

## How To Bring About Change

1995-09-08

Beloved and holy and only Child of our Heavenly Father, Child of the one Source, Child of Light divine, that is who you are. I am the one known as Jeshua ben Joseph — Jesus, you have called me, Yeshua you have called me, Son of God you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen to call me forth. As you have chosen to make trek to bring the forms unto this presence, this gathering. The presence of the one holy Child. Grand joy every time we are together is it not?

**Yes it is.**

Whether it be in this form or it be in what you call meditation, prayer. There is a feeling of upliftment. There is a feeling of joy when you allow yourself to come into that centered place, that sacred place of remembrance. For as you choose to breathe in the holy breath of Spirit and to return once again to the place of the heart, you allow all of the joy of the Child to come rushing in, all of the Love of the Father to be remembered and experienced again. And if there need be things released, old burdens carried they will be pushed out of the way and released until there is the fountain of joy, the fountain of Love that is free-flowing. Is this not true?

**This is true.**

Thank you for allowing. All of you have your own process that you see, process of challenge, process of the shifts in perception, the process of the questionings, the process of the burdens and all of you are allowing yourselves to come into a greater understanding and acknowledgment of the total Self that you are. The one beautiful holy Child expressing upon this plane as Light and as Love and very dynamic expression.

Allow yourselves to laugh often. Allow yourselves most of all, the laugh at self. This brings healing. This brings the understanding of wholeness that the holy Child is. For when you can stand back amidst all of the questioning, amidst all of the sorrow, amidst all of the burdens, amidst all of the questionings and confusions, and take a deep breath and laugh at self.

What comes forth is a great radiance. A lightness that is felt by all of creation. Laugh often. You have a great saying in your world that the clown is a great healer. One who will bring unto others opportunity to release, to laugh, to live for a moment or longer, in a place of lightness. To take yourself lightly. Be the clowns to yourself and to others.

As others are going through their time of trial and confusion and questioning, be there for them as the friend, true friend and say, "Yes, I support you in this, but I also support the Light that you are." And share with them how you see them. Not as the image that they are holding of themselves at that moment or of the event and circumstance they are coming through, but allow them to know what you see as the bigger vision, the expanded vision. Share with them how beautiful they are.

For indeed in times of confusion, and you have felt this yourself, you come into a very constricted limited view of what is going on and of what you are able to do and you do not behold the whole picture of the holy Child. So as one will come and say, "I support you through this." To reach out and to touch and to smile at one and to say, "I know that this is not easy for you, but you know I see the beauty and strength of you coming through all of this. Come, let us have a moment of love, of light. Then if we have to get back to the things at hand, then we can do that." But share with them the expanded view of how well they are doing.

For indeed, they are. They have asked and called forth exactly what they are experiencing not as a punishment, not as a judgment, but in order to see their own grand strength and courage and creativity coming through all of the experiences.

It has been the voice of the world and the way of your society to judge whatever happens and to say, "Oh, there you go again. See what you've done?" And to look on the negative side of things and to say, "Well, it is your fault, your failing, your limitation otherwise you wouldn't be in that space." But the grand Truth of it is that you call forth every experience in order to know your own grand courage. Your strength. The Love, the Love that you can give to self even amidst all of the questioning.

I would give unto you a piece of homework for this evening. When you leave tonight before you lay your head upon the pillow, I want you to do an exercise. I want you to stretch forth the arms and to reach to the back and pat yourself on the back. Yes, and then as you have just demonstrated, bring the other arm around in a hug of self.

**That's what you told me when my husband died.**

Yes.

**You said if I need him to feel his love, just hug.**

Yes, and as you do that for self, what comes forth from the heart?

**So much love.**

So much love. The presence of love that is always with you. Yes. So if ever you are going through what you would see to be the narrow part of the hourglass and you feel like you are being very much squeezed and perhaps there is not enough love, give unto yourself the grand hug and the love. Touch the self. Love the self. Be at peace in loving the self. For as you love yourself, then you can reach out to others and love them in a grand freedom.

What you do for self is most far reaching. You have been taught that to look upon self and to nurture self and to be involved with self, is selfish and limited. But I say unto you that as you get to know yourself and love yourself, you uplift all of the brothers and sisters and what you do in that arena for yourself is far reaching. It is not selfish.

What is selfish is to abide in the constriction and to say, "Woe is me and it cannot be changed." For that keeps you in a place of constriction. But as you choose to live in a new energy, you uplift all of creation that you behold in front of you and all of creation in the farthest universes. That is how powerful you are. Unlimited.

You have heard it said that you are birthing a new energy, and this is a grand Truth. You are calling forth what has been termed fifth dimensional energy, the energy of Light experienced as Love. You are desirous of knowing expanded vibrational energy. Not just to think about the concept of what love feels like, what love is. You have been abiding in that place for sometime, many lifetimes where you have experienced limited expression of love. You have felt in lifetimes, human love and you have written the love poetry that has expressed the love that was known at that time.

What you are now desirous of and you are calling forth, is unlimited unconditional love. To know what that feels like. To be accepted for the Child that you are and to be loved as the Father loves you. Not loved just because you happen to be of the right religious persuasion, of the right philosophy or that you dress a certain way that is acceptable, or you have the right professional degrees and certifications or your skin is the right color or whatever, on and on and on. But to be loved as the Child that you are, as the holy Child who has chosen out of grand courage to express in this point of focus. To say, "I will come through all of the experiences known as human expression and I will remember that I am my Father's Child, totally unlimited, and I will give unto others unconditional love for that is what my Father does, and I will behold everyone in that Light including myself for it starts with self."

You are asking to know fifth dimensional energy in most dynamic fashion. That is why you have brought forth the challenges, a grand acceleration of challenges that have come to you. Experiences, some of them not particularly easy as you would judge them, and you have said, "Why have I called this upon myself? Why is this happening?" It is because you have said at a very deep level, "I have the courage, I have the knowing that I will come through this with a grander understanding of the Love that I am and that the brothers and sisters are."

It comes because you are ready. Because you know at a very deep level that you have the power. Not as the world defines power, but you have the power to handle whatever comes to you and to see it in a new light, and you have said, "I will have it quickly now. No longer will I work on just one aspect in one lifetime as I see a lifetime to be." You have said, "Okay, bring it all on. I am ready for it. Bring it on. I want it on my stage right now."

And so, the challenges come. Little ones. Big ones. In Truth they are all the same size, but you look upon various ones and say, "Well, that was an easy one. And that one, oh my goodness. I don't know what to do with that one." And you sit with it and you gnaw on it like a dog would with a bone, and you chew and you chew and you chew until finally you get to the marrow of it and you find that there is some goodness in it.

It is the same with releasing. You release the heavy burdens that have been carried for lifetime upon lifetime because you have said, "I wish to know lightness. How can I come into an expression of fifth dimensional Light if I carry all of these heavy burdens with me?" As you have discerned, you cannot.

As you go about with heaviness, the heaviness of the world and the judgments of the world, the habitual judgments, there is not much of a feeling of Light. But as you say, "I am willing to come into a new place of understanding, I am willing to release what does not serve the Light." Then yes, you bring upon yourself a grand experience of releasement which may be a long process or it may be a short process. And many of you have decreed that it will be a short process because you want to get on with it. You have said, "I want to know Heaven upon earth."

Now a few years ago in your timing for one to say that, it would have been and is still in some of your circles, a sacrilege. How could one, a worm of the dust begin to know Heaven upon earth? And you would have been and have been in many lifetimes, judged not to be worthy even to think that you could experience Heaven upon this plane. And yet what you are now decreeing is that you will bring Heaven, the experience of Heaven, the unconditional Love of the Father to this point of focus. That you will no longer believe that it is necessary to lay down the body in order to know the state of Heaven, but that you can express even with the physical form and still bring all of the energy of unconditional Love and the Light that activates form, into conscious remembrance and expression. That is what you are birthing.

Not because masters above you have decreed that now it is a good time for a new age. Let's have a cleansing and a new house here. It is because you have said, "I have experience enough of the lifetimes of burden, of sorrow, of constriction, of heaviness, of testing and now I want to know the good stuff. I want to bring it into my experience and my expression."

So in the years and it will not take what you would see as a lifetime. In the years to come, a few, it is already in process, you will see Light manifest upon this plane. You will behold the Light that activates form and you will behold the Light that gives great understanding to where you are coming from, in Truth, and where others think they are coming from. There will be much of Light.

And when that is seen and experienced there will be such a feeling of freedom that the Love will no longer be held inside tightly rationed out because perhaps there is not enough of it to go around. But the Love will be free-flowing knowing that always there is more of it. Whenever you open yourself to the flow of Love, guess what? More of it is given to you and you find yourself in the midst of a great flow, a river of Love.

Thank you, beloved one, for all of you are great channels, rivers of love. You have allowed from time to time a trickle, a stream and it is growing into a great river where you will behold the Christ of everyone that stands before you. No matter what their appearance for you will see the Light that activates that form and you will see the Light that allows you to remember that that one is the holy Child of our Father the same as you, and there will be such an outpouring of love that it will transform this world.

