

## 1994: The Year of Intention

1994-01-14

Indeed, beloved and holy and only child of our Heavenly Father, child of Light divine, it is in great joy that I come to abide with you this evening in your timing, as you have chosen to set aside what you would see as a time interval to abide with me.

I think it would be appropriate to say unto all of you, "Happy new year," for truly what you have decreed for yourselves in this time upon this plane is the beginning of what you are recognizing as a new year. So I would wish unto you a happy new year, and it is truly, for always in every moment it is a new moment, as you decree that you will look upon it with a newness, with the eyes of who you truly are as opposed to the eyes of the world, the world that would speak unto you of confusion and constriction and of pain and of sorrow.

When you let all of that go and you say, "What the heck. This is a new year. This is a new moment and I choose to have the happiness that I deserve as the Child of the Heavenly Father," and you claim your inheritance, then it is truly a happy new moment in each instant. Is this not true?

Yes.

Yes. When I asked of my beloved friend and ancient teacher, this one who lends me her body so that I can walk around and talk with you, when I asked of this one that it would be appropriate to speak of "1994," as you are calling this time, "The Year of Intention," she asked me if I would give information about various aspects of what you find in your world - predictions, I suppose they are called - and she said unto me that ones such as Lazaris give their forecast for the year to come and ones such as, I believe the name is, Jeanne Dixon and some of the others who write in your newspapers - which are not always so new, for they cover the voice of the world - give unto you what would be the predictions for the year. And I said, yes, I would speak of various aspects that you find in your world, but that I cannot predict what you are going to choose to manifest in what you would see as this year in your timing.

For truly, in any moment you can change what would be seen as a possibility - and even a probability - for you will look upon a strain of what has been happening and you will take that strain forward and you will say, "Based on what has been in the past, this is probably what's going to be happening." But know you that in each moment of your time you can say, "What the heck," and change it - as many of you have done in this past year of your timing, and even in the past week of your timing.

Many of you have felt an acceleration of energy that has seemingly come in with the new year. Many of you have been, as you would feel, riding on the crest of the wave of this energy - and this is true. There is an acceleration of energy that you are manifesting and being aware of and taking advantage of. It is being felt by all of your brothers and sisters upon this plane and it is accentuating the choices, the choices that are made in each moment.

For as you choose to express the Love and the Light that you are, to express the wholeness of the holy Child that you are, you see out-pictured for yourself the joy and the happiness and what you would call the order of things coming together, where in your day you will find everything falling into place: a phone call at the right time, a person who will come along at the right time - what you would call the right time - occurrences that just seem to be in harmony and yet, it is you who is living from the point of harmony and manifesting what you see in the outer.

And others of your brothers and sisters are also feeling the acceleration of the energy, but in listening to the voice of the world and listening to old belief systems that would speak of unworthiness and would speak that "it has always been this way" upon this plane, upon the Earth, that there has always been suffering and violence and that brothers have been "out to get each other" one way or another, and they are caught into the constriction and the sorrow that they have feared they would see and it has come to pass. But be of good cheer, for it has come to pass - not to stay, but to pass.

For truly, there is but one thing happening upon this plane and it is the Atonement, the at-one-ment, the coming Home, and what you are seeing is a grand clarity coming before each and every seeming individual in each choice that is made - a grand clarity that will show you where you are abiding in each moment: whether you are abiding in the Truth of your being and feeling the joy and the happiness or whether you are abiding with the voice of the world that you have now outgrown and can cast over your shoulder as a child would a toy that has been outgrown. You can leave it behind. And all of you in this room, if you would receive it, have chosen to leave behind the constricting beliefs that no longer serve you.

There is a calling deep within you that you are responding to. It is not a calling that is outside of you. It is not a calling from Jeshua ben Joseph or from any other master as you would see it. It is a calling from deep within you, saying to come Home, that it is time to claim and to know in its fullness the holiness that you are, the wholeness, for truly, you lack for nothing. You are All, and by being All, you have all - even the love that you would seek from another: you are already that Love, and, in the extension of that love unto others and the service that you give, you see manifested without what you are already within.

**Thank you.**

You are the sunshine upon this plane - or you can choose to be the cloud upon this plane. But not this one. This one goes as the sunshine.

1994: The Year of Intention. We have spoken earlier of the four keys to the Kingdom: the keys of desire, intention, allowance and surrender. You have all desired to come Home, otherwise you would not be responding to the call that we have just spoken of that is deep within you. You have desired to know in full awareness, conscious awareness, the Light that you are, the energy of that Light, to feel yourself while still expressing through the body, to know that you are not the body, that you are the energy that attracts the molecules of physicality unto yourself and that you are the energy that surrounds it and even that you are not contained within what you would see as a containment of energy, but you are expansive unto the farthest universes and beyond.

And you have asked to experience that in its fullness. You have asked, "Let me focus upon this time and this space. Let me express as a seeming individual. Let me express as the Love that I am, and yet at the same time let me know that I am unlimited. Let me know that as I do my healing with others, I can reach into the pool of wholeness that I am and from that pool of energy, of the wholeness, the holiness, I will draw forth what needs to be shared with the one who is in front of me, and I can share with them the healing, the balancing of the energy that stands before me."

For as each one comes unto you and would ask for healing, there is a balancing that you bring about: be it through words as in emotional healing, counseling, or through the very energy that you are, healing of the body, the balancing of the energies that are in the body. For those of you who are able to look upon the body and to see what is termed the aura, the light energy that is around the body - it can be seen, it can be measured, and it goes out much farther than what has been, so far, measured - ones of you who can see that will see with one who has come to you in sorrow, in disease, that there are areas, an area or more, that is out of balance. And as you are in tune with that, intuitively I believe they call it, you can feel where there would be an energy imbalance, and by the very energy of being one with that person, you can afford them the opportunity to balance. It is not that you will thrust this upon them. There must be a reception. They must desire it and to be willing to accept it.

All of you have desired to know the fullness of the power that you are. Not as the world would define power, but the very power of your beingness, and to know it in the fullness while yet expressing upon this plane. And truly, as you tune into the power of your beingness, your wholeness, there is much joy, is there not? And it cannot be hidden. It can be felt. It can be measured.

The second key is one of intention. That is what this year is all about upon this plane. All of you who are in this room have already at a very deep level made the decision called intention to come Home again. But it will be seen upon your plane that it is a year of intention. There will be many of your brothers and sisters who will come unto that space of saying, "Enough, already. I have listened to the voice of the world far too long and what has it brought me? It has brought me sorrow and confusion. It has brought me what I see upon my square box in what is called the news, the acts of violence, what I have read in my newspapers of the lack of love of one brother to another. I have felt this in my workplace. I have felt this in my relationships. I have felt it within myself as I look out upon the world," and in that moment a new choice is made. For the question arises: "Surely there must be another way to see this. There must be another way to live." And with that question is born the intention to experience who you are.

This is what you will see transpiring upon this plane in 1994: more and more of your brothers and sisters choosing, intending to know who they are. They are already asking - either in words or through their acts - they are already asking, "Who am I? Why am I here?" Have you ever asked that?

Yes. You will see countries, made up of seeming individuals, for truly, a country is not an entity all by itself. It is made up of the individuals who feel themselves to be a part of it. And you will see countries going through the same throes of asking, "Who

am I? What am I?" And you will see, as you have seen in this past year, much turmoil as the birthing of this intention is brought forth.

There will be even more countries as you will see them that will be going through the throes of birth and there will be parts of a nation set up against others - other parts within that country - for the purpose of the clarity of coming to the place of choosing anew.

Now, it does not have to be this way, but it seems to be mankind's way of having it come right up in front of the face before the choice is made. And many of your brothers and sisters in countries that have gone through upheaval in this year, many of them are the servants of your Heavenly Father in that they have taken upon themselves to show the lack of love while at the same time they are expressing the Love that they are.

There have been many what you would call selfless acts in helping others through the wars within countries. You have seen this this year in your timing, and you will see even more of this in the next year. For it is the time of accelerated energy that will be used either for the joy or it will be used for the clarity that the sorrow and the confusion and the chaos brings.

Be of good cheer as you see this going on. Now, I know that sounds, in the way of the world that would sound strange to be of good cheer and yet, you know that just on the other side of the sorrow is the revelation that there is more than the sorrow, that there is the grand opportunity for the extension of love.

Many individuals have found and will find in this year of your timing the opportunity to be more than they ever thought they could be as a situation arises and they find themselves faced with a choice. They will find themselves in service rather than running and hiding as they thought they would. There will be many acts. They will not be acts of proclaimed heroism. They will not be in your news. Not yet, but even the news media is feeling a shift, and the shift comes from individuals such as yourselves, who ask to see the whole picture - not just to see what is wrong with the world, but to see the acts of love - and as you are focused upon the acts of love, you will see more and more of these being reported in your news.

Already in what you have seen as your arts and entertainment, your movies I believe you call them, you are seeing more of the theme of unlimitedness, more than just what is known as the daily living, the struggling and the scrapping to get by or the acts of violence, the thrills I suppose they are called. You are seeing more of your films that are dealing with life after laying down the body, more of your films that are dealing with love expressed unto another one, more of your films that are dealing with different expressions of love upon this plane - what you would call ones who might not be as intelligent in the world's reckoning of intelligence and yet who have much love to share with others - much more of a recognition of the unlimited power of the holy Child, the unlimited power of love.

You will see more of these films in this year for there has been a shift, a shift in what you would call consciousness, and it comes from you. For as you are calling me

forth this evening to be as a mirror unto you, you are also calling forth in the consciousness of what you see as your world before you, you are calling forth who you are and what you believe yourself to be, and this is changing rapidly. And thank God for that. Thank your Self.

You will see more and more of individuals taking responsibility for what is going on in their world, in your neighborhood, in your community. For truly community does not need to be a group of people who have decided that they have like values, philosophies and take themselves apart to be a community, but you are a community as you live with the others around you. And you will see more and more individuals taking responsibility for what is going on in their own neighborhood. It will no longer be thrust so much out there to the authorities to make it right for the communities, but you are seeing, and you will see more of this in this year, of the people living in the neighborhoods who take their neighborhoods back, as it is called, who take the responsibility and say, "We do not need the paid professionals" - the police, I guess you call them - "to come and do it for us. But we will do our own in extending love," which is done in different ways. Love does not need to be a doormat. Love can be quite tough with discipline and guidelines and sometimes saying unto one who would be straying from what is in harmony, saying unto that one, "Look."

