



# The Expanding Viewpoint

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**Jeshua Speaks about: THE CONSCIOUSNESS OF THE INITIATE**

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**JANUARY 2016**

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Beloved one, you are the initiate, the beginning one, the one who is seeking, the one who wants to find. There is a certain feeling of excitement which comes with being the initiate: you want to know everything there is to experience in life.

Now, as we have spoken many times, this lifetime is an extension of what you have experienced here and on other planetary bodies, for this is not your first lifetime here on holy Mother Earth and it is not your first lifetime, as you would characterize a lifetime, in expression.

You have known lifetimes on holy Mother Earth as the small beings, as the large beings, all that you can imagine to be animate—and inanimate—and you have experienced other planetary bodies in other star constellations as well, because you have wanted to know, “Where can I go? How can I be? How will it feel? What questions will I ask of myself, and if there are others, what will I ask of them?”

So you have come what you would see to be a long journey. You have fashioned for yourself many experiences, and you keep adding to those experiences. As the one who is seeking, you are sitting with a wealth of experiences from other lifetimes—as you call a certain segment of expression—other lifetimes where you have been in what you would call

now unfamiliar territory, and yet at the time it was familiar, because you were creating it as you are creating this lifetime.

You have experienced and you have expressed: that is the nature of divinity, to always be going forward to experience and express all of divinity in every creative way that you can imagine in any one time—and outside of time. Now, that is very hard to understand as you work within this paradigm that is so governed by time. But in truth, you have known timelessness, where you have known yourself just to be.

There are times—if you will pardon the pun—in this lifetime when you are in meditation, when you are taking yourself out of time, when you can feel yourself to be no longer governed by time. Then you come back to this experience and you see that perhaps twenty-five or thirty minutes have passed. If you are very lucky, perhaps a whole hour has passed, and you have not had an interruption which brought you back. During that time you were timeless. You knew the expansiveness of just being.

This is why I say to you many times to please spend some time each day in quietness, in meditation, even if it is just for five minutes, because if you experience a very deep satisfaction in the five minutes, you are going to

*(Continued on page 2)*

**MAKE HAPPY the NEW YEAR**

As we begin a new year, many of us take stock of what we have experienced in the old year and begin to look at plans for what we want to accomplish in the coming year.

We at Oakbridge are no different. We marvel at the miracle of The Peaceful Garden manifesting before our eyes in the past year, and we look forward to its development in this year with more and more people being able to visit and to heal in its peace. Taking the deep breath is very easy when surrounded by such nature and breathtaking views of the water. We are inviting you to come, to feel, to stay and help in the unfoldment of its Divine Plan.

We are envisioning, as part of the Garden’s outreach, an ongoing meditation each Friday evening at the Garden, centered upon the Oneness that we Are, reaching out in love to all the world’s children who are seeking peace, healing and Home. The meditations will begin Friday evening, February 12<sup>th</sup> (in anticipation of Valentine’s Day!) at 7:30 p.m. Pacific Time. Please join us in person and/or in spirit.

If you would like a **tax letter** for your monetary **contributions** to Oakbridge University for the year 2015, please let us know and we will be happy to send you one.

*--Judith*

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want to have ten or fifteen. And you will find, much to your surprise, that you get as much done in that day as you would if you went rushing around not taking the ten or fifteen minutes. (Smile)

You are the makers of time. You are the ones who put it forth. You are the ones who expand it. You are the ones who contract it from time to time. You are the ones who get in the vehicle with only ten minutes to get to a place which is going to require twenty minutes to get there, and you get there in ten minutes. And you wonder, "How did that happen?" The next time that happens for you, stop and think and realize—make real in your awareness—that you are the creator of time.

On a day when you find that you have too many things to do in that day and there is no way you think you are going to fit everything in, stop for a moment, breathe, and expand the time so that you will get everything done smoothly without the feeling of tension, the feeling that you *have to* run everywhere. You know the feeling of having ten things on the mind at once, and you forget nine of them. Sometimes you laugh about it if you remember even one of them.

The initiate is looking for, searching for meaning, wanting to know the meaning of life. "Why am I here?"

