

The Process of Awakening

1993-11-12

Indeed, beloved and holy and only child of our Heavenly Father, child of Light divine, it is with great joy that I come to be with you, as you have called me forth in this evening of your time. And it is, as this one has said, that I am always ready, for truly does the Christ ever take a break from being the Christ? One is always ready for love.

Is this not true, beloved brother?

Yes, it is true.

Are you ready for love in this evening?

I am always ready for love.

I know some women in this group who would be interested in hearing that.

That's fine.

{Laughter.}

Does it not make the heart laugh for joy? The very smile comes forward. Does it not uplift the vibrations of the very cells themselves?

I am very pleased to be here.

Yes, and I am pleased that you are here this evening. As you are seeing in this evening, it is an intimate group. It is a group of family. All of you have been together as family in many of what you would see as your histories. You have shared the adventures upon the journey of the only Son of God many lifetimes. You have been as their leader many lifetimes and you have been as their servant many lifetimes. And what I speak unto this one is also true for all of you. You have been every thing and every one.

In your quiet times, beloved brother, can you imagine what it would feel like to be a flower? To be a tree?

Yes, true.

To be the very quiet, unmoving rock that yet, over what you would see as eons of time, does move and does change? It is just that the rate of vibration has slowed down a bit. You have truly experienced all of this. And yet, ones would say unto you that you have just manifested upon this plane, just like this {snap of fingers}, in a short space of time. It has been a process. A process of awakening. And that is what I desire to talk with you about this evening: the process of awakening.

For all of you have asked that this lifetime be the lifetime that you walk through the veil and that you come unto the full realization of the Love that you are.

That's right.

Yes, beloved one. It is something that you have asked for and something that you are willing to accept in this lifetime. And you are ready to, as they say, get on with it. That is why all of you have chosen to be in this room at this time. It is not by accident that you are here. You had many choices before you in this evening, other places you could have gone, other things you could have done. You could have remained at home in the easy chair, resting the feet and yet, you are here.

You have accepted the invitation to come, with the questions in the mind, perhaps, and to take them unto the place of the heart where all wisdom abides. The place of peace where, when you abide in the peace of the heart, all questions are answered.

Is this not true, beloved one?

Yeah.

It is the world that would speak unto you that you must hurry and scurry hither and thither and ask various people and go various places to find the answers outside of you. And yet, when you breathe in the golden white Light that you are and pause for that moment, you will be given the guidance in that moment of either acting or abiding with the peace that you are.

I would ask you in this evening, what do you desire? Take a moment in your silence and return unto the place of the heart. Breathe in the golden white Light that you are and ask of yourself, "What do I desire?" Would it be material goods? Would it be a new house, a new car? Would it be companionship? Would it be to travel unto far lands?

That would be nice.

Would it be healing of the body? Would it be to know the joy that you are? What is your heart's desire? What do you truly desire? When you pause for a moment and you go deeply within, and if you would see in front of you a genie, and you would rub the magic lamp and the genie would appear, what would you ask for? If you could have one wish, what would you ask for?

Beloved brother, what would you ask for?

Well, this morning when I woke up, I would have asked for continuing good health. And I took a very sophisticated medical test today which could have proven to be extremely negative, and it turned out to be wonderfully positive. So, that's what I would have asked for this morning, but I received it today.

You did, indeed.

Yes, and a matter of fact, I would like your help tonight because I would like to thank Spirit and the universe for this protection. And I'm not quite sure that I know how to do that.

Thank yourself, beloved one, for there is no one else manifesting your body and the way that it works for you. You are truly the one who is in charge. The body is the perfect servant of the mind, of what you believe about yourself. It will out-picture this in every moment. That is why there are occurrences known as the miracles, the instant healings that take place, for with the very shift of perception that happens, instantly the body will be restored unto its perfect harmony.

You need not thank the other masters and myself and the universe and the Great Spirit. Thank your Self, for truly you are not separate from us. But I will take delight in your pleasure as well.

Good.

Go in the wholeness that you are. This will not cease for you. There is much that you are about -- about your Father's business -- and there is much that the body will need to serve you with. It will not fail you. You are the very Light and Love of our beloved Father. You are expressing His Life upon this plane. He will not fail you and you will not fail your Self -- with a capital "S".

You are very much blessed and you are very much a blessing unto your brothers and sisters, for you have had the courage to look deeply within, to search where others would be afraid to look, and yet, in the searching, you have not uncovered something that was too difficult to look at, have you?

It is true for all of your brothers and sisters. And yet, they would hesitate to turn over a rock or a stone, thinking that perhaps whatever would be there would be too horrible to look at, that they must have sinned and must be terribly guilty to be outside of the Kingdom. For this is what the feeling of separation brings up: that "Because I am outside of the Kingdom" -- which is not true -- but "Because I feel myself to be outside of the Kingdom, I must have sinned greatly to have been cast out. I don't remember what it was that I did that was so bad, but I must have done something." And ones of your brothers and sisters carry on their backs with them the heaviness of the weight of guilt and of sin. And, as you have seen, this has been reinforced by your religious organizations in what you would see as many lifetimes, who have taught your brothers and sisters that yes, there is the weight of sin upon the back and that the religious organization is the only one that can remove that, if... and there are conditions.

You are one who has had the courage to look past that and to see that truly you are the holy child of our beloved Father, and you are manifesting perfect health. The body will serve you well.

Good.

Truly, it is good.

Beloved brother, what would you desire?

Big question.

It is a truly a big question. It is, as they say, the sixty-four thousand dollar question -- and even more.

There's a few things to heal and to help people heal, to heal myself.

Yes, this is what the child of our beloved Father desires. It is to know your own wholeness, and by knowing that, you give the gift of greatest value unto your brothers and sisters. For the greatest gift that you can give unto another is your own awakening, for in you they will see who they are. It will be granted unto you.

It is not that I am the genie, but it is because this is truly the desire of your heart, that it will manifest for you.

Beloved one, what would you desire?

I want my daughter to get well.

Why is this important to you, beloved one?

I don't know. I feel a lot of guilt.

Why do you feel guilt, beloved one?

Because I wasn't therefor her when she needed me. {Sobbing.}

This one is not separate from you. This one is very much connected to you. You have shared many lifetimes, many pathways with this one. But you are not responsible for her choices in this lifetime or in other lifetimes. There have been other lifetimes when the roles have been reversed: she has been your mother and you have reversed the roles. And in those lifetimes she was not responsible for the choices that you made. As in this lifetime you are not responsible for the choices that she makes.

Love this one as yourself -- for truly she is yourself -- but allow her her path even though you would see it as having some detours. Allow her the detours, for it is the very path way that will be used by the One, the Holy Spirit, the Grand Weaver, to bring her back home again.

It is not the path that you would choose for her, but can you say that you own all wisdom for this one that you could make that choice for her? You cannot. Even I could not make that choice for her.

This one is doing very well. This one is on her own path, and there will be the weavings from side to side. It will not be a straight path, but this one is expressing the Love of our beloved Father, as well, in her own way, and she loves you, beloved one.

She has never felt apart from you. At a deep level there is a connection which she feels and she knows to be there, but many times her focus is on different wander-

ings, we will say, different ways of expression. You have not failed this one, for truly you could not.

She is the beloved child of the Holy Father the same as you are. She is whole as you are. She lacks for nothing and there is nothing that you can give unto this one that would change her path, but you can give unto this one your love, for in the extension of your love, you will come to know yourself.

Many are the children who come unto the parents and give them the grand blessing of what the parents would see as challenges -- not always an easy life -- and the parents would say, "Why is this one in my life? Why does this one not behave according to the way I would like this one to behave?" It is because they come unto you and they present the different experiences for you to look past the experiences and to see the Love that they are. To see the wholeness that they are. To not see them as victims. To not see them as needing any direction. They are already in the direction that they need to be. There is, as you would see it, an internal compass that always brings them home.

It is a grand blessing that this one shares with you -- and you with her. Much love. Go with a light heart, beloved one. All is in order.

Beloved Songbird, what do you desire?

Peace. Wholeness. To know who I am, totally.

Yes. So be it. The beloved child of our Heavenly Father seeks to know his wholeness, seeks to know that he is the fullness of the Love of the Heavenly Father, seeks to know it in many ways and many avenues. Your heart's desire will be granted: again, not because I come with a great power to bestow that upon you, but because it is the true desire of the heart. It will manifest. There will be nothing in your way that you will not push aside, climb over, under, one way or another to get to what the heart's desire is. You know that to be a Truth.