I love you, too.

I love you, too.

And a certain resolution, agreement, is reached that allows the harmony to be expressed and experienced.

You will see mothers having the courage to stand up to the ones who are trying to find their way, the ones who are growing up at least in body, and who are searching to know who they are, not only in terms of the world but in terms of the holy Child that they are and how do they express their holiness and how do they make that fit into the world? Well, of course, it doesn't. There comes the problem.

But you will find mothers having the courage, coming from that point of love, to say unto the teenagers, "I love you. I am your friend. I have been there and I will discuss with you what is going on. I wish to be a friend. I wish to share with you what I have learned and I have learned a lot." And mothers and fathers will have the courage to come on straight, I believe it is called, to discuss with the teenagers and to meet with them - not only the ones that you would see in teenage years, but ones who are even older in years as you reckon them - and to be able to meet them at a place of the heart to say, "Speak unto me what is going on within your heart. What are your hopes and dreams? What have been your disappointments? Let me share those with you. You do not need to be alone in this for I, too, have traveled that road. I, too, have had my hopes and dreams, and I still have them. Would you like to hear?" And the mothers and the fathers will share, and the ones seen as the children, no matter the age, will share.

You will see that happening in this year to come. There will be more, what you would call, communication from the heart, for it is a year of intention, a year of coming to the place of saying, "I choose anew. It is time."

You will also see individuals taking more responsibility for government and not seeing the government as a far-off power that will grant unto individuals heaven upon earth that is desired. There is already an awareness - and it is growing - that the government can do no more for the individual than the individual is willing to do for himself/herself, and that the power does not come from an authority out there to make it right, but that the power rests with each individual.

You have already seen much more involvement, I think it is called, of individuals in government at what is called your local level. And this is growing and will be growing in this year as ones recognize their own holiness and recognize that no one outside of you can do it for you, for truly, there is no one outside of you. What you see is your belief of what you see.

Such beauty. {To a sister.}

Thank you.

Thank you.

You will see many innovations of technology in this year. This has been true in years past, as you would see it, and this is also growing in this year, for mankind and womankind is expressing the unlimitedness of creativity, delving into and remembering many of what you would know as inventions, technological manifestations upon this plane, that you have experienced in what you would see as eras that are past and yet they are not past; they are very much with you right now. But you would see them either as being a future time in what you would call as your science fiction - which is not a fiction at all - or in times of great ages that have been past. And yet, I would share with you that you were all there in those great ages.

You were the minds who manifested the technology of Atlantis, of the great civilizations that you study in your books of history. You were the minds who manifested the technology that brought the great waters down upon this plane and restructured the surface of our Holy Mother, the Earth, and I was with you at that time.

You will be seeing more of what you will call impressive technology that will make what you feel you are doing easier, more instant, and it is because you are willing to see it happening more instantly. For truly, you are the maker of time, and what you have seen in other decades to take a longer time you will now be willing to and you will be requesting, "Let me see it, now." And this applies not only to what you are asking to see in the outer but it is also a cry from the soul to "let me see it, now."

You will be seeing before you in the center of what would be a room such as this, you will be seeing figures that will be enacting a drama that you see now upon your square box where you tune into channels - somewhat different than this one - where you tune into channels and you get various dramas on the various channels, and you get to really live with those dramas - as if you did not have enough already that you were living - but you get to participate for what you would call a half hour in someone else's drama.

Do you know why you manifest that? You are manifesting what you would see as other's drama in order to participate in the emotion of that drama, to release emotion within yourself, to come unto that place of integration of the emotion. For as you see something happening upon your square box and you are very much caught up in it, you can feel as you would be right there. If there is anger against one who is acting in that drama and you can feel that anger, it would, as they say, push a button for you and it brings it up for you to look at. It gives you another opportunity without having to go through the time of putting all of the actors together in what you would see as your own life script, but you can see it in the half hour and it will bring it up for you and you will look at it and you will say, "Well, that is really..." whatever, and you will come past it. And you do this not only with the anger, but with the love. As you see ones upon your square box and you feel a feeling of love, compassion for them, it allows you to extend the Love that you are and to open the shutters of the heart and to allow the heart to expand, to feel who you are. And you feel it for an instant, five minutes, ten minutes, whatever. You get into that feeling and it is very healing.

This is why your square box is your servant. It will bring up for you right in front of your face everything that you have desired to look at, that you have desired to see. And it will come again and it will say, "How do you feel about this? Can you walk through this like it is a neutral nothingness or do you have a feeling about this?" Does that ever happen for you?

**Yes.**

Of course. It is your servant, but you will be seeing in this year to come the actual portrayal of a drama that will be happening right here in front of you in the middle of a room and yet, if you were to get up, you could walk right through. Think about what that symbolizes for you. As you are manifesting for yourselves the hologram of activity that is in front of you, and you see, for example, samurai warriors doing their thing right there in your living room - very real. Real?

**Looks like it.**

Looks like it.

**Star Trek.**

Exactly. And you can get up and you can walk right through those samurai warriors. What does that prove to you about the reality of the drama?

**It's all an illusion.**

Yes. It is all what I have called the Dream. It is all what you are manifesting for the purpose of experiencing your creativity, for experiencing emotion, for experiencing the infinite quality of the Love that you are.

You will see in this year of your timing great advances, I suppose they would be called, in the health fields, the healing field, and it will not come from what you would see as your miracle workers in the pharmaceutical industry.

{Laughter and chuckles in the group.}

But it will come from the heart. It will come from healers such as you, all of you, in extending unto your brothers and sisters the open heart and the understanding. For truly, all healing comes from the place of knowing your wholeness.

As the medical profession would give to you the pharmaceuticals, the chemicals, if the belief is there that these will make you whole, you will see an improvement. It is not that the pharmaceutical agent, whatever you take within the body, is doing a miracle for you. It is not doing it unto you at all. It is what you are believing the substance is. And the substance is one with you, for truly, there is nothing separate from you. There is nothing outside of you.

But as you take that and know yourself to be one with, as you perceive, that wholeness to be, you become whole. That is the basis of the healing that comes through what you would see as the pharmaceutical prescriptions, but it will not be in that area that you will see major advances this year in the healing. It is coming from the heart. It is coming from the hearts of those who are crying out because they have come to that place of intention, the ones who are crying out to know their wholeness and are saying unto their brothers and sisters, "I see a peace in you. There is an ease that I feel in your presence. There is something healing. I feel good when I am in your presence. What do you know that I don't know?" And you will have your opportunity to share the Love that you are.

There will be many who will come unto you and without a word you will give unto them the healing, for just with the eyes there is so much balancing that is done. This is why I would ask of all of you - and it is not a difficult thing - to meet your brothers and sisters eye to eye and to smile at them.

You have all come from the place of going about with the head down, feeling so weary. You have all come to the place of knowing that there is much more, and you have experienced it and you are able to share that with others. You may not feel that you have what they would call the whole secret, and yet, you do. Even if you feel that you have just the tiny grip upon part of a piece, keep the grip for it will grow.

This will be a year of great strides in the advancement of the heart. It will be true of the physical heart, but it will also be true of the Heart of the wholeness that you are, and it will not be done all by what you would see as the professionals. It will be done one by one as you are interacting with one.

{To a brother} As you are designing the hair and you are sharing the love that you are, much healing will transpire.

Many of you have felt an acceleration of energy even this week. There have been questions about the eleventh, I believe it was called, the beginning of this week in your timing, and yes, there was and is an alignment that has come together and there is what has been termed a window of light, a window of energy that is here for your use.

You have felt that. You felt it either as things going all in different directions or as things coming together. And there has been even in one day's timing a feeling of {gesturing flying apart} and a feeling of {gesturing together} coming together.

This will be continuing this year because of the year of intention, because of what you are intending to manifest, to bring about and to bring it about quickly, for the time is now upon this plane to bring this into manifestation - the holy Child that you are - and to go in playfulness about whatever you would see in front of you that needs to be done, even if it would be the paperwork, the piles of paperwork.

{Laughter.}

All of you know the paperwork. Seems to be an aspect of what you are manifesting in this world at this time.

There is much energy upon this plane at this time to be used - and it is not that it is here just now. It has always been here, but it is your awareness and your willingness now to take hold of the energy that you are, for truly, it does not come from without. It is not something that is being gifted to you because all of a sudden you have earned enough golden points to be worthy of it. But the energy is always here because that is who you are, but you have come unto that place of intention where you are willing to know yourself as that energy and to say, "I will take hold of it and I will use it for my own awakening." That is what it is all about, and it will come either with joy and with ease and you will find that in some aspects of your life, or it will come in a more difficult manner in some other areas. And those are the areas where you will stop and you will look at what is transpiring and you will laugh.

For truly, everything that comes up in front of you is a drama - as we spoke of, for example, in the middle of the room. Everything that comes up for you is no more and no less than a drama that you are manifesting, to look at one more time and to say, "How do I feel about this?" and to ask yourself, "What voice is now speaking? What voice am I listening to? Is it the Voice of my Heavenly Father, Who tells me of the holy Child that I am, Who tells me that I am perfection, I am unlimited, I am Love? Or is it the voice of the world that would tell me I am unworthy, that I have yet all of the trials and tests to pass before I would be worthy?" And you will know in an instant what voice is speaking to you. You are your Father's Child. You are the Light and the Love of our Heavenly Father. You are unlimited. You are much more than the body that sits upon the chair and much more than the personality that you identify with.

Each morning in your timing, you awake and in the first moment of awakening into this dream, you take upon yourself the identity that you feel you have developed. In an instant, you recreate it all again. You recreate even the design of the body in each moment by the consciousness that you are. That is how powerful you are. You attract it all unto yourself in a design pattern that you have chosen, and you bring together your belief system of who you think you are and how you are expressing in what you would know as your personality traits.

So I would say unto you, have fun with it in some morning as you are awakening and you are taking upon yourself, "Oh, yes, I am Diana and I am so tall and I have such a color of hair and eyes and so forth, and I feel thus and so about the world." Play with it and say, "Well, today I am going to be six feet tall. Voluptuous. I am going to go about in the latest fashion and I am going to be outrageous. I am going to smile at everyone I see. I am going to go up to everyone and I am going to say, 'Hello, holy Child

of our Heavenly Father. It is good to see you again." Or you can tone that down a bit and you could just say it with the eyes.