You will bring the Kingdom into the world. It is not possible to take the world into the Kingdom, but it is most possible and necessary to bring the Kingdom of love into the world and that is what you are about to do. You are already in process of doing that. You are in the midst of creating a great change in your world, in your experience right here in this dimension as you call it. You are creating change.

Now, how does one manifest change? All change begins and is created in the future. It does not come out of the remembrance of the past for that holds you in what is known as historical perspective. It holds you in the place of this is what has been, this is the limitation of what can be. This is what my family has always been like. This is what my ancestors were like. We have always, et cetera. That is historical perspective that keeps you repeating the same patterns. All change is birthed in the future by allowance. By allowing it to come into the present. By inviting it to come in to the present.

Change itself is an energy as you are, and you manifest out of your energy known as consciousness, you manifest change. Any change that has ever happened has

manifested because of your allowance and your willingness to invite a new perspective, a new expression to come forth. It is a wave of energy that you can ride into what you would see as the future.

You can ask yourself, "What would I like to see changed?" And you may play with the small things and you may play with what you would term the big things. Again in Truth they are all the same size and the same import. But some will seem to be small. You will judge, and some seem to be the biggies. But allow yourself to ride the wave of energy into what you term the future, and play with imagination.

Allow yourself the freedom, as we have spoken of fifth dimensional energy, unconditional love and unlimited Light. Allow yourself to play with how would that feel? How would the body itself feel knowing that it is Light? Where would the constrictions of the body go? It would be dissolved in the Light, in the fluidity of the Light. Play with how that feels. Play with it in your mind and then allow the body itself to express in what you would term a dance. A dance of Light. How would it feel to be Light? To go as the Light? Free-flowing.

Allow yourself to play with how it would feel to be loved unconditionally? To know that I am the most wonderful expression of my Father upon this plane? That He loves me with an everlasting Love from before time began and after the purpose of time has been fulfilled He will Love me the same. I have never sinned, I have never go astray. I have made choices and I have played and I am the most wonderful being.

Allow yourself to feel that Love. To immerse yourself deeply in that Love, and to call your name as the Father calls your name with great Love. It is not conditioned upon anything you have ever done or will ever do. But is love because you are His creation. Never have you gone astray. Every choice you have ever made has been for the fun of experiencing whatever would come from that choice.

You are great masters, every one of you. You are your Father expressing on this plane. That is how wonderful you are. Think what that means. Allow yourself to ride that energy into the future and bring it back to the now. Ride that energy of how it feels to be the Father right now, right here in Love, free love for everyone and every being. Yourself included.

And whenever the voice of the world would come and say, "Yes, but." Say, "The Father does not have any buts. It is just 'Yes'. I am the Father." That is what I and the Father are one, means. That is what that statement means. I and the Father are one. Not two as I would see myself here and the Father somewhere afar off. I and the Father are one. I am the Father. I am that Love, and I have chosen to bring it into this experience and this expression, to give it forth as the Father gives it forth.

How can He do it without you? He cannot, but He does not need to because you are the Father as you allow the Love to come forth. You experience the Father's Love as you pour it freely upon another, upon a beloved pet, as you take great joy, as you behold a loved one, that is the Father in expression. As your heart leaps for joy when you see someone that you love. There is a feeling, an instantaneous feeling of "I am so glad you are here. I am so glad to see you again." That is the Father in expression. That is the Father pouring forth freely. You are the Father.

Now it has been spoken about the Father's will. Many have asked, "How do I do the will of the Father?" I would share with you that you are the will of the Father. You

are the Love that is ready to be poured forth and that is the will of the Father for that Love to be known and shared freely with everyone including self, everyone that you behold.

Know you why you have brought forth your great technology of the looking glass known as a mirror? It is so you can look upon self as you see a self to be separate. So that you can look upon self and love that self. Now it has been turned around in your world's view because you have been taught to look in the looking glass and see all of the faults. To say, "Oh, this piece of hair is out of place. Oh, oh, something's wrong here. I have to adjust this, whatever." When you look in your looking glass this evening in your timing or tomorrow in your morning, allow yourself to get past the habitual, "Oh my goodness." And then look upon that image your Father sees you. Behold the Light termed the aura, around the form.

You can see this with the physical eyes as you allow the eyes to relax a bit, to fuzz a bit, go out of focus. You don't have to strain at it and be so focused. Just allow the eyes to relax and to fuzz a bit and to see the Light that activates that beautiful form, and love that self that you see in the looking glass and reach out and hug that self. And guess what? You will see the other one being hugged as well and you will say, "There is so much love in this room." And indeed, there is, because you have brought it. Your awareness brings to love into expression and you are beautiful. You are the beauty of the Father, of the Mother, of the Child and you are loved with a great love.

What you are calling forth is change because you have decreed that you are tired of what you have been experiencing. Is this not so? Yes, you said, "I am ready for a change. I want to get on with the good stuff." Okay, so be it.

Change is birthed in the future. Change does not come out of the past, although the satisfaction up to here, come out of the past. You have said, "I am satisfied. I am full to goodness with all that I have experienced in the past. Now I am ready for change," for change itself is an energy that comes out of the future. So you ride that energy into the future, as you would ride a beautiful wave. You are all great surf boarders, and you ride it in love for you are ready. You are ready for great changes. And you ride that surfboard, that wave into the future and you bring back possibilities which you will then play with until you know them to be probabilities and as you abide with them as probabilities, they will become realities.

Whatever you desire to bring into manifestation, allow yourself to go to that place of possibility and to contemplate, to feel, to experience, to play with, to imagine, know yourself to be one with that possibility. See how it fits. Try it on for size. And as you do that, you bring it into the realm of probability.

All of you so gathered in this room, and all of the ones within the sound of my voice, have been playing with possibility. New possibilities of expression upon this plane. New possibilities of what it means to live and how to live and you are bringing those possibilities into the realm of probability as you abide with those ideas, those concepts, those feelings. And after awhile, guess what? They become your realities.

Simple? Yes. In Truth it is simple. You allow yourself the freedom of going beyond what you have known to this point, what has been defined by historical perspective of what has been. You allow yourself to go beyond that and to bring back into the present moment to play with, something that you see to be in the future or beyond what you now know. That is what the future is. It is seen to be somewhat beyond where this

point of now is. And yet, as you contemplate what you term your future, you bring it into the now. Grand mystery.

Change itself is a mystery. For as the logical mind would want to understand the workings of change, the logical mind will gnaw on that bone and play with it over and over and over, but the heart, the heart knows and allows change. Change comes with your willingness, your allowance and that often is motivated by what we have spoken of as the satiation, over fulfillment of what you have experienced in the past. Then you begin to ask, of the Father, of me, I have heard you as you have prayed to me, and you have asked for deliverance from the past, from the sorrow, from the constrictions, from the burden that felt too heavy to be deal with in that moment.

What you have done then in that moment, is decree that you are willing to know change. For as you ask, it shall be given unto you. It is necessary that you come to the place of asking. It is necessary that you come to the place of willingness. It is necessary that you come to the place of clarity that says, "Okay, I am ready for something new. I am ready for something that is of love. Something that feels better than what I'm doing right now." And then, as you ask, already it is given you.

For indeed, whatever you would ask for is yours from before time began. It is a process of being willing to claim it, to ask for it, and immediately, instantly it is yours.

I would do with you a fun meditation. A short one. I would invite you to take a deep breath, to breathe in the golden white Light that you are, that surrounds you, that energizes you, that is you. To breathe in deeply the Light of the Spirit that you are and to exhale the Love that you are. And to come again unto that place of peace within the heart.

Breathing easily without effort, breathing the connected breathe of the intake and the love that is exhaled. Abiding in that sacred place of the heart. Feel the peace that is yours always. Know that you can come unto this sacred place anytime. For it is your gift to yourself, this space of peace.

Know that whenever the burdens of the questions of the world are too much, too confusing, you can pause and breathe deeply and return unto that place of peace that is within.

Imagine now, if you will, a filing cabinet that is yours. A filing cabinet of how many drawers you would choose and the filing cabinet is full of folders, file folders you call them, of beliefs. Belief about everything, every aspect of experience and into those file folders you have put what you believe about life, how it is to be experienced, how it has been in the past.

There is a file folder named relationships and what you beliefs about relationship are. There is a file folder for every aspect of your experience and into those file folders you have placed beliefs that have dictated to you decisions.

Allow yourself to examine one of the file folders. Allow it to come forth and to open up in front of you and to show you what your belief is about life, about who you are, about relationship, about love, about money, about God as your Father has been called. Bring forth any, any belief folder and look upon the belief that is in there.

Some of the beliefs serve you well. In fact, all of them have in the past. Some of the beliefs you have discarded for they have been constricting and they have been burdensome and they have been dissolved as you would see dissolving ink, disappearing ink. They have dissolved in the light of new understanding and been replaced by another belief. All of the beliefs in your file folders, in your filing cabinet have served you well for they have brought you to this place.

But imagine now, if you will, another filing cabinet full of file folders on the same aspects of experience but these file folders are listed as possibilities. When you would know a new possibility about life, bring forth the file folder labeled, "Life, possibilities of." And look within that folder and see what you have placed there. If it is empty, so much the better. You can fill it with possibilities that are unlimited.