Beloved one, what would you desire?

Oh, Jeshua, I would really... I would like a lot of things but I think the one I would like the most is to know that soon I'll be making a loving home with like-minded people in this area.

So be it. You will indeed. This is a vision that you carry close to your heart. It is a vision that others carry and it will manifest in physical form. It is already alive and well, as they say, on another realm where the bond of love is felt. There are many not even in this room this evening that you feel a bond of love with, a strong connection. You are a family, and there are more family members than the ones who are here this evening.

This will manifest. You will find yourself living in proximity, the physical bodies in proximity, and you will find yourselves living in the one Heart, the Heart of Love that you are.

I know it's much... it makes me very happy to be around the people who are trying to follow your teachings and who are following your teachings.

And yet, it is not to follow my teachings. It is to follow the inner wisdom of the heart. For truly, all of you have called me forth, not to bring unto you a message, but to act as the spark plug for remembrance of who you are.

Oh, great.

It is not that I come with a great magic and I sprinkle my magic dust upon you. It is that I come at your call, at your invitation, and I speak unto you sounds that you interpret as meaning, that stir the heart and you remember who you are.

I see that happening. I wanted to thank you for telling me to go home and be at peace over this little cyst thing, and I feel a little ashamed of myself because, although much of the time I was peaceful about it, sometimes I really got myself going and feeling anxious about it.

What you were giving unto yourself, beloved one, was a report card. It was showing you that this time you came past the feeling of panic, of fear, of constriction, much quicker than you have in past times, other lifetimes, as well. There have been other lifetimes that you have taken the very fear that you felt and laid down the body because the fear was so great.

Oh, then I'm doing much better.

This is what we would share with you this evening: you have given unto yourself a report card that shows you in this time when the image came up before you and the possibility of fear was in front of you, you stayed with that fear in much shorter time and said, "There must be another way of looking at this. The holy child of God does not stay in this space," and you came out of it. Give yourself top marks, beloved one.

Okay. I will. Thank you.

Do not heap upon the shoulders the guilt, but look rather at the progress, as you would say, that has been made.

Thank you.

Beloved angel, how are you this evening?

I'm fine, thank you.

Yes, you are, truly. What would you desire?

Well, I'm starting on a new phase and I wouldn't mind having some company along the way.

A companionship?

Yes.

Yes. This is truly desired by many of your brothers and sisters, as you have seen. It is a desire that is very prominent in this world and always has been in the world, even when I was on this earth, as well. It is a desire. Do you know from whence comes this desire? What is, as they say, the bottom line of this desire?

Oneness?

Yes, exactly. It is the desire of the soul to know the oneness, to know that truly you are always in companionship with all that you would see around you, not only the other brothers and sisters, but all of nature, all of creation. It is the beloved child asking to come home again, to know the oneness.

I know that and I do thank you because you have been a good friend to me.

Truly you have felt that because always I am with you -- and others as well. You know that your house is very full of companions.

Yes, I know that.

Do you not sometimes hear the very floorboards squeaking?

Oh, yes.

And you would look and there is no physical body upon the floorboards, but you know that someone, an energy, has been there, is still there. Yes, there is much companionship in the home.

I know that and I'm glad and I'm thankful for it, but I'd like to see a solid body....

{Laughter.}

Yes, and this is the next part of that desire: to extend the Love that you are with someone else. This is a very true desire of the soul -- to know the oneness as you have spoken and then to share it with all. To share it in a very tangible form with others that you would see.

That's right. I do miss the sharing.

Yes. This will come for you then, if you are truly desiring of this. Be vigilant, as you have been. There will be ones coming unto you who need the very love that you have to give. You are not finished yet.

No?

No. No way. Many in your world would look upon you and say that you have many years, and yet, you have many years ahead to share. The body serves you well; the heart serves you well. There is much yet to be shared with others. There will come, as we have termed them, the flowers in the garden. Many varieties. These will not be all

of the adult stature. Some will be of smaller stature and younger years. It is not for naught that you saw yourself with the little ones for so many years and in teaching them. You will not be teaching them again in a formal way, but you will find little ones coming unto you just to share of the exuberance of living.

I like that.

Yes. It brings out the child in one, does it not?

Yes.

The true Child that you are. It will be as you have desired.

Thank you.

Beloved one, how are you this evening?

Fine.

The one with the curly hair.

Yes. New hair today.

New hair today. What I find on this head {Judi's head} as I share with you is not exactly the hair I had when I walked this earth, as you will remember. It was a bit heavier hair that I had, I suppose you would call it.

Curly?

And some curl to it, some wave actually, I think they called it, but this will do.

Yes.

What would you desire, beloved one?

Oh, I had three wishes, right away.

Right away, instant. You didn't even have to think.

The last one came to me after I thought, "Well, are those other two important?"

All desires, beloved one, are important. Sometimes you do not want to stop with just what would be the most obvious meaning but to take it to a deeper level, but all desires are important. Yes, what would the first one be?

Energy. It just flew out of my mind. I need more energy.

You are the very energy of our Heavenly Father, as you know, beloved one. We have spoken of this often. It is only the mind that would say unto you that you are tired. It is only the ego that would speak of separation and would say that the energy which is free-flowing could be restricted. The energy will be there for you.

Go always in a place of peace and you will find the energy to be more free-flowing. There are, as you would see, some challenges from day to day that come up during the day for you, and yet, if you go, as they say -- you have a saying in your world about the water running off the duck's back. If you will let those occasions run off your back as the water would, and go with the peace in your heart, you will find that you will come unto your evenings with much more energy. You are truly inexhaustible.

What would the second request be?

I needed to have a piece of property sold so I could free everything up a little bit, if only that property would sell.

And if the property would sell, what would that free up for you?

I guess I would be free to do whatever I thought was necessary to do or I wanted to do.

It would bring unto you the golden coins. Is this what you are saying?

It would allow me to move if I wanted to move and it just seems like it would free up my... maybe what I want to do with the rest of my life.

And yet, beloved one, does the rest of your life hinge upon a piece of property?

No, because I found out that I'm busy today.

Exactly, beloved one.

Without enough energy. But the third one, I want to see the Light that I am and I want that beam of Light to go to the Father. I really... my one really heart desire is to be one with the Father and to be able to go back home.

Yes. So be it. It is already established. What you are asking for is to know it with a conscious awareness, the awakening that I have termed the at-one-ment. This is truly coming to pass here upon this plane and you are one of the ones who is ushering this in upon this plane. You are always the great ray of Light. You are always one with the beloved Father.

As you allow yourself to swim in the very ocean of the Light and the Love that you are, you will feel this more and more on a conscious level. You know this to be true, for you have been, as they say, practicing this for the last year or so of your time and it has made many miracles in your life. Is this not true?

Yes, many.

Many. {Pointing to one of the foster children she cares for} One of the miracles.

Yes.

There is much love in your life.

Yes, there is.

And you are sharing much love with many. That is the Father. Every time the heart opens and you allow the shutters to be flung wide open, it is the Father expressing. Every time you feel the smile upon the face and the sunshine within the heart, know that you are one with the Father in consciousness. And as that happens moment by moment throughout your day, you will find yourself living, abiding, in that place of oneness.

You will even find yourself looking at what could be called the challenges, the upheavals, and you will look upon them as a passing scene and you will smile through it and say, "Well, how would the Father look at this?" And you know that the Father would smile. That is all you are asked to do: is to be the Father expressing on this plane.

Beloved one, what would you desire?

Spiritual wisdom. Physical healing. Abundance to take care of my family, and healing between my extended family. Peace for my mother.

As you have seen and as we have spoken unto another here this evening, extend the Love that you are unto your extended family and allow them their journey. For if they choose to put the rocks and boulders in front of themselves so that they have something to climb up over, and so that they can say, "Look at the progress I am making because look at the boulders I have climbed over," then that is their choice.

That's where I left it.

Exactly, beloved one. What you have asked for, the true desire of your heart, the spiritual wisdom as you have termed it, is the child of our Holy Father speaking. That is why you are here this evening. It is what you truly desire to experience and to extend unto this world. That is the Light that you are, and you know that all else follows after this.

Uh huh.

Exactly. It is as I have shared with you, to "seek ye first the Kingdom," which is the place of peace, the place of Love that you are.

I feel that.

