

The Face of Love

1994-02-11

Indeed, beloved and holy and only Child of our Heavenly Father, Child of Light divine, it is in great joy that I come to abide with you in this evening of your timing, as you have chosen to set aside what you would see as an interval of time to abide with me.

{People keep coming in and sitting down.} It is the same in this time as it was in my day, when you joined me in what you would see as an ancient time, when the multitudes would gather together, and there would always be the ones who would arrive at different times with what you would see as the picnic baskets - except that they were not the picnic baskets; they were the large robes that had the inside pockets where you would carry your food.

There were always ones coming and settling in. Much activity; much joy.

I have been asked this evening to speak about the Face of Love. And as I walk about and I behold the faces, I see the face of Love.

It is not by accident that you manifest for yourself a month in which you set aside at least one day to celebrate love, to send what are called the valentines unto the ones that you would have be the one of your heart. It is not by accident that you set aside holidays all throughout the year to remind you of who you are. And in this month that is dedicated unto love, it is to remind you of who you are as Love, as the joy of Love, the unlimitedness of Love, the energy, the dynamic aliveness of Love.

Love can be peaceful. Love can be exuberant. Love can be bubbling up from the depths within you and spilling forth. Love is expressed in many ways: through the eyes, through the smile, through the word that would support another, through the song, through the comfort of the arm about a shoulder, through a telephone call, a visit, thinking of another one and extending unto them what they may need at that moment. This is the face of Love. There are many faces, many expressions of Love.

Love is never boring, is it?

Nope.

Love can be upon this plane like the roller coaster. You can find one that opens the shutters of the heart and ignites the flame, so to speak, within you and you find yourself rising to the heights of emotion. And if that one does not then turn unto you and express unto you the love that you would seek, it can be as if you would be at the bottom of the roller coaster. And yet, what happens after that? There is again the upward climb. As it has been said, hope springs eternal, and one is never left at the bottom. For as you would see yourself at the bottom, already the eyes are cast forth to the upward climb.

The roller coaster of love is the expression of love as your world has taught you: that it would be outside of yourself, that it is something to extend unto ones and it is something to expect in return.

The world would teach you that there are certain ways to expect this love to come back to you. The world would teach you that there are various packages of love that are more desirable than others. What you see in your world is a whole industry of the golden coins that is built upon the image of love and what it should look like and how to make oneself more attractive. And yet, beautiful soul, you are the Light of the Heavenly Father, always, and the smile is beautiful.

The smile is a gift that you give unto another. And in the very smile itself you give unto yourself a gift: the gift of the peace that you are. For as you smile, there is a feeling that registers even within the cells of the body, a feeling of expansion, a feeling of joy from the heart.

Yeah.

Delightful. {Looking at a brimmed, straw hat worn by a brother.} We did not have that style in my day and time. May I? {Jeshua puts on the hat.} It would do very well in the sun. Thank you.

I enjoy - I abide in joy - I enjoy being able to converse with you in this manner and to try on the various fashions of the different times. For if you will receive it, this is not the only time and the place where I am now in communion with ones such as yourself. I am also expressing in what you would see as other times, even in what you would see as this space.

You are not the only ones who would be occupying, as you would see, this space. For if you will receive it, you are in a focus of attention in what you feel to be 1994. You have collected unto yourself a belief of what it looks like, what it feels like, what the consciousness is like in February of 1994. But if you will receive it, this very space, as you would behold it, is also being used by others of your brothers and sisters in what you would know as another dimension, in another time, and I am conversing with them as well, in communion with them. And they have different fashions, different technology.

Some you would look upon and you would say that it is not as advanced as what you have, and yet, I would point out to you that there are other civilizations, as you would call them, other times that are more - in your judgment - advanced. And yet, it is all within the context of the dream, the dream of the holy Child of the Heavenly Father, who has desired to experience his/her creativity, has desired to go upon many journeys, many lifetimes, many experiences. All for the fun of it. All for the roller coaster ride of experience.

Love is who you are. Love is the power that gave you birth as the great ray of Light that you are. You are energy. You are far more than what you see yourself to be in this time and space. You are much more than the body that sits upon the chair and the personality with which you identify. You are a great ray of Light, energy ever ongoing. It is the energy of Love. It is Light and it can be measured. Even your scientists in this day and time can measure it. And it is experienced as the emotion - the energy in motion - of Love.

So in this month that you have dedicated unto Love and you are very much in the process of sending your valentines unto ones to say, "I love you," you are remembering and reminding yourselves to pause for a moment or two and to connect with who you are, with the Love. As you stand before one and you open the shutters of the heart and you feel yourself to be one with that infinite expression, that grand expression of our Heavenly Father, you are connecting with who you are.

It is an honor to be in your presence, for you are the grand master of Love. You are much more than what your self image would say unto you and much more than what your brothers and sisters often say unto you, and much more than what the parents have told you in your growing up times, and much more than what the mate would say unto you that you are. You are experiencing the unlimitedness of the holy Child of the Heavenly Father. You are allowing yourself a glimpse of the totality that you are.

You come unto an evening such as this where we can share the Love that we are with one another, and you feel at a very deep level a love in this room. And ones of you would say it is because I have brought it, that I am Love. And this is true: I am Love. But it is not I who have brought this. It is who you are, and you are calling me forth. I would not be here except as you call me forth. That is how powerful you are.

It is your consciousness, it is your invitation, it is your awareness and your attention that call me forth. Otherwise, you would be off watching what is termed one of your movies. You would be doing something else. But you have chosen to be here, to be in communion with the Love that you are and to experience it.

We have talked of how 1994 is the Year of Intention. This is the year that you and many of your brothers and sisters have come unto a place of intention, of saying, "I intend to know who I am. I desire to know the holy Child that I am and I intend to do whatever it takes to experience who I am." And one of the ways you will experience that is through this month that is dedicated unto Love.

For as you send out what are known as the valentines, the hearts, the symbol of the heart, pause for a moment and ask yourself basically - get to the bottom line - "Why am I sending this to someone? Why have I gone unto the card store and given some of my golden coins for a piece of paper which has a message upon it, that I am going to send to someone?" And if you will receive it, you are sending that valentine unto yourself.

It is your consciousness that is choosing the valentine. It is your consciousness that is reading what would be the words and the message upon the card. You are the one who is penning the message upon the card, although you would see it as being outside of you. And yet, without your interpretation of the squiggles, they would just be squiggles. And you send a message of love unto another with a feeling of knowing that you are one, that there is a feeling of wanting to extend, to "reach out and touch" in some way. And as you extend, you experience who you are. This is why we have said so many times unto you to extend the Love unto whoever would be in front of you. For it is not by accident that someone is in front of you. You have called them forth as you call me forth. All of what you would see as your brothers and sisters, they do not just randomly appear before you. You have called them forth.

They are your messengers, and the ones that you would send valentines to are your messengers and your mirrors, as well. They are there as your servant so that you can extend unto them who you are, so that you can feel the emotion known as Love, so that you can feel the energy in motion. Not just the energy that would sit, but the energy in motion as you extend the love unto one. And you can feel the healing balm of the peace that comes with that love.

In this year of your timing, this year of intention, it is also a year of Love. You will be seeing more examples of the face of Love in what you would know as your politics. You will be seeing a polarity that will bring about an awareness in black and white of whether one is abiding in the heart or whether one is abiding in fear and in the power of the world. And you will be seeing more of your brothers and sisters choosing for the face of Love.

Even in what you are seeing now that has so much attention in your press of a wonderful Child of the Heavenly Father who goes about the ice with grace and agility, this one is a grand servant unto all of you, unto your brothers and sisters, in allowing you to look upon what is happening: not only in the choices that she has made, but in the choices of everyone around her, and how this is being, as you would say, conducted - even to the members of the press who would find themselves hounding this one because they feel it is their employment, that they receive their golden coins from hounding someone so that they can get a piece of news before someone else.

And there will be ones of what is known as your press corps who will pause and will ask themselves, "What am I doing? Is this not a sister? Is this not a child, as I am?" And they will stop and they will ask themselves, "Would I like the action, the attention, even the manner of attention that is being given unto this one?" This one is serving as a catalyst for many in what you would see as her process. She is giving an opportunity unto many to look to see what their priorities are, to be able to pause in a moment and to say, "How would I feel if I were in her ice skates?" And for a moment, an instant, there will be a connection and they will see themselves - maybe just for that long {snapping fingers} they will see themselves as this one and they will know that there is not the separation. This one serves as a grand teacher, although she knows it not.

You will see ones in communication, you will see ones in politics who will pause and will ask, "What am I doing and why am I doing it?" This will be a year of evaluating for many. It will be a year for countries in conflict that will give themselves such conflict that many within that country will stop and reevaluate, have to reassess what is going on. It does not have to come to such a dramatic point before the assessment is made, but oftentimes mankind takes that much before it comes right up before the face and mankind says, "Stop, already. Enough."

You will see this happening upon what you call your world front. You have already seen it in the timing of the six weeks of this new year: people taking action to change the course. You will see this in your health fields, as well. You will see the face of Love coming again unto the health and healing professions, where there will be advancements made in what is known as the conventional medicine not just for the golden coins but because there is the true desire to benefit ones of the brothers and sisters who are suffering. But even more so there will be the advances, as you will see them, in alternative methods of healing, where ones will want to find what will help others, other methods of healing, not only of the physical body - that is true - but methods of healing the emotions, the baggage that has been carried for what would be seen as lifetimes. And the face of Love will show itself in the healing professions as well this year in your timing.

There is coming to be much more awareness that things cannot go along the avenue that they have been progressing without much pain and suffering and that suffering does not need to be. More and more of your brothers and sisters will be choosing to abide in the heart, to come from the place of the heart, the place of Love, the place of saying, "I sit in the chair of my brother. {Sitting on the lap of a brother.} I am one with my brother. How does it feel to be my brother? If I were feeling as my brother feels, what would bring me comfort?" And with that you will see the face of Love.

Thank you, beloved one.

You will see the face of Love coming in technology, for as ones in the healing professions have ideas that will benefit, they will ask of the ones who can put this into your technological boxes. They will ask of ones, "How can we design something that will benefit, that will be more instant in healing?" And this will come about.