Who am I?" When the initiate comes to the consciousness of realizing that the answer to everything is love, there is great laughter, a great relief, a great freedom.

The world speaks that, "There is so much that you have to be doing. You have to know this; you have to know that. You have to be here; you have to be there. And you have to have it all done yesterday." And yet you know that the answer is to be at peace. Everything—you have experienced this—everything will get done in its own timing. Even if there does not seem to be enough time to do things, everything that needs to be done will be done. And it is much easier if you do it in Love.

No matter what you have to do, as you approach it in a playful manner, it becomes much easier to do. It may be the same question, maybe the same people, maybe the same old ritual that has to be undertaken, but as you will approach it in a new way of looking at it, in a way that says, "This doesn't have to be hard; I'm going to try out a new way; I'm going to try out a new way of smiling my way through it," there is a most wondrous thing which happens.

As you go through a day smiling, ones first of all wonder, "What does she know that I don't know? Why is he smiling? Why does she love? How

## Upcoming Meetings and Events

Jan 2, 2016, 7:30 p.m. Evening with Jeshua \$25

Jan 16, 7:30 p.m. Evening with Jeshua \$25

Feb 6, 7:30 p.m. Evening with Jeshua \$25

Feb 20, 7:30 p.m. Evening with Jeshua \$25

Mar 5, 7:30 p.m. Evening with Jeshua \$25

Mar 19, 7:30 p.m. Evening with Jeshua \$25

Meditation/Healing Circle: Every Friday **beginning February 12** at 7:30 p.m. at the Barn at Peaceful Garden. Please join us.

Jeshua Summer Advance: August 1 – 5, 2016 in Sequim, Washington.

All regular events at the Coates/Knight home: 41 Windmill Ln, Sequim, WA

can he be so sure that he can be nice to another person and he won't run out of niceness?" Always there will be enough of it to give. You have experienced for yourself that the more you give, the more it is replenished, because truly it flows through you.

**The consciousness of the initiate is one of seeking and yet one of knowing that he/she has found.** The consciousness of the initiate says, "I want to know. I want to experience the ease of life. I want to experience who I really am. I want to play on this playground that sometimes feels that it has broken glass all over and it will be treacherous. And yet I want to know that the broken glass is like rubber and it will not hurt me. I want to know that this is truly a playground."

When the consciousness of the initiate comes to a certain place of acceptance, knowing that there is only one answer to any question—love—the initiate becomes the master. You are the master. You have come here once again to play, to rediscover. That is all that is happening. You are rediscovering that which you have already known. You are rediscovering that life does not have to be difficult. You are rediscovering that there is only one answer, and it is very easy: to be in love.

As you are beginning what you have decreed to be a new year, be aware of the consciousness of the initiate which you are: seeking to know new adventures, new experiences in this year. And acknowledge the master who has found and remembered, for truly you are both the initiate and the master—in Love.

So be it.

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Check out the new updated Homepage at our website: [www.oakbridge.org](http://www.oakbridge.org).

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JESHUA Q&A

### Suffering

*You said earlier that we do not have to suffer (Right). If a person is in excruciating pain, can that happen without suffering? Perhaps you could define suffering.*

Suffering is of the mind. Suffering is when you feel that you are in torment. Can one have excruciating pain and not suffer? Yes. For example, on the cross there was excruciating pain when I would focus upon it. Did I suffer? No.

*Of course not, but I don't think we are of that stature yet.*

Yes, you are. In what you would see to be past lifetimes, all of you have known the physical crucifixion. All of you have been through it many times. You have been through what is even worse, the emotional crucifixion, where you felt that everything was gone; everything good had left you. That was worse. The physical pain, you can withstand that. You can take yourself up above, which is what I did, and not feel any pain.