The place of oneness, for you know that you are the child of our beloved Father and that you lack for nothing and all else will be added unto you. You know that.

You are a Light unto this world, beloved one, and you are becoming brighter every day. There are many who are watching you, because in your world, seemingly, one such as you should be going about downcast. And you are not. You are going about proclaiming miracles, manifesting miracles for others to see. You are a grand Light in this world. See this each time that you look in the mirror. See the Light about you, even with the very physical eyes when you look in the mirror. See the Light that you are, for the very energy that you are emits a Light that can be seen. And then close the physical eyes and behold the inner Light that you are. It is truly radiant.

I'd like more energy, too.

Ah, another request for energy. We shall have to up the voltage here.

Yes. I've been swimming and walking all at once.

It is only the mind that would say unto the body that you are tired. When you are feeling a lack of energy, ask yourself why do you want to feel tired? With no judgment. Do not judge, but just ask as you would a research question. "How does it serve me to feel tired?" And you will have your answer. And if it is to come again unto a place of peace, to be able to sit and rest, to put the feet up, to put the body into the bed and to sleep and to rest, know that this desire comes from a deeper level, the level of saying, "It is time to return again unto the place of peace." This is what the desire is telling you.

So, you see, not to judge it, but to understand the source. So when the body would speak unto you that which the mind has already spoken unto it -- that there has been enough activity -- listen to what the body is telling you and take the body and allow it to rest.

Okay.

Either in sleep or in meditation. There were many nights that I did not do what you would call sleep, but I spent the night in meditation with my beloved Father. I gave unto the body the peace that it desired -- the rest, as you would see it -- and I felt myself to be in communion with my Father. It was not what you would call a sleep state, but it was a state of very deep communion.

Whenever you would be feeling a lack of energy, it is your very heart calling unto you to stop the activity, stop the whirling of the mind, and come again unto the place of the heart, to feel the peace that abides always in the heart. Not to judge, but just to abide in the heart, in the peace. It will energize you again. And if it is awhile before the body feels like getting up and doing something, know that it is important to commune. It is your time of communion, and to use that time to know your oneness.

I'm trying to decide whether just concentrating on physical healing or should I put some of that therapy aside and go out and work or if I need to make that choice?

You need to return unto the place of the heart, first, beloved one, where the answer abides. You will have the guidance. It is for you to have a balance. You are feeling an urge to be about your Father's business, to be about expressing the very Life that you are. There is a time for the therapy and there is also a time for the expression, for being out, as you have called it, working, for sharing the Light that you are with others. You will find a balance, for it needs to be both. This is what you are truly asking. This is why it has come up for you in such intensity. It is the balance that you are searching for. It is the wholeness. You will find that you will come unto a place of balance.

{Hugging and sobbing.}

It is not to judge yourself for feeling the confusion and for feeling the sorrow and for feeling the doubts. But it is for you again be very vigilant as to where this desire is coming from and to see that it is the very creative process that you are that is speaking unto you. There is a time for both.

For, as you are in what you call the therapy, it is healing unto the body, but you are also there for another reason -- one that you may have discerned or you may not have discerned yet, for truly everywhere you find yourself, it is for a reason and the reason is always on many levels. You are there in interchange with the ones who are there doing the therapy, the other ones who are around for a reason. This will come to you. It is important for you to exercise the muscles of discernment within you, but know that each place you go it is for a reason. It is not just for you to be receiving what is happening, but there is much that you are sharing with the others, as well.

You have manifested a certain condition in this lifetime in order to put yourself in the very places where you have found yourself to be. You are giving unto others opportunities -- and for yourself as well. It is always an interchange that happens. So whenever you would find yourself in any relationship, however brief -- we are not calling this a... well it is; it is a Love relationship, but it is of a shorter term, with the therapist or with the other ones who are there -- it is for you to share with them your wisdom, what you have gained during the days previous. There will be many lights that you will be turning on.

You are your Father's servant and you are being sent various places. And what I speak unto this one is true for all of you; it is not just true for one. Wherever you find yourself, you are there as the servant of our beloved Father, for truly you live His Life upon this plane. You are expressing the very Light and the very Love that He is. You are the Light in this world, and it is not by accident that you find yourself in front of someone. Hmmm. You are the very peace of the heart, the very joy of the beloved child, the radiance. Do you know that it is possible to see this in everyone that you behold?

Yes.

It takes only your willingness to pause for an instant. Even if the one in front of you be rushing by, you can still love their back as they go by.

{Laughter.}

Beloved press agent.

That's me.

What is the desire of your heart?

What I want most is what we privately discussed last week and I know that will come in due time. For now, I'd like to feel whole and know that I am awake, really feel awake and know it, not just intellectually.

Yes, and not just on a random moment but to know it always. So be it. For as you know the wholeness, as you know yourself to be the child of our Holy Beloved Father, you will know yourself to be whole and the other that you have desired will naturally happen. Effortlessly. It will not even be something that you will need to search for. It will just be there.

Beloved brother, what would you desire?

I don't even know.

Many, many desires of the heart, yes. You may speak freely because all of your brothers and sisters here are as one. You do not look upon a stranger, for everyone in this room is your brother and sister and you have shared much with all in what you would see as past lifetimes and as past histories. There is no one in this room that is a stranger unto you and there is no one here that does not have love for you. For truly, if they did not have love for you, they could not know the Love that they are. So you may speak freely. What is the desire of your heart?

I don't know. I'd say, probably just the feeling of wholeness. Sometimes I feel like I'm lacking some things but then I rationalize them away. They are not that important. I think just a feeling of this, of wholeness....

Yes. So be it. That is why you are here in this evening, for you had many choices and did not have to be here. There was no one who forced you, at what you would see as gunpoint, to be here. There was the choice that you made, and yet it was a choice less choice that was made at the soul level. For truly your soul is asking to know the beloved child that you are, to know the wholeness that you are, to know that you can go with the freedom in every moment to express the joy that you are in complete simplicity, to find joy and love and companionship at every turn of the road, to find ones that you can share your love with and to share it freely, and to know that you will be appreciated because you are appreciating yourself, because you are knowing yourself to be the perfection that your Heavenly Father has created you to be.

You are well on your way, beloved brother. There are times, as you have said, that the focus of attention would say unto you that there are pieces missing and that there must be something yet to strive for, to be found, to fulfill whatever the holes would be and yet, there are not the holes, for you are holy. You are whole. Your Father created you before time was as the great ray of Light that you are. This is not just a grand way to speak, a metaphor of beautiful words. You are truly the Light. That is what your energy is. This is what your life is -- the very life essence that you are. And if you exist -- and I assure you that you do -- you are the Life of the Heavenly Father expressing upon this plane. And the Heavenly Father does not lack for anything.

This is what you have truly desired to know in its wholeness, in its fullness. It will be happening for you moment by moment, and you will find yourself going with the joyousness of the child, the child that you can remember being a longtime ago -- and I do not speak just of this lifetime; I speak of before time was -- the child that is per-

fectly free to play in the Kingdom for he knows that he is in the Kingdom and everything is his. So be it for you.

What would you desire, beloved woman?

More of His Love.

And you have it already. So be it.

Especially for our children.

Yes, and again as we have spoken unto others, extend your love, the Love that you are unto these ones and to allow them their path. For they are the Love, the same as you are. They are awakening the same as you are. They have made other choices. Perhaps they will find themselves going around the trees, into the trees, on top of the trees from time to time.

...many trees.

Exactly. This is how it would be seen, and yet there is One Who guides their way the same as you have the guidance. They are not lost. There is much guidance for them. They are truly on their path and they are truly the Love of the Heavenly Father, as you are.

And more energy.

And you want more energy, also. My goodness.

{Laughter.}

So be it, beloved one. You will have more energy because you are the energy. As you return each moment unto the place of the heart and you do not put upon yourself the constrictions that the world would speak unto you of having to be here or there, a certain schedule, or having to accomplish, but just knowing that all will be done in its own time, in its own order, you will find yourself with more energy. You are energy itself. You cannot have a lack of it. There are times when you would perceive a lack of it, and yet it is, as we have share with another, it is your soul asking you to stop with the activity and abide with the essence that you are. Whenever you would feel a lack of energy, it is your Self -- with a capital "S" -- calling you to come home again, to please visit home. Call up on the telephone and to abide as the peace that you are. You will find yourself energized again in just a moment, a moment of realizing who you are. And if the heart would speak unto you to stay in that space for what you would see as a length of time, there is no one who will judge you for that. There is no one who can judge you for that, for you are the one who is the holy child of our Father and there is no one outside of you that will dictate unto you who you are. They cannot.