You will see the very programs upon your square box that you love to watch - not all of you, but many of your brothers and sisters love to watch - you will see the programs themselves shifting in this year of your timing unto a place where they are evaluating and asking, "What is important in life?" They will do this because there has been a cry from one such as you, a consciousness that is saying, "It is time for a shift in perception. It is time for more Love," very simply put.

And the ones who are into amassing the golden coins because you buy their products listen unto what you say and what you desire, and when the consciousness of mankind and womankind shifts, as it is now shifting, the ones who

are desirous of your golden coins will also shift. For as you allow a shift in perception to happen within you, all of creation will rearrange itself for you.

Mankind often feels that it is everything outside of him that is changing. That happens, but it happens first within and then you see the effects, seemingly, outside of yourself. And yet, you are the one who has put it into motion. The emotion of Love. The power of Love. The energy of Love. The energy of who you are. It is powerful.

You will see the face of Love in your neighborhoods more than you have seen. There is a growing wave of ones taking back responsibility for their neighborhoods and saying that "We are a community and we must look out for ourselves. We are responsible for our family, our extended family, for the community of the neighborhood." And you will see the face of Love again coming in the neighborhoods.

You have already seen the signs of this, of many who are saying, "There has been too much crime, too much violence." "Why" they are asking, "is this coming about?" And they are coming unto the answer that it is necessary to be together as the Love that you are, to express that Love unto the ones who are feeling that they must cry out so grandly with violence and with crime to get the attention, to get the love that they are asking for. Ones are seeing that love, if it is given to the young ones, the ones who are growing, experiencing who they are - and this does not mean just the youngsters or the teenagers, for truly this goes on in other ages as well - ones are seeing that love, if it is freely given, does not have to be demanded.

You will see the face of Love being extended in the very communities of the neighborhoods and in the schools. And where does it come from? Where does the face of Love come from? From ones such as you who desire to know the Love that you are.

There is a grand wave that is happening. You have felt the acceleration in the last years of your timing, especially in the last months of your timing. This is growing. You will see the wave accelerating even more in what you would call the days to come, and I would share with you it is not that they are going to come; they are already here.

For as you can cast your mind forward, as you would say, into the future and imagine what the future will be, I would ask you where that future is? It is right here and right now. So it is not so much the days to come, although upon this plane there seems to be a process of time. There is a grand wave and you are part of it, a wave that desires to know and to see out-pictured the Love that you are, and to have, as it would be, your brothers and sisters also to know the Love that they are, to experience in fullness in the heart who they are. And you are the ones who are going to make that possible.

You are the ones who have already chosen to experience the holy Child that you are. You are the ones who will say unto your brothers and sisters the

word, the paragraph that they will need to hear. And it is not that you will feel yourself to be a grand scholar or one who will be a lecturer or one who is the one with ancient wisdom - although you are - it will just come forth from the heart in the moment that it is needed. It will come forth in simplicity and be shared from the Heart that you are. It will be what that one needs to hear at that moment and you will think nothing of it, but it will mean everything unto the one that it is said to.

Many of your brothers and sisters are crying out to know the Love that they are. You see this everyday.

Yeah.

Yes. They are crying out to know what you have at least accepted within the mind - and I would share with you that you have accepted it at the heart level as well. Many will come unto you sorrowful and confused, with varying degrees of sorrow and confusion, and they are all crying out for one thing: the same thing that you have cried out for in times past - and perhaps not that long ago - to know, "Who am I? Why am I here?" Have you ever asked that?

You are here to share who you are with who you are. For truly, you never look upon a stranger. You look upon yourself, and you are here to share the Love that you are in acknowledgment with others who still have what would be seen as the sunshades, the sun glasses, upon the eyes and do not see the Light that they are. You are sharing the Love and the Light with them. You will say unto them, "Lift up the sunglasses just a bit and behold the Light that you are."

You will do this in words. You will do this with a comforting arm around the shoulder, either literally or figuratively. You will find ways, because of your creativity, to share with them in action that which will heal. You will find avenues that will provide for them what they will see as the next step in their healing, and in doing so, you will be showing unto them the face of Love.

Everyone that you come in contact with everyday, you show unto them the face of Love as you abide in the heart that you are, as you abide in the song that you are. For truly, all of you are a song that you sing unto your brothers and sisters - sometimes with more harmony than other times. Sometimes you would feel the notes to be a bit discordant within yourself and you would say, "I'm in a bad mood today." But know you, that can be changed in an instant, and you have discovered that you do not stay within what you would call as a bad mood as long as you used to, that you have the choice of throwing it over the shoulder and saying, "What the heck. I've experienced that already. Let's try a new scene."

That choice comes faster than it used to, and you abide with the very bubbles of joy within the heart that just come pouring forth and are shared freely as a fountain. And you share the love with others. A very gentle love. A love that sometimes you do not even know you are sharing and yet, it is felt by others.

You will see the face of Love even in your love songs in this year of your timing. You will see them changing. The love songs that you used to experience that were so much of sorrow and of "How can I live without you?" theme are changing.

{Laughter.}

Be vigilant in this year of your timing and listen unto the words of the songs that are now being played and sung, and you will see a shift in this year. And it is because you are calling it forth. You desire to see the face of Love. Enough of the sorrow already. Time for a new choice. And it is happening.

Many come unto you as servants of the Heavenly Father to show you avenues where you can serve, seemingly, and yet, what happens is that as you open your heart and you extend the Love that you are unto ones - whether or not you feel there is something physical you can offer them, something in an action, something in tangible form - there is a feeling of support. That is the first step and you do share that. Know that you share that. It is the first step. And from that step come the other forms that you would see within the world that will be helpful.

You are putting into process a circle that will bring you remembrance, and a circle that will bring others Home again. It is not by accident that you find yourself working, as it would be, with some individuals. In fact, all of the individuals that you see in front of you are there not by accident but because the two of you - the seeming two of you - have called each other forth to know your oneness. It is a grand work that you do.

All of you in the work that you do are servants of the Heavenly Father, even if it would be in something you would see as a routine task. For each time you allow the shutters of your heart to open, each time you, as they say, connect with another one, you offer unto that one the opportunity to know their oneness as well. Every time you are outrageous enough to say unto one, "I see what you are talking about, but I see a grander vision. I know that you are the holy Child of our Heavenly Father the same as I am, and I know that we are unlimited" - you may not put it in those words; you will choose words that can be understood and accepted - as you speak that idea, that unlimitedness unto others, you allow them to know that there is at least a door that they can walk through. They may not choose to walk through the door, but at least they will know that there is a door there. And whether they walk through that door in what you would see as this lifetime or several lifetimes down the road, as you would see it, that is their choice. But you have at least allowed them to know that there is a door, that there is something more than just the experience of right now, as you would see, this body and this personality expressing.

You have allowed them to see past what they are experiencing at the moment and to put it into a little different perspective, as much as they will accept. That again is the face of Love: being outrageous enough to be a Teacher of God

and to take books unto ones and to express who you are with a freedom that will say, "This is who I am. This is who you are, if you will accept it," and then to walk on.

All of you are great seed planters. You cast seeds as you go about. Sometimes they will be the seeds of doubt. You have done this in many lifetimes. The seeds of sorrow, the seeds of violence. And many times they are the seeds of love. And whether they fall upon the stony ground or whether they fall upon the fertile soil is not up to you. They will grow in their own timing and as the choice is made. It is only for you to be as the one who is the gardener and casts the seeds. That again is the face of Love: being willing to cast the seeds and being willing to allow the seeds to do whatever they need to do.

There may be a tug at the heart that will want to see the seeds grow, and yet, neither you nor I can make those seeds grow. It is up to the choice of what would seemingly be that individual. And the One that I have termed the Grand Weaver weaves all of the choices together into a grand tapestry. It is only for you to cast the seeds and to be the face of Love.

I would do with you what is called a meditation. A meditation on the face of Love. I would have you breathe a deep breath. Find yourself comfortable in your chair. Close the eyes if that is comfortable, and breathe in the golden white Light that you are. Breathe it in deeply, into the very cells of the body. Breathe in the golden white Light that you are. Take it deep within. Feel it lighting up every cell in the body.

Feel the chakra of the solar plexus alive with Light. Breathe in the golden white Light that you are into the solar plexus and see it expanding as the Light that you are.

And as you exhale, exhale the Love that you are.

Breathe in the golden white Light that you are and take it deeply within the cells of the body. Take it to what is known as the heart chakra and feel the Light of the heart chakra expanding. Breathe in the golden white Light that you are and feel it expanding the heart. See the heart glowing with the Light that you are.

Breathe in the golden white Light that you are and take it deeply within the cells of the body. Feel it expanding the throat chakra. See the Light that you are expanding the throat chakra. Feel it relaxing and expanding, glowing with the Light that you are.

Breathe in the golden white Light that you are and take it deep within the cells of the body, and feel the area of the third eye to expand. See the Light expanding in the forehead in the area of the third eye. Feel the Light that you are glowing, expanding, radiating.

Breathe in the golden white Light that you are. Take it deep within every cell of the body. Breathe in the golden white Light that you are and feel it expanding the crown chakra. See the Light that you are expanding at the crown. Feel it radiating. Feel it pulsating. Feel it expanding and releasing. Feel yourself to be one with the golden white Light that you are.

Breathe in the golden white Light that you are and take it deep within every cell of the body. Allow it to be felt in the fingertips and in the toes. Allow the very fingers themselves to become alive with Light, the hands to be Light, the feet to be Light. Know yourself to be Light.

Breathe in the golden white Light that you are and exhale the Love that you are. And abiding in the stillness of the heart, speak unto yourself your name. Take your name and call yourself as your Heavenly Father would speak unto you. Call yourself as you have heard me call you.

Speak unto yourself your name, with Love, with the Love of the Heavenly Father. Our Father. I and the Father are one. This is the Truth of your being. Say your name to yourself as your Heavenly Father calls you. Give unto yourself the Love that you have sought for so long.

Know yourself to be the Child, the holy Child of Love, lacking for nothing. Unlimited. All power. All Love. Worthy of that Love, for you are your Father's only creation.

Speak unto yourself your name as your Heavenly Father calls you, as you know I call you. Abide with that Love. Feel it to expand and to fill the whole universe.

