

Falling In Love/Ascending in Love

1995-02-10

Beloved and holy and only Child of our Heavenly Father, Child of the One Source, Child of Light divine. I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is great joy that I come to abide with you this evening in your timing as you have chosen to turn the focus of your attention unto me. As you have chosen to come together as the heart family that you are. Putting aside other activities, other interests, other places that were calling unto you this evening, to come and be together in the love and as the Love that we are. That brings great joy does it not?

I can feel it.

Yes. That is what joy is all about, it is to be felt, to be expressed, to extend, to share, yes. When my beloved friend and teacher, the one known as Judith asked me what we would be speaking about this evening, what title to put upon it? She always asks me that when they are making up their sheet of paper, she always asks, "Well Jeshua, what are you going to speak about that evening?" And so I asked her, "What would you like to speak about?"

And she said, "Well it is the month of Valentine's day, the month of love, surely we should speak something about love."

And I said to her, "Oh, you wish to talk about yourself?"

She said, "No, not me." And I said, "You wish to speak about the One Self that we are, the Self of Love, that is now coming to be known, acknowledge, grasped, claimed upon this plane," and she shared in great joy.

So we came up with a title: Falling in Love, Ascending in Love. All of you so gathered in this room have found yourselves somewhere in this, what you would see as this lifetime, falling in love. All of you have fallen head over heels in love. And you have found yourself to be a new person. You have wondered, you have wondered, "Who is this person I feel myself to be? I am doing things now that I would have only imagined. I've seen others of my brothers and sisters act this way but I didn't think I would. And yet, I find myself most excited to think about this one person. To be with this one person. To share, finding that there is great excitement coming together, sharing, asking, "How is your day? What went on for you? What new insight? What happened?" And you could not wait until you were in that one's presence again to share of the heart.

You feel yourself to be alive in that love and that is so. That is why so many of your brothers and sisters fall in love over and over again. You have looked upon society, the brothers and sisters in the recent time frame and you have wondered why there is so much of the changing of relationships? Almost as playing musical chairs and you have wondered, why is there so much of a change? It is almost as ones would try one relationship for awhile and then they would go back and exchange and say, "I want a new one. I want to start over."

It has always been thus even in times when there was not perhaps the more obvious change of partners, but it has always been thus. Ones have always looked beyond

the one relationship and have often found themselves admiring the grass in another pasture and felt that the grass somewhere else was a bit greener, for a time, until they came unto the awakening and looked upon their own back yard and found that love was right there all the time.

But it is now the way of mankind/womankind to want to experience falling in love. To have that feeling of being alive, that dynamic aliveness that makes everyday feel worth living, an excitement. And underlying all of that is the desire to know the love, the very dynamic love that is your true nature.

You have found throughout many of what you would see as lifetimes, you have found yourself in relationship. Some of them happy. Some of them challenging and you have "taught" yourself - quote and unquote, "Taught" - that perhaps relationship was a bit dangerous. That to share quite freely of the heart could bring challenge, could bring sorrow. And so throughout what you would see as lifetimes, you have encased the holy Child that you are, the heart that you are and put up what would be called an armor around yourself and said that it is only safe to share just so much of myself. Most of myself I will keep until I am really sure that it's safe.

Now you are feeling a grand desire to throw off the encasement as the seed does when it bursts forth with new life. That is where you find yourselves in this lifetime. You have come through even in this lifetime what you would see as many relationships. You have tried many of them and there has been benefit in each one even though at the time it might have felt a bit constricting, a bit sorrowful, a bit confusing and yet at the vantage point where you find yourself now to be, you can look back upon all relationships and you can see where there has been love, true love and understanding extended after you have been able to come past the behavior of ones and you have allowed yourself perhaps, a bit of perspective, a bit of distance to look back upon it and you have been able to see that that one even though they were most engaged in behavior that was not loving, were searching for love. As you were.

Now, in this time upon your plane there is a great desire to know love, unconditional unlimited love. To feel a freedom of expressing that love knowing that there are no strings attached. Knowing that you can love freely whoever stands in front of you. Not to express always in a way that the world would judge, but to be free in extending the friendship of love.

For that, beloved ones, is all that you can extend unto another one and it is no mere thing to extend the friendship, the love of friendship, true friend, equal one to the other where I behold the Christ that you are and you behold the Christ of the one who stands before you.

That is the Love of true friendship and that is all that you can ever offer another one and it is the grandest of gifts. The grandest of gifts, to give of your Self - the Self with a capital "S" - and in the giving guess what happens? You find your Self. You experience your Self. As you allow the heart to open and to love freely, caring, understanding, asking to be companion upon the path, as you allow the shutters of the heart to be flung wide open you find your Self and you experience the Love that you have been searching for.

Falling in love is falling into a state of experiencing your Self, your True Self. For your True Self is most alive. Your True Self is most dynamically exhilarating. It is not the

love as the world would teach you that has the constrictions upon it. The "shoulds" of how, how it is safe, how it is not safe.

But your True Self is the exhilaration of falling in love. That is why it is so desired for in those moment of falling in love you experience the releasing of the boundaries that you have thought yourself to be. You have experienced the releasing of the boundaries of what the world has taught you that love is. The world has taught you that love is an exchange. That I will give my love unto you if you give your love unto me. I will give my love unto you if you give it to me in a certain way.

Not only that you give it to be but that you give it to me in a certain way. That it is a committed way, that you do not make waves, that you are always happy, that you find me to be the most wonderful person that you have ever met.

{Laughter}

And you feed my ego, et cetera, et cetera, et cetera. But that is not true love. That is conditional love. That love you have known throughout aeons of time and that love has changed from culture to culture and society and society and time to time. That love changes, but the Love that you are is changeless. That abides forever. That goes beyond form. It goes beyond the physical exchange of energy known as form. When the form is laid down the love does not end. The love that you carry in your heart for one is always there. No matter whether that one stand before you utilizing form or if that one stand before you in their Light body. That love that you carry in your heart for that one is always there, always live, always eternal. That is why it feels so good to be in love for you touch the eternal part of you and you come alive in that. And that love, beloved one, does not cease does it? It is always there, and it is returned to you.

What you are teaching yourselves now, nay, not teaching but remembering, is that you are the Spirit, the Light, the energy that activates form and even though the form be no longer with you to reach out and touch, to reach out and play with one, the Light that one is, is always with you.

Some of you so gathered in this room have asked what are known as the soul-mates, to be with you in Light form, not to take on the form of the density of the body in order that you may know unlimited love, that you may experience other dimensions of love.

For when there is form in front of you, when there is form to reach out and to touch, to play with, to interact with, the focus is upon the form, most of it, but you are now coming beyond that.

All of you so gathered in this room have asked to know what is love? For you have asked to know your Self, and you bring for yourself relationship and the many forms of relationship so that you can see beyond the limitation of form. So that you can look beyond the limitation of behavior, choices, personality. So that you can look beyond even the absence of form. So that you can feel the presence of Love even though perhaps you do not see the form of that one sitting next to you. That one is very much sitting next to you and you can feel their presence.

The presence of Love is very much in this room. The presence of Love is very much in your chariot as you drive. The presence of Love is very much in your classroom, in your workplace if you but have the eyes to see it, the eyes of the heart.

And it is a great gift that you give unto yourself for you are allowing now, the boundaries, the limitations, the image of who you have thought yourself to be. You are allowing those limitations to be cast aside. You are pushing them out, like with the elbows and even with the extension of hands. You are saying, "I will know who I am. Not just this part of me, but all of me," and then you bring forward into your experience the very relationships that will allow you to know that you and the one who stands before you, you are much more than the body, the form, and much more than the personality with which you identify in this time.

Falling in love is grand, and it can be done in every moment of every day. You can fall in love with the one who stands in front of you at your grocery store. The one who adds up all of what you are to pay in the golden coins and will hold out the hand, or the one who runs it across that beautiful window and it measures, almost magically, what the items will cost.

You can fall in love with one that you see upon the street corner. You may never know their name in this lifetime. It matters not for the name changes. You have known that one in other lifetimes. There is no one that you look upon that is a stranger to you and you can fall in love. Looking upon that one and seeing the unique expression of the eyes, the love-light in the eyes. The way the softness of the hair falls, the beautiful form and the Spirit that activates that form.

Each and everyone who stands before you is as a beautiful flower unfolding in their process. They are very much as the beautiful flowers you have here, very much opening and unfolding in their process. If you but take the time to pause and to look deeply with the eyes of the heart you will fall in love.

This does not mean that it needs to be expressed in the ways of the world. No, for you have come past that. It needs to be expressed in the ways of eternity, the way of unlimited Love, the way that says, "I recognize you. I see the Christ that you are. I look beyond the behavior. I look beyond the appearance and I see my Father in you."

And in that, you fall in love everyday.

Everyone who comes into your presence is as a beautiful gift that you give unto yourself. For truly, beloved one, you have called them forth. They would not be there in your presence if you had not called them forth. And by the same token, they have called you forth in order to know and experience the love that they are.

There are so many of your brothers and sisters who are still very much encased in their own seed. The seed is alive and well within them but the encasement is so dense that they are crying out to know, to have someone be outrageous enough to stand in front of them and to say, "Hi, I feel lighter in the heart when I am with you." To say, "Hi, how goes it with you today?"

Everyone of your brothers and sisters waits for your acknowledgment of who they are. They wait for you to look them straight into the eyes and to say, "I know who you are."