You may find others in your world who will be very free with their estimations and evaluations, and ones who would give you advice, as it is called, but you can allow them to keep their advice and say that you do not need it. You listen only to your Fa-

ther's advice. You are the Light and Love, the very energy of the Heavenly Father. Abide in the peace that you are. The body will serve you well.

Thank you for the service that you give unto others. You have not seen it as a service that you give unto others?

Yes, but sometimes I get too close to it and then I can't see it.

Exactly. Well spoken. It is for you to stand back and see it as you would see, perhaps, another. Then, as you see the Christ in them, you will see your true value. Sometimes you are too close to the trees to see the forest. Is this true?

Yes.

Yes. Stand back and evaluate what you are doing as if you would be another one looking upon yourself. You will see your value and then know yourself not to be separate. You are a delight.

Beloved brother and servant of our Holy Father, what would you desire?

Love. Heavenly Love, that it might be poured forth through this vehicle as a great flood unto this dying and thirsty world.

So be it. This is truly what you are. You are a conduit for the Love. And as you are a conduit, know that you are that Love that pours forth from you, as well. For as it streams forth through you, it nourishes you as well, does it not?

Yes.

You are truly the Love of the beloved Father. You were created before time was and you exist eternally as Love. Thank you for the service that you give unto others, beloved one. You are that Love.

Thank you.

You are welcome, as always.

Beloved Elder. What would you desire?

More peace of mind and greater understanding.

Yes. So be it. You know this to be you when you take the time to pause and to connect with your heart. You know that all understanding awaits your willingness to just ask for it. You know the peace of mind of which you have spoken is within your heart and it serves you well.

Each time that you pause and you connect with the peace that you are, it is instantly there for you. It does not run away and hide, does it?

No.

And yet it is a choice moment by moment to remember to pause and to abide in that peace. You are the beloved child of our Holy Father. You are the Light and the Love and the servant of the One that I have called "Abba," our Father. You are loved with an everlasting Love for you are that Love. You have been willing to serve in all circumstances the Truth that you know. You have served this Truth in many lifetimes, in many forms, many ways, and you have come unto the place of peace, the peace of the mind which comes from the peace of the heart, and then you have gone from that place of peace to serve others with a smile, with what you would call the counsel, the advice that gives unto another an insight, another way of looking at a relationship or a situation, a circumstance.

I would say unto you to listen unto the words that you speak to another and take them to your very heart, for the counsel that you give is wise counsel and the words that you speak, although you think them to be for others -- the others that would request them -- are for you, because the others have come as servants unto you to ask the very questions that are in your mind and heart as well. And the words that you speak unto them are words for you.

The words of love that you would share with others, the kindness that you share with others, the allowance that you give unto others for their path, accept those as gifts for yourself. For truly what you give unto another you give unto yourself.

You are a grand servant of our beloved Father. Nurture yourself in the love that you give unto others. Know yourself to be unlimited. Know yourself to be the holy child who lacks for nothing. You do not lack the golden coins. There are times you would look upon your paperwork and the figures perhaps would not say that to you. But you have never lacked for the golden coins. Always you are provided for -- perhaps, as you would see, at the eleventh hour or very close to midnight, but it always comes through for you.

The very love that you desire, you pour forth freely for others. See, as you do that, that the love that you give unto others is yours as well. For it could not be extended if it did not come through you and as you. It is you, beloved one. Nurture yourself as the child of the beloved Father that you are and go in a freedom, for what you are doing is much appreciated. It is seen by many in what you would see as the unseen realms. It is seen by the beloved Father Himself, of course, because He is not separate from you. You are living His Life, as we have said unto others.

Accept the joy of the Heavenly Father. Know it in each moment. Know that you are always provided for, that you do not lack anything. There is nothing that you need in the outer -- even if you would see it to be the peace pipe {reference to giving up smoking}. You are one always with the Heavenly Father, and what you do is much appreciated upon this plane. You are an anchor upon this plane of the Light and the Love of the Heavenly Father in each moment. With each footstep that you put upon this Earth, you are expressing the Light and the Life of the Heavenly Father.

Put that mantle about your shoulders each time you go out, in each moment of your day, the mantle of the beloved child that you are, the mantle of the Father. For you are His representative. And though there are times you feel that the weight of the

world and the things that are asked of you would be heavy upon the shoulders, know that His burden is Light. As I have spoken often, my burden is Light. His burden is Light. It is Light upon the shoulders -- and this is said as a literal Truth. It is Light upon the shoulders.

Go with a joyousness. You are very much guided. You are not wandering in the wilderness. Even though you would like to see some events happening more quickly in the timeframe of this world, know that everything is in order. There is much assistance that is gathering around you. It is gathering the pieces that are the momentum.

The work that you have established here at this point in time, this work called Oakbridge, is well planted and will grow. There are many who are coming even now to help with the garden -- the garden that you have established -- and it will grow. You do not do this work alone. Even though you would look about perhaps and see few bodies, know that this is just the crest of the wave. It is just the beginning. And there is much of the ocean to follow. It is all part of the plan of the acceleration of this time I have called the Awakening.

You have been, in many of your lifetimes, at the forefront of the new thinking and it is thus again. In this time you are at the forefront and sometimes it feels a bit lonely to be out there, out in front, and you look behind and you hope there is someone back there. They are back there, beloved one. They are doing their own processing. They are doing their own growth, and they are coming to be the gardeners in this garden. You will see much growth. You will see a strength.

The name of Oakbridge has been well chosen. The very name of the oak signifies strength. You will see much strength and you will see much growth. And it will be as a bridge for many, to come from the place of the world, the thinking of the world, unto the place of oneness. The name was, as you would see it, inspired.

Beloved one, you are the one in whom He is well pleased.

And this is true for all of you. For all of you are as one and you are the one in whom our beloved Father is well pleased.

Are you well pleased with the Father? Beloved one?

Yes, I am. You were deep in meditation.

Yes, I was.

Yes. A very good place to be. We will not disturb you.

As you have seen, the very question that we started out with this evening -- the question of what would you desire? -- you have seen that all desires lead unto the same place.

Beloved teacher of God. The question we have been asking is, "What would you desire?" If I would be as one of the stories that is so famous just now -- of Aladdin and the Genie -- if I would be the genie in the bottle and I could grant unto you a wish, what would you desire?

I would desire that my head knows what my heart already knows.

Exactly, beloved one, and well stated. It is to come unto that place of integration, that place of wholeness where you know yourself to be the beloved child of the Holy Father and to know that with conscious awareness, and to go with every step in the awareness that you are holy and that you lack for nothing and that you are the Love of the beloved Father upon this plane, living His Life in every moment.

You are the joy; you are the beauty; you are the radiance. These are not just fancy words. These are the Truth of your being. Put that on every morning as you arise from your bed and wear that every day in your timing. Wear the Truth of your being, as they say, upon your sleeve: the joy that you are and the Love that you are. The peace. The peace that looks beyond the schedules and the other people who would come in with demands, the ones who would come in and ask you to do a task at five o'clock in the afternoon. And to go with a peace that you are and to share your Light and your Love, for truly this is what you are doing with everyone that you see in front of you.

You are beautiful, beloved teacher. You teach everyone that you come in contact with.

As you have seen, all desires that would be spoken take you back to the place of the heart, take you back to the one true desire of the child of our beloved Father, which is to know Himself/Herself as the holy Child that you are.

All desires -- if it would be to ask for material goods, if it would be to ask for companionship, if it would be to ask for health -- take you back, as they say, to the bottom line, of wanting to know who you are. For truly, it is as I have said unto you: seek ye first the Kingdom of God -- the Kingdom that you are -- and all else will be added unto you.

This is why I have said unto you -- and you have heard me well, beloved brother -- to return unto the place of the heart each moment and then to go from there as the guidance would suggest -- even in matters of finding the stuffed bear {reference to a stuffed animal he purchased in an unlikely store, following his guidance to go there}.

You have been manifesting for yourself much proof, as they would say in your world, that the guidance is real and that the guidance does really exist for you. Is this not true?

Yes.

Yes, each day has brought forth miracles for you. You would think you would go to a certain place and yet the guidance is, no, not to go in there. And you would ques-

tion and say, "But that does not make sense." And the guidance is very strong to go somewhere else.