Breathe in the Love that you are. Breathe in your name and exhale the Love that you are. Feel yourself to be in the flow of the very energy of Love. For this is the Truth of your being. You are loved with an everlasting Love, for you are that Love. You can never be without it. It is your divine birthright.

You are the Child of Light divine. You are the Child of Love. Speak unto yourself your name as your Heavenly Father calls you. Hold the Child that you are in the everlasting arms of Love, for that is where you abide always. You are the Child, the innocent, holy, untouched, untarnished, beautiful radiant Child of our Heavenly Father.

Breathe in the golden white Light that you are and take it deep within the cells of the body. Those of you who would be desiring healing, know that it has been accomplished.

Breathe in your healing. Breathe in the golden white Light that you are, the golden white Light that expands and releases all illusion, all constriction; releases and loosens and lets it go.

You are the Beloved of our Heavenly Father, created before time was. You are a Child of Light: divine, whole, holy, eternal, ever ongoing, a great ray of Light. You are a vibration, a tone, energy. Call it what you will. You are alive with the power of Love. Call unto yourself your name and know that you are loved as the holy Child that you are. You have never sinned and you have never gone astray. All of the choices you have made have brought you unto this place of awakening. They have served you well. You have never made a mistake. Everything has been your creation as the holy Child that you are.

Breathe in the golden white Light that you are and take it deep within the cells of the body. Send it unto any part of the body that would be calling out for more Light. Know yourself to be one with the Light that you are and with any part of the body that would be asking for its wholeness.

If there would be healing of relationship, if there would be healing of circumstances, if there would be healing of the questions that come to the mind, if there would be healing of employment, golden coins, breathe into those circumstances, relationship, the golden white Light that you are. Surround and blend the Light that you are with whatever you would see to be needing healing, to be needing an answer, to be needing guidance, wisdom.

Breathe in the golden white Light unto whatever would be troubling, and allow it to speak to you. Everything you manifest in your experience is there as a messenger for you, as your servant.

Breathe in the golden white Light and take it deep within the body. See it radiating and illuminating every cell of the body. See it expanding far beyond the confines of the body. See it blending into what would be the energy of the one sitting next to you. Feel the very vibration of the energy of the one next to you. Know that your Light is blending with the one you would see as sitting next to you.

Speak unto the one next to you from your heart what you would share with the one next to you. What would you say in your heart to the one who sits next to you? What would you have the one sitting next to you say unto you? Receive their message. And thank them for their message and for being in your life as messengers, for truly all of you serve each other.

Breathe in the golden white Light that you are and take it deep within the very cells of the body. Wiggle about the muscles of the body. Release them. Let them feel free. Feel yourself to be fluid, light.

And now, abiding in the heart, when it feels comfortable for you, open the eyes, remembering to breathe. Open the eyes and look upon the one next to you. And behold the face of Love.

Do you feel the peace that has descended upon this room? Do you feel the Love that is in this room? It is not I who have brought this. It is you - you, by your willingness to return again unto the place of the heart, to experience again the Love that you are. And as you behold your brother, your sister, you behold the face of Love. And it is your face. For truly, you never look upon a stranger. You look only upon your Self. And what I behold is your beauty and your Love.

It would now be a good idea to take a break - what is called a break in your timing - to refresh the bodies. We will then meet again and we will entertain the questions, if there be questions to be entertained or entertaining. I have often wondered if we could not have them out in the middle of the floor and do some entertaining for us.

So take what is known as a short break - ten minutes or so in your timing - and we will reconvene again.

So be it.

{Break.}Indeed, did you discover the face of Love upon what is known as your break?

Uh huh.

Truly, when I behold what would seemingly be a lot of different faces, I behold the one Face of Love.

I would give unto all of you the gift of being where I am and being able to see the Love within each one of you. For as you behold what you feel to be my love, you behold your own and it is truly beautiful.

Beloved one, how are you this evening?

I'm just fine, thank you.

Truly the Child of our Heavenly Father. Would you have a question to be entertained?

I think I have a question.

Yes.

I know I ask it within myself so many many times, and that is, how to really feel that you are one with all, or with the Father, and it occurred to me a little while back, maybe if you knew how it felt to be in the mother's womb, would it be kind of like that?

It is very much like that, beloved one. For you feel yourself to be in the sea of Love that you are, to be cradled and supported by the very energy that you are. There is no separation. To know yourself to be in that expanded Love, the expanded consciousness it will be called. For when you return again unto the place of the heart, as we have just done, and you feel the peace that abides always and eternally, that is your oneness. You are that peace. You are that Love.

I guess I don't really feel that much feel. I guess that's what I'm trying to say. I want to feel what "feel" feels like.

To experience infinity, what is infinite upon this plane, a finiteness is difficult, beloved one. That is why we have said it cannot be comprehended by the mind. It has to be felt, as you have discerned, within the heart. Ones can talk about it in grand concepts. One can "liken it unto," which is why you find so many of my stories, the parables, where it is "likened unto" to give you an idea, a starting point for what is known as the contemplative meditation, and then to take that and to contemplate it to the place where the concepts themselves dissolve into the feeling of the peace of the Heart.

It is a place of peace. It is a place of stillness. It is a place where the mind ceases its chatter. It is a place of being supported as the child is within the womb, within the arms of the mother, the Heavenly Mother. It is the place where you know yourself to be much more than this point of focus. It is the expansion that we have talked about. It can be felt, and can only be known by being felt in the Heart.

You are doing very well, beloved one, for yourself in bringing up what evokes feeling.

Do you think so, huh?

We would not have shared that with you just to play a joke.

Ha, I'm sure you wouldn't.

If you can trust the Word of God, you are doing very well, beloved one.

{Laughter.}

Okie dokee.

Proceed along that pathway, that avenue, for there will be much that will be revealed for you at the feeling level. For as you desire, it will be revealed unto you more and more. It is as you would be the Child within the womb: totally cared for, every need being cared for, being supported, knowing yourself to be always taken care of. This is what it means to be the Child of the Heavenly Father /Mother - it is not just masculine for, as you know, there is not gender. You can picture within the mind and within the feeling being supported by the Heavenly Mother.

Thank you.

Thank you, beloved one.

And you, beloved one, how are you this evening in your timing?

Oh, I'm pretty good. I'd like to know this. I was a Huguenot in a previous life and there are a remarkably large number of people in this life who are actual descendants. I run into them all the time. Is there anyone in this group or in our church group who are actually descendants from Huguenots?

Yes.

My goodness.

Now ask him, "Who are they?"

Is there anyone that's a descendant?

Yes, beloved one. As you would see it, there are many who share a common history, a common lineage. There are many that you will feel in alignment with. And it is not by accident that you keep running across these, for truly you call them forth as a remembrance of lifetimes that you lived as what you have termed a Huguenot because it is important for you to connect with what that symbolizes for you.

It was, as you would see, a peak experience, an experience where you were living the Truth that you are as you knew it at that time, and you are collecting unto yourself in what you would see as this lifetime the remembrances of

what you knew to be true in those lifetimes – for it was not just one lifetime. And there are many in this room and in what you have called the church family who have a similar history with you. It is not by accident that you find yourself in this family.

Will I be able to know who some of them are?

You will feel – as you have already felt – an alignment with certain ones and there will come unto the mind a question, "I wonder if they were ...?" And as that occurs unto you, know that that question would not occur if it were not true.

Thank you.

Thank you, beloved one.

I'll be watching.

Be vigilant, yes.

And you, beloved brother, how are you this evening?

Great.

Truly spoken. You are a great ray of Light and a great healer, not only in this lifetime but many others as well. This time you are turning your hand to another aspect of the healing. Would you have a question?

I have a couple.

Yes.

One just came to me. I have a favorite aunt who was ninety two when she passed on. Her name was Helena and she passed on a couple of years ago, and I was just kind of wondering what she's up to.

This one is very much with you. It is not by accident that she has come again unto your conscious mind, for there is a work that she is doing with you. There is energy that she is giving unto you, as you would see: a partnership. She is doing very well. She finds herself to be happy. She finds herself to be expanded in her awareness.

Wonderful.

And that is why she comes again – as you would see again – to knock upon your door and to say, "Hello, I am here. Let us work together."

The other question I was asked to bring from my sweetheart, JoAnnie. She was planning to come but she got a stomachache and she is working through some of what she feels past life issues, and she wanted me to ask you if you could shed some light on what she's going through.

She has discerned well that these are fears that are coming up to be released. She is in a process of releasing and it is painful even upon the physical level. It does not need to be, but for her in her belief system in order for something to be released it must be consciously known and felt and so, therefore, she is going through a process of releasing even in physical form fears and constrictions that have been held not only in this lifetime but many others as well. It is a habitual baggage that has been recreated many times. But she has chosen and knows her strength. She has chosen to allow this to be released. And even though the process would not be one of ease, it is very much worth the releasing. It will be quick.

She does this for herself to free herself and to allow herself to come unto a place of remembering that she is whole, that she is the holy Child. She sees it as a process, which is a very deeply embedded belief in this time frame as you would see: that it needs to be a process. It does not. It could be instantaneous as you would see. That is what miracles are all about.

But within the deeply held belief of many of your brothers and sisters within this time frame, it is seen to be a process of a gradual release. And this is okay. For truly, it brings the holy Child of God back Home again. But for her it will not be long. It will not be a long process, and the coming Home will not be a long journey either.

She does this for herself, but she also does this so that she may share it with others in the healing work that she is doing. For what she gains for herself she immediately turns around and shares with others, so that nothing is lost.

Thank you.

You will take my love unto this one. This one always has my love, as you do.

Thank you.

Beloved one, how are you this evening?

Very good, thank you.

Yes, and truly spoken. Great aliveness of energy. Would you have a question this evening?

I don't have any questions that I can think of. Perhaps you can just tell me something I need to hear.

We have already spoken what you need to hear, beloved one. It is not by accident that you have found yourself called unto this room this evening and it is not by accident that you have accepted the invitation to be here. For truly, you are the face of Love and you behold the face of Love with all of your brothers and sisters that you encounter in every day. It is for you to know with a freedom that you are very Love Itself, walking about in this plane, as you would see it, expressing the Life of our Heavenly Father.