{Laughter.}

But have fun with it. Tomorrow, as you awaken, take upon yourself the characteristics that you would like to have for a day. Become whoever you would like to be that day. Think about it. Play with it.

If you would like to go skydiving, if you would like to rollerblade - I think that's what they call it - if you would like to be the most beautiful, luscious peach there is upon this plane, know that you are, truly. You are whatever you want to be. Set aside one day in your timing and just be what you want to be.

Give yourself the freedom, for truly, in this year of your timing you are going to see a lot more of the claiming of the power of the holy Child in creativity, ways that you have not allowed yourselves yet to express. And yet, that will be happening.

This is a year of grand excitement, for when you get unto the end of what you would see as this year, this time interval, and you look back, I believe this is called January and when you get unto December, and you look back, you will be amazed at what you have allowed yourself to claim for yourself. It is all yours this year.

Now, this is not to say it wasn't there last year for you, for truly, it was. And it is not to say that it will not be there for you in 1995, for it will be, but you will have even more to claim in 1995, so you had better get on with 1994.

{Laughter.}

Ones of your brothers and sisters have asked about monetary matters and financial matters and how is that going to be? And there have been your prophets of doom.

**Always.**

Always, even in the lifetime that I shared with you upon this plane there were those who seemingly controlled the golden coins and who seemingly kept it from others. This was not true. It was seemingly that this happened, and that is what is happening upon this plane at this time. There is infinite abundance.

All of you manifest for yourself at each moment what you need. Now, you may think that you need more and you would like to have the golden coins - or the green ones - coming down about the shoulders and falling as a carpet at your feet. Well, you can do that - or even the plastic. You can do that.

What you are seeing is a trend toward more responsibility. As we spoke of the individual responsibility for the communities and the neighborhoods, for the government, for the responsibility of mothers and fathers for the families, you are also going to be seeing a trend in responsibility in the matters of the golden coins as well. For mankind is moving from the place of feeling that it is a power outside that will give unto that individual the heaven upon earth, and there is a growing acceptance, willingness to accept the responsibility to know that what you are manifesting comes from within. It does not

come from a banking institution somewhere, although they would like to play god and many see them as being god upon this plane.

But truly, you manifest your own flow of abundance, and many of your brothers and sisters will be manifesting a responsibility, more of a conservative, you would call it, attitude toward financial and monetary aspects. It is all part of a pattern of a choice to take again, to claim again the power of who you are and to not see it as others outside having the power to either make you happy or rich, or unhappy.

There will be much that will be happening in the financial arenas this year, for mankind has seen that as a power upon this plane and it symbolizes much of the flow of the energy that you are, and there will be those who will manifest for themselves the calamities so that they can see right in front with clarity again where the Truth of their being lies. They will not see it in those terms; they will not describe it in those terms. There will be a moment or two which may stretch longer than what you would see as a moment, to a place of coming unto that choice of intention.

For truly, all of you and your brothers and sisters manifest for yourself the button that is going to bring you into the awareness of the power that you are. For some it will be financial matters this year. For others it will be health issues. For others it will be the violence, the lack, the loss of loved ones. For others it will be political upheaval. It will vary, but when you go beyond what is the surface effect and you go unto the cause, it will be seen that it is all for the one purpose of knowing that you are much more than the body that sits upon the chair and the personality with which you identify. {Speaking the last sentence very rapidly.}

**Fast forward.**

Yes.

1994: The Year of Intention. You have already decided what you intend to see manifest in this year. Does that surprise you? No. You have decided that you will come Home again, and you are well on your way.

That is why you have your moments of joy. You are glimpsing your true being. You have moments of what you would call exhilaration, of true happiness. You have defined it as true happiness, and you share with others, "There was a moment today I felt truly happy" - as if it was a miracle.

Yeah.

{Laughter.}

And it is the Truth of your being. It is what you deserve and have deserved before time began. It is who you are and it is the awareness that you are accepting in this year. It will be a year of upheaval for some. It will be a year of joy for many. It will be a year of sorrow for others. None of you will escape, as you would see it, having the choices and yet, because of the intention that you have made, once you see past the initial occurrence, you will see the Love and the power that you are in every situation, every circumstance.

And the only choice will be how long you will spend with the initial occurrence and the habitual reaction to the occurrence - the way that you have reacted in the past. And I would share with you that the amount of time, as you would see time upon this plane, will become less and less that you will spend in being hooked, as they say, into the emotion of sorrow, of pain, of loss, and you will come through it much more quickly to the place of resolution, the place that says, "There must be another way of looking at this and I choose peace."

Many have asked about the Earth changes: another big question that your brothers and sisters have held within the mind. "Will there be the Earth changes?" And many of you have heard predictions that have been given in doom and gloom and in fear that you must run away someplace where it would be seen as being safe - preferably away from where the water will come up and inundate you, preferably away from the high mountains that might outpour and cover you up, preferably somewhere in the middle of the country where it might be safe if you don't get next to a river that's going to flood you over.

Your safety lies within who you are. Know that you are always in the right place at the right time. There is nothing that can threaten the holy Child of the Heavenly Father. There is nothing that will take from you, as you would see it, the body. It is always a choice. If the body be laid down, it is a choice to lay it down and to later pick up another, as you would see, raiment and put on another raiment, another piece of clothing.

If you find yourself in the middle of an upheaval, know that your Heavenly Father has asked you to be there as the presence of Love and peace, and as long as you are expressing through the body, be the peace and the Love that you are and be it in courageousness, for there is nothing that will threaten you except as you allow fear to threaten you - and that is not even true.

You are eternal. You have brought together the molecules of physicality more times than we can count, you and I. If we were to stay here until the end of what you would see as this lifetime and we would count, one each second, we would still not have counted the many times you have manifested the molecules of physicality to express through. You have been born and you have died, as they say. That is, you have laid down the body more times than you can count, and you are already at a place of awareness that it matters not whether you express with the body or as the Light that you are. For truly, you have expressed as the Light that you are many times as well. You have been others', as you would see it, guardian angel. You've been very busy.

Yes.

Yes. There will be the upheavals of our Holy Mother, the Earth, in this year of your timing. It is natural. It has happened always in all of your timing. There have been, as you would see it, the adjustments, and if you happen to be on a part that is being adjusted, well then, you feel it a little bit more than if you are over here. But know that you are always in the right place at the right time and that you are asked only to be the presence of peace and Love in each situation.

Know also that as our Holy Mother, the Earth, might ripple a bit, you can ride the ripple. It will make the news. It will be important - for a moment, as your news always is. It becomes very big and then the next day there is something else that is very big.

You are here as the servant of the Heavenly Father. You are here to express who you are and to express it with ease and joy. That is all you have to do. It is not difficult, is it?

No. You are the peace, the peace that you feel in this moment, and the Love. That is the secret and yet, it is not hidden. It is not a secret that is hidden, for it is who you are.

What you will be seeing in this year of your timing will be much of contrasts that will bring about the clarity for all of you - you in this room and those of your brothers and sisters who are not at a place of being in this room, but yet are feeling and asking, wanting to know who they are. It will be a time of clarity, and that is why you will see much happening that will seem to be of duality. It is for the purpose of clarity. It is no longer going to be so much in the shades of grey but will be more in the black and white as it would be, so that you will discern quickly what is going on.

If you would see peace in your world, be peace. If you would see love in your world, be love. Pause in each moment. As something comes up right in front of you - an occurrence - go past the initial reaction that is born of habitual belief system and come unto the place of asking, "How can I see this anew?" and it will be revealed instantly unto you. It will not be hidden and it will not take long. It will be shown. And it is not that it will be shown by anyone outside of you because you are so good you have finally proved that you are worthy. It is because all wisdom abides within you as you. It is there as a wellspring for you. So there will be nothing happening in this year that you do not have the wisdom and the power as the holy Child that you are to handle. You can take my word on that.

Heavy.

It is Light.

Oh.

Go with a light heart in this year. Approach everything with a Lightness that you are. Be the Child that you are. Know that you have perfect freedom to express in each moment whatever the heart would tell you to express with each one that you see in front of you.

There will be much upheaval for many of your brothers and sisters and you will be the peace that helps them through it. There will be many who will feel themselves scattered by what is going on around them. You will be the reminder of peace for them. And as you are the reminder of peace for them, know that you are that peace yourself. For it does not come from without. It cannot be bought at a department store. You cannot go unto one of your malls and say, "I would like ten ounces of peace, please." But

you will manifest and you will share with your brothers and sisters many ounces of peace because you are that peace.

It is a year of intention and the time is now. The time is now to be happy. The time is now to be in the fullness of love. The time is now to be in the creativity of who you are and to throw caution to the wind, the caution of the world, and to abide in the heart and to throw off the shackles of whatever you have felt was there in the past. For truly, it has no hold over you. The time is now to revel in the joy that you are, to accept the love that you see all around you, and to just revel in that Love because that is who you are.

{To a brother} There is much strength in this rock. Much peace. You will be finding more and more of that coming to the surface in this year. It will be shared with your brothers and sisters for there will be many who will come unto you seeking advice and seeking help, and you will give them advice as they need, but you will also give them more. You will give them the love and you will be as a mirror unto them for the Love and the steadfastness that they are. You will help others through what they will see as the upheavals.

1994: The Year of Intention. It is a grand year, indeed. It is a year that you will see your fondest dreams come true, for you intend to see them come true. And I celebrate with you and I honor the choice that you have made. It is time.

It is time, now, for a break.

**Jeshua, before you go off for a little while, you just told us that there is nothing that is going to happen to us this year that we will not have the wisdom to handle.**

Yes, beloved one.

**But you are still going to be patient with us and let us ask you questions after the break?**

Yes, beloved one.

Oh, thank you.

Truly it is not that I have patience, for I do not have the time and the constriction of time, so there is not a question of patience. I abide as the Love that you are. I abide as your servant, to be here when you call me forth, to be with you on your walks, to be with you in your joy, and yes, I will be here for your questions.

Take what is known as a break. Refresh the bodies, and at what is known as fifteen minutes of your timing we will reconvene and yes, we will entertain the questions.

So be it.

{Break.}

Indeed, are we refreshed?

Uh huh. Yes.

Always I am refreshed.

As we have spoken earlier of 1994, The Year of Intention, take it deeply within your consciousness that you are the ones who are manifesting what you are seeing in your world. Yes, you will see the upheavals, but they need not be what you would term as the ten point on your Richter scale. They can be as the little ripples that just remind you to choose again, to come unto the place of the heart quickly, to allow the voice of the world to fade into the shadows of the background. For truly, the voice of the world serves only one purpose. It serves to show you what you are believing. It serves to show you that there is always the choice to choose anew.

