



The Expanding Viewpoint

Jeshua Speaks about: BOXES

Beloved one, now we are going to speak about boxes. You know boxes. You have done the moving from place to place, where you had to put the tangible items of life into boxes and move everything that you wanted to take with you in a box. But what I am speaking of now is the mental box that you are in. I have likened it unto a sandbox, where you play within a box, and this is what I am speaking of now: the reality—lower case “r”—that you play within that box.

You have your reality box, and it changes from time to time. You put various ideas into the box, and you let other ideas go from time to time. It is very much like when you were packing to move somewhere, and you put into it what you wanted to take with you.

The same is true of the mental box that you work with all the time. You live in a very large mental box. For each and every one of you, your box is somewhat the same and somewhat different, because you have a shared reality—lower case “r”. Definitely you have a shared reality with a capital “R”. As you are working with awakening, the box is going to change—the size of the box, or sometimes the bulging out because you are getting a bit more understanding of self, and the old ideas do not really fit any longer. So from time to time, day to day, you change the makeup of the box and what is within it.

Now, you share a certain brand of box, but they are not all the same, and what you put in your box is definitely not the same as what another one is putting in their box, because of the different experiences. You have come through experiences that are yours and not someone else’s, so that you have a slightly different content in the box. But it is a box nonetheless. What you are doing now even in this time is allowing the sides of the box to be porous or to be let down so that you are changing, putting new ideas, new concepts, new self-image into the box, and sometimes the old image—now that you are moving into a new image of self—does not fit in the box, and you are pushing out the sides.

That is what I encourage you to do. Push out the sides of the box. Allow yourself to expand to the place where the old box does not fit. That is what you are doing, whether it is conscious or not, because in what you see to be the last twelve months of your timing, the box that you felt was you has changed. You have changed. Your world has changed.

Your world, as you understand it, has changed, so that the box that you were quite happy in a year ago has changed, has gotten a bit too small from time to time, where you have had to push out the sides a bit. You had to say, “Well, I need the medium-sized box. This small box isn’t fitting any longer. Maybe I even need the extra large box.” And this is true, because you are expanding in your

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JANUARY 2017

HAPPY NEW YEAR

This month many of us will be wishing each other a Happy New Year, while having some questions about how it will play out. Jeshua reminds us that we can and do make our reality.

He is advising that we remember the example of the little boy who wanted a pony, and when faced with the room full of manure, had the faith to proclaim, “There must be a pony in here somewhere!”

Jeshua is also reminding us of the Truth in the story of the three baseball umpires. The first umpire said, “There are balls and there are strikes, and I calls them as I sees them.” The second umpire said, “There are balls and there are strikes, and I calls them as they are.” The third umpire replied, “There are balls and there are strikes, and they ain’t nothing until I calls them!”* Every occurrence in our lives is Truly neutral until we give it meaning. Sometimes our judgment is so swift that we say, “Of course, it is negative (or positive); how could anyone say that it is otherwise?” But before we make judgment, it is, in Truth, neutral. (I know this is sometimes a hard concept to believe.) But this is what makes for differences of opinion, and we have seen plenty of different opinions lately!

Blessings to each and every one of you from Jeshua and all of us here at Oakbridge University. May you make your New Year Happy!

Judith

*Thank you, Tom!

ANGELS

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\$500 - \$1000 per month
Michael Dybicz

Silver Angels:

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Judith Coates, Executive Director
E-mail: Judith@oakbridge.org

Josie J Rogers, Prayer Ministry:
ladyhawkeoneone@gmail.com

Hear Jeshua at
www.Oakbridge.org

Webmaster: Doug Ward

Transcriber: Ted Meske
tedmeske@hotmail.com

Oakbridge Mailing Address:
41 Windmill Lane
Sequim, WA 98382

Phone: 360-681-5233

understanding of Who you are and Who the brothers and sisters are. As you do that, the old box is too small.