Many of the brothers and sisters as you have seen go about with the eyes cast down and do not look. Many of them are so busy in what they think they are doing that they do not have time to pause and to behold the beauty of a sunrise or a sunset.

As you allow your heart to open, as you behold the beauty of the sunset, you uplift all of creation for in that moment the emanations of love that you set forth and send forth, go out freely on a vibratory level that is accessible to all and some of the brothers and sisters will feel it consciously. All will feel it at some level for there is no separation, but some are ready to feel it and for an instant, they will feel lighter in their heart. Perhaps not knowing why, but they will feel lighter in their heart because you have stopped for a moment to see the beauty of the sunset.

That is falling in love. That is what love is all about, allowing yourself to come dynamically alive in that excitement of falling in love. Connecting with that energy.

So many of you, not now, but in past, and so many of the brothers and sisters have gone about throughout lifetimes dulled, encased, afraid that you have not even allowed yourself to have the hope that there could be love for you.

Many of the brothers and sisters now, that you see now, do not believe that another could look upon them and love them and they do not love themselves for they are waiting to see it come from outside of themselves. They are waiting for someone else to recognize what they have not looked yet far enough to find and what they would not trust and do not trust.

And when you go about with a light heart in love with life, guess what happens? It is contagious. Have you ever been around one who was in love? Yes, they get quite silly, and their energy is contagious. And I will share with you, that that energy is your true nature and that is the energy that leads to ascension.

For as you have gone through what you would see as countless lifetimes, dulled to the love of life, dulled to your own true nature, the very idea of ascension has been afar off. If you have heard of it at all in those lifetimes, it was that someone afar off from you, someone who had no relationship to you had ascended and must be worshipped as a god.

Now you are allowing yourselves to contemplate the possibility, the probability and the truth of ascension. You are bringing forth multitudinous books, writings on ascension. You are bringing forth ones who give the workshops. You are bringing forth the guides and masters from what you still see as another dimension and yet it is where you truly abide when the focus is taken off of this form and this expression. You are bringing forth the guides and masters who will share with you what ascension is and what it feels like. And you are playing with the idea that perhaps, perhaps, ascension is possible for you, and it is.

For each and everyone of you so gathered in this room, and for each and everyone of you who have ever wondered, played with the concept of ascension, have ever looked upon a book that had that title, guess what? It is most possible, most probable that you will ascend even in what you see as this lifetime.

That is why you are calling it forth now in your consciousness. You have said at a very deep level, "I am ready to expand the boundaries of who I have thought myself to be. I am ready to welcome my unlimited Self and to know what that feels like." It is a grand time to be alive. Perhaps you did not think so a few months ago, but that has changed and it is a grand time to be alive for there is much that you will experience in what you see as this lifetime.

It is not just that I, Jeshua ben Joseph or other masters, cosmic and otherwise, that have ascended. I will share with you that all of you so gathered in this room have ascended. Now you say, "How can that be? I feel the body to be sitting upon a chair. I feel the body to be very much anchored right here."

I will share with you first of all, that you have ascended, otherwise you would not relate even to the concept. There is within you at a very deep level, a knowing. A knowing of what ascension is all about. Where does that relatedness come from? Where does that knowingness come from? It comes from what we have described as the sphere of time. The sphere in which all of the points of experience that you would label as lifetimes, histories, that sphere that contains all of what you would see as the experiences of expression within the bubble of time. Within the bubble of time, as you see it to be. At least one of those points, and actually more, at least one of those points ascended.

Therefore, when we talk about ascension there is a knowingness, somewhere deep within you that says, "Yes, I can imagine what it would feel like to ascend." Somewhere within the bubble of all of the experiences of time you have ascended.

But let us bring it right here and now to what you know as this lifetime. All of you have ascended in moments when you felt yourself and found yourself to be much more than what you thought yourself to be a moment previous. All of you have experienced a moment of unlimitedness. In meditation, perhaps, in music, perhaps, in loving, perhaps, when you looked upon the small infant and you found yourself to be dissolved in love. When you looked upon the beloved pet and there was an instant of love that was unconditional and eternal. When you have looked upon the sunset and you found yourself drawn into it. In that moment you ascended. You forgot your close identification with this point of focus and you ascended.

And I will share with you that in the days to come you will have more and more moments of ascension. You will find yourself not to be so anchored in the activities of the world and so anchored with the identification with the form, the body, that you will know that you have ascended for moments of time.

When you allow yourself to forget self, the small self with the small "s", and you have cared for another, what they were feeling, what they were going through and you were so identified with them that you felt you were actually inside their skin, looking out through their eyes, feeling their feelings. In those moments you have ascended and transcended the small personality.

In my lifetime through my studies, I came to understand that I and the Father are one. You have heard that said, you have read that in our Scriptures. I came to the place of knowing with assurity that I and the Father are one. There is no separation. I am life upon this plane, as you are. I am life upon this plane and all other planes and dimension that you can ever imagine, will ever imagine, have ever imagined and more.

I have collected unto myself the molecules of physicality in many many forms. Not just the form that you would see standing before you, this one that I borrow. This one that is like your form, but I played with, the same as you have, different forms of life expression upon this our Holy Mother, the Earth and upon other planets and other universes as well, as you have done. For I am not limited and neither are you.

That is why you can imagine what it would feel like to experience life in another form somewhere else. That is why you have interested in what is known as your science fiction. That is why there is relatedness with other forms that yes, look a bit strange perhaps than the one you see in your mirror, and yet, you have played expressing with those forms and with other forms that are as yet beyond your imagination.

I and the Father are one. I am life upon this plane as you are. I am the Light that casts out all darkness. I am the light that activates the form, as you are. The form, the body, where is it after you have chosen to lay it down and you have gone, as it would be, somewhere else? You do not go that far, but you have seen a lifeless form. You are not the body but you activate it. You use it for what you would see as a time interval. You are its master although oftentimes it calls out to you and say, "Hey, you know, maybe it's the other way around." I experienced that, too.

Within what is known as life expression upon this plane there is first a descent into matter. You have chosen as the god that you are, as the angel that you are, as the Light energy, the consciousness of Light energy, you have chosen to know what it feels like to be amongst your creations. Not only to be amongst them but to activate them and to see what it feels like. What does it feel like to go about with a density of form? And you have tried all kinds of forms. You have been the beautiful flower. You have been the tiny songbird. You have been the huge bird, larger than what you see now in your time. You have been the dolphin. You have been the great whale. You have been the tiny minnow. You have been the alpine flower and the tallest sequoia tree. You have been all of those forms.

You as the great god that you are, and you are for you are your Father's Child, desired to know creation. You asked, "What can I create?" And having created form you then wondered in what would be an instant of time. {snapping fingers} That fast. Faster than that. "What would it feel like to be that form? What would it feel like to run amongst the grasses that you had just created?" And you came with a form of Light and you ran through the grasses until one of your other creations ran a bit faster and ate you up.

{Laughter}

Not you, but the form you were activating. You have tried over and over different forms to know intimately Light in density of form. For that is what this is, this is Light brought to a certain vibrational level that is seen to be density of form.

There is no difference between what you see as your form and the angelic forms except for vibratory rate. The rate of Light that you have chosen to have your focus, your point of focus upon in this moment.

I, too, have come many times to our Holy Mother, the Earth to experience life with form. For I have enjoyed true joy. I have enjoyed being creative and to know my creations. I have enjoyed relationship. Simple relationship of love extended and shared as the simple peasant, the simple farmer, the simple fisherman, and I have also known lifetimes of complexity.

In the lifetime that is so famous now, the lifetime of Jeshua ben Joseph, I came knowing that there was a purpose as there is a purpose to your expression upon this plane. I came knowing the Light that I am, the Light that activated the small babe that was born. But I also experienced a close identification with form. In other words, what

you would call a forgetting. I did not forget but it was pushed to the background for it was necessary for me to know how it felt, nay, how it feels to be a man. To be a human, which is not to the exclusion of woman, yes.

And so there was a period of learning, of learning what form is, of what body can do. A time of experiencing all of the emotions that you experience. Times of frustration when there were lessons set before me by my masters and I wrestled with those lessons and the answer did not come as quickly as I wanted it to, and I judged myself and I felt frustration. Times when I looked upon another and I envied the form that that one was expressing with.

I felt envy, I felt jealousy until my father, my earthly father, the one known as Joseph, sent me to sit by flowing water and to abide with myself - the small self - until I came into connection with my large Self. Until I came to understanding that I need not envy anyone else's abilities or form for they are expressing life the same as I and I am perfect as they are perfect, as you are perfect.

It is but there is a variety of expression. No one expression higher than or lower than another for our Father looks upon all and loves all. But it was needful for me to go through a period of identification with what it means to be human so that I could relate, not from a place of just studying in the books or having it told to me, of what emotion, energy in motion, feels like. So that I could fulfill the Scriptures that I came as a man and I knew sorrow. Yes, I knew sorrow. In my understanding, my limited understanding I knew sorrow.

And when I allowed myself the perspective of the whole vision, the holy vision, there was no longer sorrow. For there is only sorrow when it is measured against time within the framework of time. Outside of time it matters not for the holy Child abides always within the Kingdom of our Father, though he/she feels himself/herself to be far from the Kingdom sleeping. She abides always in the meadow of our Father's Kingdom.

Within the bubble of time, within the bubble of the experience known as life-times there can be sorrow because it is judged as being more valuable to be in a certain understanding quickly, but that is within time. Beyond time it matters not.