You are the one who writes what goes into every file folder, and if you do not like what is written in a file folder under one of the beliefs, you can take what you call the cosmic eraser and erase it. Or you can apply the light of new understanding, a bit of the heat of that light to the disappearing ink and it will disappear.

The new time that you are birthing upon this plane comes out of the filing cabinet of the possibility folders. Allow yourself in your times of meditation to go into that file cabinet and to bring out various file folders of possibilities on different aspects, and to write new writings. To take all of the restrictions off. In other words, do not be bound by the filing cabinet with the folders that say, "Beliefs," but play with the folders of possibility.

Allow yourselves to know that you are the one that is manifesting the new energy that comes with possibility. That brings it into the realm of probability and then becomes your reality.

Allow yourself now to feel the peace of the heart, to feel the expansion of possibility. To know that you are the Light in your Father's I — spelled with a capital "I". Allow yourself to know that the space that you have just touched is always with you. It is the Kingdom that is within. Did you have to do anything difficult to reach that space? No. You did do something mysterious for you allowed it to come forth. And the mind would say, "But how? How do all of the pieces come together in order to feel that peace?" But the heart knows. The heart knows the depth of peace and it is simplicity itself. Always available to you and it is where you and I beloved one, abide together. There is great power and great wisdom in that place.

Not because you find me there, but because you find yourself there, your true Self. Return often to that place of peace known as the heart for out of that space comes the future that you wish to create. The world will speak to you of what has been. The world will speak to you of limitation and will say that cannot be. The world in its very short memory will say that has never been. But that is not the Truth of your being.

For what you see as possibility that you bring from what you would term the future into the now, is but a remembrance of what has always been from before time began. And what you are doing now is allowing the mystery of the Truth of your being to come into this expression. Not hindered by historical perspective or what others would tell you has to be or has always been. But you are allowing that new energy to come into the present now, to activate the heart of Love, and that reveals your true nature. That reveals the joy of which I have spoken.

For when you know the heart of Love, there is nothing left except joy. Your world would speak to you of schedules, of routines, of business, of what must be done. Deadlines, I believe they are called, aptly named. For as you get yourself caught up in the deadlines, the holy Child is forgotten and you feel as though that holy Child is dead.

But as you allow yourself the simplicity of abiding in the heart as we have just done, as you allow yourself the simplicity of loving Self, and knowing the Love of the Father for you and as you what comes forth from that place is a great fountain of joy which heals even that which has been seen to have been in the past. That is how powerful you are, and it allows the possibility and the remembrance to come forth into the now expression.

Now, would be a good time to take a break. To refresh the bodies and then we will reconvene and we will entertain the questions if there be questions.

So be it.

{Break}

Beloved ones, is that which was broken now complete? In other words, did you enjoy your break? And I understand there was a gift of nourishment from this one. Thank you beloved one for sharing with the brothers and sisters.

My pleasure.

And indeed it was, was it not? What you do when you share the tangible form of a gift with someone, is that you share your energy. That is the Father's energy, the energy of Love, the energy of the vibration that even the tangible form carries with it. You share yourself in the gifting of a gift.

Beloved one, you are a most beautiful gift upon this plane, what would you ask in this evening?

I'm having, a can't chew through this thing with my financial situation. I don't know what is, like I'm playing with all these possibilities and I'm praying and really trying to come from my heart about what this money, this issue of money is in my life, and a lot of things are coming to me and I know there are a lot of gifts in it but I don't know how to move through it and I feel I really want to move through this so I can get on to other things.

Yes, and as you have discerned, this holds the clue of getting on with the rest of the process. Allow yourself to see money as energy. The same as we just spoke of the gifting of the tangible form of the food as energy. Money is the same. It is your energy and others in a flow, a flow of exchange.

It is symbolized by your very tangible means of the paper, of the coins, of the plastic, by the numbers, and yet what it is is your energy that is given in exchange for something. It is always a flow, it is always an exchange and it is never held from you. It is always a flow of energy.

When you will look at it as energy knowing that the Father never withholds anything from you, then you will see that it can come in many different forms. Sometimes there will be the money, as you call it, in a certain tangible form, in a check, in the paper, in the coins, a certain way. Other times what you are desiring will come to you in a most direct method that doesn't even have to go through what you would see as the intermediary of the paper.

So allow yourself to expand what has been traditionally looked upon as money and as exchange. You are one who is on the threshold of knowing creativity. You do not have what you would call a block to the flow of money. What you are bringing forth is an understanding of the wholeness of this energy. Not to be limited just in the way the world would define money or exchange of energy to be, but you are asking to know the wholeness of what is being gifted and it is truly a gift, what you have to give and what others give to you because of who you are and what you have to offer them.

So you are standing upon the threshold of knowing your unlimitedness. Money will not be a problem for you, believe it or not. Better if you believe it.

Yeah.

As you see it as energy and see this energy that you are being exchanged in many, many forms. If you are desirous of going somewhere and doing something, there is the understood language of money in its different forms. That is understood by your world. It's a language that is well spoken, but there are other ways of getting where you want to go and other ways of obtaining what you want to obtain in exchange, barter, service that work just as well because it is your energy that you are giving.

So it doesn't have to be just in a limited way that the world has said this is what I need. If you wish to purchase an object there are many ways around that. That is what you are desiring of knowing for yourself and sharing with the brothers and sisters.

In this new time that you are birthing, this time of fifth dimensional energy that we have talked of this evening, of unlimited Light and Love, the energy that you are is going to be most visible. Much more than it is now. You can feel another one's energy when you are in their presence. You know when you walk into a room and there is someone in that room, you can feel whether they are up or down, what they are going through. You can sense that. You know what their energy field is even without stopping to measure it and it can be measured.

But in this time that you are birthing, the energy that you are and that you allow to radiate through the body is going to be much more evident and the energy of Love is going to be valued more than the golden coins and the paper and the plastic. Ones are going to give you in exchange whatever you ask of them, because they want to be in your presence. Because there is a healing quality of your love and your Light that you share with them and they will pay you golden coins or barter or with their energy in the free flow of energy, in order to be with you.

This has not been seen yet, except in small measure where you pay one who is known as a healer or a facilitator to be in their presence and you feel that they do something with the hands or with the questions or the counseling as it is called, that will facilitate your coming to a place of healing. But what you will really be paying them

for is their energy of Love and their visualizing of wholeness, their knowing of your wholeness.

This will come to be known more readily in the days to come. So that you will see the energy that you have to offer, others will see it, others will value it for it will be what you would loosely term right now, positive energy. In other words, it will be energy that uplifts, that allows others to remember their wholeness.

But until that is most evident upon this plane, allow yourself to be creative and expand the vision of what is truly happening with money, with exchange and see it as energy. This will take off of it the blockages, the limitations and new ideas will come to you as to what to do that will be of the heart, that will be of joy for you.

You are one who knows how to manifest money. You are one who has done this in other lifetimes. You have been of a wealthy family, as you would call it. You know this up to here.

This lifetime you have said, "I will come and do it another way. I want to know not just that aspect of energy, but I want to know all of the energy that I am." So in this time interval before you know all of the unlimitedness of your energy, allow yourself to be creative and see all of the transactions as energy exchanges, and be most willing, as you are, to give service for service. That is really what it comes down to.

If there is something that you desire to have, go and speak with one who can facilitate this for you and speak from the heart. Say, "This is what I desire because," and explain that it is not just for you, although it is. But it will go out and it will bless others as well. When you speak from the place of the heart unto another one, sincere desire, the door will open. Doors that you did not even know were there. Especially when you gift them one of your beautiful smiles.

Beloved one, how are you in this evening?

Doing fine thank you.

You are indeed, there is such a radiance about you tonight. There is a specialness that you feel.

Well I'm really happy that my son is here and my daughter, my friends. Very special tonight.

Yes. It is a reunion.

Yes.

Truly, not just of the fragments of the pieces as has been sometimes identified, but a reunion of the heart. Grand place to be. What would you ask in this evening?

I was wondering if you do hands on healing as in the days of old?

{Laughter}

What word to choose, yes. All of these choices.

Yes.

Yes.

**Well I have a condition in my feet that I've been working on energetically, physically and I thought I would ask you if you could send some healing energy?**

Indeed, always. The healing energy is around you and within you, because you are the energy.

{Jeshua kneels down to reach the sister's feet.}

The energy of healing is always within you. You are the wholeness of the holy Child always manifesting upon this plane. There is chosen from time to time a certain impediment, constriction for reasons, many levels of reasons. And even though there would be the conscious willing to have it all be whole immediately, there are levels of understanding yet to be fathomed and to be revealed.

Therefore, in the days of old, there were what you would know as the instantaneous healings for ones who had already come to the revelations that needed to be done. Others set about a process which is where you are with this. It is a process, because there is more yet to be revealed. Not because of judgment. Not because what you would see as a failing, but because you have asked to know more of who you are and the power of who you are and to bring that forth not only from you, but for all of creation. For when this comes to the place of integration of wholeness, there will be a revelation that will turn your experience around.

