



The Expanding Viewpoint

Jeshua Speaks about: YOU ARE NOT ALONE

SEPTEMBER 2016

Beloved one, we have spoken to you some time ago about the hologram that you are making. You have seen a hologram in some of your science fiction movies where ones were looking at the hologram of something happening in front of them. It would be very much alive, and yet they were observing it.

And truly, what you are living in this reality *is* a hologram of your own making. You are always making and changing, perhaps fine-tuning your hologram, allowing other aspects to come in that you play with. And truly, the reality—lower case “r”—that you play with is very malleable; in other words, very soft, and you can play with it like the Play-Doh that the small ones play with. They will make the various objects, and then if they do not like that, they mash it all together and start over; they make something new.

You do that with your lower case “r” reality. You remake it from time to time. If you do not like something that has happened in the past, where is that reality? It is in your mind, your memory, and you can go back and change a memory. You can.

Everything that you create can be changed. If you have had an unhappy experience, at least one that you judge to be unhappy, you can go back and revisit it and ask for a new way to view it to see what the gift is in it, because every experience has a gift in it. Sometimes it does not feel much like a gift as you are coming through

it, but as you go back and ask to see it differently, you will see that there has been a gifting in it.

Your reality—lower case “r”—is always shifting and changing, and you do this because you *are* a master at creating the lower case “r” reality, moment by moment. You are creating right now what you are reading. If you want to take that one step further, each one who reads this is reading a slightly different message as their previous experience has allowed them to view what they are doing in *this* moment.

You have previous experiences, background experiences not only in what you term this lifetime, but what you call forth out of seemingly past lifetimes. So everyone will be reading this message in a slightly different way, but hopefully in a way that expands their understanding of their creative power.

And as we have said many times, if you do not like the reality that you are living in, you can change it. There is no thing and nobody who is going to stop you from changing. Oftentimes you feel that the parents or the older ones of a generation have more authority over you, but in truth, the authority that they have is given by you in your belief, and you can change that. You *have* changed that, because as you have grown a bit more experienced, you have said to certain ones in your reality that, “No, I see things differently than what you are
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JESHUA'S VOLUME VII NOW AVAILABLE!

The seventh volume in Jeshua's *The Personal Christ* series, **Absolute Love, Infinite Light**, is now available! After 5 years (Volume VI was published in 2011) of additional messages from Jeshua, and two and a half years without Tom, my computer genius and publishing expert, others (namely Tim West, Ted Meske, Roger McGinnis) have added their computer expertise to the furtherance of the publishing of this volume. Additionally, numerous Sponsors have underwritten the cost of the publishing. Thank you to all who have held the vision and worked to make it a reality. It could not have happened without you!

In this most wonderful volume Jeshua talks about such topics as “Preparation for the Shift”, “The Hologram of Life”, “The True Meaning of Life”, “The Out-of-Body Experience”, “The Expanding Universe”, and the most powerful chapter of all: “God: Absolute Love, Infinite Light.” Easy to read, hard to put down. It is available on the Oakbridge University website; also available from Amazon and your local bookstore (ask them to order it for you) or by calling 360-681-5233. Cost: \$14.95 plus shipping.

Introduction by Don Knight. Preface by Reverend Kay Hunter.

--Judith--

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telling me,” and you have molded and shaped your reality moment by moment.

So now we are going to be expanding the reality—lower case “r”—that you have accepted so far, and we are going to push out some of the boundaries of it. We are going to say that you are not alone. You say, “Well, okay, I’ve heard that before. I know I’m not alone. I know that there are guides, teachers, masters who walk with me. I know that I am being taken care of by unseen ones, angels,” and this is true.

But there are other ones within this sphere of your understanding who are in your reality now who are experiencing their own lifetimes in different ways, ones that you have said are off-planet. Are they for real? Yes, they are as real as your reality—lower case “r”. They exist. They are having their experiences and they are observing you, watching to see how you answer some of the questions that may come up, watching to see the overall collective consciousness and the choices that are made.

As you are bringing forth this lower case “r” reality, you have decreed that there is now a shift that is happening. As you are doing that, you are going to be expanding your understanding of what it means to be the extension of the one Creator. You are creating this message as we go along. The ones who share the extension of creativity are as adventuresome and as timid as

you are. They are also experimenting with who and what they want to bring forth, and they are observing you as you would observe some of the other living forms in your reality.