But yes, in the unfoldment of my understanding I knew sorrow. I knew the emotions. I knew human love. I knew attraction of form to form. Physical form, physical attraction, yes. I looked upon ones who utilized the form of woman, beautiful, and there were ones that stirred my heart as a man.

There were ones who had the dancing eyes, who gave my heart opportunity to jump for joy, and it did.

{Laughter}

I knew the feelings of human love, but there was within me as there is within you, a feeling, a very deep knowing that there is more. I knew that there was an integration of wholeness, a balance, if you will, where all of what I experienced as a human was seen within the whole of experience and I knew beyond human love, I knew that there is eternal love that goes beyond form no matter how beautiful the form.

For indeed, that is what you fall in love with. It is not the form although that may be what attracts you at first. That may be what catches our eye, the packaging.

Packaging can be beautiful. But as you abide with that one and you look beyond the packaging what you fall in love with is your Self. You fall in love with what you would term the higher attributes of your Self. You fall in love with Love itself.

For in the falling in love you allow yourself moments of connecting with the expanded Self that you are. That is why it feels so alive.

Falling in love has much to do with ascending in love. Descending into the experience of matter, of form, has much to do with ascending. For what you are now in process of doing is knowing, consciously knowing the marriage of energy, of Light energy called Spirit, and form. Light taken into a density, acknowledged as form.

That is what you are coming unto now, an integration, a marriage of knowing that yes, "I walk, I activate form. I activate it as a vehicle of expression that speaks a language," and it does, "unto the brothers and sisters who understand the language of the body, of physicality. But I am much more than the form. I am the energy that activates that form, and in that awareness I come totally alive."

It does not mean that you have to lay down the form to ascend. It does not mean that you have to die in order to live. What you are asking now and what you will experience in love, true love, is the marriage of who you are as Light with your creation of light. Otherwise known as form.

In that, beloved one, you are married unto all that you see. Everyone. Even the ones that perhaps you would rather they went somewhere else.

{Laughter}

And with the other ones that your heart goes out to. You are married to everyone that you see.

You are the energy of Spirit. You are the energy of life. You are the energy of Light that even your scientists now are coming to measure. You are the energy that activates everything, every form that you see and gives life to every event, every circumstance, every relationship. Every relationship is a gift that you give unto your Self in order to see past appearance, in order to come unto holy vision, to come Home.

To say, "Yes, Father, I am your life upon this plane," and I enjoy life for He does, and He is not a he. It is my way of calling Him. He is perhaps more of an It, but an It sounds a bit cold and impersonal.

In my lifetimes because I practiced knowing my oneness with the very life energy that you are, that we are, I came unto a place of knowing that I no longer needed to speak to my Father as in prayer. I no longer needed to know the communion of oneness as in meditation, for I knew myself to be at every moment the life of the Father upon this plane. I knew myself to be in every moment, one as the energy and in that instant of true knowing, that instant of coming Home, the very cells of the body, the form took on a radiance that has been called in your Scriptures, the transfiguration.

There were ones of my friends known as disciples, and it was not just the men disciples, there were women as well who witnessed what has been called the transfiguration. Witnessed that moment in time for yes, it was in time, when I so knew the energy that I am that the very cells themselves came alive with Light and yes, there was

form to be seen but it was transfigured as the Light that activates the form. I was a bit surprised. It was not something that I had as a conscious goal. In fact I did not know that would happen.

After the crucifixion and the resurrection of the body it was my great joy to reunite with all of my friends again in the Upper Room, which surprised them a bit. And to spend time with them teaching, supporting, strengthening them. For they already knew much of what I had been teaching. It was received within the heart of many of my disciples, not just the men, the women.

But there needed to be an integration, a firing such as you will see with a gemstone that is in its rough form and when it is put to the fire then comes the brilliance. I knew that the fire would be there for them. I knew that there was preparation and strengthening yet to be done, and in a time interval after the resurrection I spoke with them and strengthened, as much as one is able to.

But because they had witnessed the transfiguration, because they had witnessed the resurrection, seemed most miraculous, yes, they were open to understanding that there might be even more and there was much that we shared in that, what you would call month and a half of time.

And then, to allow them to know the light that they are and that you are and that I am, there was a demonstration. The demonstration known as the ascension. Where I allowed myself to be so filled with the Love, the unlimited unconditional exhilarating Love, dynamic, forceful, powerful Love that the very cells themselves could no longer be held upon this plane. And in Light I was seen to ascend and you will do that as well. If it is your desire.

It is not necessary that one ascend in that manner in order to be worthy to know the Love of the Father. There are some of you, some of your brothers and sisters who will choose that form again in conscious awareness and others of you who will know that it is not necessary and will lay down the dust of the body and go as the Light being that you are without the demonstration of the ascension. For it is not necessary.

The ascension that is necessary is the one that you are in process of claiming right now. The ascension of consciousness. The ascension that says, "I know that I am the Spirit, the Light that activate all of form. I know that I am my Father's creative Child for I am the Child of the Creator. How could I not be creative?" And you are very creative.

But now you are desiring to know creativity in joy. No longer creativity in confusion and sorrow, in conflict. You know that one very well. Now you are choosing to know your creativity in joy, in love.

That is why you bring forward even the holiday where you can honor love and you can send unto ones the tokens of love known as the valentines. Where you can allow yourself at least one day out of the year where it is acceptable to say unto one that perhaps you wouldn't say it at another time, but you can say, "Will you be my valentine? Will you allow your heart to open and to share love, true love with me, at least on one day of the year?"

Yes, I know, beloved one, you do that all the time.

But you find it acceptable at this point of focus, this time. It is not always so. There are other cultures in other times that find themselves to be abiding in valentine's day all of the time, but in this point of focus you have said, "Well, it is acceptable that I can send a valentine one day of the year. I can say unto my mate, 'I honor you as the Christ that you are.' I can look into the eyes of the mate and I can say, 'I see the Christ that you are. I see the unique love-light, the unique expression of abilities. I see what you are calling forth in your life in order to come Home and I honor you for the courage that it takes to do that. I honor you for the search. I honor you for the service. I honor you for the love that you show forth upon this plane. I honor you for the smile that you share so freely and I honor you for the heart that you are.'"

You can look into the eyes of the valentine and for a moment, at least one day out of the year, you can allow the shutters of the heart to be throw wide open and to say, "I behold in you, the Christ that I am. I behold Love in expression." And in that moment there is ascension. In that moment you are freed of the constricting ties that have bound you to a point of focus.

Beloved one, would you have a song that you would share?

{To Pat Corrigan}

{Guitar & vocal}

We adventured out to find out all about what there was to know. We shared every dance, adventure and romance as far as we could go.

We shared every love that you could think of within our separate dreams. But the veil was thin as we recall again what lies beneath the sea.

Love we are, like a bright and shining star, or the feathers of dove. In the flow there is nothing we don't know. We are love. We are love.

From the very start we played every part around the sacred wheel. And now the masquerade and all the shadows fade and only love is real. As our journey leads upon our fiery steeds beyond the farthest star we find that all is done and that we are one, Love is what we are. Love we are. Like a bright and shining star, or the feathers of a dove. In the flow there is nothing we don't know. We are Love. We are Love.

I look into your eyes and I recognize who you are, my friend. In the crystal mirror only one is here, Love that dwells within. Love we are. Like a bright and shining star of the feathers of a dove. In the flow, there is nothing we don't know. We are Love. We are Love.

Love we are like a bright and shining star. We are Love. We are Love. We are Love. We are Love. We are Love.

Thank you, beloved one. You share love with me in this time as you have done many other times. Many grand times of the taverns, as they are now called. Many good drinking songs. Songs of the heart that allow the joy to come forth freely. To express the power of beingness. Thank you.

And now, beloved ones, I believe it would be a good time for what is known as a break. To refresh the body, then we will meet again to entertain what are known as the questions.

{Break}

Mother Mary:

Gentle ones, blessed ones, order to be centered. You are always the center as you abide in joy, as you abide in the heart of Love and the heart of Love is all joy.

Out of great mirth comes statements of Truth.

You use a word I know not what it means. It's been a long week.

{Laughter}

What does mirth mean?

Mirth? Joy, happiness. You are the same in this point of focus as my son says, you are the same as you were in the days we shared.

Is that good?

{Laughter}

That is for you to say.

I've forgotten all of that.

No, life is not dull and it was not dull, for this one indeed was one who was always laughing. This one was one who served many, but how she served was through the laughter and it is the same again.

There is much healing in laughter.

Yeah.

I am the one known as Mary, Mother Mary. You have called me Blessed Mother, and I am. You have called me Mother of Christ, and I am. But does that set me apart or above you? It does not, for you are Mother of Christ in bringing forth many of the small ones in what you would see as lifetimes. You have been Mother of Christ and you are now Mother of Christ as you bring forth the birth of the Christ that you are. That is the important birth, the birth of your own acceptance and knowing, the Christ that you are. You are Mother of Christ and the Mother of Christ brings forth much joy.

My son has said that I may have some time, some of your time, to speak and to share with you this evening, and I would share with you first of all, my love, the love that is in your heart. The love that you have felt as you looked upon a small one, a babe in arms. A small one as they have toddled about and run into things and upset all of the cooking utensils. The small ones as they have gotten into the storage areas, the cupboards and they have gone like this to find out what is in the back of the storage areas. And as you have held a beloved pet, and you have felt the love of the one Heart,

not just a human heart and a heart of a pet, but the one Heart that was in that moment known to be one. No separation. No boundary.