You are truly the holy Child of our Heavenly Father, and you have chosen to be as a mirror for others so that they may see the holy Child that they are.

...Okay.

Thank you, beloved one. Know that there will be more blessings, as you would call them, more gifts along this way, for you have chosen. You have done what they would call "turning a corner" and you have chosen that the gifts will be multiplied tenfold upon themselves and tenfold again. This is only the beginning of your joy.

Thank you.

Beloved, beautiful one, how are you this evening?

Fine, thank you.

Would you have a question?

I do. In my work life I bring Love and Light to those choosing to make transition from this earth plane. Do any of these have a message for me?

Many of them have a message for you. They are around you at all times. They would thank you for the ease that you have given unto them in making the transition, in allowing them to see that it is not needed to be done in fear, that the raiment of the body can be laid down easily, and to know that it is a new birth. Not as the world would see it as death and loss, but as a new birth into a new experience, and that they can go with ease, knowing that there will be others, ones that they would see as loved ones, to greet them, to be there to welcome them, and that they do not go alone. And you have shown them by your very presence that they are not alone through this process, and they come back often as you think upon one or the other. They come back often to thank you, and they come often to be with others that you are guiding as well, to be able to speak to others on a level that is not seen by the world, to give them reassurance as they make the transition, as it has been called.

There are many who work with you - ones that come unto your mind that you will recall. And as you recall them, know that instantly they are with you.

There was one very dear to me, my husband.

Yes.

Is he well?

Very well and in peace, and he comes often to be with you as well, for truly he is about his Father's business. He is, as you would see, learning. He is expanding his awareness to see that "in my Father's house there are many mansions" and he is experiencing other rooms, other dimensions. But the energy of

him that you have known abides always. It is not lost and he comes often to be with you as a companion.

Thank you, beloved one, for the gentleness and for the support that you give unto others by that gentleness and by the vision that you hold. It is nurturing and it is the Love of the Heavenly Father.

It is only your work.

It is our work that we do together and it is the face of Love.

Beloved brother, how are you this evening?

Exhausted, but here.

It would be only the body that would speak unto you of being exhausted. The Spirit, as you feel, is ever dynamic. That is why you are here. The body would speak unto you that it would like to be at home in bed and the Spirit says, "No, I would like to be here. There is one more thing I would like to experience in this evening," and therefore you said unto the body, "We will go."

I am very grateful.

Would you have a question?

Only about the success or otherwise that I'm having in making my own turning of the corner in these months.

You have had the courage, beloved one, in what you would see as the last year of your timing to turn several major corners. You have chosen and then you have had the courage to set the foot upon that path and to make many changes, changes that many of your brothers and sisters would have sat and contemplated and then chosen to postpone. But you have said, "No. It is time." You have felt within yourself a rising current of desire and of intention to know yourself to be the unlimited Love that you are.

You have turned several major corners and you are being the example for many who are close to you. They see that it is safe, for you have chosen, you have made changes, many changes in the outer that they can see: changes in geographical location, changes in the work that you do, changes in the way you behold the brothers and sisters who work with you.

Know you that the outward changes reflect your willingness to make the inner changes. It is a grand courage that you have, and by being willing to exhibit that courage, which comes from the heart - courage comes from the heart - you give unto others the permission that they may choose anew, that they may choose to set the foot upon a new path and to know that it is safe.

Thank you.

Proceed, and proceed with a light heart, for as you do that, the body will feel lighter as well. The body serves you perfectly. It will always be here to do what the Spirit desires to do.

Beloved one with the hair like sunset, how are you this evening?

Wonderful.

Truly, you are. Would you have a question or a sharing?

Yes. Recently, over the last several years it seems like all the feelings that I have are so exaggerated. My heart aches or my heart is filled with joy, and I just want to know if that's coming towards the purpose that will be clear?

Yes, beloved one. What you are allowing to have happen for you is a clarity. You are putting into very definite polarity what another one has spoken of, of wanting to feel. Being able to feel the heart wide open, filled with love, and to feel the heart filled with compassion for others, to be very much in touch with the emotions - which is the energy that you are in motion - to no longer deny and to keep in a box the emotions of the heart, but to say that "I am strong enough" - as this one has said with his courage to make changes - to say that "I am strong enough now to examine and to look at all of the range of emotions that I have ever experienced in any lifetime. No longer will I keep them in the backpack upon the back and not dare to look at them. I have brought that backpack in front of me and I am opening it, and I am experiencing again my grand creativity of feeling, of knowing myself to be the holy Child of the Heavenly Father."

It is as the pendulum that you would see swinging from side to side, sometimes in a grand arc. And yet, it will come to a place of balance.

That will be nice.

You are very much alive and well, beloved one. Do not stuff, as they would call it, the emotions. Do not be afraid of them. They are your gifts unto yourself and your messengers, and you are now allowing them to speak to you with grand clarity. You are no longer putting the muffler, the muzzle, upon them and making them be quiet. You are allowing them to be felt and to speak unto you.

Go with the feelings. Be exuberant with the feelings. If it be a feeling of sorrow that needs to be released, allow, as you just have done, the tears to flow. For they will never devour you. Your feelings will never devastate you. They are your creations to be your servants and they serve you gladly. They serve you in the atonement of coming Home.

So know that each emotion that arises for you has a blessing and a gift, a message for you, and just to allow it to come up. And if it is one that you would abide with, abide with it. If it is one that you would release, release it and let it go. Feel free, beloved one.

Thank you.

You are loved with an everlasting Love. Your Heavenly Father loves you with a Love that you cannot even fathom with the mind. It goes beyond what the mind can comprehend. You are allowing yourself to feel some of the unlimitedness of the energy that you are. It is a grand blessing. Do not try to keep it bottled up. You are not, but do not try to.

Many of your brothers and sisters would fear the emotions and would keep them stuffed. And yet, in the stuffing they do not experience who they are. They are putting off unto another lifetime or another lifetime until they would have the courage to look and to feel and to experience what you are now choosing by your willingness to experience.

Whenever feelings would come up, beloved one, reach around and pat yourself on the back and say, "Oh, there's another feeling. That's a grand feeling and I will get into it with all that I know, all that I can feel." And go for it, as they say.

Sounds good. Thank you.

Thank you, beloved one.

Beloved brother who is as the wind, who is free as the sunshine, how are you this evening?

I feel very radiant, thank you.

Truly, you are. Would you have a question or a sharing?

I have no particular question. I would ask you your blessing in my journey to deepen my connection with the psychic being or what you would call the wholeness within and behind my heart.

Yes.

I would ask your blessing for that.

Always, beloved one, you have my blessing. You and I are one. I would bless myself with the remembrance of who I am and I do momentarily, and I bless you with the remembrance of who you are, for you are as I am.

When you have said that you are radiant, know you that you have claimed your Christhood, for you are the radiance of the Christ, and it is not behind the heart. It is the Heart. It is all of you expressing as the Light and the Love upon this plane. Go upon your journey with a Light heart for that is who you are.

Beautiful one, radiant one, gentle one, how are you this evening?

I feel great. And truly you are. Would you have a question or a sharing?

I do. I'm completing many years of inner work and some very painful and some very dark days and years, and I feel like I'm coming to the new world, and I'm wondering if you could comment on that?

Know, beloved one, that you have come through what you would call the dark night of the soul. You no longer need to stay in sorrow. You no longer need to do what would be seen as the heavy processing. You have come to the place of discarding all of that, to see it as being passed. You are now coming into the place of the child who plays in the sandbox of freedom. Whatever you would desire to do, know that it is yours to do.

Know that you have already processed what needs to be processed. You have released baggage from many, many lifetimes, beliefs that were deeply imbedded and held onto for what you would see as eons of time. You are now claiming the Child that you are before time began.

Know that you and I play in the sandbox together. Think upon me as you play and we will have fun.

Okay, I will. Thank you.

Beloved brother, how are you this evening?

I'm good.

Truly, you are. What would you ask this evening?

I have two concerns. First, I am feeling very, very weary of trying to figure it all out.

Very good; the beginning of wisdom.

And I want to let that go and to be healed of feeling separate from my Spirit and to be in that healed place, live from that place and operate from that on all levels of my life and not forget, never forget again. So once I've done that... I don't know how to do that. My most pressing concern is how I manifest in the world to have a right livelihood and earn the golden coins in a way that expresses that higher Self.

You will see all of this coming together, for truly all of the aspects that you have named are not separate one from the other. They are all part, as you would see, of the same tapestry. For as you are allowing yourself to express the wholeness that you are and to remember the Child, the playful, joyful Child that you are, the employment, the golden coins, will come easily. You will not be looking outside of yourself for someone else to give unto you the golden coins. It will come as a, what they call the fringe benefit of being of service. There will be the ideas that will come unto you that you will want to express and to share with others, which will be healing for you and for others.

And because of your exuberance in wanting to share all of this, you will manifest for yourself avenues of sharing where others will exchange the golden coins with you for what you are exchanging with them, what you are giving unto them.

It will not be a difficult process. It will not be in the terms of the way you have learned the world to work up until now. You will no longer need to follow what the world has dictated as the routine for searching out the employment, the golden coins. It will come from the heart. It will come because of guidance that you are willing to listen to, and you will find yourself going in love and in ease with others, with whatever is suggested unto you. And others, because they will see it of value, will give you the golden coins and you will say, "But you have paid me for something I have enjoyed doing, something that was easy for me to do." And you will accept the golden coins for they will enable you to go on to the next one and share with them. But you will see yourself being paid for what you enjoy doing. It will be a labor of love, as they say, and there will be the golden coins as well.

For truly, you will be sustained. What you need will come to you and sustain you, and you will even find that you have some extras to share with others. You will have extras for doing the joyful, playful things that you want to do.

You have set into motion the very process that you desire: the process of awakening. You are making choices such as the one this evening to be here as opposed to being somewhere else or to have the focus of attention upon something else that would keep you for what you see as a time frame focused upon the sorrows, the confusion, the doubt that the world would speak to you of. You have chosen to say, "No, there must be something more." So know you that at the depth of what you would see as the soul, you have made the choice that is bringing you Home. Trust in that.