All of what you see as your expression upon this plane will be changed. Therefore, what you would see as a condition is very much a blessing. It is very much a treasure chest of revelation.

**Because it's taking me to that place of deeper knowing?**

Yes.

**Deeper understanding?**

Yes, it is a gifting that you are doing to yourself in what you have decreed will be a process. The belief in process is one of those file folders that we spoke of earlier.

Oh.

There is a belief, very commonly held upon this point of focus, this time, this dimension that says that there is a time interval between the desire and the manifestation. That there must be a process.

Now that is not Truth -- with a capital "T" -- but it is a truth as it is a belief. And there is nothing wrong with it.

**See I was thinking that because your wholeness that you see me in my wholeness.**

And indeed I do.

That if I vibrated or resonated with your vision of me that would bring back the healing. That's pretty much what I was thinking.

And this is true.

And that kind of bypasses the belief in process doesn't it?

At that moment of revelation, yes, it does, and that will be your instant of healing. Yes. But do not beat yourself for belief in process either. Love self, love the form. Talk with dialogue with as you have been doing and see what comes forth, for there are levels of meaning here. Levels that come not only from this lifetime, but others as well. It is something that has been carried throughout many lifetimes. It is an old wound. A physical wound, yes, but more deeply than that. It has been a wound that has been translated into a belief.

Thank you.

Beloved one, it is a joy to behold you in this fashion in this manner.

Thank you.

What would you ask in this evening?

I don't know. I feel like I've lived a lot of lifetimes, you know, and for some reason in this life I just feel like I've been blowing it. I mean I have four children, I don't have a career yet, and I just, you know, I put myself through the wringer with drugs and alcohol and you know, I want to find out what I did so bad in the past lifetime that makes me, you know, to go through all of this?

Indeed, well discerned. What you are doing now in this lifetime is based upon what you have done in other lifetimes, but not as a punishment, not as a judgment, not as karma that you must work through.

Karma, that's what it was. I thought I had bad karma or something.

No. No. No, what you have decreed that you will do is to relive experiences from other lifetime where you took limited meaning, where you took limited self-image from those experiences and you said, "This is the truth of my being. I am not worthy. See what I have manifested. See what I am doing. Therefore, I am not even worthy of my Father to think of me."

So you have said, "I will re-manifest, re-experience in this lifetime, a lot of those beliefs." A lot of those experiences that have led to a belief about self. But you will not stay in them for what would be seen as the whole lifetime as you have done other times, "I will come through them. I will experience it. I will know that feeling again. I will know intimately how it feels to be X, Y, or Z. And to bring that into conscious awareness so that I may look upon it in a new light. So that I may understand it. So that I may look through it to the wholeness of the Child of the Father that I am."

There is much that you do through this that will be a gift unto the brothers and sisters as well, even the little ones who have chosen to come and be with you in biological family. They have chosen out of their grand courage to come and be companion with you in this time. And there is much that you will gift them because of what you have gone through and allowed to be seen in wholeness.

You will be able to relate, as it is called in your world. You will be able to speak unto brothers and sisters who still see themselves in the place of constriction and you will be able to say, "Yes, I know how that feels. Truly I know how that feels. I have been there. But I have seen a new vision," and you will share with them the new vision even as it is unfolding for you. Even now as it begins to unfold for you. You will say, "I am no longer in that space for I have seen a glimmer of Light. I have seen hope. I have seen that it is possible to find value in this life and there is much value in this life."

For what you have had the courage to re-experience will be used in healing you, and others. Listen to my words well. You have had the courage to re-experience and to come through. You are not forgotten of your Father. You are not the worm of the dust. You are not unworthy. Those are feelings out of the past, out of those belief folders that we have spoken of. Out of the other lifetimes where you laid down the body bitter and diseased and you said, "I cannot do it any longer." Well, you had it up to here.

This time you have said, "I am going to go into other lifetimes and I am going to bring into this awareness what I experienced in those lifetimes and I will have a time interval, not a whole lifetime, I am getting very efficient at this, I will do it in a segment of this lifetime in order to heal the image of self. In order to know the wholeness of self."

And as we have spoken earlier, what you do for yourself is not selfish. It is not limited for it goes out and it touches all of the brothers and sisters. And as you have heard, there are many of the brothers and sisters who cry out for hope, for a new vision, and they want to know it from someone who has been there.

They cry out to me and when I answer them they do not hear for they do not believe it possible. But when you speak to them, they will understand, they will receive it, for they will see that you are a body the same as they. They will see that you have done all of the activities. You know what you are speaking of and they will say, "Well, if this one can come through even greater hell than what I'm in, perhaps there is hope for me."

You have chosen out of grand courage to re-experience other lifetimes that have been seen and judged to be most horrendous, most worthless, and yet they were not. But you have chosen to come and experience them quickly in order to come to a new understanding, a new vision of self which serves all of creation. You have agreed with your Father that you will do that in order to bring Heaven to earth and that is no small thing.

Wow! Allow yourself to be of good cheer, to be of good heart. What you have come through has great value. You are no longer held in that place even in the experiences of what you have done in this lifetime. You are no longer held in that space. You are birthing a new vision of who you are and that goes out and touches all of the brothers and sisters.

You serve me, beloved one, in that way, because as I have said, when the others call upon me and they pray to me, they still see me upon the cross somewhere. They do not know that I walk among them as you. Thank you.

Beloved servant of the Heavenly Father, how are you?

I am very happy to be here.

And I also, happy to see you in this manner. What would you ask in this evening?

I thought of questions but your thoughts, I don't know what you would say.

I would say to you that you have discerned well, that what is important is the feeling of the heart. Many thoughts there are to play with. That is what the mind is for, it is to play with concepts and ideas, to toss them around, but the heart always abides with the wisdom that is before time began.

Whenever you would know an answer to a question, return quickly unto the place of the heart, that place of peace that we touched earlier in this evening. Then whatever wisdom needs to be revealed for that moment, will come forth and will come forth easily. You are doing very well in what you have decreed that you will know and manifest and express in this lifetime. You also are coming to a place of knowing the grand love that you are and that you express. And when you give it to others it cannot be held back from you. Thank you.

There is much of excitement in the next few years for you. Much of revelation and much of, I do not want to use the word invention. It is not that, but something new that you will be birthing. You will have fun with it.

**Experiencing it.**

Yes.

Beloved one, how are you in this evening?

Sit down, Jeshua.

Thank you.

Jeshua, I need some clarity here. What I heard you say to Brooke was that most, many of us believe in process, that it takes a certain expanse of time to accomplish things. And I'm wondering is that like group consciousness?

Yes, it is an agreed upon, yes.

Okay, because in my heart I feel totally ready to be at peace with myself but I'm not, and be at peace with the world, but I'm not. And I don't believe in process anymore. I think, I feel I've been working very hard for the last four years. I mean struggling to understand and I have learned many, many things. And

**sometimes I am afraid that I'm not going to get out of this lifetime having been evolved to where I want to be, because it seems like my healing is painfully slow.**

That is beloved one, one of the file folders that is labeled, "Belief." That is historical perspective that perhaps you would lay down the body in a lifetime without having achieved what you could see as the vision. This lifetime you already have set into motion an acceleration, you and many of the brothers and sisters, have agreed collectively that you will know an acceleration. That is why you bring forth events, challenges quickly to yourself. Many piled on top, one on top of another. You have decreed that yes, there is still the belief in process, but you will telescope the process and you will do an acceleration where one things come right on top of another rather than being more spread out as you have experienced other times.

This allowance of acceleration brings the remembrance of instantaneous manifestation. So you are already, if you will excuse this, in process of reducing the process. This lifetime you will know what you desire to know, to bring forth because you have already decreed that you will do the telescoping of process.

If you could see from the vantage point where I can see, the journey that you have made from the time you have chosen this incarnation to where you are now, you would marvel, you would be amazed. You would say, "Well, how could that much happen in such a short time?"

**I wish I could see from your perspective.**

I will share it with you. What you have done has been a great leap in allowing the heart to unfold, in allowing the love to come forth for self and for others. Always it has been there for others, but now you are allowing the love of self to be known. That is what telescopes the process. It brings you to that place of remembrance of who you have always been.

This lifetime because you know very well what you are going after as you would call it, you will experience it for you have already set in motion the very process that reduces the process. Not only you beloved one, but many of the brothers and sisters who walk the face of our Holy Mother, the Earth. Not all, but many, have said, "I will know acceleration so that I will come to that place where all of time comes into the oneness and I know it instantaneously." That is why you feel and many of the brothers and sisters feel too many choices, too much happening, and you have to make choices as to priority. You have to choose in this day where you will abide. In this day being every moment.

**I've sure had that experience this week.**

Yes.

**So, I have your word that in this lifetime of mine I'm going to experience the totality?**

You have an even better word than mine. You have your own. Yes.

**Well I'd like to have yours.**

You may have mine as well. I will not withhold it.

Thank you, Jeshua.

Beloved one, who is loved of the Father, what would you ask in this evening?

I've lots to ask.

Yes, you do. What would you ask?

Can I read my list? What do I ask?

We will start with the most important one first.

I don't know.

You will know.