So I am going to encourage you to visualize your mental realm of what you think reality—lower case “r”—is, and it is around you as your ideas in a box. Now you are going to let the sides down. You are going to feel that truly you have outgrown the box, that mental concept of what you have thought reality—lower case “r”—is, even from the time you started reading this. Because that is what you are doing. Your growth is so rapid that truly the box that you were playing in as you began reading this has changed. It has very much changed since a year ago.

Your world has changed. Your technology is changing. Moment by moment it changes. New ideas; you get the most new device, say it is your telephone. You are so happy with it. It does so many things. “This one can take pictures. I can text on this one. I can read all of my messages on this one. I am immediately in touch with everyone on my list.”

And what happens in the next month or so? A new model comes out. “I have to have the new model. I have to keep up.” Or you say, “No, this one is enough beyond my thinking already. I am trying to understand this one that I have.” In truth, for the majority of the ones walking planet Earth right now, your technology is farther ahead than

what the normal brain can keep up with, and that is good. It allows for a bit of expansion. It allows for thinking outside of the box. That is where that terminology came from: of thinking outside the box.

And that is what you are doing. From time to time I see you thinking outside of the box. You walk outside of what was comfortable, what you knew to be true—lower case “t”—and you say, “But this doesn’t fit into my usual way of thinking.” So you expand the box.

Now, you share boxes with other ones. You have a box that is unique to you because of the experiences that you have come through in this lifetime and the ones that you have had in the Allness of manifest form. And then, sometimes it loses its sides, and you take in the understanding of the Allness of you from beyond time. But beyond your individual box you share a larger box with each other. We will get to that later.

In a little while we are going to do an exercise of moving beyond the comfort of the small box. In fact, the small box is not comfortable. That is why you have to keep changing it from time to time. That is why you allow a certain bit of the technology to help you understand how vast you are. The vastness that you are does not fit into the box that you held a year ago or the box that you played in when you were three years old or five or

Upcoming Meetings and Events

Jan 7, 7:30 p.m. Evening with Jeshua \$25
Jan 21, 7:30 p.m. Evening with Jeshua \$25
Feb 4, 7:30 p.m. Evening with Jeshua \$25
Feb 18, 7:30 p.m. Evening with Jeshua \$25
Mar 4, 7:30 p.m. Evening with Jeshua \$25
Mar 18, 7:30 p.m. Evening with Jeshua \$25

Meditations on the 2nd and 4th Fridays of each month at Unity Church in the Olympics, 2917 East Myrtle Street, Port Angeles, from 7:30 to 8:30 p.m. The evenings will feature meditations given by Jeshua over the years.

All regular events at the Center: 41 Windmill Lane, Sequim, WA

ten.

You have been changing, changing the box from time to time, day by day, because there have been new advances that have come along to your understanding.

You live right now in a most wondrous time. The box that you are playing in right now is wonderful. It is truly a wonder. From another lifetime, if you were to see what you are playing with in this box, you would be in amazement. The eyebrows would go up, and you would wonder, "How could that be?" But you, as the creative One, the extension of the one creative Source, you have kept on creating and creating and writing and reading. Something comes to you, a new text perhaps. You read it, and you say, "Oh, this is wonderful. This really opens so many doors for me."

And yet you are the one who has written it. That is why you feel in alignment with certain texts that come to you, certain written words that come to you. Maybe they are what you call the fantasy, the novel, the fiction, and you really groove with it. "Oh, I get so excited about what this character is doing. How is it going to work out? Is she going to fall in love with the hero? Is he going to come in time, and are they going to find each other and actually come together? Or is he going to go off into the sunset somewhere without her?"

You all know that feeling of reading and questioning. And the most wondrous part of it is, you are putting the words on paper as you go along. You read one page, and when you turn the page over, immediately there are some more words there to read. The same is true of the text that you read or the scripts that you read. There is nothing there until you put it there. But you have a most wondrous way of running around very quickly to the next page and writing it all out, so that when you turn the page it is all right there for you. But you have done it; otherwise, it would not be there. It



would not be within your knowledge. You are doing it.

Sometime play with turning the page so fast that you catch it as a blank page. I will guarantee that 99 times out of 100 you will not be able to do it, because you manifest that quickly whatever you are thinking about. There is part of you that walks ahead of you. That is why the ones who are sensitives can see what you are thinking, can "read" you, as it is termed, because there is a part of you that is ahead of you, going ahead of you, preparing the place for you.