That love is what you honor and you celebrate, yes, in this time, but that love goes through time immemorial. All time, it goes beyond time, for it is who you are from before time began.

That is why you know love, beloved child, that is why you feel love. It is because it can never be taken from you. It can never be displaced. It can never be lost except temporarily, and that is why in an instant as you look upon another one it is alive again. Alive as you are.

In the lifetime that I was known as Mother of Christ, the Blessed Mother, there was much of love in that lifetime for me. The love of studying with the masters, with the teachers, in the community that was founded and based upon love. The love of my friends, the ones who were the same in stature as we grew together. The ones who were as my teachers, the love of parents, aunts and uncles, there was much of love that was experienced.

And there was much of times of challenge. Times when the heart was sorely troubled. And even yet in those times there was an underlying peace that knew that all was in order, that all was unfolding as our Heavenly Father, my Mother, had ordained. Even when the news was brought to me that Jeshua was being nailed upon the cross, even as I ran to be with him upon that hill, even as I felt the pain and the sorrow of every step along that way, what has now been immortalized as the stations. I felt the pain, the sorrow of human love. But even in those moment I knew that there was a love that endureth beyond that.

I knew before the birth of Jeshua that this was to be a remarkable life, a remarkable expression of life. I knew that it was to be a lifetime of ascension.

Now I did not know that was what he would be demonstrating. I did not know that that would be the physical manifestation. But I knew it was to be a lifetime of ascension for all of us who were desiring in the heart to know who we are.

I had been taught in the Essene community that this was a time, an age of enlightenment, yes, a time of expectancy for the messiah. A time when God Himself would be known upon earth. A time when He would come and live amongst us. And many understood that to be in limited form, that God Himself would assume the form of man and come and dwell as one apart and above all others.

And he came and was born as a babe. You have heard that story. And he grew in stature and in wisdom. And I watched him as a young lad, most spontaneous. The joy within his heart, sharing of the love of the Father. I saw him knowing his oneness with the plants, with the very seeds that were planted. I saw him knowing the Light energy and the life energy that he exemplified and knowing the oneness with all growing things.

For he planted when he was yet but a small one, he planted his own garden and he brought us through a time when some of the crops on the larger plantings failed, but he brought us through that because of his small garden and his knowingness of the life energy.

And yes, as you have heard him speak, he grew in understanding of the human side of life expression. He was and is very God, total, complete God in expression, as you are.

I knew that that lifetime was one of ascension of many of who had been studying, hoping, expecting, abiding within that sea of expectancy. I knew that many of us would ascend in that lifetime and come Home. Home to the Father. Home to where the longing of the heart was drawing us, and many of us did.

It was a time, as my son has spoken, of the fire. After his resurrection and his ascension there was a time of the fire, of testing, as it has been called, and yet it wasn't so much a testing as it was a time of bringing forth the brilliance of the gemstone of Light. And many of your friends and mine came to an instant of ascension through martyrdom, yes, many different forms of martyrdom, and yet what we all experienced was the ascension beyond form, beyond the identification of thinking that this, no matter how beautiful is all there is. We came beyond that.

The times following the resurrection were times of great intensity. Times of choice such as is the time now before you. You are abiding in times of great choice right now, and many of your brothers and sisters are in their own place of turmoil, their own place of choice. Some more intense than others and it was thus in that lifetime as well.

Many of us who had grown up in the Essene community knew the peace that passes all of the world understanding and we practiced abiding in that peace. For as you have found out, what you practice comes most quickly to you. If you practice being in confusion and turmoil, then that is what you experience very quickly. You react and you find yourself in that space quickly.

But if you practice abiding in the heart of peace then that comes in times of challenge. That comes quickly, and there is a peace that pervades all of the activities around you as you allow yourself to abide in that peace.

Even in the moments standing upon the hill and watching the activity that was done to the form of Jeshua, even in those moments of human anguish there was a deep abiding peace and yes, I mourned for the human form.

But I knew because of what had been shared in my studies and in his studies and in the times that we spent together intimately sharing from heart to heart. I knew that the activity upon the cross was not the end. There was the mother part of me that mourned that passage of experience for my heart went out to him as a child of my womb. My heart went out to him as a brother, as an equal. And yet there was a deep abiding peace that knew that was not the end.

The same feelings presented themselves many times in the years after the resurrection and his ascension. For there were many of my friends, my extended family, my family yes, and my extended family who found themselves choosing, witnessing as it is called now, witnessing their truth. The truth that they came in an instant to acknowledge. Not for other's sake, but for their own sake. A moment of coming Home in that truth, as the form was torn by the lion. As the form was crucified, as the form was stoned and thrown over the cliff. As the body was trampled underneath the raging panicking mob, and yet, throughout all of that which presented itself as opportunity to see tragedy, to feel forsaken, there was a deep abiding peace within me as their is within

you as you come through all of the trials of lifetime. This lifetime, other lifetimes, there was a deep abiding peace that knew itself to be Love.

For Love is much more than what you celebrate in just one holiday. Love is much more than what you celebrate even in a marriage of two forms that have found each other. That love if given opportunity, if nurtured will grow into the deep abiding love and the recognition of Self. Love abideth forever and beyond form.

Many of the ones that you knew, that you knew, many of the ones that I held close to my heart found themselves ascending in what the world would judge to be tragic ways, tragic means and yet there was no tragedy for it was a time of great enlightenment. A time of ascension, a time of connecting with the Allness of the Father. Blessed one, you are the Child of the Most High. You are All of Love.

And in my lifetime that was known when I was known as Mother Mary, I was mother unto many. Many that were born through my womb for there was a biological family. I was fertile, and many that I took unto myself as children no matter what their size. For I recognized the Child of the Most High, of our Father and everyone was welcome in my home.

My home was often a place of refuge. A place where ones who were weary of the world, of the sorrow of the heart as it would look upon human love. A place of refuge, a place of sanctity where ones could come and be healed abiding in the love. That they found there seemingly out-pictured and yet they connected with the love that they are and allowed it to come forth.

In the years after the ascension of Jeshua, of my son, I knew him to be with me always. I would see his form by the flowing water. I would see his form at sunset and I would speak with him. He was always and is always with me, as he is with you. As he is with you, now.

And there was a close communion for we had shared, we had shared much in that lifetime of exciting concepts. Both of us enjoying being the student. Both of us sharing insights and there was much that he shared with me when he came back from his travels. He shared with me the manifestation of wine within our own home before I asked him to do it at the wedding feast. He showed to me the manifestation of bread, of the loaves. He shared with me the knowledge, the experience of the dynamic quality that pervades all of life when you know yourself to be life itself.

We shared the excitement of the mind, of the concepts of the studies of what the masters had shared with us and what we had found for ourselves and then we went beyond that. For always there was the bond. From the time that he was the small babe in arms it was the same as what you felt for the beloved pet. Always there was the bond of love that needed no words. Needed, yes, the exchange of the love-light of the eyes and yet, when the form was not present yet the bond of love was known and was felt. The communication always there.

Even though I did not see him standing before me for there were many years when he was far off on his journeys, his travels, his studies that he was not presently in front of me and yet I knew, I knew when he was perplexed by a trial, by an expansion of what his teachers were allowing him to experience.

I knew when there were times of great insight when I could feel the exhalation of his soul, when I could feel his aliveness and yet he was what you would see as miles away. You have felt that with loved ones. You have felt that and you have picked up sometimes your mechanical telephone, your beautiful invention in this day and time, and you have called that one and you have said, "What are you going through? Because you've come to mind so strongly. I knew something is happening with you." You all feel the bond of Love.

I spent much time in what you would call the later years, the joyful years. Ones would look upon those years and call them the sunset, and it was a glorious sunset. I spent much of those years, much time knowing my communion with Jeshua, with the Father, with the ones who had in various ways laid down the form of the body and it came unto me most naturally to lay down the body myself and to allow the Light that I am to ascend. It was very effortless, very easy.

As you allow yourself to be in the peace, the Light that you are comes forth in great harmony, great brilliance. The Love that you are streams forth and is seen unto the farthest universes for the universes are within you and your Light touches them all.

In this lifetime if it is your desire, and it is, otherwise you would not find yourself in this audience this evening. If it is your desire you will find yourself ascending with great ease. Taking perhaps the molecules of the body, the dust of our Holy Mother with you, or allowing the form, the dust, to return unto the Holy Mother as the Light body ascends.

First, comes the ascension of consciousness and that is what you are well in process of doing. The ascension of consciousness comes effortlessly as you allow the heavy burdens of image, false image to be laid down, to be forgotten, to be peeled off as the very thin layers of the onion, the onion skin. Allowed to be released many times so easily that you do not even know they are being released.

And you come unto a place of feeling lighter, lighter in the heart. You find yourself more in love with life. Finding more joy in every day. Speaking unto the child part of you that there can be fun in this day even though the child may ask, born out of lifetimes when it has not been so easy, the child may ask, "Are you are?"

The child part of you speaks first thing when you awaken and will ask, ask of you, the Self that you are - the capital "S" Self, sometimes called the Higher Self, but it is all one. Ask of you, "How is it going to go today? Are you sure that it's okay to get out of bed today?"