{Long pause}

**Is there something that I can say and or do to my whole family that will heal our lives, or do I need to do it individually with each person?**

Begin first in the heart, beloved one. Speak unto each one from heart to heart. Call them to your mind. See them right in front of you and speak to them from your heart to theirs, what you would share with them. Give them the love and give to yourself the love that is known as forgiveness. But forgiveness is not because of something that has been done wrong. It is not for a wrong doing. Forgiveness is the love that is given when wholeness is seen. When it is understood that everything comes forth because the holy Daughter has called it forth in order to come Home.

All that you have called forth is a blessing for you. It brings you to that place of willingness to know the love that you are, to accept the Love of the Father and to experience it fully and then to express it to others. Give the forgiveness of love to self, to yourself, and then to others. Not because you are they have done anything wrong, but because you see them as the Father sees them and you see yourself as the Father sees you.

You are enacting a beautiful drama, you and the ones of family. You have agreed that you will come and you will play certain parts that will push buttons, that will bring up old wounds, old self-images that have been limited in order to heal those old wounds. In order to see past limited self-image. That is why you are enacting the drama. Not because you have done something wrong, not because they have done something wrong. But because you agreed that it is time now to heal these wounds. It is time now to know, "I am the love and that they are the love of the Father." And that what you do is you play. You play as the Children of the Father that you are.

So speak unto each one from your heart. They will know, they will feel it. It will be received for there is no separation. And as the guidance leads you, then speak to them in person or in the writing, whatever is appropriate. Speak to them again, the words of the heart.

Not with recrimination for self or for others. But speak to the desire of the heart which says, "I want to know your love. I want to know my love. I want to know the wholeness of the family."

**It just seems so hard....**

It will beloved one., for indeed they also are on their path of wanting to come Home. They are on their path of wanting to know who they are and to feel the Love of the Father.

They set up various circumstances within the drama to be as catalyst for remembrance and as you have experienced, all of you in this room have experienced, often-times you will choose to knock the head against the wall, the brick wall until it hurts, until there is finally the motivation that says, "There must be another way to do this," and then the holy Child sits and says, "Perhaps I can see another way."

So some will choose the hard route. All of you have chosen the hard route from time to time until you are tired of it. The ones in the family want to know the Father's Love. They want to know who they are as well, but they choose different catalysts, different ways and there is no judgment of the Father in those choices. The Father does not judge any of those choices, only Love as He loves you.

Extend unto everyone the Love of the Father and most especially to yourself. Speak unto the ones what you would share with them from heart to heart. If it helps in clarity write it out on the paper. You do not need to mail it until there is guidance that says, and there may not be guidance that says to mail it. But for your own clarity write unto each one what you desire to say.

**I have forgotten....**

Yes, it will not be withheld from you. You have agreed that you will play a certain part for them. It is not a oneway street. It is not that they have all come and they are saying, "Okay, we will do this for you." But you also are playing for them a certain role. You are a servant for them as well so that they may look upon images that they have held, beliefs that they have held. Shoulds that are deeply rooted in fear. Shoulds that they have bought that say this is how it should be. And yet you are offering them the opportunity to see a greater vision. To see past the limitation of shoulds. There is much that goes on with this.

Yes, there will be a great healing that comes out of this. You are in the midst of it right now, but as we have spoken in this evening allow yourself in times of peace, to go forward into the possibility of the future and see what you would like to experience as a possibility and speak from that place.

For indeed, your Father sees the possibility, the Truth of the Love and it will manifest. Again, as we have spoken to this one previously, there is a belief in process so you will see a time interval but that is okay. You are the maker of time.

**I am.**

You have all of eternity. For you what is important is to forgive. Not to forgive because there is something wrong, but to give Love for, in place of limitation, limited un-

derstanding which means giving Love to self. You, right here, you, and to the others as well.

**I have been asking everybody to forgive me all the time. You are saying I'm self incriminating myself?**

If you ask for forgiveness because you believe that you have done something wrong, yes, that holds you in a place of limited image of who you are. But if you ask their forgiveness in that you ask their love and their understanding that comes from the place of whole vision, then that is not in judgment of you or others. Ask for their love as you extend to them the love. You have no done anything wrong.

**But I gave them a lot of work.**

If you will receive it, beloved one, they also agreed that they would play this drama with you. They will not upon a conscious level own up to that just yet. Later on they will but not just yet. They are most powerful masters the same as you. They are doing well with this process as you are. There is a grand healing that comes out of all of this. A grander vision of wholeness, of holiness if you will, that will bring you to such a shift in what you acknowledge and understand of who you are that you will have a great joy, a great freedom. You will not have to carry the burden any longer.

**Freedom from what...?**

Of judgment, of lack, of not being quite good enough or knowing quite enough, how to do something. You have always done exactly what needed to be done.

When you see the whole tapestry, not just the single threads, but when you see the whole tapestry and how it all weaves together then you will understand that you have never made a wrong choice and you have never sinned. You have chosen each thread, each color of the thread perfectly. As you sit and abide with one thread and you look upon a hue, a certain hue, you may sit with that. Perhaps a burnt red color and you say, "I don't like that." And you judge it, and yet the tapestry itself would not be complete without that thread.

But as you sit and focus just upon that one thread there is the opportunity to be in judgment, to be in limited view, vision. So allow yourself to stand back from what is happening to ask for the guidance, to ask to be shown the tapestry and how every one of the threads goes in to weave the beautiful tapestry. It will allow you more love.

That is your bottom line question. All of the rest of the questions that you would have come from that place of knowing love of self which then is out-pictured and extended unto others. You are beautiful beloved one. You have brought yourself to a certain place where you have the nose pressed right up against what is going on because you are desirous of coming through it.

No longer are you going to stand back and look at it from a distance and say, "I'll think about it another lifetime. Perhaps I'll do it." This lifetime you have said, "Okay, I am going to walk through that." Now in order to walk through something you must go right up to it in order to go through it. That is where you are now. You are right in the process of going through it.

**Going through loving myself?**

Yes, going through limited image.

**In spite of everybody else?**

Because of everybody else. If you will receive it, beloved one, they are standing as your cheerleaders. They are playing their parts and the masks that they wear does not show you the cheerleader mask. It shows you seriousness. It shows you judgment. It shows you limitation of shoulds, but behind that mask that they wear in order to play the interactivity, they are cheering you on and saying, "Go for it, Casandra. You can go through it." They want you to come through it and they know that you will.

Remember that in times of feeling that there is hopelessness. They know who you are. Down deep they know who you are, as you down deep, know who you are. That is why you have said, "I will have the courage." Courage comes from the heart. That is its root: courage. "I will have the courage to go through this. I will come right up against it and dog gone it, it feels hard, but I will go through it."

You are your Father's beautiful Child. You cannot hide that from anyone, except perhaps yourself from time to time. But the one known as your friend, she sees who you are and she loves who you are, as I do. It is not by accident that you have such a friend.

Yeah.

You deserve a friend who is loving and supportive and caring. That speaks to you of your worth. You are beautiful.

**Can I ask you one more question?**

Yes, there is never a limitation.

**What can I do to focus on or change or correct what I've done to myself in the last few days? Smoking and playing...?**

Ah, beloved one. It is as we have just spoken, to know that that is part of the going through and to love self even for what you have chosen to do and then judge it as being a hindrance.

**Am I going to die because of it?**

No.

**No?**

No. You are not. You have a lot that you wish yet to do and it is much too soon to think about laying down the body.

**Will I ascend?**

If you want to, yes. Very definitely you will ascend in consciousness. If you desire to take the form of the body with you, you will do that as well. But what you are in process right now as we spoke of the going through, is the process of ascension. For what is on the other side of what you are going through is ascension.

**So I'm going through seeing my self worth, seeing my own self-love. Not letting other people control me?**

Exactly. They do not have control over you. Every choice you have ever made even though the motivation has been most strong, has been a choice that you have made. Everything you have chosen, although you have felt sometimes the motivation did not leave you much choice, but you have chosen. You are very powerful. You are very strong. But your strength comes from the love that you are. This is what you desire to know. That is part of that going through. You want to know what is on the other side of this going through. That is why you are doing this to yourself, as you would call it.

**So every time I have a cigarette and it activates whatever they are doing. Do you understand?**

They are not doing anything. It is part of the belief that has been in one of your file folders. The cigarette itself beloved one, has no power over you. If you will receive it, the smoking of whatever substance is there as a sacred remembrance of the Spirit that you are. That is why it has been used so often in the rituals, in the ceremonies of sacredness. If you will receive it, I also in my lifetime smoked. The little ones, yes, and the pipe. But it was seen to be a connection with Spirit. It was the symbol as the smoke itself would rise to the Spirit. It was the symbol of connection with oneness. It was seen to be a symbol of holiness, wholeness, oneness and it was done as a sacred remembrance.

That is why you and the brothers and sisters now smoke. It is because deep within you there is a remembrance of what it has symbolized, the sacredness of it. The forgetting of that has brought fear that there could be an addiction to it, that the smoking itself could have power over you as equated by an addiction or could wreak havoc in the form of the body. The smoking itself beloved one, will not harm a cell in the body except as your belief dictates.