That is why you manifest the world: to bring up in perfect clarity in front of you what your belief is about yourself and about your brothers and sisters. And as you see that, you recognize it for the messenger that it is. That is all that the world is. I do not speak here of the Holy Mother our Earth, but I speak of the world as the activities and the belief system that would hold you in constriction, in the "should's", the "have to's", the habits of the old beliefs. It is a messenger for you and it holds no power over you any more than the messenger who would stand in front of you and who would give you a message, and that messenger can be dismissed.

If you would see peace, choose peace. In any moment, even if you be in the middle of a busy street corner where there has been much tumult and chaos going on, perhaps two of your vehicles that run upon the wheels have come together and there may be others who are feeling violence and anger towards each other, stand and be the peace that you are. Choose to be the peace that you are in every circumstance, with everyone that you would interact with - even our brothers, the slugs.

Okay.

Much wisdom to be shared with the slugs. Not so much to be shared with, but to be shared in exchange, as one. For truly, as you allow yourself to slow down to what you would see as the slug's pace, you are able to take in and acknowledge the Love and the power and the peace that you are.

So often mankind/womankind rushes about, having to accomplish so many activities in a day that one forgets that you are the only one who is decreeing what must be done in that day, and if you would sit by flowing water and feel the peace thereof, and feel yourself to be one with the flowing water and not write a single thing upon the paper work, you will have allowed yourself much more value than if you had filled in ten stacks of the reports in triplicate.

{Laughter.}

The slugs are our grand teachers.

Yes, they are.

Now, as we have said earlier, we will entertain the questions if there be questions to be entertained. I suppose we could have them out in the middle of the floor and see what they could do.

Beloved brother, how are you this evening?

**Wonderful.**

Truly spoken; you are. There is a radiance about the eyes.

**Thank you.**

You are allowing your true being to shine forth in more radiance every day. Did you know that?

**I can feel it.**

Truly, that is where it is to be measured: in the feeling. What would you ask this evening?

**Well, speaking of feelings, I seem to be drawn to work with people around expressing feeling.**

Yes.

**And I was wondering if you had any wisdom for me personally in working in that arena. Anything that I might look for, learn or would be helpful for me.**

It is not that I would have wisdom to share with you that you do not already have. As you have seen, you are calling forth in each circumstance the wisdom that you already are. It is not by accident that you find yourself upon this path and it is not by accident that ones come unto you with the questions in the heart. It is to bring forth into what you would see as the outer the inner wisdom that you are and that they are.

You are for each other a catalyst of remembrance that brings forth the very Love and the wisdom that each one is. You will be guided - as you have felt. When each one comes into your presence, there is a certain flicker of knowing that occurs. Trust that flicker and it will grow.

You are doing very well, beloved one. There is much healing, as you would see it, that you are enabling others to put together for themselves. They would see it as put together. It is a remembrance of the wholeness that they are. And there is much healing that you are claiming, accepting for yourself - and I do not mean this on a physical level, although that happens as well, but there is much of the awareness of the wholeness that you are that is coming through the choice that you have made to follow this path, and there is much happiness in it. Is that not true?

**It is.**

Yes. Do you feel that you have come home again?

**Yes, I do.**

Yes. You have.

**Thank you.**

Thank you, beloved one, for it is you who is doing what you would see as the work upon this plane and yet, it is not so much a work with effort, is it?

**No. No, it isn't.**

You, beautiful radiant one, how are you this evening?

**I am magnificent.**

Truly, you are. Thank you for claiming. What would you ask in this evening?

**I'm feeling emotion in my body and my throat. I don't know what that is and that wasn't the question I was going to ask, but I was curious about that. I have this part of me that wants to be like the slug and the other part of me that feels like it's time for me to go and let people know that I'm here and I'm doing healing work, and I'm having a hard time listening to myself and knowing whether I'm going to be financially supported if I don't listen to that part of myself that needs to do instead of be....**

Do you see how these two go together? The emotion that you are feeling in the throat, the activity is wanting to be expressed. It is wanting to tell others who you are and who they are. It is actually felt as energy within the throat that would come up and be expressed.

You are upon the threshold of allowing that to happen and to feel comfortable with it happening. You will see in this year of your timing a balance. You will be as the slug. You will be very peaceful. You will be very slow moving in that you will know that everything is in its own order, that you are the very order of the holy Child and there cannot be anything outside of that order. And you will come from that place to express unto others who you are. You will even say unto others, "I am the slug." Perhaps not in those words, but you will be expressing and allowing others to know who they are, as well.

It is not by accident that you feel an energy in the throat for it is time that you spoke your Truth. There have been many lifetimes that you have kept it under a bushel. It has not been safe, as you have seen it, to express the Truth of who you are and you have been conformed to the world in many lifetimes. But this lifetime you have chosen anew. It is as you would see, before you took upon yourself the molecules of physicality, you chose certain qualities that you would express and experience, certain dominant qualities, one of those being a freedom of expression. You are now on the threshold of allowing that to happen and there is much joy in that for you.

**Thank you.**

Thank you.

And you, beloved one, who shines with the beauty of the sun, how are you this evening?

**I feel wonderful.**

Truly, it can be felt. Would you have a question?

**I'm really curious to know if there is going to be a specific area that I will be healing others?**

Yes, for as you would ask that question, know you that there is. This is not hidden from you. It is only that you would keep it at an arm's distance from you for awhile, for you have said, "I do not want to know that just yet. I know that it is around the corner. I am comfortable with it being around the corner but I do not want to know it in its fullness just yet." But as you sit with it and you allow yourself to have the courage to see it, it will be as a movie that will play before you and you will see what you will be doing. It is a grand adventure.

**That sounds better.**

Yes, and know that you will not be alone in this. I know that you know that already, but I say this to remind you.

**Thank you.**

Thank you.

And you, o joyful one, who has come unto the sunshine that you are, how are you this evening?

**I am fine. I am wonderful.**

You are truly wonderful, as are all of your brothers and sisters when they come unto that place of saying, "I am truly wonderful." Yes. What would you ask this evening?

**I feel I am to teach from my heart. Will that... am I connected with that? Is that a....**

Oh, you are very connected, beloved one.

**Is there anything I need do but rest into my heart and speak from there?**

Know that you are already teaching. It is not something that you will see as one day all of a sudden it will be in full bloom. It is in process and has been for some time. You are already teaching and you are coming from the heart. It is all a part of the process of the flower unfolding, and you are unfolding in perfect order.

**Thank you.**

Thank you, beloved one, for you are the servant of the Heavenly Father upon this plane. Not only in the actions of what you do, but in the joyfulness of allowing it to be expressed in that manner. For it shows unto others that one does not have to go about this experience in the life upon this plane as feeling that you are in a schoolroom with

so many lessons to be learned and that you must go through the disciplines of all the lessons, but rather you are upon the playground and one can go with a joyousness of heart.

**Thank you.**

Thank you.

And you, beloved Child, how are you this evening?

**Good, and scared.**

And would you know that the feeling of scared is a feeling of exhilaration? For the soul itself is upon the threshold of claiming who you are and there is an exhilaration, a heightening of energy that is there. It is not so much true that you are afraid, but that you are excited.

**I am excited.**

Yes. Well spoken, beloved one. What would you ask this evening?

**I want to know why my loved one, who has laid down his body, can't come back and like really show me that there really is more? Why I have to just have faith? Why it's not more concrete? Why does it have to have that sense? I want to know.**

Yes. The desire has been felt and it has been, as you would see, received. It has already been heard and is being answered. The purpose, I would share with you, in this is to show you that you are much more than the point of focus in this time and this space. It is to show you that all life is ever-ongoing and is experienced in what you would call as different dimensions and yet, it is life in its infinite forms.

The loved one is very much with you, for truly, he cannot be apart from you. He is very much with you and can be contacted in any moment instantly. Trust that feeling. The desire is true and trust the feeling. There will be moments of feeling a presence, moments of even a visual occurrence that will come unto you in the middle of doing something else. All of a sudden there will be a visual picture that you will see. Trust what you see for it is true.

The world would not speak unto you that these things are real. The world would speak unto you that these are vain imaginings and that they hold no Truth. But the world itself is not true.

What you would term the imaginings are real, for truly, you cannot imagine anything that you have not already experienced and it is true within the context of the Dream of the holy Child of the Heavenly Father. So trust and more will be made manifest for you. You are very Love itself. Know that you are always in that sea of Love and there can be nothing kept from you. Whatever is truly desired, as this is, will come and be made manifest in clarity for you.

And you, beloved one, how are you this evening?

Peaceful. At peace.

And happy?

And sad.

And why would you say sad, beloved one?

Earlier you spoke of loved ones who are not here. I, too, had a loved one who can't be here and she hasn't laid down her body, and the question I would ask is, and I'm not sure how to word this, but there is a part of me that wants to know that she's peaceful, has found peace and found happiness.

Yes.

That I don't know if that's true. I would like to know if that's true.

It is all true that the path that has been chosen is one of unfoldment. It is one of coming Home again. Each person's path that is chosen may not be the choice that you would make for them; there are paths that you would see as having more of the rocks and pebbles upon them than the straight and smooth path that you would choose for them, but it is the path that they have chosen that will unfold for them and bring them Home.

This one is experiencing at a level - not a surface level, but a deep level - the peace that she is. This one is well on her way to coming Home as well, for truly, the holy Child is one and the holy Child has decreed that he/she/it/we will awake in our fullness and know that we are Home.

Know that that there is a peace with this one. This one is very peace itself and she is accepting that more and more.

The love that you have for this one is a blessing, a gift unto yourself, for as you think upon this one and you feel the love, know that you are as the sunshine unto this one even though this one would not be in your presence. The sunshine of your love is felt.

And you, beloved one with the colorful raiment, how are you this evening?

Fantastic.

Truly, and you are allowing yourself to be more fantastic each time we meet in this manner. Would you have a question this evening?

Well, I don't know. You keep answering them all.

It must be a coincidence.

**Yeah, I really like what you said about the slug. It really fit.**

Once in a while we get lucky.