You have as small ones probably watched the anthills, and you have watched how the ants are very busy. You have watched the beehives; you have watched the bees and how they are very busy. They are part of a collective hive. So you have observed in your own way the extension of life, creativity, in a seemingly different form than what you are expressing with right now.

Well, the ones you have called the space brothers and sisters sometimes are checking in and observing how the collective consciousness here is working, how the community of ones are waking up to the Allness that they are, how that expanded consciousness is affecting the choices that are made.

Now, I bring this to your attention because I want you to know the expansiveness of the one creative Energy going forth and how in truth you are not separate from any of it. You have ones who are coming to you now who are speaking of what seems to be a very unusual extension of yourself.

And you have wondered, you have asked, I have heard you asking, “Is it true that we are not alone in the universe?” It is true; you are not alone. For many of the brothers and sisters, that truth does not exist in

Upcoming Meetings and Events

Sept 3, 7:30 p.m. Evening with Jeshua \$25

Sept 17, 7:30 p.m. Evening with Jeshua \$25

Oct 1, 7:30 p.m. Evening with Jeshua \$25

Oct 15, 7:30 p.m. Evening with Jeshua \$25

Friday evening meditations on the 2nd and 4th Friday evenings of each month at Unity Church in the Olympics, 2917 East Myrtle Street, Port Angeles, from 7:30 to 8:30 p.m. The evenings will feature meditations given by Jeshua over the years. NOTE: No meditation Sept 23 due to a Concert at the church.

All regular events at the Center: 41 Windmill Lane, Sequim, WA

their reality. They have what you have termed tunnel vision. They have enough to take care of in their lifetime as they see it and do not want to be bothered with fantastic stories.

But for some of you, you want to know, “What is the Allness of me? What more of me can there be?” You have looked at your reality here and said, “Well, I have the friends who are of like mind and like heart, and that feels good when I am with them, but could there be something beyond even what I have experienced when I have been up in the airplane and have been above the clouds?”

You have experienced what many of your ancestors would have thought to be impossible. You go to your stations where the birds come in, the metal birds, and you get onto the most vast airplane. It rises above the clouds, and you see the shape of the Earth below. Your ancestors would not have believed that. You, as the ancestor, would not have believed it. But now where you are, it is a miracle, and yet you take it for granted.

You say, “Well, I’m going to get on the metal bird in Sacramento and I’m going to have a couple of hours up above the clouds, and then I will land in another geographical place and I will get onto something that has the big wheels and I will go visit my friends.” You take it almost for granted.

It is a bit of an effort to make travel, to make trek, but I say to you, it is much faster and easier than the camel. And yet in my day and time, and yours as well, because you were there with me, the mode of transportation, riding on the camel, was much faster than walking, and we thought *that* was great.

Now you look at what is happening and you say, “What more can there be?” You have the metal birds that have broken the sound barrier. They have gone so fast that they have been ahead of themselves. You listen to your scientists who record such things

and you say, “Wow! That is amazing. How could that be?”

I will say to you, how could that not be, because you are creating. That is the bottom line of the message. You are creating, and now you are wanting to know, “Is there more?” And I say to you, “Yes, there is much more.” You are opening your minds and your hearts to take in more of the possibilities that there could be expanded Intelligence in other places who are having the experience of expressing in perhaps different form than what you see to be human, and they are procreating by different means than what you find useful in this reality.



They are living out their dreams the same as you are living out your dream. Some of them have come to the place of acknowledging that there must be intelligent life—well, sometimes they question that part—on other planets, other solar systems. As your scientists have been pointing out to you, there are many solar systems within the universe, many galaxies of star systems, many that are with the planets that rotate around the star such as your holy Mother Earth does around the sun.

In their reality—lower case “r”—everything is streaming forth from the one Reality—capital “R”—the expansiveness of the one idea come forth to create, to experience, to express, to adventure, to wonder.

Lifetimes ago you sat out under the stars and wondered, “What is out there? Is there anything else out there beyond my knowing?” Now you are coming to the threshold of having the interchange with yourSelf, ones that you have called the extra-terrestrials, because they are not walking—well, some of them are—on holy Mother Earth.