{Laughter}

The child will ask. That child has many remembrances from what you would see as this lifetime and many many other lifetimes when it has felt too heavy to be in joy. And so habitually that child part of you speaks and asks for reassurance. Asks to know the whole vision, the holy vision which you then, can share from your place of holy vision. You then can share that yes, all things are born anew. In this day we will go forth and discover what is new.

I will take your hand as you say to the child. I will take your hand and we will go together through this day. It is okay. And in that, you allow even the child part of

you that would question, you allow the child part of you to know ascension, to know freedom, to know love.

That is why you have chosen to be here in what you see as this time. It is to nurture the child that you are. The small child that feels itself entrapped and to take that small child to the place of the holy Child. To take that child by the hand figuratively and to take that child to the place of holy vision and then, to ascend. To go beyond the body. To go beyond the constraints of what you have taught yourself that life must be all about and that love must be all about, to go beyond those constraints and to allow the love that you are to be so known and so shared with others that when they come into your presence they will feel only love.

They will feel a healing nurturance that allows them as the child that they are to grow in wisdom, to grow in unfoldment and that is how the awakening spreads from one to another, through love.

Beloved child, beloved son, would you have another song to share with us?

{Pat Corrigan sings}

Hear the shy little bird sing a love song to me.
See the bright yellow moon shine its light right through me.
The universe awakens and nestles me inside with the love embracing,
with the love alive.

To know the oneness of life I don't need reminding.
Cause everywhere I see, my reflection shining.
And so my heart rejoices answering the call into love expanding,
into love I fall.

Ascending into the sky like the sun arising.
I surrender it all, finally realizing
in the sea of being where is there to fall?
When all is love and love is all.
In the sea of being where is there to fall?
When all is love and love is all.
And love is all. Love is all.

Jeshua:

Thank you beloved one, again expressing the love that you are in vibrational tone from heart to heart it has touched everyone. Thank you. A grand gift. A grand gift that you give unto your brothers and sisters and to yourself.

I would share with you, with all of you now. I would share with you what are known as the valentines. I have thought it appropriate. I wanted to give unto you something of tangible form so I will allow you to, as they say, choose a card.

{Jeshua has a handful of blessing cards and each person picks one.}

Read the message that it holds and take it deep within yourself. For each one of you calls forth exactly what you draw. Allow yourself to abide with the message therein

and to see that message in wholeness. To see that message not so much as the world would see it, but to look and to ask of the heart, "What is the deeper message of this?"

You have taken one for a friend. No, you are to draw your own but you have there one to be shared with a friend.

One is blank.

{Laughter}

And upon that you write your own message.

Allow yourself a moment to ponder, to abide with the gift that you have just given yourself. Allow yourself to feel blessed with the gift that you have given yourself.

And to ask of the heart, "What is the message in this for me? What goes beyond even what I see at first reading? For it is a gift with many levels. Many levels of revelation."

For each one of you has drawn a card, a message that you have written to yourself and it holds much treasure. Much more than just what you would see even upon initial examination. It is the key, if you will receive it, that allows you ascension. Ascension from the limitation of past, past image, past belief.

And now, for a moment, we will take a moment, allow yourself to give the gift of that message to someone else in the circle. To sit with that one and to exchange the gifts, the cards, the message and to say, "What does this mean to you?" Have fun.

{Group sharing}

And now beloved ones, did you not feel a moment of joy? A moment of ascension? We will call it that, as you shared heart to heart with one that perhaps you did not say, I do not know that one well, but you shared heart to heart with that one. You shared an insight, you shared a feeling. You allowed the heart to come open and in that moment you shared ascension. You shared love. For what you shared was more than just the message on the card. You shared yourself.

You said unto another one, "Allow me entrance to your heart. I am here and freely I open my heart to you." And each one of you shared with another one that perhaps you would say, "I do not know that one," but yes, you do for that one is your Self. You allowed yourself to share freely the love and in that you come Home. In that you ascend.

You would say, "Yes, well the body was still here." But you, the essence of you, in those moment was not focused upon the body. The essence of you, the consciousness of you was focused upon the message of the card and what it meant and what you were sharing in the feeling of heart to heart.

And the body was your servant, your tool that allowed you to speak the words, that allowed you to say, "Yes. Yes, I understand what you are saying." You acknowledged that with the eyes, with the voice, the body allowed you to get up and to move across the room. But the body was not the point of focus, and in that, you ascended.

Ascension is not difficult. Ascension is not something that has to be done in a certain ritual with much help from many masters. You are a master yourself. Ascension is not something that is complex.

Now you may make it complex and you have. You have all written the classics. You all have written the various levels and stages, all of the requirements. You have been the priests and the priestesses, who have authored the books that were held to be authority. That have said that ascension is only for one who is very God, for perhaps masters who have come through stages of enlightenment. For ones who would be worshipped as afar off. You have written, you have studied all of the authoritative books.

But ascension, beloved one, is simplicity itself. It is allow yourself to come beyond specific point of focus and to expand into the totality of aliveness, into the totality of love. You have just witnessed it. Was it difficult? No.

But you say, "Well that was just a moment. Gee, I forgot myself." That is the secret. "I forgot myself," the small self, "and I connected with one that I saw to be my brother/sister, someone to be an individual expressing somewhat distinctively," and yet what you saw and what you beheld was your Self. Grand joy.

That is why ascension is achieved in joy. That is why ascension is achieved in mirth. {Laughter} There you go again. That is why ascension is found within the vibrations of song when the heart is allowed to sing. Yes.

You have all, if you will receive it, you have all ascended in love this evening. You have touched that place. Now it has not been what you would see as the grand ascension, but if you so desire you will do that as well. But it is not necessary, for you have all done that ascension somewhere within the bubble of time, but you may do it again for the fun of it.

That is what life expression is all about, that is what it is for, that is the purpose of life expression; for the fun of it. For the marriage of the spirit of joy, in joy, the marriage of that spirit with form. With knowing that intimately, and knowing that you are the Light that activates the form that you have called together. The Light that activates all of creation. For creation itself would not exist if it were not for you. That is how powerful you are. Not power in terms of the world, but powerful in the beingness that you are.

And now, beloved one, I have talked enough. Would there be a question that you would have this evening?

Yeah.

Yeah.

I wanted to ask you, I've been reading a lot and hearing a lot lately in the news about stuff and different things like endangered species act, being under attack and things with the new government coming in. It is really easy to get upset and depressed and stuff so I was hoping you could kind of help give a larger picture of that, kind of...?

Yes, it is ones such as yourself who have the awareness to look upon all of creation and to acknowledge it as your creation, and to feel a bondedness with your cre-

ation. In that feeling there is a tendency then, to say that others do not look upon it the same, that perhaps others would not have the same sense of honoring. And yet, even what are known as the endangered species are not endangered. They give of themselves so that ones such as you and your brothers and sisters who are seen to be in places of decision making can come into that place of acknowledging and knowing oneness.

No species is truly endangered for you in a moment can call that forth again upon this plane. As with what you would know as the unicorns, yes they have expressed with form upon this plane. Yes, they are still alive and well. Where are they? Just beyond the fingertips of what is known as reality in this point of focus. Just beyond what you would see as the fingertips of reality - with the small "r". And where do they live? Right here, right here. They are alive and well.

The ones known as the endangered species have come willingly and voluntarily to this time in order to call attention to all of life. To allow opportunity for ones who are absorbed in activity, ones who are absorbed in what they would see as their own power - with a small "p". Their power of decision making. To come unto a place of realizing that they are one with every life form upon this plane.

Do not allow yourself to be in sorrow for the forms that are seen to be threatened. They are not threatened. They give of themselves by contract, by choice, to be here in this point of focus for a specific purpose the same as you. They are also living their own enlightenment. It is part of their path of enlightenment to experience as the form that they have chosen to know that they are not that form and they do.

There is a dis-identification with form that comes more easily to what you would call the animals, than comes to the ones known as the humankind. Humankind is much more identified with form, much more focused on form. The ones known as the animals and other life forms such as the beautiful flowers, do not identify with form except as a transient experience, expression. They know themselves to be the energy, but they are also experiencing what it means to be with their creation of form in that moment.

Allow yourself to be in joy in the heart with them, to speak unto them heart to heart, whether they stand before you or not as you have already discerned, it matters not. You may speak quite freely and to say unto them, "I recognize the Light energy that you are, the life of the Father that you are upon this plane, the same as I. I recognize that and I honor that Light. And I honor your choice to come and be in this point of focus for me and for my brothers, and I honor you for the choice that you are making." You may say that unto them.

And then, beloved one, listen. For they will have a message for you. For they honor what you are doing as well. They honor your awakening. Mankind has often set himself/herself up on a pedestal and has said that, "I am the highest pinnacle of knowledge and of wisdom upon this plane." And yet the ones who abide in the heart of love, in simplicity and know themselves to be the process of life unfolding are the ones who are experiencing and expressing the highest form of wisdom.

Mankind/womankind in their enamoredment with form, lose sight of the simplicity of heart. So speak unto these ones. Tell them you care. Tell them that you have had concern. Tell them that you recognize the whole vision of what they are doing in the tapestry, the tapestry of the dream and then listen. They will share with you. They will share their heart. It will be different messages from different ones.

And what you hear, beloved one, put with pen to paper. It will be a gift that you will share with your brothers and sisters. What you write will allow others opportunity to open their hearts and to see with new eyes. Thank you.

Beloved teacher, how are you this evening?

I am very well.

Would you have a question this evening?

A confusion.

Ah ha, one of those, yes.