Uh huh.

And when you have gone there, what have you found?

I found my bear.

{Laughter.}

You did, indeed. And a delightful bear he is.

I found the bear in Ernst, where there are supposed to be no bears.

{Laughter.}

I thank you for following the guidance of your heart. Many times this has been happening for you lately.

Yes, it has.

You are even finding that you need not think about where to go except for the moment before because the guidance will instantly be given unto you. This is what I have meant when I spoke unto all of you of living the Christed Life, which is effortless. It means that you do not have to cross all of the bridges before you get there. You do not have to plan and worry and arrange. All that is asked and all that is necessary is to pause and return unto the place of the heart, and the guidance will be given unto you with grand clarity. And then to trust that guidance. Please.

{Laughter.}

All of you have received guidance. All of you, when you have questions as to alternatives, if you abide in the place of the heart and you hold within what would be called the mind's eye the alternatives that there are, you will see around one of the alternatives more light or a feeling of more light. Or it may be just a hunch that feels right. This is your guidance. It may come in the form of words, words that you will hear. They may even sound to be outside of you. This rarely happens, but it has been known to happen. It may be words that you hear within what you feel to be your own mind, and you will ask yourself, "Am I imagining this? I'm making that up." And yet, sit with it in the heart. Return unto the place of peace and ask yourself, "Does it have light? Does it feel light?" You will know.

It may be just a feeling, a nudge, a very subtle thing that comes unto you. Be very vigilant and listen. Take it unto the place of the heart and ask, for nothing will be hidden from you. You are all wisdom. You have it within. You are all wisdom and it cannot be hidden from you except as you would turn the focus of your attention unto another place and deny that you are that wisdom. And all of you have done that at times and you have gone about in great confusion, with much despair, and said, "I do not know. I do not know." And yet, when you have gotten through all of the confusion and all of the dust that would be stirred up, there comes a place of peace where the answer is revealed.

This is why I have said unto all of you not to fear the emotions. If you feel the depression, the confusion, the doubts, the anger, be very present with that emotion or that series of emotions. Be very much into it. Act it out as you would be the grand actress/actor upon the stage, and do not feel yourself to be the victim of the tears, of the depression or the confusion. For truly you are not the victim. You are very much the one who is acting that part. You have been given that script, as you would see it, and yet it is no one else outside of you who has given it to you, but you have accepted it. Live it to the fullness. Go through those emotions. They will not devour you. Go through it to the place of exhaustion -- and you know whereof I speak.

Yep.

And just on the other side of those emotions is the place of peace that we have spoken of, the place of guidance.

Now you, beloved brother, I know you are past all of that.

{Laughter.}

Well, the thing that I learned is that sometimes the guidance comes for such simple things and such mundane tasks that we sometimes don't recognize it as coming from Spirit. We expect guidance to be a monumental thing. And that's wrong. It comes... it's just being nudged all day long.

Exactly. Moment by moment. And it is not that you need the great flash of lightening in the sky and the voice that would be as thunder, but it is moment by moment as you have said. And this is what we have termed living the Christed life: living in that presence of the Light that you are, the wisdom that you are, and being very vigilant as to what the guidance is. It will not be held back from you or from anyone else. And you may share that with ones who are around you: that if there would be questions, the guidance will never be held back from that one.

Now would be a good time to take a break in your timing and to refresh the bodies, to put some water in and allow some water to be released if that is necessary, and then in about twelve minutes of your timing, we will convene again and we will address any questions that there might be.

Exchange the hugs. So be it.

{Break.}

Indeed, beloved ones, was that the pause that refreshes?

Yes, it was.

And you are now feeling more energetic? More of the energy that you truly are?
Right?

Right.

We have spoken to you in this evening of the first of the keys unto the Kingdom, the key of desire. One must be aware of the desire, the very bottom line, as they call it: the desire. This is the first step in arriving at what I have called the at-one-ment, the atonement, the awakening. The first step is to be very much in the awareness of what the desire is. And if this start with a desire for, as we have seen, material goods and for companionship and for health of the body, for whatever you would see in your world, be very vigilant to see why this is a desire, and then take it as we have in this evening of your timing to the deeper meaning, to the deeper desire which is of the holy child wishing to know his/her wholeness.

You have all connected with the desire of your heart. You have gone from the place of what would be the worldly concerns and worldly wishes, the hopes, and you have taken it unto the place of wisdom to see that this is the desire of the Father. The very word that you have in your language -- "desire" -- means to be of the Father. All desire comes from the Father. It is often filtered though what you would see in your world as the objects and the manifestations, but if you will look a bit more deeply, you will see that it brings you unto the place of asking, as you have asked, to know your oneness. And it is time.

It need not be full of effort and it need not be a fearful thing. It will be a continuation of the path that you have already set your foot upon. The awareness of the joy that you are, of the child that you are, will increase moment to moment. It will not be, as you would see it, a heavy task at all. It will be one that will bring you much joy. You will find it easy to do.

It does require your willingness and it does require speaking unto the ego, the separate self, when it would come up with the fears and say, "What if?" -- as the ego tends to do. This is its job and it takes it very seriously and wants to have you take it very seriously.

When the ego would speak to you of the separate self, and the fears, abide with it in peace and say, "Oh, yes, I know that voice. I know from whence it comes." In moments of doubt, ask yourself, "Is this the voice of the ego or is this the Voice of the beloved Father?" And immediately you will know. And you will say unto the ego, "You have served your purpose. Get thee behind me for I no longer need you." You never did, but often mankind has chosen to abide with the ego, to abide in that place that feels the fear and feels that it needs to take action to survive. And this is the ego, for definitely it needs to take action to survive. But the separate self works against the remembrance of the whole Self that you are, the whole Self that is of eternity.

So when that voice would speak unto you, recognize it and say, "Yes, familiar friend, get thee behind me for I no longer need you. You no longer serve me." And as it comes up again and again, speak unto it the same each time, with a definiteness that comes from knowing that you are the child of the beloved Father and that no separate self can ever change who you are.

Having recognized the true desire of your Self, this is the first key to awakening.

The second key is intention. What do you intend to do with this desire? Intention means to make a decision, to do what you would see as the action -- which is not a physical action -- but to take the action of deciding where you will put your energy, where you will put your consciousness. It means being very vigilant in every moment and asking yourself, "Where am I abiding in this moment? Am I abiding in the peace of the heart? Am I abiding in the Love that I am? Am I being the servant of our beloved Father and listening for the guidance?" That is the intention.

Desire without intention stays merely a desire and does not become activated, do you see? There needs to be a decision upon your part to see the desire realized. And again, this does not mean in physical action, but to act with the energy of the consciousness to see this desire made manifest. That is why intention is the second key to awakening. It means to decide in every moment, every time a voice would come up and speak unto you, to ask, "Where does that voice come from?" Is it the voice of the world that would speak unto you of separation and of pain, of confusion, of doubt, of the what if's? You all know the what if's, very well.

Or is it the Voice of the beloved Father? Is it the Voice of my own true Self that speaks of love? That speaks of courage, the courage that comes from the knowing that you are the beloved Son/Daughter of our Heavenly Father? This is the intention: intending, choosing in each moment to make the desire real. And by that, we mean to come unto an awareness that it is already your reality. For you do not make it real; it is already your reality. But you make it real unto your awareness by choosing in each moment to know who you are. That is the intention.

And the third key to the awakening is one of allowance, of allowing the very process that you have desired and that you have intended by being vigilant in each moment, of allowing that process to open before you all of the opportunities that will bring you home. It is as you have planted a garden. You have had a desire to have a garden. You would see, as you might see in your time, the corn, the tomatoes, the lima beans, the squash. You would plant these in your garden. You would have a desire to see these grow in your garden. Your intention would be the planting of the seeds. Then you allow the process of growth.

You do not go back and dig up the seeds moment by moment to see how they are progressing. You allow them their process. This is the third key to awakening: to allow the very process itself to unfold in front of you, to show you the path moment by moment that will bring you home. And to trust in that path.

The world would say unto you that you must analyze. "Where is this path taking me? What is on this path? What would happen around the next turn? Am I worthy of this path? Who is on this path with me? Where does it lead?" All of the world's questions.