**Well I don't believe it now.**

Good. When you smoke, allow yourself to remember what it symbolizes. Do it honoring Spirit. Do it in sacred ceremony. Do not do it because you feel that there is some power over you or that there will be punishment because of it. Do it because of the sacred connection that it symbolizes.

**Why do I feel then that people are taking pictures of me? Flashes ...?**

It is a remembrance out of what you have seen as another lifetime, another history where there has been much of paranoia as it is called. You desire to know that there are not other forces at work. There are not. There cannot be over you. You are the power of your Father. You are the power of beingness, of love and there is nothing stronger than that.

Even what you would label and identify as other entities, other energies, they, whatever, are not separate from you. They are but aspects that want to be welcomed Home. Now that sounds very strange and very foreign and a bit fearful, for the ego that abides in separateness and in fear says, "I do not want that. That cannot be."

But those energies that you would label as being somewhere outside of you and you would be fearful of, are but aspects of you that want to be embraced and loved

and understood and welcomed back into the wholeness of you. As you can sit with any of what you feel to be energies outside of you and you can extend to that energy or energies the Love of the Father, it will transform the fear that is there now. It will bring them into a place where you will see them as friend. For indeed they are friends. They are aspects of you that want to be welcomed Home. That want to be acknowledged and dialogued with.

Not in fear. You do not have to worry to banish. All that does is to put them out there where you would see in a belief that they are out there so that they will come again. They want to be acknowledged and loved. They want to be welcomed Home into the heart of all. You do not have to fear them. The voice of ego, yes, the voice of the world, the voice of previous training, whatever you want to call it, will say that there can be something out there that you need to fear.

But as you allow yourself to look upon all the aspects, energies, "they" and say to them, in a timid way perhaps at first, but to say to them, "Okay. Come here and make yourself known to me. I extend the Love of the Father to you." And then remember to breathe.

**Come here. Make yourself known to me. I extend the Love of the Father to you?**

Yes. You will find that what seems to be a huge shadow, ogre, energy that would be fearful, is reduced to the place where you can see it and talk with it and in time, you will love it. You will know it to be you. Nothing more and nothing less.

The words that I have spoken to you in this evening have much wisdom that will be revealed and understood and integrated into you over time. In this evening you have grasped what you need to grasp of it. It is a beginning. But what I have revealed to you will come and be understood in wholeness in time.

What is seen now but faintly, will come into brilliance of understanding later, and there will be such joy that you will feel beloved one for you will know that there is nothing and nobody who will threaten the holy Child. There is only Love for you.

**Have you appeared to me before?**

Yes.

**On this plane?**

Yes. And will do so again.

**Beloved angel, how are you in this evening?**

**I thank you so much for your kindness in helping her.**

And I thank you for yours beloved one, for you are my voice, you are my hands, my smile that nurtures one of my brothers and one of my sisters. I thank you for doing this. What would you ask in this evening?

**I have two questions. I would like to know what you see in me that entitles me to be called an angel? Because I want to keep doing whatever that is.**

Oh, beloved angel, yes. It is the Light that you are. The Light that you radiate. The Light that others of your brothers and sisters behold even with the physical eyes. You are an angel upon this plane. You are the Light brought and focused upon this plane and extended as Love. Everyone in your presence feels the Love of the Father, the angelic Love. You are Light incarnate. Beloved angel. What else would you ask?

**We were discussing several months ago, soul could be equated generally with memory and Spirit could be acquainted generally with energy. But I was wondering about the word "consciousness" as referring to Randolph, he doesn't specify I'm a mind, I'm an energy, I'm a Spirit. He uses the word consciousness. Why is that different from the way Jeshua speaks?**

There are different languages that are spoken unto different ones. It is the same as you see spread across the face of our Holy Mother, the Earth in this time, the different languages known as the English which has been Americanized. There is the Greek, there is the you name it, a whole list of languages and ones brought up in that culture, in that alignment understand the vibrations of sound as they come through in that language.

It is the same with the expression of ideas and concepts. There are certain languages that ones will resonate with, find themselves in alignment with and it will spark as a catalyst, it will spark the remembrance that says, "Oh, yes. I know what that is. I can relate to it."

Consciousness is the energy that you are brought into awareness right here, right present, right now. There is a certain consciousness which is the totality of awareness in the energy. There are levels as again there is the belief upon this plane that says there must be levels. There are levels of consciousness that you identify and yet it is all one energy.

Now as we spoke earlier of the Spirit, that is the energy of Light and Love that you are from before time began and beyond the drama of this experience when the purpose of time has been fulfilled. That is the energy of Light and Love. The soul as it is understood is the collection of all of the remembrances, experiences that you have collected as you would see yourself to be an individuated expression of Spirit. And yet even souls are not separate one unto another. It is only in this point of focus that there is that labeling.

**Yes.**

Yes. You are the beautiful consciousness of the angelic presence. That is what you bring forth. That is what others experience with you. Your consciousness, your awareness of that angelic presence is expanding because of your willingness and it is reaching out to others as you allow it to radiate through the being that is manifested, that is understood to be standing in front as a form in front of another one.

But as you have already discerned beloved one, by the asking of your question, these are all terms and labels and what is the Truth is the oneness. It matters not what you call it. The heart knows and the heart, beloved one, is alive and well. Thank you.

Beloved brother, it is a joy to behold your radiance in this evening. What would you ask?

**It's a joy to be here. Thank you.**

It is felt. Ah, do you see, there is an upliftment. What would you ask?

**Perhaps some more levels and numbers.**

Yes, one likes to play with the levels and numbers.

**Yes, one does. Briefly, I think I've had an extraordinary experience in the heart and what's come through is the fifth dimensional Light has actually come down to the point where it's anchored in my heart.**

Yes, this is true. Yes. You have often been one who has been a forerunner, the grand adventurer who has said, "I will be out and I will do it first. I will be on the crest of the wave." And there has been two sides to this because sometimes you have felt very much alone out there and you have looked behind and you have said, "Where is everybody?"

But at the same time it is the unlimited energy of the wave of Light that you are that cannot stemmed, cannot be held back. It says, "I must always be about my Father's business. I must always be expressing and experiencing." What you have discerned is true. You have already experienced fifth dimensional unconditional Light and Love that is very truly anchored in the heart. Because of the willingness to release old burdens and baggage and to come through a process of enlightenment, you are now at a place where you can allow the Light to be experienced.

You are one, also, that allows this to be translucent, to be seen. The form itself is translucent and the Light that you radiate can be seen by the brothers and sisters and this will continue to grow. But beyond that, what you feel in the heart will continue to increase.

**Oh, my. Oh my.**

Yes.

**It's quite physical. I'm into delightful and magical end.**

Yes.

**And very physical. A delightful cellular experience.**

Yes. It is meant to be for you have said that you will bring it into this point of expression. Not just to experience it in your times of meditation, your times of great religiosity of going off to somewhere else. You've done that many times as the monk. You loved to do that. But this time you have said, "I will bring it into physicality." And yes, it is a most physical sensation and expression.

You will share this with the brothers and sisters. You will allow them to know that it is quite possible and that it is not something that they need fear for indeed it will not devastate the form. It will not blow out all of the connections.

**Right, overwhelm the nervous system.**

Exactly. There will be a gradual inflowing and radiation out from the cells themselves. There will be a change as there is already a process of change that will enable that to happen. The circuits will not be blown.

It is good to breathe.

**Yes. Have I numbers, have I also done maybe even simultaneously with this, or at least co-equal with this, have I passed my fifth initiation? Or am I close to that?**

Yes.

**Am I truly?**

Which would you choose? Which would you acknowledge?

**That I've pass it.**

Indeed. It is true.

**Alright.**

Ah, it's great to have the levels.

**Yes it is.**

It shows the process. It says there is progress in this process.

Yes.

That is what levels are good for.

**Beloved one, beloved songbird, are you singing in the heart?**

Yes.

Indeed you are. There is a radiance about you. More and more there is a peace about you. It is as if the pieces that you have been playing with are falling into place subtly, but they are falling into place. It is not a great upheaval. It is not traumatic. But day by day there is a peace that seems to find its niche. What would you ask in this evening?

**Well I guess I really don't have any questions tonight.**

That is because the pieces are falling into the great peace that you are. This will continue for you for you have already, what you would call, turned a corner. You have already said, "It can be easy. It can be gentle. I will accept," therefore, it comes rushing in. Not to overwhelm, but to fall into place. The peace that you feel beloved one, is much needed upon this plane. Others in your presence feel the peace.

Many will call it an old wisdom and it is from before time began. Others will look upon you and they will say, "This is an ancient master," and this true. This is a gentle one who knows how to bring the peace of the Father and spread it as a healing balm upon the troubled waters. You do this with your songs. You do this with your smile. You do this with the gentleness of Love expressed. You are an ancient master as are the others. But you are beginning to remember it.

Be gentle with yourself and with others for indeed the Father is gentle and dynamic at the same time.

Thank you.

Beloved servant of the Heavenly Father, one who has often served with love in the heart, with wisdom that is spoken in the words, with encouragement and sometimes the prod from time to time that was needed. What would you ask in this evening?