You have heard that in your Scriptures. You are the one going ahead of you to make the rough places smooth, and sometimes you get to a place that is not that smooth, and you wonder, "What's happening here? Why is it this way?" It is because you like a little bit of challenge, and that is good, too. It allows you to see the creative side of you.

Truly you are creating in every moment. That is why I say unto you, make it joyful, make it fun. You are doing that more and more easily. I see you doing that, making it easier, happier, more fun for yourself.

You live at a very wondrous time. Now, truly, every lifetime is a wondrous time. But right now as you have your history, this is a time when you are putting together various pieces of

the outward manifestation of the spirit of you, which will be noted in your history books in some time to come, because you are decreeing that the old way does not satisfy any longer.

These are wondrous times. As you are moving into what you call your New Year, you will be taking account of what you have in your box and whether it meets the desires of a new way of thinking. Not only will you take inventory of what you have in your box—your predilections of what you have wanted to see in this year and how the activities meet up with the projected desires—but you will take note of the landscape of the contents of the larger box that you share with, first of all, the close group of friends and family, and later the larger collective consciousness. Your individual box is part of a larger box of reality—lower case "r". You will have much to contemplate, and the contents and landscape of the boxes will continue to change.

Now I would do with you what is called a meditation. So allow the body to be comfortable on the chair. Take the deep breath which allows relaxation throughout the whole body. Feel yourself to be at rest. Feel yourself to be at peace. And in that space of peace, allow the mind to visualize a box—the bottom, the four sides, and the top. You are within the box. You may make it any size that you want to make it. You may make it any color that you want to make it. You may make it any shape. I will give you a moment or so to visualize your box, size and shape, from the inside.

[Pause]

You are inside the box. Now visualize the roof of it being lifted up; open up the top. Allow yourself to feel the rays of light coming into the box. Visualize what you see looking through the top of the box, the open top. And now visualize the sides of the box falling down, opening up the box completely, allowing new ideas, new thinking to come in. If it feels a bit strange, know

that you can put up the small fencing around so that you have some way of containing yourself so you do not feel that you are going to fall out of the box.

Now you see that your box overlaps with somebody else's box. And now that the roof and the sides have come down, you can see that you can walk from one box to another box to another box to another box. There is what you call the exchange of ideas. You do not have to accept the ideas. You can put up your shield. But maybe you look over the top of the shield, and you are curious what ideas someone has in their box.

As you feel a little more confident, you can allow the fencing to disappear so that you can walk into another box. You still have your home box, but you can walk into another box and see what is there. What does it look like in this other box? Is it light? Is it comfy? Is it squishy? Is it hard? Is it dark? Is it cold? Is it warm?

[Pause]

Is there someone there that you can talk with? You stand at a place now where the sides of the box are permeable. They are truly falling down, because there is much traffic back and forth between and among the boxes. You are curious. You want to know what your neighbor has as far as beliefs in his/her box. Some of them you feel at home with. Some of them you do not feel at home with, and you turn your back and go to someplace comfortable.

[Pause]

Know that you live now in what you call this modern age, this twenty-first century as you have counted time, but as you walk out of your box, you walk into a most wondrous universe, an open universe, and you can trust it, because you are always in charge. Nothing can harm you.



You are the explorer. You have been called the explorer race, and you are, because you are wanting to know, "What is outside of my box? What more is there?" You say to the other ones that you meet, "What is in your box? What do you believe about the universe? What do you believe about the solar system? What do you believe about history? What do you believe about pre-history? And what do you believe about post-history? What is it going to be like? Are we going to recapture what we have done? Are we going to explore the solar system? Are we going to explore beyond our solar system? Are we going to go boldly where no man or woman has ever gone before?" You have a saying sort of along those lines.

"What will we find? How will it be? How has it been? Have I always lived? Have I always lived in the box known as holy Mother Earth, or did I come here from somewhere else? Was there another box that led to this box? Where was I before I was here? Where will I be in the expanse of time? How will I be? Will I be in a group? Will I be in a family, an extended family? Will I share a large-size box with family? Will I share adventures? Where will I go? Where have I been?"