Go with a freedom in the heart, for truly, once that desire has been chosen - as you have chosen - all of creation will rearrange itself so that you will come to the place of awakening. Trust that, for that is the process of awakening.

There will be aspects that will come. They will come up in front of you and say, "How do you feel about this?" Come from the place of the heart each time aspects come up before you. There will be situations that will arise. There will be the questions that will come up in the mind - as you know so well. Each time that they do, abide in the place of the heart that we have touched on earlier. Come again unto that place of stillness, that place of peace in the heart, and ask of the question, the situation, ask what it would share with you. For truly, it is your creation and it serves as your messenger. It will reveal unto you what you need to know.

What you need to know, beloved one, you already know. You are delightful. Enjoy your own delightfulness as I see it. Go with a freedom. Tell the mind to be quiet.

Beloved brother, how are you this evening?

I'm fine, thanks. Two quick questions: you have a library here. One of the books is "Mary's Message to the World", and she talks about earthquakes being real severe in 1995 and I was just wondering, I've got relatives and friends in California. Can you tell me if California, as is stated in that book, is destined to go under the ocean?

Beloved one, in the fullness of time what is known as California will go under the ocean, but it will not be in what you would see as this lifetime.

All of our Holy Mother, the Earth, the features upon the Earth, have shifted and have changed in what you would see as the evolvement of time. Land masses that are now here were once under the water and what is now under the water has been at other times the great masses of mountains and the high plains, so that there has been the shifting and the changing through what you would see as eons of time. And this will continue, for the Holy Mother, our Earth, does shift and does change. There is movement even as there is movement in the molecules that you use for expression.

The book that you refer to - "Mary's Message to the World" - my mother's message, has been given unto ones as a language that they have called forth as their own catalyst of remembrance. This is why you will read certain books and they will speak to you of either what seems to be a truth to you, what there is an alignment with, or you will read other books and they will not seem to be in alignment with what you believe to be true. It is because various books speak different languages. They may all be written in English, as you would see; it is not that kind of language we speak of. It is the language of the heart, the language of the alignment. And they are all truth with a small "t" in that they are the truth of the Dream, the drama that you are living or seem to be.

So they will speak unto ones and they will be as catalysts that will bring ones into a place of asking, "What is my Truth," - with a capital "T" - "about these occurrences? About these potentialities?"

The prediction, as it has been called, about major earthquakes in 1995 is a potentiality. It does not need to and will not occur in some of your "realities" - and I put quotation marks around "realities" - in the "reality" that you are experiencing within the Dream. For some it will be a major "reality" in quotation marks. For others it will not be seen at all.

Know you for your loved ones you have in this geographical location that they will be in the right place at the right time. If it is of their framework of belief to see a great shifting of our Holy Mother, the Earth, and if they have not chosen to be within that experience, they will find themselves spontaneously accepting someone's invitation to visit somewhere else and they will find themselves out of that geographical area for that timing. And they will look upon it and they will say that it is a miracle.

It is a choice that they make at a deep level, a choice of what they will experience. If they choose to be in what would be a major upheaval, they will

experience that according to their belief and according to what they have chosen to experience. And if it be the laying down of the raiment of the body, know you that life does not cease. They will find themselves still expressing and still working upon another plane - very busy, just the same, and it will be for them as they have gone to the next grade in what you will see as the school.

It may be that they will be asked - and it is not an asking outside of themselves, but it is a choosing that they do themselves - to be as helpers unto others who are going through the experience. They may find themselves riding upon the shifting. There may be the destruction all around them and they will be as encased in a bubble of light that will be protective unto them. Not that someone else outside of them has put that protection around them. It is not that I would come and wave a magic wand around them, but it is their own consciousness and their own deeply held belief of what they are choosing to experience, and they will find themselves aiding their brothers and sisters. You have seen this in the recent shifting that has happened. Many have come out of what they would see as their boundaries of personal individuality, their own personalities, and they have gone beyond to be of service to their brothers and sisters, doing acts of courage that they would not have even entertained the day before.

This is for all of you to know that you are always in the right place at the right time. There will be shiftings. You may experience some of the shiftings, but do not go with fear into the days to come, for you are the one who is creating what would be known as the days to come. You are Love. You are here as the servant of the Heavenly Father. You are living the Life of the Heavenly Father upon this plane. You are all Love and all power. Not as the world would define power, but as the power of your beingness, the power of Love, the Face of Love that we have talked about, and you will always find yourself in the right place at the right time to extend the Love that you are unto others, to allow them to know the peace that they are. For there will be many of your brothers and sisters running hither and thither with fear and you will be the peace that puts the physical arm around them and says, "Stop for a moment. You are loved. I love you. It is okay." And you will remind them to breathe - a very simple thing, but with the intake of breath, one is immediately connected to the peace. It can be in the next moment you can choose to be back in the fear again, but if you choose to breathe again, again you connect with the peace that you are. Remind your brothers and sisters to breathe. Such a simple thing and such a powerful thing. Does this answer your question, beloved one?

Yes. Yes, it does.

It is a question with many levels, as you have seen.

Right. Thank you. I had a cousin pass over many years ago, Joan, and I was just wondering if there is any communication that I could... I would like to say "Hi" to her and tell her how much we miss her and love her. And can you tell us what she is doing?

You can tell me, beloved one, for as you breathe and you come again unto that stillness of the heart and you picture this one in what would be your mind's eye, how does she appear to you? Does she smile?

Yes, she is happy.

Yes. And this is the Truth of her being and this is what she is experiencing. I could have given unto you that message but it was important for you to call it forth from your own knowingness and to trust that. And this is a message for many of your brothers and sisters who would speak unto ones that they have experienced as having laid down the raiment of the body: to know that they have gone nowhere away from you, that instantly as you think upon this one, as they come unto your mind, you are instantly with them. They are with you. It is not by accident that they come unto your mind. It is because they are there, as you would see, knocking upon the door and saying, "Hi," as they would come unto your physical door in physicality and would knock or would call you on the telephone.

You can trust your knowingness. She is doing very well. She is happy. She is busy as you would see teaching others the Truth that she knows, helping others as well, and she comes and she showers her love and her blessings upon you from time to time.

Thank you very much.

Thank you, beloved one.

{To a small child} You are Love, Love incarnate, expressing. You are beautiful.

Beloved one, how are you this evening?

Fine.

Would you have a question?

No, I don't.

You are abiding in the peace of the heart, which reveals unto you even before the question would be formed, it reveals the answer, for truly all answers are of the peace of the heart. The mind would like to entertain them. The mind likes to play with them. The mind likes to dance with them, to chew upon them as a dog chews upon a bone. And yet, when the mind tires, the heart speaks. You are love. It is a grand love that you share with many.

{To the small child again} You are a grand gift unto one who shares her love with you and she is a grand gift unto you because she loves you with a very large heart. She is very happy to have you with her.

Beloved brother, how are you this evening? Wonderful.

What would you ask this evening?

Can't think of a single thing.

Beautiful, beautiful. You have put the mind at rest. At least for the time being.

I'm trying. Thanks for all the answers.

It is not I who share the answers with you, beloved one. It is the wisdom that you are. Nothing truly desired is ever hidden from you - even the questions about the white sticks. {Cigarettes. A reference to a question asked in a previous session.}

{Laughter.}

Okay.

And you, beloved beautiful one, how are you?

Just grand.

Yes. Would you have a question or a sharing?

Yes. Recently I've moved back up here and my daughter was very angry with me for taking her away from her father, and I need some clue on helping bring her through this.

It is a move that both of you have chosen, although she would not acknowledge this in conscious form at this point. It is for her to look upon her priorities and to know the Love that she is - although she would not feel that at this point - and to know the Love that you are - although she would not feel that at this point.

But it is bringing up in grand clarity for her issues that she desires to examine and that she has the courage to examine. She will go through her emotions: the very common ones at first of the anger, the resentment, the "how could you"s.

These are like the questions in the mind that pop up and want to be entertained, that cry out. But after a while they will subside and she will come unto a place of peace where the question will arise, "Who am I? What is my relationship? What does this other person mean to me? Who are they? Why do I give them value in such a way?" She will examine what the values are.

It was not by accident that you have chosen to put some physical distance between ones. It is so that these issues can be looked at and a new perception chosen, so that there can be some, what you would call, subjective distance given for the viewing.

There are some rocks upon this road as you have felt and as she is manifesting for herself, and if this be her choice to stumble over the rocks, you will be there to offer the hand and you will allow her to stumble over the rocks. They do not need to be big ones, but it is her choice.

For truly, she will come unto a place where she will be tired of the rocks and she will finally come face to face with what have been issues for her in other lifetimes, many lifetimes as well, and she will come unto what is the basic questioning that she is doing.

She desires to know her worthiness. She desires to know the love of others and she feels that this will come to her from others outside of herself. And yet, the question she asked is to know the Love that she is. It will be a process that will be a lifelong one and yet, it is well worth the journey. It is one that will bring her back Home as well. She will come unto a place of knowing that she is the holy Child and that she is as all others: the holy Child, the one who journeys and yet has gone nowhere from the Kingdom.

But in her viewing of the journey, the avenue, the road that she is upon right now, she has a very intense focus upon the rocks, upon the pebbles. She will lift her vision. She will see afar off, and the rocks and the pebbles will not be as big when she lifts her eyes and sees farther down the road.

Be with this one as the Love that you are. Comfort her in any way that is accepted. Allow her her emotions, for truly, this one has stuffed the emotions many lifetimes and it is not by accident that she has recreated what she would see as situations in this lifetime that would seemingly be bringing pain and sorrow to her. This is what she has chosen to bring before herself in clarity so that she can look anew.

Tell this one that she is very much as the butterfly. She is at what would be seen as the cocoon stage and she is emerging. And yes, she will feel it painful at times as she pushes herself through the cocoon. She will feel the very fragile wings scraping against the cocoon and it may feel painful, but let her know that she is a butterfly and that in time she will fly.

Thank you.

{To a sleeping child} Such a peacefulness.

Beloved beautiful flower, how are you this evening?

Very content. Very happy to be in your presence.

And I, in yours.