You trust the process. Having acknowledged within yourself the desire to awaken, the desire to know in its fullness the child that you are, having put into activation this process by your intention and by your vigilance in each moment to listen unto the voices that come unto you and to choose only the Voice of the Heavenly Father, the Voice of Love, and then to trust that the One that I have called the Grand Weaver, the Holy

Spirit, is much at work. For truly, He takes all of the twists and turns that you would put upon your path and weaves them into the very avenue, the very vehicle, that brings you home again.

Desire, intention, allowance. These are the three keys to awakening that you can make manifest, that you choose to do. The fourth key is one of surrender. It is the gift of grace that brings you unto that place of realization. For having been willing to allow the process, trusting in each moment that you are the Love of the Heavenly Father, the total surrender is one that will become showered upon you moment by moment in what you would call the insights, the gift, as some have called it, of grace -- the glimpses of who you truly are in its fullness. For these are gifts that are given unto you -- the insights, as you would term them, the times when you have glimpsed what others would call Heaven, the times when you have glimpsed the unlimitedness that you are. And you know these moments. They may have been fleeting, but you have all had these moments where you have connected with the Light that you are and you have seen, you have felt within the very heart, the power, the unlimited power of the Love that you are -- not a worldly power, but the power of your wholeness. This is what is called the gift of grace that is bestowed upon you.

It is because you have acknowledged the desire. You have set it into action by your intention and you have allowed the process. And the outcome -- which is not without you -- is one of surrender, of total surrender unto the Self that you are that comes unto you effortlessly because of the path that you have been willing to walk.

All of you in this evening have acknowledged unto yourselves and unto your brothers and sisters the desire that is within your heart. You have come unto a conscious place of acknowledging, with whatever words you have chosen, that you wish to come home. You wish to know your wholeness.

Your intention is what sets you upon this path. The intention, the conscious listening to the voices and being vigilant as to which voice is speaking unto you, and then choosing moment by moment which Voice serves your desire. All of you in this room have been practicing this vigilance, listening unto the guidance and finding that the path is effortless, that it is not the way the world has told you that it must be -- with much complexity -- but it is one of simplicity itself: of connecting at the heart with the wisdom that is already you. True?

Very true. And you are rewarded by the love of a bear.

Uh huh.

All of you have witnessed in this evening a miracle: the love that comes forth when you behold what you would see as a stuffed animal. Where does that love come from? Is it the animal itself giving that love to you, or where does the love come from?

From my heart. From your heart, from you. That is who you are. You are that Love. You are the simplicity of that Love and yet, you are the power of that Love and that power can move any mountains that you may feel are in front of you.

The time is now. The time is now for you, beloved ones, to come into the full realization of the child of our beloved Father that you are. To acknowledge that publicly and to do it with an ease that is not one full of effort, not one that has to be forced, but one that is just accepted joyfully. It is a gift that has been given unto you before time began and it is one that you are now accepting as your own, again. You are the one in whom your Father is well pleased.

It is time -- as you have felt -- it is time for all of you to come home. This lifetime all of you in this room have decreed is the time of awakening. And many of your brothers and sisters also are feeling the acceleration. This is what you are seeing out-pictured in all of the actions of your brothers and sisters. There is a stirring, an acceleration of energy. And if they are not in alignment with the Love that they are, there is much confusion because they are feeling the energy upon this plane. They are feeling an acceleration, a heightening of energy, and if their focus be upon the suffering, the lack, the negativity as you would call it, then this is what is increased in their life.

If their focus be upon the Love that they are and that they see their brothers and sisters to be, then this is what is increasing in their life, as well: the love. Whatever you turn the light of your countenance upon is what will increase for you. If you turn the focus of your attention unto what seems to be lacking, guess what will seem to increase?

My lack. Exactly. And conversely, if you turn the light of your countenance, the focus of your attention, unto the blessings in your life, guess what will seem to increase?

My abundance.

Exactly. This is why the principle of tithing has come about and has been used by so many of your religious organizations. It has been misused by many of your religious organizations, but the principle of tithing is one where, out of the fullness and the abundance that was your harvest, you gave one tenth of that harvest unto what you saw as the church, the religious organization and/or your spiritual source, your help. You gave willingly -- and sometimes not so willingly -- one tenth of your harvest to support that spiritual source. And it was to see that you could easily give one tenth and what would you be left with? The nine-tenths. And you would see this as being your abundance. It was not seen to be from coming from lack, but it was seen that you could tithe one tenth and you would still have much abundance left.

Mankind, in its habit of looking upon lack, has looked upon it in a different light and has felt that tithing was taking away the golden coins, that it was taking away an amount. And yet, I say unto you: even with giving one tenth of your harvest of your golden coins, you are left with such an abundance of the ninth tenths that you are truly rich. It is, as you have seen, a matter of perception: whether you would look upon the nine tenths or the one tenth, whether you would look upon, as they have said, the glass of water that is either half full or half empty. And your world in its habit has been one to look upon the glass as being half empty and to fear that soon it would be all empty.

I say unto you that you can share the one tenth easily and you will have the nine tenths and yet, you will replace the one tenth as easily as with a thought. For where has the nine tenths come from? Where has the one tenth come from? You have manifested that out of your consciousness by the very creative Principle that you are. You have manifested the ten tenths as the flow of energy that you are and you have put it into a form which can be exchanged, a form that would be tangible. And you can manifest whatever you give away as easily as you manifested it in the first place -- and multiplied ten-fold.

You are that creative. You are in the flow of all creation at all times. If you would feel a lack in your life of the golden coins, sit for a moment and be creative. "How can I serve my brothers and sisters in a way that will bring me more of the golden coins, as I see them?" Do not sit and ask, "How can I get more of the golden coins?" for that will leave you focusing upon the effect. But go unto the cause, the primary cause, the source and ask, "How can I serve? What can I give in exchange? What have I in my house that I can give?" -- and your house is your consciousness. "What have I in my consciousness that I can give unto others that will then bring me in the flow of the golden coins?" And the answer will not be hidden from you. There will be many opportunities.

Yes, and the energy will be there as well.

{Laughter.}

Now, would there be questions that we need to entertain this evening?

Yes. Jeshua, I would like to know if... I'm not really scared about this, but I am a little bit puzzled about what to do. Should I have this little cyst removed even though it's benign? I would like it not to grow any bigger, and right now we don't know what it will do.

Yes, beloved one, you do know what it will do. For you can go unto the place of the heart and you can abide with what you have termed the cyst, which is not separate from you. It is not something that you would see as alien within the body, that is going to grow and attack you. But it is a part of you and it can be spoken unto, dialogued with, I believe they call it, and it can be spoken unto with love and you can ask what you desire to have happen. It is not that you do not know. It is that you have not taken the time to communicate with this part of yourself.

That's true.

It is not separate from you.

There is a part of me that thinks I could ask it to go away and that it will.

Ask this part -- which is you -- before you would send it away, what blessing it has for you. Become as partners in life, for it has given unto you already many gifts, has it not?

Yes, it has.

Yes. Ask it if it would have more gifts for you before you would banish it.

Okay.

This is not a part that is going to harm you in any way, as you have seen. You could allow this part to stay with you as a friend and it would not harm you. Ask of this part, dialogue with this part. Do not just ask it to go away.

{Laughing.}

That's usually what I do with anything uncomfortable in my life.

And do you see how everything in your life has a gift for you?

Yes.

Yes.

When I remember to ask.

Do not banish it. Make of this one a friend, for it has much to share with you and has already shared with you. But it may have even more to share with you, and there is not, as you have already discerned, a need for haste. It is to abide with this part of you and to drink in all of the wisdom that it would share with you. Then if it be its decision and yours, it will dissolve and go away -- when it has finished -- but do not just banish it, for truly you know what would happen?

No, what?

You would manifest another messenger.

Oh, in some other way.

Exactly.

Okay.

So stay with this messenger until you have discerned the whole message, until you have made of this one a friend, and you have seen it not to be alien to you, but as a part of the very Life that you are. It is a friend.

Thank you, Jeshua.

Thank yourself, beloved one.

Jeshua, there is one other thing I'd like to ask you about. I need... I want to say we need, because there are others present in this room who need a little help. And specifically, I need help with Gloria, because of something I said last Monday when we were in our Reiki circle. What I wanted to convey to Gloria was that I thought it was really important for her, when she comes to Reiki, to stay for the length of time, because not only was it good for those among us who give her a Reiki treatment -- that's good for us and for her -- but I thought that she was depriving herself of the joy that we feel when we do a hands on treatment, by having to go to an appointment sometime during that four hour period. And I knew

that I felt like she didn't understand me, and I didn't know what else to say and so I just let it be, but I don't want her to feel badly and I think she does, like she's not welcome or something. I think that Gloria is so used to being in need of help that she doesn't know that she can give a lot of help, and I really don't want to hurt her. Would you like to explain that to her?