{Laughter.}

**And yeah, I've been so full of desires and wanting to express and then yet lately, it seems to be more of a peace that talks.**

Yes. As you are discerning, there are many ways of expressing who you are. It does not need to be done from the rooftops but it can be done as the quiet peace that you are and will be felt. Even the very flowers, the grass as you pass by, feel the peace that you are and respond. Do you know that the plants, the plants that are in this room respond unto the energy that ones bring in here as the energy they are expressing at that moment? The very plants that you see outside respond unto the energy that passes by.

There are some energies that go by and they would turn from it - physically turn from it - and there are other energies and the quiet peace that you are that allow the energy of the plants to expand. There are many ways of expressing who you are.

You will find that in some moments you are the peace, the very quiet peace - which is not a dull, passive peace; it is a dynamic peace - and other times you will feel that you want to be in activity and you will feel yourself going in activity: whatever feels right for you. Be the slug, as it feels right. Thank you.

And you, beloved wise person. I call you a wise person for there are many lifetimes when you have been as you would see in the male body - you have been using the male raiment - and many times you have been as the woman, but always very much of what you would see as the wise scholar, the one who would search the books, who would share with others the intelligence, as it would be, that was in the books and yet, you are the one who wrote them.

{Laughter.}

What would you ask this evening?

**Speak to me about learning how to listen with my heart.**

It is as this one has said: become as the slug. Slow even the process of the mind, the activity of the mind. It is not that you will deny the power of the mind, but the mind is the servant of the heart. It is not the other way around, although the world would tell you that the mind is the master and that it would dictate unto you everything - even the affairs of the heart. It is the other way around.

Become as the slug. Slow down. Feel the peace that you are. Abide in the breath that you are. Sit in the peace for what you would see as five minutes of your timing and observe the breath. Feel it as it comes into the body. Feel it as it is exhaled. Become one with the breath. It will take you unto the place of the heart, for, after a

short time, the activity of the mind will not seem as important as it did. Follow the breath and abide with the breath. And visualize yourself as the slug. The slug that goes along slowly but surely. There is movement as you would see, but it is not a rapid movement that misses everything. It is a movement that knows itself to be one with the very Earth in each moment, where it truly exchanges the energy as it goes along.

See yourself to be the slug and then ask of the heart, "What would you share with me?" And there will come unto you an idea, a picture, an insight. There will be something revealed unto you, and it will differ from time to time.

If there would be a question in the mind after you have sat with the breath and you have become one with the peace that you are, then ask the heart to reveal the wisdom that you are concerning whatever the question would be and it will be revealed unto you. Not, perhaps, with a great fanfare of angels or whatever - although it could be - but there will come a quiet knowingness, a certainty that you will feel, and then you will get up and go about the activities, coming from the heart. Does this answer your question, beloved one?

**Yes, thank you.**

Thank you for asking. It is something that you will be sharing in the days to come with your brothers and sisters, for it is what they are asking as well. They are coming to a place of knowing that the activity, the turmoil, the chaos in the world is not what it is all about as the world would say, and they are knowing that there must be something more. But the question will be, "How do I discern the more?" and you will share with them what you know. Thank you.

And you, beloved one, the radiance, the smile, the joy of the Heavenly Father, how are you this evening?

**Perfect.**

Perfect. Exactly. What would you ask this evening?

**I would like for you to talk about addictive behaviors. I seem to be addicted to cigarettes. I would like to know what it means, what it represents to me. How to get rid of it.**

So you would cut out this part of you and toss it over your shoulder.

**You got it.**

I see. This will not happen for you, beloved one, until you come to peace with it, until it has given unto you the gift of the message that it has for you. It is, as we have spoken with this one, to return again unto the place of the heart, to sit in silence, to observe the breath, to come unto the place of peace in the heart and then to ask of this behavior, "What is the message that you would share with me? Why is there such a close connection," as you would feel it, "Why is there such an affinity? What does it serve? How have we been together before?" And you will see before you other lifetimes

where this behavior, as you have called it, has served you. It has not been as a negative thing and truly, in this lifetime I would share with you that it is not a negative thing, although it has been seen as that in your world and has been labeled as a negative thing.

But yet, I would say unto you, where does the judgment come from, whether something would be negative or positive, harmful or beneficial? You are the one who discerns and manifests for yourself what is beneficial or harmful. You are the master in manifesting. So it is not something that needs to be cut out and cast over the shoulder, to be gotten rid of as something harmful. It is a friend. It is a messenger. Sit with it. Ask of it, "How have you served me in times past?"

**It seems to interfere with my connection.**

Then ask of it why would you feel that it interferes with the connection? There is a past history that will come up for you, a past history that, as it comes up for you, will be neutralized; it will be transformed and it will no longer have the effect of power upon you. There is an understanding yet to be discerned and to be taken from this. It has much to share with you.

And if you cut it out and throw it over your shoulder before it has given you the gift, guess what happens? It comes back again.

**It has before.**

Jeshua, right along with... if you don't mind my getting in on this because I'm concerned about smoking, too, and I'm concerned that smoking interferes with my connection with you, because I think of one prayer that you have spoken that has been so powerful to me has been, "Breathe my breath." Remember that prayer?

**Yes.**

It's like, how can we... I mean, that so powerfully moves me - that whole concept that I can breathe your breath - and then I think about the smoking and it makes me feel guilty because I want to be as close to you and our Father as possible.

You are already, beloved one. There is nothing that can keep us apart.

**So the smoking isn't cutting off our connection?**

No. Only in what you would see as your belief that it might come in the way, but there is nothing, nothing that has the power to come between us except as you choose to believe that there might be.

Do you think, beloved one, that I never smoked?

**I just don't think you ever did.**

And where would that belief come from?

**I don't know because I know you liked wine.**

And truly, I did. I would share with you that in various cultures smoking is of different value. In what you find yourself in this time and space in the belief system and the voice of the world, it would tell you that the smoking is harmful. And yet, in many cultures and other lifetimes that you have expressed in, the smoking has been your connection to the God-Self as you would see it in those lifetimes.

Much reverence, even in this time with what you know as your Native Americans, where the peace pipe is shared and is symbolic of the connection with Spirit, as it is called, the connection with the oneness that you are. I would share with you that I have lived what you would see as incarnations where I smoked and it did not get in my way of knowing my oneness.

Clearly.

What about your health?

My health was radiant, beloved one.

{Laughter.}

So it's the belief about the thing that creates the problem?

Exactly. It would be whether you would believe it to be the symbolic way to your connection, as is believed in some cultures, civilizations, even now as you would see upon this plane and many other civilizations that you have participated in in the past, or whether it would be the belief that is now much accepted in this time that it is something harmful unto the breathing apparatus. It is not at all. It is the belief that might be harmful unto the breathing apparatus and the guilt thereof, the attendant guilt that goes with it. That is much more harmful and constricting than what you are taking in in the breath.

Oh, thank you so much for that clarity. Oh, that really helps. That really does.

You are totally free every moment, beloved one, to do whatever behavior feels freeing to you. Know that there is nothing that comes in the way of our connection, for truly we cannot be unconnected.

Yeah, that's right. Thank you for reminding me. Thank you very much.

And in those lifetimes I was in radiant health because I knew myself to be one with the very Life force that I am. I could not be otherwise. I knew that I was expressing the Life of the Heavenly Father upon this plane, and I went about my activities with joyousness: one of the activities being to smoke the pipe, the ritual pipe. It was not the same shape as what you see your little white things, but it was a symbolic smoking that was a reminder of the connection with the Oneness that we all are. There were lifetimes when I was, as you would see, the priest - I guess you would call it - the religious wise person who led the ritual in remembrance, and it was done through the smoke.

Did you ever smoke? I can see...

{Loud laughter.}

**I can see using it as a religious....**

{More laughter and comments.}

**What about ... drugs we knew throughout all cultures but they were mainly in the hands of the holy men. They weren't done as a recreation....**

Or as an escape. And yes, I did smoke ones that have been called the hallucinogenic ones, the ones that the holy men smoked in order to have the expanded visions. Yes, I participated in that.

**Okay.**

And it was not seen to be something harmful. It was seen to be holy.

**I can see doing it for a religious experience, but I do it addictively.**

It is the addiction, the feeling that it has power over you that you will want to work with to release. This is why we said, sit with it and receive the message from it. Not because it is wrong - the behavior itself - but the feeling that the behavior has a hold over you, this is what you want to get the message from.

Beautiful Child, how are you this evening?

**Doing much better, thank you.**

And it is showing. It is showing not only in the walking, but it is showing in the very face itself. There is a freedom that is seen in the face, the countenance. What would you ask this evening?

**My mother passed on to another dimension three weeks ago. Was she making a conscious choice? It was real sudden.**

Yes.

**And what do those three doors mean that she saw in the ceiling?**

This was a conscious choice that you saw her make at that particular time. There was a process, as you saw, before the holidays that was coming about, but the conscious choice was made at the holidays - as was made by many others of your brothers and sisters - to depart at a time of holiness. It was a connection that she knew instantly - within an instant - and you saw that instant. There was a connection that was recognized, a holiness that was recognized - not put into words perhaps, but it was recognized at a very deep level - and there was a freedom that she felt, a courage you would call it, to release and lay down the body.

**Yeah, it's hard.**

Yes, and for her as well, for there was a time in this process when there was much fear attendant upon laying down the body and upon going to something that

seemingly was unknown. It is not that it was unknown but it was seemingly, and there came a moment when she saw both visually and with the inner sight, she saw that this was not unknown, that this was something that she had experienced before, that there were loved ones there already for her.

**My father.**

Yes, waiting to welcome her. And it was felt and it was known and in that moment she allowed herself to make the choice to lay down the body.

**And her soul is doing well?**

Very well, beloved one. It is alive and well, as they say. Very much alive.

**It's okay to release her?**

Yes. She is well on her way. And this does not mean that she has gone from you, for she has not. Whenever you stop and you think upon this one, instantly she is there with you.

**I see her, healthy - you know, before her stroke.**

Yes, and this is how she sees herself now, beloved one.

**Thank you.**

And you, beloved one with the questions, always the questions, how are you this evening?

**I am good. The minute I walk in the door, I'm great.**

And even before, if it would be told.

**And before, as long as I remember who I am.**

Exactly, beloved one. What would you ask?

**Okay, two little questions.**

Only little ones?

One is, you know that I'm thinking about the possibility of sharing a beloved woman's home and that I've had a little experience staying with her, and it seems so wonderful to me and we seem to just really mesh and feel so good together. I've been thinking about it all week and in my heart it feels really good, but I want to be careful that I'm not doing this just because it would provide a home for me. I need just a little reassurance that I will be good for her.