So you have wondered, “Well, those stories are interesting, but I don’t think there’s anything more than what I can see and feel and touch and have even the language not be a barrier.” On holy Mother Earth you have the different sounds, languages, that mean something different, and some of you have studied languages so that you can understand other sounds, to know what they mean.

How is the discourse going to be with your brothers and sisters of space? It is going to be heart to heart, mind to mind, because that is going to be the next language, a knowing. You do that already, so when I refer to that, you understand that there are times when you know what the other person is thinking, and they have not expressed it in the sounds, in words. But you know what they are thinking. Sometimes you can tell it by the facial expression, and sometimes you say, “Okay, I’m not staying around for that,” and you leave and come back later when they are in a better mood, or whatever; I jest, but it makes a point.

You are going to have knowledge very soon now, where ones who have been asking for proof are going to have the interesting intersection of this reality with an expanded reality; not something to be feared, but something to be welcomed. Because truly—now, I say this so that you will have the balance of understanding—there are ones who are expressing in space in the universe who are still of the combative expression. But they are pretty much like the collective consciousness here that is caught up in itself, so they are not the ones that you are going to be meeting first.

The ones that you will be meeting first are going to be of loving mind and heart, because they are the ones who have completed with the combativeness, the aggressiveness. They are the ones who have been asking to have the experience of interacting with other ones who are open and receptive to understanding the expression of the One—capital

“O”—Source—capital “S”—wanting to know, wanting to know what you are thinking, what you are feeling, what questions you are working with. This is happening right now.

You are being observed. You are being watched; not in a way that you have to be paranoid about and say, “Oh, my goodness, I can’t do anything; I’m being watched, and I can’t have a thought; they’ll read my mind, and whatever.” No. They are coming in love. They are coming in a place of expansive questioning, wanting to know, “How do you see things? How is it on holy Mother Earth?”



You have company. You are not alone in the universe. There are ones who would say, “What we have here on Earth is the highest, the epitome of what can be,” and then you look at the collective consciousness that is forever warring and you say, “Oh, my, this is the highest that it could be?” If you have any kind of rational mind and heart, you begin to say, “Well, I hope that there might be an evolution that would be more awake to the Love of the one Source.”

So you are being observed, but in a way that is not fearful or fearsome. Some of you have been taken aboard the spacecraft so that there could be the interchange of intelligence, but the ones who have come back with the fearful stories have had a propensity in their outlook to fear. So when they have been in an experience and then they come to relate the experience, they come from a fearful place, because everything is fearful to them.

But you have many who have had experience and have returned and know that they have been somewhere else, and they know that they have

been taken care of in a good way. So I do not speak to you now in a way that is to generate fear. I speak to you in a way where you will begin to be open to knowing that there is much more to the extension of the one creative Source than just your present part of reality.

And you, as you will send out love, will get love back. If you live in fear, that is what you are going to experience. So the ones who have come back with fearful stories have had the propensity to look upon things with fear. I am saying this to you now because there is going to be more exchange of information. You are on the threshold of expansion.

Some of you are watching the signs in the fields and knowing that truly there is something going on there, and there is something that is beyond just this plane of reality—lower case “r”—and yes, it is a language. It is a language that says, “We are here too, and we come in peace. We come in love.” It is a language that will in time be deciphered so that ones will know not only by the scientific methods that have been put forth, but also by the heart, by sitting in meditation, sitting in the place, as ones have done in times past, to receive the information in love.

You are not alone. Yes, your guides, teachers, masters, the ones who look after you, they are with you, of course, because there is no separation. There is no separation, and you are not separate from your space brothers and sisters.

You see, what I am trying to say to you is that you are vaster than you have ever thought yourself to be. You still see the ETs as separate from you. Even as I speak of them, there is a feeling of, “They’re having a separate experience. They’re different than I am.” Yes, they are, and no, they are not. They are an extension of you, because there *is* only One; one extension of the one Creator having many experiences.