I didn't think I had a question because I asked myself, "Do I have a question?" because I never come with questions, and I suddenly... and I don't

know where it came from. I thought of all the cats I've had in my life that have gone on, and especially one very outrageous male who acted more human than not, and I thought, "What does this mean?" And I didn't even know why. I mean, it just literally popped into my head. I have no idea what it means.

The beloved pets come as your servants. You call them forth again as your messengers and they are, as you have seen, all with various personalities, each one as a messenger for you, of qualities that you would look upon and you would behold and you would see, perhaps, without yourself, and yet, they are qualities that you are. For you would not be beholding them if you were not that already. So, when you see one as outrageous, know that you own and you claim the outrageousness as well.

The beloved pets are Love incarnate, walking around, to serve you and they are here as long as you desire them to be, for the purpose of allowing you to express the Love that you are unto them. And when their purpose has been completed, they lay down the molecules of physicality, the raiment, and they go on - still alive, still expressing, until they are needed and called forth again. They have no problem with this for they know themselves always to be Life expressing. They have no problem laying down what you would see as the physicality of the body and they come again quickly in another form.

Many of the cats that you have had are the same, back in another form, back exhibiting other characteristics, as you would see them, because they are Love and they come to be with you as companions, as messengers, as the very servant who allows you to pour forth the Love that you are upon them.

I wasn't sure it wasn't his way of saying, "I'm going to be back in your life," because it's such a strong feeling.

This is truly a Truth that you have discerned. This one will be back again - as this one has several times for you.

Thank you.

Beloved one with the beautiful hat, how are you this evening?

Not good.

The one who shares the raiment with me. Thank you. {Putting the hat on.}

You're welcome. When will I be contacted by my spirit guides? Ah, beloved one, this is happening even as we speak. It takes only your willingness and your trust of what comes unto you, for truly, what are known as your spirit guides are around you even now, knocking upon the door of your consciousness, as it would be seen, wanting to share with you the wisdom that you are - not the wisdom that they are and they would come as great masters and share this with you, for it is an evoking of the wisdom that you are that happens. They could not call it forth from you if it were not already

in there. As you sit and invite, they will come. As you sit and you invite and you trust what you hear, what you feel, what you see, nuances of messages, little things - "just a hunch" - as you trust, that will grow. Go with it, as they say, even if it seems not to make any sense. Say, "Okay, I'll play the game. I'll play it and play with it for awhile," and it will grow.

It is not by accident that you have asked this and that you are desirous. It is because they are also desirous of the communication. It will happen.

Beloved healer. How are you, beloved one?

Oh, I'm hanging in there.

We do not want you to "hang" in there.

Okay, I'm doing wonderful. I'm doing great. I really am. I truly am, actually, because I don't know. Whatever is going on with my back it's not really.... It's another level. I understand it and I'm dealing with that, but I was wondering.... It's called twin flames, and I was talking with Ilse about it and I really don't understand, you know. I know that we are all connected, everything, we are all connected, and I truly believe that and I know we are. But is there anything to the term, twin flame? I mean, is it sometimes you will come in and reincarnate, you will come into a body this time and like somebody that you are to be with, like a partner or mate, didn't quite make it through or you don't connect or something? Or is that why some people never find anybody that's compatible with them?

The concept of twin flame, beloved one, is one that speaks a language unto many of your brothers and sisters that would give unto them explanation of specialness, so that they would seek that special one who would be as their twin flame that would be in partnership to complete them, to come together to make a whole.

Now, as we have said that, you have discerned that you do not need anyone to make you whole for you are already the holy Child of the Heavenly Father. You lack for nothing. You are whole and complete.

But in the searching of mankind/womankind for the completeness that seems to be lacking, because the holy Child has set out upon the journey to experience all and with setting out upon this journey feels Himself/Herself to be far from the Kingdom - for the holy Child will say unto Himself/Herself, "Well, look at what I've experienced, how far I've come. Therefore, I must have come a far distance," and yet, the holy Child has never left the Kingdom. The holy Child has never changed Who He/She/It is, by all of the experiences, by all of the concepts, by all of the images that He/She/It has ever held of Himself/Herself/Itself. Okay. We will make it fun for beloved Elder, when he types this.

{Laughter.}

But in the searching of mankind/womankind for the completeness that seems to be lacking, the concept of twin flames is one that speaks to a desire for wholeness. It is a concept that speaks of specialness and yet, you are already special. You are the holy Child. Everyone that you lay the eyes upon is special because you are all the holy Child and you lack for no twin flame to come and complete you.

Now, the concept of twin flame has value for it allows one who seemingly feels that, "There must be more to me than what I am experiencing," it allows one to extend one's self in belief unto another and to open the heart to another whether they be expressing through physical form or whether they be, as you would see it, upon another plane. And one can tune in to the twin flame and open the shutters of the heart and feel one's self to be one with a greater love than what one thinks one is expressing and experiencing.

This is the value of the concept of twin flame or soulmates. It allows the one who feels that there must be more - "I must be more than what I feel myself to be," - to experience more of the Love that one is. But it does not take what you would see as another energy or another entity or another being to complete. It only takes your willingness - as you have already chosen - to experience the wholeness that you are.

All of you in this room have desired and have set out upon the journey, as you would see it, to experience your wholeness. You will find many coming into your life that you will shower your love upon, and there will be those that you will feel perhaps more in alignment with and, in the terms of the world, there will be ones who will say, "You must be my soulmate because I feel so complete with you."

Oh, please, that's all I need. {Laughing.}

Truly, beloved one, you do not need. But oftentimes mankind/womankind will feel the igniting of the flame that you already are when you come into proximity with another. It is not that the other will complete you, but you are allowing yourself at that moment in time to open the heart that you are and to share your love. And in doing that, it is often interpreted that the other one has had the key that has unlocked something. It is not that at all. It is your willingness to express the Love that you are.

That's beautiful. Can I just ask one real quick one? It's kind of in the same alignment.

Of course, beloved one.

Okay. It has to do with the term "walk-in." Is there such a thing as a walk-in and how is it different than a blending, an energy that blends, an entity that would blend, and a walk-in. I've heard these terms and then I was told that Jeshua said that there is no such thing as a walk-in.

Again, beloved one, these are concepts of the world that serve to speak a language unto ones who would see value in these concepts, who would see a value of another energy, as it would be, walking in and taking over the body. This does not happen.

There is in many who would claim to be a walk-in, there is an evolvment that has been allowed, an awakening that has been allowed, a change, many shifts in perception that have brought this one unto a place where they would say, "I am no longer the person that I used to be. I must be a walk-in because I am so different." It is not that it is a separate energy that has come into this one. It is an evolvment because of the awareness that this one is allowing to be birthed. And yes, they feel as a new person, which happens for you when you have new insights and you go about seeing the world in a different way because you have new insights. You are truly a new person. It is what has been termed being born again. But it is not that a separate energy has come in and has taken over and that you would be a separate personality.

So the blending, is that the same thing, then?

The blending is when one will open up to the other qualities, as you would see them, an expansion of more of your total Self, a willingness to accept more of your total Self, an expansion of awareness that happens. And it has been termed a blending as it would be seen as another energy blending, bringing other qualities to one and yet, it is you, allowing yourself to recognize and to acknowledge more of your totality, of other qualities.

It is often seen as the blending with a soulmate or with a master or with a guide who would come and infuse you with the qualities that you see to be of value, and yet, it is not that one comes from outside you and showers this upon you and somehow gets into the very molecules and blends. It is not that at all. It is an opening that you are allowing to happen because of your willingness to have the expanded awareness of your total Self - the Self with a capital "S" - to experience more of your Self. And yes, in a way, it is a blending with your total Self, but it is an expansion that happens.

Thank you.

Thank you.

Beloved brother, how are you this evening?

Just fine, just fine.

Truly. Would you have a question?

Yeah, I've got a couple. Well, the first one is, when I met Willie, you know, six years ago, at the time I was kind of... I really didn't want kids in my life, and for some reason we've become closer than.... You know, sometimes I really don't understand it. I'd like a little explanation or a little light

on that. As you have seen, beloved one, there has been a shift in perception that has happened. There was a belief that was held that children would be a certain way and that this was not of value. This was seen to be as a hindrance, a nuisance, something that you no longer wanted to experience in your life. And the one known as Willie, who has been with you in what you would see as many other histories, many other lifetimes, came to you to allow you to make a shift in the way you would view what is termed a child, to bring out the very Child that you are, to allow you to experience the child that you are with him, to feel that freedom, that closeness, and to allow you to make a shift, to say, "Well, perhaps this is not so bad after all. Maybe there is another way of looking at this."

And it went even farther than that.

For truly, this one came and knocked upon the door of your heart, and you have opened your heart unto this one and there has been for you a grand gift of love that has outpoured. And as it has outpoured unto this one known as Willie, you have felt the inpouring as well, of his love, as you would see it, being outside of yourself and yet, it is your love, for it is a shared love.

Okay.

He is a grand teacher unto you, as you are unto him, and he came and he walked right up to you as the little one that he was and he said, "Hi, I'm here to be your teacher. This is why they sent me. This is what we are going to experience." He didn't say it in those words, but he said it on another level, and he knocked upon the heart and you allowed the heart to open.

You did not have to. You could have held the belief that you were holding and you could have said, "No, I've already experienced children. I don't want any more of that." And you could have turned and walked away. But you chose to open the heart and, as you have seen, there have been many blessings in that opening.

Yes, there have. And the other question is, about a year and a half ago I bought some property in the Bitterroot Valley over in Montana, and I did it originally with the intention of investment, you know. And three months later I was over there and I walked around on that land, and I had a kind of drawing like I should be living there, but I didn't really give it any thought, you know. After that I came back here, but still once in a while the idea pops up. At Christmas I was over there again. I went down there and I walked around, and I thought, "This would really be neat. I should be living here." Then I forgot about it, but about ten days ago I had an offer. Some people called me and they wanted to buy it from me for a very handsome profit. I could have sold it and I didn't. This isn't really me. I mean, it was like a forty percent increase in a year.

Hm, many golden coins.

And I turned him down.

And surprised yourself.

I turned him down and I didn't even give it no thought. It's kind of like I thought about it afterwards, why? And there is like a draw, you know. I'm looking at all the positive things now and it is stuff that I didn't really intend to do. It was supposed to be an investment. What's happening? Can you give me a little insight in that?