Beloved one, I think you have done an excellent job of relaying that to her. I now know how it feels to be the telephone.

{Laughter.}

But I more or less said what might be, and I think I hurt her feelings.

Beloved one, {speaking to Gloria} how are you receiving this, this evening? Do you see the underlying message that she is giving you?

I understand what she is saying. Sometimes I think there are some misperceptions on her part, too. On where I am coming from, as well. But I understand what you are saying. I think I misunderstood the Reiki circle, thinking that it should only be those people who have been trained in Reiki or giving Reiki. I didn't think about myself as doing that -- you know, that I could do that. At the same time, I think people need to be aware that sometimes I do have something that I do have to do. I mean, when I was off my feet for three or four weeks, the doctor wanted to see me back in three weeks, and that was a priority to me that I had to keep that appointment and I almost didn't come because, you know, I felt that I knew I had to leave soon but I was going to do what I could, at that point. So I think people need to be understanding of the joy that I feel of getting back on my feet. That's important to me -- as well as having to take care of the things I need to, like taking resume's to various places. Somebody said, "Please bring it today." I need to find that abundance. Those are things that I need to do. I understand where you are coming from because I like to give, too. And I do give in a lot of ways. But I don't want to feel like I need to be on the defensive either. And truly, you do not. What you have seen expressed here between these two is much love. This one has said that she feels much love and wishes to exchange it with the other one. And the other one has said that she feels much love and wishes to exchange it, as well, and she wishes to have the allowance to go upon her path as she sees she needs to -- and you are willing to allow her that.

It's just as much as the responsibility I have with my children. I try to look at my body as vehicle for my soul. The outside physical world may see what's termed a "handicap". I can visualize myself as running. I can visualize myself as... as those sort of things. They need to take the blinders off. I go home every day and I have to lie down for an hour before my daughter gets home from school, because all of a sudden there's activity, and next I have to make dinner to get her to soccer practice on time, and I have to schedule my day a little bit. When that's over, I don't have to do that with soccer practice. But you have to be aware of the other needs that are in my life, too, and I am sorry that I can't always be there to three o'clock even though I'd like to be. I just... I want you to be aware of those things, too. You need to understand.

I do, but I don't think you understand that you've got healing hands, too, whether you went to a Reiki class or not.

Yeah, I do. I am aware of that. I wasn't aware of that until I did stay in the afternoons a few times when I was able to and I felt the tingling coming off of other people's bodies. It was incredible. I wasn't aware of that, so it's been a good opportunity.

I just want to know that you are okay about... you don't need to feel like I was jumping all over you. I was really feeling like you were depriving yourself of some... areal treasure. When I go away from Reiki and I've held my hands, my un-trained hand, on another person's body, I'm really energized.

I wasn't aware of that until when I was there a few times....

Yes, and a grand gift it has been.

Yeah, but I thought at first when I came it was to be only those people were trained in Reiki. And then I realized that I had that gift as well, although I haven't taken the classes.

A grand insight.

I'm sorry I couldn't always stay for the whole time. And sometimes I just had to make those....

I understand that.

I am so glad to be back on my feet right now. Thank you.

Thank you.

Now I know how the telephone feels.

{Laughter.}

Could I send a message?

This would be a third party. Okay, a conference call, I believe they call it.

Yes. It's kind of an in between one, for myself. I have found out that as long as I'm dealing with time, that I'm not in Spirit.

Good insight, yes.

And so whenever I forget, whenever I tell myself I don't have enough time, I need to remember that time is of the world.

Exactly. It is the voice of the world that would speak to you that there is a lack. A lack of time.

Yeah, and for me I really know that when I am in Spirit there is no time.

Exactly.

And so I guess that's the only message I want to give.

A very good one. Thank you for sharing your message, beloved one, for this is true. It may take only what you would see as a second or a minute upon your clock to tune into the Spirit and you could spend what would be an hour or two within that minute, drinking in the Spirit that you are, and it refreshes the soul.

It's hard to balance spiritual matters and then you've got the world outside that... yeah, that's real hard.

So be it. If you say that it is hard, it will continue to be hard. If you return in each moment unto the place of the heart, you will find it easier.

I am finding that easier, dealing with my children. I use that term, "I am the awakened Christ." They can't affect me this way because I'm centering myself back. It's really good.

Exactly. Moment by moment you are remembering the Truth of your being and it becomes easier. Even in trying to balance what you would see as the demands of time -- which are of the world -- you can expand time. It is your creation. It is not something outside of you that would be your master, for you are the one who has created what you would see as time and you can expand time.

Just don't sleep as much, right?

No, beloved one. Even in a moment you can expand what you see as time. You can make time stand still. There are ones in your world who can share with you how they can leave home on what would be a half hour's trip and they can leave home as what they would see as fifteen minutes late, and yet they will arrive in time. And how did they do that?

I don't know.

There are ones in your world who can share with you the secret of doing that. They make time be their servant rather than the other way around. It is possible.

Jeshua, I think it's also possible to do that but not know how you did it -- sort of accidentally do that, accidentally expand time. Nothing, beloved one, happens by accident. At first it may seem that you did not know how to do it. And yet, as you abide in that place of wisdom in the heart, it will be revealed unto you how you did it. As you abide in the heart with the true Self of yourself, you will see that that is where the expansion of time happens.

Wow. Thank you.

You are one who has experienced time standing still for you and getting to a place much quicker than you thought it would be possible to do.

I have.

Go unto the heart, beloved one, and ask to be shown how this was done, for there are many in your world who would like to share with you this secret -- and yet, it

is not hidden. It is within you. All knowledge, all wisdom is within you and it is not hidden. Just ask.

All right.

It will come.

Jeshua, I'm going to be nosey and I'm going to say....

Ah, the beloved researcher who is always asking questions, yes.

I've seen a good bit about Billy Graham on TV and in "Time Magazine" and so forth, and he is seventy-five and he has been at this evangelistic service for all of his life, practically, and I just thought it would be nice to discuss it. He seems to be somewhat fundamentalist, but I'm sure he has touched many, many people.

Yes.

He started them on the right track.

Yes, you have discerned well that this is one who is a true servant of our beloved Father, and he speaks unto many who can understand the language that he would speak. It is a great service that he does for those in awakening them, in turning their focus to matters of the heart, matters, as you would call it, of the Spirit, getting them to expand their vision beyond just what they would see in their world and in their daily schedules and in the family unit, to be able to see things in a broader vision, more of an eternal vision.

This one has served the beloved Father well for many years, as you have said. It is a grand service, and the ones that he has spoken unto will take this wisdom and, in their own timing, they will allow it to grow as the seeds in the garden.

Well, it's been on my mind quite a bit and I think he has done a great service.

Yes. Truly, he has. And even the ones that you would see as not being of your philosophical persuasion are ones that are also in service to the beloved Father, for they are speaking unto ones who can hear that language. It is a service that they do for ones again in calling the focus of attention unto another place, which will in its own time expand, as their soul desires it. Again we speak of the desire as we have previously in this evening.

Thank you.

Thank you for asking.

Beloved one, would you have a question? Would you have a sharing?

Put me on the spot. No. Actually I don't have any questions that I can formulate right now. I feel that any question that I would have I already know the answer.

Exactly, beloved one.

And I need the practice in getting in touch with that.

Yes, and trust. Trust what you hear. It will not be a difficult thing for you. It is, as you have discerned, time. And time is of this dream. In eternity all will come around full circle. It is only in time that delay is tragic. You are well on the path. You are well in the order of the progression, as you would see it. And yet, it is not necessary to progress anywhere for you are already there. But you are trusting and you are allowing. You are at that third key of which we have spoken. You are allowing the process. And even though the separate self would speak unto you of fears and of doubts and of the what if's, you have said unto that voice to "get thee behind me, for I will allow" -- and then you have spoken unto me and have said, "Please be there for me!" And know always, beloved one, that I am there for you because I am there as you.

Thank you.

Thank you.

Which one first?

It is your choice.

I'm concerned. My mother's physical condition is getting worse. Her stroke is so... I've been sending her clouds of love but she's like a child.