You dream that you are many, and yet it is a dream. It is a reality—lower case “r”—that you play with. And in this reality here on holy Mother Earth and the collective consciousness that you live and move and accept as reality, there is duality. There is on the one hand an opposite on the other hand. That is a generational belief that has been held for a very long time within this expression, but it is not the truth of your Being.

You are going to wake up from that dream. It is not a mistake. The dream is not a mistake, to work within the concept of duality. It has been the holy Child, the expression of the one Source to say, “What can we create? What can we experience? What is unlike Oneness?”



So then you bring out individuality and you say, “Well, I’m an individual. You’re an individual. We’re all different from each other, slightly. We all have different experiences. And there is within this reality the concept of duality, and that’s one of the rules of the game. And if you want to play the game, you accept the rules of this game. If you don’t want to play this game, you go and find another game.”

It sounds too simple, and yet it is true. Like minds gather together. Like hearts gather together. So you play for a while, and when you get tired of playing that reality, then you go back to Source and you come out doing something else. And when I say come out, it is not a physical coming out. It is a thought, an expression.

You are not alone. We are not alone. You are vast; vaster than you can even imagine, and then you say, “My space brothers are really advanced; they know how to do all the space travel and patterns in the crops, but you know, I have talents that they admire.” You have your questions that

they have questioned. You have your answers that you have found that they want to know.

So there is going to be communication—there is already communication—to the place where you are going to know common union. You are going to know the expression of the One—capital “O”—into the many different forms and the different expressions of form and without form, in Mind.

You are much vaster than what you have been taught. You are held in the love of the one Source from which you think you have traveled, but yet you are still in that stream of the one Source, going forward. Be open and trust.

So be it.

IN MEMORIAM

Donald Jose Knight (1927-2016)



Don Knight, long-time friend of many of the Heart Family and a friend of Jeshua, passed peacefully from this world in the early morning of August 2, 2016, having lived a very full life. He was 88 years young. Don will be best remembered for his quiet wisdom and for the books and booklets which he has written: *Being—Guidelines to the Heart*; *Return to Wholeness*; *Perception—Journey into Universal Love*; *Perfection—Living the New Age Life*; *Creative Sharing—The New Economy*; *Son of God Sayings*; *True Son* and *True Son II*.

Don worked twenty-five years in automotive manufacturing engineering as a senior engineer and served twenty years as a Unity minister. He is survived by three sons, a daughter, and many friends.



JESHUA Q&A

NO COMPETITION ON SOME PLANETS

I had a question about what you had said about in the beginning of time when we created the various creatures and the flowers and all. Did this happen just in this neck of the universe, or were there other places, other universes where reality unfolded differently, and the competition and hence the warring planets did not develop in this same way?

Exactly. That is a very good point that you are bringing up. In other planetary systems where you have played, the flowers, the animals came forth. They were part of your knowing of Oneness. You reveled in your creations and did not feel a need for competition or a need for power as it is now understood in this world. And there are planets, there are holy bodies right now where that exists. You feel that. There is a very faint and distant understanding, longing for it, because you know it. You have been there.

And then you have come here many lifetimes in order to hone *this* reality to the place where you and everyone else have had enough. You have come to a certain place of saying, “Okay, I know this intimately”—and you do,

because you have played *all* of the parts. And so you have said, “Okay, time for a new scripting. I’m going to clear the stage. We’re going to have the house lights come up, the spotlights on the stage. We’re going to have light everywhere and change everything—new staging, new scripting (*New heaven on Earth*) Exactly.

I feel like that a part of me is remembering or touching that other place that has the peaceful heaven on Earth, and that’s what keeps me grounded in the idea that it is possible.

Yes, that is very good, and the ones of your friends and family here, they feel that also. That is why they are here, not quite knowing, but there’s a faint remembering, and that will be growing in this year, which is part of why this year is going to be so exciting.

Well, I feel it’s been growing for many years within me, and more and more the possibility as I let go of generational teachings in my life. I feel stronger and stronger that heaven on Earth is possible, and it begins with creating heaven within me right now.