Well not very much, but I was just wondering if there is much else that I can do with Otis, my husband?

Already you are doing everything that needs to be done. This one feels your presence. This one responds as much as he is able in the language that is understood. But he very much takes joy in your presence when you are there and even when you are as you would see, removed and you think upon this one. It is felt.

For you are very much bonded heart to heart with this one. You have come through many lifetimes with this one, and again, you will do again in remembrance of the wholeness, not in the forgetfulness, but in remembrance of the joy.

There are aspects of this one that he is already embarking upon that bring him great joy of the mind. So that not all of the mind is with the form. But the heart, beloved one feels your presence. There is nothing more that you need do as far as the worldly activities or things that would be for his comfort. What you do in the upliftment of your own heart goes out and is felt by his heart, in his heart.

This one is never apart from you. As you have shared the work of the spiritual work, as partners, this one came to know in great evidentiary manner for him. Came to know the oneness with you and it is what serves him well now. He is with you in the times of meditation. He is with you when others come to you for the guidance. There is much that this one assists even though the form seems to sit in a chair somewhere.

In regard to the prodding, am I prodding too much?

No, beloved one, you are not. You have gained what you would call as a mellow-ness, a wisdom through the years that has said, "I will prod yes, but I will prod with

love and I will allow others their choice. I will bless them in their choice." But as the guidance comes to you, you will prod from time to time. It is very much your nature.

**Yes, it is. Okay.**

You are doing well with it. Ask always first, as you have done, you have often done this in what you would see as the last three years of your timing, ask of the Father the guidance first before the words are spoken. Then you will know that it comes not from you as the individual personality, but that it comes to serve from the Father.

**Okay. Thanks.**

Thank you.

Beloved one who always has a question, how are you in this evening?

**Well I really am just fine.**

You are indeed.

**One thing I'd to comment on is I have recently read the book, "Wave of Light," you are familiar with it I am sure.**

Of course, beloved one.

**Well, I'd like to comment on that. First of all and that is to say that you have talked about a wave of Light and the Light and seeing the Light and that just says it so perfectly. I wish everybody could really read that, hear that.**

Yes.

**It is just beautiful. Now I have a couple questions. One of them is you've talked about the things that we choose or we decide or we declare before we come. Do we also declare what sign we are going to come under?**

Yes.

**Do we really?**

Yes.

**And I suppose that has to do with vibration, too?**

And also again with the belief of what that sign means. Now in other words, there is a certain belief that is attached to the different signs as it is understood in this point of focus, this day and time which seemingly reaches back to ancient times.

But I would say to you that you could easily take all of those signs and jumble them up a bit, and you would find aspects under that sign that would apply to you and you would say, "Oh yes, that applies to me. That is why I am that sign."

**I think so, too.**

Indeed. You are all of the signs. You are not separate from any of the signs or any of the aspects or any of the brothers and sisters that you would see that find themselves born under a certain sign and therefore attribute to themselves certain characteristics.

**Then why do we choose to be born under a certain sign?**

You choose a certain time. The assignment of the sign is part of the belief, the accouterments of what you have said you will have as ingredients in this play, this scene that you are playing. Part of the fun. It is one of the like red balloons, blue balloons you say you will play with upon this stage.

**And the other question is: what is, there are certain people who have different personalities, they get into real deep traumas and they jump into another personality, is that a reality with a small "r"?**

Yes, beloved one.

**Can you talk about it a little bit? How does that, like "The Three Faces of Eve" as an example.**

Yes.

**Are they another dimension, the ones that are not being used right now?**

They are aspects of the total Self. As we spoke unto one previously, who would feel that there are energies somewhere around. These personalities that express are aspects of Self -- with a capital "S" -- and you see this now with more and more prevalence because you are willing to understand that the Self is multi, infinitely faceted. And so you have ones coming and saying, "Well there are three personalities that express through me." Another will come and say, "There are five, there fifteen, there are ninety and I don't have room, time for them all to express." It is why you bring forth the phenomenon known as channeling in order to go beyond the constriction of belief in just one personality, one expression of individuality.

Oh.

It is much the same. the ones who bring forth what are called multiple personalities, are allowing themselves and being the servant unto brothers and sisters to bring forth more of the totality of Self into expression. So that you can play with unlimitedness.

**Well like if I brought forth two or three different selves, could someone just as well be part of my sister?**

Well there is no separation, beloved one, when you take it to a certain point.

**I thought that's what you were saying.**

It is only the belief, very strongly held so far, that there is a boundary to Self, as we have spoken.

**Yeah, I kind got that.**

In the years to come you will see the energy that intermingles and there will not be the belief in the separation as there is now. But even the expression of what would be other personalities, other personality traits, will be seen as normal, commonplace as it is chosen. Now not everyone is going to choose. It is much as you would be the radio and you would have several channels that you could choose from and on Monday you will be channel seven, and on Tuesday you will be channel fifteen, and whatever. But it will be seen to be no big deal. It will seem to be within the range of normal, which it is not seen now, but it will be seen, and it will be seen as a choice. It is not necessary.

**I don't know if I know more about it now than I did when I asked or not. I have to read it. Yes, you may abide with it.**

**Tom will make me a transcript and I can read it.**

And this is true, and you may abide with it and as you do, there will be revelations that will come through. The Light will dawn. And you will say, "Ah ha." There is nothing of judgment that says allowing different collection of personality traits known as a certain person. There is nothing of judgment that says that is bad and there is nothing of judgment that says it is more good than just expressing one. It will be seen in the years to come that it is a choice. Much as you would dial your different channels.

That is all, for you know even now, as you will sit in meditation and you allow the mind to go and connect with loved ones who have laid down the body. Where does that happen? That happens beyond this singular point of focus.

**That is true.**

The same as you would sit and dialogue with another personality of you as you would label it another personality of you. It is neither good nor bad but the belief dictates and the belief changes. Thank goodness for that.

**Yeah, it's pretty static and dull otherwise.**

Indeed. And you have said, "I desire change. I desire expansion. I desire Heaven, the unlimitedness. I desire to know."

**That I do.**

Now to address the second question that you are asking about the various signs, the study of the signs and the language speaks a benefit for ones who want to know that. It allows them to connect and understand aspects of themselves. Traits if you will. It allows them a way to understand more of that self as they see the individual self, to understand that self as it is expressing in this lifetime, this point of focus. So there is much of benefit in the study of what is known as the astrology, the signs.

**Well it does seem like people who are Sagittarius, people who are Aries, these people are whatever, it does seem like they have common traits.**

Yes. Yes, and they also share traits with other signs as well and this would be explained because there is a secondary sign that is ascendent in another house, et cetera, et cetera. You see it becomes very complicated and yet it is all one.

Didn't you study that?

Of course.

I thought you do.

Of course, yes. It was our way of understanding the whole. To study the parts. That is why you have the study of your, what it is called, numbers. Yes, numbers. You study the parts in order to know the whole to bring you to a remembrance of the oneness, of the wholeness that goes beyond the parts. So yes.

A very big subject.

That is how big you are for you are the one who is bringing it all forth to play with it.

It is exciting. I hope I can hold it all.

It is all within you. It is not a question of whether I can. You are doing it otherwise it would not be within your consciousness.

That's for sure.

There is a scientist on earth now, Carl Sagan, who wrote a novel but I think this is the theory in reality -- with a little "r" -- that the universe -- now I may fracture this a bit but -- something about the universe all consists, everything consists of one, one, one, one.

Yes.

These patterns of one. I don't suppose that is a coincidence is it?

I don't suppose that is. Of course now.

Jeshua, I think that Judith's body may be getting a little tired but I want to ask you really quick, because we are here tonight and the moon is full.

Yes, and is it not beautiful?

It is beautiful, and what is it that we earthlings have about the moon, the full moon? Is that just tradition or is it real?

It is real -- with a small "r".

Yeah, we were debating about that before.

What it symbolizes for you is Reality -- with a capital "R". As you behold the wondrous light that is reflected to you, it symbolizes the Light that you are, the Reality of who you are. That is why there is such an affinity, such a love of the moon. That is

why there have been so many songs written about the moon and so much worship of the moon as a goddess, and loved as the goddess that she is.

It is because you are loving that part of Self, that remembrance of Light. So whenever you have the fullness of the moon such as you have in this evening, it is a great reminder that you have brought forth out of your great power, your storehouse of the consciousness, you have brought it forth to remind you that you are that Light and more.

You are the Light, the brilliance, the radiance of ten-thousand suns and more. That is what you are in totality. That is the Light that you are, and you bring a portion of that to this plane of experience and that portion that you are willing to bring and manifest is growing. That is what we have been speaking of in this evening, this timing, that you are now willing to bring and radiate in manifest form even more of the Light that you are.

Beloved Elder, how are you in this evening?

**Better and better.**

Is there not a best?

**No, it keeps getting better.**

Hm. And when beloved one, will you reach that place of the oneness that says, "I am the best. I am that which I have been seeking."

**I am that I am.**

Yes.

**That is where I already am.**

Exactly. So it does not need to be improved upon does it?

**I'm still getting better and better.**

{Laughter}

It is your process.

**That's right.**

We will leave it at that. It is your process.