Just a little. Okay.

**Or a lot.**

Oh, well. Okay. What would you ask for, beloved one? Do not limit yourself.

**Okay, I want to know that I'll be really good for her?**

It is not by accident, beloved one, that you have already spent, as you would see, time with this one and felt it so much in alignment with the heart. There was much sharing that was done and much coming from the heart, much of the wealth of living that you shared with each other in the days that you were together.

It is again not by accident that the desire is coming up from your heart to be with this one, to be of service to this one, and also to share of the wisdom that comes forth when you are in each other's presence.

Follow your heart, beloved one. We would say unto you that this can be done already. It does not need to wait to be as what you would see as a future time, for there could be what you would call visits that would be made, not of a long duration but of a gradual process of doing this, which would allow both of you to put your toes in the water, so to speak, and to test it.

**Oh, that's a good insight, because she doesn't even know this yet.**

On one level, beloved one, she does not know. On another level she is already desiring.

**Oh, that's wonderful to hear. Thank you. Now this last thing is, I have felt all week like, boy, I'm really practicing releasing all these trappings that I thought made me feel secure, like my house and my longtime boyfriend for lack of a better word. And I am really having to remind myself that those things never made me safe anyway.**

A grand insight, beloved one, for truly you can release, as you would see, relationships, objects, material objects, possessions, and you can release them and you have not lost them, for you did not in the first place own them.

**True.**

They are here as a temporary sharing. Even the material objects that you would see are yours for your use as you manifest them moment by moment, and you can release them without loss.

**So this is beginning to feel like the beginning of real courage instead of kind of false bravado I used to go around with?**

Exactly, beloved one. What you are doing for yourself is manifesting opportunities to know your own strength, to know your own power as the holy Child that you are, to get in touch with that and claim it. It is, as you would see, cutting the threads of fabric, one thread at a time. You are cutting the threads and yet, you are the one who is cutting them. They are not being torn away from you at all.

**It feels very strange.**

In the ways of the world and the habitual belief system it does feel strange.

**It's kind of like, I'm not a real strong swimmer so I like to hang on to the edge of the pool sometimes, and it's like I've let go of the edge of the pool and I'm sort of floundering around.**

And yet, at the same time, beloved one, knowing that you are buoyed up by the very water, the sea of Love that you are.

**It just feels so right.**

And you will find yourself trusting that feeling more and more in this year of your timing.

**Thank you very much.**

Do not thank me, beloved one. You are the one who is doing it.

**But you reassure me.**

You are welcome for that. For reminding you.

**Reminding me. Okay.**

Beloved one, how are you?

**Very well, thank you.**

Yes, you are.

**I have no question. You've given me so much in the last few weeks. Rather I would choose to listen to anything you care to tell me if you feel I need to hear it.**

We speak often, as you know, upon many levels. There are times when you hear my voice speaking unto you. There are times when you feel a Presence within your heart. We speak always, so it is not that we would need to come in this fashion to share. I say that only to go on record with it, for it is something that you already know.

We would share with you that this year is one of tremendous unfoldment for you. You have felt in the last few months of your timing an acceleration of experiences and expression. This will continue for you. You have chosen at a very deep level to know who you are. You have said, "I have the courage," which truly you do, "to feel this in its fullness," and you are going about the path of letting this unfold. Everything is in its own order.

We would share with you that there is never a time when you are alone or when you would be unprotected as you would feel, or that there would be an energy that would come to you in a threatening manner for truly there is not. There is not an energy that is outside of you that would come unto you in a threatening manner.

Everything that comes unto you is a manifestation of what you are believing, and it is there as a friend. So whenever this would occur again for you, say - although it would be against what the world teaches you - say unto this one, "Hello, beloved friend.

What would you share with me?" And take it in love, for it is love. The world would teach you that there are things not of love, that there are things that could harm you, things that would be threatening. That is the voice of the world, but this is not true.

Be of good cheer for I have overcome the world - as you have also. Be in the Love that you are, and whatever comes unto you, ask of it, "What gift do you have to give me?" For truly, everything that comes unto you has a gift - and it is not a negative gift of a lesson that must be learned. It is a gift of Love.

**Thank you very much.**

Thank you.

Beloved Star of David, how are you this evening?

**Well, I guess much more slug-like than is my normal walk.**

Very good. Such progress. Our slugs are famous, yes. What would you ask in this evening?

**I guess it's one question expressed in three terms. How do I perceive true love, receive that true love and express it?**

By being who you are. A very simple answer, yet one that the world would teach you has to be done in great complexity. It is one that is achieved, as you would see it, by becoming as the slug, returning unto the place of the heart, observing, as you would see it, the breath, becoming one with the breath.

It is not by accident that you find the molecules of physicality being vitalized by the intake of the breath. The breath is your servant. It is a very real tool to remind you of your connection. Abide with the breath. Return unto the heart, the place of peace, the place of slug-likeness and you will recognize love, for you will find yourself to be love, and in the finding of that love you will not be able to contain it. You will go out each morning of your timing so full of love that you will shower it upon the first person and the second person that you meet. You will smile - as you are now - unto them and you will be the sunshine in their life for that day.

It is a grand gift that you give unto others, and it is a gift that you give unto yourself as you extend who you are. You are the Love. Bless you.

Beloved clear one, how are you this evening?

**Basking in the peace and joy of the moment.**

A grand place to be. The only place to be. What would you ask this evening?

**I have two questions. The first one deals with myself and my journey, and as a young one I built a big shield to protect myself, but that shield does not longer serve me. It keeps my feelings suppressed.**

Yes, and hidden even from yourself, yes.

**And I have made a commitment and intention to let go of that.**

Yes, this is your year.

**So what guidance can you give me this night?**

The guidance to follow the wisdom that you already know, the wisdom of the heart. For as you have seen, the shield that served you so well - not only in the earlier part of this lifetime, but in many lifetimes, for it was a habit born of many lifetimes and carried as a heaviness upon the shoulders from one lifetime to another - the shield no longer serves you. The shield is as excess baggage, which you have felt. You have already, if you would receive it, released that baggage. It is already gone from you. Many of your brothers and sisters see the radiance that you are. They see the freedom of expression of the holy Child that you are allowing to be expressed in each moment.

Go with a lightness in the heart, for truly, that is what you are. You are Light upon this plane. It no longer needs to be held within a bushel, under a bushel, for even though you would see yourself to be shielded and to keep the light inside, I would share with you a secret: it was never hidden.

You and I, beloved one, go as one - as I do with every seeming individual in this room. We go as the radiance of the Light that we are. We need no shield. It has been tossed over the shoulder, way far back, miles as you would see. You would have to traverse miles to pick it up and of course, you do not want to do that.

You are the very radiance of the Light of the Heavenly Father upon this plane. Go with a freedom of the heart for that is who you are. It is a joy that we share.

**Can I ask my second question?**

Yes.

**I would like for you to share with me the concepts of reincarnation, because I have found that the metaphor of reincarnation as we currently talk about it is a useful metaphor for understanding. But I feel like because our life is an illusion and time is an illusion, therefore the many lives and the many times that we've lived in the past and the future are an illusion, too.**

As you have seen, yes.

**So, is there a greater perspective around reincarnation?**

As you have seen, it is the belief, and there is a value in the belief that there have been many lifetimes, many experiences, but it is all within the context of the Dream. Your reality is that you are the holy and only Child of our Heavenly Father. You are Light experienced and expressing as Love. You are right now much more than the body that sits upon the chair and the personality that you identify with.

You are in the Kingdom. You have never gone from the Kingdom of our Heavenly Father. The Kingdom is within, for it is not a place that need be traveled unto for it is always with you because it is you.

The concept of reincarnation serves to show the infinite creativity of expression of the holy Child. For as the holy Child knew himself/herself to be within the meadow of the Kingdom of the Heavenly Father and the holy Child lay in the grass and basked in the sunshine, the holy Child asked himself/herself, "What more is there to experience in the Kingdom of my Heavenly Father? How far does this Kingdom extend? What are the parameters? How far can I go in experiencing? What can I create?" And with that very question was born all worlds, all adventures, for with the asking of that question there came a point of focus, of focusing, not upon the meadow where the holy Child remains always, but a focusing that you would see now as being in the mind, upon a far place, a far journey. And the Child thought himself/herself to set out upon a far journey and yet, has traveled nowhere.

But in this journey the holy Child has experienced what would be seen as many lifetimes. The concept of reincarnation shows, in the belief thereof, that there is more than just what is this very narrow, tiny point of focus, for as you and your brothers and sisters accept the idea of reincarnation, it is seen that you can experience everything, that you can be everything upon this plane. You have been the king. You have been the slave. You have been the princess. You have been the one who served the princess. You have been the grand warrior. You have been the one who had compassion. You have experienced all. And so, in talking of reincarnation, it serves the purpose of showing that there is much more to the experience of the holy Child than what is right here and now.

And yet, here and Now is all that does exist. For truly, the One is always one, but the belief has been that there has been a journey, a grand adventure where there have been many experiences. Does this answer your question?

**It answers the question and raises more.**

Ah, as it always is with questions in the mind. Sit with it and there will be more revealed for you. There is a wealth, a gift in this. The mind, yes, will come up with more questions, which will then unfold and will show you the infiniteness that you are, of the One expressing as the many. Peace, beloved one.

And you, radiant one, how are you this evening?

I'm doing pretty good but I'm just going to ask this because I know that God has got a great sense of humor.

This is true.

But you know, you were talking about the media and like two days ago I could have been on the phone to call Dr. Kevorkian, I was so sick. And this is a person that is assisting people in suicide.

Yes.

And it was no joke. I felt that bad. And I was thinking, "Geez, what if somebody felt this bad, they called up Dr. Kevorkian, had him end their life and geez, they had all this life to live." Yeah, but I could see the benefits of it, you know, but by the same token, we should have a choice when we want to, you know, when we are so sick and we can't take it anymore. So I can sympathize with people that we should decide. But what if some miracle drug or some miracle thing should come about that cures all these things that the person is killing them, you know, committing suicide for? So I was wondering on another level, what is, is this helpful to human beings - the assisted suicide - or are we meant to just lay there and just, you know, almost die and, you know, in such pain and all that?

I know this one well. This one is a servant of the Heavenly Father. This one has the courage to go against what is the common accepted belief in this world and to bring into clarity issues that need to be addressed and looked at: one of which is the question of having the choice to lay down the body and to have it be assisted.

