident that we meet this evening and we speak of the harvest. We speak of the peace of the heart. We speak of the holy days that are coming in what you know as your calendar time. You have asked to have a bit of the centering, reminder. A bit of knowing where the fulcrum is so that you can do the balancing throughout all of the holy days. To experience in fullness the holiness of the holy days, and not to come through them to what you would see as the next two months in your timing and say, "I don't know what that was all about. It went by so fast I don't know what it was." But you are able to appreciate every moment of the holy days and everyone who stood before you to have the time to look into the Christ eyes of that one and to connect heart to heart with that one.

Yes, you will find activities you will be busy with. But remember who it is that is doing the activities and acknowledge the Christ of you, the Christ Child and acknowledge the Christ of another one as you behold them.

Allow yourself to go into your grand malls, your shopping malls; give yourself what you would see as fifteen minutes by the clock to stand in front of one of your great stores and to look at everyone who comes into that store as they approach you. And to look them in the eye to see how many will look you in the eye and how many you can smile at and connect with to extend the Christ of your heart to the Christ of their being.

Give yourself that gift in this season of your holy days. Fifteen minutes by the clock.

That sounds a lot easier than the time you suggested that we stand up on a chair or something and yell to everyone that they are God. I am God and so are you.

Yes, indeed.

**That's a little easier and I thank you.**

You are most welcome.

{comment not clear}

Yes, and behold the Christ in the dark, of course, because you are that Light. You take it with you even into the darkest of the shopping malls for many are not focusing upon anything of light or lightheartedness. You will see many of the brothers and sisters walking with the eyes cast down.

**Quite desperate.**

Yes, to buy the gifts of love for other ones. And yet they are not acknowledging any love for themselves or for the others who might be around them in that moment. You have seen many who would fight another one for what is called the bargain. Better to give than to fight for, than to receive, yes.

{Not clear}

Indeed you do, beloved one, on many levels of what you have just said, you do get it much more quickly. But there is no separation and you are not alone. As you will ask for the help, instantly it is there for there is nothing that will be hidden or denied the holy Child.

As you allow yourself to abide in the space of saying, "I can ask and receive." Indeed you will find yourself returning much more quickly to the place of the peace of the heart.

**But now one of the keys to that is don't sabotage it by saying, I know this will take a long time to straighten out, but would you help me.**

Indeed, and you know that very well beloved one.

**Yeah, because I've always thought big problems take a long time to straighten out.**

Yes.

**But they don't take any longer than little ones, with help.**

Indeed, there is not such a thing as a big problem and a small problem. There is only a temporary blockage, a temporary forgetting of the wholeness of the holy Child. The value judgment that would say one is of more magnitude than another, that comes from the voice of the world. That comes from the belief that we have spoken of many times, of the belief in the duality of the good and the evil and the whole levels of gradation in between. They will say, "This is a small problem. It is almost good. This one is a BIG problem. It is really bad." But that is the voice of the duality and the polarity that speaks of the values and the levels of value. Yes.

**Imagine the swells of a wave, up and down, up and down. Sometimes you feel what we would call up and that's going to pass and we will feel sometimes what we call down. But it's up and down, up and down. That's just the way it is.**

But as you have seen the waves themselves, they do not have quite the same range of the gradations of the ups and the downs. You are coming more to a place of the steadiness of just being. Being at peace.

And yes, beloved one, you are very much attended by what you would see as many angels. Many of the hierarch of yourself that is always waiting, ready and able to assist you. But they are not separate from you. They cannot be as I cannot be. They ask only your willingness and your invitation. Then immediately it is as the holy Child will request, it is there for you.

Now as we have spoken in this evening it is a time of harvest, not in judgment, but a time of taking stock, a time of asking of yourself, "What would I see more of in my harvest? How can I look upon what I have harvested in the true light of my being? What has it truly brought me?" To have a celebration for indeed the holy Child knows celebration without end for the holy Child is always the joy of the Father and that calls for a celebration does it not?

It does indeed. Beloved brother, would you bring the elixir of the grape? We will have a celebration.

{Passing out the grape juice}

We will celebrate in this evening the sacrament of the harvest.

Those who are within the sound of my voice may join with us with the elixir of the grape or elixir of the apple, any of the elixir from the fruit of our Holy Mother, the Earth. To join in a consciousness of oneness with the elixir that you hold in your hand for indeed the vibration of the grape that has given of itself is one with you as you are now calling it forth.

There is a vibration that you can feel of the elixir of the grape. There is the vibration of the energy that you are, that vibrates in tune with the elixir of the grape. Know yourself to be one with what you hold in front of you. Feel the vibration and know that it is within the scope of your consciousness. For your consciousness is not defined as just between the two temples upon the head. The consciousness of you is unlimited and it reaches the farthest universes and the infinite dimensions as you would understand dimensions to be.

The grape has been planted by you. Perhaps in the form of what you would call a brother. It has been nurtured by the gentle warmth of the angel of sun. It has grown and been nurtured again by the gentleness of the rain. And it has brought forth its flower, its bloom and it has ripened into the fruit that has been harvested and allowed to come forth in its ascension into the elixir that you now hold before you.

Behold before you the ascended grape. Now will you worship this?

Is this the form that we think we will ascend?

{Laughter}

And even lighter than this beloved one. Would you worship the ascended grape? No. You would know yourself to be one with it. You are one with everything you behold.

You are the creator that brings forth your reality and you are one with all of your creations.

That is why you may call your harvest good. For indeed it is good. Allow yourself to enjoy the harvest.

{Drinking the grape juice.}

And there are seconds. Or thirds or fourths for indeed there are more. More of the cups of wine, grape juice.

This evening has been a time of celebration as it always is when we are so gathered. We will take what you would call a small break and then we will reconvene and play with the ever present questions.

So be it.

{Break}

Questions & answers for the next 45 minutes.