[Long pause; you may re-visit the questions.]

And when you feel complete, come back to your box. Put up the sides, if that is what feels comfortable. Cover over the top of the box, or leave it open. Feel yourself to be back in your room, but know that any time you

want to, you can open up the sides of the box and explore. You are a vast expanding Mind—capital "M".

When you feel comfortable, open the eyes and be here now.

So be it.

JESHUA Q & A

OUR FIRST EARTHLY INCARNATIONS

I read the book, Return Passage, and it stirred up a lot of questions in my mind about past life experiences. So I was wondering if you could tell me about some of the very earliest life experiences that I encountered here on this planet.

Your very first experiences were in creating the elements on holy Mother Earth and the planetary body itself. You were on the committee to bring forth the formation, the solidification of the form of holy Mother Earth. As committees often function, at first it was rather foggy, it was rather nebulous, a lot of cloud cover, as that was in the beginning part of it. You were bringing some clarity to what you wanted to see upon this heavenly body.

Now, in truth, as you do understand, you have come from other planetary bodies, but this was a new heaven and a new Earth, which you are still working on, at least the new heaven part. So in the beginning the committee could not make up its mind what it wanted to do, so it said, "Let us try the cloud formation of water," and there was quite a bit of cloud cover. As your holy writings say, there was the firmament underneath, and there was a bit of discussion as to how *that* was going to be.

At first it was thought to have it be flexible so that ones could come...it would be a bit like what you see now as a trampoline, where ones would find the nature to be quite elastic. So in the beginning, things were not as hard as they are now. The mountains came along later, and you helped with making the mountains, which is why you have been drawn to this area.

You know the configuration of holy Mother Earth. You know it from the inside, where you have lived lifetimes; not with the body, but with the consciousness. And you are well acquainted with life up above holy Mother Earth as well, where you have lived the lifetimes known as angels, angelic energy that floated above.

But then you said, "No, I am going to be *with* my creations," and you came to take body form. At first it was a bit nebulous. It was not as densified as it is now, and you floated quite easily, or swam in the water quite easily, made yourself One with the water or with the air, so there was not what you would see resistance to be.

You took form as the tiny...what you would see to be the...what do you have now that is related...minnow, as the fish, and that was fun for a while. But there were others who were creating something bigger, and the bigger ones were eating up your creations, so you decided you would be bigger.

So you went for the quite huge whale, I suppose. It was actually bigger than what you see now as the whale form. You tried that. In fact, you came back and had most fun with it. There is a story about you in your holy writings, where one of the humanoid type found himself in the belly of a whale, and you were involved with that. It



was not to be in the way of devouring and to annihilate, but it was to play.

You have a playful nature. The world, as you have seen it in this lifetime, has tried to knock it around a bit, but the playful nature is still there, and it was one of your first things to try out. How does it feel to play upon the firmament? How does it feel to play up in the heavens? How does it feel to play in the water?

So you tried all of the different ones, all the different sizes, and you said, "Okay, now I will supposedly be at the top of the food chain." However, you have found that some of your fellow creations have made the four-footed ones who can run faster than the humanoid, and ones had the appetite so that another one's creation was eating up your creations. So you have come to a place where you are using the mind to experiment, to try the different forms to see what's going to work.

Now, in truth, you have been everything you can imagine, and that is why you *can* imagine it, because you have been there, done that, as they say.

Alright, thank you.

And you will keep on having fun.

I believe so. Well, maybe not in this form.

No, you're going to play with different forms. You are getting to the place where you are complete with density, and where you want to know to go with mind energy, free, not having to drag around the density, to have to clothe it, to feed it, to take care of it. That's been an okay process, but you've done it. So now you are thinking to what you term the future, and it's going to be much less dense for you.

VARIED INCARNATIONS

It seems like there is argument about when we reincarnate, can it be an animal or not?