Seems to be full of them this week. In relationship, man and woman relationship, very confusing to me, and I don't know how to form a question about it but yet there is confusion there and I know that it's form and matters little in the great scheme of things and to listen to my heart and be guided by that. But then there's always feelings, not wanting to hurt someone else, not wanting to do the wrong thing, blah, blah, blah.

Indeed, all the voice of the world, yes.

It screams at me at times and I sometimes find it difficult to quiet and listen to the heart.

Yes.

So I don't know if that's the question but there you go.

The bottom line to this, the underlying question that you are asking is to know Self, to know the totality of Self in Love. You have chosen a path where love will serve you will. You will come unto a place of acknowledging friend to friend, love of friend to friend. Not asking for any of the constraints of the world, not asking for any of the strings. You have already come past much of that, but coming to the place where you know that you are free in the heart to love each friend equally for they are your equal. And to share with them from that vision, to share with them their holiness. To say, "I love you as the holy Child that you are. The whole, perfect Child that I see you to be and that I know myself to be. I nurture that vision. I honor that vision. I desire to be your companion along that path in that vision." But that is not to the exclusion of others for we are all the whole Child of the Heavenly Father. In that there is great freedom for you acknowledge the perfection of each one who stands before you. You appreciate the nuance of each unique expression of each brother, sister who comes before you. You delight in their delight. You put the arm around and support in their times of sorrow for you can see the whole vision and you know, yes, that they are hurting, that they have confusion for you have been there yourself. But you also have caught a glimpse of the whole vision and at times you have seen the whole vision.

Standing in that place, beloved one, you may share freely with others the love that you are. No strings attached, completely unconditional as the Father loves. That frees you from the responsibility, the false responsibility that the world would speak of.

For indeed, you cannot hurt another one. You can give them opportunity for choice. You can give them opportunity to allow old wounds to come up and to be viewed again. But you do not hurt another one. That is false responsibility.

Your responsibility is your ability to respond to the whole Self that you are and to hold the whole vision, the holy vision. That is your response ability which is built in from before time began. Allow yourself the peace of the heart for you are the Child of the Father. Abiding in that space of knowing the holiness of the Child that you are. You can play with each one who comes before you, who goes along the path as companion for however short or long the time interval. You can share with them in great freedom with the Love of the Heavenly Father.

Thank you.

Support each one, love each one, release each one.

Sounds good.

And you, beloved one, how are you?

Great.

You are indeed great. There is a radiance about you that is growing day by day. Have you felt this?

Yeah.

Yes, you have decreed it is time for all of the blinders to be taken off, all of the shutters, "I will live life," and you are doing that.

I am.

What would you ask this evening?

Well I was just going to tell you that.

Oh good, tell me that.

{Laughter}

Funny how that works.

Yeah. And I am. I wasn't going to say it just like that but that's what I meant. I want to know more about that and where I am going and it feels great.

Yes.

I know that I've opened my heart, just kind of one day it was, and I like it. And I really want someone to share that with because I'm learning really well to love myself but now I want a companion and I want to hear more about me.

You will find yourself being surrounded by many who desire to be your companion for they will desire by a feeling of magnetism, they will desire to know the joy that you are now feeling. It is most contagious, it is most magnetic. There is an energy that is palpable, can be measured and is magnetic that comes from the heart of joy.

You are attracting even now, ones who want to be your companion for they want to know the joy that you have found and they want to abide in that joy. So you will find yourself in the place of having to schedule appointments.

{Laughter}

Cool.

Indeed, it is most cool, yes. And you will find yourself in the place that we have just spoken of with this one, where you will love them. You will support them. You will release them. You will see them in equality and you will appreciate the Father's expression, each one unique as they come and share of a fault have identified through what you would call the cosmic night, have identified so closely with form and physicality, with matter, with density of vibration that you can now say, "I know intimately what density of light feels like." Now you are on the threshold of the dawning.

It is yes, the inbreathe and the out-breathe of the holy Child of God as you live, as you express, as you put together what you would see as the adventures of the cosmos. You are the Breathe of God. Where else would the Breathe of God be except with His Child?

But yes, beloved one, thank you for answering your own question and sharing with others. For it is as we have talked before, you are the teacher of others though you have doubted it greatly. And in the days to come you will be sharing more and more in what you will not call a formal way of teaching, but an ease of teaching. You do that already. You are a great teacher upon this plane and have been and you are now coming into a place of claiming that.

Not claiming it from a place of boastful arrogance as the ego would claim it, but claiming it as your natural self. For all when they come unto the awakened state know themselves to be teachers of God. That is what you are, beloved one. Thank you for sharing.

And you, beloved one, who wears the name of the Christ, how are you this evening?

Probably a little confused.

Seems to be a normal state sometimes, yes.

I guess I have a couple of questions. One is more personal than the other. The situation that I'm in now is very difficult. It doesn't bring a lot of happiness and I'd like to know how best to express my talents as in finding work that I'm really good at and will help me grow. And help move me out of the situation I am in.

Already as you have discerned, you have the plans. Not formulated in specifics, but formulated yes, for the next step. You will do what is known as the networking with ones. You will take stock of what you see as your abilities and talents in this lifetime and not only the abilities and talents, but also what allows the heart to come alive. What truly excites you? What truly allows the heart to say, "Yes, life is worth living."

For indeed there are many employment places where the golden coins will be given unto you, where the heart would not feel alive. You can find those. But allow yourself to do the networking of speaking unto ones, speaking of your dream. What you would do if all of the limitations were not there. To dream, to envision, to share that with others in a networking way. With friends who then have other friends and then to be most active in moving the feet. You will move the feet so that you can talk to other ones, that you can visit places so that you can volunteer in the beginning. So that others will see that you have a service that is worth the golden coins and you can also test out the waters for yourself in that volunteering. Yes.

And the other part of the question is: I'm pretty open right now, or hopefully will be, in terms of where in this country probably, I could go. I have family here and my question concerns the earth changes and where I am in relationship to that if it happens here or when it's coming. And how my family will react when I talk to them, I would like to talk to them about it at least, and allow them to hear it.

Allow yourself first of all, beloved one, to know that each one is in the right place at the right time. Each one chooses momentarily where they will be. If it is a place of great earth changes, where they are asked to lay down the form of the body, they have a choice to lay it down. It is always a choice. And to know in that laying down that they are more than the body. In an instant the ascension happens. In an instant enlightenment happens, and for some they will choose to lay down the form of the body in what the world will judge as tragic ways, calamitous ways, tumult ways. But it is their way of freeing themselves from the identification with body and in a moment they know themselves to be beyond form, to be the Spirit that they always are and to know, not to know it in words, but to know it in the depth of their being that they are the Spirit that activates all of form. Some will choose that.

Some will choose to come through great tragedy, upheavals and to express still with the physicality of the body in order to be servants unto the brothers and sisters, to serve them by the peace that they then know themselves to be for look what they have come through. To know themselves in an instant to be the wholeness that the Father has ordained them to be and to extend service in many different ways. Service without even thought for you have seen in other, what are called the earth changes, other ones who have without thought for themselves, rushed in to save another one, to help another one.

Some will choose to do that. Others will know because of their guidance, to move the physical body somewhere else. They may be called to visit another geographical location either on business or for pleasure or for who knows for what reason, and they will be in another geographical location exactly where they have chosen to be.

Many many different choices. Each one is the master of his or her choice. Each one is putting before himself or herself exactly what they desire. Not a conscious desire, but a very deep desire to experience in order to know freedom. To know totality of Self.

So do not speak unto ones from a place of fear. It does not need to be seen that way at all and do not predicate your own decisions on information that has been given to you by others, that there is something to fear and that you may go unto a safer place. Allow your decisions to be predicated upon the love and the knowledge that you are that Love and that always you are in the care of the Heavenly Father no matter where you see the body to be residing.

You may go with a grand freedom. Allow yourself to express that to others who may be still caught up in their fears from other's visions. Others, because of what they have desired to find themselves in the midst of, great drama, great fear, great threat of fear, have had their visions and they have shared these visions. But they do not have to be your vision or the vision of the loved ones.

Each one who has given forth a vision has given forth just that, their own vision at that moment. And even the vision that has been given forth and set down upon paper and put out in what you would see as the boxes known as the books, even those visions have been modified, released, changed, transformed.

You may feel at peace in the heart. You have much guidance. You are not alone.

You, beloved one, yes.

Maybe in respect for your body, would you put your hand on my shoulder.

Of course.

I've got a couple of ones, too. The first is cut and dried, if possible, I'd like to know the name of my guides.

Ah, beloved one, you have many guides that have been with you in what you would see as times of expressing with form. Ones who have been as your companions in other lifetimes as you see them to be. Times when there was great adventure, great companionship and grand love that was shared.

They come now to be your guides as you have chosen to have your focus upon this expression, this lifetime, this personality. They have agreed that they will come and be your guides through all of this, because you have asked them.

You have done the same for them in what they would see as times when they expressed with form. You have been a guide to them, for indeed, they are not above you as being wiser. They are your equal. They are of the Light the same as you are.

You have four main guides who are with you always. They have beautiful names. Names that express the vibration of their soul as they identify their soul to be. They are names that are not ones you would find to be common in this day and time, but they are names that are more, as you would see, sound to be. Very beautiful fluid sound and there is one who has a very strong powerful sound. More of a hard sound because of the power.