Now, I would share with you that you always have the power and the choice to lay down the body. It is even in your time the practice of ones you would know as the Native Americans, who will choose at some time to lay down the body and who will go off into the woods to a quiet place and sit with a tree and lay down the body.

This can be done in many fashions. The laying down of the body is always a choice and it is never done before that choice is made and made freely. There is no one, even in acts of what you would see as war and violence, there is no one who takes the body from another. It is always a choice to be laid down.

This one in assisting others is aiding in this choice on more than what would just be the appearance of the choice. For even though one would ask Dr. Kevorkian to assist them in their choice, even though a chemical agent would be put within the body either by the injection or by breathing - any manner - if it were not the choice of that person, that individual, seeming individual, at that moment to lay down the body, the chemical agent would have no effect upon the molecules of the body. It could not happen.

It is the belief of that individual that by going through this process the body will be released; therefore, the body is laid down. But this one is doing a grand service unto your brothers and sisters in bringing this issue up in perfect clarity so that it can be seen, so that it can be seen to be more than just this living experience in this lifetime, that it can be seen that you are more than the body, that you are always the energy that activates the body. You are always the one who is choosing to express and choosing the manner and form in which to express.

There is much courage that this one is calling upon and is freely expressing for he goes against very, as he would see it and as much of the world would see it, very powerful organizations, powerful groups, and yet, it is bringing up for many of your brothers and sisters an issue that needs to be looked at. Not only for what would be the obvious issue, but for other issues at a deeper level.

So some souls then choose to linger in between?

Yes, this is the choice. The activating energy, the soul as you have called it, does not always stay with the body, as you have seen. There are the physical forms that may be lying in the nursing home, the hospital, without much activation, with only, as you would see, the pilot light still lit, keeping it somewhat functioning, and the activating energy is off experiencing itself to be more.

The individual hesitates at a place of choosing to let go or release the body and to experience something more - as you would see it, another dimension. This is why there are ones who choose to go through a painful process of debilitation of the body.

**I see this in my work so much. Some are just vegetables that are just lying there and I just... like, if this person would have a choice of getting hold of Dr. Kevorkian, I'm sure it would have. But now I understand more, now what you've told me.**

And truly this one has had the choice, for if it were to be a choice that was activated in that experience, then the one known as Dr. Kevorkian - or another one - would have been there.

**Well, this one individual tried to end their life and that's why they ended up as a vegetable. So that there's lingering pain, and I don't know, someday I just see this individual. That's when I call for you.**

Yes, and I am there and I am with that one. There is much that is happening beyond what you see as the appearance of the body. There is much that would be defined in terms of experiencing another dimension.

It is difficult to put this not in terms of concepts, concepts that the mind can understand and yet they are part of the Dream, the grand adventure. It is all for the one purpose that is being accomplished upon this plane in all the various forms: the purpose of coming Home again.

And you, beloved Town Crier, my press agent, how are you this evening?

**Feeling really good. I feel a lot better than I did this time a month ago.**

Very good, and it does show. There is a radiance about the eyes and a freedom. What would you ask this evening, beloved one?

**I don't really have a question. I just wondered if you had anything to say to me concerning this new year, anything to help me or anything I need to know or whatever.**

It is not so much that you need to know, but we would remind you to follow your heart. You may take this upon many levels, to follow your heart: to abide with the heart and the wisdom thereof - the Heart that you are - and also to follow the heart of love that you feel. It is a true radiance that is allowed through expressing the Love that you are on many levels.

Go with freedom. Go with joy. This is your year, beloved one. This is your year to experience the joy and the Love and the happiness that you are. You have accomplished, as you would see it, all of the trials and tests that needed to be passed.

**So soon? I thought I had a few more years yet, of that.**

It is yours to claim whenever you would claim it. You have already accomplished and passed all of the tests as you would see them.

**My processes?**

You have, indeed.

**That was quick.**

As the holy Child that you are, there was never a need for time, for the measurement of time, except as you would choose to experience it. And since you are the one choosing to experience it, you can speed it up - fast forward, I think they call it - and get on to the good part.

**The good part. I'm looking forward to that.**

It is yours, beloved one.

**Thank you.**

And you, beloved servant of the Heavenly Father, how are you?

**Better.**

Yes.

**I keep telling you that.**

Yes, and I keep telling you that. What would you ask this evening, beloved one?

**There are many things. There are so many things unsettled in my life, right now.**

You are coming unto what you would call as a choice point, a point of making choices, a point of saying that what has occurred in the past and choices you have made in the past may no longer serve you because you are becoming as a new person in this new year. You are free to make new choices. You are free to follow your heart to express the Love that you are in any fashion that feels like love to you. You are not held to the past.

You are, as this one: you have finished what needed to be finished - the tests, the fulfillment of what you would see as debts. You have already repaid any seeming debt and repaid it to overflowing. You are free to choose now to follow the heart. You are the joy and the Love of the Heavenly Father. It is yours to claim. Whatever path you would like to follow in this new year, know that it is yours, for you are a new person.

**And to really know who I am.**

Yes, and in having the courage to step upon a new path as the new person that you are, you will come to the place of knowing who you are. You will experience it more and more. You have had glimpses of it in the past. You have caught hold of it and then it has slipped away. You are catching hold of it now, and you will hold on to it and you will go with it, for it is a gift that you give unto yourself. It is not that I or anyone else can give unto you what you already are. We cannot withhold it. We cannot give it. You can claim it.

Know that you are loved with an everlasting Love for you are that Love. It is not to be found without, in the outer. It is not to be given to you by any one, whether they be upon this plane or, as you would see, in the unseen realm or even as you would see a God to be above you or beyond you. Even God Himself cannot give unto you what you already are because it has been given unto you before time began, and it cannot be taken away from you. It is who you are. You are very Love itself and you lack for nothing.

Beloved Songbird, how is the new year treating you?

**Pretty good so far.**

So far? Oh, you would judge it as so far. Do you think it might change?

**I hope not.**

It is yours as you decree. What would you ask this evening?

Oh, I'd like to ask you, I've been really tired lately and kind of unfocused, and I've had moments of real crystal clarity, you know, being able to see real clear and hear you real clear, and at other times I've become... my mind seems to have this little haze around the edges, real foggy, and I have trouble sometimes doing meditations. I start dozing off. My mind starts wandering and I have a hard time getting back to the heart, to that space, and I was just wondering what you could tell me. Give me some advice on what to do when this happens.

Follow the dictates of the heart, beloved one. It is speaking unto you that it is time to be as the slug that we have talked about. If you feel yourself in need of sleep, sleep. There is much healing, much integration that takes place in sleep.

Your world would teach you that you need to be awake and doing, that you always need to be conscious about what you are doing, that there are goals to be achieved and you must fulfill everything in a day. This is not true.

If you would choose to sit by flowing water, if you would choose to sit by the window and watch the wind as it goes through the trees, if you would choose to fall asleep and sleep for a week, there is no one to judge you.

**Sounds great.**

Treat yourself to sleep, beloved one. It is a healing process. If the body calls out unto you to sleep, know that there is an integration and a wholeing that happens as you sleep. For it is not only this point of focus where you express. There is much more of you. It is never that you are away, that you are not doing anything, for you are always expressing.

Be as the slug. Go slowly. Sleep if you want. Feel no guilt. I give you permission.

Thank you.

I will speak with you even in your sleep. As you allow the body to have what it is calling out for, you will feel more of a clarity in your dreams and in your meditations. You have been very active in what you would see as the last few months of your timing - very active physically and very active in the mind - and it is time now for a wholeing. Allow the body to have what it is calling out for.

Thank you.

Thank you, beloved one.

And you, beloved Child of the Heavenly Father, how are you this evening?

I'm fine.

You are, truly. What would you ask this evening?

Well, I didn't think I had any clear question until you started talking about sleep, and then I realized I really would like to know why I am so eager to be asleep? If I wake up, I want to go back to sleep. I'm happy asleep, why?

There are, as you will see, many levels to this question.

I think there are. I really do. I can feel there are.

Even if you would examine what you have said, "I am very happy to be asleep...."

Yep, that's what bothers me, too. I'm not wanting to sleep because I'm tired, but I am happy asleep. I'm happier asleep than I am awake anymore.

There is a balance. There is a time for giving unto the body the sleep that it needs. There is a time for the wholeing that happens in sleep.

Well, why do I need so much sleep all of a sudden?

Have you not found that this varies even with the time of the year?

I can't say that I have noticed that. No.

There is upon this plane because of the design of the molecules of physicality and because of a habit, a very deeply ingrained habit, there is a tendency to want to sleep more when there is more of the darkness upon the land. That is why you find the animals responding unto this and to sleeping through what is termed your winter.

In what you would see as a long time ago, many lifetimes ago, you also did as the animals and you slowed down the very process of expressing in physicality and slept through much of what you would term the winter. The body was left at a very slow metabolic state. There are remnants of that that still remain. It is your world that has gone against that in its calling out for activity, that would teach you that you must always be active, that it is wrong to sleep too much. That is a judgment of the world. If it feels good to sleep, sleep.

**You know what I really feel? I feel I long for companionship and I feel that when I'm asleep, I'm with companions.**

And this is true.

**And when I wake up, oh, heck, they're not going to be here. I want to go back to sleep.**

But do you see the falsity of that belief as well? For you are never separate from the companions that you felt yourself to be with in sleep, for they are always with you and you can speak with them as well in the wakeful state. It only takes the choice to call upon them.

**Well, I can see them when I'm asleep but I can't when I'm awake.**

As the son decrees. In other words, that could be changed, could it not?

**Sounds like it could.**

Ah, it not only can but it will be. Spend the time in sleep, beloved one, that feels good for you. Spend the time in wakefulness with me, with others that you feel as companions. Know that we are always jumping alongside of you, going alongside as the playful companion with you.

There is much that is occurring for you on other levels now, as well - other levels as you would define it, for truly, you are all one and it cannot be discretely separated - but there is much that is occurring, much of a wholeing, an integration. And there are times when it is necessary to stop - even as the body would symbolize unto you with the digestion: where you have eaten a meal and it is time to allow that to be digested, to be assimilated, to be processed. This is what you are doing now, beloved one.

**I can feel that.**

You are digesting and assimilating. Do not judge yourself according to the values of the world. Allow what needs to be and be gentle with yourself. There will come a time when you will find that you want to be awake - and I speak this on many levels.