It is not by accident that you found yourself attracted unto this geographical parcel of land. It is an area where you have lived, as you would see it, other lifetimes, ones that you would define as happy lifetimes. There is an energy about it that you are infusing from what you would see as past experiences with it.

But in this it also has value for you and it is not the value of the golden coins, as you have seen. For truly, if it were just the investment, you would have sold it in an instant. There is a heart connection, as you would see.

You will be finding yourself utilizing that property at some time in what you will see as the days to come. It will not be immediate, but it will be that in the days to come you will find yourself living upon that land - and more of it than what you now seemingly own.

There is an attraction and it is not by accident that it has come again unto you. There is a purpose for it. It will be revealed to you. You will know - as you have already known; you have followed your guidance in purchasing it. You have followed the very instant guidance not to sell it, for there is a reason. You will find yourself packing up at one point and going and living upon that land, and it will not be for what you will see as all of the year, for truly, you will travel. But it will be as a home to you, as it has been a home to you in other times.

Ponder it in the heart, beloved one, as you have been - as it has been said of my mother, Mary, who took all things unto her heart and pondered them. Sit with it. It will be revealed as it needs to be. It is on one of those need-to-know basis.

{Laughter.}

Thank you.

Beloved Town Crier, how are you this evening?

Fine.

Would you have question this evening?

Yes, I have a couple. The first one....

I have noticed how our questions are growing. People used to have one. Now they have two. Ah ha.

The first one is back to the twin flame business. In the book "Jesus and Mastership" where you told, you know, how your life really was, you

called Miriam a twin flame and a soulmate. If there is not really such a thing as a twin flame, why did you call her that or who was she really?

Beloved one, it speaks a language unto those who would read the book, who would see that we were very close - and we are very close, for we are one and the same. We are what you would call soulmates in that we are the same soul. As I am one with you. But when the book was written, it was a concept that spoke at that time and still does speak a language that many can relate to and find value in. But you must abide with that and take it further to the place where the concepts themselves dissolve into the oneness of your being.

There is no problem in believing in soulmates for it is one of the steps along the way. It has much value, but do not stop with the concept.

So she wasn't that one special person that you were more in alignment with than anybody else, that one certain soul?

We will put it this way, beloved one: the one known as Miriam in that lifetime, in that history, is one that I am with and am one with now, as you would see it. We know ourselves to be the holy Child and there is no separation. But in that lifetime in the experience of physicality, this was one that I was very much attracted unto for certain qualities that we were choosing to express. We found ourselves in alignment because of the qualities that we chose to express and to demonstrate in what you would see as that lifetime. I found her very attractive. I still do.

And the other one is, do I have a connection with the ascended master and world teacher, Lord Kuthumi, and is it my imagination that I felt his presence with me, and if he is with me, what is the purpose of it?The purpose beloved one, is one of sharing the Love and the wisdom that you are, and for you not to see this one as above you as a teacher, but as a brother. Yes, you do have a connection with this one. It is not by accident that this has been coming unto you in recent times with an intensity. It is, as you would see, his knocking upon the door of your consciousness, and it is for the sharing of what you would call learning, what he would call the evocation of remembrance of Who you are, evocation of remembrance of times you have already shared in another form, and for you not to see this one as being so above you, but to see this one as an equal.

This is true for all of what you would see as the ascended masters and the guides and the teachers. We are all your brothers and sisters. You are the ones who would exalt us and put us in separation up on a pedestal somewhere. We are you and you are us, and there is much sharing to be done upon the way, the journey Home.

I plan on having a reading next month with you. Since Judi here also has channeled other people, like your mother, Mary, and Joseph, would Kuthumi, would he consider coming through Judi and speaking with me?

We will check his appointment book, beloved one, and see if he is available on that day.

{Laughter.}

Thank you.

Beloved one, how are you this evening?

I'm doing well.

Yes, you are. There is a simplicity and a gentleness about you, a radiance and a grand strength, a courage. What would you ask, beloved one?

Well, I've been experiencing a great many changes, and I was wondering if you can tell me something about what those are leading toward?

Ah, you can tell me, beloved one, for truly you are the one who is choosing to make these changes. Why would you desire to make these changes? What are they all about?

Peace.

Yes.

And freedom.

Yes. And why would you desire to experience peace and freedom?

The evolution of my being.

And the remembrance, the atonement as I have called it, the awakening, where you come unto the full realization of the holy Child that you are - and you are.

Is this a time for ascension again upon this planet?

Yes, it is, beloved one. It has been chosen by many of the ones in this room - all of the ones in this room - and by many of your brothers and sisters as a time of ascension. And this may be in bodily form as you would see it, where the Light that you are so infuses the cells that the very body itself will not be held upon this plane. Or it may be the ascension that happens in consciousness: of knowing yourself to be that Light and it is no longer necessary whether it be expressed through physicality. You just go as the Light that you are and you are out there somewhere, having a good time.

{Laughter.}

Thank you.

Yes. You are well on your way.

Beloved brother, how are you this evening?

I am very happy, very joyful, and feeling really blessed by the benevolence of God.

Ah, very good. It shows. What would you ask this evening?

I have read many different books about your life: "Jesus and Mastership", not "The Nine Faces of Christ", but there are many - "The Urantia Book" and so forth - and a lot of them differ in the details of your life.

Oh, yes.

Very significantly, like one hundred and eighty degrees.

Oh, yes.

And you have expressed earlier that these were a language to convey meaning, and so forth. How would you explain the fact that different presentations present such a different story?

It would be as if there were many who would write about your lifetime - the press reporters; we will send them down in a hoard here to record your lifetime. And they will not have you to interview, but they will write from asking this one and this one and this one over here what they remember about you, what you said, what you did, how you felt, and they will record that. So you will get various interpretations. All of the writings that have been written about me and about my lifetime are truth - with a small "t" - within the Drama as the one who is recording it knows it. They are truth - with a small "t" - for the ones who read it, as they feel themselves in alignment with it, for it speaks a language.

All of the value of these writings is but for one purpose. It is for the purpose of atonement, of coming Home again, the awakening, for the purpose of remembrance, and in that, beloved brother, you will see that it is not important whether I did such and such at such an age, whether I did any of the things that are recorded except as how they ignite the remembrance within the one who is beholding those written words, that story. That is where the value is.

Take what is truth for you, what is in alignment for you. Whenever you read something in a book, sit with it and ask, "Is this in alignment with the truth that I know?" And you will know. If it is, keep it. Go with it. Make it part of the fabric of your remembrance. If it does not fit, if it does not seem to be as you would behold me, throw it out the window. It is somebody else's truth and it will help them. It will be the catalyst, it will be the language that they need. This is where the value lies.

I have been contemplating the violence that has been going on in the world and my role in relationship to it.

Yes.

And if we consider two people out in the street fighting and I behold this, what would you teach as my role or as our role if you beheld it, as a role of a Christ?

And truly, beloved one, you can and do behold it as the Christ that you are. There are levels.

Many levels.

Yes. You will see them as the Christ, that they are upon their journey. You will allow. You will extend in whatever way is appropriate the Light and the peace that you are. You will always have the guidance whether it be just to silently extend or whether it be to come and be in physicality with them. You will have the guidance.

It is there as a messenger for you to look upon and to ask of yourself in your heart, "Who am I?" And if you would see peace in your world, choose peace. If it would mean turning your back upon what you see as violence and walking out and sitting by flowing water and contemplating the grass that grows, know that that is a choice of value. Know that even by sitting by flowing water and extending the Love you are unto others, the peace that you are will be felt. For as you choose anew, all of creation will rearrange itself for you and as you.

I make it all up, don't I?

You do.

Beloved brother, how are you this evening?

All things considered, fine.

Ha, very good. All things considered within this Dream, yes. What would you ask this evening?

I consider it a minor question but it has to do with last week and I'm curious as to what happened with somebody I met last Friday, what was going on there. It was obviously a friendship or relationship that was sent by Spirit - at least that's what I felt about it. I went through kind of a rather bizarre evening.

Beloved one, you are manifesting for yourself and calling forth many experiences now - some of which you will term bizarre. They will be different, for you have asked to experience a whole range of "reality", quote and unquote, because you wish to have this experience brought up in front of you as the treasure chest that you have experienced in other lifetimes, as well. You are going back and bringing up out of what you would see as experience, memories, other creativity, and you will see a whole range as you do with the ones that you work with, the ones that you play with, the ones that you interact with. You are seeing the infinite variety of expression of the holy Child of our Heavenly Father. Is this not true?

Uh huh, yes, slightly.

Yes. It is for you to see the infinite variety of expression that you have expressed in what you would term other lifetimes. It is to bring it all back to remembrance for you, and it is for you to shower the Love that you are upon each one, to know that they are as you would see them, aspects of your Self - aspects of your Self with a capital "S" - and to know that you are one with everything that you behold. And to shower the Love that you are, the freedom, the allowance, the unconditional Love of the Heavenly Father as He would love them, and to smile.

And when you see behavior, if you see personality traits, that would seem to be different, smile an even grander smile for that is the grand creativity of the holy Child. It is as you would go and see various movies and you would experience different behaviors, different personalities. That is all that this is and yet, it is no mere thing for it is bringing right up to you the infinite expression that you have been and that you are.

Do you see how creative you are? Yes. It is just for you to know the Love that you are.

Beloved Songbird, how are you this evening?

Good.

Yes, what would you ask?

I was hoping that you could shed some light on....

Just some Light, just a little bit?

Yeah.

You would like more?

Maybe, yeah.

How about infinite Light?

Yeah, as much as I can get.

Right, we will go for it.

Okay. Over the past couple of weeks I've been really on a kind of an emotional roller coaster, up and down, and feeling a lot of things coming up, feeling overwhelmed and like I couldn't cope, and feeling a lot of anger and all of this other stuff - just turmoil - and as it would happen, now today I started feeling better so I don't have those same feelings with me to ask you.

Strange how that works.

I wanted to know exactly what was going on and where this was coming from. I guess that's where it came from. I really didn't understand what was happening.