This will be revealed to unto you for it is not kept from you, hidden from you. It will be revealed to you as you allow yourself to trust what comes to you. Allow your-

self to play with the sound, with what feels in alignment with family, for they are your family. Allow yourself to play with it.

I and others, could give unto you names and you could say, "Oh, those. That must be the names because Jeshua ben Joseph has told me and he must know everything." I do, and you do. You are the one who is living this expression. You are the one who is calling together this history that you see this lifetime to be. You are the one to name them and to allow them to share with you for the purpose of trusting your own inner wisdom.

For if I gave unto you names, you would say, "Well, that must be who they are," but after awhile you would say, "Perhaps that does not feel quite true." And it would be forgotten and you would have to go back to the piece of paper where you wrote it down and say, "Oh yes, oh yes, that is what it is."

When you allow their names, the essence of their vibration to come forth from you and to trust that knowledge you will never have to go back to the piece of paper for you will know it as your Self.

Now, what would you ask?

The other thing I want to ask is I spoke with an entity thirteen years ago and I wondered if you have any further messages?

This one is very much with you and says that thirteen years may be in your timing, but it is as the twinkling of an eye, for always this one is still with you. This one still cares for you. That is why you felt familiarity with this one, a trusting. That is why you called that one forth.

This one shares with you his honoring of you for the process you are now allowing yourself to acknowledge. For where you are putting the foot, yes in physicality, but more than that, the foot that is now walking upon unknown territory, unknown land for you are now going into a place that seems to be new territory but it is not for indeed, you have been there before. But you are discovering more of yourself and this one honors you for that.

Thank you.

Allow yourself the healing of body. It will have its process, but allow yourself the healing of body for it is your way of allowing yourself the peace, the time of apartness, the time of nurturing. It is not to be seen as a limitation or lack or a fault. It is a time of healing of more than just the body.

You have been going through questions. You have been going through integration. You have been going through the playing with different ideas, as you would see yourself to sit at a feast and eat. It is time now to digest some of what you have eaten, to let it assimilate. The healing will be of the body, yes. It takes care of its own process. But the healing you are now embarking upon is of a greater depth. It is the healing of the heart and the healing of the soul.

Thank you.

And you, beloved one, what would you ask this evening?

I really don't have a question tonight. I would just like to thank you for reawakening and reaffirming something that had been there forever.

Indeed, and this is true. Thank you for having the eyes of the heart to see that and to remember. You are all Love and all joy. You deserve to go with the great spontaneity of that joy. To be in service, yes, to the brothers and sisters, but to do it with the joy of the whole Child. The inner Child, yes, to bring that out to play as you have been doing, and to nurture that in others, but to allow yourself to know that you are your Father's Child and to provide for others from your place of great wholeness, to provide for others the banquet. Thank you.

You beloved one, Child of our Father, how are you?

Good.

You are great. What would you ask this evening?

Well, a book, a whole book of questions, if I wrote them down.

Yes.

Probably the main thing would be as if I was going in the right direction as far as because I am making a change and which I know I am. My high Self is very talkative and there is a main one that talks to me incessantly as you went around the room I probably had a dozen questions. I went through my mind, most of them I already have answers for.

Indeed you do, yes.

That's usually how it works and the others ones, don't ask that. I don't have permission too, yet. Obviously I don't need to know.

Indeed.

Until it's time. But just in a move that I am making. I want to, but, through my parents it feels like I shouldn't.

And yet, beloved one, you know in the depth of your heart that it is a move that you are ready for. It is a move that allows yourself greater unfoldment, greater knowledge of who you are. The parents yes, would look upon the choices for the child and would say there is a possibility of threat, a possibility that this one will not make the right choice and they care. They care for you. That is where the concern comes from and yet it comes from a place of limited image.

They do not know yet, that you are the Child of the Heavenly Father and as such, you can make no wrong choices. For the One that I have called the Grand Weaver, the Holy Spirit takes all of the threads of all of the choices and weaves them together into the beautiful tapestry that brings the sleeping Child awake. So there are no wrong choices when you allow yourself to abide first in the heart and to ask of the inner wisdom, and then to take that wisdom with you into the choice.

The ones known as the parents are asking you at a very deep level, to show them the strength of the holy Child. Allow yourself to follow the heart. Allow yourself to honor the parents for their care and concern, but also to go beyond that and to show them that the holy Child knows what she is doing.

Yes there will be some of the challenges but they will be small. Your heart already knows.

And you, beloved Child of the Mother, how are you? I honor you, beloved one, for that. Do you know that I honor you for that? For again you are the teacher who has brought forth the balance. You have been the one who has reminded me as you did in days of old, that there was a balance of totality, that is was not just patriarchal. You reminded me in those days as you have done again and I honor you. How are you?

Good.

What would you ask?

You know, in line of what you just said, I have often thought that your name Jeshua ben Joseph really isn't an accurate name, but it should be Jeshua ben Mary. Joseph had nothing to do with it.

{Laughter and comments}

Isn't that so?

And this is so, beloved one, yes. But out of honor for the father that this one was to me in that lifetime I honor taking his name in the form that was acceptable in that day and time, yes.

But it could be more truly spoken as Jeshua ben Mary and indeed, as you have seen through the lineage in the belief, the philosophy known as the Jewish philosophy, the lineage is traced through the matriarch.

Right.

Yes. I have felt myself to be Jeshua ben Heavenly Father, One Source, Divine Creator.

Right.

But it served the purposes of that day and time to be Jeshua. Yeshua, I prefer, but Jeshua as it is now called, ben Joseph, or Yoseph. You see that sound is strange. Well you were there. And the sound, the sound of the "Y" as it is now known, Yoseph, Yeshua comes more natural to you in the remembrance than the "J" sound.

Yeah.

Indeed, but I exceed to the general acceptance of what is in this day and time.

Okay.

Not too many go around saying Yoseph, but there are places, there are cultures, nations.

We can make it a new trend.

Why not?

Exactly.

What would you ask?

You know, actually I don't have any, I know I'm a fountain but I actually don't have any questions tonight.

In this, you have witness the ascension.

{Laughter}

Another miracle.

I actually, you know when I don't think I actually am more on the money than when I think, so it's best not to think.

Indeed, you have discerned well, that the heart knows. The mind will get in there with the questions and will pit one side against the other side and then find a third side to look at it from, and yet all the time the heart knows.

Right. It seems like in what you were talking about earlier, about being, having the peace abide and it's like so much going on and there is just, I don't know. I just kind of follow my nose, follow my heart. I don't really ponder too much about things. Whatever comes forward, so amongst everything going on, yeah, I feel okay.

Indeed. It is as my Mother has shared, that there is the activity of the world. There is action that you will be doing, but beneath and abiding beyond the activity and the action, is the very deep peace that endureth forever. And you know that, you feel that, that is the wellspring of your being. That is the stream that runs very deep.

It does not have to be analyzed. You do not have to stop the spring, the stream and to analyze all of the different components of the stream. You just allow it to flow. You know yourself to be that peace. Yes.

So yes, there is activity. There is much busyness, there is much that you do to help others that requires the movement of form around, but throughout and underlying all of that is the deep peace that passes the understanding of the world.

Is there anything in particular I should be focusing on right now or am I...?

You have already discerned, beloved one, that the focusing itself takes you out of the stream of peace.

I wasn't thinking of thinking, I was thinking more of this.

Allow yourself to focus on being.

Yeah, I don't want to think right now.

Allow yourself the feeling of the Light that you are. Focus upon the Light at all times. The Light of your Self as you behold your self and the Light of the one who sits next to you. The Light of one who stands in front of you. The one that you are placing the hands upon. Focus upon the Light. See that even with the physical eyes. Acknowledge it with the heart and focus upon the Light.

All the rest will fall into place. Your guidance as you have witnessed is very strong. You will find yourself moving from place to place, employment to employment, it matters not. Allow yourself to focus on the Light that you are.

So what I am doing right now is...?

It is as it should be.

Yes. Okay.

Always wherever you find yourself to be you are the servant of the Heavenly Father.

And Mother.

Great reminder.

I just had to get that in.

Just had to get that in, yes.

{Laughter}

And indeed, you are mirthing again.

{Laughter}

Yeah.

Grand place to be. You are doing very well. Allow yourself to abide in mirth.

Great. Thanks.

And you, mirthful one, how are you this evening?

Mirth Two.

I'd rather be a Mirth than a Smurf. I have no questions. I just welcome any thoughts you care to share with me.

As you have been remembering, as you have been discerning in this last period of time, this most recent period of time, you are the wholeness of life itself upon this plane. You have found a freedom that has been challenging in the beginning because there was the voice of the ego that said, "I should not feel this freedom. I'm sure there are all kinds of problems with this freedom," and the ego got very busy and showed you all of the ways of the world where there could be problems with this kind of freedom. But you have come past that. You have come up and over that into your high Self, the Self that has a perspective of wholeness, a perspective of whole vision, and you have said, "No matter what the world, no matter the voice of the ego, I will find mirth in everyday. I will find beauty in everyday. I will find a place to be of service, not exactly the way the world would define service to be, it does not have to be formal service, but I will find a way to be of service to my Father/Mother in everyone that I behold. I will extend the Love of the holy Child that I am to them."

And in that you have discovered for yourself much joy, much freedom of joy and much healing. There has been healing of the body that has been allowed to take place throughout this last recent period. Have you felt this?

Yeah.