Yes. You see, your Holy Fathers have said that man (and woman sometimes) is the top of the pyramid. He has dominion over everything else. But that is a very narrow view of things. In truth, you have said, "I want to experience All. I want to experience being man, I want to experience being woman, I want to experience being the lion, the leopard, the tiger, the whale. I want to experience being the small four-footed one, the one that is the...what you call very small chico, the Chihuahua, that thinks he is a horse. And in his soul, he *is* the horse; that is what he believes about himself, and he will fight anybody who says differently. And the humans can be that way as well. They will fight anyone who says that they are not the top of the line. But in truth, yes, ones can incarnate in any form at any time as they wish.

Good, because I guess I remember that I was an eagle, and it was fantastic. I was so free, flying, and it was just beautiful (Yes) Oh, good. I'll try it again (Yes, you can) Thank you.

CREATING OUR REALITY

I've learned something recently in the last couple of weeks about creating our own reality. The way it works... our science teaches us that the universe is ticking along and doing its thing, the galaxies are whirling around, and the planets are whirling around, and that somehow out of all of that, little bursts of consciousness occur here and there on little planets around. But otherwise the universe is just going along irrespective of whether consciousness is there or not. That's what our science says (Right). But there's a new idea, a newer idea, that no single particle comes into existence without an observer first. No single particle has any properties that can be described unless there's an observer, so there has to be consciousness first (Right). So that's how we create (Yes, right) So that's what we have to do now, given our surprise President-elect, is create a reality that is peace and not conflict and war and fighting and all of that (Right, yes)

That is where it is going to be most interesting, because truly the collective consciousness has created this reality—lower case “r”—in order to come to a clarity about how powerful creative consciousness can be. It was truly, even for ones who thought that they were choosing something else, there was a part of them that was asking for clarity on issues...because I have been speaking to you over and over that you do, moment by moment, create your reality. And you have said, “Okay, that seems to make sense. I've read that in other books, and there have been other teachers who have said that. Must be true.”

But you have wanted to know just

how powerful...not that you create the reality—you have accepted that in the mind—but how strongly you have the power to create, and you have wanted to see it, so therefore you have created a perfect sandbox to play in and to build the sandcastles and to see how everything is constructed by thought, and to be clear about thought. Now, ones will say, “Well, I thought I was clear about who I was voting for, and I thought that this was going to be pretty much decided ahead of time.”

And for some of you, your choice was decided ahead of time, but for others, there was a vacillation, and not really sure for one or for the other. That is where things then went topsy-turvy and changed a bit. So now, as you have just spoken, you have a chance to see clearly how your consciousness for peace will impact what could be—and voices are saying this now, because there is a calamity-has-happened kind of consciousness, to see how clearly you can effect the change and bring about the peace and stability that you desire to know and to experience. So yes, it is very good. It is very much the same as what has been written in your holy book, where everything came first as thought, as idea, as observer. Yes, there had to be observer first before anything would be thought and then to be created. And it is the same with your reality. So you will want to spend some time putting together your reality, living in peace yourself, and that will spread. This will give you good opportunity.

There's a term for this new thought: bio-centrism; that there has to be living consciousness first (Yes) Central (Yes, there is) Okay, that's very helpful, thank you.

WERE WE CREATED, OR WERE WE ALWAYS IN EXISTENCE?

That is a question that your theologians have argued and argued and argued until they were blue in the face. In truth, you have always been. You were not created. You have always been. You are an extension of what you have been from before time began, and after the purpose of time has been fulfilled, you will continue on your journey of being.

So before time began, we always existed (Yes) There wasn't a starting point, because if there were a starting point, there would be an ending point in our thinking (In your thinking, yes)

In truth, there will not ever be an ending point. When you work within the confines of time and everything is so set as to being at a certain place at a certain time or a certain day of the week, etc., it is hard to open the mind to the vastness of no time. But you *can* do that. You can feel sort of fuzzy about it, but you can feel it, what it would be like not to have all of the requirements that time makes upon you.



TAX LETTERS

If you would like a **tax letter** for your monetary **contributions** to Oakbridge University for the year 2016, please let us know and we will be happy to send you one. Thank you for your support!