It is as others have discerned, you are allowing the feelings to come up for yourself, to be seen and to be released, to be experienced, to be lived, to be looked at, to be in communion with until they give unto you a message. And yet it is as this one has asked, it is to see the infinite creativity that you are, of all of the various emotions as they would be called, all of the various expressions of the energy that you are and to feel them. You are very much alive as you are feeling them - even the ones you would feel as downers; you are still very much alive in them.

You are one who is allowing himself to be sensitive to energies - and we are not talking of energies outside of yourself, for there is nothing outside of yourself. And when what one terms the window of Light is upon this plane - which there is now - there is feeling of the energy. It is not an energy that is outside of yourself. It is an energy that you are calling forth because of your connection, because of your knowing of the connection that you are with all energy.

You are allowing yourself to be open to more of your total Self. More of, as we have termed it, the energy, for lack of a better word. It is sometimes hard to put things that are not of this world into concepts that can be understood, but energy will do.

You are allowing yourself to register various energies that are then translated into emotions to experience them. It is like being on the roller coaster ride. It is for you just to know that you are very much alive and well.

There is also a yearning that you are feeling that wants to be in motion, and when you do not feel yourself to be in motion, there are times of frustration, times of what you would term the negative emotions that come up. It is for you to know that there is much that is stirring within you and that it is not negative. It is as the seed that is bursting forth from its casing and desires to grow. It is the seed that you feel inside of you. It is wiggling about. It is wanting to be expressed, and when it does not feel it is allowed to express, when you are not open with it and you feel frustrated with it, that is when you will turn around and see the other side of the coin and you will feel the frustration, the blockage, whatever you want to call it. And it is for you to know that it is not negative. Sit with it and know that it is the very yearning of your soul to express and to remember.

If you would see various things in your life, in what you would see as the out-picturing of your life, changed, it is time to get on with it. To go with a freedom. To sit and ask for guidance, for you are never without guidance. It rides with you in the truck - it rides as you in the truck - and to ask. You will have guidance. You will have hunches. Someone will occur to you to go and speak unto them and to say, "I am ready for a change. I am ready to serve in a different way." And you will find yourself opening up. You will allow the seedling to burst forth.

That is what it is all about. It is good.

Thank you.

Beloved teacher of God, how are you this evening?

I am well, thank you.

Definitely outrageous.

Why not?

What would you ask this evening?

I don't have a question this evening. I have a thank you. I wish to thank you for the peace and the joy that I have felt, do feel always, even in the midst of anger.

Very good, beloved one. You are finding the heart even within what you would see as the midst of turmoil and of anger and of the clashing of the world around you, and choosing to return again unto the heart quickly.

That's true.

Yes. There we abide as one. It is because of your willingness and because of the decision that you have made - as all of the others in this room have made - to be "done with this already. There must be something better." And now you are experiencing something better.

Thank you for being willing to express the Love that you are in whatever way comes unto you as a hunch, an idea. You are one who goes about showering others with the Love that you are freely. It is as you would have the basket of hearts upon your shoulder and you are just showing others with the Love of those hearts. There is a freedom that you feel and that you extend unto others, and it is a grand blessing.

Know that I enjoy our conversations together.

So do I.

And you, beloved one, how are you this evening?

I'm very good.

Yes, you are.

I just heard you say to Pat that there's been a window of energy lately.

Yes. There was what you would see as an intense focus of energy that came in with the new year and there is still what you would feel as a residue of this, of energy, and yet, it is not someone outside of you showering this energy

upon you. It is what you have been willing to call forth and to utilize. What it does for you is to accentuate wherever you feel yourself to be, whatever choice you are choosing in the moment.

This is why many of you and your brothers and sisters will feel either very happy or very sad, why there is such a swing of the pendulum. But it is not that I or my brothers come and we shower this energy upon the Earth. It is because you are willing to call this forth to know more of the total Self that you are, the total energy that you are.

What would you ask?

Well, last Friday, I woke up and I felt truly happy.

Very good.

And that was like the third day in two and a half years, okay. So you know I've been slogging my way through this horrible depression, like it seems like forever, but I've learned so many things through you and the wonderful people around me that Friday when I woke up happy, I was really pleased, of course, that I was happy.

Yes, and congratulate yourself on the fact that you recognized it.

And it felt like this big, heavy burden that I had been packing around for the last couple of years has been lifted off my shoulders. But I was a little cautious with it because the other two days that I had been happy it had gone away the next day so I decided to kind of practice what you were talking about, about flowing with feelings: like when you are really happy, enjoy it, but remember that it will pass, and then when you are miserable about something, it's okay to acknowledge your misery but remember that this, too, shall pass, so that there isn't such a great up and down in emotions. I kind of want to get off that roller coaster.

Yes.

And it's so wonderful that all week long I've been happy - not just last Friday - and all of these wonderful things have been happening. And you know you always turn things that I say around so that I can reach an understanding that I bring these things into my life, but I found a way to thank you where you are not going to turn it around, I don't think.

{Laughter.}

You have never given up on me, and in all of that time when I was not at all sure that it was really very valuable to really live this life, you never gave up on me. And once you told me... you really told me, "Live!" So may I be permitted to thank you for doing that?

You may be permitted. How could I ever give up on you, beloved one, for you are me and I am you? We are one and the same for we are the holy Child of

the Heavenly Father, and I do not give up on me. And I do not give up on you - who you truly are - for I see your Light and I see your radiance and I see you as the holy Child that you are. And I know that there are times when you choose to slog your way through things, knowing that that is the belief that has come out of many lifetimes: that the only way to progress is to slog.

And yet, we would share with you if you will receive it, this evening you have made what we would call a grand shift in perception. You have turned a corner. You have allowed baggage that you carried with you for many, many lifetimes - not just this lifetime - to be dissolved into the nothingness that it is.

That's why I'm feeling lighter.

Exactly, beloved one. It has gone. You turned the corner, and in turning it, you let it slide off your back and you can't even see it any longer for it's around the corner somewhere and probably somebody else has stumbled over and picked it up, and you don't have to worry about it.

Right. That's the important part. I don't need to worry about it anymore.

It is gone.

So it's really nice to feel like life really is worth living.

Yes, and you are the joy of living. You are beginning to allow yourself to feel that and to go as I go -as we go together when you choose to abide with me as the joy that we are - and to awaken each moment, each morning, and say, "I am truly happy. I am my Father's Child and I deserve to be happy, for this is what He would give unto me and I accept it today, Father." And off we go.

It certainly is miraculous. Now, I have one very practical question to ask you. I have an appointment on the 21st to stay overnight at the Sleep Clinic so they can monitor my sleeping patterns, and there's a part of me that really doesn't want to do this. I don't know about how I'm going to fall asleep with all these things hooked up to me and I don't know what the results are going to be, but I would like to ask you if you think it's worthwhile to do that because they will help me find ways to sleep more deeply?

Let me share with you first that you will find yourself ways to sleep more deeply in a more relaxed peaceful state as you go about each day in the joy that we are. It is not that someone else will need to gift this unto you and it will not come through what you will see as any medical means. It will just occur naturally as you allow yourself the freedom to know yourself as the Child that you are.

But go and spend the night in the Sleep Clinic for it will be fun to do. Approach it as a fun thing. Say, "All right, this is a sandbox I haven't played in yet. Let's go and see what this sand feel like." And just go with a light heart and enjoy it. I will be there with you.

Okay. I'm not really scared of it but there could be such a thing as a physical obstruction that is causing me to wake up often during the night and....

It will be good for you to go and research this, as it is called.

Okay. Yes, and have fun with it. It will be a fun thing to do. I will enjoy experiencing it. For truly, all of you are my teachers as well in what you experience, for we get to experience together as the one that we are. You do not live this life alone. What you experience is felt by your brothers and sisters in this dimension and in all other dimensions that you can imagine, and even more, for you are all connected. You are all one. There is no separation.

We have spoken this evening of the Face of Love, and as you look upon each other, what do you behold? It is the face of Love, each and every one seemingly individual, seemingly unique in your own collection of the molecules of physicality, in your own choice of raiment, your own choice of how you would wear the beautiful fibers of the hair in the style, how you would express the Life that you are. And yet, it is but one face: the Face of Love. The Face of Christ. The Face of the Child in the Womb that is always supported and always nurtured, held in the everlasting arms of Love.

It has been my great joy to come and abide with you this evening and to entertain the questions of the mind, to abide in the stillness of the heart and to know the grand Love that we are, to share that with you in very tangible form.

Do you know how beautiful you are?

Sometimes.

Yes.

Go this evening in your timing with the Love that is in your heart. Share it with what would be known as your chariots that go with the horses inside. When you climb into what is known as your chariot, extend the Love that you are unto the very thing that you would see as inanimate and know that it responds to the energy that you are. This is why sometimes the chariots, if you are not in a good mood or if you are in a mood of thinking that everything is going wrong today, even the chariot will respond and have problems. It responds unto your Love. It responds unto the energy that you are. There is no separation even in what you would see as inanimate - nothing is inanimate.

Extend the Love that you are unto the chariot, unto the blade of grass, unto the doorknob when you get home. Love the very doorknob as you put your hand upon it. Feel yourself to be one with the doorknob. Outrageous. And oneness.

Fly as the great ray of Light that you are. Don't worry about the feet upon the ground. Others will keep you grounded enough.

{Laughter.}

Send the valentines; enjoy the celebration of the Love that you are. If there are parties that you are invited to to celebrate Valentine's Day, go as the Heart that you are. Extend the Love that you are. Play as the Child that you are. You have earned it and yet, it need not even be earned for it is yours already.

Look upon every one of your brothers and sisters and behold the Face of Love - even if it takes a little bit of shift of perception. Look upon each one until you can see the Face of Love, for it is there. Just beyond the appearance of the world is the Love that you are, expressed in many different fashions but always underlying whatever you would see as the behavior.

Smile unto ones that you meet and extend unto them the Love that a grandfather or a grandmother would extend unto a small child. For truly, the ones that you see exhibiting behavior that would not be of the expansive type are as the children who are crying out to know who they are, and you can be as the grandmother or the grandfather unto them and to smile, and to guide and to Love. And remember to do that to yourself as well, for there are times when the child within you will call out very strongly to be loved, to be nurtured, to be held and cradled. Be gentle with yourself. And when you look into your mirror in the morning of your timing, behold the Face of Love.

So be it.