And it will continue. For you are in the process of throwing off the shackles that have been as a heavy burden. You have come unto that place of saying, "If I am my Father's Child, and I think I am, I will claim that for myself and I'll try it out as the researcher that I am. I'll try that out. I'll see how it feels. How would the holy Child approach this day? What would I do? Oh, holy Child what would you like to do in this day?" And then, you have listened and if there has been nothing that had to be done immediately, you have allowed yourself the repose of staying in the bed until the holy Child said, "Hm, I'd like to get up now."

You have tasted of that, you have allowed yourself that freedom and it is a grand gift. It is a gift that your brothers and sisters would do well to give themselves, for many of them force the body out of the bed when it would do them much more good to lie abed and to taste of the wholeness of silence and repose.

You are doing very well with that. Spread the good news that there is wholeness in allowing the holy Child to do whatever She wants to do in that day.

And you, beloved one, who sees beyond appearances, how are you?

I'm very grateful.

Indeed.

My problem is that when I touch someone and give my energy and my love and my very being, wholeness, physical or mental or Spiritual healing does not take place. I'm frustrated. I read and study and pray and meditate and read and read and something isn't happening and I need some help.

Beloved one, the healing is not so much for the other ones as it is for you.

But I want it.

Ah, yes. But beloved one, it is their choice whether they will accept the healing or whether they will say, "No, I will wait awhile longer."

But sometimes they don't know. I don't tell them.

You are allowing them opportunity, yes, for you touch them at a very deep level but it is still a choice for them.

The healing that is most important comes through you, for you for you are connecting with the wholeness that you are. You are connecting with the heart that extends and cares, yes, and would see everyone healed and in time everyone will be.

But not everyone who came unto me for healing accepted that healing. There were those who saw the healing and it had to be in a certain way for them to believe it. It had to come through a certain ritual or it was not true -- with a small "t" for them. There were those who came and wanted the healing and then at the last moment drew back and said, "No, not yet. I desire to be within my drama for a bit longer," and I respected, because there was nothing else to do, I respected their choice for I knew that the holy Child in time will come unto the place of wholeness as these ones will.

I allowed myself to be available, to extend the healing energy of wholeness, but then I released them to the Father's care and to their own choice which is what you are now coming unto seeing.

There were many that in my human perception, that I sorrowed over because I would see them healed. I would see them to know the happiness and joy of the Father and yet they could not yet see that vision. And in my humanness I sorrowed and wept and yet at the same time, there was abiding beyond that the peace that knew that all was in order.

This did not keep me from extending every opportunity, extending the opportunity for healing but I also released them to their choice for they know what you cannot know. They know what is their next step. They know exactly what they desire to bring them to that place of coming Home.

We in our focus of humanness cannot know what another one needs or desires at that point. We can only offer ourselves as servant of the Heavenly One, and to offer the wholeness of vision and then to release them into the care of the Father/One and to the Holy Spirit knowing that they are a master. They are the Christ though they may not know it yet, upon this plane.

Continue to live from the heart, beloved one. Continue to extend the healing. Continue to extend the love and the support unto others and then release them to the Father/One.

Thank you.

Jeshua, can I ask another question?

Of course.

I've been going to the meditation here on Thursday for the last couple of weeks and it's been really powerful for me. So I was talking to Sara about it, to my therapist and she wants me to think about not attending the meditation for fear that it will interfere with my process that I am doing, and she told me to contact my guides and talk to them. And I'm confused how to do that. I mean I called my guides in and she said to get a signal from them and I worked on that like touching my face or something to know my signal. I'm not sure I really get a yes or no answer, and so what do you think about me going and doing the meditation?

First of all, beloved one, I do not think.

{Laughter}

It is too much effort and it changes.

Allow yourself first of all to know that your guides are not separate from you. It is the way of mankind/womankind now to conceptualize energy as being distinct and separate and that there would be ones who have a bit of a different perception, perspective who can give you more wisdom because they see it from a different place. That is the concept that is generally held in this time.

Your guides are not separate from you. They are what you could call quite accurately, aspects of you, for you are the totality.

Now, coming from that place ask of your self what is your knowingness? When you come unto the meditation has this been interfering with your process?

Not yet.

Do you feel at peace with what you have been experiencing?

Uh huh.

Do you desire to experience more of what you have?

Yes, I do. But I'm afraid that I'll come and

And beloved one, where does that fear come from?

It comes from the voice of ego, the voice of separation that would say, "Perhaps there is something that could threaten the holy Child." It comes through the channel of another one who has in this time accepted her own image of perhaps there are things that could be feared.

It is not so much that it is her belief as it is your alignment with what she has told you. That is where your fear finds its roots, that's where it puts its roots into.

Allow yourself to be at peace with your own knowingness. For as you have come unto this place with your own guidance and your own process you may trust that process. You have felt a healing, an opening, an expansion where you have connected with more of your total Self, the whole Self. That process is bringing you now exactly where you desire to be for the next step and you may trust that process and you may trust your own knowing of that process.

If you desire to be in the meditation and you have found so far no problem with it, by all means allow yourself to go one more time, two more times, whatever.

You are the master of your own choices. If you do not desire to go any further with that then allow yourself that decision and do not feel guilt. Do not feel fear. Do not feel that there could be something out there that somehow would come in and hurt the holy Child.

For what you are discovering, remembering is that the holy Child is whole. The holy Child cannot be threatened. The holy Child cannot be harmed. The voice of suggestion, of fear can and does speak quite loudly and you are now, beloved one, bringing up that voice for the very purpose of looking upon it and saying, "Is this the voice of Truth? Is this the voice of eternity? Is this the voice that speaks from my Father, of Love that is unlimited, unconditional, unassailable or is it the voice that would speak from separation and a place that says there is something that could threaten the Allness that I am."

That is why you have brought it up right now. It is as you would see the slide projector and there are the various slides in the projector and you will say to yourself, "Okay, I know. I know who I am. I feel very good with my process," and then the next slide comes up in front of you and says, "But how do you feel about this?" For your choice, for your knowingness to be able to come unto that place and say, "Another may speak to me from where they are. They may serve that to me on a platter. Whether I take that and eat of it or not is my choice. How do I feel?"

That is where it rests. Follow your heart, beloved one. Also there are times when you are asked to be, because of your own process, you are asked to be the teacher of others. Others who watch you, to see what strength you find in your own knowingness.

You do not set out to be the teacher. You do not stand upon the soapbox, but because of the strength that you find within your own knowingness you are example and teacher to others; cannot help but be. Be at peace.

Okay.

Nothing is ever set. In other words, it is not set in a concrete slab. You may make a choice for one evening and then if the guidance is to choose differently the next time, you are free to do that. That is the freedom of the holy Child and blessed be the freedom of the holy Child.

That is what we have been speaking about this evening. It is the freedom of the holy Child to ascend, the freedom of the holy Child to know Love. To fall in love with Love itself. To fall in love with life and the expression of life and all forms of life and to honor all those forms and to know your oneness with every form. To allow the heart of Love that you are to go out to every life-form and to say, "I know who you are. You are the Light energy, the Christ energy the same as I in different form."

That is what Love is all about. Falling in love with life and its expression and knowing that the Child is free in every moment to behold the Christ in another, to nurture, to honor and to release and then to come back again and say, "Hey, let's play."

It does not mean if you make one decision at one point the door is closed and you can never change that. You can open the door again. Much fun in that, too.

Allow yourselves to fall in love. It is fun is it not?

Yeah.

Yeah. It allows you to connect with the dynamic quality of Love that you are. Fall in love with life, with choices, with adventure. Say, "Yes, I will choose" and be in love with that. With that feeling of freedom of choice. Allow yourself to live each moment totally and truly alive in Love, and then as you have experienced in this evening, there is ascension.

For in that Love you find yourself to be beyond form. It matters not what the form is doing in that moment. You are not with it. You have that saying in your world.

You are beyond form and you have ascended. In the next moment you may come back with the identification with form, with the identification of personality and all of the activities that you feel you must do. That is okay, for you have ascended.

And once you have ascended and you have, you can do it again and again and again until there is no longer the need or desire to be identified with this form. You will identify with the Light form that you are and then you will go beyond even that to know that you are the consciousness of Allness. Even past what is known as cosmic consciousness for the cosmic consciousness is still contained within the bubble of reality - with the small "r" - for that is where the cosmos comes forth from, from your consciousness. You will go beyond even cosmic consciousness to the I Am that abides forever.

You are doing very well.

I honor all of you for having made the choice to come this evening and to play with the feeling of ascension, to play with the feeling of love. Some of you did not know that you were going to be coming many days in advance or even hours in advance, but deep within your soul you knew, there was a desire to be here to open the heart. To experience the Oneness for a moment, for an evening and to abide in the Love we are.

That is what matters, that is all that matters; allowing yourself to consciously connect with the great ocean of Love that forever around you, supporting you. That ocean of Love that you are. That is what you have asked to know, to experience, to wed in this lifetime and it comes quickly now. For all of you are making choices, changes. Some of them difficult, seemingly, and yet they are choice-less choices for you have already decreed deep within you that you will come into total conscious knowing the grand Love that you are.

It comes easily, moment by moment, onion skin by onion skin. Sometimes it seems to be as the burst of a new birth. Being forced out into it. Yet, you have chosen. It is a grand choice.

Falling in Love, Ascending in Love

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Thank you for sharing of your time. I do not have time, but you as you see this point of focus, value your time. Therefore, I value your time. Thank you for sharing your time with me this evening. Your love, your vibration, your joy and most of all your mirth.

So be it.