Yes. This one is as a child. This one is manifesting her release from what she sees as this constriction, this lifetime, this body. She is beginning to make her choice for freedom. Allow her her path. Allow her however she needs to do it and send her, as you have said, the clouds of love. Allow her to be with the One that I have called the Grand Weaver. Allow her to be with the Holy Spirit that is her own true guide, that knows the path that she is on and knows that it leads Home. Even though you would not be able to see that, even though I could not see where her path is leading, the Holy Spirit knows where the path leads and she is in good hands.

So she's slowly going toward leaving the body, is that what you are saying?

She is releasing her hold, as you would see, upon the focus of attention of this lifetime, yes.

That's what I thought.

Yes.

I will probably need to do that legal thing of getting guardianship for her?

You will have the guidance to know what needs to be done in the world. It will speak very clearly and loudly unto you. You are never without guidance, as you know.

She seems to be very resentful. I mean, I was over there the other day, and she was kind of angry with what's happening because she wants to get control again and she can't.

This one is feeling much confusion and it is being out-pictured as anger towards others around her. And yet, this one is the child of the Heavenly Father the same as you, beloved one, and this one lacks for nothing. Send her your love. That is the grandest gift you can give unto her. It is what she is asking for.

Yeah, even though she's angry....

Mankind in the world has very strange ways of asking for love, is this not so?

Yeah. I think she's trying to push me away and pulling me closer together at the same time.

Exactly, and it is for you to discern within the heart what is the message. What is she truly crying out for?

She wants our support as she pulls herself away from the earth?

Yes, and she needs to know the Love that she is so that she can trust the process. There is much fear that this one has.

Uh huh. So it's going to be a slow process?

Yes. And one where your love will be of much support and much help to this one. Be steadfast in your love. That is the grandest gift that you can give unto her.

Why is she off on this sort of fantasy world about these sweepstakes and everything?

Why not, beloved one?

I guess it's just part of her.

One fantasy is no different than another, and if it brings her joy, why not choose a joyful fantasy?

Okay.

There could be worse, true?

I guess.

Exactly. Love this one.

I'm trying. So is there anything else I can do on the physical healing? Swimming and walking?

You are doing very well. Your plan, as you see it, has been outlined and you are following it and it is all in order. It is, as you have discerned, to maintain the balance of

the physical, and yet to get on with the joys of the heart as well. For as the heart is in joy, the physical healing will be much more rapid. You are doing well, beloved one. You are manifesting miracles each day.

Yeah.

Have you a question?

I can't think of any, now.

We will speak in private then.

Actually, I do have some but I'd rather ask them in private. You must have read my mind.

It is not hard to do, beloved one.

{Laughter.}

And we are not separate.

I just hope I can hear your answer.

You will.

Okay.

You will. I will shout.

You'll have to, for me to hear.

If you claim that to be true, beloved one, I will definitely have to shout.

I'm hard of hearing.

You are not hard of hearing, exactly.

Beloved brother, do you have a question?

Not at the moment.

We will also be in communion, you and I together. Know that I am always with you. When you are at work, when you are in the joy of creativity, there I am also. There is much joy that we have to share.

Beloved woman, is there a question?

Not now.

Very good.

Jeshua, before we stop... I was sitting here and my eyes were filling with tears because I was looking around at everyone, and I was thinking of all the times that I've been here or in a place like this with you, and how you... I know you remind us that it's the God or the Christ in us that does these things, that it's like you facilitate a time and a space where when you talk and then we ask you questions, and by the time we've gone around the room, I don't know how anybody can feel like we were separate. And the more I hear, the more convinced I get of our oneness, and the more that I hear and listen to these other people, I get so filled with love it just wants to trickle down my cheeks and down my chin. It's so wonderful.

Exactly, beloved one. You are immersed in the sea of Love that you are -- even to the tears which would be the symbol of the sea, is this not true?

Yes.

Yes.

So it's such a wonderful, wonderfully healing thing you facilitate and we do. Right?

No.

Oh, no. I didn't get it right....

Beloved one, you call me forth by your very willingness to come unto this place and to think upon me. You call me forth. I come as your servant and I bring you only the wisdom that you are. And I bring it and I offer it in front of you in the words, in the love that is shared. And if you have the eyes to behold, as you have -- the eyes of the heart -- you will feel such a joy and such a welling up of the Love that you are that you will be in that sea of Love. But it is not I who brings it unto you. It is you who calls it forth and are willing to experience yourSelf.

For truly, I could have come this evening and spoken unto the four walls of this room. It would not have been as much fun. So I thank all of you for turning the focus of your attention for what you would see as a time interval, a period of time where we can share the joy that we are.

I come as your servant. I come as your mirror. For what you see in me is what you already are. This is why I come with a grand freedom. For those who would see in me the negativity and would call me Satan, and would call me the devil, that is their perception. They are mirroring outside of themselves their belief of what they see. Those who come and behold the Christ in me know the Christ that they are.

All of you in this room, as you sit in this circle of the family, know yourselves to be the Love that you feel, that true oneness that you have just spoken of. For all of you, as you have listened to your brothers and sisters with the comments and with the questions, have said unto you, yourself, "That is my question. That is something I have thought, something I have been concerned about. I can relate to that." How can you re-

late to it if it is not already you? This is what we have spoken of as the oneness. There is no separation.

Even unto the love that you feel within this room: it is not I who brings this from afar off and showers it upon you. It is all of you who bring this love, all of you who bring the consciousness of who you are and share it with the others. And it is a grand blessing, for it is your way, your ticket, as they say, your way Home.

You are making it manifest right in front of you each moment. You are making manifest for yourself the Truth of your being, and it is my grand joy to come and participate in that as your servant.

I'm so glad you do.

It could not be otherwise. It is my joy to come and to share with you. That is why I speak those words in greeting, in the beginning: that it is my joy to come each time you would turn the focus of your attention unto me. Each time you would turn the focus of your attention unto me, instantly I am there to share with you. And I come in joy for that is where I abide eternally and that is where you abide eternally with me: in the joy of the holy child that you are, the grand freedom.

And I say unto you that the time is coming quickly when it will be known upon this plane in its fullness. There is a time upon your plane now when the choices are being asked. Every one of your brothers and sisters are being asked to make a choice as to how they perceive their "reality" and whether they can perceive their Reality -- the Light and the Love that you are and they are. And those who do not wish to participate in the Light and in the unconditional Love that is who you are will find themselves somewhere else. And it is not that there is a great God up in the sky Who will be judging, not a grand referee that will say, "You are to go here and you are to go there." But it is a matter of resonance. Those who are of a like resonance, alignment, will be together. And those of you who are choosing to express the Light and Love that you are will find yourselves with others of like mind.

You have a saying in your world which is quite true: the birds of a feather flock together. You are all birds of the same feather and you are flocking together. And it is a grand time upon your plane, a time which can be fearful for some and a time which can be most joyful and adventurous for others. It just depends upon the focus of the attention and how you would see it.

There is coming upon this plane a time of great Light, of great freedom, where the holy child of God will know in its fullness who you are. And it will be lived with a fullness, with a freedom, that you can only imagine now. And in that time it will be lived and expressed in totality. And the time comes quickly. This is why we have spoken unto ones of you that the time is now. The time is now for all of you to choose. This is why we spoke earlier in this evening of acknowledging to yourself what your true desire is.

The keys to awakening: desire -- which you have acknowledged this evening, and which you have acknowledged even before this evening -- intention, of putting it into

action -- not by physical action of effort, but by the action of taking the decision -- allowance, of the process -- trust of the process -- and surrender, the gift of grace.

It has been my pleasure to come and share my love with you this evening. And it is not that my love is separate from you. It is who you are, the Love that you are, the Love that we are. Know that in each moment I go with you. As you walk out of this building and you get into your square boxes on the wheels -- I love to watch you in your square boxes as you travel about.

Do you know you express many different qualities when you get behind the wheel, as it is termed, when you get into these square boxes? There is a part of you that comes to the front, the dominance, pre-dominance, that you may not express in other ways. Many of you take upon yourselves the power that you are -- although it may get filtered a bit. But do you know that you have manifested the very boxes on wheels in order to know your power? Think upon that.

I go with you in every moment of your time. It is my joy to be with you and to express as you and with you. Be the peace that you are. Be the joy that you are. Know that always you are the beloved child of our Holy Father and you need do nothing more than to acknowledge it moment by moment and you abide with me.

So be it.