Right. And your life, as you understand this lifetime, is very much a symbol of the change that is happening. You were born into a war area. You were born into feelings of separation, struggle, suffering. And then you had a leap in consciousness, and the parents also felt the leap in consciousness to come to a “new land” and a new life. It was a struggle, but it was worth it. It felt worth it, and you did your very best with it. You have worked hard to bring yourself to where you are. So yes, your life, as it has been written, started out with the way the world was for many, many eons of time, where there was pain and suffering and separation, where you have come now to the place

where you are remembering Light, you are remembering love, you are remembering how it will be.

Thank you for that gift, Jeshua.

You are keeping a journal, yes? It will be for ones quite a story, because it does point out the travel, the journey from what has been to what you call future will be.

READY TO TRAVEL

I think I'm ready to meet these other people, although I probably already have. But I'd like to know about it and just travel. (You would like to travel in a spaceship?) Of course (Of course. So be it. It will happen) It was about seven years ago, and this cigar-like... well, it was like a spaceship, but it was not like the spaceship Enterprise. It was more this cigar-like spaceship. It woke me up. I sat up, but I was frightened, and I commanded it to leave. But I don't think I'm frightened any more (Right, so it can come back) It can come back. I just want to say that it can come back as long as it's friendly (Oh, yes) It was friendly? (Yes) Well, it was very small, to be at the end of my bed. I imagine it could get larger (Yes, they have the technology to be small or large)

TIME TRAVEL

Okay. Time travel. I know you've explained to us time travel in terms of, you know, we do it when we go on an airplane, going back and forth in time, but are there extreme time travelers coming from what we would consider our future, and coming to this timeline. Because the explosion of technology that has happened since WWII has been phenomenal, and that's been one of the ideas proposed, is that maybe we've had some visits from time travelers and space brothers helping seed more

technology in our time. Is that correct?

And that is true, yes. That is true.

Could you give us an example of how that has evolved or how that has happened, and why now, other than the fact that we've said we want change?

And that is why it is happening. Ones want to experience the Oneness, the Allness, that place that understands that they are not separate; they are part of the stream of evolution, the stream of experience, the stream of expression of the Allness that can be. So yes, there is not only the gift that comes from ones who are seemingly from the future, but it is also a part of the...what we spoke of a few weeks ago, where there was an example of someone who knew something that was from the future, and it was seemingly a lifetime that he would be—as you understand future to be—but that had been already in what he came back to this time as a past memory and brought it to bear on a situation that needed that knowledge.

All time—you have the saying; it is a truth—it is a saying that the mind cannot get around, but the Allness of you, the heart of you knows that all time is Now. It is all within that sphere that we talked about many times, the sphere of time that not all collections of seemingly individual expressions of the one Source share. Not all sentient beings play with time. But this reality—lower case “r”—that you are playing with says, “Well, this happened at a certain time, and I'm here now, and it must be a linear sort of thing,” mainly because you have two points, and what you draw to put them together is the line, the linear part of it. But truly all time is

accessible to you.

So you have more ones who are open to that kind of thinking. My beloved friend and teacher, the one you know as Judith, her father was very much into that stream of consciousness. He was an inventor. He was a chemist. He brought together much of the early work with the printed circuits, where you didn't have to have all of the little tubes, etc., and he worked with plastics as well. If he had a project that he was working on, and he didn't have the answer for it, before he went to sleep at night he would ask the question, and somewhere in the middle of the night, the answer would come to him.

Now, how did that happen? He went, as you would understand it, ahead in time to where it was common knowledge, and when he woke up in the morning, it was, “Oh, that'll work,” and so then he proceeded to use it. This happened numerous times. So any of you can do this; in fact, you do. You ask a question. You're thinking about something when you go to bed at night, and you may pray about it, whatever words you use. You pray about it, you ask about it, and then the body gets tired, you go to sleep, and then you wake up in the morning and you think, “Well, I'll call so and so, or I'll do such and such, or, you know, the answer is there.” So you all do it; different ways, different words, but that's how it is done.

2016 SUMMER ADVANCE MP3s

MP3 recordings of the Summer Advance are available: \$25 for MP3 of five Evenings; \$15 for first four Evenings (no Q&A). Please send check or money order to 41 Windmill Ln, Sequim, WA 98382, or call 360-681-5233 to order with credit card.

Jeshua, Joseph, Mother Mary, & Mary Magdalene spoke on the first four Evenings. Tapes and regular CDs are NOT available.