**I will welcome that.**

And you will find that you will go about very joyous with a lot of energy. Everything in its own "time", as the world would say. There is a process. Be gentle with yourself.

Okay. Thanks so much.

Thank you.

You, beloved lover, lover of life and all that Life is, how are you this evening?

Doing much better. Much better.

Good. We are glad to hear that.

I've been feeling a little disoriented this week - feeling the new alignment - and I was hoping to get some clarity, more clarity on what's happening. I'm hearing bells, the TV is changing its channels, and radio stations are coming in from parts of the country and going back, and I'm seeing a lot of lights. And as I just turned around and came back, there were all these little lights going all over the place. I'd like some more clarity on what is going on there.

We would share with you to abide with the heart with this. Be as the slug that we have talked about so much in this evening. It will bring you unto a place of what you would call centeredness that will help with all of the changes that are manifesting around you and as you.

You are one who has always been a powerful manifester. What you are doing now in this point of focus is expanding again your vision. You are expanding unto what you would see as other dimensions and yet, it is other aspects, other expressions of you. Even the lights that you would see are your energy that you are perceiving, seemingly as being outside of yourself.

There is much that is occurring for you, for you have chosen now to allow it to be consciously accepted. So you are feeling shifts, yes, and they are disorienting as the world would define your beingness, and yet, as the holy Child that you are, you are unlimited and there is much expression that you are already expressing in many ways, many dimensions, many levels, many fashions - choose your own word, your own concept there. There is much happening for you.

It is to show you again - for this is not the only experience, which we will call a lifetime, where you have done this for yourself; you have been as the holy man in many of what you would see as lifetimes - you are again a holy man in this lifetime in that you are connecting with what your brothers and sisters would see as being mystical, beyond what would be a normal experience and yet, for you it is a normal experience.

Be at peace with it. It is not there to disturb you. It is not there to set you off balance. It is to show you that you are much more than this point of focus and that you are the master.

Thank you.

You are very powerful, beloved one.

And it is not just this one that is very powerful. It is all of you in all of your manifestations. Every one of you moment by moment is manifesting what you see in front of you and manifesting the very molecules that sit upon the chair in the design you find sitting upon the chair. You are the very one who is manifesting what you see as this form and these words to you. That is how powerful you are.

And if you would expand your vision, take it into meditation. Take it into what you would call imagination. Know that that is real as well - as real as the Dream is - and know that you are not limited by this point of focus.

You have chosen and you have practiced so well to focus the attention upon what you see as right now and yet, you are manifesting for yourself, as this one is, remembrances that say, "Hey, there is more," as you have seen. Many of you in this room - if you would receive it, all of you in this room - have experienced times of things that could be not explained by the world, times of *deja vu*, times of lights that you saw, times of beings who came and spoke to you - and where did they come from?

Beloved one, how are you this evening?

Good.

What would you ask this evening?

**I have two questions. First of all, we have heard a lot about you in the different lifetimes as a man. How have you appeared on this plane as a woman?**

Oh, with great joy, beloved one. I have expressed upon this plane as woman many times. For I desired to experience the feminine as you would see it, the nurturing aspect, the creative aspect of giving birth in physical form, of nurturing, of allowing the shutters of the heart to be flung wide open in the love of mother for child. Many lifetimes I lived as a simple woman, and yet there is nothing mere about that, for it embodies all of the love of our Heavenly Mother.

There have been some, as you would see, famous lifetimes that I expressed as. There are many lifetimes when I lived in closeness to our Holy Mother, the Earth and knew myself to as one with our Holy Mother. Why do you think I come now and speak with such reverence for our Holy Mother? It is because I know myself to be one with Her. I have experienced being the woman, being the creative process that gives birth and nurtures and loves and would lay down the very body in an instant for the child - and have done so.

If you would have names, beloved one, I would ask you to sit with that question. It will be revealed unto you. I would set as homework for you between now and what you would see as the next time of our meeting in this fashion, to sit with that, to see what books fall off the shelf at you that will have a message for you, and to come and share with your brothers and sisters in the next meeting such as this what you have found to be true as my lifetimes, as you would call it, as woman upon this plane. For there have been many.

It is the culture now, as you have seen, and it was the culture in that lifetime that is so famous and written in your Holy Scriptures, it is the culture that would put the male, the masculine above the feminine. And so many of the male lifetimes are ones that are recorded. But as you research what is called the goddess culture, the goddess wisdom, you will find me there.

Will you accept this homework?

Sure.

I look forward to your report, beloved one.

The other question. I don't have anything in particular to ask since the reading that you and I did privately. A lot of things have cleared up for me. But is there anything that would be helpful to me in this year to come?

There is much in this year to come which will bring you joy, beloved one.

Oh, good.

You have come through what you would see as some upheavals in the last year or two of your timing: much of a shaking up, which brought you face to face with many of your beliefs, brought you face to face with laying down the body and you made your choice to stay as the servant, and you made your choice at that time to also do it with an ease and a joy of knowing who you are.

There are many of your brothers and sisters that you find yourself serving who come with messages for you. Be very vigilant in what they say unto you. There will be a sentence, a word, a phrase, that will jump out at you. It will be something that they have said, perhaps in a different context, but it will come out like a neon sign to you.

Record these in what you would see as a journal. Each night in your timing, write down something that has seemed to be as a neon sign to you - even if it be just a word, for in recording that word there will be more revealed unto you. There is much that you are giving unto yourself that will be coming this year, much of joy, much of service and service to your Self - the Self with a capital "S".

You are truly the angel upon this plane. Many have called you, not only in this lifetime but others as well, other experiences that you have had, an angel of mercy. It is not by accident that you find yourself doing the work that you are doing now. It is one that you have found yourself in alignment with in other experiences termed lifetimes. It is a pathway that brings you Home.

Thank you.

Thank you.

Beloved teacher and sharer of the slug wisdom, how are you this evening?

I am great.

You are great.

Yes, I am.

What would you ask this evening?

Well, 1993 was a year of decision for me, and many decisions were made and lots of baggage was gotten rid of, and I'm entering '94 just totally wide open and totally unencumbered and just looking forward to it. So my question to you is, wouldn't it be kind of fun to lift the curtain a little bit and take a peek at what '94 might possibly hold?

{Laughter.}

Ha, and who can do that, beloved one?

Well, I can sort of anticipate and hope.

Yes, you can. There is much in what you have called anticipation and hope, for in that, truly, the desire is made known. And what is desired will manifest. As you sit as the slug that you are, as you sit and you imagine what you would like to see in 1994, know that the veil is lifted.

If you would see companionship, know that this is in 1994 for you. If you would see the shutters of the heart being flung even more wide open, know that this is true for 1994. You will feel a freedom. You will feel a lack of having to be safe, to be circumscribed. Know that there is much wisdom that you are already allowing to surface, but there will be more of this - more of an interchange in what you see as between dimensions, for truly there is much of an exchange of wisdom, for it is not only you who are receiving wisdom from what you would see as another dimension, but others in what you would see as an unseen dimension are learning from you. For you are the one who has chosen to take upon yourself the molecules of physicality and to walk among the slugs - and there I mean not only the little animals, but also your brothers and sisters who go about in unconsciousness - you are the one who has chosen to have the courage to express upon this plane and there are many, as you would see, that would be guides and masters who are learning from you, learning from what you are experiencing, so it is never just a one-way street. There is much that is exchanged.

If you would see health in this year, know that that is yours as well. For you have discarded the baggage in the past year, baggage that you brought with you not only from this experience of this lifetime, but others as well, that said that the body must go through a certain process and that it must suffer and it must decay. You threw that baggage out the window. You have said, "I am the holy Child of my Heavenly Father and as that Child I do not inherit debilitating aging. I will go through the years as the young Child that I am and I will go with a freedom. I will skip through these years and they will be as nothing to me."

You will see health in this year.

I learned one thing last year and that is I'll never tell you again when I talk to a slug.

{Laughter.}

Ah, beloved one, you have been such a gift unto your brothers and sisters with such a simple sharing. Do you see the wealth that has been shared?

**I see, yes.**

You are truly a teacher. You have been a teacher many times and you are still a teacher. It is a grand gift that you give unto others in the simplicity of what you would see as simplicity of sharing and yet, there is much that is exchanged with those who have the eyes to see and the ears to hear.

**Thank you.**

Thank you, beloved one. You are a blessing upon this plane - not only unto what you would see as your brothers and sisters, but unto all of us as One, for you are coming Home in the year of 1994. It is a grand year.

**Good.**

Sit with it. There will be even more revealed unto you. The veil that you have spoken of is so thin, it does not exist. Just like that, you can wipe it away.

**I see.**

Yes, I see.

1994: the Year of Intention. The year of coming Home. The year of the intention to know the holy Child that you are, the holiness that you are. It is not just one Jeshua ben Joseph and other masters, so called, who have ascended that are holy. For truly, you are the holiness of the Heavenly Father expressing as you in this moment. You are Love. There is a grand excitement about this year. There is much more that you will be manifesting for yourself, and you will have to hold on to your chair.

{Laughter.}

This is true for all of you. You have all said, "I will go for this ride, this journey. No longer will I hold back. I will go for the full ride. I want to go to the top of the roller coaster and I want to ride it to the very depths," which you have done, "and to the very heights, and I want to experience all, and I want to know that I have experienced all." And that is what 1994 is about. It is yours to do with as you will. There is no one decreeing that it need be intense. There is no one decreeing that there are lessons that must be learned. There is no one decreeing that it must be sorrowful or hard or difficult. It can be as easy as the sunshine.

You are all truly beautiful. You are Light and you are Love and you are radiant, and your radiance fills this room and extends as far as the farthest universes that you can imagine - and even that is within the context of the Dream.

1994 is yours. It is not mine. I do not abide in time. It is yours. Make of it what you will. In each moment of your timing choose where you will abide. Know that every-

thing is in front of you. Every thing, every creation, everything you would experience is yours. It cannot be withheld. The only one who can keep it from you is yourself in believing that it might be kept from you. Love is yours.

Go with a light heart in this year. Abide with the breath every time confusion would come unto you. Every time there would be a decision that seemingly needs to be made, abide with the breath and return again unto the place of the heart. It is always within you. It is never apart from you.

Go in the fullness of the Love that you are. Be the dynamic Love that you are. Express as you would see me expressing, and know that I am expressing with you and as you, for we are One. It is my joy to express with you as the Love that we are.

1994 will be everything for you. Enjoy.

So be it.