*But how common is that with ordinary people like us?*

Not common at this point, but ones are awakening to it. That is what this Age is about, awakening to all of the powers that ones have within the mind to allow it not to be in the body. You have the teaching...your beloved friend, the one who has come to join me, the one known as Thomas in this lifetime, was teaching the class that would allow you to come up out of the body, not to feel the pain in the body. Now, the pain in the body is a habit. It is a habit longstanding that has been taught to you from the time of birth, where ones have felt pain in the birthing process and have said that physical life has to be painful. And then they have embedded that belief within the psyche so that whenever anything happens to the body, it is interpreted as pain, as painful, and they want to run away from it. But in truth, it is a teaching, and it does not have to be remembered. And ones now are coming to the awakening of the power that they are, so that they do not have to buy and pay dearly for old generational teaching. There is a ways yet to go, but it is coming, it is happening.

*So for the general population, would you say it would probably be two to three hundred years before it is common?*

No, it is more...for the general population, I would say probably seventy-five years. It is happening. Very good question, and very encouraging for ones to realize that truly what you have been indoctrinated to believe about the human life, and that the body's physical life has to have pain attendant upon it, that is just an old teaching that is something that from the time that you were very small, ones said this is how it is. You're going to have physical pain. The body

is going to give out on you. You're going to break an arm, a leg, whatever, and you're going to feel pain with it. Not only that, but you're going to feel emotional pain. You're going to love ones, and they are going to leave you, and you're going to feel a loss. A beloved pet is going to leave, you know, the whole nine yards of what is the old generational teaching. But you are in process now of changing that. That is the good news. That is the gospel. That is the good news, that you are changing all of that. And what you are going through, the agony of it, is the old death throes of the old generational teaching. You are throwing it off. You are saying, "I don't want this anymore. This doesn't feel good. I don't like it." And so you are looking for new ways to be, to be free.

*Okay, good, thank you.*

## Unseen Ones

*I have felt her around me again recently, so I think there's more work to do with her.*

Yes, and it will be fun to do. The important part now is what you have already gleaned. It is the love and the igniting of that love flame and being able to share it with others, either by saying the words of, "This is one I have known, this is one who brings forth the flame of love within me," or just by being the simplicity of love. That is good.

You see, all of you are wealthy beyond measure of ones you feel to be far apart from you, to be separate from you, and yet they are not, because you can bring them forth right here and now into your remembrance, into the mind, and then the heart responds and says, Yes, this is true. This is one I have known. This

is one I have walked with. This is one who loves me, and I love her/him/whoever.

And truly, just to expand the mind a bit—sometimes I throw out things to expand the mind a bit—this can be true for the four-footed one that you have walked with in other lifetimes, where you have perhaps not known the human love, but you have known the love of the four-footed one or the winged one. The experiences that you call to yourself are not only limited to human experiences, but they are also exemplified by what you now call the animal, the bird, the fish. They bring forth from you, as you have known them to be friend, that feeling of love, that feeling of exhilaration of life as they will example it for you and show you.

Now, I know that I speak heresy, because your authoritative Fathers would say that, "No, the four-footed ones, they are nice playthings, they are good companions, but you have never known their love. Heaven forbid that you have ever been the four-footed one." And yet I say unto you, you have. You have known every form, because you have wanted to know every form.

Therefore, when the four-footed ones or the winged ones or the ones that swim come into your consciousness, there is a knowing, a feeling of connectedness that truly you do know at a very deep level. That is why your heart opens to the beloved pet. You have been that four-footed one in what you see to be past history and in what you would fashion to be the future time, because I say unto you, not all of life has to be contained within what you see to be human form. Some later time you may want to know, how does it feel to be the daffodil?



## What Should I Do?

*I think I'm having conversations with you lately (Oh, yes, very much so) I hear you more often now. Thank you for that. I need to have a little more clarity there. What should I do?*

Trust. Whenever—and this is for all of you—whenever you have a question as to what is the answer to something, and you get an idea that perhaps could be the answer, take it to the heart. The heart is your touchstone. That is your foundation, your place to take anything you are ruminating about, thinking about, wondering about. Take it to the place of the heart. Be quiet. Breathe. And then ask. How light does this feel? Does this feel like love? You will have your answer as to whether to proceed or to refine it a bit.

*Do you channel through other people all over the world?*

Yes, whenever there is an opportunity, I take it. Sometimes it will be a sentence through one, and they will wonder, "Where did that come from?" Anytime there is an opening, I speak; I come through.