Yes.

Would you have a question in this evening?

**Yes, your beloved friend and teacher feels abandoned with what's going on at Oakbridge sometimes, and I think she needs to hear your perception of what's going on, as well as myself.**

Yes, I was going to ask if you wanted to hear it as well.

Yes.

Indeed, this one is playing some old patterns for herself of abandonment, of lack of worth, because she wants to know her own worth. She wants to know that love of itself is the importance. That it matters not how it is seen out there, but what is important is how it feels in the extension of it. In other words, to come to a place where to serve one, one brother or sister is to serve Self -- with a capital "S" -- and to be fulfilled, to know the wholeness of that.

Not to listen to the voice of the world that says, "Worth is measured in numbers." Or worth is measured in amount of love or activity that is seen to come back. But that worth is I AM from before time began, which she is and to know that the love that she gives so selflessly as the small "s", is the love of the Father and if it is given unto just one, that serves the Father.

She has agreed that she will come and do this work in order to know the Love that she is and to know that the Father values her whether the brothers or sisters see it or not. Allow this one to know that she is greatly loved of the Father. That is why she has the courage to do what she does not understand.

Allow her to know your love, your support, which you do very well. Speak to this one often. She needs to be reminded of it. She has a short memory. Allow this one to know that she has great courage to do what she does. For she does not understand what happens.

**I know she doesn't.**

She does not even understand the process of how it comes forth, and yet she is willing to do it and she asks of herself before, especially before and sometimes afterwards, "What was that all about and how can this be done? And am I good enough to do it?" Yes, she is good enough to do it because it is done. That is the proof in the pudding as they say.

You beloved one, you are doing very well with this as well, for you also share in an agreed vision, in the vision of Oakbridge as service, but you also agree in a certain vision that says that it will be small. It will not always be small.

The beloved friend and teacher has spoken yesterday that she is ready for a change and this is true. The change is already in process, but what she will come to know before that change is that it matters not whether the work is on a grand scale or on a one to one. For what she has allowed to happen in this evening, to come forth in this evening has been of great worth and if there were only one who came in this evening, it would be of great worth.

But everyone who has come in this evening has come by choice and has called forth exactly the love and the understanding that they have desired and there has been much of healing in this evening.

The vision that you hold for Oakbridge is a sacred vision. It will in time manifest the belief in the potential, the trust, the faith, the knowing of the potential is true. You do not have to worry about how it grows.

There is much of responsibility that comes from time to time as a habit that says, "I must tend this. I must make it grow, and if it does not grow in accordance with the way the world would judge growth, then perhaps there is something lacking in me or the beloved friend." The one known as Judith, will say that to herself. That is a limitation of image. That is a false responsibility. The responsibility lies with the Father and everything is unfolding in its perfect order according to the choices that each individual brother and sister as they see themselves to be individual, make.

The ones that you see going from you, go in order to complete aspects that must be completed. They must know the chocolate pudding up past the eyebrows and the scalp. They must know it, therefore, they leave to go to do completion. It is not a judgment of you or of any decisions that you have made or not made. They go to complete what they must complete.

But the vision and what you have been willing to set and do the groundwork for, to set into manifest form even in the paperwork, the vision is true and it will serve many throughout the years. Already it has served many. There have been many who have come and been touched and have opened to more understanding of Self, because of words that were spoken and more than that, because of love extended.

What will bring you and the beloved friend and teacher much joy, is to abide in love. To foster love within the group. To focus upon love, the simplicity of love. It matters not what they, as you would see, say the lecture is. What matters is the underlying love of service that "I am here to share with you revelations. I am here to share with you my love out of the great Love that we are," and to reinforce, to foster, to nurture, to augment, increase, praise the love of each one as they allow themselves however timidly to express love to another and to self.

That is the rock upon which to base the future growth, as you would call growth, to base the future work upon the rock of the Love of the Father. To look upon ones who come as the children of the Father for they are, and to encourage them as you would encourage a small child to play with another in loving peace, in harmony. To encourage them to see the good of others. Not to look for the faults that are most obvious. Anyone walking the streets can see faults. But to encourage the Child of the Father to see another Child of the Father as whole. To see the Christ. To praise that.

For you and the beloved friend and teacher, the one known as Judith, to praise that for it increases and you praise it and to encourage others to look for and praise the goodness and the love of others.

Will that grow the numbers? Probably. Will it bring great joy to your heart and to the heart of my beloved friend and teacher? Yes. That is what is important, to abide in the joy of that love and to let the rest of it unfold as it will. The numbers, although they are fun to play with, do not matter. They will do what they need to do.

You will always be taken care of. The work itself, you have already seen the miracles from month to month, how the support has been there manifest out of thin air sometimes in order to pay what needed to be paid to keep the flow going. That will not cease. Believe it or not, that will not cease even though there are others who hold a

view that the thing is within its coffin dead and dying and needs to be put away somewhere.

The support what is needed in the material form, will always be supplied and it will be the same for you and the beloved friend and teacher. Would the Father ever abandon His Child? Would the Father ever abandon His servant who serves from the heart? No. The Father does not even abandon ones who are out there and have no consciousness of the Father's Love and activity. The Father never abandons. So you and the beloved friend and teacher will always be provided for.

There is a certain simplicity that you desire. There is a certain simplicity that is desired within the heart of my beloved friend and teacher. Some of the extra baggage of material possessions will be simplified because there is a desire to come to the place of the heart without all the extras. There is a bit of heaviness of the burdens of the physical surroundings. I refer here to the dwelling, but the timing, you will know the timing. The timing is not yet.

One morning you will awaken and you will know the course. She will know the course. But there is as you have discerned with this one, my beloved friend and teacher, there is a period that precedes manifestation in her reckoning, it is two years. She feels a need for simplification and this will manifest. But it is her belief in process that says it will be two years. So be it.

There is a certain exquisiteness of timing for there are pieces that will come together in place. They are not yet in the place, but they will be. Reassure my beloved friend and teacher that she is loved of the Father. That because she has the courage to do what she does not understand, this proves to her that she is more than the small point of light that she thinks herself to be.

Ask her where she thinks that courage comes from? And she will say, "I do not know." For she does not know. Maybe it comes from the boots somewhere. It wells up inside, but she finds that courage though she understands it not, to do something that is beyond the usual expression.

She has a fear born of many lifetimes that she will be judged, that she will be persecuted, that she will be abandoned because others will see what she is doing as strange and she will be outcast. This has happened for her in what she would believe other lifetimes to be. She has experienced that and the remembrance of those lifetimes is not very far below the surface.

So it comes to be healed. It is an old wound. An old limited self-image that comes to be seen in wholeness. She has a fear that she will not be good enough to handle whatever this is and that she will be judged. She judges herself. But allow this one to know that because of her great courage she extends the Love of the Father and it is a great gift that she gives to others and to herself and she is loved of the Father.

**Thank you.**

Thank you, beloved one, for you are loved of the Father.

Well beloved ones, it has been my grand joy to come and converse with you in this manner.

Ours too.

Yes.

It has.

It has been a shared joy. Always I enjoy being called forth in this way so that I may reach out and touch....

Thank you, so much.

Yes, and in the other ways of the heart when you call upon me silently within your heart I am with you, always. And when you ask me to come and manifest before you as a brother or sister and to sit next to you, I will do that as well. Yes.

**What is the path I know that you talk about?**

It is born of an old fear, beloved one. It comes up for you now because you desire to come through it and to know that nothing comes unbidden. In other words, you invite everything that comes and if you invite everything that comes including the paranoia of whatever might be feared, if you invite it, which you do, you have the mastery over it.

**Paranoia over what?**

Unknown fears that might perhaps be a threat. For you have manifested for yourself many lifetimes where there have been threats to the body, the form. Lifetimes when there have been threats perceived to the emotional well-being. This time, this lifetime these remembrances come in order to be healed. There is nothing that is outside of you that will harm you. Everything that you experience is there because you have asked it to come. And if you have asked it to come which you have, it is because you are the master. You are the master of your house and no one comes uninvited to your house.

Therefore, you have the power to love whoever comes. That is your power. But you do not do it alone. You see, that is the great power. You do not do it just of the small self alone. You ask the Father yes, and you ask me, yes, and others of the angels, guardian angels as they would be called, to be with you and give you strength. And instantly it is there for you.

It is not a strength that is separate from you. You are calling upon the strength of your being. But for a time interval, for a time you may see it as being somewhat separate from you. That is alright, but know that you never do anything alone. You have great power, power of Love because you are not alone. You need not fear.

**So you said, come unto me and give yourself to me? What is the other part?**

So that I may love you. So that I may understand you and welcome you Home.

Great joy. Great joy and great love in this evening. It is my joy, the joy of the Father to share this with you as you have been willing to call it forth. For indeed nothing happens without your willingness, without your consciousness.

Go this evening in your timing and remember the exercise that I gave you before you lay the head upon the pillow. Stretch forth the arm and pat yourself on the back. Stretch forth the other arm and hug self. For you are greatly loved of the Father and what you call forth now is a new change. You are creating change upon this plane. You are ushering in the energy of love and grand there is the joy thereof.

So be it.